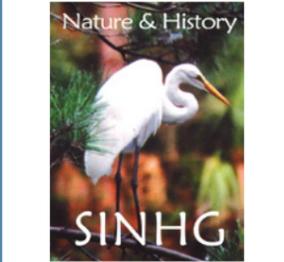


# THE Seabrooker

VOL 19 • ISSUE 8 • AUGUST, 2016

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## Real Estate Market Healthy

37% Increase Year Over Year



The Seabrooker hasn't had an article looking at Seabrook Island real estate in quite some time. With all the information on the "hot" Charleston market being a part of the daily news, it is time to bring our readers up to date with what's happening behind the gate and compare that with the other coastal communities around the Holy City. The Seabrooker met with Joe Salvo, head broker at Seabrook Island Real Estate with that in mind.

**Seabrooker:** Joe, it has been awhile since we last talked about real estate conditions on Seabrook. Could you give our readers an idea of what you're seeing?

"The Seabrook Island real estate market is not only showing a continued healthy improvement but its' growth over the past year is outpacing many competitive coastal markets in the area.

A snapshot of the 12 months, beginning on July 1st of 2015 and through June 30th 2016, shows real estate sales of homes and villas on Seabrook Island increased 37% over that same period beginning on July 1st of 2014. 155 homes and villas were closed versus 113 for the prior year. The sales volume comparison for that same period shows an increase of 47%, and also puts the average sale price up a strong

16%. The following charts taken from information provided on the Charleston Trident Multiple Listing Service shows that Seabrook Island had the highest sales growth rate of any of the listed coastal communities.

Closed sales for 2016 year-to-date, through July 22, show a similar story. Unit sales of homes and villas on Seabrook are also up 34% versus the same period in 2015. Volume for those sales increased even more dramatical-

ly at 59%, with the average sales price up about 8% halfway through 2016. 37 of these closings were homes with an average sale price of \$796,000 and 42

*continued page 5*

	Rolling Year July 1, 2014 - June 30 2015			versus July 1, 2015 - June 30 2016		
	Residential Units		% +/-	Residential Volume		% +/-
	2014-2015	2015-2016		2014-2015	2015-2016	
Folly Beach	160	157	-2%	\$74,544,581	\$74,384,572	0
Isle of Palms	143	115	-20%	\$139,966,844	\$121,182,700	-13%
Kiawah (CTAR-MLS only)	67	72	7%	\$62,746,300	\$50,549,808	-19%
Seabrook	113	155	37%	\$51,197,690	\$81,389,551	59%
Sullivan Island	37	65	75%	\$53,587,983	\$93,714,860	75%
Wild Dunes	127	134	6%	\$75,821,830	\$87,661,657	16%

	January 1 - June 30			YTD Residential Volume		
	YTD Residential Units		% +/-	YTD Residential Volume		% +/-
	2015	2016		2015	2016	
Folly Beach	97	88	-9%	\$44,800,292	\$47,427,453	6%
Isle of Palms	83	75	-9%	\$88,519,881	\$90,951,725	3%
Kiawah (CTAR-MLS Only)	44	34	-23%	\$35,867,300	\$25,102,509	-30%
Seabrook	59	79	34%	\$26,862,450	\$39,558,415	47%
Sullivan Island	27	34	26%	\$41,163,375	\$49,083,350	19%
Wild Dunes	89	84	-6%	\$53,317,750	\$61,522,200	15%

# THE Seabrooker

Please send correspondence to: [TheSeabrooker@yahoo.com](mailto:TheSeabrooker@yahoo.com)

"Communication is the beginning of understanding." The Seabrooker will report regularly on island happenings, as well as newsworthy events that affect property owners and residents. As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner.

Red Ballentine, (1924-2006) Fred Bernstein (1924-2010) Co-Founders

**Editor** Michael Morris | **Publisher** Bernstein Lash Marketing | **Advertising & Layout** Teri B. Lash

THIS MONTH'S SEABROOKER VOLUNTEERS

**CREDITS:**  
Faye Albritton | Gary Fansler | Lisa Hillman | Donna Munday  
Skip Crane | Guy Gimson | Allan Keener | Jerry Reves  
Denise Doyon | Bob Hider | Sally Kimball | Saffron & Curry  
Monique Sporn

**PHOTOGRAPHERS:**  
Bob Hider • Mary Beth Joyce • Charley Moore

### CONTACTING THE SEABROOKER

Please send correspondence and inquiries regarding editorials to [TheSeabrooker@yahoo.com](mailto:TheSeabrooker@yahoo.com) or call 843.408.3707  
The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

**FOR ADVERTISING OPPORTUNITIES, PLEASE CONTACT**  
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# THE Seabrooker



## CAP'N SAM EDISTO

Dear Cap'n Sam, July's Cap'n Sam contained a well meaning letter advocating the abandonment of the Main Road, Rt 17 improvements in favor of a Johns Island Connector connecting to Rt. 526. This all sounds pretty good until you discuss emergency evacuation. River Road and Maybank Highway will become parking lots trying to get on the "new connec-

tor" which will be paralyzed by the merge into Rt. 26, and Main road will be closed do to the frequent flooding. Rt. 17 South is the evacuation route for about half of Johns Island, taking the traffic south before heading inland. The afore mentioned Johns Island Connector cannot cope with these evacuation necessities. Routing the traffic up 526 to 26 will be an absolute disaster, and turning the traffic south on Rt. 17 just returns them to the very problematic Main Road intersection.

So either way the Main Road, Rt. 17 intersection is the higher priority. As is the localized flooding along Main Road. The current plans for

Main & Savannah Hwy may not be the best design possible, but that does not mean you through the baby out with the bath water. The Main Road upgrade is probably the most pressing road issue in West Ashley because of it's evacuation route status. You cannot replace this reality with a slow dying solution; a new connector which will take many years just to pass environmental scrutiny.

Main Road must be modified, and very quickly.

Sincerely,  
*Larry Wiessmann*  
2712 Seabrook Island Road  
Johns Island, S.C. 29455

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# THE Seabrooker



## SINHG Announces Fall Speakers

The Seabrook Island Natural History Group conducts six or seven evening programs each year. These programs offer outstanding speakers on a variety of topics related to nature and cultural history on Seabrook Island, Charleston and the South Carolina Low Country. The fall 2016 line up once again provides a diverse and fascinating array of topics ranging from the production of sea salt on Botany Bay, an update on McLeod Plantation and an overview of Riverbanks Zoo and the plight of animals in Africa.

On September 8th Bertha Booker will explain how an idea that started as a field-expedient solution grew into the enterprise she oversees today on a low country sea island plantation. As she tells it, "One evening, I was kayaking at the Botany Bay wildlife preserve and had forgotten the salt to cook my dinner, so I boiled a little creek water and made some. It was delicious! Briny with a hint of sweetness." That ingenious solution sparked an idea and after almost two years of planning, regulation and perseverance, Botany Bay Sea Salt was born. Her salt is now available at the Charleston Farmers Market. Join us on Thursday, September 8th, to hear more about the history of salt making in the low country.



On October 13th, Shawn Halifax, the Cultural History Interpretation Coordinator for McLeod Plantation, will bring us up to date on the development of McLeod Plantation. McLeod is located at the corner of Maybank Highway and Folly Road on James Island. The 37-acre historical site has deep roots in Charleston's history dating back before the Civil War. The McLeod Plantation has preserved buildings like the McLeod's main home which sits next to a massive 600 year old oak tree. There are also smaller homes where slaves, and then freed men lived, a



McLeod Plantation

cemetery a renovated dock and a cotton gin.

The preservationists hope the plantation will be a place where people come together and discuss the history that shaped our society today. "Look at ways to improve how we live today based on some of the things that happened in the past. It's all kind of interconnected," said Halifax.

The third speaker of the 2016 fall season will be Satch Krantz, President and CEO of the famed Riverbanks Zoo. For nearly four decades, he has guided the growth and development of South Carolina's largest gated tourist attraction and one of the top zoos in the nation. Under his leadership, Riverbanks Zoo has been continuously recognized as a leader in wildlife conservation. Krantz began his tenure at Riverbanks in 1973 as curator of mammals. He was promoted to executive director (now president and CEO) in 1976, making him the longest serving zoo director in the nation.



Satch Krantz, President & CEO Riverbanks Zoo

In addition to his leadership at Riverbanks, Krantz has served as president of the World Association of Zoos and Aquariums and has twice served as president of the American



McLeod Plantation

Zoo Association—one of only three American zoo directors to serve a leading position in both professional organizations.

Most recently, Krantz was awarded the prestigious R. Merin Perkins Award for Professional Excellence. Other honors include the Global Vision Award by the World Affairs Council, the International Ambassador of the Year Award by the Committee of 100, the Woodrow Wilson Award for Regional Cooperation from the Greater Columbia Chamber of Commerce and Clemson Alumni Association's Distinguished Service Award.

All of the SINHG Evening Programs are held at the Lake House



Gary Fansler



## The Conservancy Transfers Bateau Trace Green Space to SIPOA

Thanks to the incredible generosity of the local community, a second lot on Bateau Trace has been purchased and transferred to the Property Owners Association. A large double lot of a prime wildlife corridor has been preserved running between the Crooked Oaks golf course and the Privateer Creek marsh. A special appeal went out at the 2016 Conservancy Gala and attendees responded by closing the financial gap and securing this green space for Seabrook Island's future.

To learn more about the efforts of the Seabrook Island Green Space Conservancy to protect our island's unique natural environment, please visit [www.sigsc.org](http://www.sigsc.org). ▲

Lisa Hillman

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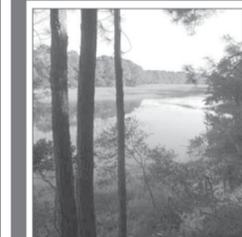


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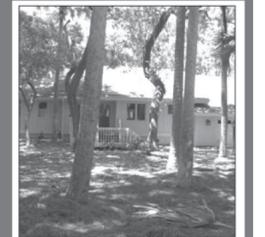


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FROM TOWN HALL

by Skip Crane

Town Council update for August 2016

August-- The 'Dog Days' of Summer

Why do we refer to August as "the dog days"? I always thought it was for those summer days so hot that even dogs would lie around on the asphalt, panting.

Becky Little of National Geographic has a better explanation: "Many people today use the phrase to mean something like that—but originally, the phrase actually had nothing to do with dogs, or even with the lazy days of summer. Instead, it turns out, the dog days refer to the Dog Star, Sirius, and its position in the heavens. It doesn't have to do with dogs lying around in the heat—the phrase comes from ancient Greek beliefs about a star."

Stars or not August is a time when many of our residents seek cooler clime in the mountains or back up north. It might be hot here, but there is still plenty to do and enjoy—including a walk on the beach just before sunrise and look for Sirius in the sky to the southeast.

"KICK IT AT BOHICKET"—a family fun night—is a huge hit, featuring a face painter, DJ, and shag dancing on the patio. There is fun going on all over the marina. You can Corn Hole down at the Ice Cream Shop

and make sand art bracelets. "KICK IT AT BOHICKET!" is every Tuesday through Labor Day. (Special thanks to the Town of Seabrook Island, and the Bohicket Merchants' Association for their support).

The Marina also features "KID'S FISH"—a fishing tournament just for kids every Wednesday morning through Labor Day. Kids compete to see who can catch the heaviest and ugliest fish! Get full details on all that is happening at the Marina in August at <https://bohicket.com/events/>.

Each August St. Christopher Camp and Conference Center welcomes 13 new staff members for two weeks of Naturalist training. Once school starts, these Naturalists will be engaging hundreds of students during half-week overnight field trips. This is the Barrier Island Educational Program. For local schools unable to make such a field trip, the naturalists host an outreach program teaching about the flora and fauna of our Barrier Islands. This outreach starts at the end of August.

Seabrook Island Residents and their guests can also take advantage of the Naturalists' insights via a program called Outdoor Encounters. August is the perfect month to do so as it is just

prior to the arrival of school groups, usually in a caravan of buses. Naturalists will take you on a Nature Hike, teach you to pull a seine net, scale a climbing wall, or take you on a guided kayak tour. Hone your kayak skills as you unveil mysteries of the natural world that surrounds you. Call (843) 768-1337 ext.6 to make arrangements for your Outreach Encounters experience.

In May, the American Shore and Beach Preservation Association (ASBPA) announced its 2016 Best Restored Beach Award went to Seabrook Island's POA for its successful Cap'n Sams Inlet Relocation project. Exciting stuff, and SIPOA is planning some special activities in August to celebrate winning this Award. Plans are still in the making but watch for announcements of dates for these special activities. This should be a really nice excuse to enjoy the beauty of our beach!

Good news/bad news: by the end of August hurricane season will be 50% over, but the majority of tropical storms occur in the second half. Keep your fingers crossed for luck but know that the Town officials have been undergoing a series of exercises to ensure we are prepared to provide up to date information and act quickly to changing circumstances. Your safety is our first concern.

So wherever you might be, relax and enjoy those dog days of summer!

Father Leon Wagner celebrates his 93rd birthday July 26th with the parishoners of Holy Spirit Church



Father Wagner is a native of Wilmette, Illinois. He moved to Seabrook Island in 1992 to join his sister Fran and brother-in-law Bob Pfaff after 17 years at St. Mary's Church in Riverside, Illinois. He is one of twelve children. He attended Quigley Prep in Chicago and received his MASTL (Masters of Sacred Theology) from St. Mary of the Lake Seminary in Mundelein, Illinois. He was ordained a priest in 1947.

Father Wagner is a world traveler having organized trips for his parish-

ioners every year from 1964 'til 1989. Those trips took him to every continent, except Antarctica.

He and his brothers Pick and Pete were low handicap golfers. Father Wagner was a 4 handicap and brother Pick played as an amateur in the U.S. Open with a +3 handicap.

Father Wagner serves the parishioners of Holy Spirit Catholic Church by assisting Msgr. Rowland and by saying Mass many times each month at the church. ▲



TOWN HALL MEETING  
Town Council Meeting of June 28, 2016

After the pledge of allegiance, Mayor Ciancio called the June 28, 2016, Town Council meeting to order at 2:30 p.m. Councilmen Crane, Gregg and Wells, Town Administrator Pierce, Town Clerk Albritton and several guests attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

Minutes:

The minutes of the Town Council meeting of May 24, 2016, the Public Hearing of May 24, 2016, the Special Town Council meeting of June 14, 2016, and the Ways and Means Committee meeting of June 21, 2016, were each unanimously approved as written.

Financials:

Mayor Ciancio reported that revenues for the month of May exceeded budget by \$1,888.74 and year to date revenues exceed budget by \$174,965. Expenses exceeded budget for May by \$1,475 and expenses, for the year to date, are under budget by \$103,181. For the month of May, expenses exceeded revenues by \$32,896 and, for the year to date, revenues exceed expenses by \$232,076.

Citizens/Guests Presentations, Comments:

Carl Simmons, Charleston County Building Services Director, presented a plaque to Mayor Ciancio commemorating the Town's achieving a Class 5 status in regard to their participation in the National Flood Insurance Program's Community Rating System. As a result of the Class 5 status, island residents will be eligible for a 25% reduction in their flood insurance premiums rather than a 20% reduction.

Erik Glaser+Company presented a draft of the Town's 2015 audit to Town Council and stated that there were no control weaknesses or recommendations to be made. This unqualified conclusion represents the highest level of assurance regarding the Town's fiscal operations and its controls for oversight, prevention and detection of potential problems. Once finalized, the audit will be available to the public.

Reports of Standing Committees, Commissions, Boards:

**Public Safety/Club Long Range Planning Committee** – Councilman Gregg reported that the Club's Long Range Planning Committee held a joint meeting with the POA's Planning Committee on June 9 and the Club's LRPC held their regularly scheduled monthly meeting on June 23.

The Public Safety Committee met on June 13 and continued its review of the Town's hurricane/flooding booklet. Charleston County will review the revisions to ensure the Town can still obtain the points necessary to maintain its ranking under the Community Rating System. Councilman Gregg reported that Disaster Awareness Day held on June 16, was well attended and the audience was highly engaged in the program.

The Disaster Recovery Council held training and exercise sessions on June 6 and 7. A review of the consultant's report from those sessions is scheduled for July 22.

A meeting is scheduled for July 11 with representatives of the Town, POA, Phillips and Jordan (debris management provider) and Rostan Solutions (debris removal monitoring provider) due to concerns regarding the tracking of debris removal on roadways where both the Town and POA activate their contracts for those services.

Councilman Gregg stated that Wes McAden, representing AirMedCare Network, gave a presentation at the Town's June 21 Ways and Means meeting. Mr. McAden indicated that residents of the Town could have the benefits of limited AirMedCare Network membership for a fee of \$9,269 for the first year's enrollment. If the Town enrolled in the proposed municipal site plan, AirMedCare would accept a resident's insurance benefit as full payment for services if they were flown by AirMedCare Network participating

providers, including Meducare Air, for a medical emergency originating within Charleston County. Councilman Gregg moved to pursue entering into an agreement with AirMedCare Network (1) if the competitive bidding issue is addressed, (2) if the Town is satisfied with the terms of the contract and (3) if there is money in the current year's budget that can be used. Councilman Crane seconded the motion and the vote to approve was unanimous.

**Communications/Environment – No Report**

**Advertising & Public Relations/Special Projects:** Councilman Wells moved to approve the engineering contract between G. Robert George & Associates and the Town (1) after errors found by Councilman Gregg are corrected and (2) after he and the Mayor negotiate the section of the contract dealing with insurance with Bob George. Councilman Gregg seconded the motion and the vote to approve was unanimous.

**Community Relations:** Councilman Crane reported that the boardwalk improvements, involving replacement and the addition of pilings, have been completed at Bohicket Marina. A solution to the sinkhole problem hinges on an agreement being reached by the Marina and the villa owners regarding sprinkler heads that are located on Marina property but belong to the villas.

**Ways & Means – No Report**

**Planning Commission – No Report**

**Board of Zoning Appeals – No Report**

**Reports of Ad Hoc Committees:**

**Accommodations Tax Advisory – No Report**

**Reports of Town Officers:**

Mayor – Mayor Ciancio stated that he has repeatedly been told that a cross-island parkway will not be considered as a viable project unless it is listed as a Berkeley-Charleston-Dorchester Council of Governments' priority. Enclosed in Council packets is a letter co-signed by Mayor Lipuma of Kiawah Island and Mayor Ciancio that has been sent to Ron Mitchum, Executive Director of the Council of Governments, formally requesting that a limited access cross-island parkway, extending from the western end of Betsy Kerrison to Maybank Highway, be listed as a priority project in the COG's Long Range Transportation Plan.

Mayor Ciancio reported that he has contacted professors at the Citadel's School of Business, who may be willing to conduct an economic impact study for Kiawah Island and Seabrook Island, to obtain current hard data to show that the two islands not only make significant contributions to the tax base of Charleston County but that the jobs created on the islands also make a significant contribution to the economics of the County as well. Mayor Ciancio and Mayor Lipuma will meet with Professors Sobel and Green next week to discuss the study and determine what expenses would be involved.

Mayor Ciancio stated that the Johns Island Community Association, which is made of up Johns Island residents and business owners, was formed several months ago in response to the growth on Johns Island which, they acknowledge, has outpaced infrastructure improvements. Mayor Ciancio reported that he will meet with their representatives tomorrow, June 29.

Mayor Ciancio reported that he attended a meeting that was held at Johns Island High School on Monday, June 20, to discuss transportation infrastructure priorities concerning the proposed half-cent sales tax increase. Rather than present his prepared comments at this meeting, Mayor Ciancio made an appointment to meet, along with Kiawah Island representatives, with Stephen Thigpen, Charleston County's Transportation Director. At their meeting, Mr. Thigpen acknowledged the benefits of a cross-island parkway but said he would not make any additions to the list of priorities. Any additions would have to come from members of County Council.

Mayor Ciancio reported that, after a second round of interviews, the Town, POA and the Club were unanimous in selecting the Lou Hammond Agency as the single advertising/marketing firm to be used by the three entities in order to better coordinate advertising efforts on behalf of Seabrook Island. Mayor Ciancio proposed that each of the three organizations meet independently with the agency to agree upon a proposed budget and see if each can agree on contract terms. Each of the three organizations will have separate contracts with the agency and be responsible for how their respective advertising budgets are spent.

Mayor Ciancio stated that the

Town has received a letter and safety audit for Main Road/Bohicket Road between Highway 17 and River Road from the SC Department of Transportation. A copy of the audit will be made available for anyone who would like to have a copy.

**Town Administrator** – Town Administrator Pierce reported that the Charleston Symphony Brass Ensemble will perform immediately prior to the fireworks display on Sunday, July 3.

The Town Administrator also reported that the Beach Patrol has issued about 15 warning citations since Memorial Day to people who were violating the dog ordinance on the beach. Since the Town has signs on the highest part of the beach that might not be noticeable at low tide, Town Administrator Pierce has looked into purchasing buoy markers that can be placed near the low tide area to indicate that no dogs are allowed beyond a certain point on the beach. These buoy markers and anchors cost about \$500 each. Councilman Wells moved to give authority to the Town Administrator to purchase two buoys markers and have them installed at a total cost of up to \$1,500. Councilman Crane seconded the motion and the vote to approve was unanimous.

**Town Council Members – See Above**

**Utility Commission** – Chairman Jeff Bostock reported that Glaser+Company presented the Utility Commission with a draft of their 2015 audit at their meeting on June 15. The May financials showed a positive cash flow of about \$18,000 and operations were normal.

**Petitions Received, Referred or Disposed of:** None

**Ordinances for First Reading:** None

**Ordinances for Second Reading:**

• **Ordinance 2016-07** – An Ordinance Authorizing the Issuance and Sale of a Not to Exceed \$4,000,000 General Obligation Bond – Councilman Gregg moved to approve Ordinance 2016-07 on second reading. Councilman Wells seconded the motion and the vote to approve was unanimous.

**Miscellaneous Business:** None

**Citizens Comments:** The Mayor answered several questions from residents attending the meeting before the meeting was adjourned at 3:50 p.m. ▲

Sea Islands Hunger Awareness Foundation Assists Over 1,500 Families a Month

On Friday, June 10, the Sea Islands Hunger Awareness Foundation (SIHAF) distributed funds raised at the Gullah Celebrations in May to support the work of Sweetgrass Garden Co-Op, Backpack Buddies of Seabrook, One Less, Meals on Wheels of Charleston, Hebron Zion Presbyterian Emergency Food Bank, Stono Baptist Blessing Basket and Rockville Presbyterian Meals on Monday. These groups provide over 4,500 meals a month to our neighbors in need on Johns and Wadmalaw Islands. Volunteers from SIHAF are assisting this summer in delivering and serving lunch daily for students participating in the Angel Oak Elementary Reading and Math Program. We are pleased to announce new Board Members for the upcoming year: Amy Myers, Mary Hill, Renee Garrett and Bill Britton. Each brings unique talents and a passion for being of service to others. We welcome One Less as our newest partner organization serving Hispanic residents on Johns and Wadmalaw Islands.

The Sea Islands Hunger Awareness Foundation is an all-volunteer organiza-

tion. Please consider becoming a part of SIHAF and share your time and talents. There are year round opportunities to assist with projects like those described below and others to come.

PROJECT UPDATES:

**Sea Islands Water Wellness Mission** - Bill Britton, Project Coordinator, reports that the Foundation continues to assist residents on Wadmalaw Island with new wells, repairs to existing ones and the installation of filters. To date we have completed three projects providing clean, safe drinking water to families ranging in age from 10 to 90+. For additional information contact: Bill at [bbritton@seabrookislandrealestate.com](mailto:bbritton@seabrookislandrealestate.com) or 843.421.6360.

**Crock Pot Cooking Classes** - This project was a great success last school year and we look forward to beginning classes for the 2016 - 17 school year. Students on Johns and Wadmalaw Islands will receive hands-on instructions from SIHAF volunteers as they learn to prepare healthy, nutritious meals in a crock pot. Upon completion of the six weeks of classes each student will receive a crock pot, measuring cups/



Organizations receiving Gullah Festival Funds. (L to R) Jennifer Wicker, Dale Snyder, Cathy Coleman, Shirley Salvo, Rosalinda Loredo, Donna Cook, Molly Belton, Linda Dowling and Renee Garret (not pictured) PHOTO BY NOBLE BELTON

spoons, spices, a Crock Pot Recipe Booklet & a Certificate of Participation. **Frierson Elementary Garden** - This project is moving forward with meetings and plans over the summer in preparation for the new school year. Students will have the opportunity to learn environmental literacy, valuable gardening and agriculture concepts/skills. They also will be encouraged to

select healthy, fresh foods and increase personal and social responsibility while developing an understanding of the source of food.

Our next Foundation meeting is Friday, August 12, 2016 from 1:00 - 2:00 pm at the Johns Island Library, 3531 Maybank Highway. Visitors are always welcome.

For more information and to learn

how to become involved in the Foundation's mission, "Fighting Island Hunger One Meal at a Time," please visit:

[www.FightIslandHunger.org](http://www.FightIslandHunger.org) or contact Shirley Salvo, Foundation President 843.709.1406 [FightIslandHunger@gmail.com](mailto:FightIslandHunger@gmail.com)

Donna Munday

Seabrook Island Real Estate - continued from page 1



were villas with an average sales price of \$239,000. In addition, there are another 24 homes and villas under contract and waiting to close.

There are a lot of reasons for the breakout. Truthfully, it just feels like the word is out about Seabrook Island. Our reputation as a financially solid, socially vibrant and ecologically magnificent community has taken hold. More people just want to be here. Increased marketing, especially on all of the social media venues, is putting pull that word out faster than ever. In addition, the explosion of growth on Johns Island is bringing more attention to the general area. We see more local interest about Seabrook from both the Charleston area general public, as well as the local real estate brokerage community. In addition, during the past year, we've sold properties to new Seabrookers from 20 different states.

Inventory of villas and homes for sale on Seabrook totals 173 and includes 80 villas and 93 single family homes. With the large number of villa regimes on the island, having only 80 units for sale means that there are some regimes with few or no properties on the market. This makes the market a lot healthier for well priced, well conditioned properties.

In the meantime, unimproved lot sales for the two rolling year were down from 28 closings to 18, while year to date in 2016 there have been

11 sales of home sites on Seabrook through July 22.

And remember, the impact of these increased sales has been financially positive for both the Seabrook Island Property Owners Association and the Seabrook Island Club, where there was a net gain of 45 new members for a record total of 1,810 at the end of June 2016."

**Seabrooker:** Let's talk a little more about what makes these new buyers pull the trigger. Do you find that the amenities on the Island are an important part of their decision?

"As far as pulling the trigger goes, it's usually a long process where people who have been visiting here for years and have a relationship with the island. They may return several times, make friends and then pull the trigger when they fall in love for good. I've been holding meet-and-greet breakfasts at the club with guests over the past few weeks. It's usually a mix of folks who have been coming to Seabrook for awhile along with some first time visitors. Truthfully all I have to do is sit back and listen while the regular visitors sell the new guys on how great Seabrook is. The amenities are always a big part of it but honestly, it's even more about how friendly everyone is and how Seabrook is much more of a community than other places they have visited." ▲



HEALTHY AGING

Jerry Reves, MD

Lower Your LDL Naturally – For Longer Life

Life is never so simple as just reducing a single number with a guarantee that you will live longer and better – unfortunately. Whether the number is your blood pressure or as we will discuss this month, your "bad" cholesterol called low-density lipoprotein (LDL). Reducing these numbers does not absolutely mean you won't have a stroke or heart attack; however, it does mean you are reducing your risk.

What is LDL and Why is it Important?

LDL is one of the three "lipids" that are commonly measured in the blood and is the one that carries cholesterol around the body. (The other lipids routinely measured are total cholesterol and high-density lipoprotein (HDL). LDL transports cholesterol, think of it as a dump truck that takes and deposits cholesterol at places needed and sometimes not needed. HDL, on the other hand, transports cholesterol away from the places that LDL has deposited it. It is better to have relatively more HDL than LDL.

Cholesterol is the fatty substance which comes from diet or is made internally that the body needs in moderate levels to keep cells and organs healthy. However, high amounts of cholesterol that build-up in arteries and form deposits called plaques can and do lead to rupture and occlusion of the vessel. If this occurs in the heart or brain the result can be a heart attack or stroke, respectively. Since large deposits of cholesterol can cause severe disease, it follows that anything that causes the build-up is bad. Hence, LDL is called the "bad" lipid because it is responsible for transporting and accumulating cholesterol.

Role of Diet in Cholesterol Build-up

There is ample scientific data that shows if one eats a lot of saturated fat then cholesterol rises and is available to be taken by LDL to cause risk of heart disease and stroke. Saturated fats are abundant in our Western diets and found in red meat, cheese, dairy products and many other common items on our diet. Add to the saturated fat the trans fats that we find in processed foods like cookies, fried food and cakes to name just a few and it is easy to understand why those of us in the "developed" nations have much higher risk of heart and stroke than people who live in the developing countries who eat fresh fruits, vegetables, and fish that are low in

saturated and trans fats. Another important fact is that our bodies cannot make some of the essential fatty acids needed to combat cholesterol like omega-3 and omega-6 found in oily fish, nuts and seeds. Thus, one can choose to eat less saturated and trans fats while consuming the essential fatty acids: This becomes the foundation for a healthy cardiovascular diet.

Lowering LDL

If one is at risk for heart disease or stroke (and all of us are as we age) – one must be strategic in lowering LDL. There are three ways to lower LDL. One is to take medicine, another is to exercise regularly, and diet is the all important third one. Exercise and diet are the two things that you can do without a doctor's prescription and should be part of everyone's healthy aging plan.

With regard to diet, the goal is to eliminate as many saturated and trans fats as possible from one's diet while eating more fruits, vegetables, fiber, oats, nuts, and fish. Read all food labels and avoid those high in saturated and trans fats. Avoid fast food restaurants that still use trans fats by the gallons in their preparation. Wherever you eat, ask what kind of oil is used for frying their food. Eat more polyunsaturated and monounsaturated fats (read the labels of the foods you buy) and these fats help lower LDL. This includes plant-derived oils like sunflower, peanut, olive and canola. Seeds, nuts, avocados and soybeans are all sources of good fatty acids. Fatty fish are recommended like tuna, trout, herring, mackerel and salmon. Fruits and vegetables are rich in

ingredients that lower cholesterol because they contain fiber and sterols and stanols that help inhibit cholesterol absorption from the intestines. Brand, oats (remember Cheerios – the heart healthy food!), whole wheat, apples, bananas, berries, citrus fruit, beans, eggplant and okra contain soluble fiber that reduces LDL. And, all are good for you and a far better choice than many of the things we might eat.

What is the target LDL number?

One of the things that has changed over the past few years is that scientists, physicians, nutritionists, and health associations including the government are backing away from absolute number targets and categories like shown in the table. Although the table is still a useful guideline, the informed opinion now is that for healthy aging one should measure your lipids at least once a year and then try and lower total cholesterol and LDL. There is no single magic number above which or below which is certain to cause or prevent heart attack and stroke. What is recommended is that each of us know where we are and then eat and exercise to reduce LDL. If this is not successful, you and your physician may consider starting a "statin" drug therapy to assist in this healthful struggle with LDL levels.

The Bottom Line

There is an enormous amount of scientific information that relates high cholesterol and high LDL with heart attack and stroke. It is vital that you eat those foods that are known to reduce LDL. You and your doctor should monitor your lipids and lower your LDL. ▲

**SERUM LIPIDS COMMONLY MEASURED AND CLASSIFICATION**

<b>Total Cholesterol</b>	Less than 200 mg/dL.....Desirable
	200-239 mg/dL.....Borderline high
	240 mg/dL and above.....High
<b>LDL Cholesterol</b>	Less than 100 mg/dL.....Optimal (ideal)
	100-129 mg/dL.....Near optimal
	130-159 mg/dL.....Borderline high
	160-189 mg/dL.....High
	190 mg/dL and above.....Very high
<b>HDL Cholesterol</b>	Less than 40 mg/dL.....Major heart disease risk factor
	60 mg/dL and above.....Gives some protection against heart disease

Source: [https://www.nhlbi.nih.gov/files/docs/public/heart/cho\\_ltc.pdf](https://www.nhlbi.nih.gov/files/docs/public/heart/cho_ltc.pdf)  
Accessed: July 2, 2016



**C.O.V.A.R. CORNER**

ALLAN KEENER

Council of Villa Associations and Regimes Information  
Open Letter to all Seabrook Island Property Owners, Guests and Visitors

It's August on Seabrook Island, which means Labor Day, the unofficial end of summer, is close at hand. It is an appropriate time to share news concerning COVAR's pre-summer informational, educational and communications activities. These activities will chart a course for our fall and winter programs and activities.

Late last year, the Board embarked on an ambitious project to prepare and disseminate a series of one-page publications to educate and inform villa and other owners, guests and renters, concerning topics of interest to them. To date, we have completed four publications, which have been published in this column and distributed to Town of Seabrook Island (Town) and Seabrook Island Property Owners Association (SIPOA) officials and other interested parties, such as property management companies and rental agencies. Highlights of each of those publications follow:

**Publication #1, "Exterior Alterations/Improvements,"** which was featured in the December 2015 "COVAR Corner" article, is addressed to villa and other owners considering exterior alterations/improvements to their homes. The publication provides information concerning association/regime (for villa owners), SIPOA, Town, Charleston County (County) and Federal Emergency Management Agency (FEMA) policies, procedures, ordinances and regulations. It cautions owners that they are responsible for all that their contractors do or fail to do to comply with the governing laws and regulations. This publication is available on the SIPOA Website for those who wish to review and/or download it.

**Publication #2, "License and Tax Obligations for Villa Rentals,"** featured in this column in March 2016, is addressed to villa and other owners who rent their homes. It provides information concerning Town, County and State of South Carolina (State) ordinances and laws. It cautions owners that even if they rent through an agency, it is the owner's responsibility to ensure compliance with all tax and license obligations. COVAR has requested that this publication be made available on the SIPOA Website. Until such time as this is accomplished, electronic copies can be obtained on request from allanwkeener@me.com.

**Publication #3, "Rules Guests Need to Know,"** which was featured in the May 2016 "COVAR Corner" article, is princi-

pally addressed to guest and renters, but is also pertinent to anyone residing and/or working on Seabrook Island. It is an easy-to-read compendium of SIPOA and Town rules and ordinances, which are often inadvertently violated by people who are unaware of them, resulting in otherwise avoidable embarrassing incidents. As with Publication #2, COVAR has requested that this publication be made available on the SIPOA Website. Until such time as this is accomplished, electronic copies can be obtained on request from allanwkeener@me.com.

**Publication #4, "Seabrook Island Beaches,"** which was featured in this column in July is a compilation of Town Ordinances focused on preserving the beach, protecting wildlife and maintaining a safe, clean environment for all users of the beach. They are enforced by the Town Beach Patrol and Code Enforcement officers and, as with the rules set forth in Publication #3, are often inadvertently violated by people who are unaware of them, resulting in otherwise avoidable embarrassing incidents. As with Publications #2 and 3, COVAR has requested that this publication be made available on the SIPOA Website. Until such time as this is accomplished, electronic copies can be obtained on request from allanwkeener@me.com.

Drawing from information to be gathered from the September 2016 COVAR Meeting, the COVAR Board anticipates preparation of a fifth publication addressing the topic of emergency preparedness of Seabrook Island, which would be disseminated in the November or December 2016 timeframe. It should also be noted that the current four publications will be reviewed periodically to ensure that they remain up-to-date.

A final effort of the COVAR Board is establishment of a publicly accessible website, which will, among other things, serve as a repository for COVAR Publications and meeting minutes and permit rapid communication with association/regime Presidents, Representatives and Property Managers. More on this effort at the September COVAR meeting, which will be Saturday, September 10 from 10 AM to 12 Noon at the Lake House. As previously stated, the COVAR Board is proposing an agenda focused on Emergency Preparedness on Seabrook Island. All Seabrookers are invited to attend.▲

**BON APPÉTITE**

**Appetites and Anecdotes**

by Saffron and Curry  
Information for Seabrookers by Seabrookers  
Email: saffronandcurry@yahoo.com • Photos by Paprika



The Cigar Factory has long been a landmark in Charleston. Built in 1881 as a cotton manufacturing facility with electricity, steam heat, and fire safety system, the facility eventually had great success with producing cigars until the late 1960s when warning labels were required on tobacco products. Since then the building has undergone various uses, being listed in 1980 on the National Register of Historic Places. In 2014, the property was bought by a real estate investment company and has been turned into a mixed-use building which includes office space, restaurants, event space, and high-retail offerings.



Many aspects of the gourmet food emporium found in **Mercantile and Mash** were inspired by the successful New York store **Dean & DeLuca**. The location at **701 E. Bay Street (843-793-2636)** offers breakfast from 8am-11am. Selections include House-made granola-yogurt (\$6), Egg white Frittata (goat cheese, asparagus, marinated tomatoes) (\$9), as well as items including, smoked ham, house cured salmon, and chicken biscuit that are in the same price range. From 11am-4pm, the menu includes soups, salads, sandwiches (warm asparagus soup - \$7; chop salad with

choices of additional meat - \$8 to \$12; veggie wraps - \$9, roast beef - \$11). Vegetables and a little heavier protein fare find their way on to the menu from 4pm to 7pm (\$7-\$15).

However, don't let yourself think that the Mercantile and Mash has forgotten about Sunday Brunch, which begins at 8am. Grits, toasted oats, French toast, Huevos Ranchero Wrap (\$5-\$13) are headed for your table. If you have a sweet tooth, the in house bakery station can fill that need. The steaks that also are served at the Oak Steak House are for sale here. Some of the best-looking beef in Charleston is here, but it comes with a price worthy of such meat. Finally, if you are a "grab and go" person, this eating establishment offers a variety of rotisserie meats, fresh pasta, meat and cheese, fresh produce, as well as housemade gelato.

Many of these selections are photographed for the Facebook page, giving you a good idea of what is available before you ever get there. Finally, the mercantile aspect of the store includes books on Charleston, pottery, and other wares that make for interesting cooking and entertaining. If you like to have an idea of the latest cookware, there are many opportunities to browse and compose your wish list.



Entering another door from outside, you come into **Fritz Porter**...the relatively new design and décor collective at **The Cigar Factory**. We were not sure what to expect but it certainly wasn't what we found! This is the closest to shopping at the Merchandise Marts in Chicago or Atlanta that we

have seen in the Charleston area. Begun by Designer Sarah Hamlin-Hastings and named after her Uncle Fritz and Aunt Porter, these showrooms have some of the best decorating ideas around. As you enter there is a section directly to the left with rotating displays every 4-6 weeks. This time it was luxury linens with exquisite embroidery and the feel of the softest sea island cotton. We wanted to climb right into the display and go to sleep!

Other "rooms" made of partitions show antiques, varying decorating styles including African, several areas of extremely modern furnishings and lots of traditional furniture and touches. Included are lucite, fine art, a large selection of delicious fabrics and wall papers, even unusual lighting designs. In all there are approximately 16 different displays elegantly laid out. Prices tend to be on the high side, but not all, and even if you are not ready to buy this is an excellent way to get good ideas if you are building or just ready to redecorate. It is just so much fun to wander through! It is nothing like a traditional furniture store.

As you enter **Fritz Porter** there are several helpful ladies and men who can help you with your questions or are more than ready to research your needs right there and then!

If you are facing **Mercantile and Mash**, **Fritz Porter** is the entrance down to the right. The huge brass doors are worth the trip alone! 701 East Bay in the Cigar Factory. M-Sa 10am-6pm (843) 207-4804 Plenty of daytime parking. To explore more go to their website and see all of the designers presented and their ateliers. [www.fritzporter.com](http://www.fritzporter.com)

The Cigar Factory also offers a large rental space for private parties and other events. The **Indigo Road** kitchen will handle catering for this area on the second floor. The plans for this old facility continue to evolve into a bustling, modern experience for the city of Charleston.

**BY THE WAY**...don't forget our old standby out here, **Chez Fish**. We had a delicious dinner the other evening and noticed many families with children having a good time as well! We had the Curried Mussels, an appetizer as a very filling main course, and the deliciously fresh Vegan Pasta with chopped local veggies just slightly crisp! We can also attest to **Chez Fish's** offering of Pecan Encrusted Grouper. Delicious, reasonable meals at **Chez Fish** on Betsy Kerison. Dinner reservations are a MUST - 843-768-8901.▲

**Homegrown Farmers Market on Johns Island Encourages SNAP Recipients to Shop Local and Healthy**

Grocery shoppers are now able to use their federal food assistance benefits (SNAP) to easily buy fresh local food at the Homegrown Johns Island Farmers Market.

Adults and families who are enrolled in the Supplemental Nutrition Assistance Program (SNAP, formerly known as the Food Stamp Program) can use their EBT cards at the farmers market to purchase fruits, vegetables, plant starts, meat, dairy, bread, honey, and other eligible foods. Operating under an umbrella SNAP acceptance, clients can take their cards to the information booth at the Johns Island Farmers Market and receive tokens to purchase food from qualifying vendors. As an incentive for healthy eating, they will receive \$10 free in Healthy Bucks tokens for fresh fruits and vegetables when they spend at least \$5 on their EBT cards, as a part of the Double Your Healthy Bucks program. The Healthy Bucks incentive program helps low-income shoppers stretch their benefits and put more fresh fruits and vegetables on their families' tables. It also



attracts new customers to the market who otherwise might not consider shopping there. Hunger is a persistent issue on the Sea Islands and in other parts of Charleston County. More than 47,000 men, women and children rely on SNAP benefits each month. Despite this nutrition assistance, many people still cannot afford healthy fresh food, as there are no other farmers markets

**Respite Care of Charleston chosen Beneficiary of the Fleming Tournament**



PHOTO FROM 2015

The Alan Fleming Tennis Tournament is proud to announce that Respite Care of Charleston (RCC) has again been chosen as its charitable beneficiary for 2016. Since 2001, because of continued growth and success, the tournament has included fundraising for a worthy cause. In that time it has raised over \$360,000. Last year Respite Care of Charleston was chosen and it touched a chord with Seabrook residents. Over \$40,000 was raised.

Respite Care of Charleston is focused on improving the quality of life for individuals and their families coping with Alzheimer's disease and dementia. Day programs for those affected with memory disorders and support groups for caregivers help strengthen families and facilitate the continuation of care in the home.

As was done last year, a letter will be sent to all Seabrook residents requesting their support. A neighbor, whose

husband suffers from Alzheimer's, describes the pain that the disease inflicts on the whole family: "I never in my wildest dreams realized the devastation that comes over a family when a loved one is diagnosed with Alzheimer's. Fortunately, we were introduced to Respite Care of Charleston when Dick's symptoms became apparent. Their twice weekly program provided an outlet for Dick. They worked with him in such a thoughtful manner, letting Dick incorporate into the group slowly as a "volunteer" and then as a client. Those in Respite Care are treated with love and respect. They are engaged in activities that allow them to maintain their dignity and give caregivers a much needed rest from the disease and from watching your loved one begin to disappear before your eyes." (Susan Coomer) Most Seabrookers know someone stricken with the disease so it is hoped that they will respond generously to

this request.

On August 16th a kick-off event for the benefit of RCC called "Margaritas and Mulligans" will be a playful way to raise funds. Players can purchase mulligan tickets to use for social tennis to earn a "second chance" for an undesirable stroke or serve. Margaritas and snacks will be available to add to the fun.

On site during the Tournament there will be an opportunity to all to purchase "pick a prize" raffle tickets to win some great prizes during the Welcome Party on Thursday night, October 6. Prizes will include but are not limited to Disney Park-Hopper passes, Volvo Family Circle tickets, a wine wagon and a weekend of tennis at Van De Meer Tennis Facility on Hilton Head Island.

So there are a number of easy ways to support one of Charleston's most meaningful charities.▲ *Sally Kimball*

**New Gatehouse On Hold**

The outcome of the bidding process is not what we wanted. We received 3 valid bids from reputable contractors; all were well over the budget amount so we're not making any recommendation to proceed with a complete rebuilding project at this time. We are proceeding with process improvements that will speed renters and Club employees through the gate.

The line item in the bids that hurt us most was the flood-proofing required by FEMA, therefore we will be re-approaching Charleston County to determine what changes we would have to make to eliminate the flood-proofing features and costs. If we can get a favorable response, we will rebid the project with the simplified

scope. In the long term, we must have a Gatehouse at a higher elevation than the current one. We know the sea level in this area is rising inexorably; it has been for the past 100+ years.

Should we have to refurbish the existing building to extend its operational life, we know our priorities. As we've reported, FEMA limits how much refurbishment can be done. Replacing the roof and siding come first, together with enhancements to the landscaping. We will continue to pursue improvements to our processes (both SIPOA and Town) relating to contractors, including possibly centralizing them in one location.

So we hope this is just a delay; we don't give up that easily!▲

*Guy Gimson, GOMC Chair*



**A Shorts Story!**

*This is what all of you 70+ year old, and yet to be, kids have to look forward to!  
This is something that happened at an assisted living center.*

The people who lived there have small apartments but they all eat at a central cafeteria. One morning one of the residents didn't show up for breakfast so my wife went upstairs and knocked on his door to see if everything was OK. She could hear him through the door and he said that he was running late and would be down shortly so she went back to the dining area.

An hour later he still hadn't arrived so she went back up towards his room and she found him on the stairs. He was coming down the stairs but he was having a hell of a time. He had a death grip on the hand rail and seemed to have trouble getting his legs to work right. She told him she was going to call an ambulance but he told her "Old Age" no, he wasn't in any pain and just wanted to have his breakfast. So she helped him the rest of the way down the stairs and he had his breakfast.

When he tried to return to his room he was completely unable to get up even the first step so they called an ambulance for him. A couple hours later she called the hospital to see how he was doing. The receptionist there said he was fine, he just had both of his legs in one leg of his boxer shorts.▲



**Coming Soon to Seabrook Island... at the entrance to Bohicket Marina!**



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Seabrook Wild Things  
by Members of the Environmental Committee

# The Future Of Seabrook Island's Alligators Depends On YOU – Do Not Feed Them!!

Alligators, Alligator mississippiensis, have resided on Seabrook Island for thousands of years. These cold blooded reptiles are closely related to dinosaurs of the past and it seems strange that their closest modern relatives are birds. Once nearly wiped out and on the federal endangered species list, alligators are now abundant throughout the southeast United States.

Alligators occur in all of Seabrook Island's freshwater ponds and lakes and occasionally found in brackish and salt water. Nearly every year one or two alligators are washed out of their fresh water environment into the ocean and find their way to the beach to the surprise of beach goers. Being cold blooded, alligators spend much of their time basking in the sun and are frequently seen along the bank and water's edge. Frequently they are seen sunning with their mouths wide open which is a cooling mechanism similar to a dog panting.

Being cold blooded (ectotherms) also permits alligators to operate at very economical metabolic rates and allows them to eat very little and go long periods between meals. An 800-pound alligator will eat less than 100-pound dog in a year. They are opportunistic feeders and will eat nearly anything they come into contact with (fish, turtles, frogs, birds, crabs, snakes, small mammals, and even other alligators). Alligators have very poor eye sight but very good hearing and are very sensitive to vibrations in the water.

Alligators may be seen on Seabrook Island throughout the year but are more active during the warm summer



PHOTOS BY CHARLEY MOORE



### A FED ALLIGATOR IS A DEAD ALLIGATOR USE SOME COMMON SENSE - IT'S ALSO STATE AND FEDERAL LAW

- 1/ Keep your distance – Do not approach any sized Alligator. Alligators may move extremely fast on land. Keep away 20 feet or more.
- 2/ Do not fish or crab when alligators are present. Do not throw fish, crabs or other food items in the water.
- 3/ Be watchful when walking around Palmetto and other Seabrook Island Lakes.
- 4/ **Keep children and pets away from the edge of any water body** – even pets on a lease.
- 5/ Golfer should keep in mind that alligators occur in all of Seabrook Island's waters and frequently may be in surrounding vegetation (rough) on the golf courses.
- 6/ The future of alligators on Seabrook Island depend on the residents and our quests respecting their right to be here, to remain wild, and left alone.

IT IS CRUCIAL - "DO NOT FEED ANYTHING TO AN ALLIGATOR"

months. Adult alligators may live up to 60 years reaching 13 to 15 feet in length (about fifty percent of which is the tail) and weigh in excess of 500 pounds. Breeding occurs in May and larger males frequently chase the smaller ones out of their area resulting in many small alligators moving across the island to avoid being eaten and to find a new home. In June and July females lay 20 to 60 eggs which are white and about the size of goose eggs in a mounded nest constructed of vegetation. The young alligators will hatch in about 2 months and the female will aggressively defend them for up to a year.

All alligators are dangerous and must be respected at all times. They can move much faster than most people think and their jaws are extremely powerful. The majority of their jaw muscles are designed to close, crushing anything they bite. They have very little strength to open their jaws but can crush the bones of a deer or other prey with no trouble. Once they bite something too large to swallow they twist and roll over and over tearing their prey into pieces.

It is extremely important not to feed an alligator as they quickly learn to associate food with man. Once that happens they will approach others, be labeled a nuisance alligator and KILLED. Alligators have a very strong homing instinct and will travel miles to return to a pond or lake so relocating a problem alligator is not an option. Once they associate man with food they will be KILLED.▲

Charley Moore  
Environmental Committee

# Turtle Patrol Walkers - Just a Stroll on the Beach?



Nest #20 - Sarah Quinn, Eileen Middleton and Terry Fansler



Nest #41 - Anne Snelgrove, Gayle Evans and Melanie Jerome



Nest #34 - Gary Holtz & Grandson Clay, Mike Vinson, Suie Thomas, Rob Jerome & Catherine Scully



Nest #48 - Joshua and Amanda Shilko

The Seabrook Island Turtle Patrol currently has about 150 members. Of these, well over 100 are "Walkers". These are the folks that get up at dawn a day or two each week and "walk" an assigned section of the beach. One of their primary functions is to watch for the tracks of nesting sea turtles and report them. These tracks are called "crawls" and look like the tread of a large truck. It would be a pretty easy

job if that was the extent of the walkers' duties .... but there is much, much more. Once a crawl is identified, the walkers await the arrival of a "prober" or "first responder" who will attempt to locate the nest. If a nest is found the Walkers help to relocate the nest, if necessary, and install the protective equipment. As the season progresses, the

Walkers take on additional responsibilities. They check each nest in their section of the beach to make sure the protective equipment is in good shape. This includes tightening loose screens, hammering in any loose pegs that hold the screens and removing sand and vegetation from on top of the screens. They also make sure that the markings on nest signs are legible. If any equipment is bro-

ken or missing or there are signs of nest predation, they report it. Within about 50 days of each nest being laid, the Walkers begin examining nests for signs of hatching. Any nest indentations or hatchling tracks are reported. And if all that isn't enough to keep them busy, they pick up trash and fill in man-made holes in the beach that could be harmful to nesting turtles or

hatchlings. They also frequently answer questions and educate visitors regarding the Turtle Patrol and sea turtles in general. The Walkers are really the "heart" of the Turtle Patrol. Their hard work and dedication are critical to the Patrol's success. Clearly they're doing a lot more than just taking a casual stroll on the beach.▲

Gary Fansler

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## The 3R's – Reduce, Reuse, Recycle

Americans produce an average of 4.6 pounds of trash each day, dumping more than 251 million tons of trash each year into our 1,745 landfills. Restricting what goes into our landfills requires the 3-R's – Reduce, Reuse and recycle. While recycling is the most public of them and it makes sense economically and environmentally, the first two R's are just as important.

Looking at it simply, what we don't acquire, we don't have to dispose of later. There are some simple ways to do that:

1/ Use reusable cloth grocery bags when you go to the grocery store and you won't end up with the bottom of your pantry stuffed with old plastic bags.



2/ Refill those water bottles or, better yet, just keep a refillable one with you. That has the added benefit of making it more likely that you will drink more water.  
3/ Buy cleaning supplies in bulk and refill those old spray bottles. The

larger sizes use less packaging per fluid ounce of cleaner.

Additionally, These food wastes from landfills leak into our groundwater and release the greenhouse gas called methane. There are municipal composting facilities all over North America. composts yard waste and refuse from the equestrian center but can't really handle any more. Perhaps when Charleston County's new facility opens next year, we can do better.

There are hundreds of ways to keep things from ever getting into our waste stream. Let's keep Seabrook beautiful. ▲

Rich Siegel  
Waste and Recycling  
SIPOA Environmental Committee

# Seabrook Island Security to the Rescue!



Gator stretched out on driveway with the morning paper



Officer Meyer and Officer Stinson pulling gator from the Hider's pond



Meyer and Stinson with gator headed for a new home

It all began July 21st. My wife Marcia went out to pick up the paper, dog in tow, but was shocked to find a 7-foot alligator on our driveway, guarding the morning paper...which I'm now considering an afternoon paper! Later that day, after the gator had vanished, I noticed our quaint little lily pond was somewhat tossed and a mess. So I looked a little closer, and sure enough, found 2 little eyes peering out from under a lily pad.

This is not the first time we've had a gator in the pond. Several years ago a smaller version took up residence there and stayed for about a week. But this one was quite a bit more impressive, and with a little dog in the house, we were a little concerned.

On Sunday, we went out to find a dead something floating on the pond and no evidence of the

gator. So we called Security to see if they could take care of it. The dead something was actually a raccoon which apparently had been snatched while drinking from the pond, and, as gators typically do, brought under water to fully expire. In the process, the carcass bloated up and eventually floated to the surface.

The gator was still there as Officer Thomas Meyer discovered when he got a little too close to the pond. He called for backup, and Officer Brandon Stinson arrived a few minutes later with the appropriate tools to extricate the gator. It didn't take long to attach a loop around its neck and hoist it out of the pond.

It is now peacefully in residence in a much larger pond on the island. ▲

Bob Hider

## Charleston Symphony Orchestra League to present A Night to Remember Gala

The Charleston Symphony Orchestra (CSO) will open its 2016-2017 season with A Night to Remember Gala on September 10, featuring what is anticipated to be the piano event of the Southeast - a special CSO performance with renowned pianist Leon Fleisher. The Charleston Symphony Orchestra League, Inc. (CSOL) is co-hosting the elegant 1930's-themed event at the Gaillard Center featuring a reception, performance, gala dinner and auction.



Leon Fleisher: piano legend of our time

"There are pianists who play all the notes, and then the rare few that make the piano sound like an entire orchestra," said Ken Lam, CSO music director. "Leon Fleisher is a living legend - you will not want to miss this rare opportunity to hear him perform Ravel and Mozart with the CSO." The special performance will feature Fleisher playing Ravel's Piano Concerto for the Left Hand. Together, he and his wife, Katherine Jacobson, will perform Mozart's Piano Concerto No. 7 in F major for two pianos. For the second

half of the concert, CSO will perform Dvořák's Symphony No. 9, "From the New World."

Following the performance, patrons can continue the celebration with a gala dinner featuring cuisine from Duvall Catering complemented by a full bar. CSO Concertmaster, Yuriy Bekker, will serve as the night's emcee, and guests will be treated to live performances by the CSO String Quartet. A live auction will feature items including trips to Ire-

land, Costa Rica and Key West, as well as an in-home concert by the String Quartet, among others.

"The League's main purpose is to provide the Charleston Symphony Orchestra with financial assistance through fundraising projects like A Night to Remember Gala, and through music education programs and audience development," said Becky Hilstad, CSOL president. "We are honored to play such an integral role in organizing this year's gala and supporting the Charleston Symphony Orchestra - a world-class orchestra for a world class city."

Patrons can purchase tickets to the entire evening or choose to attend the performance or gala only. The gala will kick off at 6 p.m. with a reception and silent auction preview followed by a 7 p.m. performance and 8 p.m. gala dinner with dancing, entertainment and a live auction.

Concert and Gala tickets are available at: [www.CharlestonSymphony.org](http://www.CharlestonSymphony.org) ▲

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\$168,000

## Piping Plovers Have Returned to Seabrook Island's North Beach

This weekend (July 22-25, 2016), Aija Konrad spotted, and Ed Konrad photographed, what may be our first two Piping Plovers returning from the north. As Janet Thibault advised at the June SIB meeting, we could expect to see them return later in July. In reporting the sightings on eBird, Aija learned that these Piping Plovers are quite special and of great interest. They were banded in the Bahamas in 2015, and are being closely tracked by the Bahamas Shorebird Conservation Initiative, in conjunction with US Fish and Wildlife and the National Audubon Society.

These Piping Plovers have pink flags on their upper right legs identifying them as 47 and OJ. Aija and Ed saw 47 for only one day in the protected bird area on North Beach. On the other hand, OJ has been seen the past three days at low tide on North Beach.

Here's what we've learned about these plovers from Matt Jeffery, Deputy Director & Director for the Caribbean International Alliances Program, National Audubon Society, Washington D.C.

Pink Flag OJ was banded November 27th 2015 in the newly created Joulter Cays National Park, just north of Andros Island in the Baha-



Piping Plover "OJ" seen on North Beach of Seabrook Island July 23-25, 2016  
PHOTO BY AJIA & ED KONRAD

mas. The Banding Team was from Bahamas National Trust, National Audubon, Virginia Tech and USFWS.

OJ was hanging out in Maine for the breeding season, and reported seen on this past May 23 on Fortune's Rocks Beach, Maine and on the 20th of June on Parsons Beach, Kennebunk, Maine where she was reported to be female nesting. Unfortunately, her nesting attempt was unsuccessful. At Laidholm Beach, Wells,

Maine, in a flock of about 20 other Piping Plovers, she was again seen.

Hopefully she may be seen on the Joulter Cays this October when the area is surveyed.

Pink Flag (47) was banded 5-Feb-2015 in the Berry Islands, the Bahamas at a place called Ambergris Cay just south of Great Harbor Cay. This area is the second most important site in The Bahamas for Piping Plover with approximately 7% of the Atlantic

breeding population there each winter. The banding team included, National Audubon, Bahamas National Trust, Virginia Tech and USFWS. Currently Audubon is working with BNT and the Government of the Bahamas to make the area a new protected area for birds and marine life.

#47 has also been reported: July 3, 2015 Elizabeth A. Morton NWR, NY; on July 16, 2015 - South Point

Ocracoke, Cape Hatteras NS in North Carolina by Virginia Tech shorebird team; 5/10/2016 - Wade's Beach Shelter Island, NY; 29-May-16 - Otis Pike Wilderness Area, Long Island NY.

We hope you will take time to grab your binoculars and walk along North Beach to search for our celebrity visitors OJ and 47. Be sure to let us know if you see them. ▲



Piping Plover "47" seen on North Beach of Seabrook Island July 22, 2016  
PHOTO BY AJIA & ED KONRAD



## Were you, a loved one or a passenger injured in an accident? Call a trusted attorney right away!

Steve DeAntonio was born and raised in Charleston, SC. For almost 30 years, he has handled motor vehicle accidents, including multiple fatality accidents. He has skillfully worked on car wreck cases involving tractor trailers, trucks, buses, motorcycles, mopeds, bicycles and pedestrians. Mr. DeAntonio also handled numerous cases involving distracted drivers, drivers using mobile devices while driving, drunk drivers, drivers otherwise impaired, hit and run accidents and single car collisions.

### Concentrating In

- Personal Injury**
  - Brain Injuries
  - Premises Liability
  - Wrongful Death
- Motor Vehicle Accidents**
  - Car Accidents
  - Hit-and-Run Victims
  - DUI Accident Victims
  - Injuries to Children
- Defamation of Character**
  - Libel
  - Media Libel
  - Invasion of Privacy

Steve DeAntonio has handled many high-profile cases and has been voted as one of the Best Lawyers in America, and U.S. News & World Report's Best Law Firms, with special recognition to his work in the field of First Amendment. He also holds the highest peer rating for legal ability and ethics, the AV PREEMINENT® rating from Martindale Hubbell.

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# THE SIP

Administrative News from the Seabrook



## EXECUTIVE DIRECTOR'S CORNER

Heather Paton  
hpaton@sipoa.org

AUGUST 2016

July 4th activities were very successful! The parade was well-attended, and our volunteers prepared 400 hot-dogs in less than one hour. 180 people participated in the walk/run, with the winner finishing in just 22 minutes. The Kids-Tri event was sold out and had 27 participants. Thanks to the volunteers and SIPOA staff that contributed their time and effort to make these events happen. —The following is a summary of our operational activity for the month of July.

**Security:**  
Weekend activity has been going smoothly. There were some check-in backups on July 9th, which were attributed to a traffic accident that closed Bohicket Road delaying arrivals, combined with approximately 800 rental check-ins between 2:00 and 7:00pm. Extra Security staff was held over the end of shift to help process arrivals.

**ARC Activity:**

New Homes:
Applications Pending = 17
New Homes Approved, not yet started = 3
New Homes Under Construction = 25
New Homes Complete YTD = 6
Repair & Maintenance Projects:
Maintenance Projects Approved in June - 75
Maintenance Projects Approved YTD = 365

**Operations & Maintenance:**  
Layne Inliner has completed their pipe-lining project, and the Marsh Gate bulkhead project is also complete. GOMC is reviewing landscaping and signage for the area to prevent standing on the wall and trespass onto neighboring properties.

**Administration:**  
There is a new sign near the gatehouse publicizing the American Shore and Beach Preservation Association "Best Restored Beaches" award. The sign was approved by the Board at last month's meeting and has been permitted by the Town. In October, SIPOA staff will present an update on the Cap'n Sams Inlet relocation project, including information on the award, at the SC Beach Advocates Annual Meeting.

From September 15-18, the Community Associations Institute Large Scale Managers Annual Conference will be held in Charleston. It is hosted jointly by Daniel Island, Kiawah Island and Seabrook Island. At this conference, managers of Large-Scale Associations from the US and other countries attend educational programs on industry events, legal issues, and best practices. They also tour communities to observe and learn from their colleagues. On the morning of September 16, 2016, the managers will be visiting Seabrook. They will tour the Lake House and various parts of the island, then have an educational session and meal at the Island House. We are still fine-tuning the details, but we hope that you will welcome them when you see them on the island. ▲

# OAPAGES

Island Property Owners Association

## LAKE HOUSE SPOTLIGHT

### SIPOA RECREATION FACILITY REMINDERS

#### Lake House

An active AMENITY CARD is REQUIRED for use of the Lake House Fitness Center, including the Indoor (Fitness) Pool. The amenity card allows The Lake House employees to easily identify who should be charged for daily use of the facility. Replacement amenity cards, as well as guest amenity cards can be obtained through the Amenity Office.

Property Owners/Club Members have the ability to access the Lake House from 5:00 AM to 11:00PM with their Property Owner/Club Member amenity card.

To obtain before and after hours access to the Lake House, please visit the Amenity Office. Guest of Owners/ Members and Rental Guests do NOT have before and after hours access.

Please note, there is no Property Owner/Club Member code to enter the Lake House. Please bring your amenity card when accessing the Lake House.

Thank you for your help in maintaining the cleanliness and quality of the Lake House Fitness Center by following the rules below:

- Wipe down equipment after each use.
- Return weights to the racks provided.
- Do not drop or throw weights.
- Children 15 and under MUST be under the direct supervision (within arm's reach) of an adult.
- Closed-toe athletic shoes are required.
- Shirts must be worn at all times.
- Swimsuits are not acceptable attire in the fitness center. ▲

#### Oyster Catcher Community Center Information

The Oyster Catcher Community Center is open to ALL Property Owners and their ACCOMPANIED guests. The SIPOA Activities Committee and Board requires all Property Owners to bring their amenity cards with them while using the Oyster Catcher Community Center Pool.

Guests are welcome to use The Lake House Outdoor Pool with an active amenity card at no additional cost.

We appreciate your cooperation and understanding. ▲



Join us at The Lake House on Sunday afternoons for movies, popcorn and fun! Check out the Tidelines Blog and the Weekly Eblast for what will be showing.

### OPERA LITE SERIES



Another season of the Opera Lite series kicks off at The Lake House on **Thursday, September 15th**. Showings will continue on Thursday afternoons from 3:30PM to 5:00PM every Thursday through November 17th.

Each week brings a different performance featuring distinguished current and vintage performers. English subtitles permit understanding of the text of the dialogue and solo numbers.

There is no cost, just come to The Lake House and give it a try! New fans pop up every year...won't you be one?

Check out the Weekly Eblast and Tidelines Blog for the schedule of Operas.

For more information, please contact John Benzel at 843.768.1174 or [jdobenz@gmail.com](mailto:jdobenz@gmail.com) ▲

### VOLUNTEER NEEDED:



If you are looking for a simple but rewarding volunteer opportunity with preset dates four times a year, the Environmental Committee would like to hear from you.

A coordinator is needed for the Adopt a Highway Program. If you like to work with someone, co-coordinators are just fine with the EC. Four times a year volunteers pick up trash along Betsy Kerrison Parkway.

The Parkway is the gateway to Seabrook and Kiawah. Without volunteers from our island and the Kiawah group, can you imagine what an eyesore visitors would behold on their way to our beautiful islands?

There is a long list of volunteers who have faithfully signed up for each pick up. The EC would be grateful if one or two of you would volunteer to coordinate this valuable program. If

you are a new resident and looking for a volunteer opportunity, please contact us as well.

The next pick up is scheduled for September. Please contact Jane Marvin, 336-413-0704, if you are willing to help carry Adopt a Highway forward. No expert skills or experience needed; just an interest in performing a civic duty that enhances our environment and offers a valuable contribution to our community. ▲

### CALL FOR CANDIDATES

We Need YOU! Volunteerism is the engine that runs Seabrook Island. Where would we be without the talented Board and Committee volunteers who give their time to benefit our beautiful island?

Starting today, your SIPOA Nominating Committee is calling for nominees for the Board of Directors and the Nominating Committee, respectively. We hope you will consider submitting your name. Applications are due by September 19th.

For the SIPOA Board there are four three-year terms available this year and for the Nominating Committee, there are two two-year terms available.

**What is the time commitment?**  
Board members are usually assigned to two committees and therefore

must devote a minimum of three days a month to meetings.

**Note to Part-time residents:**  
Don't think this precludes you from serving. Several of our current Board members "attend" the Board meeting remotely when they travel; using conference calls, Skype or web conferencing. These technological advancements make it possible for any and every Seabrooker to volunteer.

The Nominating Committee begins meeting in early spring and is most active mid-summer through fall. The Committee meets monthly during that period for organizational purposes and candidate interviews. Candidate interviews take place over a course of a one-two week stretch in October, so potential Committee members should be available that month.

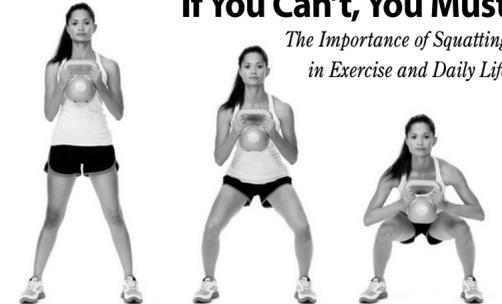
For more details and links to submit your information, go to [www.sipoa.org/candidate](http://www.sipoa.org/candidate)

If you have questions or would like more information, please contact your 2016 Nominating Committee. Their names and email addresses are listed below. ▲

- Greg Henry: [greggory\\_henry@yahoo.com](mailto:greggory_henry@yahoo.com)
- Steven Bottcher: [sbottcher@me.com](mailto:sbottcher@me.com)
- Kathleen Buchman: [kathleenbu@sbcglobal.net](mailto:kathleenbu@sbcglobal.net)
- Ellen Coughlin: [ellencoughlin@mac.com](mailto:ellencoughlin@mac.com)
- Skip Crane: [cranes@harolynn.com](mailto:cranes@harolynn.com)

### If You Can't, You Must

The Importance of Squatting in Exercise and Daily Life



From time to time, I hear people say that they can't or won't do squats. Often their physicians, physical therapists, or perhaps personal trainers have told them to avoid squats because they are dangerous. What they should have said instead was to avoid doing squats or any exercise with improper technique, as it leads to injuries.

The reality is that there are physiological consequences to missing out on this near perfect exercise. You get a huge "bang for your buck" because no activity works more muscles in a more functional movement pattern than squatting.

Think about it like this: It is one of the first coordinated movements that babies learn to do, even before standing. It is also imbedded in our daily activities. Getting in and out of a car, lifting a box, sitting, standing, and getting up off the floor all require one or two legged squats. Essentially, squatting is a primary movement of the body. If you can squat effectively with the appropriate amounts of stability and mobility, you increase your potential for efficient movement across the board and decrease your likelihood of pain or injury.

There are many variations to the weight room squat including a sit back squat to a chair, a wall squat with a stability ball, a body weight squat, a squat with dumbbells, a back squat using a Smith Press, back or front squats using a barbell, and a squat to overhead press. Initially the squat need not be performed with a greater

load than your body weight. Here are guidelines:

- Keep your feet hip width apart
- Start the squat movement by pushing your hips back
- Descend until your thighs are parallel to the floor
- Keep your feet flat on the floor
- Your ankles and torso are bent forward at the same angle
- Your eyes should be looking forward, not up or down
- Your knees are directly over your toes, not inside or outside of them
- From this position, you should be able to stand straight up

I encourage you to add squats to your weekly training regimen if you are not already doing so. Just 2-3 sets of squats done 2-3 times per week will significantly improve your overall strength, balance, and mobility. ▲



April Goyer is an orthopedic training specialist, health coach and personal trainer at The Lake House on Seabrook Island, SC. She provides a complimentary consultation to help you gain a fresh perspective on everything you have at your health and fitness disposal. For more information or to schedule an appointment, please contact April Goyer at 614-893-8519 at [april@aprilgoyer.com](mailto:april@aprilgoyer.com)

## AUGUST 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00am Social Bridge 11:00am Sbrk Stitchers 1:30pm Dup Bridge 4:00pm Seabrook Smashers	2 12:30pm Art Open Paint 3:00pm Mah Jongg Mavens	3 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers	4 12:30pm Art Open Paint 1:00pm Mahjongg	5 9:30am Dup Bridge 4:00pm Seabrook Smashers	6 11:00am Seabrook Smashers
7 1:00pm Sunday Matinee	8 9:00am Social Bridge 11:00am Sbrk Stitchers 1:30pm Dup Bridge 4:00pm Seabrook Smashers	9 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 7:00pm MAC User Club	10 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 4:00pm Seabrook Smashers	11 12:30pm Art Open Paint 1:00pm Mahjongg	12 9:30am Dup Bridge 4:00pm Seabrook Smashers	13 11:00am Seabrook Smashers
14 1:00pm Sunday Matinee	15 9:00am Social Bridge 11:00am Sbrk Stitchers 1:30pm Dup Bridge 4:00pm Seabrook Smashers	16 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 4:00pm Men's Book Club 7:00pm Coin Club	17 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers	18 12:30pm Art Open Paint 1:00pm Mahjongg 3:00pm Read All About It (Lake House Tech Forum)	19 9:30am Dup Bridge 4:00pm Seabrook Smashers	20 11:00am Seabrook Smashers
21 1:00pm Sunday Matinee	22 9:00am Social Bridge 11:00am Sbrk Stitchers 1:30pm Dup Bridge 4:00pm Seabrook Smashers	23 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens	24 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 4:00pm Seabrook Smashers	25 12:30pm Art Open Paint 1:00pm Mahjongg	26 9:30am Dup Bridge 4:00pm Seabrook Smashers	27 11:00am Seabrook Smashers
28 1:00pm Sunday Matinee	29 9:00am Social Bridge 11:00am Sbrk Stitchers 1:30pm Dup Bridge 4:00pm Seabrook Smashers	30 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens	31 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers			
NO CLASSES	8:30am Splashers 8:30am Gentle Yoga 9:15am Cardio Mix 10:45am Total Body Toning	8:30am Water Aerobics 8:45am Cardio Interval 10:00am Core Fusion 11:00am Get Pumped 4:00pm Deep Water Aerobics 6:00pm Evening Yoga	8:30am Rise and Shine Yoga 8:30am Splashers 9:30am Zumba 10:45am Total Body Toning 4:00pm Gentle & Restorative Yoga	8:30am Water Aerobics 9:00am Flow Yoga 9:30am Zumba 10:45am Throwback Thursday 4:00pm Deep Water Aerobics	8:30am Water Aerobics 8:15am Core and More 9:15am Zumba 11:00am Get Pumped	8:30am Pilates 9:45am TaeBo

**CHAMBER MUSIC CHARLESTON**  
Celebrating 10 years of exceptional chamber music

## Chamber Music Charleston on Seabrook Island

**Wednesday, September 28, 2016 at 7pm**

Location: Seabrook Island to be announced by September 1  
Poulenc Trio for Oboe, Bassoon and Piano, Op. 43  
Brahms Clarinet Sonata in F Minor, Op. 120 No.1  
Respighi "The Birds" for Oboe, Clarinet, Bassoon and piano  
Zac Hammond, oboe; Charles Messersmith, clarinet;  
Sandra Nikolajevs, bassoon; Ghadi Shayban, piano

**Wednesday, November 16, 2016 at 7pm**

Location: The Calcagno Residence, 2871 Hidden Oak Drive  
Ben-Haim Serenade for Flute and String Trio  
Dohnányi Serenade Trio in C Major, Op. 10  
Haydn Flute Quartet in G Major, Op. 5 No. 4  
Jenny Weiss, violin; Ben Weiss, viola;  
Timothy O'Malley, cello; Regina Helcher Yost, flute

**Wednesday, January 25, 2017 at 7pm**

Location: The Wildermann Residence, 3138 Privateer Creek Road  
Beethoven String Quartet No. 8 in E Minor, Op. 59 No. 2  
Debussy String Quartet in G Minor, Op. 10  
Karen Kim, violin; Frances Hsieh, violin;  
Ben Weiss, viola; Timothy O'Malley, cello

**Wednesday, March 15, 2017 at 7pm**

Location: The Conyers Residence, 2415 Cat Tail Pond Road  
Program to be Announced

For tickets, visit:  
[www.chambermusiccharleston.com](http://www.chambermusiccharleston.com)

**Seabrook Marketplace**  
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[www.seabrookmarketplace.com](http://www.seabrookmarketplace.com)  
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Submit ad requests to:  
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Please Include:  
Ad content, Name, Phone Number  
Email and Seabrook Island Address

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**THE Seabrooker**  
Making Better Use of Your Technology  
**How to Avoid Technology Tragedy**

viously, looking where one is going is not high on that list.  
Now I think most of us "of a certain age" who did not start toting cell phones around with us until later in life, are fairly circumspect in our use of this technology. But many of the younger folks out there received their first smartphone as a kindergarten graduation gift. This technology is, almost literally, an extension of their arm. Everywhere I go (including, unfortunately, while driving) I have witnessed people so engrossed with the small screen in their hand that they have absolutely no idea what or who is in their path. This is dangerous behavior to say the least. The newest Pokemon Go craze is only fueling this trend. I recently had to slow down to crawl speed on Seabrook Island Road because a person riding their bike in front of me was so absorbed in texting with one hand while trying to steer her bike with the other, that she was zigzagging back and forth across the road. I wouldn't want to share the road with this gal if she was driving a car. Over the Fourth of July holiday I

witnessed an individual riding her bike on Baywood Drive who drove right through the intersection with Seabrook Island Road without even looking. Lucky for her, there were no cars to impede her progress. Evidently moving off to the side of the road and stopping to take a call or send a text, or stopping at an intersection and looking both ways before launching into the street, are not options.  
So this month's technology tip is that you need to be aware of those who are not aware of you. When you see a group of young people walking down the street, engrossed in their phones, paying absolutely no attention to the world around them just steer clear and hope they don't end up in front of your car.▲

*Denise Doyon*  
Disclaimer: I am not affiliated with any software or hardware company and receive no compensation for endorsing products. My recommendations come from my own research and use. Prices for apps are based on information available at the time this column was researched and written. Author takes no responsibility for changes in prices by the developers, iTunes Store, or Google Play Store.

**I ♥ NY START SPREADING THE NEWS...**

If you grew up in NY, were schooled in NY, lived in NY long enough to feel you are a New Yorker, or love a New Yorker, plan to join us for the

**Second Annual New York-to-Seabrook Connection Party**  
Tuesday, October 25, 2016  
6:00 pm • Live Oak Hall, Lake House

All New Yorkers who call Seabrook home, whether seasonally or year round, are invited. An Evite will follow in September with details. If you have not already received this "save the date" in an email, then you are not in our data base. If you are interested in joining us, please email your name, email address and town or city in New York where you lived, so we can add you to our list for future mailings.  
**Email to: [NewYorkSeabrookConnection@gmail.com](mailto:NewYorkSeabrookConnection@gmail.com)**

The NY-SI Committee:  
Carol Agusta • Joan Altemus • Betty Burns • Frank and Lisa Cermak • Barbara and Steve Cutter • Kathy and Ed Maher • Ed Moran

**OLD CHARLESTON**  
TRADING COMPANY

Interesting Furniture for Interesting People

There is something warm and beautiful in every wooden table. Old Charleston Trading Company celebrates the natural beauty in old growth wood with unique custom tables from reclaimed and sustainable woods.

From solid wood dining room tables & coffee tables to sideboards made from reclaimed wood, all the designs have a depth you won't find elsewhere. Visit our furniture and home décor warehouse at:

**3623 Old Charleston Rd**  
**Johns Island, SC 29455**  
**Ph: 843-628-2258**

Fri & Sat 10am-6pm Sun 12-5pm

**THE Seabrooker**

# ISLAND NOTICES

**FRESHFIELDS STARLIGHT CINEMA**  
Wednesdays • Freshfields Village  
8:30PM - 10:30PM

**CHARLESTON COUNTY BOOKMOBILE**  
The Charleston County Bookmobile will be at Freshfields Village the first and third Tuesday of every month from 10:00 am - 11:30 am. The Bookmobile will be parked behind Hege's and Java Java.

**MONDAY MORNING BRIDGE**  
Every Monday • 9AM • Lake House  
Please join us for Monday Morning Bridge. You do not need to bring a partner. For more information please contact Ilse Calcagno at 843-768-0317.

**D.I.R.T. (DIGGING INTO ROOTS TOGETHER)**  
Meets Second and Fourth Wednesday of each month  
1:30-3:30PM • Lake House  
Please visit the blog at [diggingtogether.blogspot.com](http://diggingtogether.blogspot.com) for more information, or email D.I.R.T. at [diggingtogether@yahoo.com](mailto:diggingtogether@yahoo.com)

**INDOOR PICKLEBALL**  
St. Christopher's Camp Fridays • 12:30-2:30  
If interested, please contact Mary Torello at [mary.torello@yahoo.com](mailto:mary.torello@yahoo.com)

**SEABROOK STITCHERS**  
Lake House • Every Monday • 11:00AM-1:00PM  
For more information, contact Denise Doyon at [dendoyon@gmail.com](mailto:dendoyon@gmail.com)

**SEABROOK LADIES BIBLE STUDY**  
Every Monday • Lake House • 1:30PM-3:30PM  
For more information, please contact: Jody Garvey ([garveyjody@gmail.com](mailto:garveyjody@gmail.com)) or Patti Tully ([pattitully@gmail.com](mailto:pattitully@gmail.com))

**CHURCH OF OUR SAVIOUR**  
SUMMER SERVICE HOURS:  
Through August 28, 2016:  
8:30 am.....Traditional  
10:00 am.....Contemporary

**SEABROOK ISLAND PHOTOGRAPHY CLUB 2016 PROGRAMS**

Here is the preliminary Photography Club schedule for the coming year. Members and nonmembers are invited to the first meeting next Thursday (without charge). Please join us to see if Club membership would be helpful to your photographic endeavors.

**September 15th** - To be Determined  
**October 20th** - To be Determined  
**November 17th** - Annual Club theme assignment with constructive results, evaluation & critique  
**December 15th** - Annual Holiday Party with member photo sharing

**CHARLESTON JAZZ ORCHESTRA'S CELEBRATING LATIN JAZZ**  
Sunday, August 7, 2016 at 7:30PM  
East Beach Conference Center  
Ticket Cost: Adults \$15;  
Children age 17 and under \$10  
Tickets available by calling (843) 641-0011

The 2016-2017 Arts and Cultural Events season kickoff event will be Charleston Jazz Orchestra Celebrating Latin Jazz, a program that will set the stage on fire! Featuring special guest artists Quiana Parler and Gino Castillo along with and Charleston jazz favorites Charlton Singleton, Robert Lewis, Mark Serbank. The CJO will transform the Kiawah stage with the fiery rhythms of your favorite salsa, cha-cha, samba, and bossa nova tunes. So get ready to tap your toes and snap your fingers to an exciting Latin beat with the Charleston Jazz Orchestra's Latin Jazz Celebration. Save the drive to Charleston, and see the CJO right here on the Island a 1/3 of the regular ticket price!

**"DISCOVER THE UNIQUE BEAUTY OF SEABROOK ISLAND"**

A joint exhibit of spectacular paintings and photographs offered by Seabrook Island artists and photographers can be seen throughout the month of August at The Lake House Gallery.

The Seabrook Island Artists Guild and the Seabrook Island Photography Club are jointly presenting a unique selection of paintings and photographs that feature the spectacular beauty of Seabrook Island's pristine beaches, colorful tidal marshes and creeks, gorgeous sunsets, and abundant wildlife. Many of our talented artists and photographers who exhibit their creations in Charleston galleries are participating in this joint display.

There will be a cocktail reception at the Lake House on August 1, 5-7:00pm. All are welcome.  
For more information on the SI Artists Guild and the SI Photography Club, please visit our sites: [seabrookislandartistguild.com](http://seabrookislandartistguild.com) and [seabrookislandphotoclub.com](http://seabrookislandphotoclub.com)

**SEA ISLAND YACHT CLUB**

## Rockville Regatta 2016

**EVENT SCHEDULE:**

**Friday August 5, 2016**  
5:30pm Club opens and t-shirt sales begin  
6:30pm Shrimp Boil Dinner served (see reservation form below)  
*Music by Island Trio*

**Saturday August 6, 2016**  
10-11am Registration, SIYC Porch  
11:00am Skippers Meeting  
11:50am Warning gun for race #1, 2nd race to follow  
9-Midnight Dance, \$15 per person  
Note: ID must be presented at gate  
*Music by Shem Creek Boogie Band*

**Sunday, August 7, 2016**  
11:50am Warning gun for 3rd race  
Race followed by Trophies and Awards Presentation, SIYC Porch

**REMINDERS:**

- Hamburgers, hotdogs and beverages will be available for purchase all weekend!
- Only alcoholic beverages purchased from the club may be consumed in the Hall and porches. Saturday night from 9:00 p.m.-12:00 we will be issuing wristbands at the gate. No outside alcohol can be brought past the gate during the dance.
- Pets are NOT allowed on SIYC grounds, dock or in the Hall during any and all events.
- Parking is restricted on SIYC Rd. and will be strictly enforced.
- Separate checks / envelopes (included) are required for dinner reservations and t-shirt pre-orders. BOTH must be postmarked by July 22nd.
- NO phone reservations



**SEABROOK ISLAND**  
*Real Estate*  
Make It Uniquely Yours



**2ND ROW FROM THE BEACH!**  
3620 LOGGERHEAD CT ~ \$1,390,000



**MARSHFRONT SANCTUARY**  
3060 MARSHGATE DR ~ \$1,290,000



**5 BR, VIEW OF MARSH OVER POOL**  
3080 MARSHGATE DR ~ \$960,000



**GOLF/MARSH VIEW, SINGLE LEVEL**  
2505 SEABROOK ISLAND RD ~ \$795,000



**3 BR HOME, ONE FLOOR LIVING**  
2645 GNARLED PINE ~ \$795,000



**4 BR GOLF HOME, WALK TO BEACH**  
2736 SEABROOK ISLAND RD ~ \$749,000



**3BR/3BA, GOLF COURSE HOME**  
3023 HIDDEN OAK DR ~ \$729,000



**PRIVATE LOCATION, GOLF VIEWS**  
2970 BAYWOOD DR ~ \$699,000



**ONLY UNIT AVAIL., GOLF VIEW**  
3035 FAIRWAY ONE ~ \$585,000



**RENOVATED TOWNHSE, OCEAN VIEWS**  
736 SPINNAKER BEACHHSE. ~ \$435,000



**2 BR VILLA, SWEEPING MARSH VIEW**  
1238 CREEK WATCH ~ \$238,000



**1 BR END UNIT, TENNIS VIEW**  
1647 COURTSIDE VILLA ~ \$109,000



**PELICAN WATCH VILLAS**  
PRICED FROM \$250K TO \$788K+



**LAKEFRONT HOMESITE**  
2866 OLD DRAKE DR ~ \$228,000



**SALT MARSH ~ 4 SOLD IN 6 WEEKS!**  
NEW TOWNHOMES FROM \$499,900