

THE Seabrooker

VOL 21 • ISSUE 10 • OCTOBER, 2018

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SEABROOKER ONLINE at : www.townofseabrookisland.org

FLORENCE SPARES SEABROOK ISLAND



Looking East from the Pelican's Nest Saturday, September 15th



Same view, Sunday, September 16th

Hurricane Florence left Seabrook Island alone. For all of us monitoring the storm literally hour by hour, the majority of direction tracks had Florence making landfall in the Wilmington, NC area before moving slowly to the southwest and eventually northward as she dissipated. An outlier was the “Euro model” which forecast the possibility of a southerly move along the coast after hitting Wilmington. By Saturday however, Seabrook was

all but out of the woods as that Euro model fell in line with the other hurricane models.

Councilman John Gregg's column below, while written as information about Florence was in the initial stages, is a good reminder of our town's excellent state of readiness that make Disaster Awareness a major priority for the Mayor and his Council.



FROM TOWN HALL

JOHN GREGG

Not Much New and Something FREE

At this writing: Hurricane Florence is now Tropical Storm Florence and moving inland across southeast North Carolina; the Town is at an elevated state of emergency response readiness; and, the Governor's evacuation order remains in effect. If you heeded the recommendations of storm advisories and updates, you made reservations for evacuation, prepared your residence for potential storm impacts, packed essentials for travel to an evacuation location and evacuated before the Governor ordered evacuation of coastal communities—Well Done You! As we look forward to lifting of the evacuation order and return to Seabrook Island, it may be of interest to know more about information the Town publishes to the community.

Town officials rely on guidance built into its Comprehensive Emergency Plan and information gathered from local agencies including Charleston

County Emergency Management Department (Charleston County EMD), St. Johns Fire District (SJFD), Charleston County Sheriffs and Seabrook Island Property Owners Association. The Town stays in close communication with Berkeley Electric Cooperative and includes their projected response to anticipated storm impacts. The Town also stays in close communication with Kiawah Island town officials to assure cooperation concerning engagement of Charleston County Sheriff's Office in local patrols during evacuation. Beginning with determination that a tropical storm poses a threat to the area, Charleston County EMD takes part in statewide conference calls lead by the South Carolina Emergency Management Division and passes along information from those calls via conference calls it conducts with organizations throughout the three County area of Charleston, Dorchester and Berkeley Counties. Governments of the Counties and municipalities across those Counties are represented on those calls along with Joint Base Charleston, the Port of Charleston, law enforcement agencies and emergency response agencies. Participants report their status and pose questions regarding aspects of emergency response actions being taken and actions expected to be taken.

A primary consideration in the

Town's communications is location of our community. As a barrier island, it is expected that impacts of Atlantic storms will be more intense in our community than those felt further inland. A storm can continue to draw moisture and energy from warm water near our shore, fueling rainfall and wind velocity. So-called “storm surge”, wind driven wave flooding from the shoreline, can be exacerbated by high tides and can cause extraordinary flooding well inland from our beaches. Emergency response can be delayed when storm impacts impair travel over Johns Island roads serving our community. In addition, local SJFD equipment can be relocated away from the Seabrook Island fire station to protect against damage from extraordinary flooding. As our experience with Hurricane Matthew in 2016 and Hurricane Irma in 2017 demonstrated, wind forces of a category 1 storm can uproot mature trees and a storm surge of a tropical storm can be 4 – 6 ft deep, on top of tidal depth. Notwithstanding imprecision of storm forecasting, early assessment of storm threats affords the Town an opportunity to recommend that residents prepare to move out of harm's way.

In accordance with the Town's Plan, the Town prepares and issues “Public Information Statements” to share the information gathered. Changes of circumstances control the frequency with

which the Town issues Public Information Statements. As a storm approaches and poses a threat of damage, information from the Town emphasizes individual preparations. When the threat is imminent, information from the Town encourages residents to evacuate “early”, i.e., before evacuation is ordered by the Governor. As storm impacts occur, the emphasis shifts to reporting emergency response actions, conditions, to the extent known, within the community and conditions controlling safe return of evacuated residents. The Town's statements are distributed by multiple channels: Town “bulk email”; posting to the Town's website (townofseabrookisland.org); outgoing message on the Town's toll-free telephone service (888-314-3177); posts to the Town's FACEBOOK page (@townofseabrookisland); via SIPOA “eBlast”; and, posts to SIPOA's blog (TIDELINES). In addition, the TWEETS notice of availability of updated information through the Town's TWITTER feed (@seabrookisland87).

Perhaps you find nothing new in the foregoing. After all, the author has made mention of much of this information before. Good news: if you kept reading anyway, your reward is an Emergency Contacts refrigerator magnet—FOR FREE. Pick one up the next time you stop by Town Hall.▲

RED TAILED HAWK RELEASED ON SEABROOK

On Thursday, August 23, I received an e-mail from Laurel and Hank Greer making the Seabrooker aware that a rescued red tailed hawk had completed treatment at the Avian Medical Center in Awendaw and would be released back to its natural habitat from their property the following Tuesday at 10 in the morning.

I arrived a bit early that Tuesday morning at the Greer's beachfront home on Loggerhead Court. I introduced myself to Laurel and Hank and while we waited for Daniel Prohaska from the Avian Center to arrive, they filled me in on Avian's mission and why they have been such generous supporters over the years.

The Avian Center currently treats more than 600 injured raptors (birds of prey) and shorebirds each year releasing the majority back to their natural habitat. The causes of injuries vary widely – ranging from gunshot wounds to collisions, electric shock from power lines and toxicity.

Daniel Prohaska, the Director of Development at Avian soon arrived. To my surprise, the hawk to be released was not in a cage but in the arms of Daniel. He informed us that the bird responds to the way it is held and wouldn't attempt to fly off as long as it was in Daniel's arms.

And with that, Daniel opened his



Laurel and Hank Greer with Daniel Prohaska (holding the red tailed hawk)

Continued page 3

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THE Seabrooker

Please send correspondence to: TheSeabrooker@yahoo.com

"Communication is the beginning of understanding." The Seabrooker will report regularly on island happenings, as well as newsworthy events that affect property owners and residents. As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner.

Red Ballentine, (1924-2006) Fred Bernstein (1924-2010) Co-Founders

Editor: Michael Morris; Publisher: Bernstein Lash Marketing; Advertising & Layout: Teri B. Lash

THIS MONTH'S SEABROOKER VOLUNTEERS

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CONTACTING THE SEABROOKER

Please send correspondence and inquiries regarding editorials to TheSeabrooker@yahoo.com or call 843.408.3707

The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

FOR ADVERTISING OPPORTUNITIES, PLEASE CONTACT

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DEATH NOTICES

Death notices include basic information about the deceased: the person's name, age, occupation, date of death and place of death information. Notifications can be sent to theseabrooker@yahoo.com.



Esthr Ruth Rowland

We are saddened to report the death on August 11th, of Esthr Ruth Rowland, 58, who resided at 3068 Baywood Drive since February 2018. Prior to moving to Seabrook, she was the Chief Operating Officer at Oral Dynamics in Allentown, PA. Esthr had a strong spirit, an engaging personality and the drive and ambition to enjoy Seabrook and her new life here.



The Kiawah Seabrook Group Real Estate Sales at Bohicket Marina Village and Market | 843.768.9800 dunes properties

2410 The Haulover Seabrook Island 4 beds, 3.5 baths, 3,961 ft² | \$989,000

Enjoy cool island breezes and wonderful wildlife from the new marsh view screened porch of this quality home. From new mahogany front door, to random width heart of pine floors, vaulted ceiling, gas fireplace, handsome chef's gourmet kitchen, this upscale home offers it all. List of \$307,000 quality upgrades provided.



Listed By: Joy Millar

c. 843.425.2816 jmillar@dunesproperties.com



RESPIRE CARE CHARLESTON'S



MORE. GOOD. DAYS.™ ART GALA & SILENT AUCTION

Thursday, Oct. 25, 2018 6:00pm to 10:00pm at the Charleston Yacht Club

Cocktails | Heavy hors d'oeuvres | Silent Auction

Featuring original art from Respire Care Charleston's Social Day Program Participants

\$50 per person

Tickets are limited and subject to availability.

To purchase tickets, go to:

www.eventbrite.com/e/respire-care-charleston-2018-art-gala-tickets-492124628

Art gala proceeds benefit Respire Care Charleston, a 501(c)3 nonprofit organization dedicated to supporting those living with Alzheimer's or other forms of dementia.

For information on sponsorships, auction donations or other ways to support Respire Care Charleston, please contact info@RespireCareCharleston.org or call 843.647.7405.

MORE. GOOD. DAYS.

Seabrook Island's Fleming Tennis Tournament Around the Corner

With Florence and the summer behind us, attention on Seabrook Island now turns to the 35th annual Alan Fleming Tennis Tournament slated for October 3-7, 2018.

The Alan Fleming Tennis Tournament began as a local Seabrook Island event in the early 1980's. Since then it has grown into a premier tournament in the Southeast and nationally attracting more than 200 senior tennis players from as many as 20 states. Spectator admission is open to the public and free.

The tournament has become a key event for the Charleston region and beyond and the US Tennis Association (USTA) has awarded the tournament its highest-level status for its mixed doubles 40s, 50s and 60s events. The Championship tournament joins an elite class of tournaments in the Southeast awarding 200 points to the winners of the various divisions.

This year's charitable beneficiary is Sea Islands Blessing Basket. Once a month, The Sea Islands Blessing Basket distributes food to



Former Wimbledon Player TJ Middleton

approximately 510 residents of Johns and Wadmalaw Islands whose income is below the poverty level.

The 2018 Fleming is expected to raise more than \$40,000 which will make a major contribution to helping those facing food shortages and hunger. ▲ Dale Leibach and Patti Leibach



HALLOWEEN



HAWK - continued from page 1

arms and within a moment, the rescued hawk was off and flying against the backdrop of the ocean. I honestly believe that Laurel, Hank, Daniel and I were as exhilarated as the bird of prey as it glided majestically out of sight.

Red-Tailed Hawk (The Buteo Jamaicensis)

This is the most widespread and familiar large hawk in North America, bulky and broad-winged, designed for effortless soaring. An inhabitant of open country, it is commonly seen perched on roadside poles or sailing over fields and woods. Although adults usually can be recognized by the trademark reddish-brown tail, the rest of their plumage can be quite variable, especially west of the Mississippi. Western Red-tails can range from blackish to rufous-brown to nearly white.

Conservation status: Widespread and common. Apparently has increased in some areas since the 1960s, and numbers now stable or still



PHOTOS BY BETTIE KEYES

increasing. In several regions of North America, Red-tailed Hawks are adapting to nesting in cities. ▲



EXCHANGE CLUB NEWS

AMERICAN FLAG DISPLAYS NEED ASSISTANCE

The dinner meeting on September 5 was called to order by President Jerry Stephens. Jerry led the invocation. Jim Bannister led the Fallen Hero Tribute to U.S. Army Sergeant Major Michael B. Slack of Lake City, South Carolina. Sergeant Major Slack was assigned to the Army's 2nd Battalion, 5th Special Forces Group in Ft. Campbell, KY. He was killed in action on April 11 in Al Anbar Province, Iraq when his unit was ambushed. He was posthumously awarded the Silver Star for his heroism in combat.

Guests introduced included Dorothy Farfone, Ken Steen, Mark Durinsky and Walt Robinson. Roger Steel handed out sign-up forms for the Exchange Committee/CSO outing and urged members to sign up. Larry Blasch called for nominees for the Angel Oak Award. John Reock described a site visit to a new child abuse prevention facility in Mt. Pleasant, the Dee Norton Child Advocacy Center, which provides forensic interviews shared

among agencies, trained therapists, and medical treatment.

Bob Leggett commented that many of the American flags that are placed at key points during patriotic events are worn and need replacement. Envelopes are placed on each table and members are urged to contribute funds to replace these worn flags (see note below). Jerry Stephens called Bob to the podium and gave him a well-deserved award for outstanding service to the Exchange Club. Cliff Montgomery, a new member was introduced and briefly spoke to the membership. Ken Kavanaugh talked about the upcoming EC golf outing at Seabrook Island Club and urged members to bring a prospective member to the tournament and following dinner. In addition, the Bohicket 5K/Half Marathon is scheduled for November 17. Forty EC volunteers are needed to manage the race.

The guest speaker was James D. Caswell, M.D. was introduced by Bob Mason. He is a critical care specialist in

Charleston specializing in pulmonary disease. He is affiliated with the Roper Hospital Sleep/Wake Disorders Center. He spoke on Introduction to Sleep Disorders Medicine. He explained that sleep is complex, with four phases and that sleep is necessary for survival. He described many sleep disorders, the most common of which is polysomnography - breathing disorders. Following a spirited Q & A session, Jerry Stephens adjourned the meeting. ▲ George Reinhart

All residents of Seabrook Island and Kiawah take great pride in the display of American flags at the roundabout, entrance to Seabrook and Kiawah etc. Those non-Exchange Club members who wish to help this tradition should send donations made out to: Kiawah Seabrook Exchange Club Box PMB-J, 130 Gardeners Circle John's Island, SC 29455



Proud to be an American Kiawah - Seabrook Exchange Club



On Wine
Michael Morris - Vintage Wine

It had been 20 years since I was last in Napa and Sonoma. Although California is not my favorite source for wine, I was looking forward to tasting some new things, meeting interesting people and observing how winemaking philosophies had changed since my last visit. I did not leave disappointed.

Our itinerary included 3 or 4 winery visits a day which I at first thought too many, but hearing so many viewpoints on winemaking was well worth the longish days. Among my favorites were Bedrock Wine Co., Peirson Meyer Wines, Arnot-Roberts and Corison Winery. There was also one more fantastic surprise. This is not to say that my favorite wines were necessarily from these wineries but rather each visit was informative and gave insight into their approach and philosophies that provided context for their wines.

First up was a visit to **Bedrock**. I was looking forward to going there not only because of their wines but also for the chance to meet its owner, Morgan Twain-Peterson. Morgan worked with me for a summer right before my last trip. I had been lucky to stay with him at his father's house, famed winemaker and founder of Ravenswood Winery, Joel Peterson, when I was there last. Bedrock is founded with the unique perspective of being a second generation California winemaker. Morgan has a passion for seeking out the oldest plantings in Napa and Sonoma no matter what the varietal. He believes in California terroir and seeks out old vineyards to showcase it. His wines are not always built on well known varietals but they have depth and soul that can only come from old vines.

Peirson Meyer and **Arnot-Roberts** were interesting in that they generally do not produce wines in a style that I seek out, however, each gave fascinating explanations of their philosophies and how they produce wines to exemplify them. Robbie Meyer talked of his belief that California's best attribute was to produce pure, ripe fruit. He spoke of how he accomplishes that both in the vineyard as well as in the

winemaking process (where he uses machines that destem the fruit as well as an optical sorter to remove substandard grapes). The wines can be a little too fruit forward for me but he has his philosophy and his wines are quite successful in communicating that.

At **Arnot-Roberts**, **Duncan Arnot Meyer**, explained his philosophy of preserving freshness and acidity. While I believe these are worthy goals, I couldn't help but think back to Robbie's view that California's best attribute is producing ripe fruit. For my taste, Arnot-Roberts tries a little too hard for the former while ignoring the latter. To me, his wines try too hard to distance themselves from the Robert Parker style and end up tasting green and unripe. Two philosophies and two approaches that are well thought out and wines that accurately convey those beliefs. Even if they are not wines I necessarily seek out, it was fascinating to hear those philosophies and how they translated into the wines.

The last day of visits was remarkable. Our Charleston sommeliers had been trimmed to the diehards and we would be visiting one winemaker who's wines I have enjoyed for decades and another whom I had only met a couple of months ago. As I wrote last month, **Cathy Corison** is among the best and most well respected winemakers in Napa. She had her own winery and was producing benchmark wines well before being a "female" winemaker became the "it" thing. Cathy is obsessed with her wines and during this season when decisions on when to pick the grapes are being made on a daily basis, she was arriving by bicycle at the crack of dawn to load grapes into a Ziploc bag so she could crush them by hand and taste the juice to see if the time to pick had arrived. Since day one, she has sought to make Cabernet in a classic, age-worthy style reminiscent of Bordeaux. When others were trying to impress Robert Parker, Cathy never wavered. The resulting wines are elegant and seamless and after tasting some of her 2008 Cabernet from her Kronos vineyard, they are certainly age-worthy. They are also quite well priced for top notch Napa Cabernet.

Our last visit was to see **Scott Kirkpatrick**. I first met Scott when he came into Vintage while in Charleston try-



Kronos vineyard at the Corison Winery



Scott Kirkpatrick of Mountain Tides and yours truly



Noah Dorrance of Reeve Wines



Vertical tasting of Corison wines



Tasting at Bedrock



Grapes at Reeve Winery

Another Reason to Oppose Offshore Drilling?

I'm sure you caught it in the news, but in case you didn't, just a couple weeks ago, an 85-mile coral reef that is thousands of years old was discovered about 160 miles off the coast of Charleston.

It certainly makes you wonder what else is out there given we have crossed the Atlantic many times over the last few hundred years.

About 2.6 million American jobs and about \$180 billion in GDP depend on healthy oceans. In South Carolina, fisheries and ocean-based tourism and recreation support nearly 79,000 jobs and generate over \$7 billion in economic activity each year.

What I find interesting about the larger debate, whether one is for or against offshore drilling, is how valuable it is to listen to the invisible hand of local perspective. Central planning from Washington or Moscow never works best.

Although the people that showed up at town hall meeting after town hall meeting didn't know about these offshore reefs, their collective wisdom was spot on in suggesting protection of what we have...even if we didn't know it was there. This concept of federalism fits very much with what Adam Smith talked about in the invisible hand of capitalism in the way that it could guide market decisions.

In this case, more than 300 municipalities and 1,900 elected officials have formally opposed offshore oil and gas development.

As I've said, if local opinion and the principle of federalism matters - and I believe it does, then the overwhelming chorus of East Coast voices opposing offshore drilling should matter. Indeed, over 220 East Coast municipalities - including every single coastal municipality in South Carolina - have formally opposed offshore drilling or seismic testing...or both.▲

ing to find a distributor for his wines. I had tentatively said we might stop by, but it was day three and winery number nine. My traveling companions had never met Scott or tasted any of his wines so I was nervous I wouldn't be able to convince them to go to one more winery. When I asked, they didn't hesitate in saying yes. A relief but heartwarming as well! Scott is the Cellar Master at a custom crush facility called **Eleven Eleven**. The facility is used by wineries and consulting winemakers to make wines when they don't have facilities of their own. Scott and his team are responsible for making the wines as his clients dictate. One benefit of this is he is able to interact with many top winemakers and fruit from many of the area's top sites. Another benefit is that it gives him space to make his own wine.

Scott is originally from Lexington, Kentucky and was working in the

restaurant business while pursuing a career in music. His passion for wine called him to drop everything and move to Napa to delve into the winemaking process. He started by working as a temp at several wineries while subsisting on a college dorm room diet until he was unexpectedly offered his current position. To hear him tell the story you can see the "is this all a dream?" look in his eyes. Two years ago he was able to begin making wine under his own Mountain Tides label. He focuses on Petite Sirah which is in many ways similar to Zinfandel, both in being some of the oldest plantings in California as well as its ability to make massive, deeply fruity wines. His goal is to produce wine that both embraces those qualities of the grape while remaining balanced and terroir driven. So far he is accomplishing that with 2 different wines he makes in small quantities (75-100 cases); one from

Clement's Hills and the other from Contra Costa. He was quite gracious and the wines were delicious. I look forward to tasting his wines for years to come. (I apologize for the sales pitch but if you are interested in pursuing his wine, check out his website mountaintideswine.com). He's one of the "good guys" and makes it easy to root for his success. In even better news, upon returning, I believe I have been able to secure him a distributor for the Charleston market whose cuisine fits his style of wine well. Hopefully the process will go smoothly and we will be able to pour it at Vintage in the near future! Napa and Sonoma were amazing. 50 degree nights were a welcome relief from a Charleston summer. Met some great folks and tasted some great wines. It was one of those moments when you can't believe the experience is part of your job.▲



C.O.V.A.R. CORNER
DEBRA LEHMAN
President
Council of Villa Associations and Regimes Information

October 2018 - The following are the COVAR Quarterly Meeting Minutes completed by Cindy Brown, COVAR Secretary.

Chad Droze from the Post & Computer Center (Freshfields) spoke to 20 members of COVAR about "Scams". Chad is personally known to many of us on Seabrook but for the rest of you, he and the Post & Computer Center work on all things related to computer software and hardware.

It is hard to stop scams but there are tricks to prevent becoming a victim. The scammer has a real incentive to scam because it only takes one person to fall for the scam to provide a monetary gain. We must be on the defense to reduce this incentive.

TYPES OF SCAMS

- **Phishing** are cyber-crimes targeting individuals by phone, text or email that gets individuals to provide information. This represents the new age door to door salesmen of the past. They use tactics to access information to steal identities. The European Union recently passed the GDPR. It is a new regulation on companies to protect an owner's identity information including how that data is being used. The regulation also requires that the owner has to be able to take their identity data back. Anyone working in the European Union has to comply with the new regulation which includes many US companies.
- **Email** - our email address is increasingly an important part of our identities because we use it to log in to our data on various websites. A hacker who gains access to data that contains email addresses can gain access to many lives. Opening an email from a hacker is not dangerous - it is what you do inside an email that can be dangerous
- **Spam phishing** - this is a calculated scam in that the hacker collects information about your contacts from social media or email. They

then send email to your contacts making it more likely that someone will open the email and follow through on the request because it is from a known person.

- **Social scams** - a hacker duplicates someone's social media account and sends a friend request to existing friends. The new account uses pictures of the account owner and is populated with existing friends so it looks like the owners original account. They correspond and build up these relationships to gain trust ultimately ending with some hardship and a request for money.

Email Scams
Constant between all email scams

- Always has a sense of urgency in the message pushing the recipient to act now before contacting anyone to question authenticity
 - Has hyperlinks in the email which is the danger
 - Has attachments which, if opened, can directly put a virus into a computer like the crypto virus. It opens a "pandoras box" of viruses onto the computer which immediately encrypts all of the file leaving the owner without the key to open them. The hacker may put a price on returning the data - a form of blackmail. This is why file backup is important.
 - Contact from an unusual sender or an out of the ordinary sender or request.
 - **How to verify email authenticity**
 - Call the person or organization and find out if it was intentional and if not, this will notify them of the problem
 - Hover mouse over hyperlink which reveals the website it will go to if clicked. For example, if an email is supposedly from BOA, this is not authentic
 - Do not trust logos or color scheme because these can easily be stolen
 - Look for typos and bad grammar - indication of foreign scammer
- Phone Scams**
- Ignore unusual phone numbers identified with caller ID
 - Trust your gut and be on guard with people you do not know
 - Ignore robo-calls - hang up if you have to
 - NEVER give out personal information even if being asking for

- verification of data
- One example of a phone scam, is someone calling from a software company saying there is a problem with your computer. They say they have identified a new virus that no one else knows how to fix. Do not give them access to your computer and/or pay them to fix it.
- Calls from FBI, IRS, Police-Person pretending to be someone of importance.

Social Media Scams

- Beware if accessing an app which say it needs permission to install through Facebook
- If there is a request to copy and share a post, this can be dangerous. Never do this
- Click bates - shocking news appear in pop ups (like tabloids) that if clicked on, send you to a site loaded with viruses.

Examples of Scams

- Email from a vendor you have a relationship with that is urgently requesting you to re-register to keep your account active or update your payment method. Even though the email looks like the vendor from the logo and colors - look at the sender's email address to verify the authenticity. Look at the domain after the @ in the address. If you receive one of these emails, close the email and go directly to the vendor to determine if this is truly the situation and make any changes directly on the vendor's website or by directly calling customer service. Do not call the number in the email or click on any link in the email. Call an authentic number from vendor statements, credit cards, official communication and not just something you get from google.
- Fake antivirus pop-ups provide a number to call to fix the virus - do not call. These messages look like a very high alert and take up much of the computer screen. Close out of it with an X in corner of message, if possible. If no X is provided, close your computer entirely by holding down the computer power button. If you have an issue when the computer is restarted - call someone knowledgeable about computers to run a scan and get rid of any viruses.
- Fake login pages - always check



the URL of the site for the appropriate name and make sure it has a padlock on the URL bar. Also, the website URL should start with https: before the website name.

- Fake FBI (official looking) messages saying your computer has been used to access illegal information and therefore your computer is locked. The message tells the person to get a green dot money card at a drug store to send money to unlock the computer. These messages should be ignored. Instead, turn off the computer with the power button and get the computer scanned for viruses.

WHAT CAN YOU DO TO PREVENT BEING A SCAM VICTIM?

- Apple and Microsoft provide built in protection that is free but it is not 100% safe. Norton and McAfee use to be the gold standard of protection but no longer. Malwarebytes provides better protection and is free or pay \$30 per year to have it run automatically.
- Always install all new updates on software operating system
- Use a secure browser - Chrome, Firefox and Safari. Internet Explorer not as good as it once was.

- Check for padlock or Https on websites you access.
 - Change password for email and bank sites on a regular basis
 - Gmail is most popular email and has the best spam filter
 - Set up two email accounts - one for secure activity (banking, medical, etc.) and close friends and the other for online purchases and other non-secure activity
 - Think before you click
 - Back up your computer but know that a continuous backup hard drive can also be affected by viruses. May need to use a cloud based back up for better security.
 - APP to block scam calls
 - Nomorobo \$1.99/mon. Good reviews
 - Hiya Caller ID & Block (free and subscription)
 - ATT and T-Mobile have free APPS to block scams- they can send potential spam calls right to voicemail so legitimate calls will not be missed
- The next COVAR meeting is on Wednesday, October 10th - 4:00 pm at the Lake House in Osprey 2. The Agenda will be current COVAR initiatives.▲

MARK SANFORD
Serving South Carolina's Lowcountry

Another Reason to Oppose Offshore Drilling?

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ing to find a distributor for his wines. I had tentatively said we might stop by, but it was day three and winery number nine. My traveling companions had never met Scott or tasted any of his wines so I was nervous I wouldn't be able to convince them to go to one more winery. When I asked, they didn't hesitate in saying yes. A relief but heartwarming as well! Scott is the Cellar Master at a custom crush facility called **Eleven Eleven**. The facility is used by wineries and consulting winemakers to make wines when they don't have facilities of their own. Scott and his team are responsible for making the wines as his clients dictate. One benefit of this is he is able to interact with many top winemakers and fruit from many of the area's top sites. Another benefit is that it gives him space to make his own wine.

Scott is originally from Lexington, Kentucky and was working in the

restaurant business while pursuing a career in music. His passion for wine called him to drop everything and move to Napa to delve into the winemaking process. He started by working as a temp at several wineries while subsisting on a college dorm room diet until he was unexpectedly offered his current position. To hear him tell the story you can see the "is this all a dream?" look in his eyes. Two years ago he was able to begin making wine under his own Mountain Tides label. He focuses on Petite Sirah which is in many ways similar to Zinfandel, both in being some of the oldest plantings in California as well as its ability to make massive, deeply fruity wines. His goal is to produce wine that both embraces those qualities of the grape while remaining balanced and terroir driven. So far he is accomplishing that with 2 different wines he makes in small quantities (75-100 cases); one from

Clement's Hills and the other from Contra Costa. He was quite gracious and the wines were delicious. I look forward to tasting his wines for years to come. (I apologize for the sales pitch but if you are interested in pursuing his wine, check out his website mountaintideswine.com). He's one of the "good guys" and makes it easy to root for his success. In even better news, upon returning, I believe I have been able to secure him a distributor for the Charleston market whose cuisine fits his style of wine well. Hopefully the process will go smoothly and we will be able to pour it at Vintage in the near future! Napa and Sonoma were amazing. 50 degree nights were a welcome relief from a Charleston summer. Met some great folks and tasted some great wines. It was one of those moments when you can't believe the experience is part of your job.▲



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HEALTHY AGING

Jerry Reves, MD

BAKER'S CYST

Knee Problem - Baker's Cyst

A common problem as we age is the development of joint problems - like a hip. A lesser known but relatively common joint issue is called a "Baker's cyst" or, to be more anatomically correct, a popliteal cyst. The cyst can be felt as a soft bulge in the back of the knee.

What is this Cyst?

The cyst is actually a collection of synovial fluid in a sack that forms in the back of the knee joint. It fills a space called the popliteal fossa. (Please see figure). Synovial fluid is the normal fluid that keeps the knee joint well lubricated - like oil on an axle. Normally the fluid remains in the joint but can form in excessive amounts and then flow into the space behind the knee. The tissue that contains the fluid forms a one-way valve so that the fluid passes into the newly formed cyst, but cannot escape. Thus, the cyst grows in size over time as the fluid continues to flow into the cyst.

Why is the excess fluid formed?

Most Baker's cysts form because of some underlying problem with the knee joint itself. Some of the common causes of cyst formation are meniscus tears or injuries, osteoarthritis, rheumatoid arthritis, or any number of traumatic injuries to the knee or surrounding tendons and muscles. The body tries to help the abnormal knee joint respond to these problems by forming more fluid which in turn ultimately flows outside the joint into the newly formed cyst. Please see the figure.

Symptoms

The symptoms vary and may be related to the size of the cyst. They range from being asymptomatic, meaning there are no symptoms at all, to pain on extension and flexion of the knee. Often the only symptom is feeling the bulge at the back of the knee. Other symptoms are swelling of the knee, stiffness of the joint, or a feeling of fullness. The pain can be minimal or slight, but if the cyst has not ruptured it is not very painful.

Diagnosis

You can make a preliminary diagnosis yourself based on the symptoms and if you have a history of any of the knee problems mentioned above. What you will find generally is a soft lump in the back aspect of the affected knee. The definitive diagnosis is made by a physician who uses or orders either an ultrasound or a magnetic resonance image (MRI). Not uncommonly the diagnosis is made as an incidental finding when an MRI of the knee is done to evaluate complaints with knee function. Confirmation of the cyst can be made by needle aspiration, but this is an infrequent method.

Treatment

Baker's cysts are first treated conservatively for around two months. The treatment consists of certain physical therapy exercises, keeping the knee elevated when not walking or standing, and sometimes either heat or cold compresses. If pain is a major component of the symptoms steroids may sometimes be injected.

Surgery is usually not performed. If it is, the target is not the cyst per se, but the underlying knee pathology such as repair of the torn meniscus or debridement of bone fragments from osteoarthritis. The cyst can be excised or the synovial sac reinforced to prevent leaking, but most surgery is done to repair the initiating cause of the fluid build-up. Removal of the cyst alone often results in reformation of the cyst.

Complications

Baker's cysts are generally self-limited and free of complications. However, there are several important medical complications that require prompt attention. The cyst may burst and the contents spread around the knee and into the surrounding muscle and tissue. This is very painful and will necessitate immediate medical attention. The treatment for this is conservative meaning physical therapy and perhaps wearing a knee brace to stabilize the joint.



Another potential complication is infection. This will require antibiotics and careful medical follow-up with supportive therapy to minimize the inflammatory response and spread of the infection.

Rarely, the cysts can cause pressure on the arteries, veins, and nerves in and around the knee. If the arterial blood flow is compromised the lower leg and or foot may become cold and discolored. This requires immediate attention by a physician. Likewise if a nerve is compressed, numbness, tingling, and loss of sensation in the distribution of the nerve to the lower leg, ankle, or foot will occur. This too requires urgent medical attention. Venous occlusion can lead to lack of flow in the veins of the leg which in turn can cause the blood to clot and form a thrombus. This can be detected by ultrasound and is important because infection or embolism can result from this potentially severe complication. The calf may hurt or be swollen or warm and tender when this complication occurs. This complication requires immediate medical attention.▲

Note the balloon-like structure that forms in the back of the knee. Fluid from the knee joint flows into the cyst through the tube from the knee joint to the cyst. From: https://www.mayoclinic.org/diseases-conditions/bakers-cyst/symptoms-causes/syc-20369950

FALL ARRIVES

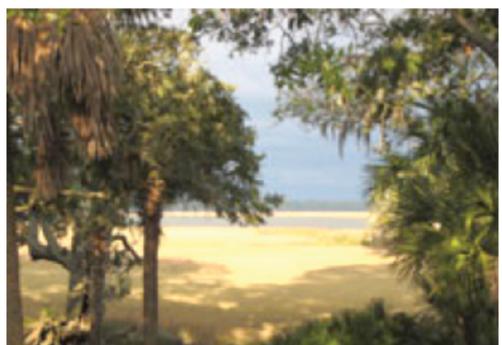
Football and hurricanes are taking center stage again; that's how you know it is fall in the Lowcountry. The Friday night lights are ablaze in every small town and the rest of the time all eyes and ears are glued to the weather channel. As I write this we are once again waiting to see where Hurricane Florence is headed.

Do I haul all those plants in containers into the garage or do I gamble and leave them in the garden? If there was a big blow they could become missiles, not a good thing.

I think I'll give it another 24 hours and then decide on toting those heavy potted plants.

A walk around the garden today showed me that the results of our cold winter and late spring are still impacting plants. The buds on my Sasanquas still seem quite small and tight, they should be full and ready to burst into flower. Typically, they bloom from mid-September through early December and some of the first flowers should already be open but there are no hints that blooming might be imminent.

The old-fashioned watermelon pink Crape Myrtle started blooming a full month later than usual and that one is still churning out hot pink flowers. The cold didn't seem to bother the salvias; they are tough, hardy plants. The various gingers were particularly pokey but I gave them a bit of fertilizer as they broke ground - I used a natural fish emul-



sion - and they have been happy ever since. Their scent fills the garden in the evening. Trees have grown and shaded some of my Curcuma gingers and they did not bloom well this year. They need to be transplanted later this fall into a brighter location.

The ill named Obedient plant, Physostegia virginiana, never blooms until late in the season and it appeared right on time this year. It has lovely pale pink flowers but it does spread, it is not obedient in that aspect at all. It is however, a great native plant for pollinators, which is so important this time of year when they are migrating and need some extra fuel. I got mine years ago from Daniel Payne at Naturescapes Nursery. You can turn the flowers on this plant and they will stay in whatever direction you pointed them, hence the name Obedient.

We have learned recently that gardening improves our mental health

and well-being. Through gardening you connect with the soil, the basis of all life, but you also connect with like-minded people and through these friends you expand your knowledge. I have been fortunate to have some fantastic gardening buddies over the years. Laura Lee, Will, Sandra, Joe, Jenny and innumerable others, here and in Columbia, have enriched my life - and my plant collections. They are all terrible enablers.

As gardens mature and change so do the circumstances of our lives. My circumstances are about to change now as my husband and I are about to move out of state. Leaving is bittersweet, the gentle flow of the tides here is unmatched as are her people. It is not easy to leave this lovely, very special place but it is time to move closer to family. We won't be too far away and surely I'll be back for a visit or two.▲

Alice Massey

Seabrook Island Veteran's Day Charitable Golf Event



The Seabrook Island Club and the Kiawah-Seabrook Exchange Club will be holding its Seventh Annual Veteran's Day charitable golf outing on Monday, November 12, 2018 to honor veterans who have served the country and raise money to support the Ralph Johnson Veteran's Hospital and Fisher House.

The event will be a captain's choice scramble format beginning with a 9:30 A.M. shotgun start. Teams will be flighted for awards based on total team handicap. There will be pizza and drinks in the club house after play is completed. **All Low Country residents are invited to participate.** Team and individual registrations are welcomed. Wounded Warriors will be participating.

The entry fee for Seabrook Island Club members is \$70 plus cart fee. For non-club members, the fee is \$120. \$50 of the entry fee will be set aside as a charitable contribution to the Ralph Johnson Veteran's Hospital and Fisher



House. You may register for the event by calling the Seabrook Island Golf Shop at 843-768-2529 or sending an email to golf@discoverseabrook.com. If you cannot play in the event but would like to make a contribution, you can send a check to Alan Armstrong,

2427 Golf Oak Park, Seabrook Island SC 29455. Checks should be made payable to the Fisher House or the Ralph H. Johnson Veteran's Hospital. If you have any questions, please call Alan Armstrong at 843-768-9252. Alan Armstrong

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Seabrook Wild Things

by Members of the Environmental Committee

NO PERFECT SOLUTION

By Lucy Hoover, Environmental Committee

One of the joys of living on Seabrook Island is the abundance of wildlife that also share our island. On the other hand, one of the frustrations of life on Seabrook can be pesky or at worse harmful wildlife. During the spring and summer members of the Environmental Committee noted an increase in the number of dead raccoons reported to Security. There is no way to determine how or why these animals died; but there is speculation they consumed rat poisoning used by homeowners to deter marsh rats.

In 2013, Seabrooker George Haskins published an article concerning the damage marsh rats can cause. The rodents can actually chew through wiring in both cars and houses. Not to mention the mess a rat family can make if they decide to move into your garage. At that time, he suggested two possible ways to deter the rats. The most environmentally sensitive method is to use peppermint spray; which he found had limited effectiveness. Or to talk to your pest control service.

I talked with Blake Fagan a Terminix technician during one of his scheduled appointments at our home. He agreed that rat poisoning available to the general public can certainly affect raccoons much less pets or children if consumed. Pest control companies can provide a rodent bait station. Their advice is to place it on a concrete pad and firmly screw the box to this surface. This would prevent a raccoon, dog or another curious animal from dragging the poison containing box away from its location. A determined animal could eventually break the box open, then consume the poison.

Another advantage of using a reputable pest control service is they routinely check attics, garages and not easily accessible spaces to look for early signs of pest invasions. If there is evidence of damage caused by small mammals such as marsh rats or squirrels on your property, the pest service can give you good advice. By law these companies are not allowed to poison



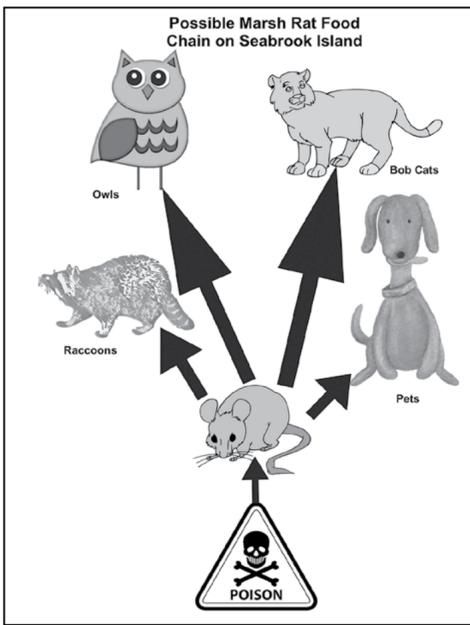
Marsh Rat

PHOTO BY BOB HIDER



Rodent Bait Station

PHOTO BY BOB HIDER



the animals causing the damage; but they can refer the homeowner to an appropriate source to trap the pests. In the Low Country these companies are very busy. It may take several days or weeks before your home can be serviced.

So, you have noticed marsh rats or other pests in your basement, garage, crawl space. Why not quickly get rid of the pests before damage is done? If life was so simple. As we all know there is a beautiful and complex food chain in all habitats. If a marsh rat eats food, it will die with the poisoning in its body. Rat poisoning is an anticoagulant; which builds up vitamin K in the mammal's blood stream that prohibits blood from coagulating. It is not an immediate death. Predators, which could be raccoons, owls or bobcats all found on Seabrook Island, can consume the poisoned rat before death and yes, the ingested poisoning, too. The rat is gone but there is the strong possibility of a secondary risk to natural predators and scavengers.

Another method to rid your home of rodents and other pests is to use an ultrasonic pest repellent. The Seabrook Island Turtle Patrol has used these devices to deter raccoons from digging

into nests and consuming the loggerhead eggs. These devices will deter animals that can hear higher pitches than the human ear. Birds would not be affected since their hearing range is similar to that of humans. OK, sounds good! Of course, there is a downside. After a while the rats, mice or raccoons in the area become accustomed to the sound and ignore it.

Before using pesticides to control nuisance animals on your property, I found this list published by *Urban Carnivores* with credit given to Dr. Laurel Serieys a South African biologist who studies urban animal habitats.

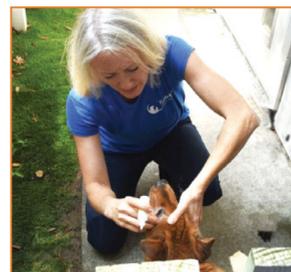
Consider before using pesticides:

1. Overall potential risk
2. Potential primary risk to birds
3. Potential primary risk to nontarget mammals
4. Potential secondary risk to avian predators and scavengers
5. Potential secondary risk to mammalian predators and scavengers

We don't want damage done to our homes and vehicles and we do not want to harm the other occupants of Seabrook Island. If you have a problem; it's probably best to leave the solution to the pros.▲

HALLIE HILL - A VERY SPECIAL PLACE

By Marcia Hider



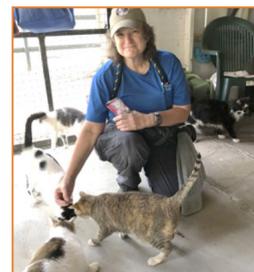
Jennifer Middleton, Executive Director, gives eye drops to Charlene. No matter what the problem, no animal is left untreated



Staff members Harold Haynes and Daisy McKenzie are both seen more often on a tractor keeping the grounds up to snuff. Harold is the son of the man who helped Helen get Hallie Hill started in the early years.



L to R: Volunteer Coordinator Dana Clark and Executive Director Jennifer Middleton with 3 active volunteers, Lynn Rosato, Michele Bayme and Leigh Wechter (holding Oreo).



Staffer Sue Winder makes it her job to keep cats and kittens healthy and happy.



Most dogs live in comfortable, individual dog houses with large yards and room to run.



There's even a spacious pond where the dogs can swim. It's truly appreciated during the dog days of summer.



Entrance to the Sanctuary



The barn houses new arrivals until they are neutered and chipped. It also serves as a quieter home for older dogs. Flossy is on her way inside.

PHOTOS BY BOB HIDER AND SUE WINDER



Even though we nurture and care for our furry friends forever, they would love to be adopted into a loving home. Here are just a few of our residents!

Helen is in her 80s. She has been an animal lover all her life.

Decades ago, she watched a small horse with a bad leg as it pulled a carriage full of tourists down her street in Charleston. She decided then and there to buy that horse and take it to her family's property in Hollywood, SC, so that it could rest and be safe. In a way, that was the first rescue of what was to become Hallie Hill Animal Sanctuary.

Soon, Helen began to accommodate more animals at her barn in the country: stray dogs and cats, unwanted pup-

pies and kittens, donations from people who could no longer care for their pets. When the barn filled, she and her helper, Harold Haynes, began to build small houses with spacious runs for the animals. Her aim was, and has always been, to enable abandoned, abused or neglected animals to live out the remainder of their lives with food, shelter, medical care and love.

Today, Hallie Hill is a 501(c)3 non-profit organization that is home to approximately 150 dogs and 50 cats. Their ages range from newborn to elderly and

they are all cared for with love and kindness, no matter what their condition. Several have diabetes, one is missing an eye, another a leg and yet another is blind. Many are feral.

The animals come from different places. Some are found wandering around, others are dropped off by owners. Hallie Hill plays a critical role in the continuum of care for many animals.

The staff works with Charleston Animal Society and Pet Helpers taking dogs that cannot be adopted due to severe medical issues, age and/or disposition

problems. New arrivals are taken to a vet where they are examined and given any treatment necessary. They are all chipped and spayed or neutered as appropriate. Once back at their new home, they are prepared for adoption where possible. Last year, Hallie Hill placed 136 cats and dogs.

Love is such an important ingredient for the care given to Hallie Hill's residents. The staff and volunteers attempt to have at least one direct contact between a person and each animal ev-

ery day at the Sanctuary. This helps to socialize the animals. Several Seabrookers are involved as volunteers: Harry Polychron, Mary Ellen Kyle and Marcia Hider. Frank and Dorothy Farfone are active members on the Hallie Hill Board and their dog, Baby, came from there.

Hallie Hill is a very special place. Visitors are welcome but call ahead for an appointment (843-889-3713). You can learn more on their wonderful website (HallieHill.com) or on Facebook (Hallie Hill Animal Sanctuary).▲

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Sea Island Habitat for Humanity is Celebrating its 40th Anniversary!

Sea Island Habitat for Humanity, the third oldest Habitat affiliate in the United States will celebrate its 40th Anniversary with its "Raise the Roof" charity auction and dinner on October 28, 2018. Since its inception in 1978, Sea Island Habitat has been dedicated to building safe and affordable homes for deserving families across Johns, James and Wadmalaw Islands.

Sea Island Habitat builds neighborhoods throughout its three island service area. It also builds on infill lots for people who own their own land. Currently, Sea Island Habitat is building its 340th home! While staying true to the commitment to building new affordable housing, it has also expanded its mission into doing home repairs for those in need.

Like any other organization, Sea Island Habitat requires consistent and sufficient funding to discharge its mission. Habitat's business model is unique. Depending upon the cost of land and associated infrastructure, each individual home can cost Habitat as much as \$140,000 to build. Habitat sells completed homes to qualified recipients at a purchase price which is equal to a percentage of the cost of construction. The terms of the sale do not require the home owner to put money down. Rather the purchaser enters into an interest free mortgage in the total amount of the purchase price, which is payable to Habitat on a monthly basis over a thirty (30) year period.



For each home sale, it takes Habitat thirty (30) years to recover all of its construction costs.

In addition to its construction costs, Habitat requires funds to finance its administrative costs and to purchase property within its service area on which to build additional affordable quality homes. As we are well aware, the cost of real estate continues to increase. It is easy to see why this business model requires a consistent and adequate cash flow.

Habitat has two operational sources of funds: the monies that homeowners pay to Habitat on their interest free mortgages on a monthly basis and the revenue Habitat makes on the sale of

goods donated to the Habitat ReStore. In addition, it receives voluntary donations from supporters, and sponsors two fund raising events: an annual golf outing and an auction which is held on a biennial basis. Habitat depends upon the successful execution of each of these sources of funds to be able to fulfill its mission.

This year's auction, "Raise the Roof," will be held at the Seabrook Island Club on October 28, 2018. The event will include both a silent and live auction and a sit-down dinner. Tickets are available at \$125 per person. Further information may be obtained from the Habitat office ((843) 768-0998). **▲ Ron Ciancio**



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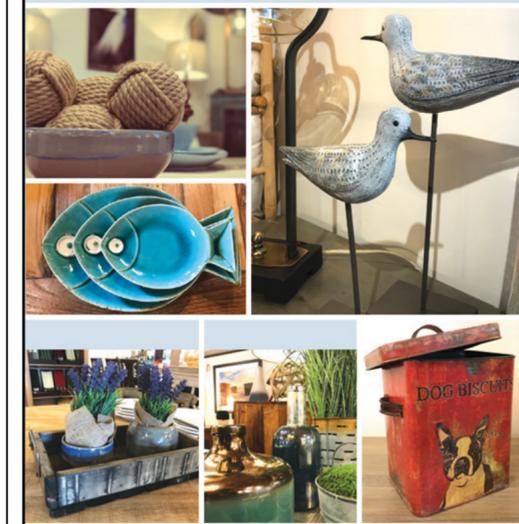
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All Seabrooker readers are cordially invited to send submissions to this paper including articles, photographs, poems etc. If you would like to contribute, our e-mail address is seabrooker@yahoo.com. You may also contact me with any questions about such at that same address.

Michael Morris, Editor



TOWN HALL MEETING Town Council Meeting August 28, 2018

After the pledge of allegiance, Mayor or Ciancio called the August 28, 2018, Town Council meeting to order at 2:30 p.m. Councilmembers Finke, Gregg and Wells, Town Clerk Allbritton and the Town Administrator Cronin attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

Minutes:

The minutes of the Town Council meeting of July 24, 2018, and the Ways & Means Committee meeting of August 21, 2018, were each unanimously approved as written.

Financials: Mayor Ciancio reported that the Town's total fund balance as of the end of July was \$4,952,962 or \$304,379 greater than the same period one year ago.

Revenue for July totaled \$72,759 and was under budget by \$64,540, mostly due to a timing issue with business license taxes levied on telecommunications and insurance companies, which is collected by the Municipal Association of SC for the Town. Year to date through July, not including money transferred from the General Fund for Special Projects, revenue was \$780,721 or almost \$90,000 more than budget and \$17,761 more than for the same period in 2017.

Expenditures for the month of July were \$69,070 and were under budget by \$48,196 primarily due to timing issues for audit expense and roadway improvement expenses. For the year to date, expenditures were \$422,646 and were under budget by \$362,949. The excess of revenue over expenditures was \$3,688 for the month of July and, not including the \$300,000 transferred from the General Fund for Special Projects, revenues have exceeded expenditures by \$358,076 for the year to date through July.

Citizens/Guests Presentations.

Comments:
• Erik Glaser from Glaser & Company, Town Auditor - The Town of Seabrook Island audited financial statements were presented to Town Council and the public at the August 28, 2018, Town Council meeting. The Auditor discussed the clean audit report, the audit process and the overall health of the Town's finances. He further discussed the nature of some of the internal control system and how it is effectively designed, even though the Town has a small operating structure and few employees.
During the presentation the Auditor discussed the overall current and past budget stewardship and conservation and the resulting accumulation of reserves in the Town's finances. The need for reserves and the ability to react, whether to natural disasters, infrastructure need or otherwise, were discussed in light of the Town's healthy financial position. It was further noted that the Town is debt free and its only significant obligation is its fractional percentage share of the SC Retirement Systems underfunded position.

Mr. Glaser added that there were no difficulties during the audit and the audit was administrated effectively without delays or difficulties.

Reports of Standing Committees, Commissions, Boards:

Public Safety - John Gregg
• **Report of Ad Hoc Committee** - Councilman Gregg reported that Town Council considered comments regarding the draft Employee Handbook at the August 21 Ways & Means

Committee meeting. Changes to the draft were forwarded to outside counsel and the revised Handbook will be provided to Town Council when available.

• **Club Long Range Planning Committee** - The Club's Long Range Planning Committee met with the Club's Board of Governors for a strategic planning session on August 28.

• **Public Safety Committee** - The Town's Public Safety Committee met on August 13, 2018. The Committee discussed how non-emergency communications from the Seabrook Island Utility Commission should be handled. The Committee reviewed a draft guide that would address emergency preparedness for residential propane systems that will be published to the community. The Committee also began consideration of plans to be developed to improve preparedness for response to an earthquake event.

• **Request for Public Assistance** - The Town received payment of \$33,018.06 as the Federal share of approved costs for Emergency Protective Measures as a result of Hurricane Irma. Of that amount, \$23,817.56 is for costs incurred by the Seabrook Island Utility Commission (SIUC) for rental of generators and by-pass pumps and will be forwarded by the Town to SIUC.

Public Relations/Communications - Skip Crane - Absent

Special Projects/Beach Administration - John Wells

• **Seabrook Island Road Improvements Update** - Councilman Wells reported that Triad Construction will have equipment on site on Wednesday, August 29. Trees along the Parkway will have to be trimmed for clearance and one lane of traffic could be blocked in a limited area.

• **Dolphin Education Program** - Councilman Wells stated that the Dolphin Education Program will continue through December but he will have a statistical report at the September Ways & Means Committee meeting.

Community and Government Relations: Jeri Finke

Councilwoman Finke remarked that she continues to attend the Council of Governments monthly meetings but nothing pertaining to Johns Island, Seabrook Island or Kiawah Island is discussed.

Ways & Means - No Report

Planning Commission - No Report

Board of Zoning Appeals - No Report

Reports of Ad Hoc Committee: No Report

Reports of Town Officers:

Mayor - Ron Ciancio
• 1126 Ocean Forest Drive - Mayor Ciancio reminded Council that construction of the residence at 1126 Ocean Forest Drive had begun around 2006 and, due to financial difficulties the owner/contractor had never completed the structure and it had fallen into a state of disrepair and had significant mold issues. Last year, after the property had been in the foreclosure process for about eight years, the mortgage holder finally foreclosed on the property and Council declared the property to be a nuisance and served written notice of its intent to demolish the structure.

Mr. Matney, who had purchased the property, approached the Town asking for the opportunity to refurbish the residence. Council agreed to delay demolition provided Mr. Matney enter into an agreement with a specific deadline, September 14, 2018, to complete his proposed renovations and he would be required to post a Letter of Credit in the amount of \$300,000, subsequently reduced to \$200,000, to ensure timely completion of the renovation. Mr. Matney has asked for an extension of the September 14th date and the contractor,

Osprey Construction, has been asked to appear before Council to explain what work has been done to date, what work remains to be done and why the extension is required.

Doug James, Owner and President of Osprey Construction, explained that mandated mold remediation had been completed promptly but the design and evaluation process took longer than anticipated and he had obtained estimates and placed orders during the waiting period. When the report was received, the required work was more than anticipated. Mr. James handed out a list of materials/labor, which had either been purchased or obligated, amounting to \$771,389. Structural work was started in July and will be completed the week of August 27th. Immediately following, the interior and mechanical finishes will begin. Mr. James stated that he thinks the remaining work should take about 4 to 6 months and is asking for a 6-month extension.

Carl Simmons, Charleston County Building Services, stated that four permits had been issued for the residence and that bringing the structure up to current building code had been a monumental task and reconstruction was moving along as expected.

Mayor Ciancio stated that the agreement with Mr. Matney and the Letter of Credit would have to be modified if Council agreed to the 6-month extension and asked Mr. Matney if he would agree to pay for the additional paperwork that would have to be required. Mr. Matney agreed. Councilman Gregg moved to extend the construction deadline for 1126 Ocean Forest Drive from September 14 to March 14, 2019. Councilman Wells seconded the motion and the vote to approve was unanimous.

• **Seabrook Island Road Master Plan (ESP Associates)** - Mayor Ciancio reported that the Town Administrator has obtained a proposal from ESP Associates, Inc. to develop a Conceptual Entry Master Plan to Seabrook Island. The proposal from ESP will develop alternatives for Council to consider if, and when, the current parcels on either side of Seabrook Island Road between the gate and the circle are developed.

The proposal is divided as follows:

- **Planning Services** - Preliminary Site Analysis with a budget of \$5,000
- **Planning Services** - Conceptual Entry Master Plan with a budget of \$8,250
- **Planning and Landscape Architecture Services** - Attendance at additional Coordination Meetings/Additional Site Visits with a budget of \$4,000
- **Reimbursable Expenses** with a budget of \$600

The total of these services is \$17,850. Any additional services for the above items not included in the proposal will be done at their current hourly rates or a separately negotiated fee. Any additional services requested by the Town such as landscape plan, hardscape plan, cost estimates, bidding and negotiation assistance, etc. will be determined on a lump sum, fixed fee price.

Councilman Gregg made a motion to accept the ESP Associates, Inc. proposal as presented. Councilman Wells seconded the motion and the vote to approve was unanimous.

Town Administrator -

• **Request to Approve an Agreement with Bear Cloud Software** - Town Administrator Cronin reported that the Town had been looking into purchasing the Discovery Module of the STR Helper system. This Module would enable the Town to have a full roster of short term rentals within the Seabrook Island boundaries. The system would run regular reports that would sweep all listing sites and update the registry. A screenshot of all listings would be available so that the Town could check to make sure the business license numbers of licensed rental units are included in the listing. Information such as the parcel and local address of each property, the contact information and address of each property owner and information about the number of bedrooms/bathrooms,

etc. would be available. Not only would the information be useful in getting all rental properties licensed, but the Module would be beneficial if the Town or Property Owners Association were to pass regulations regarding rentals such as the number of people allowed for a rental, number of cars allowed for the property, etc. The cost of the Module is \$2,500 per year and it is possible the Property Owners Association would be willing to share the cost as a remote user.

Councilman Gregg made a motion for the Town to enter into an agreement with Bear Cloud Software to purchase the Discovery Module of their STR Helper system at a cost of \$2,500 per year. Councilman Wells seconded the motion and the vote to approve was unanimous.

• **Kiawah Senior Living Project Update** - The Town Administrator reported that the Planning Commission, at their August meeting, had tabled the vote on the encroachment permit requested for the Kiawah Senior Living Project. The Planning Commission hired the Reveer Group and G. Robert George & Associates to do an independent review of the project. As a result of the Reveer group's recommendations, the Kiawah Senior Living Project representatives have revised their study and drawings. The Planning Commission hopes to have copies of the revised study and drawings in advance of its scheduled September 12 meeting.

• **Town Hall Renovation Update** - Town Administrator Cronin reported that renovations on the Council Chambers has been substantially completed except for installation of the recording system. Winscoting has been installed in the conference room and the room has been painted. New furniture for that room should be delivered in a few days. The Town Administrator's office has been painted and he is getting a proposal for painting and repairs in other areas of the interior of the town hall.

• **Comprehensive Plan Update** - The Town is nearing completion of the public input part of the process to update the Town's Comprehensive Plan. The community survey is currently on the website and has gone out on social media and Tidelines and over 250 responses to the survey have been received so far. Work will begin on the first two elements of the Plan at the Planning Commission meeting on September 12, 2018.

• **Beach Patrol Update** - Town Administrator Cronin reported that the beach patrol season was drawing to a close and will conclude after Labor Day. Visitors to the island continue to have more than twice as many leash law violations as residents and glass on the beach continues to be a problem.

Town Council Members - See Above

Utility Commission - Chairman Bannwart reported that July was a good month as far as water consumption due to the time of year and number of visitors on Seabrook Island. Financials were in the red mostly due to one-time expenditures. The Utility Commission has applied for a grant from FEMA for backup generators and FEMA has asked for further information. Chairman Bannwart also reported that the Commission is about to start 2019 budget discussions.

Petitions Received, Referred or Disposed of: None

Ordinances for First Reading:

• **Ordinance 2018-06**, An Ordinance amending the Zoning Map of the Town of Seabrook Island so as to change the zoning designation for Charleston County Tax Map Number 147-02-00-020, containing approximately 0.54 +/- acres located at 2460 Seabrook Island Road, on the SR Single-Family Residential District to the AGC Agricultural-Conservation District - Mayor Ciancio explained that this property had been donated to or purchased by the Green Space Conservancy and decided to the Seabrook Island Property Owners Association (POA). The POA has now applied

to change the zoning to Agricultural-Conservation District. The Planning Commission has reviewed the rezoning request and has recommended approval of the rezoning. Councilman Gregg moved to accept Ordinance 2018-06, to rezone 2460 Seabrook Island Road from the Single-Family District to the Agricultural-Conservation District, on first reading. Councilman Wells seconded the motion and the vote to approve was unanimous. Councilmember Finke recused herself from the vote since she is currently an officer for the Green Space Conservancy.

• **Ordinance 2018-07**, An Ordinance amending the Town Code for the Town of Seabrook Island, South Carolina; Chapter 32, Waterways and Beaches; Article II, Beachfront Management; Division II, Restrictions; Section 32-44, Domestic Animals/Pets; so as to define the terms "on lead" and "on a lead" - The Mayor explained that the terms "on lead" and "on a lead" were not defined in the Town's current ordinance; and, after much discussion, it was decided that a lead would be considered a physical restraint of no more than sixteen feet in length. Domestic animals/pets are to be considered off lead if they are under voice control or an electronic collar. A motion was made and seconded to accept Ordinance 2018-07 on first reading, but Councilman Wells made a motion to amend the ordinance and add the word "Household" before Domestic Animals/Pets. Councilman Gregg seconded the amended motion and the vote to approve was unanimous.

• **Ordinance 2018-08**, An Ordinance amending the Town Code for the Town of Seabrook Island, South Carolina; Chapter 32, Waterways and Beaches; Article II, Beachfront Management; Division II, Restrictions; so as to add a new section, to be called Section 32-57, Fishing on the Beach - Mayor Ciancio explained that this ordinance will authorize code enforcement officers to ask persons engaged in fishing from the beach to cease fishing or either move to a different location if the officer feels that it is in the interest of public safety. Councilman Gregg moved to accept Ordinance 2018-08 as presented for first reading. Councilman Wells seconded the motion and the vote to approve was unanimous.

• **Ordinance 2018-09**, An Ordinance amending the Development Standards Ordinance of the Town of Seabrook Island, South Carolina; Article 10, Buffers, Landscaping and Tree Protection; Section 10.60, Specifications for Walls, Fences and Hedges; so as to amend the general requirements for retaining walls and fences - Town Administrator Cronin explained that the Town's Development Standards Ordinance (DSO) currently requires walls and fences to be constructed of the following: "stucco, cypress, pressure-treated wood or similar materials." Despite these restrictions, several walls and fences have been permitted using other materials, such as architectural concrete masonry unit retaining walls and powder coated aluminum fences. The SIPOA Architectural Review Committee currently allows materials that are not permitted under the Town's DSO and the Town Administrator is recommending that the DSO be amended to eliminate this conflict. Ordinance 2018-09 will allow other types of materials and specify additional requirements regarding height, location and drainage impact for walls and fences. Councilman Gregg made a motion to accept Ordinance 2018-09 on first reading. Councilman Wells seconded the motion and the vote to approve was unanimous.

• **Ordinance 2018-09**, An Ordinance amending the Development Standards Ordinance of the Town of Seabrook Island, South Carolina; Article 10, Buffers, Landscaping and Tree Protection; Section 10.60, Specifications for Walls, Fences and Hedges; so as to amend the general requirements for retaining walls and fences - Town Administrator Cronin explained that the Town's Development Standards Ordinance (DSO) currently requires walls and fences to be constructed of the following: "stucco, cypress, pressure-treated wood or similar materials." Despite these restrictions, several walls and fences have been permitted using other materials, such as architectural concrete masonry unit retaining walls and powder coated aluminum fences. The SIPOA Architectural Review Committee currently allows materials that are not permitted under the Town's DSO and the Town Administrator is recommending that the DSO be amended to eliminate this conflict. Ordinance 2018-09 will allow other types of materials and specify additional requirements regarding height, location and drainage impact for walls and fences. Councilman Gregg made a motion to accept Ordinance 2018-09 on first reading. Councilman Wells seconded the motion and the vote to approve was unanimous.

Town Council Members - See Above

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After Council had answered questions and heard comments from residents attending the meeting, the meeting was adjourned at 4:20 p.m. **▲**



THE SIP

Administrative News from the Seabrook



PRESIDENT'S LETTER

Julie McCulloch
President, SIPOA
Board of Directors

I'd like to use my President's letter this month to give special recognition and thanks to the unsung heroes of the SIPOA staff and our contractor security team who went above-and-beyond in preparing our island for a potential visit from Hurricane Florence.

While property owners began clearing garages and decks or stocking up supplies, our staff jumped into "hurricane protocol" actions to minimize the potential impact from a storm. Almost immediately, daily meetings and conference calls were held with the Town and Club to coordinate communication efforts and evacuation plans.

The maintenance team started lowering water levels in the lakes and lagoons to accommodate additional rainfall. Sail shades at the Lake House were removed and stored. 3-phase power equipment at the Lake House was turned off to protect from power surges. Sandbags were installed at the Gatehouse and computer equipment relocated to prevent potential water damage. Barricades were put up in the barcade lane to route all traffic to the inside lane.

Pool furniture was put away. Calls were made to landscaping contractors and debris removal companies so Seabrook Island would be first on a response list. Extra dumpsters were brought in for people who were emptying refrigerators and other debris. Portable pump station generators were moved into position, fueled and

tested. Extra yard debris bags were purchased for property owner use after the storm.

Pre-storm communications ramped up with daily noon SIPOA e-blasts. In addition, SIPOA supplemented the Town's efforts by sending out their updates via our e-blasts. Tidelines editors (who are all volunteer property owners!) regularly sent out information on hurricane preparedness tips, important phone numbers and helpful websites. Our staff contacted property management companies to ensure they were communicating with island visitors.

Our new security contractor, Norred & Associates, rose to the challenge as well. Officers volunteered for round-the-clock duty to secure the gate and patrol the island, sleeping on cots at the Lake House. A special shout-out to Officers Antonio Middleton, Dontan Matthews, Demario Ford and Sean Lopez for their great efforts! Norred's site security manager, Mike Whitlow, spent very long hours on the island as well and was in frequent contact with SIPOA and the Charleston County Sheriff's office. Norred & Associates

also stationed 12 officers from other locations in an Augusta hotel, ready to deploy. Their helicopter was on standby to bring the officers to the island, along with additional supplies if needed.

Once preparations were complete, everyone moved into "waiting mode", while continuing with communications and daily telephone briefings with the Town regarding the storm's forecast and plans for return/recovery. And when the Florence passed, they were on the island almost immediately to begin damage assessments and provide "eyes-on-the-ground" information.

Blessedly, Florence chose to miss our beautiful island. But thanks to the efforts of these unsung heroes, we were as ready as we could be. Unfortunately, our 13 SIPOA employees have had way too much experience with hurricane preparations over the last few years. Like everyone, it's a stressful time for them as they work to secure their families and property. Yet they do this while making it their mission to keep us all safe as well. We owe them, and our friends at Norred & Associates, a huge debt of gratitude!▲



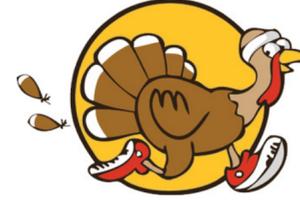
Thank you for your help in maintaining the cleanliness and quality of The Lake House Fitness Center by following the rules below:

- Wipe down equipment after each use.
- Return weights to the racks provided. Do not drop or throw weights.
- Children 15 and under MUST be under the direct supervision (within arm's reach) of an adult.
- Closed-toe athletic shoes are required.
- Shirts must be worn at all times. Swimsuits are not acceptable attire in the fitness center.

OAPAGES

Island Property Owners Association

LAKE HOUSE SPOTLIGHT



Thanksgiving Fitness Events

Thanksgiving is right around the corner and The Lake House is gearing up for its Annual Thanksgiving Turkey Trot and Sprint Triathlon Relay.

Join us at The Lake House on Thanksgiving morning for Seabrook Island's Annual Turkey Trot!

This (just over a) 5K race will start promptly at 8:00am from the Lake House and will take you through the front half of the Island. Event shirts are limited; availability and size are not guaranteed after Monday, November 5th.

Thursday, November 22nd • 8:00 AM
Cost: \$20.00

Registration forms are available at the front desk of The Lake House.

Remember, there is no better way for Seabrookers and their guests to start Thanksgiving Day!!

8th Annual Sprint Triathlon Relay Swim. Bike. Run.

Before the tailgating begins and the games start... why not have some fitness fun!

Join us at The Lake House on Saturday, November 24th for Seabrook Island's 8th Annual Sprint Triathlon Relay.

Saturday, November 24th • 8:00 AM
Cost: \$50.00 per team

It's a triathlon with a team twist! Instead of an individual tackling all three events, we would like to put a Seabrook spin and share the fun among a team of three.

Teams are comprised of one swimmer, one biker, and one runner that will work together to complete all 3 legs of the event.

Registration forms are available at the front desk of The Lake House. Please note, this event will be capped, so sign up early to ensure your team is a part of our 8th Annual Sprint Triathlon Relay!

For more information about the Turkey Trot or the Sprint Triathlon Relay, please contact Jamie Mogus Mixson at jmogus@sipoa.org.

OCTOBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00am Social Bridge 11:00am Strk Sitchers 1:30pm Dup Bridge 1:30pm Ladies Bible Study 3:30pm Seabrook Smashers	2 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens	3 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers 7:00pm Digging Into Roots Together Workshop	4 12:30pm Art Open Paint 1:00pm Mahjongg 7:00pm SI Healthcare Professionals Meeting	5 9:30am Dup Bridge 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers	6 11:00am Seabrook Smashers	
7	8 9:00am Social Bridge 11:00am Strk Sitchers 1:30pm Dup Bridge 1:30pm Ladies Bible Study 3:30pm Seabrook Smashers	9 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 7:00pm Apple User Club	10 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 3:30pm Seabrook Smashers	11 12:30pm Art Open Paint 1:00pm Mahjongg 3:00pm Tech Forum 7:00pm SHHG Evening Presentation	12 9:30am Dup Bridge 9:30am Garden Club 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers	13 11:00am Seabrook Smashers
14	15 9:00am Social Bridge 11:00am Strk Sitchers 1:00pm SIPOA Board Meeting 1:30pm Ladies Bible Study 1:30pm Dup Bridge 3:30pm Seabrook Smashers	16 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 2:00pm Art Guild Meeting 4:00pm Men's Book Club 7:00pm Cain Club	17 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers 7:00pm Digging Into Roots Together Workshop	18 12:30pm Art Open Paint 1:00pm Mahjongg 6:00pm Photography Club	19 9:30am Dup Bridge 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers 5:00pm Newcomers Mixer	20 11:00am Seabrook Smashers
21	22 9:00am Social Bridge 11:00am Strk Sitchers 1:30pm Dup Bridge 1:30pm Ladies Bible Study 3:30pm Seabrook Smashers	23 9:00am Ikebana 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens	24 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers 1:30pm Digging Into Roots Together 7:00pm Grief Support Group	25 12:30pm Art Open Paint 1:00pm Mahjongg	26 9:30am Dup Bridge 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers	27 11:00am Seabrook Smashers
28	29 9:00am Social Bridge 11:00am Strk Sitchers 1:30pm Dup Bridge 1:30pm Ladies Bible Study 3:30pm Seabrook Smashers	30 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens	31 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers			
8:00am Splashers 8:30am Gentle Yoga 9:15am Cardio Mix 10:15am Pure Stretch 10:45am Total Body Toning	8:00am Water Aerobics 8:45am Cardio Interval 10:00am Core Fusion 11:00am Get Pumped 4:00pm Deep Water Aerobics 6:00pm Evening RideSBI	8:00am Splashers 8:15am Core & More 9:15am HITT to be FIT 10:15am Strength & Flexibility Express 11:00am Total Body Toning 4:00pm Gentle & Restorative Yoga	8:00am Water Aerobics 9:00am Flow Yoga 11:00am Get Pumped 3:00pm Pilates Core 360 4:00pm Deep Water Aerobics	8:00am Water Aerobics 8:15am Core & More 9:15am Strength & Conditioning 10:15am Strength & Flexibility Express 11:00am Get Pumped	8:30am RideSBI 11:30am Zumba Gold 50/50	

PUMP IRON

Win the Battle of Age-Related Muscle Loss

One of the most frequently asked questions that I hear from people in their 60's, 70's, and 80's is: Can I still build muscle at my age? My answer is always a resounding yes.

Age related muscle loss is a reality of life

According to the Mayo Clinic, it is very common to lose muscle mass as we age. We begin losing muscle around the age of 25, but it is much more noticeable after age 65. As we lose muscle mass, our metabolism decreases, our bodies get weaker and it is more difficult to maintain balance. Left unchecked, this can lead to frailty, falls, weight gain, and a host of other issues.

There is a cure for age related muscle loss

Without question exercise, specifically strength training (also known as weight lifting or resistance training), is the most powerful intervention to prevent muscle loss; And the good news is that exercise can help at any age. Recent studies compared people in their 70's with people in their 20's. Both groups engaged in the same regimen: a strengthening exercise program with weight lifting for 12 weeks. The level of strength gain in both groups was similar, despite their age difference.

Keys to keeping your muscle mass up as you age

Although all of us will have some degree of muscle loss over time, how much muscle is lost and how fast it happens depends on how well we take care of our bodies. Here are keys to reversing age related muscle loss and building new muscle:

- Engage in strength training exercises 2-3 times per week. The exercises should include 2-3 sets of 8-12 repetitions for each major muscle group.
- Choose a weight that is heavy enough to fatigue your muscles in 8-12 repetitions. As exercise becomes easier, you can progressively increase the amount of resistance. Research has found that the greater the intensity of weight lifting programs, the more dramatic the outcomes.
- Wait 24-48 hours between sessions to allow your muscles to recover.
- Aim to change your program every four to six weeks to prevent the plateau that comes when your body adapts to stress.
- Combine strength training with flexibility, balance and aerobic exercise to increase the benefit to your muscles even more.

• Eat your protein. It is the most valuable food for repairing and building muscle fibers. Good bets are chicken, fish, soy, cottage cheese, beans and nuts like pistachios, walnuts and almonds.

Loss of muscle is a process that comes with aging, but you have the power to control it. Regularly making time to exercise is well worth it. You will see long-term gains not only in strength and muscle mass, but also in your flexibility, balance, overall fitness and — particularly important — in your quality of life.▲



April Goyer is an orthopedic training specialist, health coach and personal trainer at the Lake House on Seabrook Island, SC. She provides a complimentary consultation to help you gain a fresh perspective on everything you have at your health and fitness disposal. For more information or to schedule an appointment, please contact April Goyer at 614-893-8519 or april@aprilgoyer.com.



REMINDER

The speed limit on Seabrook Island is 25 MPH OR BELOW, as posted. Speed limit at the gate and by the Island House is 15 mph. Please observe all signage, and drive safely, especially as the Summer months bring increased visitor and bicycle/pedestrian traffic.



SEABROOK ISLAND HOUSE CONCERTS

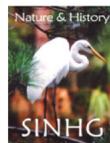
Chamber Music returns to Seabrook Island
Tickets are \$50 each and advance purchase is required -
Please call: (843) 763-4941

TUESDAY, OCTOBER 16, 2018 AT 7PM
The Calcagno Residence, 2871 Hidden Oak Drive
TELEMANN Canonic Sonata No. 2 in D Major
BACH Italian Concerto BWV 971 for Wind Quintet
MOZART Serenade No. 11 for Winds in E-flat Major K. 375

WEDNESDAY, NOVEMBER 14, 2018 AT 7PM
The Van de Graaf Residence, 2390 Cat Tail Pond Road
HANDEL Trio Sonata in F Major for Flute, Viola and Harp
SAINT-SAËNS Fantaisie for Violin and Harp, Op. 124
REGER Serenade for Flute, Violin and Viola
DEL AGUILA "Submerged" for Flute, Viola and Harp

TUESDAY, FEBRUARY 5, 2019 AT 7PM
The Conyers Residence, 2415 Cat Tail Pond Road
HÄNDEL Sonata for Flute, Violin and Piano in G minor, Op.2 No.2, HWV 387
MOZART Violin Sonata No. 23 in D Major, K. 306
FRANÇAIX "Musique de Cour" for Flute, Violin and Piano

WEDNESDAY, APRIL 10, 2019 AT 7PM
The Wildermann Residence, 3138 Privateer Creek Road
THE EAGLES Hotel California
MCCARTNEY Live and Let Die
LED ZEPPELIN Kashmir
BEETHOVEN String Quartet No. 3 in D Major, Op. 18



SINHG EVENING PROGRAM EXPLORES JOHN'S ISLAND HISTORY



The sometimes tumultuous history of John's Island will be the focus of October's SINHG Evening Program on **Thursday evening, October 11th, at 7:30 at the Lake House.** Popular historian Doug Bostick, who has led a number of SINHG Trips exploring the island's Revolutionary and Civil War history, will outline the island's key role as an agricultural and military crossroads for hundreds of years, pinpointing many of the sites on the island

where both conflict and cooperation have swept through the landscape. Doug Bostick received his Master's degree from the University of South Carolina and is the author of twenty-six books of history as well as a frequent leader of SINHG Trips focusing on barrier island and Charleston history. He served as the editor for a series of books commemorating the sesquicentennial of the Civil War, while his book on the landmark Morris Island Lighthouse in

Charleston Harbor was named Book of The Year by the Foundation For Coast Guard History. He currently serves as Executive Director of the South Carolina Battleground Preservation Trust. SINHG Evening Programs are open to all Seabrook Island residents and their guests. There is a \$5 donation for non-SINHG members. For more information about the Seabrook Island Natural History Group, visit sinhg.org.

Enjoy the Ride!

A First Class Transportation Service Serving the People of Seabrook & Kiawah Islands

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CHAMBER MUSIC CHARLESTON
presenting exceptional chamber music in Charleston, SC since 2006

Join Chamber Music Charleston and the Governor Thomas Bennett House in celebrating the connection between music, art and healing

Enjoy an afternoon stroll through the gardens, sipping wine, nibbling on tastes of the South, viewing the works of local artists, and ending with an outdoor concert by Chamber Music Charleston.

This special event benefits Chamber Music Charleston's educational programs and Roper St. Francis Healthcare's Art of Healing program. Artists have generously offered to donate 20% of sales to the fundraiser, so please consider taking advantage of this opportunity to support local art, music and healing.

Checks and credit cards will be accepted.

Sunday, October 14th • 2 to 4pm

The Governor Thomas Bennett House
69 Barre Street, Charleston, SC

rain or shine - complimentary parking

Tickets: \$70 per person

Chamber Music Charleston
PO Box 80072 • Charleston, SC 29416
(843) 763-4941

\$20 tax-deductible

The Golf Club at Briar's Creek to Host the 3rd Annual Robert and Janice McNair Invitational to Fund Educational Scholarships



THIS YEAR'S EVENT IS ANTICIPATED TO EXCEED THE \$450,000 RAISED LAST YEAR

The Golf Club at Briar's Creek is hosting the 3rd Annual Robert and Janice McNair Invitational to benefit the educational pursuits of their employees and to fund scholarships for local promising students to attend Charleston Collegiate School. 35 benefactors are currently slated to participate at \$5,000 each. Mr. and

Mrs. McNair intend to match every dollar raised. With Mr. and Mrs. McNair's match, the tournament is anticipated to raise almost half a million dollars, which will fund over 30 Briar's Creek employees' educational courses and degrees and supports 15 student scholarships at Charleston Collegiate School. ▲

What: Philanthropic Golf Invitational Tournament - 4 Person Scramble format
When: October 10th, Breakfast at 7:30 AM, Shotgun start at 9 AM, Awards Luncheon Presentation at 1:30 PM
Where: The Golf Club at Briar's Creek, 4000 Briar's Creek Lane, Johns Island, SC 29455
Why: The Golf Club at Briar's Creek owners and members are committed to philanthropy and have chosen to partner with Charleston Collegiate School to support local students' education. This year's event will fund over 30 Briar's Creek employees' educational courses and degrees and supports 15 student scholarships at Charleston Collegiate School - last year's tournament raised \$450,000.
For more information contact:
Missie Parker - Briar's Creek
843-725-6902 - missie@briarscreek.com
Bonnie Scapellato - Charleston Collegiate School
843-559-5506 x 227 - bonnie@charlestoncollegiate.org

World Affairs Council of Charleston
A Member of the World Affairs Councils of America

FIRST REGULAR MEETING

Vladimir Putin: How Russia's Leader Sees Himself, His Country, and Ours

Citadel Alumni Center • Monday, October 1st • 5:15pm
Guest Speaker - Wayne Merry
Senior Fellow at the American Foreign Policy Council



War in Georgia. Civil war in Ukraine. Annexation of Crimea. Pushing the envelope in the Baltics. Military intervention in Syria. Cyber-hacking in the U.S. And more. Over the past few years all tied to Vladimir Putin's Russia, now back on the world stage (and the front page) confronting U.S. policy and institutions.

Who is Putin? What motivates him? Our opening meeting for the WACC's 2017 - 2018 season will analyze and address this key global personality and political figure.

Few are as well qualified to discuss the man and his country as Wayne Merry, Senior Fellow for Europe and Eurasia at the American Foreign Policy Council in Washington.

He is a leading expert on Russia, widely published and a frequent speaker on President Putin, having spent 26 years in the State Department as a Foreign Service Officer specializing in Soviet and post-Soviet issues. This included six years at the U.S. Embassy in Moscow where he was in charge of political analysis during the breakup of the Soviet Union and post-Soviet years. He served in Washington in the Treasury, State and Defense Department. At the Pentagon he was Regional Director for Russia, the Ukraine and Eurasia. He also served at U.S. Marine Corps headquarters and on Capitol Hill.

He is a former program director for the Atlantic Council of the United States. ▲

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ISLAND NOTICES

INDOOR PICKLEBALL



St. Christopher's Camp Fridays
12:30-2:30
If interested, please contact
Mary Torello at
mary.torello@yahoo.com



SEABROOK STITCHERS

Lake House
Mondays 11AM-1PM
For more information,
contact Denise Doyon
dendoyon@gmail.com



SEABROOK ISLAND RUNNING GROUP

Calling all runners!
There is a running group forming on Seabrook Island. The goal is to get runners of all levels together for running and socializing.

- Group Run • Saturdays at 8:00AM**
- We will meet in front of the Lake House.
- Any distance/level welcome.
- As the days get longer, we will schedule evening runs.
- For more information on all future events, runs, and socials, please join our SI Running Group Facebook page. For questions, please call or text Isabel at 912-399-1793.



MONDAY MORNING BRIDGE

Welcomes New Members!
Please join us for Monday Morning Bridge. You do not need to bring a partner. For more information or to register, please contact Ilse Calcagno at 843-768-0317.



2018 SYMPHONY TOUR OF HOMES ON KIAWAH ISLAND
Saturday, November 3 • 10am - 4pm

Event Information: 843-628-9146
Ticket Information: 843-813-3617

Free concert by the Charleston Symphony at the East Beach Conference Center, Kiawah Island at 5PM, courtesy of the Town of Kiawah Island Arts and Cultural Events Fund (see notice below)

Advance tour tickets will be available through Nov. 2: \$45 online (now), at Indigo Books in Freshfields Village or the Kiawah Island Municipal Center on Betsy Kerrison Parkway or mail a check (\$45 per ticket) to Barbara Chapman
500 Mayfield St., Summerville, SC 29485
Day-of-event tickets at Freshfields Village check-in: \$50

Every year, the Charleston Symphony Orchestra League, Inc. showcases some of the most stunning and exclusive island homes in the Lowcountry. This year's tour of homes on Kiawah Island will be no exception. Saturday, November 3, from 10AM - 4PM, guests are invited to tour the lovely island homes, enhanced by live music and refreshments. In addition, the event will include a selection of exclusive curated shopping opportunities in one of the homes in our Pop-Up Shop. Guests may also enjoy a free 5 pm concert, open to all, by the Charleston Symphony. The concert will be conducted by Charleston Symphony music director Ken Lam in the East Beach Conference Center, Kiawah Island, courtesy of the Town of Kiawah Island Arts and Cultural Events Fund.

Symphony Tour of Island Homes Event Schedule:

- 9:30AM: Check-in and tour starts on the Green at Freshfields Village (in front of Java Java)
- 10AM - 4PM: Homes and Pop-Up Shop are open to guests, who tour at their leisure
- 5PM: Performance in the East Beach Conference Center by the Charleston Symphony courtesy of the Town of Kiawah Island Arts and Cultural Events Fund

Proceeds from the tour will be used to support the Charleston Symphony and to provide scholarships for student and professional musicians throughout the Lowcountry.



CHARLESTON SYMPHONY ORCHESTRA FOLLOWING THE TOUR OF HOMES

Saturday, November 3, 2018 • East Beach Conf. Center • Kiawah Island
5PM • No Tickets Required

Filling the stage with 60 exceptional musicians playing gorgeous symphonic music from Mozart, Schumann, Beethoven and more, the Charleston Symphony Orchestra conducted by maestro, Ken Lam, will perform a full masterworks style concert on Saturday, November 3 at 5:00 p.m. at East Beach Conference Center. This is your chance to hear the Charleston Symphony Orchestra free of charge. The program will include beautiful compositions from a variety of classical artists. The CSO known as "A World Class Orchestra for a World Class City" normally performs at the new Gaillard Center in downtown Charleston playing at least 20 concerts there each year. Sponsored by the Town of Kiawah Arts & Cultural Events Council, this Symphony performance is complimentary with no tickets required.

This concert follows the 21st Annual Symphony Tour of Homes on Kiawah and Seabrook Islands, a Charleston Symphony Orchestra League fundraiser. Tickets are required for the Symphony Tour of Homes and can be purchased in advance at Indigo Books (Freshfields Village) or online at www.csolinc.org. Tickets will also be available for purchase on Freshfields Village Green the day of the tour.

CHARLESTON SYMPHONY "SWANKY SOUTHERN SOIRÉE DINNER

Saturday, October 6 • Country Club of Charleston • 6:30PM

Join us as we enjoy cocktails, a southern-inspired dinner, exclusive shopping opportunities and dancing to live music. A limited and exclusive auction of select items of interest will cap this very special evening.

The CSOL is in its 54th year supporting the Charleston Symphony through financial contributions, music education programs and audience development. In addition to being the largest institutional donor to the orchestra, the League awards \$33,000 in music scholarships to talented youths, aged 10 to 18, from the tri-county area as well as members of the Charleston Symphony. These scholarships enable the young musicians, as well as our professional orchestra members, to expand their musical talents and experiences.

Seating is limited! Individual reservations are \$225 each (\$55 tax deductible), or become a member of the Host Committee for \$400 (\$230 tax deductible). Host Committee members are invited to a special cocktail reception before the event and receive priority seating at dinner.

Free valet parking is included for all guests.

For more information and to make reservations, visit www.csolinc.org



DAVID HOLD PRESENTS FESTIVAL OF MOUNTAIN MUSIC

Sunday, October 21 • East Beach Conference Center
Kiawah Island • 4-6:30PM • Ticket Release 10/5
Come out and enjoy the music!

PURE THEATRE: A DOLL'S HOUSE, PART 2

Sunday, October 14 • Turtle Point Clubhouse
Kiawah Island • 4PM • Ticket Release 9/28

The New York Times, Los Angeles Times, W Magazine and Time Out New York all call A Doll's House, Part 2 "the best play of the Broadway season."

Written by Tony Award nominee Lucas Hnath and directed by Tony Award winner Sam Gold, A Doll's House, Part 2 explores, in uproarious fashion, the emotional chaos that results when Nora Helmer returns to the home from which she exited fifteen years earlier.



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