### "Serving the People of Seabrook Island, South Carolina"



Happy Kayakers -page 3



**Birders**- page 8



Bitcoin - page 12



Song Dogs - page 13





VOL 27 • ISSUE 5 • MAY 2024

## STRATEGIC PLAN LEADS THE WAY TO A SUCCESSFUL 2024

FROM THE CLUB Lynn Lillibridge President

2023 was an exciting year for the Seabrook Island Club (SIC) and 2024 is shaping up to be the same way. Our mission continues to strive to enhance the experience of Members, guests of Members and Rental guests and do it in a consistent manner. As many of you know the Club, in 2023, undertook the task of creating a Strategic Plan. With guidance from Global Golf Advisors, our members, (through surveys and focus groups) management and employees we delivered the final product at the 2024 Annual Member Meeting in February. The focus of the plan was "bringing balance to what Member's value with the cost to providing those services and amenities".

Through great membership participation in the Strategic Plan three action items rose to the top of the list: • Preserve our Beach

- Increased collaboration with SIPOA and the Town of Seabrook (TOSI)
- Identify and implement a technology solution that benefits Members and creates efficiencies in operating the Club

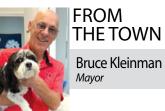
First, our beach. As we all can see, our beaches have experienced Mother Nature's wrath especially in the last several months. Coastal Sciences and Engineering (CSE), who has partnered with Seabrook Island for the past 40 years, is working di-rectly with SIC, SIPOA and TOSI to help protect and preserve our beach. CSE presented a history of Seabrook Island's beach and discussed some of the options we have to make sure the beach continues to exist as we know it today. Seabrook Island's three governing bodies agree that our beautiful shores are this island's greatest asset. We commit to work together to protect our beach and the wildlife that call our sands home. CSE has been invited to present to SIC Members at the upcoming Open Member Meeting in May to help Members learn more about ways to protect this important asset. Secondly, collaboration with SIPOA and TOSI. In the 2023 Strategic Survey results, 63% of the respondents felt that SIC should actively collaborate with both SIPOA and TOSI. And that is exactly what the SIC Board intends to do. Since January 2024 the leaders of all three entities have met several times to talk about important issues that affect the population of Seabrook Island. In fact, Dave Brown, President of SIPOA, and Bruce Kleinman, Mayor of TOSI joined the 2024 SIC Board of Governors Retreat in March to discuss their strategies for 2024 and talk about synergies that could exist between all three organizations. Continued collaboration between the three entities, their leadership and committee members will be a priority in 2024.

Third, technology. SIC is a different community than it was before the pandemic. We know it sounds like a broken record but .... our population has increased over the last four years with an additional 462 memberships, our demographic is younger and expectations for improved services and amenities have grown exponentially. However, our investment in technology has not kept up. Wouldn't it be nice to only receive the emails that are relevant to you? How about having access to a website that was more intuitive and would allow you with one click to make a reservation at Pelican's Nest or the Palmetto Room? Tom Johnson, a Member of SIC and Board Member of SIPOA worked for PricewaterhouseCoopers providing technology expertise to companies like McDonalds, has been actively exploring technologies that are specifically designed for clubs like SIC. The goal is to have Club wide design solution in place by the end of 2024.

Finally, some of the questions that the Club needs to answer: Are our current physical amenities meeting the needs, and providing value, to all our current members and future members to come? Do our physical amenity facilities meet this growing island's needs and desires? Logically, before we can answer these questions, we need to take a thorough inventory of what currently exists, and how these amenities could continue to benefit us in the years to come. The Club needs to understand the full scope of the land we own, our amenities that are close to or at maximum capacity and how our assets can work for us going forward. Creating a Master Plan will help us answer these questions and lay out a blueprint for any potential future development. This exercise is prudent before the Club considers asking membership's financial participation in the building of any new amenity.

The Board of Governors (BOG) of SIC are actively incorporating the direction from our Strategic Plan into all SIC Committees goals/action steps. The goal is to make sure the BOG and Club Committees use

# NO SILOS ON SEABROOK



Silos. The Town of Seabrook Island, the Seabrook Island Club and the Seabrook Island Property Owners Association often seem to operate in silos. I know: each entity has its own mission, its own needs and its own constituency. The Town Council is committed to finding a new way, a collaborative way to work with Club and SIPOA leadership, and this is set forth in the recently adopted Strategic Priorities of the Town. Likewise, the boards of both the Club and SIPOA have declared that collaboration among the governing entities is a priority for 2024.

Silo, according to the Merriam Webster Dictionary, is defined as "an isolated grouping, department, etc., that functions apart from others especially in a way seen as hindering communication and cooperation." One management expert wrote that silos are only broken down if leaders have and convey a stronger sense of belonging to a bigger whole. The Town Council and the boards of the Club and SIPOA believe that our respective organizations do belong to a bigger whole: Seabrook Island.

In the accompanying piece in this issue of The Seabrooker, Club President, Lynn Lillibridge wrote that increased collaboration was a top priority in the Club's Strategic Plan. Our shared vision represents a sea change in the culture of leadership on Seabrook Island.

When organizations work in silos, problem solving often takes a back seat to laying blame. In a climate in which there is a shortage of communication, a weakness of personal relationships between usually exists also. The leadersh of the three Seabrook Island entities seek to change this climate; that was a primary objective for the recent "get to know you" event held by the Club for the leaders of the three entities. We are going to create and continue to evolve in an environment where the leadership of the three entities regularly interact and problem solve together.

How are we doing this and how do we expect to evolve? Talk is cheap, right? Well, already we have taken several large steps on our collaboration agendas. Lynn and I have already written about the regular meetings that Lynn, Dave and I have had and that Dave and I addressed the Club board at their retreat. In addition to those cooperative endeavors, representatives of the leadership of the three entities are already serving on committees of the other entities. For example, Lynn served on the TOSI Special Committee on ARPA Expenditures, and SIPOA and Club representatives are expected to participate in the Town's Environment and Wildlife Committee's effort to create the Town's first ever Marsh Management Plan. Looking ahead, the three entities are working together on a joint Master Plan for the Island. The idea was originally a Club initiative, and the Town and SIPOA were invited to participate. After the writing of this column, but by the time this issue reaches you, representatives of the Club's Long Range Planning Committee will have attended a Town Council meeting to deliver a presentation for the Master Plan and, hopefully, the Council will have voted to participate. A commitment to embark on a Master Plan together would mark a decided change in our culture and would constitute a significant commitment for how our Island embarks into the future.

We may need to have three separate entities on Seabrook Island, but we should not lose sight of the fact that many of us are part of each entity. As I said last month, we can all be stronger together.▲

Seabrook Island Real Estate Welcomes





ONLINE at : www.townofseabrookisland.org opportunities highlighted in the Strategic Plan to continue to elevate the experience everyone has here on Seabrook Island.  $\blacktriangle$ 



## New General Manager & Broker in Charge, BEN SCHUYLER



Seabrook Island Real Estate is excited to announce the appointment of Ben Schuyler as the new General Manager and Broker in Charge, adding a dynamic leader with over twenty years of experience to our established team of accomplished Sales Executives. Ben's arrival signifies a new chapter in the legacy of Seabrook Island Real Estate, promising a future guided by innovation and excellence.

Born and raised in Columbus, Ohio, Ben's professional journey to Seabrook Island feels like destiny fulfilled. Educated at Columbus Academy and Granville High School, he pursued his passion for business, earning a Bachelor of Business Administration in Finance & Management from Ohio University. In his formative years, he laid the groundwork for his strategic nature and problem-solving skills, defining his professional career.

continued page 2



### TheSeabrooker@yahoo.com

"Communication is the beginning of understanding." The Seabrooker will report regularly on Island happenings, as well as newsworthy events that affect property owners and residents. As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner Co-Ecupdars: Pad Ballanting (1024-2006) Ered Barnstain (1024-2010) Co-Ecupdars

Editor	Publisher		Advertising & Layout
Michael Morris	Bernstein Lash Marketing		Teri B. Lash
THIS MONTH'S S	EABRO	OKER VOLUNTEERS	(ARTICLES & PHOTOS)
Marlissa Bannister		Faye Jensen	Steve Penkhus MD
Rich Boss		Bruce Kleinman	Thad Peterson
CHS Today		Bob Leggett	Jerry Reves MD
Andrea Daley		Lynn Lillibridge	Gina Sanders
Herb Frazier		Andrew Nelson	Paul Tillman

CONTACTING THE SEABROOKER Please send correspondence and inquiries regarding editorials to Mike Morris • TheSeabrooker@yahoo.com • 843.408.3707 The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

FOR ADVERTISING OPPORTUNITIES, PLEASE CONTACT Teri B. Lash/Publisher • 843.747.7767 • TLash@BernsteinLash.con



PAGE 2

Death notices include basic information about the deceased: the person's name, age, occupation, date of death and place of death information. Notifications can be sent to: theseabrooker@yahoo.com



Doug Hurd Doug Hurd died peacefully on

March 23, 2024 surrounded by Lee, his wife of 68 years, and daughters Jane and Betsey. (Jane, who lives in England, was present via zoom.) Doug was 93.

Doug and Lee bought their Seabrook home in the spring of 1989 and moved in the following year. Prior to arriving, they met with representatives of the future club buyout and together with many others contributed to the equity buyout that is referred to as "On Board in April 1991". Although never more than social members,

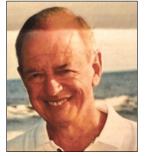
lieved that "as the Club goes, so goes Seabrook". Although Doug received many accolades in his career with the Department of Defense, he was most proud of his work with the scholarship program of the Kiawah-Seabrook Exchange Club. He was recognized by them at their 25th anniversary with an award

Doug loved the Club and firmly be-

for Outstanding Service. Biking around the island daily, walking on the beach with Lee and Cooper (first of three basset hounds) and swimming laps at the Oyster Catcher pool filled his days. For years, each day, he would sigh and say "I just love it here!"

Doug and Lee together created the 'Seabrook Lakes Yacht Club", meeting twice yearly on what has become known as Hurd Point. SLYC celebrates its 30th anniversary this spring

He was a true gentleman in every sense of the word. Contributions in his memory may be made to St. John's Episcopal Church, 3673 Maybank Ave, Johns Island. 29455. 🔺



**Arthur Edward** Jones,II

With gratitude for the gift of his life we announce the pssing of Arthur Edward Jones, II, on March 30, 2024. To have loved Art was to be blessed with incredible wisdom and insight from a man who deeply listened, deeply cared, and was dedicated to empowering others.

Born on October 1, 1942, in Wheeling, WV, Arthur was the only son of the late Mary Betty and Arthur Jones. Art followed his parents into education after graduating from Marshall University. In 1969 he met Sally, and it was love at first sight. Soon after marrying, they started their great life adventure, moving to Chicago to pursue his doctorate with dreams of a bigger life and family.

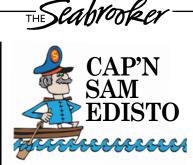
Dr. Jones became the youngest superintendent of schools in Illinois history when at 29 he started with the Forest Park Public School District. For 20 years. Art brought his transformative leadership to three large Chicago school districts, winning numerous accolades before taking early retirement to return home and help run Forest

Park National Bank. There he was instumental in securing the Main Street Development grant and forming partnerships with area businesses to transform the downtown and brighten the community. In Forest Park, Art found his truest friends. He mentored many younger people into public service. He was a strong advocate for his community and was beloved by many.

Art's passion was people and expecially children. In 1991, he was part of the founding board of the Children's Place Assocation, which at the time was the first home for children with AIDS in the Chicago area. Over the 1 years that he was involved there, he engaged numerous business leaders who valued his integrity and commitment, so much so, that in 1999 when a large donation was being made to build the Early Childhood Center, the stipulation in giving was that it was named after Art. Now, 30 years later, the Arthur E. Jones Early Childhood Center at the Childrens Place continues to serve many children and families facing health issues and extreme poverty in Chicago.

Art is survived by his wife, Sarah (Sally) Jones; daughter Kathleen Donovan (Mark); son, Christopher Jones; grandchildren: Luke Donovan, Maeve Donovan, and Alexandra Jones. He also will be missed by countless friends and colleagues who have expressed the incredible impact he had on their lives.

Memorial contributions may be made to the Arthur E. Jones Early Childhood Care and Learning Center: www.childrens-place.org/arthur-ejones/ .



#### Dear Cap'n Sam,,

It's time to welcome spring/ summer on the island as our winter hibernation ends. Best of all, Mother Nature is blessing us with warmer temperatures and sunny rays to help us get into the "thankfulness mood." To start, we want to give a big shout out of appreciation to our Town of Seabrook staff who are helping our Short-Term Rental Owners with licensing for the 2024-2025 "rental season." Continued recognition also goes to The Special STR committee which is still pondering how best to provide guidance to visitors and owners for safe, healthy and best rental practices. And, we are grateful to owners and residents who extend open arms as Seabrook Ambassadors to our visitors while they generously provide their financial support to this glorious paradise we tenderly safeguard.

A special hat-tip is well deserved by our SI permanent, voting residents and the Short-Term Rental Owners who are joining together on social media to explore whether Short-Term Rental CAPs are necessary. It's been a pleasure to see and hear from so many who are willing to share openly and participate in frank conversations. All are able to join in rigorous anal-ysis of the 2024 SI Club and Town data have confirmed Folly Beach owners are struggling to sell of Seabrook statistics. The jury is in and it is agreed. Data from early 2024 is confirming a continued decline in overall rental guest visits and usage of our amenities.

An attaboy must also go out to over 480 SI owners who have signed the "NO STR CAPS Petition" which is still open to all. (See it at: Change.org/Seabrook\_STRs) Their efforts to reach out and engage with our SI neighbors has increased independent and critical thinking dispelling baseless phobias fueled by misunderstandings and compromised opinions. A consensus among residents and outof-state owners is now focused on support for enforcement through minimal TOSI regulation if applied to owners and guests equitably. They believe this is the wiser longterm decision because it allows TOSI STR ordinances to be tested, amended and improved, as needed. Prudent petition participants overwhelmingly welcome "reliable and consistent enforce**ment**" rather than indiscriminate STR CAPS.

Here's a quick update on STR is sues in Folly Beach. Recall shortterm rental license caps were imposed on February 7, 2023, reducing the number of allowable licenses from 1,100 to 800. SI owners have waited patiently for the unvarnished facts regarding the impact of the Folly Beach CAPs ordinance. Redfin and Statista



12 Months After Short-Term Rental License CAPS started

# Edward Jones Demo the kitchen. Go tour the

dream college. We can help you get to those moments that matter. Katherine C Morosani, ChFC®, CEPA®

Financial Advisor 10 Crispin Ct Ste 101 Asheville, NC 28803-8206 838-793-4310

#### BEN SCHUYLER - Continued from page 1

MKT-5894N-A

land is deeply personal and long-stand- for several organizations, including ing. As a property owner on the island years ago, he grew up with a Seabrook Island backdrop alongside many cherished memories. This deep-rooted affinity for the island's tranquil beauty and vibrant community life has come full circle with his appointment at Seabrook Island Real Estate, symbolizing a homecoming and a new chapter n his professional career.

Throughout his career, Ben has demonstrated exemplary leadership and strategic foresight. His ability to drive significant growth and operational excellence was proven by his tenure at Berkshire Hathaway HomeServices Carolina Sun Real Estate. His ability to lead, mentor, and drive initiatives has been pivotal in his roles, shaping a career marked by meaningful impact and enduring relationships. Ben and personal passion for Seabrook Is-

the South Carolina Association of Realtors and the Charleston Trident Association of Realtors, and he is the incoming President of the Charleston Multiple Listing Service.

Family and community lie at the core of Ben's values. Alongside his wife Michelle, a Charleston native, and their three children, Ben embodies the essence of familial support and community engagement. Their shared experiences, from exploring Shem Creek to embarking on family travels, underscore Ben's belief in the power of unity and shared moments.

Ben's vision for Seabrook Island Real Estate is one of transformative growth and enhanced living experiences for residents and guests alike. Leveraging his professional expertise

Ben's connection to Seabrook Is- | has served on the Board of Directors | land, he aims to lead with innovation, empathy, and a strategic approach to community development. Under his stewardship, Seabrook Island Real Estate is poised to uphold its legacy of excellence, offering a lifestyle unparalleled in its beauty, luxury, and community spirit.

edwardjones.com

It is with great pleasure that we welcome Ben Schuyler to Seabrook Island Real Estate. The appointment of an individual of Ben's caliber signifies not only the arrival of a capable leader but also a member of the Seabrook Island family whose life's journey beautifully intertwines with the very essence of our community. As Ben assumes his role at Seabrook Island Real Estate, we eagerly anticipate the dawn of a new era characterized by growth, innovation, and unparalleled commitment to excellence.  $\blacktriangle$ 

their homes. The decline in the "number of home sales" for Folly Beach is a staggering - 46% or 52 fewer homes sold after CAPS from 113 sold the previous year. This decline is 2-1/2 times worse than the -19% US national softness, potentially explained by the rise in mortgage interest rates. Folly Beach declines are approximately 3 times worse than Seabrook Island, Kiawah and Isle of Palms which ranged from -13% to -19% respectively, in line with the overall US. The implication for all Seabrook Island property owners is clear - STR rental license CAPS will affect and severely impact the ability to sell one's home and property. Finally, please join us in a heart-

felt round of applause for our SIPOA Club and amenity staff who toil tirelessly behind the scenes. We thank them in advance for getting the pools, restaurants, golf courses, tennis and pickleball courts, equestrian center, gym and our gorgeous common areas ready for Summer 2024! ▲

Respectfully submitted by Andy Malinofsky, Teresa Grace, Harriet Scott, Johanna Young, Kaylee and Leif Lundberg, Monica and Matt Conklin Robin and Chuck Coira, Mary and Hank Cardello

Members of The Seabrook Island **Owners** Coalition

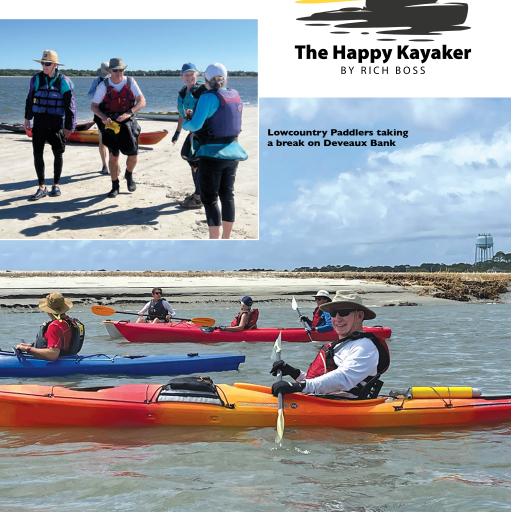




MAY 2024

THE Seabrooker

## **"First Aid Essentials: Snickers Bars**"



Tim Trask, Jim Dwyer, Susan Osteen, Beth Kinsella, and Rob Kinsella on Cap'n Sams Inlet I recently joined some Lowcoun-

try Paddler friends to kayak from Seabrook's boardwalk 9 to Deveaux Bank, Botany Island, and Ocella Creek. As we had our pre-trip safety talk on the beach, I noticed that one of our group had a Snickers bar in his life jacket mesh pocket. As I went through our safety gear checklist (vhf radio, extra paddle, float plan, etc) I announced that I had a first aid kit. One of the more experienced trip leaders noted they had an even bigger first aid kit ("it must have the extra Snickers Bars" I commented). When my son Goerge, who is a class 5 whitewater kayaker, paddles he always carries an

this is a joke, no? A Snickers bar can save your life. Spend 15 minutes in 50 degree water and a Snickers Bar just may give you the energy and mood boost to prevent hypothermia, which can be deadly. So dress appropriately for immersion in water and consider packing a Snickers Bar before your next adventure trip. The worst that can happen is that you wait till the end of the trip and reward yourself with a Snickers bar for your efforts. Pro Tip - keep a box of them in the freezer and grab it right before you go, then it may be a few hours before it starts melting. Here are some days I plan to go sea "emergency Snickers Bar." You think kayaking, but if anyone wants to try another day just let me know and we will try to make it work.

• Thursday May 16 at 2:00 PM • Wednesday May 22 at 3:00 PM • Wednesday May 29 at 2:00 PM

A Show and Go sea kayak group is a friendly informal meet up to go kayaking. All trips are subject to change or cancellation based on conditions. If you would like to join any of the above Show and Go trips, please find my phone number in the Exchange Club directory, and contact me a few days before the trip. The day before I will send a group text confirming details and participants.

Happy Kayaking!▲



Large Mouth Bass caught and released on Seabrook during girls weekend - Bri, Julia, Kayla and Marissa.



Seabrook's climate offers certain fish species year-round but there are lso many seasonal species that visit the waters depending on the season. Captain Chris Keen will advise you on what to target in accordance with the time of year, weather, and tides. Come catch some fish, have some laughs, and enjoy all that the Low Country has to offer on the water. Chris Keen was just voted one of the top 10 International Anglers. He is a Charter fisherman out of Bohicket Marina. He is one of many great things out of that Marina.

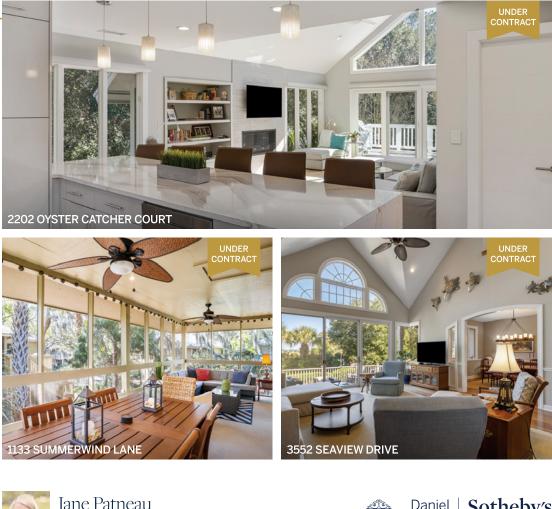
# We don't just list your home, we sell it.

### **3 HOMES UNDER CONTRACT IN 3 DAYS**

Just like our South Carolina summer weather the real estate market on Seabrook Island is heating up. Marjorie Stephenson and Jane Patneau's personalized representation, magnified by the global reach of Sotheby's International Realty, results in a seamless client experience. Recently placing three Seabrook Island properties under contract in three days, Marjorie and Jane don't just get your home on the market- they get it the attention it deserves.



Marjorie Stephenson 343.834.1773 | marjorie@danielravenelsir.com





Jane Patneau Broker Associate 770.337.3538 | jane@danielravenelsir.com



THE Seabrooker

**REPRINT - CHARLESTON CITY PAPER** by Herb Frazier

# Basketmaker sews other cultures into sweetgrass tradition

East Cooper sweetgrass basketmaker Nakia Wigfall recently completed a unique rice fanner basket that blends West African and Lowcountry artistry.

The fanner is among four dozen coiled baskets that basketmakers in Rogbonko, Sierra Leone, started in 2019 during Wigfall's visit to the village. Wigfall recently finished them at her home in the Six Mile community north of Mount Pleasant.

Wigfall's nimble fingers have crafted thousands of baskets that have generated praise for her skills passed down from her mother, Ethel "Catherine' Wigfall, who once operated the family's now closed basket stand along U.S. 17.

The baskets that the Africans touched, however, evoked a new level of pride that "is not about a unique design or how beautiful it looks," Wigfall told the Charleston City Paper. "It's more about creating pieces with my Sierra Leonean family in the land where I should have grown up.'

On Friday, April 12, Wigfall crossed another cultural boundary when she sang and sewed baskets with artisans in Red Bays on Andros Island, Bahamas. They are the descendants of Florida's Black Seminoles who migrated to the island in the early 1800s.

Wigfall's seven-day Bahamas journey was likely the first time a Lowcountry basketmaker had followed the strands of the coiled basket tradition from West Africa's former rice coast through the Lowcountry to Florida and then to the Caribbean.

She took a few dozen baskets to the Bahamas that she and West African artisans partially completed so the Bahamian basketmakers could finish them. "My dream is to do this with every basketmaker where they grew rice in West Africa," Wigfall said. "I want the people and the material to produce authentic baskets from those areas."

#### The basket tradition

West Africans brought the basket tradition to coastal South Carolina during the trans-Atlantic slave trade. Some of their descendants later fled to Spanish Florida where they joined with the Seminoles in the Florida wilderness before



Nakia Wigfall, a Mount Pleasant sweetgrass basket artisan, finished a rice fanner basket that a basket-maker started in Sierra Leone. Wigfall will travel April 12 to the Bahamas to collaborate with basketmakers to create baskets with a blend of three cultures, West African, Lowcountry South Carolina and Caribbean. Credit: Herb Frazie

some of them went to the Bahamas and other Caribbean Islands after the American Revolution

A desire to collaborate with West African basketmakers came to Wigfall during a 2016 trip to Senegal. To make her dream a reality, she has partnered with Sierra Leonean-born Amadu Massally, a retired Dallas accountant.

Massally is the founder of the community organization Fambul Tik, which means family tree. The group connects Sierra Leoneans with Gullah Geechee people, who are descendants of enslaved West Africans.

Massally organized Wigall's trip in 2019 to the basket-making community in Rogbonko (pronounced RoBONko) where mostly women sew coiled baskets called "shuku blai or shukublay." Her journey featured in a film, supported by S.C. Humanities, Gullah Roots: | How to go to Africa on a Roots Tour, released in October 2020.

Wigfall's travels, Massally said, is a celebration of the "material culture" that came to America from West Africa during the slave trade and continues in both cultures.

#### The Bahamas connection

In the Bahamas, Wigfall and Massally connected with Red Bays basketmakers through Dr. Grace Turner, chief archaeologist and research officer at the Bahamas Antiquities, Monuments and Museum Corporation in Nassau.

The Red Bays baskets, traditionally called "straw bag," are coiled like the Carolina baskets, Turner said. The more tourist-popular baskets in Nassau, however, feature flat strips of palm fronds, which are plaited together to form the basket, she explained. Turner said she plans to invite a basketmaker in Nassau to join Wigfall at Red Bays.

The Bahamas, a former British colony, exported baskets beginning in the early 1700s, Turner said. "Originally, they were utilitarian items we used in the households and around the plantations," she said. Baskets in the Bahamas and the Lowcountry have since become decorative art that's mostly sold as souvenirs to tourists.

Turner said Wigfall saw how Red Bays basketmakers "construct their baskets with the ultimate objective" of producing baskets that have materials from throughout the African diaspora.

#### A threatened tradition

A multicultural basket is "a unique

idea that Nakia has been talking about for years and now she's making that dream come true," said McClellanville resident Dale Rosengarten, co-author of Grass Roots: African Origins of an American Art. Nevertheless, Rosengarten said, in

MAY 2024

the midst of Wigfall's accomplishments the basket tradition is at a crossroads due to commercial development that has changed how baskets are sold and diminished the source of sweetgrass. Generations of basketmakers once

sold their wares at wooden road-side stands along U.S. Highway 17 in the Mount Pleasant area. But many of those stands are now skeletons along a wider highway

"Along that six-lane highway, people are going too fast, and they don't have enough lead time to figure out" how to stop safely at a basket stand, Rosegarten said. "A few basketmakers have circumvented that problem" by placing stands near their homes where there is a driveway or placing stands in shopping areas, she said

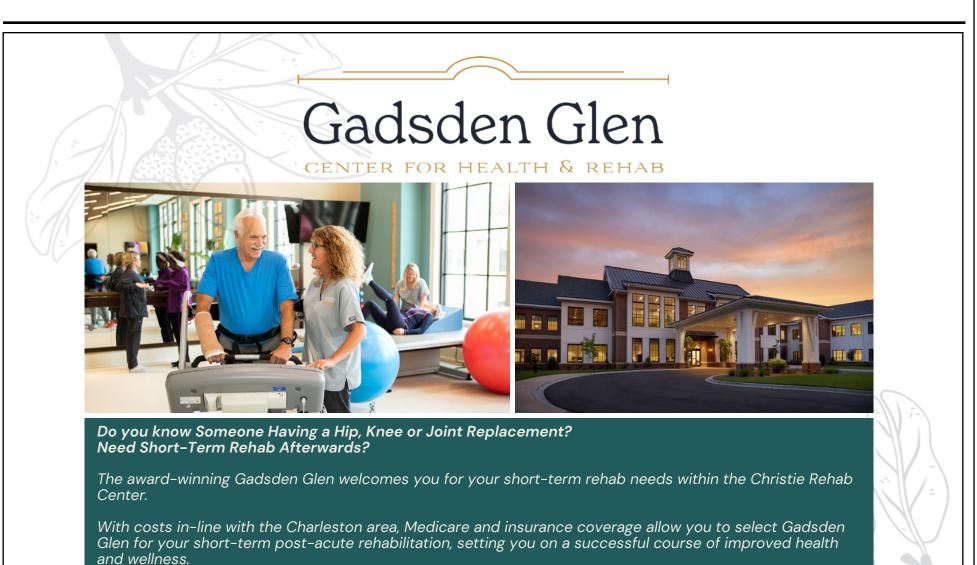
Sweetgrass also is becoming "slim to none," Wagfall said. "The town of Mount Pleasant allows us to use some of the sweetgrass that has been planted in different areas," she said. "However, this grass is ornamental and it is not as strong as the natural sweetgrass, and it is difficult to harvest."

These and other pressures have inflated the price of the baskets. "Just like [the price of] everything else it is going up. Basketmakers are artists," she said. Just like a painting can sell for thousands of dollars, [a basket] should cost more than it does now."

Basket admirers don't understand, she said, "how we get from the grass to the finished baskets." Wigfall said she has harvested grass only to discover that a poisonous snake was inches from her heels in places where alligators lurk.

"It is a dangerous situation," she said. "We are really starting to market the basket the way it should have been marketed.

Massally said attention to the international link among basketmakers can bring a renewed interest in the basket culture.



Located on James Island, within the Bishop Gadsden Episcopal Retirement Community. For more information - 843.406.6251, www.bishopgadsden.org





region in 2022. uador, and Lecce, Italy.





emery@akersellis.com 843.408.3143

nick@akersellis.com

954.591.5741



THE Seabrooker

## Travel writer recommends this stop in the 843.



It takes I to 2 hours to experience the International African American Museum. | Photo by Greg Noire, Sony, courtesy International African



Andrew Nelson has worked with National Geographic Travel since

We call the Holy City home, but it is undoubtedly a popular destination for visitors. Fun fact: A College of Charleston study shows that tourism + hospitality had a record-breaking \$12.8 billion economic impact on the

So, maybe you're planning your trip to the Holy City or looking to play tourist in your home city. National Geographic released "Here Not There: 100 Unexpected Travel Destinations, and Charleston made the list among spots like Quito, Ec-

We had the chance to catch up with travel writer Andrew Nelson -Keep reading to learn what he says you need to experience while in the

Q: There are thousands of cities in the US, when writing about must-see travel destinations across the globe what drew you to Charleston?

A: Charleston as a destination is well known. It's gotten progressively more glossy, the restaurants more delicious, the hotels more luxurious. It's on the verge of becoming the Hamptons but with grits. My book "Here Not There" is about counterintuitive places. I suggest coming to Charleston, not just to play - but to think

Q: Why are you encouraging folks to visit the International African American Museum?

A: It is a vital and affirming place for anyone interested in understanding the real history of one of the country's most popular cities.

Not only is a visit to the museum, an enlightening one — it is moving. The museum is built on the foot of the Gadsden Wharves where ships arrived from Africa filled with human beings brought here against their will. The sculptures and grounds beautifully planted and positioned, have turned it into a contemplative and emotional place.

Q: Was there anything shocking or exciting that you found while researching Charleston that you didn't expect?

A: What's shocking? The price of real estate. What is delightful? The rise of Park Circle. It seems to be Charleston's Brooklyn.▲

In the mountains there are places where a lot of rocks have been pushed together, generally by glaciers millions of years ago. These piles of rocks are called scree. These aren't giant boulders, they're large rocks, one to two feet in diameter, small enough to pick up if a person wanted to make a fire ring. But scree is massive piles of these rocks, completely covering a fairly large space on the side of the mountain. Most trails and roads avoid them, or cut paths through them, but in some places the only option is to step through them, slowly, it can be really easy to twist an ankle stepping through these rocks. And it's uncomfortable, each step needs to be planned, there's no looking up at the scenery when moving, and whether climbing, descending, or crossing, leg muscles and balance are con-

reward of not having to do it on the other side. If a person is crossing or climbing a large scree field, it can seem endless, but the solace is that there's always an end. Eventually the scree stops, and a mountain trail continues.

Scree (/skri:/) – When life seems like

wandering through a pile of rocks.

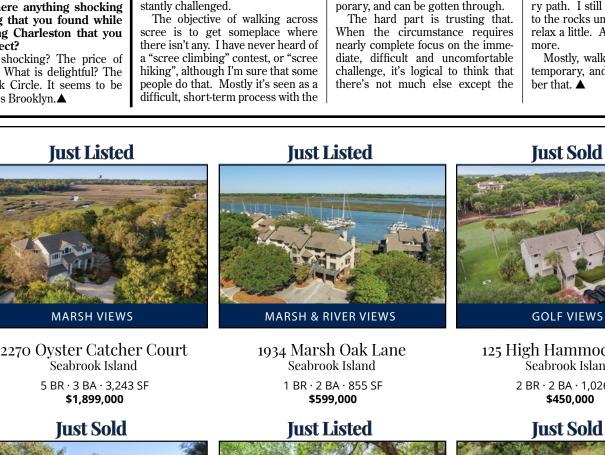
By Thad Peterson

There are times in life when it feels like we're trying to get through a field of scree, with or without a mountain trail to hike. Health problems, money issues, difficult children or family issues, can all slow progress, and force a focus on something uncomfortable and difficult instead of affording a grander and more positive view of the world and our time in it. Sometimes getting through the scree seems endless and in fact, with serious illness or other issues, it actually is, it's what we will cope with for the rest of our days. But mostly, a scree field is temporary, and can be gotten through.

challenge. But in nearly every case the problem or problems that are absorbing so much of our emotional and physical effort will diminish and the easier path will once again

I have been dealing with a pile of scree built on physical issues for several months, and now, I'm finally getting to the place where I can actually see the trail on the other side of the rocks. I've known it was there, but it was really hard to see as I carefully watched every step, making tediously slow progress. Even though I can see the end, and even though I have successfully gotten through most of the pile, I'm still looking down at the rocks rather than at the trail ahead. It's time for me to start looking up, to start to think about what I'm going to encounter once I'm through the scree and back on a more satisfactory path. I still need to pay attention to the rocks under my feet but I can relax a little. And maybe smile a bit

Mostly, walking through scree is temporary, and its good to remem-





195 High Hammock Road Seabrook Island 2 BR · 2 BA · 1,036 SF \$440,000



171 High Hammock Road Seabrook Island 1 BR · 2 BA · 1.026 SF \$399,000

**GOLF VIEWS** 

**GOLF VIEWS** 

125 High Hammock Road Seabrook Island 2 BR · 2 BA · 1,026 SF

**Just Sold** 



3108 Seabrook Village Drive Seabrook Island 0.14 Acres \$255,000

Akers Ellis Real Estate & Rentals · www.akersellis.com · 888.909.8110 · 3730 Bohicket Road, Suite 5, Johns Island, SC 29455

THE SEABTOOK ER



PAGE 6

The older average age of Seabrookers might result in dementia being of more concern for Seabrookers than for those in other communities. A recent very large four year study appeared in JAMA Neurology published by the American Medical Association looked at risk factors in people under 65 who experienced symptoms of dementia (now also defined as mild or major neurocognitive disorder) The study looked 365,000 participants in the UK Biobank. It found 39 risk factors and narrowed those to the 15 most common.

Some of these risks we have little or no control over. Individuals who genetically have two copies of the APOE gene linked to Alzheimer's disease had an increased risk of early dementia. The study found other risk factors that participants seem to have little control over including low social economic status and lower level of education.

The good news is that several of the common risk factors can be altered. These include social isolation and poor hearing. Both are associated with cognitive decline and may often be seen together. This points to the importance of building and maintaining social connections throughout life and correcting hearing loss.

The other risk factors that can be prevented or modified are diabetes. stroke, heart disease, obesity, smoking, alcohol abuse, physical inactivity, vitamin D levels deficiency and poor grip strength. The modifiable lifestyle related risk factors for developing early onset dementia are also associated with poor general health. The study's recommendations for exercising regularly, eating well, managing blood sugar, consuming alcohol in moderation, not smoking, regular strength training, and social interaction not only contribute to improved physical health, well being and longevity but may also safe guard against dementia

Another recent report in JAMA Neurology found an association between consuming more than 20% ultra

CHARLESTON | CHARLOTTE



Steve Penkhus, MD

A LOOK AT RISK FACTORS

processed foods resulted in a 28% faster rate of cognitive decline compared with those who ate the least amount of overly processed food and more unprocessed foods. Ultra processed foods are defined as formulations of food substances as oils, fats, sugars, starch and protein isolates that contain little or no whole foods.

There is extensive research looking for a cure or better treatment for Alzheimer's disease and dementia, however there is no cure yet. It is important to point out that Alzheimer's disease is only one cause of neurocognitive disorders. However Alzheimer's is reported to be the cause of 60 to 80% of the cases of dementia. It is reported that there 141 potential drugs undergoing some phase of clinical trials to prevent, cure or retard the symptoms of Alzheimer's disease. There is one monoclonal antibody drug recently approved (lecanemab) that is developed to clear amyloid plaques thought to cause Alzheimer's disease. Lecanemab is the only approved drug to attack the cause as opposed to just treating the symptoms. Monoclonal antibodies are immunotherapy drugs used to treat cancer and numerous other diseases. Lecanemab is given intravenously every two weeks and is not a cure but slows the progression by 27% if started early. It is only approved for early disease which is not an easy diagnosis. It currently has a cost of \$26,500 annually for the drug and an estimated total annual cost of \$82,500 if studies.▲

required testing and monitoring costs are included. There are significant but unusual side effects including brain swelling and hemorrhaging. Long term studies do not exist. Other monoclonal antibody drugs may be approved in the near future. There are a couple of drugs developed to alter genes for muscular dystrophy and hemophilia at the reported cost of approximately 3 million and 1.5 million dollars a dose respectively. None have yet been developed for the Alzheimer's associated APOE gene. It is a possibility in the future since the technology exists. There is technology being developed to help drugs temporarily cross the blood brain barrier which may be of benefit. So there is some reason for optimism but a safe, effective and affordable cure or better treatments might be years if not decades away.

Humans are complex animals with infinite variables that are impossible to statistically control. The results of most human research studies find only associations rather than a direct causation and effect. At this point in time the two mentioned AMA reports looking at associated risk factors which can be altered with the positive lifestyle choices are something to consider until other better options are available. This is especially true since there are so many other associated benefits from following the findings and recommendations of those two above reported JAMA

The South is booming, beating out the West as the fastest-growing region in the country again last year



The American South is on a roll.

Southern states, including Texas, Georgia, and South Carolina, are booming as their population growth accelerates, according to new data released by the US Census Bureau. Counties in the South had a higher average population growth rate than the averages for counties in other regions last year, according to estimates of the population as of July 1. Southern population growth is also driving major economic growth in the region.

The region grew faster, on average, 2023 than it did in 2022, the Census data about counties shows. A large majority — around two-thirds — of the South's 1,422 counties saw their populations grow last year. (In 2022, 59% of the region's counties grew) And the growth the region saw for counties was larger than the previous year. In 2023, the average annual change in population was 0.56%, rising from 0.31% in 2022

While the West saw its population growth among counties slow in 2023 based on the average percent change, the Midwest and the Northeast saw their rate of growth pick up.

Six of the top 10 fastest-growing counties with populations of at least 20,000 were in Texas, largely outside Dallas and Houston, but also outside San Antonio. Counties outside Atlanta, in southern South Carolina (just north Savannah, Georgia), and outside Richmond, Virginia, also made the top 10 list.

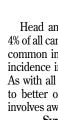
Booming economies with attractive ob opportunities in Southern cities like Houston, Dallas, and Nashville are a big part of the draw. Business Insider's Jacob Zinkula recently reported. Transplants are also attracted by the South's more affordable housing and lower cost of living than that of many large coastal cities.

This trend isn't new."The South is the only region to have maintained population growth throughout the COVID-19 pandemic," a Census Bureau press release from December 2023 said

Almost half of US population growth since 1960 has happened in the South, in part due to the region's high birth rate, according to a Bank of America report published in December 2023. The growth is both the result of a ton of domestic and international migration, and the fact that people who are born in the South tend to stay there.

Metro-level data also shows the booming South. "The population growth in Florida's metro areas underscores a larger trend of widespread population growth across the South, the nation's fastest-growing region and site of all of the top 10 fastest-growing U.S. metro areas from 2022 to 2023," a Census Bureau post from Kristie Wild er and Paul Mackun said. "The growth continued a pattern already clear the previous year when eight of the 10 fastest-growing metro areas were in the South !

The movement doesn't look like it's slowing down. Seven of the top 10 cities Redfin.com users searched were in the South, according to a Redfin report published last year.



MAY 2024

a symptom of cancer.





Custom home designed by local Architect, Mike Karamus, being built by Hobson Builders on Privateer Creek Rd, Seabrook Island CUSTOM NEW HOME CONSTRUCTION TEAR DOWNS ADDITIONS MAJOR RENOVATIONS ROSS HOBSON MICHAEL WELSH ADAM GRASS BUILDERS • GARAGES President and Seabroo Johns Island Island Homeowne Market Director

Contact us today for your next project | 704.654.2911 | Ross@Hobson-Builders.com | Hobson-Builders.com



## **HEALTHY AGING**

Jerry Reves, MD

## **Cancers of the Head and Neck**

4% of all cancers in the U.S., are twice as common in men as in women, and the incidence increases over the age of 50. As with all cancer early detection leads to better outcome and early detection involves awareness of symptoms.

Symptoms of Cancers

of the Head and Neck Symptoms depend on the location of the cancer but may include a lump in the neck, painful sore in the mouth or throat, persistent sore throat, difficulty or pain on swallowing, chronic sinusitis, and hoarseness in the voice among others. See Figure 1 for anatomic location of these cancers. These symptoms are usually associated with less serious conditions but if they persist for an unusual length of time, you should be evaluated by your physician or dentist.

Types of Cancers Most of these cancers usually begin in the squamous cells that line the mucosal surfaces of the head and neck (those inside the mouth, throat, and larvnx or voice box). These cancers, referred to as squamous cell carcinomas, can less frequently begin in the salivary glands, nasal cavity, paranasal sinus, or muscles or nerves. When it spreads, squamous cell carcinoma of the head and neck almost always does so locally and/or to the lymph nodes in the neck. This is why an unusual lump in the neck can be

#### Risk Factors for Cancers of the Head and Neck

There are a number of risk factors for developing cancers of the head and neck. These include alcohol and tobacco use (including secondhand smoke, chewing tobacco, and snuff) most commonly. The consumption of both alcohol and smoking increases the risk of cancer 40%. Infection with cancer-causing types of human papilloma virus (HPV -

especially Type 16) in the tonsils or base of the tongue is another cause. Other risk factors include occupational exposure in construction, metal, textile, and logging industries. Previous radiation

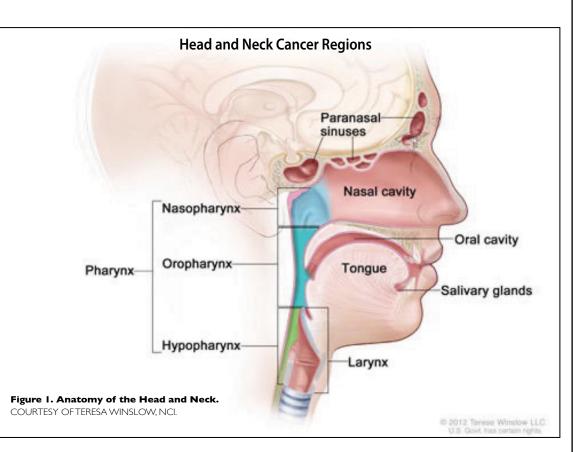
Head and neck cancers account for | exposure, Epstein-Barr virus infection, and underlying genetic disorders are other causes of these cancers. HPV-vaccination reduces the risk of developing these cancers.

#### Diagnosing Head and Neck Cancer

Head and neck cancers are sometimes without symptoms and detected by your physician or dentist at a routine examination. Alternatively, you may report symptoms above and your doctor will ask about your history and perform a physical examination with attention to your neck and the inside of your mouth and nose. A suspicious lump can be biopsied with a small needle to withdraw cells from the lump for examination under the microscope. If those cells are malignant, you will undergo a positron emission tomography (PET) scan to find the location of the tumor. A small endoscope with or without local anesthetic is used to examine the structures of the mouth, throat, and nose and remove tissue samples if there are surface lesions. Laryngoscopy is used to look directly or indirectly at the larynx (voice box) to see and biopsy any abnormalities of the vocal cords

#### Treatment of Head and Neck Cancer

Head and neck cancer treatment utilizes surgery, radiation therapy, chemotherapy, targeted therapy, immunotherapy, or a combination of treatments. Treatment depends on cell type, extent of spread, location of the cancer, and general physical condition of the patient. Many of the cancers that occur in the mouth, nose, paranasal sinuses around the nose, and neck are very susceptible to radiation and chemotherapy Those with HPV-positive oropharyngeal tumors have an even better prognosis and higher chance of complete cure. Chemotherapy is often added to the radiation if the cancer has spread to the ymph nodes in the neck. Surgery with extensive dissection is required in some advanced cases. Survival of patients who have these cancers depends on the site,



spread, and specific treatment, but the | taste. By far the most serious of these is majority will survive five years; if detected early and in a localized spot the cure rates can be as high as 98%.

#### Side Effects of Treatment of Head and Neck Cancer

As tumors of the head and neck are ensitive to radiation therapy, a significant number of patients thus treated will have to deal with the side effects of radiation. Side effects may persist for six to eight weeks after completion of the radiation treatments. The side effects predominantly include development of mucocytis (sore or pain in area of treatment) or painful ulcers of the mouth. Other common side effects include redness, irritation, and sores in the mouth; dry mouth and thickened saliva; difficulty and pain with swallowing; and changes in or loss of the effect on swallowing. Some patients usually meet regularly with a dietician to discuss soft foods and high-calorie. high-protein liquid nourishment such as Ensure and Boost. What many patients have found most effective in soothing the burning sensation in the oral cavity is juice made from the aloe plant, the higher concentration of actual juice the better. The jaw may also feel stiff, and patients may not be able to open their mouth as widely as before treatment.

Surgery for head and neck cancers may affect the patient's ability to chew, swallow, or talk. If lymph nodes are removed, patients may develop swelling in the area known as lymphedema from slowing the flow of lymph and collection in the tissues. In most cases, lymphedema can be reversed, improved, or reduced if treated promptly. After a laryngectomy (surgery to remove the voice box) or other surgery in the neck. parts of the neck and throat may feel numb because nerves have been cut. Although side effects of surgery and radiation therapy improve slowly in many patients, others will experience long-term effects, including difficulty swallowing, speech impairment, a dry, burning mouth, and skin changes. The Bottom Line

Head and neck cancer increases as we age. Symptoms are similar to many benign conditions but if a symptom does not go away, then you are your best advocate and should see your physician. Early diagnosis and treatment will produce the best outcome.  $\blacktriangle$ 

## LISTED & UNDER CONTRACT IN 5 DAYS!





### 3603 Beachcomber Run, Seabrook Island 4 Bed, 3 Full & 2 Half Baths, 3270 Ft<sup>2</sup> | Offered for \$4,299,000

Situated on Boardwalk 3 in the desirable North Beach area of Seabrook Island this extensively renovated home boasts easy access to the beach and beautiful ocean views from the top deck. The outdoor living area is the star of the home, featuring a raised, gunite salt water pool, cabana with gas fireplace, expansive deck, and bathroom, as well as an outdoor kitchen and dining area.



## Listed By: lack Wilson, Realtor® 704.661.9843 jwilson@dunesproperties.com



PAGE 7

## THE Seabrooker





PAGE 8



Glossy Ibis - Photo by Susan Sode





Great Egrets nesting at Rookery - Photo by Gina Sanders





Article by Gina Sanders

The first time you see one of our beautiful wading birds on Seabrook Island, you can't help but stop and stare. Their size alone catches your eye. Whether esting by a lagoon or feeding in one of our many ponds and marshes around the sland, they certainly stand out.

Social media abounds with beautiful photos of egrets, herons, ibises and storks. And if you really want to draw attention, post a photo of a Roseate Spoonbill. These beautiful pink birds are a favorite among Seabrookers, and you can certainly see why.

The mid-sized Snowy Egret is one of the most elegant of the heron family, and easy to identify with their white plumage, black bills and legs, and vellow feet. They are often seen hopping through the water, stirring up fish, frogs, and crustaceans, which make up a staple part of their diet. In breeding season, they develop long wispy feathers on their backs, necks and heads.

Larger than a Snowy, the Great Egret is a dazzling sight in many wetland areas. It hunts in the classic heron fashion, standing still or wading slowly through shallow water, capturing fish with a lightning-fast jab of their bill. Beautiful, tall white birds, they become even more dressed up for the breeding season. A patch of skin on the egret's face becomes neon green, and long plumes, called "aigrettes" grow from its back. These plumes were almost the demise of the egret in the late nineteenth century when they were prized for ladies' hats.

Larger still is the Great Blue Heron, reaching heights of nearly 54". With its size and blue-gray plumage, this heron is easy to spot in ponds and lagoons. Thanks to a high percentage of rod-type photoreceptors, the Great Blue Heron can also hunt day and night.

Many other herons and egrets call Seabrook Island home. Green, Tri-colored, and Little Blue Herons, as well as Black-crowned and Yellow-crowned Night Herons are common sights around our lagoons and ponds. Did you know Green Herons are one of the few birds in the world to use tools? In this case, they drop insects and feathers on the surface of the water to entice small fish to come closer. Pretty smart.

White Ibises are another popular wading bird on Seabrook Island, frequently seen in shallow waters around Jenkins Point and Marsh Haven. White Ibises are white with black wingtips, a red curved bill and red legs. Juvenile White Ibises are brown and white, which can be confusing to the first-time observer.

Glossy Ibises share the same basic body shape and downward curved bill as White Ibises, but Glossy Ibises look dark from a distance. Put them in good light and they are stunning – a beautiful blend of deep maroon, emerald, bronze and

Last, but not least, are two wading birds that look like they stepped right out of the pages of a Dr. Seuss book. The Wood Stork is not quite as tall as the Great Blue Heron and has a distinctive, prehistoric appearance. With white bodies and black flight feathers and tail, they are excellent fliers, often seen soaring on thermals with their neck and legs outstretched. Their bald heads are distinctive and lend credence to the saying "beauty is in the eye of the beholder".

And finally, the flamboyant pink bird we all love, the Roseate Spoonbill. The only spoonbill found in North America, Roseate Spoonbills easily capture our hearts with their looks and mannerisms. Using their spoon-shaped bill they swing their heads side to side, sifting through water, feeling for prey. Juvenile spoonbills have white feathers on their head, while adults lose their head feathers and become bald as they get older. Their pink coloration comes from the foods they eat, namely crustaceans and other aquatic invertebrates containing carotenoids

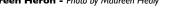
Many of these wading birds nest on Seabrook Island, and if you've played golf on Ocean Winds lately, you've no doubt seen the egret rookery. With more nests than you can count, nearly every tree branch or palm frond is home to either a Snowy Egret, Great Egret, Anhinga, or Wood Stork nest. Fuzzy headed chicks can be seen peeking over the top of the nests, and adults fly in and out throughout the day, feeding and caring for the chicks.

The question everyone wants to know is whether Roseate Spoonbills will one day nest on Seabrook Island. Currently they nest as far north as Northern Flori-da and Georgia, so fingers crossed they will soon treat us to the sight of adorable, light pink fluffy chicks.

We are fortunate to share our backyard with these beautiful birds. They are a joy to watch, a lesson in nature, and beautiful subjects for our resident artists. They give us one more reason to proudly to call the lowcountry, and Seabrook Island our home

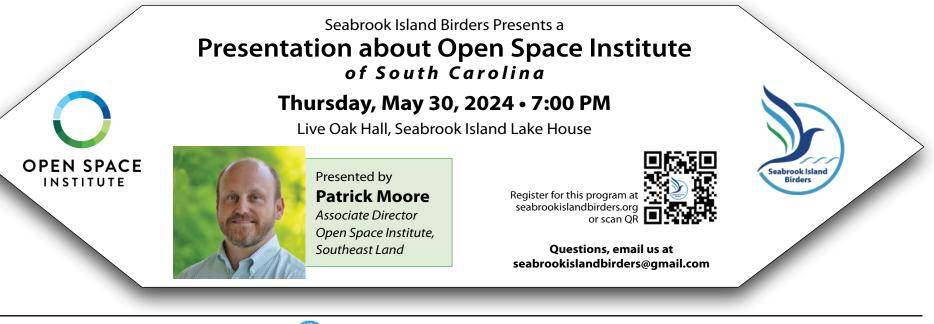














www.seabrookislandbirders.org

(O) seabrookislandbirders



Andrea Daley Live a Fulfilling Life

& be

## Mindful Moments: Navigating Life's Journey with Presence and Grace

too easy to get caught up in the hustle and bustle, constantly chasing what's next without ever pausing to appreciate what's now. I've embarked on a journey of mindfulness, a practice that has transformed not just moments, but my entire approach to life, urging me to pause, breathe, and immerse myself in the

#### Anchoring in the Present

present.

The cornerstone of my mindfulness journey has been learning to anchor myself in the immediacy of the present. This moment, right here and now, is the only true reality we have. I've learned to become a keen observer of my immediate surroundings, tuning into the myriad of textures, colors, and sounds that make up the tapestry of life as it unfolds around me. The sensation of the air on my skin, the play of light through the leaves, the distant hum of the world going by – all these elements serve to root me firmly in the now, reminding me of the intricate beauty that life offers in each fleeting moment.

#### Embracing Emotional Depth

Life is an emotional journey, with each feeling painting a stroke on the vast canvas of our existence. I've learned to see my heart as a grand hall, where every emotion is a guest, contributing to the richness of life's experience. Welcoming these emotions without judgment allows me to navigate life's highs and lows with empathy and grace, connecting more deeply with both my inner self and the world around me.

Letting Go of Judgment A pivotal moment in my mindfulness

In today's fast-paced world, it's all | journey has been the act of releasing | Harmonizing Body and Mind judgments. Imagining these critical thoughts as tiny boats setting sail on the vast ocean has become a meaningful practice for me, especially with the backdrop of the sea. Watching them drift off into the horizon, I'm reminded of the power of letting go of negativity. This act, akin to sending off vessels of udgment on the waves, cultivates an atmosphere of acceptance and kindness within me, laying the foundation for a tranguil inner state.

#### Beyond the Basics

Mindfulness is more than a practice; it's a philosophy that imbues each moment with significance. From creating a mindful environment that reflects tranquility to weaving mindfulness into relationships and daily routines, it's about making every aspect of life a part of this enriching journey.

#### Mindful Living Spaces

The spaces we inhabit play a crucial role in our ability to stay present. I've found that simplifying my surroundings and incorporating elements of nature significantly enhances my mindfulness practice. Creating a dedicated space for quiet reflection has become a cornerstone of my daily routine.

#### Transforming Relationships through Mindfulness

Mindfulness has revolutionized the way I interact with others. Being fully present in conversations, practicing active listening, and approaching interactions without preconceived notions has deepened my relationships in ways I never imagined possible.

### Recognizing the intrinsic connection between body and mind, I've integrated

practices like yoga and mindful walking into my life. This holistic approach no only nurtures my physical well-being but also reinforces my mental and emotional balance.

THE Seabrooker

#### The Art of Mindful Eating

I've adopted a more mindful approach to eating, focusing on the experience of nourishment. This method has enhanced my mealtime enjoyment and deepened my gratitude for the food on my plate, acknowledging its origins and the journey it has taken to reach me.

#### A Lifelong Journey

Mindfulness, for me, is not a destination but a continuous journey of growth and discovery. It's an invitation to savor life's journey, finding joy in the simplicity of being and the richness of each presen moment.

As we reach the end of this reflection, l extend a heartfelt invitation to you to ioin me on this path of mindfulness. Whether it's through a pause to take a deep breath, a quiet moment of contemplation, or a commitment to more present living, the gateway to mindfulness is open to all who seek it.

Consider, how do you stay grounded in the present? What practices help you maintain that connection to the 'now'?

Here's to our collective journey into mindfulness, may it be a voyage filled

with revelations, peace, and a profound appreciation for the beauty of the present moment.

"We'd lose the

kids' beach house ij

we can't rent it!"

"What if

we get sick?"

Energetically,



The Spring Market is here, and our inventory is growing. Call the Top Full-Service Team to guide you every step of the way.



# KNOWLEDGE EXPERIENCE RELATIONSHIPS

Sales Executives, **REALTORS®** SeabrookRealEstate.com 843.768.3921



SEABROOK ISLAND Real Estate

Real Estate Office: 843.768.2560

## **PRESERVE our** "Right to Rent!"

Seabrook Island Voters and **Short-Term Rental Owners** are working together...

- To PROTECT our property values • To PROVIDE a legacy to our families
- To PROMISE our "right to rent" will live on

Please sign the "NO Short-TermRental CAPS" PETITION today. Scan or go to: Change.org/Seabrook\_STRs



## THE SEABTOOKER



### Considering selling or SIHAF's Shirley Salvo buying real estate? Receives the Jefferson Award Scan the QR Code below with your smartphone's

Shirley Salvo has received the coveted **Jefferson** Award for her work with the Sea Islands Hunger Awareness Foundation which she founded in 2014 and serves as President. On February 28th, 2024, Channel 4 News sponsored an awards banquet where Shirley, along with ten other charity leaders and founders, were recognized for their efforts to help low country residents in need and "multiplying good". The Jefferson Awards Foundation was created in 1972 by the American Institute for Public Services and the awards are given at both local and national levels In her interview with 4

News' Tessa Spencer, Shirley shared how her dream about Hunger Awareness only two months prior to Hunger Awareness Month has been blessed with divine intervention ever since. When she needs something or someone, they appear! She started contacting food

pantries and learned they needed funding and Shirley immediately set a goal of \$10,000 and started thinking about a fundraiser called "Men Can Cook", which when pitched to her collection of volunteers, much to Shirley's surprise, came out "Let's have a Gullah Celebration"! The Gullah Celebration was the culmination of The Sea Islands Hunger Awareness Foun-



Salvo and Tessa Spenser from Channel 4 News

dation and its now eleven partners and three programs whose mission is fighting island hunger with healthy food and clean water one meal at a time. In 2020 the foundation focused on a new fundraising effort, The Hunger Awareness Challenge, to support its partners and programs.

Shirley's coordination of the partners and programs is a stellar example of Multiplying Good as they work together and support

each other, plainly seen in what they do and who they are! The partners are food pantries and programs who prepare/serve/provide food to families, school children, the elderly, and even special meals, prepared by teen chefs in training, for those undergoing cancer treatment and other illnesses. They are gardens and farms who provide thousands of pounds of fresh produce to the other partners and two of the programs. The programs are the Sea Islands Blessing Basket which supplies groceries to approximately 300 families monthly, Crock-Pot Cooking Classes for students and adults, and Water Wellness Mission which has provided wells and clean water to nearly 300 families who had none. And for those that qualify, the foundation has also provided

160 can openers to date, 140 microwave ovens to date. 486 Crock-Pots in 6 years, and several ranges and refrigerators each year!

While Shirley most deservedly eceived the honor of the Jefferson Award, she knows it takes a community to accomplish so much. She happily shares that honor with her Dedicated Board of Directors, Awesome Volunteers and Wonderful Giving Community, and she thanks them all for helping her Multiply Good on the sea islands.  $\blacktriangle$ 

Marlisa Bannister

MAY 2024

approaching.

## Nature Drives Everything – Naturally



camera to add us into your contacts. Call us today

to discuss your needs or to set up an appointment.

Discover The Team Cleary Difference

**TEAM CLEARY** 

**Akers Ellis Real Estate** 

Cathy & Wes Cleary

828.808.6790 | 828.785.2115

SeeCharlestonAreaHomesForSale.com

www.akersellis.com

At Kiawah River, nature isn't just a backdrop; it's the A resident volunteer group, The Bluebird Crew, has heartbeat of the community. The commitment to preserving and enhancing the natural world is a hallmark of the community.

Led by Jeff Snyder, Chief Environmental Officer, every aspect of development embraces sustainability, community's bluebirds. wildlife preservation, and wellness. Residents are like-minded stewards deeply connected to nature and one another. With their shared passion, they engage in eco-initiatives inviting both nature's splendor and guests into the thriving ecosystem.



built 74 bird boxes, strategically constructed and placed throughout the community, creating ideal nesting havens for the community's bluebirds. The Crew monitors and maintains the boxes, ensuring they remain safe, clean, and effective for the

The results have been awe-inspiring, with an estimated 159 fledglings fostered into the world in 2023 thanks to the collective benevolence of the Kiawah River community!



Bluebirds serve as guardians at Kiawah River Farm, plaving a critical role in managing pesky insect populations that threaten crops, and protecting the chicken coop from avian predators.

In essence, each meticulously crafted birdhouse is an emblem of the community's welcoming hospitalityand a beacon of appreciation and belonging to beckon the bluebirds to join us in Kiawah River's opulence of spirit and setting. Come home to the beauty of nature, and discover a community unlike any other.

843-920-2275

MAY 2024

exist"



to us courtesy of Samuel G.

*Life along the river* 

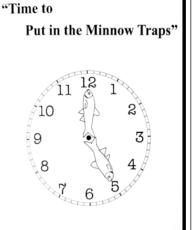
www.kiawahriver.com

THE Seabrooker

### Just Released ~ New Book by Local Author **Bonnie Hughes Younginer** "Time to Put in the Minnow Traps"

Seabrook Island resident Bonnie Younginer has released her newest book titled, "Time to Put in the Minnow Traps". Bonnie, a native South Carolinian, tells stories based on lived experience and observations. Written in free verse poetry and prose she captivates the reader with tails of regional and Low Country living. Bonnie states, "this entire book is grounded in actual events I have witnessed and inanimate objects I personify actually

The author offers readers an easyto-read book filled with thoughtful,



Bonnie Hughes Youngine

humorous, tongue in cheek, and a times, serious subjects. In one writing, she gives a voice to the lovely deer living among us; in another, she speaks to the life of a veteran she met on a walk. Free verse poems reflect on the beauty of our region and acknowledges the gift given by Mother Nature. There is something for every reader in "Time to Put in the Minnou Traps", the title being an actual quot from the author's grandfather.

"Time to Put in the Minno Traps" is available at Indigo Books on Johns Island, located in Freshfields Village.▲

# CHARLESTON HISTORY April, 1780: A British Victory at Monck's Corner Cuts off Charleston

In the winter of 1779, the British decided to expand their presence in the South with a third attempt to take Charleston. General Sir Henry Clinton was in command of the British forces and sent approximately 10,000 troops to reclaim the city. They arrived by ship in February 1780, and landed 30 miles south of Charleston. By the end of March, the British encircled the city. On April 12, Clinton ordered Lt. Colonel Banastre Tarleton and Lt. Colonel James Webster to head inland to defend the British and cut Charleston off from lines of reinforcements, supplies, and communication. The Continentals had successfully sent reinforcements to Charleston on April 8 and more Patriot troops were

The Patriot commander of the Southern Department was Major General Benjamin Lincoln. On April 12, he sent General Issac Huger to keep access to the Cooper River, and thereby Charleston, open to the Continentals. Huger had about 500 ill-equipped men with him in Monck's Corner, a small village 32 miles to the north of Charleston. Many of the patriots were without guns or ammunition. Some of Huger's militiamen were stationed at Biggin Bridge, which ran over a creek just to the north of Monck's Corner. On the evening of April 13th, un-



PORTRAIT OF BANASTRE TARLETON, COURTESY OF THE SOUTH CAROLINA HISTORICAL SOCIETY

der Tarleton's command, about 1,400 British and Loyalist soldiers quietly approached Monck's Corner. On the way, they intercepted a letter addressed to General Lincoln that described the position of the Patriots. With this advantage, they traveled 12 miles in near-silence. At 3:00 am on

April 14th, Tarleton's men charged into the main Patriot camp. The surprised men fled into the surrounding swamps, leaving their horses as they tried to escape capture. A second British charge attacked the militia at Biggin Bridge, also dispersing the Patriots into the swamp. The encounter was a thorough victory for the British, who lost only 3 men. In contrast, 33 Patriots were killed and another 63 were captured. Even more importantly, the British captured 185 horses and 30 wagons loaded with ammunition, arms, and clothing. Tarleton was able to provide mounts for his entire calvary with the captured horses.

The victory at Monck's Corner, also known as the Battle of Biggin Bridge, gave the British control of the west branch of the Cooper River, which allowed them to seal off Charleston from the mainland. The encounter was Banastre Tarleton's first success in the Southern Theater and illustrated his willingness to charge the enemy. Following the battle, the British occupied the plantation of Sir John Colleton's widow, where several southern women were seeking shelter. Tarleton's men abused the women and, although the soldiers were reprimanded by Loyalist Major Patrick Ferguson, the incident added to Tarleton's image as a fearful leader.▲



**DAWN OF HOPE | A HISTORIC RICE PLANTATION** 4285 CLOVER HILL ROAD, GREEN POND, SC | LIST PRICE: \$12,500,000 5 BEDROOMS | 5 FULL & 1 HALF BATHROOMS | APPROX. 4,108 SQ.FT

731-ACRE 18TH-CENTURY HISTORIC RICE PLANTATION, WITH APPROXIMATELY 2.5 MILES OF ASHEPOO RIVER FRONTAGE, A DEEP-WATER DOCK, AND A BOAT LAUNCH. THE METICULOUSLY MAINTAINED PROPERTY HIGHLIGHTS THE SERENE LOWCOUNTRY

**EXCLUSIVELY LISTED BY:** HANDSOME DEBORAH C. FISHER, 843.810.4110 DEBORAH C. FISHER, BROKER IN CHARGE

ORPETIES.COM | HANDSOMEPROPERTIES.COM | 843.727.6460 NG STREET, CHARLESTON, SOUTH CAROLINA 29401



SOUTH CAROLINA HISTORY Andrew Jackson's parrot was kicked out of his funeral for swearing. POSTED IN: THIS MONTH IN SC HISTORY

Before cats and dogs became the go-to, a number of U.S. Presidents had unusual pets. Thomas Jefferson had bear cubs, Calvin Coolidge kept a raccoon in the White House, and Theodore Roosevelt counted guinea pigs, a bear, and a hyena among his dozens of animals. That makes the fact that Andrew Jackson had an African grey parrot named Poll less odd, but what is strange is that the bird was kicked out of Jackson's funeral for swearing. This knowledge comes

Heiskell's book Andrew Jackson and Early Tennessee History, which quotes Reverend William Menefee Norment as observing: "Before the sermon and while the crowd was



household pet got excited and commenced swearing so loud and long as to disturb the people and had to be carried from the house."

Sadly, the good reverend didn't detail the specifics of Poll's outburst beyond say-ing that it was "excited by the multitude and... let loose perfect gusts of 'cuss words," causing some to be "horrified and awed at the bird's lack of reverence." What became of Poll following the funeral is unknown, but it isn't uncommon for African greys to outlive their owners — they've been known to live up to 60 years in captivity.

Andrew Jackson was born on March 15, 1767, in the Waxhaw settlement, a commugathering, a wicked parrot that was a | nity of Scotch-Irish immigrants along the border between North and South Carolina. Though his birthplace is in dispute, he considered himself a South Carolina native.▲

THESeabrooker

## GLASS HALF FULL Bitcoin – Better spectives BOB LEGGETT

Bitcoin is once again in the headlines, for three reasons: (1) the January introduction of Bitcoin ETFs (Exchange Traded Funds), (2) a surge to new all-time price highs in March, and (3) the historical track record of Bitcoin price gains following the "halving" of the award earned by Bitcoin miners. I wrote two columns about cryptocurrencies generally and Bitcoin specifically in the summer of 2021. As a refresher, here is a paragraph from the first article:

"As you know, the original Crypto is Bitcoin (BTC) and the key to the Bitcoin process is the group called "Bitcoin miners". They employ thousands of computers all around the world to mine (or mint) new BTC. Their task is to validate and aggregate new Bitcoin transactions and propose them for settlement by competing with one another to solve a cryptographic algorithm (mathematical) puzzle. When a miner posts a solution (known as proof-of-work) and block of transactions, other members of the network immediately and easily check the work. If correct. the miner is awarded the new Bitcoin."

Bitcoin was created to be used as a non-government currency, a hedge against inflation and as an asset whose price would appreciate over time. While BTC and various alt-coins (cryptocurrencies such as Ether) have gained some use as currencies, transactions remain relatively slow and costly versus US Dollars. However, that is not the point of this discussion. The question is whether BTC is an investable asset. Crypto enthusiasts often described Bitcoin as "digital Gold", so Iet's compare them.

The attached charts from Stock-Charts.com show the past 5 years of Bitcoin pricing in Blue and the price of Gold in Green. Both are priced in US Dollars and have clearly risen over this period. So, for this brief period, both are better than the Dollar. Interestingly, they show little correlation with one another, as the charts demonstrate they often move inverselv

If we overlaid the CPI annual rate of change, we would see that inflation exploded from zero to a +9% rate between mid-2020 and mid-2022. While both BTC and Gold moved sharply higher early in the inflation surge, both topped out well before inflation peaked. Both have been volatile since then, but have outperformed the CPI Index overall for the past 5 years in total. However, if the price of Bitcoin is adjusted for inflation since its most recent record highs in 2021, the "real" return to the 2024 highs would

## Than Gold? consolidated its sharp 2019-2020 rally for 3+ years and then broke out to the

current new record high levels. I have maintained exposure to Gold for many years. It is a proven diversifier versus equities and bonds, and thus reduces portfolio volatility. Frankly, it has also reduced portfolio returns until recently!

Bitcoin does not have a track record over the millennia, so we can only speculate about how it will impact portfolio returns over the long term. Over the past 5 years, it has often traded like a volatile "high beta" stock. It can arguably be valued as a "scarce asset", because only 21 million Bitcoin will ever be created. There are about 19.6 million outstanding and they will be mined at be negative. Gold, on the other hand, | an ever-slowing rate for another 100 years due to the "halving" of the rate of Bitcoin awards every four years.

The award rate was originally set at 50 BTC. In April, the award rate was reduced (halved) from 6.25 BTC to 3.125, which obviously shrinks the financial reward to miners and slows the pace of Bitcoin creation. Looking at the chart, we see the last halving took place in 2020 - which coincides with the low price of the past 5 years. That history was surely a part of the reason for the surge to new price highs this year.

I think the primary reason for the price gain is the introduction of ETFs that directly hold Bitcoin which allow investors to invest or speculate in BTC just like any other asset (stocks, bonds, commodities, gold). The first Bitcoin "strategy" ETFs were approved in October 2023. While those ETFs cannot hold Bitcoin directly, they attempt to track the BTC price through Bitcoin futures or investing in Bitcoin miners. The introduction of these BTC strategy ETFs and growing confidence the SEC would allow another class of ETFs to direct-

ly invest in BTC ignited the rally that

began last autumn. In January 2024, 11 new Bitcoin ETFs were introduced and they have already attracted tens of billions of dollars. The new ETFs changed the game due to ease of use. The IRS classified

MAY 2024

cryptocurrency as a "property" and taxed it differently depending on your use of it. Most of us also had concerns about creating a "wallet" for crypto, losing your "key", and for the risk of scammers and hackers simply stealing your crypto. On the other hand, a Bitcoin ETF is structured like any other ETF and is taxed the same short term gains, long term capital gains, no "wash sales", etc.

As a long term investor I always maintain a diversified port, folio, so I have purchased a small position in Bitcoin ETF. My lovely bride has clearly stated her opposition to this

move, so I sure hope it works out!▲ IMPORTANT DISCLOSURES The opinions voiced in this commentary on current eco-nomics and markets are my own and not the opinions or positions of any entities or organizations with which I may be affiliated or associated. This column is for general enyoyment and not intended to provide specific advice or recommendations for any individual or institution.

Store your boat with confidence. Gated | 24hr Surveillance & Access Lighted Lot | Garage Spaces Online Payment | Wash Station Ready-to-Rent Parking Short or Long Term Renta Clean & Easily Accessible

MAYBANK STORAGI BOAT & RV (843) 737-5510 3363 Maybank Highway lfo@maybankboatstorage.cor navbankboatstorage.com

Seabrook Island Art Guild Presents

May Artist of the Month

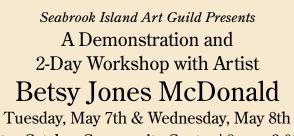
Lee Fritz

Reception Tuesday, May 7th

4:30-6:00pm | The Lake House



M J J A SO N D200 F M A M J J A SO N D211 F M A M J J A SO N D222 F M A M J J A SO N D234 F M A M J J A SO N D244 F M A



Oyster Catcher Community Center | 9am - 3:00pm



Artist Betsy Jones McDonald will give an oil painting demonstration following the Seabrook Island Artist Guild meeting, Monday, May 6, at 1:30pm.

On Tuesday and Wednesday, May 7th and 8th, 9:00am-3:00pm Betsy will teach a 2-day workshop in oil emphasizing color theory. Both the demo and the workshop will be held in the Oyster Catcher Community Center.

Interestingly, Betsy paints using only the three primary colors of red, yellow & blue. From the primaries, she custom-mixes all the beautiful hues for her paintings, only using white to lighten. Four colors-infinite variety!

Betsy states, "I love the colors of the marsh and the way they change with the seasons, light and tides. Every time you look at the marsh, you see something different, and I am fascinated by that."

To register for Betsy's workshop, please email Tina Mayland ( tinamayland@mindspring.com ). Worshop fee is \$200 for Seabrook Island Artist Guild members. Non-members are welcomed at \$250.

Betsy's work is represented by Perspective Art Gallery in Mt Pleasant, S.C. and inside Keepsakes at Brookgreen Gardens in Murrells Inlet, S.C.

You can find more information about Betsy McDonald by visiting www.betsyjonesmcdonald.com.▲





Lee Fritz has been painting and drawing since she was very young, but never settled down to concentrate on her art until her retirement in 2019. As the Administrator of her husband's CPA firm in Fairfax. VA for 25 years. Lee spent most of her time working, taking care of her three children, her dogs, house and garden. Retirement offered Lee time to concentrate on her hobbies. She started painting and became involved in many clubs and activities on Seabrook.

An avid cyclist, she belongs to the Seabrook Seabikers, a group of women who share a love of being on a bike



and spending time together. She recently completed her first Century ride, biking 100 miles in eight hours. You can usually see the Seabikers on Tuesday and Thursday mornings meeting at the entrance of the Equestrian Center before their 30-to-40-mile ride.

Lee also enjoys walking her two Westies on the beach, incorporating texture and color in her courtyard garden, golfing and bird watching. She considers herself a naturalist and gets excited when she sees a snake or unusual insect.

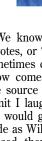
Acrylics has been Lee's predominate medium, but she has recently transitioned to oil painting and is enjoying learning to work with this medium. Her subjects are usually pets; she loves to capture the expression of a beloved pet and will ask for many photographs of a pet before selecting the one that speaks to her. She also enjoys working on portraits of people. Her favorite style however is whimsical. She has painted several murals in children's rooms and is currently working on illustrating a children's book.▲



and how to get along together.

woods to the east.

called coywolfs.



We know little or nothing about coyotes, or "song dogs," as they are sometimes called. What little we do know comes from an incontrovertible source - children's cartoons. I admit I laughed when the roadrunner would go "beep, beep" then zip aside as Wiley Coyote leapt for him, missed, then sailed off a cliff to the desert below. Like our childhood, those days are gone, but the coyotes are here and still are unexamined. There is a broad pathway of learning ahead, and since coyotes are among us, we should know more about them

Coyotes have been around for about 3.5 million years. Originally, they were plains dwellers in North America. When wolves migrated across land bridges from Europe to North America, they displaced much of the covote population out of the plains and into the farmlands and

The word "covote" is Spanish and originates from the Aztec word "coyoti" which means trickster. Covotes are sly and sneaky. The word coyote is a perfect word for them. When the word of the coyote's tendency to howl at sunset got back to Spain, the Latin scholars called coyotes, "canis latrans," or barking dogs, which, over time, morphed to singing dogs. Comparing coyote howling to singing may be stretch. However, anyone who has heard both howling coyotes and modern songs will agree there are similar-

Okay, so what about covotes? Covotes are a member of the canid family. They have genetic ties to wolves, foxes, and jackals. Coyotes generally resemble wolves but are not directly linked to them. The canid family broke into several different species early in the genetic progression, each with their own genetic history. The animals are genetically similar and infrequently, wolves mate with dogs

and coyotes to produce hybrid pups Coyotes are similar to wolves in



Song Dogs

appearance and are often confused with each other. However, when you see them together the differences are readily apparent. Coyotes are smaller, about 3' tall and 4' long , weighing about 35 pounds. They have bushy tails that they carry lower than their spine. Wolves are on average 3' tall and 6' long with bigger heads and wide set ears and bushier tails. Wolves weigh up to 85 pounds. Just as important in understanding them is the fact that wolves are more aggressive and the coyotes are slier and sneakv

Covotes and wolves compete for game. Wolves hunt much bigger animals than coyotes. They hunt in packs and take down moose, elk, deer, and bison. Coyotes eat smaller animals like rabbits, mice, squirrels, voles, snakes and birds. The tales of wolves and coyotes decimating herds of sheep, cattle, and flocks of chickens are, for the most part, hyped for six o'clock news and aired by the media for the morbid drama they thrive on. Hype is not necessarily representative of overall fact. Fact is, about fifty percent of the diet of both wolves and covotes consist of mice and rabbits. These are the very critters we could do with less of. Imagine what our world would be like if wolves and covotes didn't hunt them.. Face it, we need predators.

Human intervention has, unknow ingly helped coyotes survive. In attempting to eradicate wolves, drastic measures were taken. From 1887 to 1919 a bounty was offered in Montana

and Wyoming, which resulted in over 100,000 wolves killed. The removal of the wolves allowed the coyotes to slowly repopulate. In spite of the slaughter, the covote population, nationwide is roughly 3,000,000. Each year hunters kill about 50,000 coyotes. The numbers of coyotes remain relatively stable because the coyotes have modified their breeding to increase their number to adjust to the efforts to kill them off.

THESeabrooker

Scientists have learned covotes are the ultimate survivor and are impos sible to eradicate by ordinary means The size of a pack of covotes are, on average, is six or eight adults with one alfa-pair that mates. They produce about 6 pups per year. If they are threatened or the alfa-pair is killed, the younger coyotes pair off and produce more pups to fill the gaps. Biologists have predicted that if 75% of the coyotes were killed each year, for 50 years, the coyotes would still survive. Unbelievable but true.

There are many questions regard ing the threat covotes may pose to humans. Coyotes can be dangerous but not as much as you might think. They, like all wild animals, can carry rabies but rabid coyotes are rare. The attacks occur mostly in urban areas in Texas and California or where coyotes and humans are in close contact. The attacks arise partly from careless human behavior and can be reduced taking precautions. Don't feed them outside. Don't let cats and other pets out at night. When walking pets in areas where coyotes are known

Franke at Seaside Begin Your Easy Life at Franke! Independent Living Apartments & Patio Homes Assisted Living & Memory Care Short-term Rehab • Long-term Care Ask about our virtual tours! 843.216.2222 or 800.940.7435 1885 Rifle Range Rd. • Mt. Pleasant, SC 29464 • FrankeAtSeaside.org 💿 🖪



to be, carry a loud air-horn. Coyotes hate loud noises.

Think about it this way, if you were walking in the jungle, where tigers were known to be, would you wear a dead chicken hung from your belt? No, you wouldn't. It's the same

as living with coyotes. Be smart, be aware of your situation so that your actions don't create situations that attract covotes. Learn how to exist with coyotes because they are here with us and are not going away.  $\blacktriangle$ 

Daniel Ravenel Sotheby's

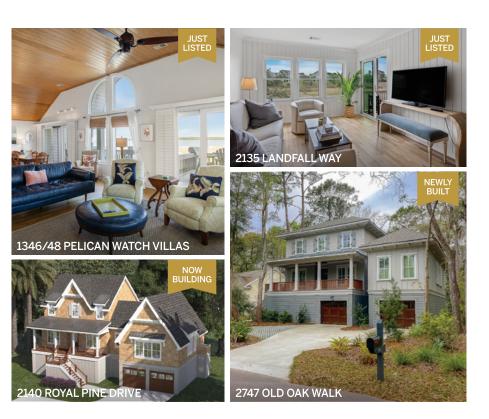
## Nothing compares to crafting excellence with a network that elevates you.

Combining her knowledge of coastal real estate with the global reach of Sotheby's International Realty, Michelle Almeyda-Wiedemuth delivers unparalleled results to homeowners and prospective buyers on Seabrook and Kiawah Islands. With years of residency, a skilled team of subcontractors and tradespeople who possess a proven track record of building homes on both islands, and a comprehensive understanding of the real estate process, Michelle brings invaluable insight to every transaction.



Michelle Almeyda-Wiedemuth Realtor<sup>®</sup> & Seabrook Island Resident

843.818.3628 | michelle.aw@danielravenelsir.com michellealmeydawiedemuth.com







MAY 2024



PAGE 14

#### 6- Ambrose Family Farm, 2349 Black Pond Ln., Wadmalaw Island | Pick your organically grown strawberries at this 200-acre farm, Tuesday-Sunday, 10:30 a.m.-5 p.m

# The Ocean Course at Kiawah Island will host 2031 PGA Championship



It's official. The Ocean Course at Kiawah Island Golf Resort in Kiawah Island, South Carolina, will host the 2031 PGA Championship. Additionally. the 2029 Girls and Boys Junior PGA Championships will be contested at The Ocean Course and the resort's Turtle Point Golf Course.

The Ocean Course previously hosted the 2012 PGA Championship, won by Rory McIlrory and the 2021 PGA Championship, won by Phil Mickelson. It will join elite company as just the 9th course to host three or more PGA Championships.

The Ocean Course also hosted the 1991 Ryder Cup, Captained by Dave Stockton.

Events of this caliber are momentous for the entire Charleston region, and we are sincerely grateful for the PGA's trust in our community's capacity to host world-class championships catering to players, patrons, and other stakeholders.

Drawing from past experiences with prestigious events like the 1991 Ryder Cup, the 2019 U.S. Women's Open, and the 2012 and 2021 PGA Championships, we understand the

transformative power of these tournaments. They not only spotlight the resort, island, region, and state on a global scale, but also yield substantial economic benefits.

Despite pandemic-induced limitations on attendance, the 2021 PGA Championship generated nearly \$60 million in economic impact, bolstering state and local economies with over \$8 million in tax revenues. The event's international broadcast reached over half a billion households, garnering over \$160 million in media exposure for Kiawah and the surrounding area.▲







## Casting agents seeking Charleston extras for 'The Righteous Gemstones' season 4

Story by Tim Renaud

- Popular HBO series "The Righ- | following information to be considered • 2 current photos – one up close
  - and one full length Name, cellphone number, age, city/state where you reside
  - Height, weight, complete clothing sizes, shoe size
  - Description of visible tattoos and piercings

Devine and Edi Patterson.

Tona B. Dahlquist Casting said

interested parties should submit the

· Color, make, model, year of vehicle you drive in case it can be used

"Even though filming will not begin for a month or so, we would like to have everyone submitted in the inbox ready to be booked," the agency said.

Submissions should be sent to TRG4extras@gmail.com and include your age, ethnicity, gender, and where you reside in the submission heading.▲

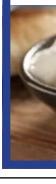
### MAY 2024

All are welcome.









in a scene as well (\$25 additional).

THE Seabrooker



May 16, 2024 Meeting

Colin Hocking – "Snap Shot to Pro Shot: Steps to Raise Your Wildlife Photography Game!"

Join professional wildlife photographer and photo tour leader Colin Hocking as he shares the steps, settings, and techniques it takes to capture those "once in a lifetime" moments that we might otherwise miss!



Colin is a Licentiate of the UK Royal Photographic Society, a Coastal Master Naturalist, and a member of the Professional Photographers of America and the

Carolinas Nature Photography Association. He has been a freelance photographer for over 20 years and leads successful photo tours all over the Lowcountry. His combination of technical photography skills and his naturalist training allows him to approach nature photography with a hybrid of artistic and scientific perspectives.

He'll teach us the exact methods he uses when he shoots. These tools will help us stand a good chance of capturing those "lifers." Colin will also share tips and tricks he's learned from over 40 years of practice in the field. Colin will show us how to avoid getting photos that are too bright, dark, or blurred, and he'll also help us understand some of the key elements to incorporate into our imagery to make those photos stand out from the rest!

There will be valuable takeaways to help photographers of all levels improve their craft.

Date / Thursday, May 16, 2024 Lake House, 2319 Seabrook Island Rd, Seabrook Island, SC 29455 Location 6:30 - 8:30 PM, Refreshments 6:30, Announcements 6:45, Time: Presentation 7:00 Cost: Free for SIPC Members, Guests \$10 Donation Non-residents, please email Access amail.com to arrange a gate pass



**GREEK FESTIVA** FRIDAY-SUNDAY • MAY 10th-12th GREEK ORTHODOX CHURCH • 30 RACE ST (DOWNTOWN) **GREEK FOOD • GREEK PASTRIES** 

**GREEK DANCING • CHURCH TOURS • CULTURAL EVENT** Fri 5pm-10pm • Sat 11am-10pm • Sun 12:00noon-6pm

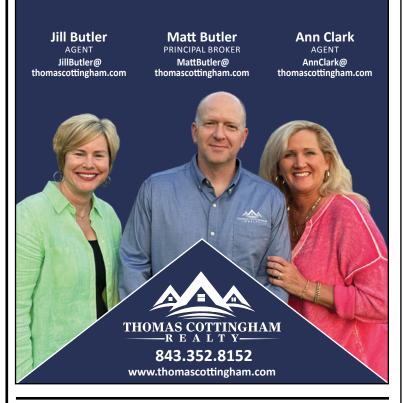
Remember, Sunday (Mothers Day) Moms get in FREE!

There will be **FREE PARKING** and **SHUTTLE SERVICE** at the Citadel parking lot: 517 Fishburne St. Shuttles run every 10 minutes to and from the Festival. Limited handicap parking at the Holy Trinity Church: 30 Race St. No dogs permitted unless they are service dogs.



# **Happy New Year**

We have many years of professional experience representing individuals and corporate clients on Seabrook and Kiawah Islands, Mt Pleasant, downtown Charleston, and the surrounding areas. We hope we can help you buy or sell your home in 2024.



### **Charleston International Airport Receives Funding for Expansion Projects** Charleston International Airport will roll out expansion projects in several phases.



\$23 million in federal funding will help CHS start projects that ac date growth. Rendering provided by Cha

Airport officials say the airport will soon begin the construction of an additional concourse and overnight parking for aircraft.

"This investment will allow the Charleston Airport to expand its mission of economic development while allowing our residents and guests to benefit with more direct flights to more cities than ever before," said Elliott Summey, executive director and CEO

Charleston County Aviation Authority shared its long-term plan to expand Charleston International Airport.

### Phase one

- This phase is expected to take three to five years to complete. • Extension of the ticketing hall and
- TSA checkpoint
- Additional concourse • Retail spaces
- Additional parking • Five overnight spaces for aircraft
- Phase two To begin after the completion of
- the first phase. • Tentatively includes Concourse C
- Additional baggage claim areas
- 23 additional overnight spaces for aircraft
- Retail spaces
- VIP Traveler Lounge







PAGE 16

**2238 CATESBYS BLUFF \$6,700,000** Ocean View | 4 BR | 4.5 BA | 4,628 SF



1151 OCEAN FOREST LANE \$5,400,000 Marsh/Ocean View | 5 BR | 5F & 2H BA | 5,058 SF



**1136 OCEAN FOREST LANE \$4,200,000** Marsh/Ocean View | 4 BR | 4 BA | 4,016 SF



**2812 OLD DRAKE DRIVE \$2,300,000** Lake View | 4 BR | 4.5 BA | 4,086 SF



**5 SILVER MOSS CIRCLE \$2,250,000** Kiawah Island | 5 BR | 4 BA | 2,444 SF



**2590 JENKINS POINT ROAD \$2,700,000** Marsh/River View | 3 BR | 3 BA | 3,497 SF



**336 SEABROOK ISLAND RD. \$1,900,000** Ocean View | 3 BR | 3 BA | 2,100 SF



**2264 SEASCAPE COURT \$1,799,000** Beach Access | 4 BR | 4 BA | 2,817 SF



2658 HIGH HAMMOCK ROAD \$1,225,000 Golf View | 3 BR | 2.5 BA | 2,575 SF





SEABROOK ISLAND Real Estate







762 SPINNAKER BEACHHOUSE \$799,000 Beach Access | 2 BR | 2 BA | 1,297 SF **191 HIGH HAMMOCK ROAD \$329,000** Golf View | 2 BR | 2 BA | 1,026 SF 2865 SEABROOK ISLAND RD. \$315,000 Lagoon View | Block 40, Lot 33 | 0.24 Acres

## WE SELL MORE PROPERTIES ON SEABROOK ISLAND THAN ALL OTHER AGENCIES COMBINED.

seabrookisland.com | 843.768.2560

1002 Landfall Way, Seabrook Island, SC 29455 | realestate@seabrookisland.com

Seabrook Island Club membership is required for ownership. Club amenity use is for Members and guests. Lake House use is for Members, property owners, and their guests.

