

# THE Seabrooker

VOL 19 • ISSUE 2 • FEBRUARY, 2016

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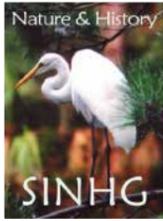


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## SINHG Evening Program Draws Record Crowd



On Thursday, January 14th, famous historian, Dr. Walter Edgar entertained a throng of over 250 Seabrookers with a fascinating review of South Carolina's critical role in the American Revolutionary War. Dr. Edgar is the host of the popular "Walter Edgar's Journal" on ETV Radio. Though not a "native son," he has dedicated most of his life to the study of the state's rich and complex history. Along the way, Edgar, has written or edited several books on South Carolina and has taught and lectured on the state's intriguing past. His publications include The South Carolina Encyclopedia, South Carolina: A History and Partisans and Redcoats: The Southern Conflict that Turned the Tide of the American Revolution and South Carolina in the Modern Age.

Many of the details Edgar related included tales of Southern bravery one rarely learns through textbooks. A significant contrast to "The Midnight Ride of Paul Revere" involved the exploits of an 80 year old southern woman who, while washing clothes at the river, overheard Loyalist wives discussing an upcoming British raid. Stealing a horse and galloping bareback through enemy lines to the site of the proposed



(L-R) SINHG President Frank Cermak with Dr. Walter Edgar and Marsha Bird

raid, she reported what she heard, and saved the day for our American troops. After many losses for the Patriots, the tide turned in the victories at King's Mountain (1780) and Cowpens (1781) leading to the Continental army pushing the British forces out of the Carolinas. In December 1782, the last occupying troops left Charlestown. When the final count was made, more South Carolinians had been killed or wounded in battle

than from any other Southern state. The event was held at the Island House to accommodate the large crowd which exceeded expectations. SINHG President, Frank Cermak, said "We were very pleased with the large turnout. An important part of SINHG's mission is to disseminate natural and cultural history information about Seabrook Island, Charleston and South Carolina to our members through the Evening Program

lecture series. Special thanks are due to all the SINHG volunteers and to the Club for making this event successful."

More information about the Seabrook Island Natural History Group programs and activities may be found by visiting SINHG's website at [sinhg.org](http://sinhg.org) ▲

Gary Fansler

## SIPOA ANNUAL MEETING WEEKEND



### Friday, February 12

2:00-5:00pm ..... 29th Annual Arts and Crafts Show - Lake House

7:00-9:00pm ..... Meet the Artists - Lake House - Refreshments served

5:00-7:30pm ..... Newcomers Reception - Island House, Carolina Room - RSVP by February 7 to [beth.c.nichols@gmail.com](mailto:beth.c.nichols@gmail.com)

### Saturday, February 13

10:30am ..... SIPOA Annual Meeting - Island House, Atlantic Room

10:30am - 5:00pm ..... 29th Annual Arts and Crafts Show - Lake House

### Sunday, February 14

10:00am - 3:00pm ..... 29th Annual Arts and Crafts Show - Lake House

# THE Seabrooker

Please send correspondence to: [TheSeabrooker@yahoo.com](mailto:TheSeabrooker@yahoo.com)  
"Communication is the beginning of understanding." The Seabrooker will report regularly on island happenings, as well as newsworthy events that affect property owners and residents. As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner.

Red Ballentine, (1924-2006) Fred Bernstein (1924-2010) Co-Founders

**Editor** Michael Morris | **Publisher** Bernstein Lash Marketing | **Advertising & Layout** Teri B. Lash

THIS MONTH'S SEABROOKER VOLUNTEERS

**CREDITS:**  
Faye Allbritton, Lisa Cermak, Gary Fansler, Alan Keener, Alberta Baron, Ron Ciancio, John Gregg, Charles Moore, Chuck Bensonhaver, Denise Doyon, Mary Beth Joyce, Dr. J. Gerald Reeves, Roberta Boatti, Saffron & Curry

**PHOTOGRAPHERS:**  
Frank Cermak • Charles Moore • Dick Rakovich • Ralph Secoy

### CONTACTING THE SEABROOKER

Please send correspondence and inquiries regarding editorials to [TheSeabrooker@yahoo.com](mailto:TheSeabrooker@yahoo.com) or call 843.408.3707  
The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

**FOR ADVERTISING OPPORTUNITIES, PLEASE CONTACT**  
Teri B. Lash • 843.747.7767 • [TLash@BernsteinLash.com](mailto:TLash@BernsteinLash.com)

### CORRECTION NOTICE

We inadvertently left Jennifer Dorner out of our photography credits in the January issue. We would like to thank Jennifer for the beautiful pictures taken at the Tree Lighting Ceremony.

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## CAP'N SAM EDISTO

Dear Cap'n Sam,

"Twas the most incredible season of giving...and our cups runneth over with gratitude for all that our Seabrook Island friends gave to help make this a most special Christmas for 85 children from 34 families at Mt. Zion Elementary School. We only wish we could have been there to see the smiles and hear the squeals of joy as each child opened gifts of clothing, books, and toys wrapped just for them. We also know how very grateful they were for the food gift certificates that made it possible for their families to enjoy a special holiday meal. Words cannot convey just how much we truly appreciate your support, but perhaps these words from some of the children at Mt. Zion will help to carry that message:

"Thank you for donating to our school. It takes a lot of courage for someone to donate to someone in need." 5th Grader

"Thank you for the gift that you gave us." 4th Grader

"You went out of your way to help kids and I know Mt. Zion appreciates it. Thank you." 5th Grader

"Thank you for donating to our school. It means a lot that you did this." 5th Grader

With sincerest thanks to each and every donor and to Nurse Abbi at Mt. Zion who helps make all of this possible,

*The Mt. Zion Holiday Fund Committee,  
Marilyn Armstrong  
Paula Adamson  
Anne Smith  
Charlotte Moran  
Pam Steele*

Dear Cap'n Sam,

Hello I was just reading the Seabrooker and read a nice article by Denise Doyon on using Google Docs to transcribe what I you are dictating. I have a Macintosh and found out that I can use a feature that's already included in the operating system. On the Macintosh all you have to do is press the right command key twice and if you have an active microphone you can start dictating. So thanks Denise to show me a feature on my computer that I did not even know that I had.

*Philip Bach*

Dear Cap'n Sam,

I must express my disappointment. This is at least the second

time - and maybe more - that a dog park has been rejected for what I consider to be an unconvincing reason. I understand that not everyone would use a dog park but 365 out of 900 Seabrookers say they would! Are there that many people who use the basketball court? Or the kids' playground? Or the garden plots? Or the lakes that are stocked with fish? Or the nature trails that I understand are being taken over by the POA? SIPOA supports all of those facilities to one degree or another but I would venture to say that not one of them is used by over 300 people on a fairly regular basis. I personally don't use any of them but I'm content to support them because others in the community enjoy them. Why can that not be reason enough to support a dog park?

It can't be for liability reasons. Are we covered if a fisherman gets attacked by an alligator? Or a child falls off a playground apparatus? Or a basketball player crashes into a stanchion? Or a walker trips over a root on a nature trail and breaks a leg? And so on. If we are, that same policy must also be adequate to cover anything that could happen in a dog park.

I just don't get it!

*Marcia Hider*

## EXCITING NEWS ABOUT BOHICKET MARINA & MARKET!

The Charleston City Paper has nominated Bohicket Marina & Market in the category Best Marina in their yearly poll for the BEST OF CHARLESTON 2016! This is a great opportunity and privilege!

The Marina is asking for you to MAKE YOUR VOTE COUNT & HELP THEM WIN! Please visit [CharlestonCityPaper.com](http://CharlestonCityPaper.com). Best Marina is under the Recreation, Health and Beauty category. ▲



## Introducing BISHOP GADSDEN IN YOUR HOME

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# HISTORY OF SEABROOK ISLAND

## We Dodged a Bullet.

Having said good night to Irene which focused her impact on the Northeast, it is worthwhile to look back at hurricane Hugo which in 1989 took dead aim at Charleston. The storm had a devastating effect on Charleston and a good part of South Carolina. Because it was located on the southern edge of the hurricane path, the damage suffered by Seabrook Island while not insignificant, was negligible compared with the devastation suffered by many other communities. With the storm approaching, then governor Campbell issued evacuation orders for the coastal area the evening of Wednesday, September 20th. The following day more than 100,000 people fled Charleston. 126 was gridlocked with traffic creeping along at some points as slow as 25mph. For some evacuees, it took as long as eight hours to drive from Charleston to Columbia. Residents who did not leave spent all day Thursday preparing as best they could for the worst. By nightfall on the 21st Hugo's winds increased to 135mph, with gusts higher than 150mph.

Hugo entered South Carolina slightly north of the Isle of Palms as a class III storm just before midnight on the 21st. Areas in its northeast quadrant - including Sullivan's Island, the Isle of Palms, McClellanville, Georgetown and Pawleys Island - got the worst of it. Downtown Charleston recorded sustained winds of 87mph and gusts to 108mph. Buildings in Charleston were flattened and streets were flooded. The entire city and most of the neighboring communities were without electricity, drinkable tap water and other essentials such as gasoline.

After landfall, the hurricane proceeded northwesterly passing north of Columbia and exiting the state near Spartanburg. Twenty-six South Carolina counties were declared federal disaster areas. Twenty-seven deaths in South Carolina were attributed to Hugo, more than 64,000 were made homeless and property damage was estimated at \$6.5 billion. On the Coast over 900 homes were destroyed between Folly Beach and North Myrtle Beach.

The hurricane was preceded by heavy rain. Dick Rakovich, then Mayor Pro Tem of Seabrook Island, remembers a "horrific" thunderstorm on the evening of September 19th. Dick and his wife Jennifer evacuated in the morning hours of the 20th. Two days later Dick and Mayor Joel Thompson drove back to Seabrook. They, as well as Bob Giuffreda and John DuBoise, SIPOA's Executive Director and Director of Security, were the first to return to the island. The devastation Dick saw on the return trip was overwhelming. Pine trees were snapped in half, roofs were missing from homes and trees were down everywhere. At the Stono Bridge, all of the boats and docks at the marina were destroyed.

At the Seabrook gate, Dick and Joel were met by the National Guard. On Friday the 22nd, the guard had come from Orangeburg, cutting its way down Main and Bohicket Roads. The guard established its headquarters at the Seabrook fire station, and by Saturday morning was patrolling both the streets and the beach. Dick describes what he witnessed upon his return as "amazing." Roads were

flooded, there were tree limbs and debris everywhere, shingles were missing from roofs and trees were either completely uprooted or snapped in two. Otherwise everything was in its place. Residents were allowed to return on the 23rd, but we're told that it would be over a week before electricity would be fully restored. Water and sewer facilities were restored the evening of the 23rd. Land line telephones operated throughout the experience. Most residents waited about a month to return.

Dick Muenow and his wife Lori arrived on the island on Saturday the 23rd. Dick remembers Seabrook Island Road being impassable and having to take his four-wheel drive car on his neighbors' lawns to get to his home. Many of the pine trees had snapped 15 feet from their bases, and their tops have all fallen in the direction of the ocean (the back side of Hugo). Exemplary of the fickle nature of the storm, the Muenows' home on Seabrook suffered only \$3000 damage, primarily missing roof shingles, while their home in Charlotte suffered more than \$55,000 in damages.

Art Richards and his wife Bette returned on Sunday the 24th. By that time, one lane of Seabrook Island Road was open; the other was piled high with hurricane debris. Reaching their home on Cat Tail Pond they saw a large oak tree that had been uprooted and was resting on their garage. Pine trees from the adjacent lot had snapped and were lying across their pool. Their lot was a total disaster, but otherwise the house was tight and dry. They celebrated with a bottle of "tepid" champagne. Art remembers a number of free lance contractors coming on the island on Monday the 25th. Art contracted with one who agreed to remove the debris from his yard if they could keep the wood to use as firewood.



PHOTO BY DICK RAKOVICH  
PHOTO BY DICK RAKOVICH

Dick and Carolyn Lalley remember that most of the island had minor damage. They had expected to find ocean front properties damaged, but were surprised to see that the Edisto River side was harder hit. Trees had fallen on several houses and many of the Spinnaker, Beach Club and Pelican Watch Villas needed roofing work done. They recall the National Guard staying for about two weeks and that the debris was not removed for almost eight weeks.

SIPOA spent over \$200,000 in

cleanup and for road repair. It levied a special assessment of \$150 on each property to pay for the unanticipated expenses.

Ironically, the day prior to Hugo hitting Charleston, the Seabrook Island Ocean Club, owned by the island's third developer, Robert Russell, created a trust of its own by declaring bankruptcy. That December, 6 inches of snow fell on Seabrook, completing the bizarre cycle of weather for the year. ▲

Ron Ciancio

Reprinted from The Seabrooker October 2011

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<p><b>1621 Courtside</b> 2BR/2BA Remodeled \$159,900</p>	<p><b>1647 Courtside</b> 1BR/1BA Fully furnished \$105,000</p>
<p><b>2962 Deerpoint</b> 1.38 acres Beautiful marsh view, high ground \$995,000</p>	<p><b>2734 Old Oak Walk</b> 0.24 Acres Beautiful lagoon lot \$122,000</p>
<p><b>2755 Old Oak Walk</b> 0.25 Acres Nicely wooded, high ground \$59,000</p>	<p><b>2955 Maritime Forest Dr.</b> Kiawah River Estates 0.37 acres, Golf Views \$125,000</p>

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## Reflections

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TOWN HALL MEETING

Summary of Dec. 15, 2015

After the pledge of allegiance, Mayor Ciancio called the December 15, 2015, Town Council meeting to order at 2:30 p.m. Councilmen Crane, Gregg, Turner and Wells, Town Administrator Pierce, Town Clerk Albritton and several guest attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

Minutes:

The minutes of the Town Council meeting of November 17, 2015, and the minutes of the Ways and Means meeting of December 8, 2015, were unanimously approved as written.

Financials:

Mayor Ciancio reported that revenues for the month of November were substantially more than budgeted by approximately \$110,500 mostly due to timing issues. Year to date revenues are in excess of budget by \$212,244. For the month of November, expenditures were approximately \$22,000 under budget for the month and \$15,200 under budget for the year. For the year to date, revenues are in excess of expenditures by \$378,754.

Citizens/Guests Presentations, Comments:

None

Reports of Standing Committees, Commissions, Boards:

Public Safety/Club Long Range Planning Committee - Councilman Gregg reported that the Club Long Range Planning Committee did not meet in December. Councilman Gregg reported that the Public Safety Committee met on December 7. The new councilmembers, Skip Crane and John Wells, attended and began familiarization with the Town's Comprehensive Emergency Plan. The Disaster Recovery Council held a planning session on December 11 in preparation for the January 2016 training and exercise that has been scheduled for January 7 and 8. Representatives from local insurance agencies, Charleston County Public Works and the Charleston County Sheriff's Office will be invited to address the Disaster Recovery Council during the training session on January 7.

Councilman Gregg reported that Charleston County Public Works has recommended that the Town execute a revised version of the Intergovernmental Disaster Debris Removal Agreement to facilitate Charleston County's legal review of proposed changes.

Communications/Environmental: Councilman Turner stated that, going forward, information about road conditions, traffic and similar topics will be on the Town's website and the toll free number in addition to Tidelines and the POA e-blasts. Councilmen Turner and Gregg and Town Administrator Pierce will be monitoring various sites; and, if there is a problem that might affect the ability to get on or off Seabrook Island, it will be posted. Since, the SC Department of Natural Resources will be conducting observations of piping plover activity on North Beach beginning in mid-December, 2015, through March 31, 2016, Councilman Turner moved to implement limited beach patrols for: One day in the week before Christmas; Two days during the week of February 14 and; Every day in the weeks before and after Easter (weeks of March 20 and March 27).

Councilman Gregg seconded the motion and the vote to approve was unanimous. Advertising & Public Relations/Special Projects: Councilman Wells reported that the Town, with the help of Obvious Marketing, is planning to focus in 2016 on visitors that are planning to visit the Charleston area or are already in the area. The Town will also sponsor community events such as the 4th of July Fireworks display and "Kick It At Bohicket". Councilman Wells also reported that a plan for developing a Seabrook Island Road drainage, design and landscaping program should be ready for Town Council review by the end of March 2016. A Request for Proposal (RFP) for engineering, road survey and road coring was enclosed in Council packets. Councilman Wells moved to issue this RFP to at least three contractor/engineering firms. Councilman Turner seconded the motion and the vote to approve was unanimous. A second RFP concerns storm water drainage and would include identification, cleaning and video taping of storm water components located on Seabrook Island Road and the right-of-ways in the area of the Town's responsibility beginning outside the security gate and ending near the traffic circle. Councilman Gregg moved to issue the RFP to at least three contractors for storm water cleaning and video taping. Councilman Crane seconded the motion and the vote to approve was unanimous.

man Crane seconded the motion and the vote to approve was unanimous.

Community Relations:

Councilman Crane reported that he attended a POA Planning Committee meeting on December 8 and suggested that the committee determine where internet and cellular service is substandard and report back to him. Councilman Crane also met with Nick MacPherson from Bohicket Marina on December 10. The Marina is planning to do significant repairs to the roadway entering the Marina. Councilman Crane attended a COVAR meeting on December 12. Councilman Crane plans to meet with Ned Collins, from Camp St. Christopher, in January.

Ways & Means - Mayor Ciancio stated that Town Council will begin having Ways & Means Committee meetings monthly on the Tuesday before the Town Council meeting. At the Ways & Means Committee meeting on Tuesday, December 8, the Town Attorney briefed Town Council on the requirements of the SC Freedom of Information Act, in particular, the requirements for conducting public meetings. Councilman Wells reported progress on proposed improvements to address drainage and appearance of Seabrook Island Road (section between SIPOA gate and the traffic circle). No action was taken and no votes were cast at the meeting.

Planning Commission - No Report

Board of Zoning Appeals - No Report

Reports of Ad Hoc Committees:

Accommodations Tax Advisory - No Report

Reports of Town Officers:

Mayor - Councilman Gregg moved to appoint Stephen L. Brown as Town Attorney for the period of one year, beginning in January 2016. Councilman Crane seconded the motion and the vote to approve was unanimous. Councilman Gregg moved to appoint Faye Albritton as Clerk/Treasurer for the period of one year, beginning in January 2016. Councilman Crane seconded the motion and the vote to approve was unanimous. Councilman Gregg moved to appoint Robert Driscoll and to appoint Wayne Billian, who will replace John Wells, on the Planning Commission

for a two year term that will expire on December 31, 2017. Councilman Wells seconded the motion and the vote to approve was unanimous. Councilman Gregg moved to reappoint Jerry Farber and David Osborn to the Board of Zoning Appeals for 5 year terms that will expire on December 31, 2020. Councilman Wells seconded the motion and the vote to approve was unanimous. Councilman Gregg moved to reappoint Steve Bottcher, John Fox, Allan Keener and Rob Savin to the Public Safety Committee for a term to expire on October 31, 2017. Councilman Crane seconded the motion and the vote to approve was unanimous.

Town Administrator - Town Administrator Pierce reported that there were no zoning changes to the Town map during 2015. Block 49, Lots 10 and 11, were combined to create one lot and a portion of Nancy Island was subdivided off, less than 3-1/2 acres, in order to contribute that portion to Greenspace and those changes will be made on the 2016 Town map.

Town Council Members - See Above

Utility Commission - Commissioner Bannwart reported that the Utility Commission is running relatively in fix-up mode due to the recent flooding.

Petitions Received, Referred or Disposed of: None

Ordinances for First Reading:

Ordinance 2015-10, An Ordinance to Amend Sec. 14.20.20.10 of the Town's Development Standards Ordinance. This amendment is to facilitate the approval of site plans and avoid duplication of effort by the Town and the POA. Councilman Gregg moved to accept Ordinance 2015-10 for first reading. Councilman Wells seconded the motion and the vote to approve was unanimous. Ordinance 2015-11, An Ordinance to Amend Sec. 7.90.20 of the Town's Development Standards Ordinance - The purpose of the proposed amendment is to raise the maximum permitted height to 36 feet above the total of both the base flood elevation and Charleston County Building Department's minimum freeboard requirements as set forth in the County's regulations. The amendment also provides that there are also elevations within the building's footprint which are above the combination of base flood plus the County's freeboard requirements that the maximum height is to be measured from the highest of such elevations. Councilman Gregg moved to accept Ordinance 2015-11 on first reading. Councilman Wells seconded the motion and the vote to approve was unanimous.

Ordinances for Second Reading: None

Miscellaneous Business:

Resolution 2015-02 - A Resolution to Allow the Property Owners Association to Thin the Deer Herd - Mayor Ciancio suggested that based on a request of the Property Owners Association, the number of deer to be culled as set forth in the body of the proposed resolution should be changed from 75 to 85. Councilman Gregg moved to approve Resolution 2015-02 with the change in the number of deer. Councilman Wells seconded the motion and the vote to approve was unanimous. Mayor Ciancio reported that, traditionally the Planning Commission has held two meetings - a planning session and a voting session. At the December meeting, the Planning Commission voted to have only one meeting per month on the first Wednesday of the month at 2:30 p.m. Since Council had approved a yearly schedule of meetings at their November Town Council meeting that included both meeting dates, Mayor Ciancio stated that he has authorized the Town Clerk to republish the 2016 meeting dates to reflect the Planning Commission's decision to hold only one monthly meeting. Planning Commission Chairman, Bob Driscoll, stated that since the two dates for the January Planning Commission meetings had already been sent out by certified mail for a rezoning request that the Planning Commission has decided to hold the two meetings in January (January 6 and January 13) and then will have only one meeting month for the remainder of the year.

Citizens Comments:

Sue Holloman remarked that she had attended her last St. Johns Fire Commission Meeting and that Debra Lehman, who will be her replacement on the Commission, attended the meeting also. Mayor Ciancio stated that Ms. Lehman's appointment by County Council is scheduled for their December 17 meeting and that he would follow up with the Governor's office to make sure the appointment is processed in an expeditious manner. Philip Squire inquired about the Town doing something to prevent the tire marks on the shoulder of the road outside the security gate. Councilman Wells stated that this problem will be addressed by expanding the pavement on both sides of the road to make it wider and that will be a part of the design of the roadway but some short term solutions will be addressed in the next month or so. The meeting was adjourned at 3:25 p.m.



FROM TOWN HALL

by John Gregg

BLASTS, CRAWLERS, FEEDS, POSTS AND TWEETS

Ahhhh, winter. Longer evenings and cooler temperatures are just the inspiration for finding distractions to help pass the time until weather more to our liking comes along. For many whose cravings run to "news", any source will do. But suppose weather conditions far more severe were threatening. The need for reliable information would be well beyond any entertainment value. Fortunately, sources for information concerning our community are available on the internet. Learning how to make good use of those sources can be worth a little effort.

When disasters threaten our community, the Town will provide information through its website (townofseabrookisland.org) and "800" toll-free telephone service (888 314 3177). At the Town's website homepage a "crawler" will be presented with a continually repeating message and a static block will be displayed in the center of the page. Both the Club and SIPOA websites ("discoverseabrook.com" and "si-poa.org", respectively) will have active "links" allowing instant "navigation" to the Town's website. In addition, SIPOA "e-blasts" (e-mail messages to all SIPOA subscribing members) will contain emergency information supplied by the Town along with information originating with SIPOA. Town supplied information will also be copied in "posts" available on the TIDELINES blog ("tidelinesblog.com"). The Town's TWITTER feed ("@seabrookisland87") will be updated either to announce availability of updated information from the Town's website and "800" telephone service or to deliver brief messages that fit TWITTER's 140 character limit. To access the Town's TWITTER feed, enter "@seabrookisland87" (NOTE: the quoted TWITTER feed name is the correct Town TWITTER account name) in the "Search" window of an Internet browser and select the Town's TWITTER feed from the listed search results. To learn more about making good use of TWITTER, read on.

Information concerning weather conditions for the local region can be found at the National Weather Service Charleston office website ("weather.gov/chs"; enter the quoted text in an Internet browser "Search" window and select "NWS Forecast Office-Charleston, SC - National Weather Service" from the listed search results to bring up the homepage; for current threats, select "Watches, Warnings & Advisories" from the active links next to the map display of that homepage). Information concerning Charleston County emergency readiness status can be found at the Emergency Management Department website ("emergencymanagementcharlestoncounty"; enter the quoted text in an Internet browser "Search" window and select "Emergency Management Department - Charleston County" from the listed search results). Information on road conditions throughout South Carolina can be found at the South Carolina Department of Transportation website ("scdot/roadconditions"; enter the quoted text in an Internet browser "Search" window and select "Road Conditions" from the list of search results). Information about traffic conditions is available from numerous sources including websites of local broadcast

television news departments.

While navigation to a website can be done using the terms suggested in the foregoing, any website of interest can be made readily accessible by including the website to an Internet browser list of "favorites" (avoids the need to use the browser search facility to "navigate" to the website). Information about how to make a website a "favorite" can be found with an Internet search for "make a website a favorite". To get the most from TWITTER feeds, use the TWITTER search facility ("@twittersearch"; enter the quoted text in an Internet browser search window; select "Twitter Search (@twittersearch)" from the search results) and enter keywords in combination with a TWITTER ID for a TWITTER feed of interest in the search window of the Twitter Search homepage. TWITTER feeds that may have emergency information of local interest include: "@SCEMD" (South Carolina Emergency Management Department); "@ChasCountyGov" (Charleston County); "CharlestonPD" (Charleston Police Department); "@ChasCoSheriff" (Charleston County Sheriff); and, "@StJohnsFD" (St. Johns Fire Division). As an example of a keyword search relating to Main Road, enter "Main Road @ChasCoSheriff" in the search window at the Twitter Search homepage and "click" the magnifying glass icon. That search will return "TWEETS" from the Charleston County Sheriff TWITTER feed that contain a reference to Main Road. Bear in mind that TWITTER feeds can "re-TWEET" content from other TWITTER feeds so that the returned results can include TWEETS from other sources.

Once familiar with information sources that best meet an individual's preferences, the same sources can be made readily accessible on mobile devices (tablets and smart-phones). For direct "navigation" to an internet website homepage, use the mobile device browser to navigate to that website then add that website to the mobile device "Home Screen" ("how to" information to add websites to a home screen can be found by an Internet search for "add website to home screen"). Some sources offer "Apps" that can be installed to a mobile device, for example, TWITTER and Charleston County EMD both have mobile device "Apps" (to find "Apps" on a mobile device open the "Apps store" native (pre-installed) "App" on the device). In general, "Apps" present content somewhat differently from the "full website" presentation to conform to space limitations of mobile device displays. In addition to TWITTER and Charleston County EMD, "Apps" that may be of interest include so-called "crowd-sourcing" traffic "Apps" "WAZE" and "INRIX" and the "App" from the Town's alert notification provider "Code Red" (registration with that "App" allows access to the provider's alerts and a facility for defining an area relative to the subscriber's location for selection of alert messages). Spending time now to become familiar with accessing relevant information sources can go a long way to insuring prompt access to desired information when time does not favor learning Internet navigation tricks. Good Surfing!▲



HEALTHY AGING

J. GERALD REVES, MD

PANCREATIC CANCER: THE SILENT KILLER



From time to time, we address most unpleasant topics in this forum. Pancreatic Cancer is one of these topics. There has been a modest increase in the incidence of this dreaded cancer such that nearly 50,000 Americans will be diagnosed with a cancer of the pancreas this year. Slightly more people are being diagnosed and slightly fewer are dying each year from it, but the 5 year survival after diagnosis is still only 8% which is scary bad.

What is Pancreatic Cancer?

The pancreas is a relatively small, but very important organ in the abdomen. It is only about 6 inches long and about 3 inches wide and relatively flat. It looks a bit like an island that has a narrow head and wide base. The organ lies behind the stomach and in front of the spine and has 2 major functions, both essential to health. The first is the exocrine cells excrete fluids that are essential for digestion in the small intestine. The endocrine cells of the pancreas make hormones, the most widely known being insulin that regulates blood sugar and whose production is required to avoid diabetes. Cancer can form in these cells and mainly in the exocrine cells. Like cancer everywhere in the body, the growth of cancer cells is not regulated and if not removed or killed will metastasize around the body and ultimately lead to death. The spread of the disease is characterized by various stages (0-IV). Stage 0 is carcinoma in situ and localized to one place in the pancreas whereas Stage IV is a wide spread of the disease to remote organs. Stages I-III are graded spread of the disease from local to body

wide.

Why is Pancreatic Cancer Important?

All cancers are important to detect and treat, and this is especially true of cancer of the pancreas. Even though it is relatively uncommon - it is the 12th most common new cancer each year, but importantly it is the 4th most common cause of cancer death, trailing only lung, colon, and breast. In other words, even though only 48,000 people a year will be diagnosed nearly that many (40,000) will die from it. Early detection gives the best hope of successful treatment.

Risk Factors

The table lists the factors that are associated with pancreatic cancer. Some are preventable like smoking and obesity, but others are not like age. Diabetes and chronic pancreatitis are diseases that seem to predispose to pancreatic cancer so if one has either of these one should be especially vigilant for any of the symptoms discussed below. Likewise a family history of pancreatic cancer is a risk factor and requires constant surveillance. There are also a number of other hereditary conditions such as von Hippel-Lindau, Peutz-Jeghers syndrome, breast and ovarian cancer syndrome among others that are associated with cancer of the pancreas.

Diagnosis

The diagnosis of cancer of the pancreas is difficult and often late. The symptoms are not terribly specific and this is why the diagnosis is often at an advanced stage. Symptoms include jaundice (yellowing of skin and whites of the eyes), light-colored stools, dark urine, pain in the upper or middle abdomen and or back, unexplained weight loss, feeling tired and poor appetite. With the exception of jaundice and color of stools and urine, none of these symptoms and signs are specific indicators that something is wrong, and even these are often late signs of disease (meaning by the time they occur the cancer is Stage I or greater). There is one brand new, promising blood marker (GPC1) that may be helpful for detection. The definitive diagnosis requires

confirmation by radiologic studies and or tissue biopsy of cancerous tissue. Sometimes a gastroenterologist will discover the disease with endoscopic techniques. Because pancreatic cancer has a very high mortality and the later it is diagnosed (more advanced the stage) the poorer the survival.

Treatment and Survival

Early detection is the best predictor of survival. The figure shows that if the diagnosis and treatment is made when cancer is still localized to the pancreas that survival is much better than if it has spread to the regional lymph nodes or blood vessels and organs compared to spread to distant organs such as lung. Treatment depends on the stage of the disease as well. Surgery is used for localized disease and in some cases of regional spread. Otherwise a variety of radiation and chemotherapy are used to contain the spread. If late in the disease a number of palliative procedures and treatments can be used importantly including pain therapies to block nerves that can make this a painful disease. All of the treatments require a team of physicians, nurses and nutritionists to optimize the particular approach for each individual. There are National Cancer Institute center protocols available at the Hollings Cancer Center for investigational trials designed to try new approaches. There is one new drug (irinotecan) approved in October 2015 by the FDA to be used in patients with metastatic disease, and many other approaches are under study to improve the survival of this deadly disease.

Bottom Line

As we age there is an increased chance that we could be one of the 48 thousand people in the U.S. with newly detected pancreatic cancer. Avoiding smoking and maintaining normal weight are preventive measures to reduce risk. If one is in the high risk group, ask your physician about the new GPC1 blood test. As with all disease, being very aware of changes in normal activities, eating and elimination are critical to early detection which in turn is key to survival.▲

Advertisement for dunes properties, The Kiawah Seabrook Group, listing contact information for Karen Hilby, Joy Miller, Jane Lowe, Beata Bennett, Michael McMannus, Astrid McMannus, Robert Long, Caroline Seufert, Sue Edensrod, and Office Phone.

Advertisement for Coastal Connection, 'Enjoy the Ride!', 'A First Class Transportation Service Serving the People of Seabrook & Kiawah Islands', listing phone number 843.810.1365.

Advertisement for LEDFORD'S TERMITE & PEST CONTROL, INC., 'Family Owned & Operated Since 1975', listing phone number 766-8298.

Advertisement for ISLAND TRANSPORTATION SERVICES, LLC, 'Servicing the Transportation Needs for Seabrook & Kiawah Islands', listing phone number 864.316.3894.

Advertisement for real estate listings, 'Life starts here & your journey begins with us.', listing properties like 1233 Creek Watch Villa and 2138 Bay Pointe Villa.



**C.O.V.A.R. CORNER**

ALLAN KEENER

Council of Villa Associations and Regimes Information  
Open Letter to all Seabrook Island Property Owners, Guests and Visitors

It's February on Seabrook Island, which means SIPOA and Club annual meetings will be held, with new board members and officers elected, budgets approved and a host of issues addressed. COVAR is now in its 16th year. I am the third COVAR president, following Carroll Gantz and Lynn Richbart. This year we want to continue our focus begun last year on several key issues that affect villa owners as well as new villa owner issues as they emerge.

At the March 2015 meeting, COVAR focused on Marsh Walk Villas fire with (1) James Ghi, Battalion Chief/Fire Marshall, St. Johns Fire District, describing the fire that took place at Marsh Walk Villas on December 12, 2014; Paul Steadman, President and CEO of the Steadman Agency, Inc., and Diane Gainey, Division President, EVP of AmRisc, discussing insurance coverage and the claims adjudication process; Bob Becker, Marsh Walk Villas Board Member, sharing insights he gained as a result of the fire; Dan Kortvelesy, SIPOA Board Member and Chair of the SIPOA Planning Committee, reviewing the work that his committee was currently doing on disaster and post-disaster recovery and Larry Buchman, President of the Pelican Watch Villas Board, providing a summary of the installation of a wireless fire-alarm system at Pelican Watch Villas.

While there was no June meeting, the COVAR Board worked collaboratively throughout the summer with Town of Seabrook Island (TOSI) officials on a legislative effort that resulted in the adoption on July 28 of Ordinance 2015-02, amending, updating and significantly strengthening Section 32 of the Town Code, Waterways and Beaches.

Our September meeting focused on property and landscaping improvement for associations/regimes with TOSI Mayor Ahearn providing a brief history of the topic; TOSI Mayor Pro-Tem Ron Ciancio discussing specific constraints that the Town of Seabrook Island faces in trying to deal with these issues; Dan Kortvelesy, Chair, SIPOA

Long Term Planning Committee; Vice Chair, SIPOA ARC, suggesting that the term "maturing properties" is a better fit for this topic; Heather Paton, SIPOA Executive Director, following with further insights on the meaning of the term "maturing villas;" Seabrook Island Club President, Bill Greubel discussing the role of the Seabrook Island Club; Stuart Rumph, Sales Executive, Seabrook Island Real Estate commenting on the appearance of properties on Seabrook Island and Linda Olsen, Owner, Change of Space Interiors, LLC, and Nancy Buck Co-Owner, Coastal Getaways of South Carolina, suggesting ideas for improving them.

In addition to meeting and hearing from Candidates for the SIPOA Board of Directors, two Seabrook Island issues were addressed at our December meeting - (1) property and landscaping improvement for associations/regimes follow-up with Chuck Fox, SIPOA President, discussing the ARC process and the perception that proposals are held up by the ARC and stating that the \$50 fee for repair work had been reviewed and eliminated for repair projects with a value less than \$500 and (2) developing funding reserves for associations/regimes with Peter Miller, Principal, millerdodson Capital Reserve Consultants, Larry Blasch, Immediate Past President, Spinnaker Beach Houses Owners Association and Larry Buchman, President, Pelican Watch Horizontal Property Regime. Mr. Miller discussed the importance of developing and funding reserves for associations and regimes. Mr. Blasch and Mr. Buchman provided an overview of their experience with funding reserves for Spinnaker Beach Houses and Pelican Watch Villas.

The COVAR Board is proposing an agenda for its March 2016 meeting focused on (1) meeting the newly elected SIPOA and Club Presidents and recently elected Mayor of the Town of Seabrook

Island and (2) election of COVAR officers for 2016. As COVAR president, I am pleased to announce the slate of candidates.

I have agreed to continue as President. I served as Secretary under Lynn Richbart for two years. I retired in 2008 after 31 years of active and reserve duty in the Army and 13 years as a defense contractor. I served on the SIPOA Board in 2010 and 2011 and on the Spinnaker Board from 2005-2014, serving as president for much of that time. I was appointed to the Town's Public Safety Committee over two years ago.

Gary Quigley has agreed to continue as Vice President. Gary was Secretary of COVAR for many years until March 2011. He returned to the COVAR Board in 2013 as Chair of Town Affairs. In 2008 and 2009 he served on the SIPOA Nominating Committee and for seven years he served on the Green Space Conservancy Board, returning to that Board from 2013-2015. He also served as President of the Pelican Watch Villas Board.

Floyd DeAndrade has served as Treasurer for the past four years and has agreed to continue in that position. Before those years, he served many years as COVAR Membership Chair. He also brings an additional perspective to the Board because he lives in Bohicket Marina Village and was on its board. This is significant since COVAR membership includes all villa owners in the Town of Seabrook Island, not just those within the jurisdiction of SIPOA.

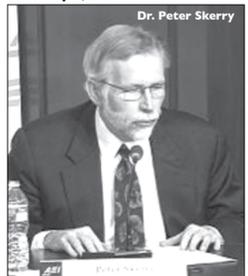
Kathleen Buchman has agreed to continue as Secretary. Kathleen volunteered to serve as Membership Chair for COVAR in 2013 and continued in that role after her election as Secretary. Before transitioning to full-time residency on Seabrook Island over two years ago, Kathleen worked for the Wheaton Franciscan Healthcare System for 20 years.

The March COVAR meeting will be Saturday, March 12 from 10 AM to 12 Noon at the Lake House. All Seabrookers are invited to attend.▲

World Affairs Council of Charleston

**WORLD AFFAIRS COUNCIL of CHARLESTON**  
Second Half of the Season

"Immigration from Mexico in the 21st Century" is the topic for a special event that will kick off the second half of our season. WACC members, Citadel faculty, students, and guests will assemble for a dinner lecture and discussion in the Riverview Room at the Citadel, the evening of February 8, 2016.



Dr. Peter Skerry, Senior Fellow in the Kenan Institute for Ethics at Duke University is the speaker. He is the author of the book "Mexican Americans: The Ambivalent Minority". He is widely published including The Weekly Standard, The Wall Street Journal, The New York Times, and The Washington Post.

We also expect to soon announce a lecture tour of Mexico led by WACC Treasurer and Citadel Professor, Brian Norris PhD, to occur in May. Those interested in what promises to be a very special informative adventure trip will be offered a spot on the tour. The cost will be modest.

Seabrookers can be justly proud of our leadership and support of the World Affairs Council of Charleston. Bill Boudreau was an early shaker and mover. Craig Hanson serves as the Great Decisions Coordinator and is a past president. Alan Armstrong served on the board for several years. Frank Farfone heads up fund raising. Dr. Mela Wyeth was recently appointed to the board. Dieter and Heidi Lantin are current corporate sponsors. Currently 35 Seabrookers are members.

If you are not yet a member, come join us for our second half! Check out on line and join there or at the meeting, February 29. The website is [wacccharleston.org](http://wacccharleston.org). See you there!▲

Chuck Bensonhaver, President

Attendance is by membership. The dues have been reduced for the second half to \$65.00 per individual or \$110 per couple, defined as any two persons in a household. Guests can attend once per year for a fee of \$20. One can join on line at [wacccharleston.org](http://wacccharleston.org) or at the meeting. The venue is at 69 Hagood Avenue just across from the stadium. Parking is ample, close, and free. You will meet interesting people! Your understanding of international issues will expand.

The Kiawah/Seabrook Great Decisions group will begin on February 2, 2016. This program, enthusiastically received by its participants promises to have another successful season. Small groups meet in various members homes and discuss current foreign affairs topics prompted by an expertly written briefing book.

On April 6 at our regular meeting, we will honor several high school students who have been selected by their teachers as accomplished in foreign affairs. Similarly we will honor a Citadel cadet. In general WACC is moving more to serve bright young people in becoming knowledgeable about international affairs.

For our first regular membership/guest meeting of the second half we will assemble at The Citadel Alumni Center at 5:15 p.m. for our social hour on Monday, February 29. At 6 p.m. the lecture shall begin on the topic of "Brazil - this Summer Olympics host: A nation with global ambitions, but with big challenges."

The speaker will be Brookings Institute Senior Fellow, Dr. Harold Trinkunas.

Seabrookers are invited to attend.▲

**Shannon Runquist is Featured Guest Artist At Seabrook Artist Guild Meeting**



"Please Pass the Cream"



"Hand-Picked"

Classically trained, realistic oil painter, Shannon Runquist will be the featured guest artist at the February 16th meeting of the Seabrook Island Artist Guild, to be held at 3:00PM at the Lake House.

When speaking about her style and process, Shannon responds "I would like for my paintings to convey a timeless aesthetic. They are often an extension of an emotion at the time I am painting, but I hope my work remains ambiguous. I paint what is familiar to me, what I have collected or a place I have been. My favorite paintings are ones that tell a story but leave a little mystery for the viewer." She focuses, primarily, on landscape and still life images.

Ms. Runquist, who was born in Savannah, Georgia and educated at the Pennsylvania Academy of Fine Art, Florence Academy of Art and the University of Georgia, has spent most of

her life in the South. She has lived on St. Simons Island, Georgia and currently resides in the Lowcountry, spending her summers on Cape Cod. Living near the shore has developed in her, a great love for coastal regions and the elements that define them. She has painted and studied in Europe, Mexico, Central America and the Caribbean.

Runquist has participated in many national and international exhibitions including consecutive years at the Salmagundi Club in New York City, the Salon International and Honorable Mention in the 1012 Cashiers NC, Plein Air Paint Out. She enjoys traveling and painting en plein air as well as working in her home studio. Her paintings hang in both corporate and private collections in the United States and abroad.

To learn more about the Seabrook Island Artist Guild events, workshops and membership visit the website at [www.seabrookislandartistguild.com](http://www.seabrookislandartistguild.com) ▲

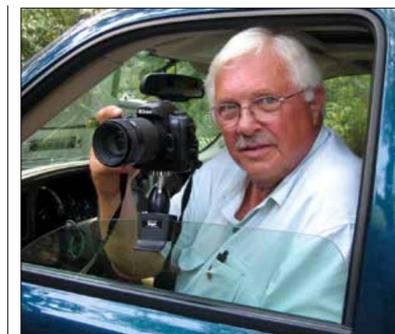
**Bob Hider – Photographer of the Month**

BOB HIDER by BOB HIDER

I got my first camera when I was in high school. It was a Voigtlander 35mm, with a flip down bellows lens. It had a great lens and took good pictures... unfortunately I didn't take good pictures. I had a lot to learn. So over the years I wasted a lot of film, most of it under or over exposed. I bought a light meter. That solved many of the exposure issues, but still my pictures didn't have that great look that I had seen from other photographers. That led to a darkroom. There I had another huge learning experience, and it wasn't until a friend of a friend showed me how to get the most out of a shot in the developing tray that I finally began to be satisfied with my pictures.

Of course I hadn't even thought of things like composition, artistic quality and the things that make good pictures great pictures. In fact that didn't happen for almost 40 years. Sure, I had cameras all throughout my life, but they were mostly for picture taking - kids, trips, parties, etc. I hadn't considered making artistic images that people would buy until 3 things came into confluence in my life.

The first was retirement. That gave me the time to seek out good shots. The second was the digital camera revolution. I was turned on immediately by the idea that I could now manipulate my pictures in a computer, rather than a dark room (my profession as a director/producer had given me a basic knowledge of Adobe Photoshop which I quickly put to work on my photos.) The third thing was moving to Seabrook Island, SC, which opened my eyes to the beauty of the lowcountry: the marshes, the wildlife, the sunrises and the sunsets. It all came together for me.



And, the fact that I could sell my work for a worthwhile charity, currently the Respite Care of Charleston, made me want to show and sell as much as possible. Of course I still want to be retired, but photography has given me a purpose and an outlet for my creative juices. When someone buys a picture, the check is made out to RCC. That money is passed directly to Respite Care along with an invoice for my expenses for which they reimburse me. I don't lose money, they gain money and the buyer gets a tax deduction and a nice picture.

I'm happy. A cocktail reception will be held at the Lake House on February 1st from 5-7pm.▲

**Abstract Artist Colleen Wiessmann Artist of the Month**

Abstract artist and former Seabrook Island Artist Guild president, Colleen Wiessmann, is Artist of the Month for February. Her work will be on display in the Lake House Art Gallery from February 1st through February 29th.

Originally from northern New Jersey, Colleen studied at the school of New York Botanical Gardens, where her early artistic endeavors focused on the field of Interior "Plant Scaping" or office plant décor. This experience helped to develop her eye for shapes, colors, balance and aesthetics. Contrary to popular opinion, Colleen says that creating an abstract piece of art is not just a matter of throwing paint on canvas, but a melding of experiences, creative instincts and innate abilities.

Working from her Seabrook studio, she creates acrylics using collage and layering techniques. Her emotions dictate the process: laying paint on textured canvas, changing shapes and colors, scrubbing out and repainting until the canvas evolves into a harmonious work of art, exquisite in its composition, balance and color harmony.

Colleen's work can be seen at the 151 Fine Art Gallery, 175 Church St. and at the Pico Spoleto Festival.

To learn more about the art guild, view the work of member artists, or stay on top of upcoming events visit our web site at [www.seabrookislandartistguild.com](http://www.seabrookislandartistguild.com) ▲



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**On an Electrician's truck:**  
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**On a Maternity Room door:**  
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**At a Car Dealership:**  
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**Outside a Muffler Shop:**  
"No appointment necessary. We hear you coming."

**In a Veterinarian's waiting room:**  
"Be back in 5 minutes. Sit! Stay!"

**At the Electric Company:**  
"We would be delighted if you send in your payment on time. However, if you don't, YOU will be de-lighted."

**In a Restaurant window:**  
"Don't stand there and be hungry; come on in and get fed up."

**In the front yard of a Funeral Home:**  
"Drive carefully. We'll wait."

**In a Chicago Radiator Shop:**  
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# Seabrookers Tagging Monarchs for Study

How do you tag a butterfly and why would you want to? Those are good questions and the answers may surprise you. The Monarch butterfly is a large orange and black butterfly with a wingspan of 3 1/2 to 4 inches and is frequently seen along our beaches throughout the fall and early winter months.

No doubt you have heard or read about their amazing migration from throughout the US and Canada to one specific place in Mexico. Over the past 20 years, the Monarch population overwintering in Mexico has plummeted from approximately one billion covering a 44-acre area to about 50+ million covering less than three acres. That's an estimated reduction of 910 million Monarchs in 1996 to only 57 million in 2014. This is also 80% below the overall average of 300 million over the past 20 years.

One of the major causes for this decline is the loss of milkweed, a native plant. This is the only plant on which Monarchs lay their eggs and the only plant that the resultant caterpillars will eat. Milkweed has been the victim of non-targeted herbicides which kill everything growing around and near farm fields where it is applied. The crops themselves survive because they have been developed to be herbicide-resistant.

Several organizations, including the United States Fish and Wildlife Service and the National Wildlife Federation, have allocated funds to restore and enhance tens of thousands of acres of habitat for Monarchs. You too can help by planting native milkweed. The Monarch doesn't need a field full of milkweed; a few plants in your yard or in pots on your deck would be sufficient. They should be mixed with other early and late blooming nectar plants to provide a variety of food for the butterflies.



PHOTO BY CHARLEY MOORE A Monarch butterfly tagged by a Seabrook Island volunteer this past December feeds on a milkweed plant.

These changes will no doubt benefit the Monarchs. However, there is still a lot unknown about these insects that might help with efforts to preserve the species. A South Carolina Department of Natural Resources (SCDNR) study funded by the US Fish and Wildlife Service is utilizing volunteers this winter in 16 areas along the South Carolina Coast. Their task is to tag Monarchs in an attempt to determine their winter range along the coast, their survival rate, and where they go in the spring to breed.

The study's principle investigator, Billy McCord (SCDNR) has tagged more than 24,000 South Carolina Monarch butterflies over the past 20 years. Here on Seabrook Island Don Smith, Charley Moore and Marcia Hider have volunteered to help. It's their job to catch, tag and release as many monarch butterflies as they can between November 15th and April 15th.

How do you tag a butterfly? Very carefully. Caught with a butterfly net they are gently tagged with a small adhesive dot on the backside of the wing. Surprisingly, this does not impact their ability to fly.

You can do your part by contacting one of these volunteers if you spot Monarchs on our Island. Just call Don (243-9109) or Charley (768-0003) or Marcia (768-3166). The butterfly may well be gone by the time someone follows up, but at least they can add that location to the ones they regularly check.

The more we know about and do to help these delicate and colorful creatures, the more chance they will survive to enhance our landscapes and those of future generations.▲

By Charley Moore

# Will Luck be your Lady at this year's Green Space Gala?

This year's Live Auction will feature a very unique item: A rare bottle of Sinatra Century, a limited edition Tennessee whiskey specially commissioned by the Jack Daniel's distillery. The small 100 barrel release was crafted in collaboration with Sinatra's family in honor of what would have been Frank's 100th birthday on December 12, 2015. The 100 proof batch hit the market last fall but is not available for retail purchase in the United States. It is only for sale in duty-free shops at 14 select international airports. Each individually numbered (and signed by the distiller) 1 liter bottle is housed in an elegant lacquered midnight blue case. Included in the case is a replica of Sinatra's tie clip that cleverly contains a digital copy of a never released live concert recorded at the Sands Hotel and Casino in Las Vegas in 1966. A hardcover illustrated tribute book completes the package. This rare and collectible item is the generous donation of Dieter and Heidi Lantin. The Green Space Conservancy Board would like to raise a toast to their thoughtful generosity!



### We Have High Hopes!

The Sinatra Century collectible is just one of several new items at this year's Live Auction. It will take more than Lady Luck and this year's Gala proceeds, however, to assure that the Green Space Conservancy continues to meet its current obligations. Seabrookers were extremely generous this holiday season to help keep Seabrook green. Of special note, the level of the support has broadened as many new donors made contributions. We are deeply grateful for every single dollar. In the coming months we will be once again calling upon the goodwill of our island neighbors to complete the purchase of a property on Bateau Trace on July 1, 2016. This lot is next to the SE corner of SIR and Bateau Trace that the Conservancy purchased this past June. The owner of the Bateau Trace lot generously offered the Conservancy the chance to purchase it at a very favorable price and with an extended closing date. Together, the properties will form 1.28 acres of Green Space; almost equivalent in size to the "dry land" portion of Nancy Island. The Conservancy rarely has the opportunity to secure highly desirable properties that are adjacent. This large acquisition won't just preserve a lush vista; a vital wildlife corridor linking Seabrook Island Road and the Crooked Oaks Golf Course will be created.

### The Best is Yet to Come...

2016 promises to be one of the Conservancy's most productive years yet with the synergy of a highly dedicated Green Space Board and the influx of new donors who treasure Seabrook's natural beauty and abundant wildlife. Please stay tuned for additional ways you can support Green Space and for more sneak peeks of new Gala Auction offerings! You now know about taking home the Chairman of the Board. In future updates, learn more about the Seabrook version of a "seven and seven" - tastings of seven American Whiskeys coupled with a seven-course meal for you and your friends. But what if you didn't get reservations to this year's Gala? You won't have the chance to bid on Ol' Blue Eyes or the Bourbon Bash!

That's Life! ▲

Mary Beth Joyce

# Seabrook Island Birders (SIB) Inaugural Meeting Attended By 100 Residents

Seabrook Island Birders (SIB) held its inaugural meeting on January 20th at the Lake House. The meeting was attended by just over 100 Seabrook Islanders, most of whom elected to join the Island's newest group.

Guest speakers Christina Fifer of Wild Birds Unlimited and her assistant, Adam Sherrill, described several birds that are likely to visit feeders in Seabrook Island backyards. They demonstrated a variety of bird feeders and the appropriate food for each bird.

Nancy Brown, one of the organizers of the new group, introduced the audience to SIB's new website (Seabrookislandbirders.org) which, along with other communication tools (email, blog, and Facebook page), have been developed to help members in several ways:

- to know what bird watching activities have been scheduled,
- to see what birds are being observed on the Island and in the vicinity,
- to let residents arrange birding expeditions together,
- to provide available links that can enhance each member's birding experience.

SIB officers were elected: Chairman - Charley Moore; Program Co-Chairs - Judy Morr and Lyn Magee; Treasurer and Membership - Marcia Hider; Secretary - George Haskins; Communications and Web Master - Nancy Brown; Bluebird Trails Chair



Dean Morr presents Patty Smith with a beautiful framed print donated by Photographer Derek Fyfe as one of the door prizes awarded during the first meeting of the Seabrook Island Birders.



Christine Fifer of Wild Birds Unlimited talks to Seabrook Island Birders (SIB) during their inaugural meeting on January 20th at the Seabrook Island Lake House.

- Dean Morr; Activities Chair - Flo Foley; and Social Chair - Donna Lawrence.

With a membership of already almost 100 residents, the goal of SIB is to bring together residents that have a love of birds and/or an interest in learning about the incredible variety that inhabit Seabrook Island through out the year.

The club will cater to all levels of birders - from the beginner to the expert. Simply loving to see birds at your backyard feeder is enough. On the other hand, SIB will provide a place for experienced birders to notify others of unusual sightings and additional time sensitive information.

In April, SIB will provide an exciting program at the Lake House by the Center for Birds of Prey. It will include flight demonstrations using several of their rescued birds.

SIB membership (\$10.00 annually) is restricted to residents and their renters. All programs are open to everyone; guest and visitors will be asked to make a small donation. Activities will be limited to members.

All Seabrookers are invited to join SIB - Send your name, address, email address with \$10.00 to Marcia Hider, 3145 Green Heron Ct. Seabrook Island, SC 29455 or put it in her local mailbox.

Hope to see you in April.▲

Charley Moore  
Chairman, SIB

# Seabrook Author Mary Glickman Publishes New Novel

On Saturday evening, January 23rd, ninety Seabrook, Charleston and Beaufort luminaries gathered to celebrate the publication of Seabrook resident Mary Glickman's newest novel, An Undisturbed Peace. Accompanied by the music of the Dallas Baker and Friends band, the local literati feasted of Justin Broome's food from his delightful Charleston restaurant Fuel. Bernie Schein, himself a well-known author, sang Glickman's praises with a delightful story of his friend Pat Conroy's introduction to Mary's work. Both Schein and Conroy have lauded the book with generous endorsements.

An Undisturbed Peace is a story of love and friendship amidst tragedy. Bound by forbidden and unrequited love, Abe, Cherokee princess Dark

Water, and Jacob struggle against the escalating horrors of President Jackson's Indian Removal Act. As the Trail of Tears begins, Abe tries desperately to intervene - and Jacob and Dark Water fight for their lives.

As reviewed in Booklist, "Glickman gives readers much to ponder on the many ways prejudice can be expressed. Her beautiful descriptions of an unsettled America and its native people are highlights in the far-reaching story of love, courage, and honor".

Glickman is the author of three previous novels, Home in the Morning, One More River and Marching to Zion. The official publication date of An Undisturbed Peace is February 3rd and it is available at Indigo Books in Freshfield Village.▲

Lisa Cermak



(L-R) Shay McNeal-Poulin, "Meet You in the Middle" columnist for The Charleston Mercury, Mary Glickman and Bernie Schein, author of "Famous All Over Town" (2014) and "If Holden Caulfield Were in My Classroom" (2009). Mr. Schein lives in Beaufort, SC.



Seabrookers enjoying the Dallas Baker and Friends Band pictured at right with Mary



# Seabrook Island Deer Facts

The white-tailed deer is the most prominent component of the wildlife community on Seabrook Island and clearly the animal that most people like seeing.

Surveys of property owners in 2014 indicated that (80%) of island residents agreed that the care, protection, and management of wildlife and the maintaining of adequate and proper habitats on Seabrook Island are extremely important.

Residents have gone to a great deal of effort in the past to maintain Seabrook Island's natural environment so that our wildlife can be observed in a natural setting.

Unlike other wildlife on our island, white-tailed deer must be managed so their numbers don't increase beyond a level that the habitat can support.

In communities like ours, there are a number of factors that allow the deer population to expand beyond levels typically found in natural habitats. Hunting is not allowed, dogs do not run free and there are

few predators (bobcats and coyotes).

With reduced natural predation the deer herd may often become so numerous that it will exceed the available food supply and the deer will suffer from malnutrition, disease and genetic abnormalities from inbreeding.

On our island where deer have a reduced natural mortality, it is necessary to develop a management program to periodically remove some deer to maintain a healthy population.

Since 2005, there have been two fall spotlight counts of the deer herd performed annually on Seabrook. Each count consisted of tallies taken on three consecutive evenings. This data has allowed the Deer Management Task Force (DMTF) to establish a target range for the number of deer on the island.

Deer that are removed are immediately taken to a local deer processing plant and the meat is delivered to local charities for their soup kitchen.



Deer and other programs that feed the poor.

The complete Annual Deer Report, 2015 and the SIPOA Deer Management Program document are available on the SIPOA website (SIPOA.org).▲

By Charley Moore

**#MakeItUniquelyYours**  
**PHOTO CONTEST**  
 Congratulations Fall 2015 Winners!  
 Enter Now - March 31st!

SEABROOK ISLAND  
 Make It Uniquely Yours

**Winner**  
 "The Crab Standoff"  
 Kevin Finke

**Winner**  
 "The Long Boardwalk to North Beach"  
 Aubrey Bogert

**Runner Up**  
 "Seabrook Stays Beautiful After 20+ Inches of Rain in Oct. 2015"  
 Katherine Sankovich

This is your chance to show us how you make Seabrook Island Uniquely YOURS!  
 To be eligible you must upload your pictures (hashtag #MakeItUniquelyYours) to

OR OR &

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 DiscoverSeabrook.com  
 (click "Media" tab)

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**Seabrook Marketplace**  
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www.seabrookmarketplace.com  
 (FREE classified ad service for Seabrook Island residents)

Submit ad requests to:  
 seabrookmarketplace@yahoo.com

Please include:  
 Ad content, Name, Phone Number  
 Email and Seabrook Island Address

Many of you will remember The Seabrook Island Trader. Two years ago we launched the blog in an attempt to provide a classified forum for Seabrook Island residents. Although many of you placed ads, the blog did not gain a lot of momentum. Now that more of us have gotten used to finding news and information online, we thought we would try again to provide a community classified.

behind the Seabrook Marketplace. Just type www.seabrookmarketplace.com into the address bar of your web browser and it will take you to a bulletin board. You can bookmark the site to make it easy to find again. Want to place an ad? It's FREE. Just send an email to seabrookmarketplace@yahoo.com. Include the text of your ad, your name, email address, phone number and Seabrook address. You can supply one photo to go with your ad or a link to more content/information. We will post your ad, and

cedures and hoops to jump through. So we thought we would try something easier. All of us are familiar with the grocery store/library/laundromat/community center bulletin board. You stick your ad on the board and, with any luck, someone contacts you. That is the concept

- 1) This publication is not intended to serve as an advertising platform for commercial vendors, contractors or businesses. It is intended to serve Seabrook residents.
- 2) No real estate ads - the only exception is if you are renting your Seabrook property yourself. Those ads will stay up on the bulletin board from the date they are posted until December 30 when they will all be taken down. If you want to run them again, you will need to re-submit the ad.▲

You can contact us at: seabrookmarketplace@yahoo.com

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**BON APPETITE**

**Appetites and Anecdotes**

by Saffron and Curry  
 Information for Seabrookers by Seabrookers  
 Email: saffronandcurry@yahoo.com • Photos by Paprika

We like to do a review of special places during the year and this time we have decided not to do local restaurants but have a list and short review of some of our favorites when travelling abroad! You may want to seek these out on your travels. This is our list of favorites!

Our overall best meal during our travels was at the renowned **La Petite Ferme** in the wine country of **Franschhoek, South Africa**. Set on the rolling hills overlooking their own vineyard, with glassed in and open views of the whole checkerboard countryside and the mountains as a backdrop this restaurant lets you know you are in for a treat before you even sit down! You can have a wine tasting under the grand old trees beforehand with the wines from their very own winery and private label, and then proceed to your white covered table for your luncheon choices. Every dish is meticulously cooked to perfection and plated elegantly. You may never want to leave! However, it has recently changed hands, and even though all the old staff was retained one never knows. It would be a shame to change even one item here! **La Petite Ferme** is perfection. We both agree on this one!

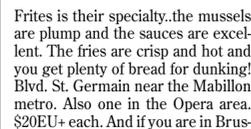
Now, on to the list...in no particular order:

**Athens, Greece**...our must go to place here is **O Thanassis** in the Plaka area at the corner of Mitropoleos and Monastiraki Square. Sit at an outside table with the many locals and sample any of their delicious Greek offerings from Souvlaki to gyros and kebabs. Casual and inexpensive. We eat here several times each trip!

While we are on Greece...how about **Oia** on the island of **Santorini**. Our favorite here is **Skiza Café**. With your back to the main church go left past a little square and there it is on the right. Breakfast or lunch on the main floor with all the locals, sitting at a small table overlooking the entire caldera filled with white houses with blue trim that match the Greek skies...well, it doesn't get much more gorgeous than this! A salad Nicoise and maybe a homemade pastry for dessert. Lunch in Greece!

**Paris** we have two, **Le Souffle** for an elegant lunch or dinner. Choose your soufflé for each course and it is made for you as you wait. Maybe a light cheese soufflé for a starter, followed by a delicate morel mushroom one for your entrée and finally, their delectable chocolate soufflé for dessert! Lunch or dinner. Across from the Tuileries at the end of the short Rue du Mont Thabor. \$100 lunch/2. Reservations. More on the casual side, is the fun and delicious **Leon of Brussels!** Moules

**Mumbai, India**...we were heavily warned by people on our cruise ship that many had gotten sick here during other two day stays so we told our private guide that rather than spend time eating we wanted to see as much as possible. However, nature in her several forms did demand at least a couple of stops each day so we opted for the **Tata Starbuck's** at the back of the **Taj Mahal Palace Hotel** for a refresher of iced coffees and our first taste of Very Berry Hibiscus cooler. Enjoyed along with our roll and a slice of cheese from the ship. None of our six got sick! Very clean restrooms!!



Frites is their specialty...the mussels are plump and the sauces are excellent. The fries are crisp and hot and you get plenty of bread for dunking! Blvd. St. Germain near the Mabillon metro. Also one in the Opera area. \$20EU+ each. And if you are in Brus-

sels do try one of the local Moules Frites places back behind the City Museum in the Grand Place. Moules is French for Mussels.

In **Bangkok** we choose the lovely **Lord Jim's** seafood lunch buffet in



the **Mandarin Oriental Hotel**. With your table overlooking the bustling **Chao Phraya River** you can watch the world go by as you help yourself to all of the familiar and unfamiliar selections on this buffet! Luncheon here is all you need for the day. \$50 ea. Only open daily from 12-230pm. Make reservations for the best view!

Our favorite in **Barcelona** is luncheon at **Les Quinze Nits** on the north side of the **Placa Reial**. This is a fun place with only a few daily selections, but we have always had an excellent meal here. Judging by the line that can form many others feel the same. Mainly tourists but still a good choice and after all that walking in Barcelona a welcome place to sit for a spell and watch the buskers in the square. An outside table is coveted. No reservations. Don't worry the line moves very fast.

**Tallin, Estonia?** Yes! In the center of old town do try **Ye Olde Hansa**. You step back to the medieval times in this old place. At first we wondered what we were getting roped into by the cute guy and gal out front touting their menu but we were amazed at the excellent lunch we had. Forest mushroom soup served in a bowl with no silverware as we sat on a wooden bench along with the best whole grain bread we have ever had and a glass of cold stout to wash it down! (We even wrote to them for the bread recipe which they very politely said they couldn't divulge!) Maybe if we had been hungrier we would have tried the wild boar! Beware, the ladies room, and presumably the men's, is lit by candlelight! It's fun and good!

**Mumbai, India**...we were heavily warned by people on our cruise ship that many had gotten sick here during other two day stays so we told our private guide that rather than spend time eating we wanted to see as much as possible. However, nature in her several forms did demand at least a couple of stops each day so we opted for the **Tata Starbuck's** at the back of the **Taj Mahal Palace Hotel** for a refresher of iced coffees and our first taste of Very Berry Hibiscus cooler. Enjoyed along with our roll and a slice of cheese from the ship. None of our six got sick! Very clean restrooms!!

Curry's list seems to wander a little from the list pulled together by Saffron. Each of us remembers a dining experience for many reasons: locale, ambiance, food, friends that are with us.

Since **Texas** was at one time a nation unto itself with a special flag and flair in foods, it seems appropriate to recognize one of the great spots in **Fort Worth, Joe T. Garcia's**, located near the stock yards, serves only enchiladas and fajitas. But you can never forget the experience of eating there. Just like the food, the setting never disappoints. Part of the expe-

**Making Better Use of Your Technology**  
**The Curse of Microsoft Office! Microsoft**

Just about everyone these days has a computer, laptop, tablet or smartphone. All of us have the need, sooner or later, to type something that requires a program that can process our words. For many, many years, Microsoft's Word (part of the larger, Microsoft Office Suite) was the quintessential writing program.

I have purchased Microsoft Office for every computer I have owned and there have been quite a few. I always knew it was great software, but I always hated paying for it. When I purchased my current laptop a year ago, I decided not to buy Office. It was not an easy decision. I had been using Office, especially Word and Excel, for so long, I could recite all the shortcuts by heart and write macros for those programs in my sleep. Not having Office on my new computer was sort of like leaving home for your first day of kindergarten and having to leave "Teddy" or "blankie" behind.

Microsoft Office is still expensive. And if you don't want to purchase the software, you can now pay an annual fee to have access to it all, in the cloud, for \$70/year. It's still a great suite of tools but you don't have to spend any money to get equally good functionality from Google Drive or Apache's

OpenOffice. And they, if you haven't already guessed, are free.

Just so you understand, I write a LOT. I also use spreadsheets, databases and presentations a LOT. Over the past few months I have been creating flow charts and forms. I also need to collaborate with other people for various reasons. So I needed to find a replacement for Office and found a great alternative in Google Drive. It lets me create documents, spreadsheets, presentations (slides), flow charts and forms and it has a simple, intuitive sharing capability. I belong to an on-line writer's group and we regularly share our writing with one another for comment and critique. Google Drive has allowed us to do that seamlessly. Each time someone posts a comment on a document, an email goes out to everyone else with whom the document is shared. And Google Drive supplies a "link" for every document, sheet or slide so you can give that link to anyone you choose or embed it in a blog or website. Microsoft is still working on a way to make links and notifications happen. So if you are on the fence about spending the \$\$\$\$ for the next, new and improved version of the Office Suite software package (or are thinking about subscribing

to the annual cloud version), spend a few days playing around with Google Drive.

If you want something that looks and feels more like Office Suite, test drive Apache's OpenOffice. It has all the functionality of Office Suite or Google Drive, but sharing and collaborating is not as sophisticated and seamless as Google Drive. OpenOffice will open all of your Word or Excel files so you don't need to reformat all that stuff you created with Microsoft tools. Open Office is also free, so it won't hurt to give it a try as well and see which of the free options works best with your style of doing things.

Both Google Drive and OpenOffice allow you to save your files to the cloud (by default) or anywhere else you want (hard drive, thumb drive, alternative cloud drive, external hard drive). We all have to give up our Teddy bears and blankies at some point and all of us like saving money. Don't be afraid to try something new!▲

Denise Doyon

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**William H. Truswell**  
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rience is waiting in line and then being seated on one of the many patios that feature fountains and beautiful landscaping. Add a margarita and wait for the very down-to-earth food. No reservations taken. Cash only at this city landmark.

Continuing with the Spanish motif, **Botin's** (Calle de Cuchillero 7) in **Madrid** deserves mentioning for the food, the architecture, and its history. Located about a 5-minute walk from the Plaza Major, it is the oldest continuously running restaurant since 1725 (Guinness world record). Lope de Vega even used the neighborhood as a setting for his plays in the 17th century. The real draw for many diners is Ernest Hemingway, who often ate here and incorporated the restaurant into some of his stories. A couple of pitchers of sangria at each table, the famous roasted suckling pig as an entree, and something from the lengthy fabulous dessert menu make for an outstanding evening.

One of the most unconventional spots to find a meal is a truck stop



somewhere between Kiev and Poltava in Ukraine. Not that anyone should fly to Kiev and start down the flat two-laned road into the eastern part of the country with its beet fields and wheat. However, I mention it because dining is an experience and a location. This truck stop functions as a central spot for locals to make some extra cash. Inside plucked chickens hang over the meat counter and fish look up from the ice with glassy eyes. Just like a 7-11, unique packages of food line the shelves. The most interesting part of stopping here is to see what the women in the area have prepared and carried on their bicycles for sev-

eral miles to entice travelers. Warm soups and sausages, potato recipes, marvelous sweets are spread out on wood tables. The conversation is as warm and friendly as the food. Nothing is expensive by our standards, and bargaining is part of the adventure. However, the stop is a welcome part of the scenery along the steppes.

Happy Traveling and happy eating! As you can tell we often opt to have our main meal at lunch! Usually the same or similar menu often at a much reduced cost! Looking forward to **Le Souffle** in April!

By the way...our very own local **Fischers** is serving The best nachos!! We already knew they had the best hamburger in town, but now that we have tried **Fischer's** nachos we will be switching for a while! Crunchy chips topped with their lightly spicy chili meat, jalapenos (or not), melted cheese (we asked for extra cheese!) and served with sour cream on the side...the best around!! **Fischers** in the Marina.▲



# THE SIP

Administrative News from the Seabrook



## EXECUTIVE DIRECTOR'S CORNER

FEBRUARY 2016

**Security:**  
G4S has filled two vacancies at the Gate House and has added one extra officer as we requested for this year.

**Lake House:**  
House continues to be steady. Watch for new class offerings and challenges as the year progresses.

We have ordered a replacement boiler for the fitness pool. We anticipate installation around the third week in February. The water temperature is holding around 80 degrees.

The new phone, internet and TV systems were installed in the Lake House this month. Those people that

use our guest wifi should be noticing that speeds are now much faster than before.

**ARC Activity:**  
2015 new construction activity was up slightly, and repair activity was approximately 24% higher than 2014

**New Homes:**  
-Applications Pending = 12  
-New Homes Approved, not yet started 4  
-New Homes Under Construction = 17  
-New Homes Complete YTD = 11  
**Repair & Maintenance Projects:**  
-Maintenance Projects Approved in Dec. = 78  
-Maintenance Projects Approved YTD = 646

**Operations & Maintenance:**  
New road signs will be installed beginning this month. The installation is expected to take 4-5 weeks. Our mailbox painting program will begin on January 25th. Painters will be removing the number plaques from the posts and bringing them to the maintenance facility for painting. The posts will be painted in place and the numbers reattached shortly afterward.

The tidal check valve near the corner of Baywood and SI Rd is being replaced this month. This will help eliminate flooding at this intersection during high tide events. Repairs to the Crab Dock bulkhead are underway and should be completed this month.

We will also be removing broken lattice structures from around utility boxes as needed. The lattice at many of the locations will be replaced with landscaping in the future. Some ar-

ees require installation of irrigation before we can plant however, so funding of approximately \$5,000 - \$6,000 for each location will be requested in next year's budget.

Dumping of trash at our maintenance/recycling facility continues to be a problem. The attached photos of one weekend's trash illustrate the extent of the dumping, and our staff spends hours each Monday morning cleaning up the site. Many of the items dumped are large - furniture, appliances, building debris and similar items. To help control this issue, we contacted Priority One, our waste contractor, about the cost of additional brown and white pickups. In response, Priority One proposed that we extend our contract for 3 years with no cost increase, and they will include monthly brown and white pickups at no charge. We also plan to prepare educational pieces to emphasize that the maintenance facility is for household trash only - not contractor waste or bulk items - and additional cameras will be installed on site for enforcement purposes.

**Administration:**  
It's Annual Meeting prep time. Many owners have already submitted their proxy ballots, and the election committee members will begin tallying the paper proxies shortly. We need 1,278 votes to reach a quorum for the meeting, and we urge everyone to return their proxy forms ASAP.▲

Heather Paton  
hpaton@sipoa.org

## RESULTS OF SIPOA DOG PARK AND MOTORCYCLE SURVEYS

During November, 2015, SIPOA conducted a survey asking property owners whether they would support establishment of a dog park on property adjacent to Town Hall. We also asked whether property owners would support payment of a nonrefundable user fee in the amount of \$50 annually to offset costs of construction and operation of a dog park. Significantly, response to the survey was extremely high with more than 900 responses. Of these, 365 indicated that they would use a dog park. However, only 215 households indicated support for payment of an annual user fee of \$50 and a significant percentage of responders in favor of a dog park did not agree with such a fee. The feasibility study group concluded that a paying group of 215 property owners is insufficient to support the costs of construction and operation of a dog park and recommended that no further action be taken at this time. The extensive information will be compiled and preserved.

During late December, 2015 and early January, 2016, SIPOA conducted a one question survey asking property owners if they would consider allowing motorcyclists entrance to the island subject to restrictions on a trial basis for up to twelve months. The response was overwhelmingly in the negative. We are happy to announce that we received 843 responses; 33% were positive and 67% opposed any such trial. There were 383 comments which constitutes approximately 20 pages!

Thank you for taking the time to respond to these important questions. Your SIPOA Board of Directors finds it extremely helpful to respond to requests for new amenities and policy changes when a clear direction from the community can be established.▲

Janet Gorski  
Vice President, SIPOA Board of Directors

## VOTE TODAY!

The 2016 SIPOA Annual Meeting will be held on Saturday, February 13 at 10:30 am at the Island House.

Packets were mailed to paper voters, and e-voters were sent their voting notice email, on Wednesday, January 13. Your participation is very important! Even if you plan to attend the Annual Meeting in person, please return your proxy ballots ASAP!

If you have NOT received your voting materials, please call the SIPOA office TODAY at 843-768-0061.



# OA PAGES

Island Property Owners Association

## LAKE HOUSE SPOTLIGHT

### The Lake House would like to introduce ALLI FORBES



Alli was born and raised in Atlanta, Georgia. She received her Exercise Physiology degree from Valdosta State University. During college, she taught a variety of group fitness classes at the school's recreation center and even had the privilege of teaching yoga for Valdosta State's National Championship Football Team for 2 years. Alli made her move to Charleston as a strength and conditioning intern for The Citadel and now joins The Lake House as group and semi-private instructor. She currently teaches the Paddleboard Yoga and is excited to begin her new 30/30 class in February. Alli has AFAA personal training, Turbokick, Insanity, and Level 5 YogaFit certifications.

Please see below for a note from Alli introducing herself to the Seabrook community.

Hey y'all!

Clients coming back from injuries and those who are working to prevent injuries are some of my favorite to work with! I love working with people of all ages; high school to 90 years old - let's go! I am also very passionate about working with athletes and those of us who still think we are. My goal is to help you with the lifestyle change, get in the best shape, and most importantly have fun while doing it.

A little bit more about me; if I'm outdoors, I'm happy! I train and compete in triathlons where I've placed in my age division every race. 2016 marks me achieving my dream job as I'm leading fitness retreats outside of the U.S.! Excited to become part of the Seabrook community!

Thank you,  
Alli

Please help us welcome Alli to The Lake House team!

### Fitness Class Information

## \*\* UPCOMING NEW CLASS \*\*

### 30/30

Join Alli Forbes on Mondays at 11:35 AM for this great new class in February. Start with 30 minutes of max interval training to get you moving and sweating and finish with 30 minutes of relaxing Yoga. Check the Weekly e-blasts or Fitness Schedule for the start date.

## FIT CAMP UPDATE

We're off to a great start with the Fit Camp this year! After just two weeks of workouts, we're hearing great feedback about increased energy, strength, stamina and flexibility! We can't wait to see what the final results will be, and will continue to post updates about our progress between now and then.

If you have any questions about what we're doing in Fit Camp, or how you can increase your personal level of fitness, feel free to stop by The Lake House, or email Mark at rinsky27@gmail.com, or Kelly at WellyKellylive.com.

## COOPER RIVER BRIDGE RUN

SEABROOK ISLAND BUS  
Saturday, April 2nd, 2016

The Lake House will once again be chartering a bus to take Seabrookers and their guests to and from the Cooper River Bridge Run. ENJOY THE RUN AND AVOID THE HASSLE... RIDE WITH US!  
Cost: \$25.00

**Race Day Itinerary:**  
\*The bus will leave promptly at 5:50 AM from the Seabrook Island Real Estate Parking Lot on Saturday, April 2nd.  
\*The Cooper River Bridge Run begins at 8:00 AM.  
\*The bus will leave from behind the Aquarium Parking Garage once all participants have finished.

Please note:  
REGISTRATION FOR THE COOPER RIVER BRIDGE RUN IS THE RESPONSIBILITY OF THE PARTICIPANT.  
Registration for the bus ride DOES NOT REGISTER PARTICIPANTS FOR THE COOPER RIVER BRIDGE RUN.  
To register for the Cooper River Bridge Run, please visit [bridgerun.com](http://bridgerun.com).

There are NO REFUNDS for race or bus registration.

LIMITED SPACE AVAILABLE.  
For more information or to register, please contact The Lake House at 843.725.1580 or [jmogus@sipoa.org](mailto:jmogus@sipoa.org).



## FEBRUARY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00am Social Bridge 11:00am Sbrk Stitches 1:30pm Ladies Bible Study 1:30pm Dup Bridge 4:00pm Seabrook Smashers	2 9:00am Ikebana 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens	3 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers 7:00pm D.I.R.T. Photo Workshop	4 12:30pm Art Open Paint 1:00pm Mahjongg 3:30pm Opera Lite	5 9:30am Dup Bridge 4:00pm Seabrook Smashers	6 10:00am Seabrook Smashers
7	8 9:00am Social Bridge 11:00am Sbrk Stitches 1:30pm Ladies Bible Study 1:30pm Dup Bridge 4:00pm Seabrook Smashers	9 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 7:00pm MAC User Club	10 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 4:00pm Seabrook Smashers	11 12:30pm Art Open Paint 1:00pm Mahjongg 9:30am Garden Club 7:00pm SINHG Evening Program	ANNUAL MEETING WEEKEND	
	12 7:00am Brown/White Pickup 9:30am Dup Bridge 4:00pm Seabrook Smashers 2:00pm-5:00pm SIPOA Arts & Crafts Show 7:00pm SIPOA Arts & Crafts Show and Meet the Artists Reception	13 10:00am Seabrook Smashers 10:30am SIPOA Annual Meeting (Seabrook Island Club) 10:30am - 5:00pm SIPOA Arts & Crafts Show	14 10:00am - 3:00pm SIPOA Arts & Crafts Show	15 9:00am Social Bridge 11:00am Sbrk Stitches 1:30pm Ladies Bible Study 1:30pm Dup Bridge 4:00pm Seabrook Smashers	16 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 4:00pm Men's Book Club 7:00pm Coin Club	17 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers
	18 12:30pm Art Open Paint 1:00pm Mahjongg 3:30pm Opera Lite 6:00pm SI Photography Club	19 9:30am Dup Bridge 4:00pm Seabrook Smashers 7:00pm Uno Night	20 7:00am Republican Presidential Preference Primary 10:00am Seabrook Smashers	21 1:00pm Sunday Matinee	22 9:00am Social Bridge 11:00am Sbrk Stitches 1:30pm Ladies Bible Study 1:30pm Dup Bridge 4:00pm Seabrook Smashers	23 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 3:00pm Art Guild Mtg
	24 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 4:00pm Seabrook Smashers	25 12:30pm Art Open Paint 1:00pm Mahjongg 4:00pm Opera Lite	26 9:30am Dup Bridge 4:00pm Seabrook Smashers	27 7:00am Democratic Presidential Preference Primary 10:00am Seabrook Smashers	28 1:00pm Sunday Matinee	29 9:00am Social Bridge 11:00am Sbrk Stitches 1:30pm Ladies Bible Study 1:30pm Dup Bridge 4:00pm Seabrook Smashers
NO CLASSES	8:30am Splashers 8:30am Gentle Yoga 9:15am Cardio Mix 10:30am Total Body Toning	8:30am Water Aerobics 8:45am Cardio Interval 10:00am Core Fusion 11:00am Get Pumped 4:00pm Deep Water Aerobics	8:30am Rise and Shine Yoga 8:30am Splashers 9:15am Get Pumped 10:30am Total Body Toning 4:00pm Gentle & Restorative Yoga	8:30am Water Aerobics 9:00am Flow Yoga 9:30am Zumba 10:45am Throwback Thursday 4:00pm Deep Water Aerobics 6:00pm Evening Yoga	8:30am Water Aerobics 8:15am Core and More 9:15am Zumba 10:30am Get Pumped	8:30am Pilates 9:45am TaeBo



## OPERA LITE

The Opera Lite Experience at Seabrook

Each opera is self-contained in the 90 minute session with the opera shown in an abridged fashion featuring the high points. Each week brings a different production with the works ranging from current to vintage. These sessions are informal and fun with performances supplemented by text subtitles in English. The voices and acting are amazing. You may be surprised how dramatic and enjoyable this art form can be. All sessions are FREE and previous exposure/knowledge of opera is not necessary.

Indeed, newcomers are encouraged to give it a try.

Join us Thursdays from 3:30PM to 5:00PM for enjoyment mixed with enlightenment as we bring back our Opera Lite Series beginning January 7th thru March 10th.

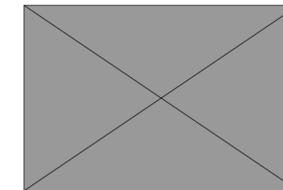
### Schedule of Operas

- 2/4 - LA DONNA DEL LAGO
- 2/11 - No Class
- 2/18 - LES BOREADES
- 2/25 - DON PASQUALE
- 3/3 - IL TROVATORE
- 3/10 - THE DREAM

Please note, there will be NO class on Thursday, February 11th.

For information, please call: John Benzel at (843) 768-1174 or [jdocbenz@gmail.com](mailto:jdocbenz@gmail.com)

## WHAT IS BROWN & WHITE PICKUP?



**The basics:**  
Furniture, appliances, etc., may be put out curbside (by 7:00 am). Hazardous materials (batteries, paint, etc.) may be brought to the maintenance facility (SBI Rd, behind the Garden Plots) for safe disposal.

### What is NOT okay to put out curbside?

- Hazardous waste such as paint, fluorescent lights, and batteries (take these to the maintenance facility on the same day. Priority-1 personnel will be standing by from 7:00-3:00 for collection and safe removal)
- Waste generated by contracted workers in the course of doing a job (contractors are responsible for removing their own project waste, such as carpet, floor boards, cabinets, etc., from Seabrook Island property)

### When is the next pickup?

The February pickup is on February 12th, to coincide with Annual Meeting weekend.

Until now, Brown & White pickup has been offered four times per year. Starting in March, the pickup will be monthly, on the first Friday of the month. By adding eight additional brown and white days per year, we hope to see a decrease in illegally dumped trash at the recycle center. Also, there will be increased enforcement of the illegal dumping policy. The additional Brown & White pickups were negotiated with no additional cost to homeowners. We hope that all residents will enjoy this added convenience.

**What is the purpose of Brown & White pickup?**  
This pickup is intended for those larger items which are not acceptable for the standard weekly pickup and would normally have to be taken to the County landfill facility on Bees Ferry Road in West Ashley. SIPOA offers this special pickup quarterly, as a convenience to our owners.

### What is okay to put out curbside?

Furniture (all sorts), appliances (provided they were not removed as part of a contractor job, see below), lawn equipment, most other large-size goods which would not be acceptable for the regular weekly pickup

Come visit the Audubon International table at the Annual Meeting and learn about the Sustainable Communities program.



**Executive Furnished Rental**  
Kiawah Islands Resort Oak Point 2nd hole, located in Kiawah River Estates! 6 month minimal/3500.00 per month.

**Call MJ Collins**  
For All Your Real Estate Needs  
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mj.parkerrealty@gmail.com  
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32 YEARS EXPERIENCE




**House Concert Series**  
From Paris, With Love

The Ovation Concert Series concludes with a trip to Paris to enjoy Romantic French music performed by special guest artists and musicians of CMC. Guest Pianist Andrew Armstrong and Guest Violinist Amy Schwartz Moretti join the strings of CMC to perform Chausson's Concert for Violin, Piano and String Quartet, Faure's Romance for Violin and Piano and Debussy's Beau Soir for Violin and Piano.

Sat. Feb. 13 • 7:30pm • Memminger Auditorium • 56 Beaufain St

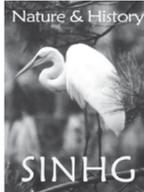
**Mayland to Teach Art Guild Class on Painting from Photography**

Mayland will teach a free art session for the Seabrook Island Artist Guild entitled "Improving Your Artwork". The lesson will be from 1:00-3:00 in the Eagles' Nest at the Lake House. Tina will highlight how to more effectively paint from photographs. She will also demonstrate these principals live, creating value studies that she will modify to progressively improve each composition. Attendees should bring one photo they have considered painting for group discussion.



Tina Mayland served for four years on the Board of Directors of the Charleston Artist Guild and is a member of the Seabrook Island Artist Guild. Her artwork is represented locally by the Wells Gallery at The Sanctuary on Kiawah Island and by Spencer Art Gallery, 57 Broad Street in downtown Charleston. Tina is the exclusive teacher of oil painting lessons for Kiawah Island Golf Resort, and more information on her sessions can be found at [www.TinaMaylandArt.com](http://www.TinaMaylandArt.com) under the Work-

shops tab. Tina is author of "The Six Commandments of Painting: The Shalt-Not's That Will Save Your Artwork." This book may be ordered from her website. To register for the class call Gary Kunkelman at 484-400-4390 or e-mail him at [garyk1@comcast.com](mailto:garyk1@comcast.com) Visit the guild's website at [www.seabrookislandartistguild.com](http://www.seabrookislandartistguild.com) to learn more about the organization and upcoming events. ▲



**February Events**



**SINHG Evening Program February 11th**

In February, SINHG focuses on the culinary arts beginning on the 11th with a presentation on "Low Country Oystering" by Robert Barber, owner of Bowen's Island Seafood Restaurant on Folly Road. Robert's path to becoming an expert on oysters began when he was born into the family that called Bowen's Island home, but it took a circuitous route to get him to where he is today. It first sent him to Wofford College as an undergraduate, then to divinity school at Duke University, and then on to Laurens County as a minister. It carried him away to South Texas College of Law to become a lawyer,



and back to Charleston, where he practiced law and served on the Charleston County School Board. The path would find him elected to the South Carolina legislature, and bring him a successful career as a lobbyist. But, Bowen's Island had a strong family attachment and the pull back to the fourteen-acre piece of land at the end of a causeway off Folly Road, was strong. For a time, he even operated his law practice from a small room at the back of the family's Bowen's Island Seafood Restaurant. One of the signs hanging in his restaurant quotes May Bowen: "Bowens Island: People either like it ... or they don't."

The program will be held at the Lake House beginning at 7:00 PM for refreshments with the program following at 7:30. All Seabrook Island residents and guests are welcome. There is a \$5 donation for non SINHG members. Information about future programs and SINHG membership can be found at the SINHG web site, [sinhg.org](http://sinhg.org).

**Soup Supper February 19th**

Next up is the annual SINHG Soup Supper on February 19th! It will be held in the Atlantic Room at the Seabrook Island Club. Tickets for the Soup Supper are now on sale at a modest price of \$13 for SINHG members and \$17 for guests of SINHG members.



Bring your favorite soup, chili, dessert or bread to share with the group. The sign up form is available on the SINHG web site, [sinhg.org](http://sinhg.org), under "Special Events".

The Soup Stallions will be available at both the front entrance and the back parking lot to assist you with your contribution for the supper. SINHG will provide water, coffee and tea as well as plates, utensils and ice. Please label all pots, lids, and ladles.

Wine, beer, soda and mixed drinks by the glass will be provided by the Club (No BYOB, please.) If you're not a SINHG member this is a great time to join. Membership information and forms are available on the web site under "Join Us".

For questions contact Frank Cermak @ 843-277-2444 or [fcernmak@gmail.com](mailto:fcernmak@gmail.com). ▲

Gary Fansler



It was a full house at the January Seabrook Island Garden Club meeting. The members welcomed and enjoyed Tom Johnson's, lively stories regarding his pursuit of historic camelias for the restoration of the Magnolia Plantation and Gardens in Charleston. Tom's heartwarming sagas about his expeditions throughout the world were thoroughly charming and eye-opening. His warmth and casual Southern humor was endearing and many were left wanting more of his time and insightfulness.

At our next meeting, Thursday, February 11, 9:30AM at the Lake House, we look forward to welcoming our special guest Amy Dabbs.



"Amy is the Clemson Extension Horticulture Agent and Master Gardener Coordinator for Berkeley, Charleston and Dorchester counties. She has a Masters Degree in Horticulture from Clemson University specializing in horticulture therapy. Amy spent ten years at the South Carolina Botanical Garden as a registered horticultural therapist where she coordinated the after school children's gardening program, Sprouting Wings. As an Area Horticulture Agent working with a large urban audience in the Lowcountry, Amy enjoys teaching the public about native plants, composting, pollinator gardening, family friendly gardening, edibles and perennials. Amy has partnered with the College of Charleston's Farm to School Initiative to provide online training and technical support to area educators interested in starting and improving school gardens. She is also a regular contributor to the Post & Courier Newspaper and appears regularly on the SCETV gardening show "Making It Grow"."

Alberta Baron

**D.I.R.T. (DIGGING INTO ROOTS TOGETHER)**

Meets Second and Fourth Wednesday of each month 1:30-3:30PM • Lake House  
Please visit the blog at [diggingtogether.blogspot.com](http://diggingtogether.blogspot.com) for more information, or email D.I.R.T. at [diggingtogether@yahoo.com](mailto:diggingtogether@yahoo.com)



**SEABROOK LADIES BIBLE STUDY**

Every Monday • Lake House 1:30PM-3:30 PM  
For more information, please contact: Jody Garvey - [garveyjody@gmail.com](mailto:garveyjody@gmail.com) or Patii Tully - [pattitully@gmail.com](mailto:pattitully@gmail.com)

**SEABROOK STITCHERS**

Lake House • Every Monday 11:00AM-1:00PM  
For more information, please contact Denise Doyon at [dendoyon@gmail.com](mailto:dendoyon@gmail.com)



**Pickleball ROCKS**

**INDOOR PICKLEBALL**  
St. Christopher's Camp Fridays 12:30-2:30  
If interested, please contact Mary Torello at [marytorello@yahoo.com](mailto:marytorello@yahoo.com)



**CHARLESTON COUNTY BOOKMOBILE**

The Charleston County Bookmobile will be at Freshfields Village the first and third Tuesday of every month from 10:00 am - 11:30 am. The Bookmobile will be parked behind Hege's and Java Java.



**SUNDAY MATINEES BEGIN IN FEBRUARY**

Join us at The Lake House on Sunday afternoons for movies, popcorn and fun! Sunday Matinees will begin on February 21st at 1:00 PM in the Live Oak Hall. You are welcome to bring your favorite snacks or refreshments. Water and popcorn will be provided. Check the Tidelines Blog to see what movie will be showing.

**MONDAY MORNING BRIDGE**

Every Monday • 9AM • Lake House  
Please join us for Monday Morning Bridge. You do not need to bring a partner. For more information please contact Ilse Calcagno at 843-768-0317.



**SEABROOK ISLAND PHOTOGRAPHY CLUB 2016 PROGRAM ANNOUNCEMENT**

Here is the preliminary Photography Club schedule for the coming year. Members and nonmembers are invited to the first meeting next Thursday (without charge). Please join us to see if Club membership would be helpful to your photographic endeavors.



**February 18th** - Mahmood Fazal: "Still-Life Photography" 6:30PM Lake House - Live Oak Hall

**March 17th** - Valerie Doane: "Creating Photo Books" 6:30PM Lake House - Live Oak Hall

**April 21st** - Kenny McKeithan: Magnolia Plantation & Gardens Photo Shoot. Full day photo shoot with instruction in the field by Kenny. We will start early in the morning, break for lunch and resume for an hour or two afterward in the Swamp Garden. Full details and fee to follow.

**May 19th** - Kenny McKeithan: Photographing Birds on Seabrook Island Workshop. This full day workshop will begin with classroom instruction by Kenny, followed by a two-hour photo shoot under Kenny's guidance of the many birds on Seabrook Island. We will break for lunch back at the classroom with an afternoon critique session of our photos. Full details and fee to follow.

**June 16th** - Summer Photo Club Party

**September 15th** - To be Determined

**October 20th** - To be determined

**November 17th** - Annual Club theme assignment with constructive results, evaluation & critique

**December 15th** - Annual Holiday Party with member photo sharing

**SEABROOK ISLAND ARTIST GUILD FEBRUARY 2016 CALENDAR**



**February 1st-29th** Artist of the Month - Colleen Wiessmann at the Lake House Gallery. The opening reception will be held at the gallery on Monday, February 1st from 5:00-7:00PM

**February 12th-14th-29th** - Annual Arts and Crafts Show and Sale, Lake House Live Oak room - Friday 2:00-5:00PM, "Meet the Artists" reception 7:00-9:00PM, Saturday 10:30AM-5:00PM, Sunday 10:00AM-3:00PM

**February, 16th** - Artist Shannon Runquist at Seabrook Island Artist Guild monthly meeting, 3:00PM Live Oak room, Lakehouse

**February 18th** - Art Class with Tina Mayland 1:00-3:00PM Eagle's Nest room Lake House



**THE 7TH ANNUAL CHARLESTON FILM FESTIVAL AT THE TERRACE**  
It's all about the movies!  
March 10 - 13th, 2016

Bohicket Merchants Association Proudly Presents

**BOHICKET MARINA & MARKET**

**LOVE the LOCALS**  
Get Great Deals From Local Businesses

February 1st - 28th  
Come out and have some fun!  
There will be drawings for special prizes, as well as store discounts and specials!

Look for the **Red Hearts** for participating Merchants!

Doin' the Charleston • Synergy Day Spa & Salon  
Bohicket Wine & Spirits • Dunes Properties  
LoKal Restaurant • Fischer's Sports Pub & Grill  
Luciano's Pizzeria • 32 80 Loft Interiors



**SAVE THE DATE! GREEN SPACE CONSERVANCY GALA**

March 13, 2016 • Doors Open at 5PM  
Suggested dress is Seabrook Chic. Auction items may be paid by check or credit card or Club card, but please bring \$20 cash to join the fun in the Heads or Tails game. Join your neighbors as we stroll the auction on the Green Streets of Green Space.

**SEABROOK ISLAND PHOTOGRAPHY CLUB FEBRUARY MEETING**

Seabrook Island Lake House Live Oak Hall

February 18th 6:30PM

"Peacefully Still" Still-Life Photography

Speaker - Mahmood Fazal

Mahmood Fazal has been a professional photographer for over 25 years and a photography instructor for over 10 years. He has shown his photography work in galleries and art shows including Piccolo Spoleto. He is also the owner and director of The Charleston Center for Photography.

Here are Mahmood's comments on the Still-Life subject he will be covering. "The unhurried pace of still-life photography is an exercise in observation. Using the simplest light, it is possible to create visually compelling images. It is ideal for cold days when there may not be a beautiful landscape outdoors. I find that I learn to see light differently. In some ways, I am able to control the light make the kind of images that I want."



**SEABROOK ISLAND BIRDERS (SIB)**

"Great Backyard Bird Count" • Feb. 12-15

Sponsored by the Cornell Lab of Ornithology and the National Audubon Society.

Note observations of the birds in your backyard or anywhere and log them into eBird.org to help document how bird populations may be changing. More information at [SeabrookIslandBirders.org](http://SeabrookIslandBirders.org). If you are new to birding, meet SIB members at the Lake House on Sunday, February 14, at 8:30am for a casual walk around the lake. Sign up by sending an email to: [SeabrookIslandBirders@gmail.com](mailto:SeabrookIslandBirders@gmail.com)



**SEABROOK ISLAND 29TH ANNUAL ARTS & CRAFTS SHOW & SALE**  
Presented by SIPOA

At the Lake House, LIVE OAK ROOM  
Friday, Feb. 12, 2-5pm  
"MEET THE ARTISTS PARTY" Friday, 7-9pm  
Saturday, Feb. 13, 10:30-5pm  
Sunday, Feb. 14, 10-3pm

The Seabrook Island Artist Guild and Photography Club invite you to the 29th Annual Arts and Crafts Show and Sale on February 12th through February 14th in the Live Oak room at the Lake House. This yearly event showcases the art, photography and craft work of Seabrook's vibrant creative community. The show has grown by leaps and bounds since its humble beginnings in the Oyster Catcher Community Center all those years ago. Make sure to calendar this one, it's not to be missed.

The show opens on Friday, from 2:00PM-5:00PM. A special wine and cheese "Meet the Artists" reception will be held that evening from 7:00PM - 9:00PM. On Saturday the hours are from 10:30AM to 5:00PM and from 10:00AM - 3:00PM on Sunday. Stop in and be amazed at what's been going on behind closed studio doors.

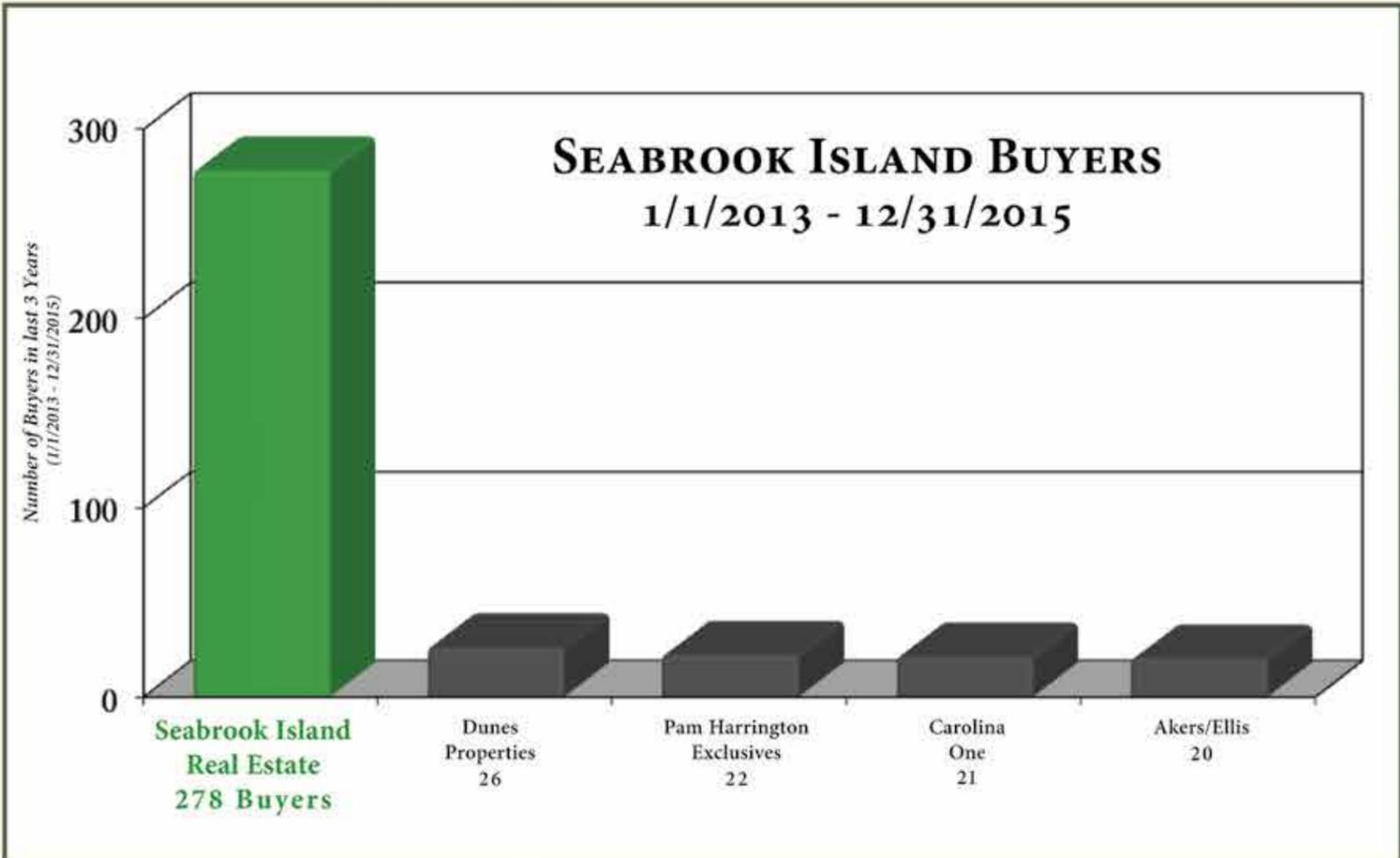


SEABROOK ISLAND

Make It Uniquely Yours

# Seabrook Island Real Estate

## WE BRING BUYERS TO SEABROOK!



Information from Charleston-Trident MLS Closed Sales January 1, 2013 - December 31, 2015



Joe Salvo, BIC



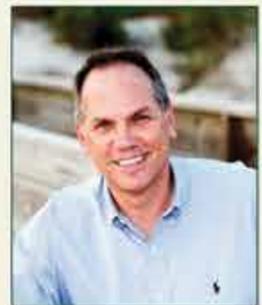
Patsy Zanetti  
Stuart Rumph



Tom Peck  
Pat Polychron



Mary Ann Lloyd  
Kathy Rigtrup



Stuart Spisak



Trish & John  
Ernstrom



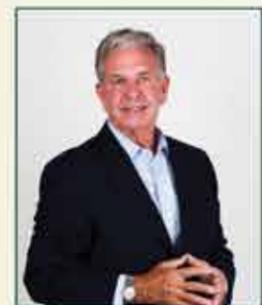
Molly Burkart  
Marc Chafe



SEABROOK ISLAND  
Real Estate



Emery Macpherson



Bill Britton



Candice Haynie



Cheryl Driver



Tom Prevost



Karyn Gualtieri