Seabrook Island Announces Continued Positive Financials for 2015

The new Town Council has set a priority on improving the appearance and reducing the distractions of the roadway between the gate and the traffic circle. The Seabrook Island Gateway Improvement Program is our approach to address all the maintenance, design, upgrades and curb side appeal issues in one document that provides planning and implementation for the next two to three years.

The processes for maintaining, repaving, and upgrading a roadway system or roadway are fairly straightforward, but the details can be complex. In this case, the Town and Club are the project owners and our two objectives are first, to create a gateway to Seabrook Island that provides a safe passage to and from the Island with emphasis on special weather events and emergencies; and secondly, to create a gateway that raises the bar on curb appeal to our residents and guests.

My hat is off to Nick Sterle and his crew at Suncrest Landscaping for maintaining the appearance of the gateway entrance in a neat, trimmed, green, and clean appearance over the past year considering continuous salt water intrusion, flooding, rising water table, and unwanted traffic on the roadway.

However, maintaining the appearance of gateway entrance will be even more difficult this year while we are in the inspection and evaluation stage with heavy equipment, utility trucks, and personnel swarming over the roadway. Sunburst’s persistence to take care of the issues and willingness to help in areas of maintenance along the roadway is commendable.

This is an abbreviated outline showing what we are planning and in execution.

1. The Town has hired Eadie Construction to determine the condition of the storm water system by cleaning and video taping all components as soon as possible. Minor repairs to the system are planned in order to make the system as operational without major work until the engineering evaluations are completed.

2. The Town is planning to install "Keep Off Grass" signs at Lulu’s turn off and at the entrance to the Marina as a short stop measure.

3. When all of the engineering, storm water inspections, evaluations, and recommendations are complete, the Town will integrate proposed signage and landscaping improvements into the final program. This work is estimated to take five months after which it will begin.

4. A presentation of the Seabrook Island Gateway Improvement Program is only a three minute read of the “Gateway Improvement Program” is only a three minute read that will take six months to fully develop and at least two years to complete the construction, landscaping and signage upgrades. The development of the plan is complex and the execution will be time consuming and expensive. It will take a team effort in Town Hall to make it happen.
Dear Cap’n Sam,

Upon arriving home from the hospital where my wife spent two weeks, we were greeted by a “welcome home” dolphin balloon float-ing over our mailbox. I thought that was such a nice gesture by our neighbors, until we received a letter from the ARB warning us that this was “a distraction from the natural beauty of the island.”

Open Letter to All Beach Goers:

Surprise, the person walking down the beach after you would also have liked to see that glorious conch shell! But no, you took it for your mantle piece! I am writing this piece at the risk of appearing patronizingly altruistic. My small point is that we should not protect the beach front as we do the forest.

We are probably all aware of the forest mantra: Take nothing but a memory and leave nothing but a footprint. Why is it then every time one goes to the beach it seems perfectly usual to see persons carrying off bags-full of shells—precisely the shells needed to preserve an all but gone species of crab, the hermit crab.

I have beautiful memories of thirty-five or so years ago sitting at the end of North Beach of Seabrook Island being highly amused with the walking houses of hermit crabs. My children were taught to enjoy, watch and don’t annoy these wonderful creatures. I knew then as I know now that the hermit crab is undeniably the source of nutrients for myriad invertebrates.

Last week I saw an otherwise nonexistent today. You might think that there are countless shells washing in with each tide that would accommodate the hermit crab. But you would be wrong. By removing so many conch shells each day, people are upsetting the ecological balance. We see the results: a once healthy hermit crab population on North Beach is nonexistent today.

My grandchild to enjoy the ecological balance. We see the results: a once healthy hermit crab population on North Beach is nonexistent today.

My advice: Treat the beach front like the forest. Admire it— but let it be— for the next person to admire. You might think that there are countless shells washing in with each tide that would accommodate the hermit crab. But you would be wrong. By removing so many conch shells each day, people are upsetting the ecological balance. We see the results: a once healthy hermit crab population on North Beach is nonexistent today.

My grandchild to enjoy the natural beauty of the island. Maybe each home owner should receive a warning letter?

This last question is quite ridiculous as it is receiving a warning letter for hanging a welcome home balloon from a mailbox. Oh well, life goes on.

Linda Holzapple
Seabrook Island, SC
EXCHANGE CLUB NEWS

Angel Oak Award
Winner Announced
2015 Honorée Todd Gerhart

The 2015 Angel Oak Award re-
cipient, Todd Gerhart, has been
involved in a wide range of volun-
teer activities mostly related to sup-
port of youth programs on Johns
Island and Wadmalaw Island. He
partnered with Back40 Buddies to
organize and run a Chill Cookoff
and raised over $15,000 which was
used to provide food on weekends
for needy elementary school chil-
dren on Johns Island. He donated
over 1000 books to the First Books
Program at Frierson and Mr. Zion
Elementary Schools. He provided
bathing suits for the Waterproof
Program at Frierson and Mr. Zion.
He regularly provides ice cream to
the Waterproof, Bulls Basketball,
and Head Start programs. He has
assisted local Boy Scout programs
and Head Start programs. He has
regularly provided ice cream to
the Water Wellness Project.

Support for the relief effort ex-
tends beyond the islands. An Ohio
church mission group is working
with Wadmalaw residents. James-
town resident Don Taylor donated
$5,200 to Boykin so he can get a new
well. And he will pay for an electrician to see what it would cost to get her heat
running, Britton said.

“It’s all about everybody connect-
ing up with everybody,” he said. The
Water Wellness Project grew out of
the year-old Sea Islands Hunger
Awareness Foundation. “Our plan is
to do this one family at a time and
start with the one that needs it the
most,” said Shirley Salvo, foundation
president.

Britain, 66, will be the first to ben-
et from the Water Wellness Project,
which aims to help dozens of island-
ers who need clean drinking water.
In the meantime, her family drinks
bottled water. She sleeps in one bed with three grandchildren. The rest of the family sleeps in other rooms. She tried us-
ing a space heater, but family electri-
city wiring caused a fire. Her utility
bill has been about $300 a month, and
she receives $1,444 monthly — her
late husband’s retirement pay.

Britton said that more than 100
Wadmalaw residents could benefit
from the Water Wellness Project.
“Don’t have a well at all,” he said.

Nearby islanders recently ap-
tained the Wadmalaw Island Water Wellness Proj-

WADMALAW ISLAND — Nellie Ben-
nett Boykin’s open electric oven cast
some warmth in the house where she
and her six grandchildren live.
Outside, mid-morning temperatures
were near freezing.

“I’ve got to do it because they’ve
told me to,” she said.

But that might not be the biggest
threat to her family’s health. Her sep-
tank overflows and contaminates
the water in her home.

Nellie Bennett Boykin talks with Bill Britton of the Sea Islands Water Wellness Proj-

TO HELP
The Sea Islands Water Wellness Project is
raising money to help families get clean water.
For more information, contact coordinator
Bill Britton at 843-421-6360
After the pledge of allegiance, Mayor Ciancio called the January 26, 2016, Town Council meeting to order at 2:30 p.m. Councilman Cracraft, Gray, Turner and Wells, Town Administrator Pierce, Town Clerk Ellerton and several guest attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

Minutes:
The minutes of the Town Council meeting of December 15, 2015, and the minutes of the Ways and Means meeting of January 19, 2016, were unanimously approved as written.

Finances:
Mayor Ciancio reported that revenues for the month of December were substantially more than budgeted by approximately $105,865 mostly due to timing issues, and year-to-date revenues are in excess of budget by $289,000. For the month of December, expenditures exceeded budget by about $22,000; and, for the year to date, expenses were under budget by $7,100. For the year to date, revenues are in excess of expenditures by $603,368. Mayor Ciancio recommended postponing allocation of a portion of the excess revenue to other accounts until the Town’s 2015 financial audit is completed and the results discussed with the Town Council.

Citizens/Guests Presentations:
Comments:
Don Dug, a resident of Seabrook Island, asked questions regarding Seabrook Island Zoning Permits and code enforcement. Mayor Ciancio suggested that Mr. Dug contact him to set up a meeting to discuss his concerns.

Reports of Standing Committees, Commissions, Boards:
Public Safety Club Long Range Planning Committee – Councilman Gregg reported that the Public Safety Committee met on January 11 and began the drafting process and updates to the Town’s Comprehensive Emergency Plan.

The Disaster Recovery Council held training and exercise emergency response sessions on January 7 & 8. Scott Cape, the Town’s consultant, distributed a report to members that will be reviewed at a meeting on February 3.

Councilman Gregg also reported that he is still waiting on legal review of the proposal of the Town’s proposed changes to the Comprehensive Plan as well as the “Seabrook Island Roadway Disaster Recovery Plan” Agreement that was sent to the Town in September 2015 by Charleston County Public Works. A new de- btonal resolution may be issued this year but Councilman Gregg is unsure if there will be any adverse impact for the Town since the County has not yet acted upon the revised agreement.

Communications/Environmental:
Councilman Turner reported that bids received for the Burden Creek Bridge and the Hoopstick Bridge projects have been rejected by the SC Department of Transportation because they were too high. The Hoopstick Bridge project will be put out for bid again this year but the Burden Creek Bridge project, which would close a section of River Road, has been delayed and will not be put out for bid again until 2017 at the earliest.

Councilman Turner reported that he had attended a Bureau of Energy Professional’s Forum meeting on January 5. The purpose of the meeting was to get public reaction and comment on BOEM’s recently issued call for information and nominations to gauge the offshore wind industry interest in acquiring commercial leases in specific areas off the South Carolina coast and to request comments from any interested parties that have suggestions or concerns. Councilman Turner feels there is no need for the Town to comment at this time.

Advertising & Public Relations/ Special Projects:
Councilman Wells reported that the Town recently solicited bids for services required to identify, clean and video inspect all storm water piping and outlets on the portion of Seabrook Island Road for which the Town has the rights of way. The bids were opened on January 12, 2016, and in accordance with procedures set forth in the ordinances, the Mayor had recommended approval of the bid submitted by Eade’s Construction. Based on that recommendation, Councilman Wells moved and seconded the Mayor’s Construction of $48,100, with a 10% contingency added, for a total of $53,210. The cost of the services is to be allocated from the Town’s General Fund and the Town Administrator was directed to notify each of the bidder of Council’s decision. Councilman Gregg seconded the motion and the vote to approve was unanimous.

As the next step, the Town will issue a Request for Qualification (RFQ) to hire an engineering firm to perform tasks and studies associated with the storm water capacity study, flood control and stability analysis of soils on the same area of Seabrook Island.

Councilman Wells stated that the goals for the Town’s marketing campaign for 2016 will be to target potential visitors already in the area or planning a trip to the area during peak travel booking times of the year. In the first half of the year, Obviouslee Marketing will focus on Google Adwords and Re-marketing to drive potential visitors to the website and, during the last half of the year to coincide with receipt of additional accommodations tax monies, funds will be spent on yet to be selected advertising mediums. The Accommodations Advisory Commission is meeting sometime around mid-February to review the ongoing programs for this year to make sure they are in compliance with State statutes.

Community Relations:
Councilman Cracraft reported that he had taken a tour of Camp St. Christopher recently and the Camp encourages teen councils to come and gather information and nominations to gauge the offshore wind industry interest in acquiring commercial leases in specific areas off the South Carolina coast and to request comments from any interested parties that have suggestions or concerns. Councilman Cracraft stated that he will get clarification as to what processes the Town will use to help students if they wish to visit and will publicize the procedure in the Telidesign.

Councilman Cracraft attended the POA Board meeting on January 21. The item of discussion most affecting the Town was an agreement for the construction of a dog park on land which would be deeded from the Town. Councilman Cracraft met with Nick MacPherson, from Bohicket Marina, to discuss matters of general interest.

Mayor Ciancio stated that the Mayor has asked him to facilitate a planning session and a recommendation for the agenda and date will be announced soon.

Ways & Means:

Planning Commission – No Report
Board of Zoning Appeals – No Report

Reports of Ad Hoc Committees:
Accommodations Tax Advisory – No Report

Reports of Town Officers:
Mayor – Mayor Ciancio stated that he and Councilman Turner had met with Robert Clark, SC Department of Transportation, and they gathered from that meeting that:

• The “superbutter” designed for the intersection of Main Road and Highway 17 has been abandoned.
• No work, other than investigative, is taking place on the “byover” for that intersection.
• No other work is being done on Johns Island roads other than filling pot holes and tree trimming on Bo- hicket Road.

Mr. Clark advised that DOT would be willing to conduct a safety survey of undeveloped scope of Main and Bohicket if formally requested to do so by the Town. Mayor Ciancio indicated that he would conduct additional investiga- tion as to an appropriate scope for such a survey and he had discussed with the Mayor of Kiawah the possibility of both of them jointly, formally re- questing that a survey be conducted.

The Mayor reported that he is hearing scheduled regarding 1215 Ocean Forest Lane on March 14. The Mayor, Town Attorney Brown and Town Admin- istrator Turner will attend. The Town hopes to get an idea of the time- frame for when the foreclosure on the property will be completed and to stress the Judge that, if the fore- closure processes is not concluded in a reasonable time, the Town will take action to either do some necessary re- pairs or contain the property.

Mayor Ciancio reported that he will be attending a meeting of the Charles- ton Area Convention & Visitor’s Bureau Board of Governors next week and a meeting of the CHAUS Planning Committee the following week.

Town Administrator – No Report

Town Council Members – See Above

Utility Commission:
Chairman Jeff Cracraft reported the Commission had a negative cash flow for December and for the fiscal year. In response to a request for a formal report, the Mayor has asked him to facilitate a strategic planning session and a recommendation for the agenda and date will be announced soon.

Ordinances for First Reading:
• Ordinance 2016-01, An Ordinance to Amend Article 4 of the Zoning Ordinance – Mayor Ciancio moved to approve Ordinance 2016-01 on first reading. Councillor Wells seconded the motion and the vote to approve was unanimous.

Ordinances for Second Reading:
• Ordinance 2015-10, An Ordin- ance to Amend Sec. 24.20.10 of the Town Development Standards Ordinance – Councilman Wells moved to approve Ordinance 2015-10 on second reading. Councillor Gregg seconded the motion and the vote to approve was unanimous.

• Ordinance 2015-11, An Ordin- ance to Amend Sec. 7.90.20 of the Town’s Development Standards Ordinance – Councilman Cracraft moved to approve Ordinance 2015- 11 on second reading. Councillor Wells seconded the motion and the vote to approve was unanimous.

Miscellaneous Business:

Citizens Comments: None

The meeting was adjourned at 3:22 p.m.
Joshua Roman, one of the most outstanding cellists of his generation, has earned an international reputation for his wide-ranging repertoire, a commitment to communicating the essence of music in visionary ways, artistic leadership and versatility. As well as being a celebrated performer, he is recognized as an accomplished composer, curator, and programmer.

In a multifaceted 2015-16 season, Roman will premiere his own Cello Concerto with the Illinois Philharmonic Orchestra. In April 2016, he began a residency with the Los Angeles Chamber Orchestra. Roman premiered this work with Seattle Symphony in 2014, and will perform it with various orchestras throughout the 2015-16 season. He will pursue his artistic vision as an Artistic Director of TownMusic at Town Hall Seattle. He also continues to perform classics of the repertoire, and in February makes his debut with the Pittsburgh Symphony Orchestra playing Dvorák’s beloved Cello Concerto.

Highlights of recent seasons have included appearances with the Fort Worth Symphony Orchestra, New World Symphony, Seattle Symphony, Tucson Symphony, Moscow State Symphony Orchestra and BBC Scottish Symphony Orchestra. His outreach endeavors have taken him to Uganda with his viola-playing siblings, where they played chamber music in schools, HIV/AIDS centers, and displacement camps, communicating a message of hope through music.

Roman spent two seasons as principal cellist of the Seattle Symphony, a position he won in 2006 at the age of 22. Since that time he has appeared with some of the world’s greatest orchestras: Worth Symphony Orchestra, New World Symphony, Seattle Symphony, Alabama Symphony, and the Pittsburgh Symphony Orchestra playing Dvorák’s beloved Cello Concerto.

Recently SIPOA has negotiated to have Brown and White pick up once a month rather than just a few times a year in order to help residents deal with their trash appropriately. The hope was, and is, that in doing so, residents would not dump illegal items around the maintenance area – an all too frequent occurrence. If you aren’t familiar with the regulations for brown and white items please contact the SIPOA office.

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“I have performed with Yo-Yo Ma and may succeed him as the most outstanding cellist of his generation, has earned an international reputation for his wide-ranging repertoire, a commitment to communicating the essence of music in visionary ways, artistic leadership and versatility. As well as being a celebrated performer, he is recognized as an accomplished composer, curator, and programmer.”

**Joshua Roman, Cellist**

_Sunday, March 13, 2016 • 4:00PM_  
_Chruch of our Saviour_
It is with great pleasure that I present the second in a series of COVAR Publications covering topics of ongoing interest to villa and other property owners. The “License and Tax Obligations of Villa Rentals” was prepared by the Charleston County Technical and88121 State and Charleston County Revenue Collections Department, at 843-202-6095 or bmiller@charlestoncounty.org for the application forms.

It seems that everywhere we go these days, we are connected to the world via WiFi. We have it in our homes, at the Lake House, at the Club, Raw Johnston, have the director of current and discussion of future WPAL Public. All Seabrook- ers are invited to attend.

COUNCIL OF VILLA ASSOCIATIONS AND REGIMES
Publication #2 License and Tax Obligations for Villa Rentals

You rent out your property through a rental agency, your license and tax obligations may be handled by your rental agent. However, it is your responsibility to verify for which of them, if any, the agency is assuming responsibility. Any obligation for which the agency does not assume responsibility remains your responsibility as the owner. You must have the license and tax requirements of South Carolina, Charleston County, and the Town of Seabrook Island (TOSI). The license/tax requirements apply if you (1) rent exclusively through an agency, but it does not assume responsibility for specified license and tax obligations, (2) rent both through an agency and on your own, or (3) rent exclusively on your own.

Business License from TOSI

TOSI requires a business license for every person who is engaged or intending to engage in any engaging in business, occupation, or profession within the Town limits. Property rentals are considered! A 3-year license and the cost is based on the total gross income of the business for the preceding calendar year. Note that for properties which may cover all properties rented, but if it is separately owned, all rental agencies obtain one for each property rented in order to provide the client with a clear guide. Contact Lynda Wharton, Administrative Assistant, 843-766-9121 or hisa@seabrooksc.org for further information, current costs and application forms.

Filing of SC State and Charleston County Taxes

There is currently an 11.5% tax, which is to be collected on all rental property by the State and 5.5% goes to Charleston County. The breakdown is as follows:

- South Carolina Sales Tax: 6.5% Filied Monthly
- South Carolina Accommodation Tax: 2.5% Filed Monthly
- Charleston County Accommodation Tax: 2.5% Filed Monthly
- Charleston County Local Option Tax: 1% Filed Monthly
- Charleston County Education Tax: 1% Filed Monthly
- Charleston County Transportation Tax: 0.5% Filed Monthly
- Charleston County Property Taxes: In a consolidated license and application account to be completed for the County, which then issues coupon booklets for payment of taxes. Contact Dett Miller, Field Operations Manager, Charleston County Revenue Collections Department, at 843-302-8083 or film@charlestoncounty.org for the application forms.

South Carolina State Licenses and Taxes. To apply for a retail license to sell South Carolina Sales, Use and Accommodation Tax, use Form SC-582. To apply for the state sales tax, contact the State Director of the SC Office of Revenue, 843-582-5500 or online at http://www.scra.gov. You will need to collect and remit state sales tax on all goods and services sold in the State for which you are required to register. If you have questions, call the state at 843-582-5500 or use Form SC-388, ST-17 and ST-190. Taxes may also be filed directly through the tax service online, http://www.scarate.com/signup. There is a low in avoided, but the service will be responsible for paying the full amount of the taxes for you.

Rental Residential Property Return

In addition to the tax filings described, above, South Carolina law states that all forms of property are subject to the purpose of evading for applicable property taxes for personal property. The SC Code of Laws also requires that an annual report of valuation of said personal property be filed by the owner between January 1st and April 30th of each tax year. This can be done by filing the annual report with the County or online at https://www.scbos.sc.gov. Note: This publication is current as February 1, 2016. Consult sources identified, above, or your tax advisor for further information on license and tax obligations involving your rental unit. Enjoy the Ride! A First Class Transportation Service serving the villages of Seabrook & Kiawah Islands.

We want you to enjoy your night out...and still get home safely. Lot to do during the day.

We offer discounted rates for local residences of Seabrook and Kiawah Islands. SPECIAL EVENTS | AIRPORT DOWNTOWN | 24/7 Call MJ Collins For All Your Real Estate Needs REALTOR LICENSED IN SC, FL & PA 843.844.7350 32 YEARS EXPERIENCE

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Cruising on Savannah Highway gives writers of food columns many choices. Jason’s Deli in the Stein Mart shopping center offers wonderful sandwiches, salads, and soups-quick, good, keeps you on your budget. Five Guys Burger and Fries and Chick-fil-a are quick stops for the shopper/errand runner. Even In and Out Burgers has good deals on several types of sandwiches and sides-quick drive thru, real bargains.

Moving right along, we best notice all the cars in front of The Early Bird Diner at 1644 Savannah Highway. It seemed to be crowded any time we passed by so we decided that we had better check this one out for ourselves. Hoping to beat the crowds we arrived at 11:20am and still had to wait, but just a minute while late comers finished their breakfast! Turnover is quite fast. This is truly an old diner with counter stools and booths and people of all vocation! But we loved it… the FGT sandwich and hot chocolate were outstanding and we loved it…the FGT sandwich and hot chocolate were outstanding.

Another day we decided to try Indian as neither of us was totally familiar with the tastes and spices from this country…remember we chose Starbucks while in this country And we soon found out that there was a loyal pizza eater wanted an update on the new West Ashley location near The Citadel Mall. Answer: ‘looks like March. Filed under ‘stuff happens,’ we had some major snafus. That said, things seem to be running smoothly now and we are currently on target (but sometimes that sneaky target moves)…as of Feb. 15, construction is coming along but then they have to get all those inspections. To see if this really super pizza spot is open, drive up Sam Rittenburg Blvd. when you read this column.

For those of you who will be heading to Maine this summer, Krissy Kreme expects to open 3 doughnut shops there. For those of you in Charleston, KK has been open 8 years on Savannah Highway. Stop by to smell the delicious aroma of the pastry cooking and then take home a dozen. Of course, you can leave the calories at the counter. One of the South’s favorite foods-an import from Winston-Salem, NC.

Another of our choices was the vegetable plate with three homemade, southern cooked veggies including authentic collard greens. We couldn’t pass up the delectable homemade, hot apple crisp with a dollop of ice cream that we kept ogling at the next table!

Portions large enough to share or take some home. For good southern cooking in a relaxed atmosphere The Early Bird Diner is as good as it gets. They have been serving southern choices for the past 8 years and previously, as well, when it was the renowned Alex’s. 7a-10pm M-Th, F 7a-11pm, and Su 9a-11p.

Another day we decided to try Indian as neither of us was totally familiar with the tastes and spices from this country...remember we chose Starbucks while in this country And we soon found out that there was a

BY THE WAY: Andolini’s on Savannah Highway closed May 31 of last year. One comment on Facebook from a loyal pizza eater wanted an update on the new West Ashley location near The Citadel Mall. Answer: ‘looks like March. Filed under ‘stuff happens,’ we had some major snafus. That said, things seem to be running smoothly now and we are currently on target (but sometimes that sneaky target moves)...as of Feb. 15, construction is coming along but then they have to get all those inspections. To see if this really super pizza spot is open, drive up Sam Rittenburg Blvd. when you read this column.

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Another day we decided to try Indian as neither of us was totally familiar with the tastes and spices from this country...remember we chose Starbucks while in this country And we soon found out that there was a
Alkali Bees Making A Home On Seabrook Island

You may have noticed small white signs reading "Alkali Bees" in front of the Lake House, or Oystercatcher Drive or along the road at Jenkins Point over the past couple years. A closer look may have revealed a number of bees flying over small holes surrounded by piles of excavated dirt. These signs are a warning not that you might get stung but that you should stay away for the bees' protection.

Alkali bees are not aggressive and are one of the most peaceful and valuable pollinators of all ground bees. Most of us have little awareness of ground bees and their importance. There were no honey bees in America until the European settlers brought them from Europe. Prior to the arrival of honey bees, over 4,000 species of native ground bees, butterflies, bats and several others were busy pollinating the flowing plants of North America. In fact, native pollinates are better pollinators than honey bees. They become active earlier in the spring and they fly less and remain in one area providing more efficient pollination. They fly faster pollinating a greater number of plants and the males, unlike honey bees, are active pollinators.

The native Alkali bee, a solitary ground bee, is protected and encouraged by farmers in the Western United States as it increases the yield of alfalfa seed by as much as 70 percent. Farmers in Touchet Valley, Washington, cultivate more than 130 acres of Alkali bee beds, which include approximately 17 million bees. The beds are irrigated to provide water needed by the bees and the surface of the ground is tilled to discourage plant growth as the roots don't invade the bees underground nests.

Alkali bees nest in the fall. They have a preference for salty soils. Although each female builds a separate tunnel they do so in close proximity to each other with thousands of tunnels occurring in a few square yards. Tunnels may extend several inches to more than a foot below ground-level ending with a complex network of egg chambers. Females mate with several males above the tunnel entrance following a ritual mating dance. Males do not enter the tunnel and leave the area following mating.

The eggs and larvae spend the winter underground in the tunnel. They pupate and emerge in late spring or summer depending on the temperature and moisture of the soil.

The adult alkali bee is slightly smaller than a honey bee and is black with metallic-colored blue-green to yellowish stripes. Bees may be distinguished from wasps, both of which have ground nesting species that are frequently confused and misidentified. Bees have rounded bodies and legs that appear hairy whereas wasps have slender and smooth bodies and few if any hairs on their legs. Bees feed on pollen and nectar while wasps are predators or parasites on other insects.

Please help protect Seabrook Island's Alkali bees. Considering the decline and possible ill fate of honey bees today, the importance of our native pollinators may become even more important in the future. Our very lives depend on these small inconspicuous insects as an estimated 73% of the flowering plants on earth would not produce seeds or fruits without their efforts.

Charles Moore Environmental Committee

GREEN SPACE GALA

If it’s March, it’s the Green Space Gala! You’re already read about it, if you read the Seabrooker, Tidelines and Facebook. Now it’s almost here, as the March 13th is fast approaching. There is currently a wait list for those who still wish to come and didn’t reserve one of the first 300 seats. Call Paula Adamson at 843-768-4881 to join the list.

Begin your evening by strolling along the green streets of the silent auction! You may bid on many locally donated items, including: handmade jewelry, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, jewelry, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two. Payment for the grab bag, and the silent and live auction items can be made by credit card, cash, check, or Club card. We want to make it easy for you to support the Conservancy’s single goal of purchasing undervalued lots, and keeping them GREEN! You’ll need to bring an Andrew Jackson or two (2), however, to play in our other rousing games and reflexes.

Tao, N.M. and Ashville, N.C. An exciting new item on the auction block this year will be a tandem kayak, complete with the necessary extras. Payment for the grab bag, and the silent and live auction items can be made by credit card, cash, check, or Club card. We want to make it easy for you to support the Conservancy’s single goal of purchasing undervalued lots, and keeping them GREEN! You’ll need to bring an Andrew Jackson or two (2%). However, to play in our other rousing games and reflexes.

While enjoying the Gala, take time to visit with the Conservancy’s apron-clad volunteer Board of Directors, including president Dave Bauhs. Until then, please visit our website at SIGSC.org.

Remember, man cannot live by development alone. Let’s all chip in, have some fun, and help keep green The Green Streets of Seabrook Island!

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Begin your evening by strolling along the green streets of the silent auction! You may bid on many locally donated items, including: handmade jewelry, as well as decorative and functional pieces, or a unique experience, like a Wine Blending class for two, offered by the new Grand Bohemian hotel. Stop at the Conservancy Tree, and pick a leaf for a grab bag filled with goodies totaling at least the $25 per person price.

After dinner, the exciting live auction will begin. Dave Williams, our own, locally famous meteorologist, will again be behind the mike. Our own resident artist, Tina Marland, is donating a large, beautiful oil she handcrafted farm table. Back by popular demand, and featured in the Post & Courier, will be the Vodka Tasting Party for 24. A new gourmet event called “Seabrook 7 & 7,” will feature a tasting of 7 American whiskies, paired with a 7 course tasting menu for 8 lucky Seabrookers! Up for bid, again, will be long-time favorite get-away to the shoulder of Jenkins Point road is riddle with tunnels made by Alkali bees in June, 2011. Two Alkali bees wait for female to return to tunnel entrance.

PHOTO BY MARY BETH JOYCE

PHOTOS BY CHARLES MOORE

MARRY WHYTE ILLUSTRATION TO BE AUCTIONED

Renowned Seabrook resident Mary Whyte is known throughout the art world for her figurative watercolors of rural Lowcountry people. Like many young artists, Mary worked as an illustrator before developing her signature style. This year’s Silent Auction will feature three numbered and signed prints that Mary produced while in her early 20s. The “Noah’s Ark” themed pieces, printed by Mary’s husband Smith Coleman, were part of a series of four that originally sold individually for $45/60 in 1980/82. (Two of the prints are one of 1500; the other one of 500). Although not archival quality, these original prints will charm and delight young and -ahem - old. They will be offered individually so up to three Seabrookers will have the opportunity to take one home. These would make ideal gifts for a child’s bedroom. Did you always wish you could own a pencil signed and numbered Mary Whyte print for a very affordable price? If so, have your bidding pen handy and be on the lookout for boulevards of criteria at this year’s Silent Auction before they disemABK ▲

Mary Beth Joyce

PHOTO BY MARY BETH JOYCE

PHOTOS BY CHARLES MOORE

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Mary Beth Joyce

PHOTO BY MARY BETH JOYCE

PHOTOS BY CHARLES MOORE
Turtle Patrol Prepares for 2016 Season

The next Turtle Patrol season is just around the cor-
ner and the Patrol Leadership Team is already busy plan-
ing and organizing for 2016. Last year’s record succes-
ses with 75 nests, 8,545 eggs and 6,095 hatchlings kept the 130 Patrol members busy. But they’re all hoping for more of the same in 2016.

The purpose of the Seabrook Island Turtle Patrol (SITP) is to protect and preserve the sea turtles that visit our beaches. In order to accomplish this, members of the patrol walk the beaches every morning during the nesting and hatching season. The season typically runs from May until October. Generally, the beach patrols begin inappropriately on Mother’s Day. During these walks, members identify and locate nests. The nests are then protected with screening and are recorded, monitored, and hatched. When evidence of hatchlings occurs and sufficient time has passed to allow all hatchlings to emerge on their own, the nest is inventoried to collect data for the South Carolina Department of Natural Resources.

Since 1990, the Seabrook Island Turtle Patrol has identified over 775 nests on our beaches and the number of nests each year has been growing. We have had over 700 nests during 3 of the last 4 years. During the last 25 years, sea turtles have deposited over 90,000 eggs on Seabrook Island and about 75,000 live hatchlings started their life journey on Seabrook Island sand.

Volunteer Opportunities

As always, there are many opportunities to volunteer. Here are some of them:

• Walkers - walk a section of the beach on assigned day
• Inventory Team - assist in inventorying hatched nests
• Social Committee - assist with Patrol Social Functions
• Education Committee - Help prepare and deliver educational materials
• Pre-Hatching Activity Team - maintain nests due to hatch
g

COLUMBIA CITY BALLET PRESENTS ALADDIN
Saturday, March 5, 2016 • Matinee 3:30PM / Evening 7:30PM
East Beach Conference Center

Conceptualized and choreographed by Artistic and Executive Director Wil-
liam Starrett in 1995 in Columbia, SC, Columbia City Ballet presents the premiere of Aladdin for one day only on March 5th. Join Aladdin and Jasmine on their magic carpet and journey as we turn the East Beach Conference Center into ancient Persia.

Columbia City Ballet turns the musical score of composer Ludwig Minkus, into a classic fairytale based on Arabian Nights. “Aladdin is a huge epic ballet, technically demanding for the dancers, visually thrilling for the audience and perfect for the entire family. It is such fun to see Aladdin and Jasmine flying on their magic carpet as the Genie grants Aladdin’s famous three wishes,” says Starrett.

“Downright awesome,” The State has called it. This three-act performance is technically demanding for the dancers, visually thrilling for the audience and perfectly timed to allow all hatchlings to emerge on their own. The choreography incorporates excerpts from La Bayadere; excerpts are incorporated into the score of Aladdin. Ballerina Reina Willoughby and Principal Dancer Christopher Miro will dance the roles of Princess Jasmine and Aladdin. Reinaldo Soto will be featured as the Genie. Other favorites from South Carolina Ballet include Claire McCaa, Autumn Hill, Bonnie Boster-Jolley, Claire Richards and Anne Ruiz.

PIANO BAR SERIES

Wed. March 2 - The Lowhills
Wed. March 16 - Glenn Brown
Wed. March 30 - Gary Erwin
5:00-7:00PM • Sandcastle
No Tickets Required

Back by popular demand, Piano Bar Series at the Sandcastle. Not meant to be concerts, but to enjoy with friends who plan to come, or for the chance meeting and the opportunity to meet neighbors outside your comfort circle for some Island socializing. Relax outside on the patio with the beverage of your choice or inside closer to the music. The Sandcastle will be the happening place at 5 p.m. Island time. Bring the beverage of choice and any snack to “tide” you.

Here are a few KEY DATES to remember:
April 7th - Kick Off Meeting
April 23rd – New Member Training
May 8th - Walkers Begin!!

To learn more about the Seabrook Island Turtle Patrol and how you can help, go to the Patrol website, startlepatrol.com, or contact Beatiusie Zahrn at beatiusie@gmail.com or Terry Fansler at terryf@
csastate.com.

I have just returned from my stage of the Atlantic SUPgirls journey. The “Atlantic SUPgirls,” are two crazy girls, one from Alaska & one from Argentina, paddleboarding 15-30 miles a day, from Manhattan > Key West, Florida, sharing their love of the sport & the ocean, while raising funds for charities; Mission Blue (www.mission_blue.org) & First Descents (www.firstdescents.org). They’ve been paddling since October 12th & are currently in the St. Augustine, FL, vicinity & look to complete their ambitious mission by the end of February. I was lucky enough to join the girls for 350 miles of their journey, from Wrightsville Beach, N.C. to Fernandina Beach, FL, which due to inclement conditions, took us much longer than expected… 5 weeks. It was surely an experience of a lifetime, to join, two girls, whom I didn’t know, & share the stoke of doing what we love, while enduring varying conditions & emotions. Many lessons learned & sense of accomplishment, after accomplishing the task.

Ryan Kennedy
Seabrook Island native & business owner
The SEADOGS Annual Meeting at The Lake House featured Kelly Orris, owner of Balanced Dog Training, and her dog, Ryot.

Members brought hors d’oeuvres, tea sandwiches and desserts to share. Wine, beer and soft drinks were provided.

Kelly’s background includes a B.S. in Zoology, caring for exotic animals like kangaroos at a conservancy in Georgia, a six month training program on animal behavior in Texas, training dogs for the military and police before starting her own business, Balanced Dog Training, on Wadmalaw.

At the Annual Meeting, Kelly was assisted by her dog, Ryot, who came to Kelly as a third time rescue and is only 3 years-old. Ryot was a big hit. In spite of her small size and young age, Ryot demonstrated proficiency in finding a scent box hidden among the crowd, did a number of tricks including a handstand against a wall and finished the presentation by jumping up and balancing herself on Kelly’s back.

The evening ended with everyone enjoying the food and beverages.

Join the members and guests of the Seabrook Island Garden Club on Friday, March 11, 2016, at 9:30 AM. The meeting will be located at the Seabrook Island Lake House. In March, the club welcomes guest speaker Ryan Watkins, who will present The Art & Science of Southern Landscaping. Ryan is a 3rd Generation Grower, Lead Landscape Designer, & General Manager at Brownswood Nursery. He was born and raised in Charleston, and studied at the Oral Roberts University, graduating with a Management Degree. Ryan is a Certified Nursery Professional and for 3 years served as a Horticulture Instructor for the City of Charleston. His Landscape Design and Installation work has been featured on WCSC Channel 5, The DIY Network, and HGTV. He was also nominated and selected as a top 3 finalist in the Young Retailer Award by Green Profit Magazine in 2014.

At the February meeting, with winter’s chill still lingering in the air, the Seabrook Island Garden Club members and guests were happy to have an excuse to be indoors and to welcome guest speaker Amy Dobbs. Amy is the Clemson Extension Horticulture Agent and Master Gardener Coordinator for Berkeley, Charleston and Dorchester counties. Her presentation on the use of Ornamental Grasses in the landscape was intriguing on many levels. As a newcomer to the Lowcountry, I’ve often been captivated by the rustic grasses of the marshlands and the beautiful and dramatic grasses decorating the landscape of many grand homes and farmlands throughout the South. In her lively and interactive presentation, Amy was adamant in teaching us the difference between good grass and bad invasive grass and the need for public awareness of this difference in order to ensure the long-term protection of our natural environment. We also learned and talked about the art of maintaining and safeguarding the ornamental grasses for their continual good health and survival.

If you have yet to discover the Seabrook Island Garden Club, be sure to drop in, and join us. We welcome all Seabrook Island homeowners and guests. It is a great place to meet new friends, ask questions and learn from each other as well as the prominent guest speakers that are featured each month.

For information on membership please contact Cheryl Schumann
Email: cschumann@seabrookislandrealestate.com

GARDEN CLUB NEWS

Low Speed Electric Vehicle Rental

A distinctive alternative to the golf cart. Access all of Seabrook and Kiawah. Vehicles are equipped with extended range batteries that get 50+ miles per charge.

www.islandecar.com

LOWCOUNTRY EXECUTIVE CENTER

For Lease: Private Executive Suite

Three room suite Onsite Management Private restroom

1101 Lanefell Way, Seabrook Island SC 29455

www.lowcountryexecutivecenter.com 843-310-0703

BOHICLET MERCHANTS ASSOCIATION PROUDLY PRESENTS!!

LUCKY MARCH MADNESS

ALL MONTH LONG

there will be a drawing for prizes at the below participating merchants. Look for the 332 B0 loft interior - 10% off all Art

Don’t the Charleston - Drawing for a “Pamper Yourself Gift Basket”

Dunes Properties - Drawing for a Vacation Getaway

Bohicket Wine & Spirits - 5% off Tuesday

Synergy Day Spa & Salon - Drawing for 60 minute massage

Lolal Restaurant - Drawing for 1 FREE lunch

Fischer’s Sports Pub & Grill - Drawing for FREE lunch

Luciano’s Pizzeria - Drawing for 1 FREE pizza

The SEADOGS Annual Meeting, January 26, 2016

Seabrook Island Dog Owners Group

(SEADOGS)

The SEADOGS Annual Meeting at The Lake House featured Kelly Orris, owner of Balanced Dog Training, and her dog, Ryot.

Members brought hors d’oeuvres, tea sandwiches and desserts to share. Wine, beer and soft drinks were provided.

Kelly’s background includes a B.S. in Zoology, caring for exotic animals like kangaroos at a conservancy in Georgia, a six month training program on animal behavior in Texas, training dogs for the military and police before starting her own business, Balanced Dog Training, on Wadmalaw.

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▲ Jerry Cummins

President, SEADOGS

www.sidogs.org

Kelly Orris

Kelly with Ryot

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GARDEN CLUB NEWS

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GARDEN CLUB NEWS
South Carolina Environmental Law
by Amy Armstrong
Thursday, March 10, 2016 • 7:30pm

Amy Armstrong is the Executive Director and General Counsel of the South Carolina Environmental Law Project (SCELP). She was a staff attorney at SCELP for over eight years prior to assuming her present position. Amy received her B.S. in Biology from the University of Michigan in 1992 and began work with the South Carolina Department of Natural Resources. In 2002 she graduated from University of South Carolina with a Juris Doctor and Master in Earth and Environmental Resource Management. She currently serves on the Coastal Community Foundation Board and is Chair of the Biminielle Foundation. She is also a Liberty Fellows and serves as a municipal court judge for the City of Georgetown. Ms. Armstrong has been actively involved with important local issues such as the Captain Sam’s Spit and the proposed seismic testing for offshore oil and gas reserves.

South Carolina Environmental Law

9th Annual Celebrity Golf Invitational
Monday, April 25, 2016
The Cassique Course, Kiawah Island, SC

The Barrier Islands Free Medical Clinic offers Primary Care, Orthopedic services, Dermatology, Ophthalmology and Gynecology to adults over age 19 who live, or work, on Johns, Wadmalaw or James Island and have no health insurance, no Medicaid or Medicare eligibility and whose household income is at or below 200% of the Federal Poverty Guidelines. Patients meeting the poverty levels are provided with medical care and many medications totally free of charge.

Our “Miracle on Maybank” has changed the world for the 3,900 patients it has served to date, and continues to make the barrier islands a better place to live, work and play. Visit us online at www.BIFMC.org or call (843) 296-0830 and ask for the Clinic Operations Manager for golf registration, sponsorship and dinner reservation details.

Refreshments - 7:00 PM
Program - 7:30 PM
Location – Lake House
All Seabrook Island residents and guests are welcome. There is a $5 donation which is waived for SINHG members. Information about future programs and SINHG membership can be found at the SINHG web site, sinhg.org.

Barrier Islands Free Medical Clinic

HOMES BUILT ON A FIRM FOUNDATION LAST LONGER.

The Barrier Islands Free Medical Clinic welcomes all men and women on Seabrook to participate in our annual golf tournament. Put together your own foursome or we will match you with other players, donate a sponsorship (which most directly benefits the clinic and its programs) or join us for cocktails and dinner.

Our non-profit clinic’s existence and success are dependent on monies raised from fundraisers, grants, and individual and group gifts. Your generosity through the past decade has helped create a medical home for many impoverished adults on Johns, Wadmalaw and James Island, that cannot afford medical care. Our facility on Maybank Highway benefits from the efforts of over 50 physicians and nurses and dozens of support staffs, many from Seabrook Island++, who provide their services on a volunteer, non-paid basis. They have helped thousands of our neighbors obtain healthcare services, at no cost to the patient.

The BIFMC offers Primary Care, Orthopedic services, Dermatology, Ophthalmology and Gynecology to adults over age 19 who live, or work, on Johns, Wadmalaw or James Island and have no health insurance, no Medicaid or Medicare eligibility and whose household income is at or below 200% of the Federal Poverty Guidelines. Patients meeting the poverty levels are provided with medical care and many medications totally free of charge.

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The Barrier Islands Free Medical Clinic

This two-letter word in English has more meanings than any other two-letter word, and that word is (an adverb, adjective, noun, or verb)

It's easy to understand meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP? At a meeting, why does a topic come UP? Why do we speak about the (noun, verb, adj, adv) UP for election (if there is a tie, it is a toss UP) and why is it UP to the secretary to write UP a report? We call our friends, brightness UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car.

At other times, this little word has real special meaning. People step UP trouble, line UP for tickets, work UP an appetite, and thank UP access. To be dressed is one thing but to be dressed UP is special. And this UP is confusing: A dean must be opened UP because it is blocked UP.

We open UP a store in the morning but we close it UP at night. We seem to be pretty mixed UP about UP. To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions.

If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a bit of your time, but if you don't give UP, you may wind UP with (UP is a hundred or more.

When it threatens to rain, we say it is cloudy UP. When the sun comes out, we say it is clear UP. When it rains, it soak UP the earth. When it does not rain for a while, things dry UP.

One could go on and on, but I'll wrap UP, for now... My time is UP.

Oh... One more thing: What is the first thing you do in the morning and the last thing you do at night? U P! Did that one crack you up? Don't screw UP. Show this to the people you look UP in your address book... or not... it's UP to you.

Amy Armstrong
All worked diligently to distribute the meeting materials, count the ballots, and ensure that all ran smoothly. Thanks to the staff at the Club for setting up the room and the equipment so that the presentations could be seen and heard clearly. The newcomers Committee organized a lovely cocktail reception for those new to Seabrook. Our arts Guild, Photography Club and other artisans held another fantastic show at the lake House. We have so many talented people on this island. Our detailed Annual Report document was the vision of Chuck Fox, outgoing SIPOA President, and summarized the efforts of our SIPOA Board members and amazing volunteers. Thank you all for a year filled with great results. Thank you all for your contributions to a marvelous weekend.

I’d like to recognize those who completed their terms on the Board of Directors and Nominating Committee for SIPOA. Leaving the Board of Directors are Chuck Fox, who did an amazing job overseeing the completion of the Capt’s San’s inlet relocation, Brad Reynolds, chair of our legal Committee, Lynn Crane and Tina Mayland. We also thank Jim Ahl, and Susan Waterfill for their serving on the Nominating Committee for two years. Thank you all for your dedicated service and commitment to the Seabrook community.

Newly elected members of the Board of Directors, each serving a three year term, are:

- Bill Bane
- Ed Houff
- Julie Mc Culloch
- Phil Squire

Newly elected members of the SIPOA Nominating Committee, each serving a two year term, are:

- Kathleen Buchanan
- Skip Crane

Following the Annual Meeting, the new Board of Directors met to elect the following officers who will serve until the 2017 Annual Meeting.

- President: Janet Gorski
- Vice-President: Ed Jones
- Secretary: Dennis Nagy
- Treasurer: John Feldman

Returning Board members include 

- Guy Gimson, Greg Henry, Dennis Nagy and Janet Gorski (term ending in February 2017)
- Michael Orris, Dan Kortvelessy, Ed Jones and John Feldman, two members of the Nominating Committee, Ellen Coughlin and Steve Bottcher, are returning to serve one more year in this role.

Board of Director Committee assignments were made as follows:

- Activities Chair: Michael Orris
- Architectural Review Board: Bill Bane
- Communications Chair: Ed Jones
- Finance Chair: Dan Kortvelessy
- Environment: Michael Orris
- General Operations: Guy Gimson
- Legal: Ed Jones
- Planning: Dan Kortvelessy
- Nominating: Greg Henry
- Safety & Security: Dennis Nagy

Our Planning Committee is completing the details prior to distribution of our 2017 Annual Survey. You should receive this shortly via email. This time, we encourage each member of your household to respond to the survey. All responses will be compiled and will be available to the Board, staff and the community. Please do remember that this is a survey and we certainly want your feedback, whether positive or negative; however, we do not need cursing, swearing or vitriol; it’s not necessary and isn’t helpful. Constructive criticism is fine; we’re always seeking ways to improve.

As we move through the year, we’re bound to encounter concerns, issues and problems along the way. I admit that my mind-reading skills and x-ray vision are not the best, so, if you have an issue, question or problem, please bring it to the attention of SIPOA staff or the Board. Please don’t assume that we know about everything; if no one knows about the problem, it can’t be corrected.

As a reminder, Easter is very early this year, in late March. Our island paradise will become busier and more congested. Many of our traffic and beach rules were designed with your safety and security in mind. Over the next several weeks, we’ll try to highlight and remind you of some key provisions.

Hope to see you around the island as we welcome spring! — Janet Gorski, SIPOA President
LAKE HOUSE SPOTLIGHT

IT ALL COUNTS
Climbing the Ladder of Physical Training

I am the crazy woman on the beach. On any given day you might see me skipping, doing lateral shuffles, or high kicking like a Rockettes wannabe. The good news is that I may look ridiculous, but it all counts toward exercise.

There is a ladder of physical training. Every rung on the ladder uses energy, burns calories, and lubricates your joints; however the higher you go, the more purposeful and focused your efforts. Here are the ladder levels:

Physical activity: everything you do when you aren’t at rest like shopping, cleaning, yard work, and walking around the house. The more movement you get and the less time you spend sitting, the better.

Exercise: The next rung, which is exercise, is movement that you do on purpose. It includes running, yoga, cycling, hiking, tennis, golfing, swimming, calisthenics, etc.

Workout: A workout is the third rung. It is an exercise session that is goal oriented and deliberately strenuous. During the session you push your muscles toward their limit and challenge your body enough that you have to recover for at least a day before doing it again. You are testing yourself to see what you can accomplish that day.

Training: The final level on the ladder is training which is a system of workouts designed to change the way your body adapts and therefore transform your body and fitness over time.

In the past I have talked about the importance of going to the gym with a clear agenda. You make the most of your session that day by doing so. But don’t stop there. Secure your future by developing a training plan, a series of interrelated workouts, which will bring a different production with the works ranging from current to vintage. These sessions are informal and fun with performances supplemented by text subtitles in English. The voices and acting are amazing. You may be surprised how dramatic and enjoyable this art form can be.

What is NOT okay to put out curbside?
- Hazardous waste such as paint, fluorescent lights, and batteries (take these to the maintenance facility (385 Rd, behind the Garden Plots) for safe disposal).

What is the purpose of Brown & White pickup?
This pickup is intended for those larger items which are not acceptable for the standard weekly pickup and would normally have to be taken to the County landfill facility on Bees Ferry Road in West Ashley. SPIPA offers this special pickup quarterly, as a convenience to our owners.

What is okay to put out curbside?
Furniture (all sorts), appliances (provided they were not signed to change the way your body and fitness over time.

WHAT IS BROWN AND WHITE PICKUP?

The basics:
Furniture, appliances, etc. may be put out curbside (by 7:00 am). Hazardous materials (batteries, paint, etc.) may be brought to the maintenance facility (385 Rd, behind the Garden Plots) for safe disposal.

BROWN & WHITE PICKUP GOES MONTHLY

WHAT IS BROWN & WHITE PICKUP?

The Lake House will once again be chartering a bus to take Seabrook-dwellers and their guests to and from the Cooper River Bridge Run. ENJOY THE RUN AND AVOID THE HASSLE... RIDE WITH US!

Cost: $25.00

Race Day itinerary:
- The bus will leave promptly at 5:50 AM from the Seabrook Island Real Estate Parking Lot on Saturday, April 2nd.
- The Cooper River Bridge Run begins at 8:00 AM
- The bus will leave from behind the Aquarium Parking Garage once all participants have finished.

Please Note:
REGISTRATION FOR THE COOPER RIVER BRIDGE RUN IS THE RESPONSIBILITY OF THE PARTICIPANT. Registration for the bus ride DOES NOT REGISTER PARTICIPANTS FOR THE COOPER RIVER BRIDGE RUN.

To register for the Cooper River Bridge Run, please visit bridgerun.com

There are NO REFUNDS for race or bus registration.

LIMITED SPACE AVAILABLE.
For more information or to register, please contact
The Lake House at 843.725.1580 or jmgoss@sipoa.org.

SUNDAY MATINEE

The Opera Lite Experience at Seabrook

Each opera is self-contained in the 90 minute session with the opera shown in an abridged fashion featuring the high points. Each week brings a different production with the works ranging from current to vintage. These sessions are informal and fun with performances supplemented by text subtitles in English. The voices and acting are amazing. You may be surprised how dramatic and enjoyable this art form can be. All sessions are FREE and previous exposure/knowledge of opera is not necessary.

Indeed, newcomers are encouraged to give it a try.

Join us at The Lake House on Sunday afternoons for movies, popcorn and fun! Sunday Matinees are at 1:00 PM in the Live Oak Hall. You are welcome to bring your favorite snacks or refreshments. Water and popcorn will be provided.

Check the Tidelines Blog to see what movie will be showing.

OPERA LITE

What is NOT okay to put out curbside?
- Hazardous waste such as paint, fluorescent lights, and batteries (take these to the maintenance facility on the same day. Prior to pickup, personnel will be standing by from 7:00-3:00 for collection and safe removal)
- Waste generated by contracted workers in the course of performing their duties (removed as part of a contractor job, see below), lawn equipment, most other large-size goods which would not be acceptable for the regular weekly pickup.

When is the next pickup?
Until now, Brown & White pickup has been offered four times per year. Starting this month, on March 4, the pickup will be monthly, on the first Friday of the month. The following pickup will be Friday, April 1. By adding eight additional brown and white days per year, we hope to see a decrease in illegally dumped trash at the recycle center. Also, there will be increased enforcement of the illegal dumping policy. The additional Brown & White pickups were negotiated with no additional cost to homeowners. We hope that all residents will enjoy this added convenience.

COOPER RIVER BRIDGE RUN
Seabrook Island Bus / Saturday, April 2nd, 2016

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The Fiesta has more than 950,000 visitors a.k.a. “balunatics” and more than 550 registered balloon teams, including 185 special shape balloons. The Fiesta is the largest in the world of its kind and is “the most photographed event in the world” or so I’m told.

One of the most popular events is the “Mass Ascension” where balloons launch in two waves between 7:00am. It’s the most spectacular display of sound and color in aviation that I’ve ever seen. So much is happening on the inflation field and in the sky that it’s hard to decide where to watch from and what to begin watching and/or photographing. Nothing is off limits to the crowds. We were able to walk right up to the balloonist to talk, interact and watch as they rolled out their balloons on the ground, as they set up their gondolas, as they blew cold air, using large fans, into the envelope to stabilize and finally as they ignited their burners to fire the flame into the envelop gently lifting the balloon, gondola and passengers into the sky.

The field is crowded with thousands of people and hundreds upon hundreds of balloons. Everywhere you turn you either hear or see “something” on the ground or in the sky. Whether it be the music from the burn- ers, or the sound coming from the fans of the cheering crowds, or the music, or the announcer. And visually, watching the balloon setup on the ground, or walking amongst the colorful giants as they literally rise up from the ground and finally viewing the hundreds of balloons in flight in the sky above:

It’s all a bit overwhelming to the senses and emotions. Crazy, face paced, lots of action, fascinating, thrilling, exhilarating, exciting. I can remember trying to take it all in and actually being amazed at how spectacular and grand it all was.

My photographs are an attempt to capture all that I experienced during that first event field. Please stop by the Lake House during the month of March to take a look and hopefully you’ll catch a tiny bit of my excitement ▲

Charleston Men’s Chorus (CMC) will hold its spring concert on Sunday, March 13 at 4:00 p.m. at the Sottile theatre.

Sláinte! Folk Music from the British Isles & America

CMC’s 25th anniversary season continues with the world premier of an original Parker arrangement of “Tenting on the Hill.” commissioned in honor of Alice Parker. Parker is well known for her long-time work as a music educator in the Lowcountry. Jennifer McCormick noted, “Spend an afternoon with the Charleston Men’s Chorus as they feature the world premier of an original Parker arrangement of “Tenting on the Hill.” The workshop will consist of a two day plein air series taught by Mr. Roffo on March 16th and 17th.

Sergio Roffo, an elected “Fellow” of the Copley Society of Boston. Mr. Roffo will show his work, discuss and demonstrate artistic process and follow with a Q&A session on March 16th and 17th.

On Thursday, March 3rd, Seabrook Island Artist Guild President, Bob Lefevre will teach a workshop titled “Improving your Preceptual Skills to Improve your Drawing”.

For more information please contact Ilse Calcagno at 843-768-0317.
OUTDOOR ARTIST GUILD SHOWS ON CALENDAR FOR MARCH AND APRIL
Freshfields Village
Saturday, March 26th • 9:00AM-3:00PM
The weather is warming up and the Seabrook Island Artist Guild members are ready to show off what they have done to ward of cabin fever. On tap for Easter weekend, and in conjunction with the Freshfields Village “Spring Festival” the artists will set up near the mall
Sunday, April 10th • 2PM-7PM
Join us to view or purchase art while enjoying “Blues By the Sea” at the same time.

ARTIST OF THE MONTH TINA MAYLAND
March 1-31 • 1:30PM
Lake House Hall Gallery
The opening reception will be held at the gallery on Tuesday, March 1st from 5PM-7PM.

GREEN SPACE CONSERVANCY GALA
March 13, 2016 • Doors Open at 5PM
Suggested dress is Seabrook Chic. Auction items may be paid by check or credit card or Club card, but please bring $20 cash to join the fun in the Heads or Tails game. Join your neighbors as we stroll the auction on the Green Streets of Green Space.

SHRED 360
Friday, March 4th • Town Hall • 10AM-1PM
Anyone looking to shred their Shred 360 will be at Town Hall on March 4th from 10 until 1PM.

SEABROOK LADIES BIBLE STUDY
Every Monday • Lake House • 1:30PM-3:30PM
For more information, please contact: Jody Garvey (garveyjody@gmail.com) or Patti Tully (pattitully@gmail.com)

EARTH DAY CELEBRATION
Friday, April 22 • SIPOA Environmental Committee celebrates Earth Day on Seabrook
Local speakers will share their love of our area, their knowledge and answer your questions on a variety of important issues that are currently impacting our island. Representatives of our many island environmental groups will be on hand to inform you of their efforts to keep Seabrook at the top of the list and ahead of our neighboring communities in:
• Wildlife Conservation
• Sustainable Communities
• Green Space
• Waste Management/Recycling
• Beach Vitality...
• And more
And, of course, there will be food, drink, some fun contests and games. Be on the lookout in Tidelines Blog for updates as the committee reveals more details of Earth Day Celebration on Seabrook, 2016.

SIPOA ENVIRONMENTAL COMMITTEE MEETING
Wednesday, April 20 • 7PM • Seabrook Island Lake House
This informational session will talk about the Federal government’s proposed leasing of land on the Mid and South Atlantic Outer Continental Shelf for oil and gas exploration.
Expert speakers from the following organizations will be present: Bureau of Ocean Energy Management, South Carolina Coastal Conservation League, Atlantic Energy Alliance, and the College of Charleston. Following their presentations, speakers will be available to answer questions from the audience.
Seabrookers, this is your chance to educate yourself on an extremely critical issue that could affect our island for years to come.
Additional information can be obtained by contacting Barry Shedrow at barry@shedrow.com

BLOOD DRIVE
Thursday, March 31 • Lake House • 10:30AM-3:30PM
Please contact Pep Logan (843-768-0334 or phlogan@bellsouth.net) to schedule an appointment or just drop in at your convenience. Current notices from the Red Cross indicate a serious shortage in blood supplies so please plan to come and help refill that shortfall. Remember, your donation can benefit up to three recipients so a goal of thirty plus means 90 plus lives impacted - what a great return! See you then.

RESPIRE CARE CHARLESTON’S 12TH ANNUAL “BETTY CANNON” GOLF TOURNAMENT
will be held on Monday, April 4th at Crooked Oaks Golf Course on Seabrook Island.
Schedule of Events:
Registration: 11 am-12 noon
Putting Contest: 12 noon
Shotgun Start: 1:00 pm
Reception and Awards: Following completion of play (around 5:30pm)
Golf Registration - $150 per golfer
Golfers can register as a team or as individuals. Only the first 144 players will be accepted.
Entry fee is $150 per golfer. Entry fee includes greens fee, cart, on course lunch, refreshments and awards reception.
Reception and Awards - $25 individual ticket
Following completion of play, please join us in The Atlantic Ballroom at the Seabrook Island Club. Expansive outdoor verandas allow you to enjoy the ocean views as you relax and visit with other tournament players and guests. A casual dinner, beer and wine are served. The reception and awards event is included in golfer registration. Additional guests are welcome, advance registration is required and limited.

D.I.R.T. (DIGGING INTO ROOTS TOGETHER)
March 1-31 • 1-3PM
Lake House - Live Oak Hall
D.I.R.T. (DIGging INTO ROOTS TOGETHER) is a dig with other Club members and friends that you can do at home, or come, advance registration is required and limited.
Please visit the blog at diggingtogether.blogspot.com for more information, or email D.I.R.T. at diggingtogether@yahoo.com

INDOOR PICKLEBALL
February 26th • 1-3PM
St. Christopher’s Camp Friday • 11:15-12:30
If interested, please contact Mary Torello at marytorello@yahoo.com

SEABROOK STITCHERS
Lake House • Every Monday • 1:00AM-1:00PM
For more information, contact Denise Doyon at dennisdoyon@gmail.com

SEABROOK ISLAND PHOTOGRAPHY CLUB 2016 PROGRAM ANNOUNCEMENT
Here is the preliminary MARCH/APRIL Photography Club schedule. Members and nonmembers are invited to the first meeting next Thursday (without charge). Please join us to see Club membership would be helpful to your photographic endeavors.
March 17th • Valerie Doane “Creating Photo Books” 6:30PM Lake House - Live Oak Hall
April 21st • Kenny McKeithan: Magnolia Plantation & Gardens Photo Shoot. Full day photo shoot with instruction in the field by Kenny. We will start early in the morning, break for lunch and resume for an hour or two afterward in the Swamp Garden. Full details and fee to follow.

THE 7TH ANNUAL CHARLESTON FILM FESTIVAL AT THE TERRACE
It’s all about the movies!
March 10 - 13th, 2016

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