# HESCAPILITIES

VOL 19 • ISSUE 7 • JULY, 2016

# INDEPENDENCE DAY

## Celebration on Seabrook Island

Proud to be an American



INSIDE



Reeves to hit 200! - page 5



July 4th photo - pages 7 and 9



Island Notices
page 15



SEABROOKER
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## The Fleming Tournament to Honor Tom Kent

At the Alan Fleming Senior Open Tennis Championship, which will be held this year from October 5 to October 9, the late Tom Kent will be honored for his long-term contribution to this event. He loved tennis: to play it, promote it, and encourage others to participate. He especially loved this Tournament. No better way to understand what it meant to him and what he has meant to the Tournament than through his own words. Here are Tom's recollections of the history of the Alan Fleming Tournament.

Random Recollections of the Alan Fleming and Predecessor Senior Tennis Tournament at Seabrook Island, SC – TDK 10/2/09

I am pretty sure the first tournament was played in October 1981, and the events were just for the 45, 55, and 65 age groups. The event was all played on the 7 courts adjacent to the old Island House down by the ocean – the current center had not as yet been built. The head pro at the time was Carlos Goffi. Alan Fleming was the first property owner Tournament Chair and every subsequent year through '89 he and I were co-chairs. However, since I was already in my



50's (and had lost the first year to a highly ranked youngster of 47), we made it 5-year intervals starting the next year. In about '87, or possibly '88, we added a 70 category, in part because Alan was approaching that status. Later, as Chairman, I added the 75 age group at least two years before Alan hit that bracket and several years later as a co-chair, I think with Stu Miller, we added the men's 80s since Alan was heading in that direction. Alan died prematurely, in the summer of '97 at age 77 so he never got to play in our most senior age bracket.

The second year, or possibly the third, we played at the current complex. Bob Lake was then pro and remained the pro for the next few years. For the first few years, the tournament was sponsored entirely by the developers of the island in an effort to sell real estate. The "owner" at the time was Jack Kessler who lived in Columbus, OH, but had invested heavily in SC. Peter, Alan Fleming's son, had stayed with the Kesslers during a tournament in Ohio, probably in '77 or '78, and, with John McEnroe, had won the

continued page 3



Sahroker P.O. Box 30427 Charleston, SC 2941

regularly on Island happenings, as well as newsworthy events that affect property owners and residents As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner

Red Ballentine.(1924-2006) Fred Bernstein (1924-2010) Co-Founder:

Publisher Advertising & Layout Michael Morris | Bernstein Lash Marketing | Teri B. Lash

THIS MONTH'S SEABROOKER VOLUNTEERS

Fave Albritton Carol Bane

Denise Dovon Sally Kimball Charley Moore Jerry Reves Saffron & Curry

Monique Sport Carl Voelker

June 8 - August 24

Kids Fishing Tournament

(Two Sessions)

9-10am & 10-11am

Cost: \$7 includes pole and

all the balt you can use!

(CASH OR CHECK PLEASE)

Prizes are awarded for the

biggest fish in each age group!

Bob Hider • Mary Beth Joyce • Charley Moore • Bill Nelson

CONTACTING THE SEABROOKER TheSeabrooker@yahoo.com or call 843.408.3707 The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

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## May 31 - August 30 Kick It At Bohicket

Starts @ 6pm Free Fun for the entire family Games • Face Painting • Balloon Artist Dancing to Beach Music by Jim Bowers DJ Extraordinaire

Free Shag Lessons • 6:00-6:15 • Main breezeway SPONSOARO, WARREN The Town of Seabrook Island

Sponsored by the Bohicket Merchants Association



## **CAP'N SAM EDISTO**

Great Seabrooker this month (June)! There's really a lot going on. What do you do for an encore next month?

THESEADYOOKER

Jerry Farber

Dear Cap'n Sam.

Great job on the latest Seabrooker. The front page article interview with Dan Carretta told you the story of Seabrook in a Informative and personal way. The Sea Turtle article was very interesting even if you are not that interested in what they do. because it gave you a view of what some neighbors are doing off is-

The Wildlife and Birders articles were well done.

The whole issue gave a feeling that a lot of things are going on involving Seabrook people. It made you feel Seabrook was more dynamic than you might have thought.

I know putting out a paper like this is not easy, you're only as good as your contributors but you as edi-

tor put it all together and give it its personality. Good job.

Dear Cap'n Sam Letter to the Post & Courier, 6/25/16

Another connector Charleston County should be pursuing funds for a Johns Island Connector on the November sales tax referendum instead of pursuing \$195 million for Main Road intersec tion improvements and widening. Traveling Main Road to the islands from West Ashley is an inefficient route that adds extra driving miles on crowded roads. Building a Johns Island Connector cuts the travel dis-

tance to Johns Island in half from the

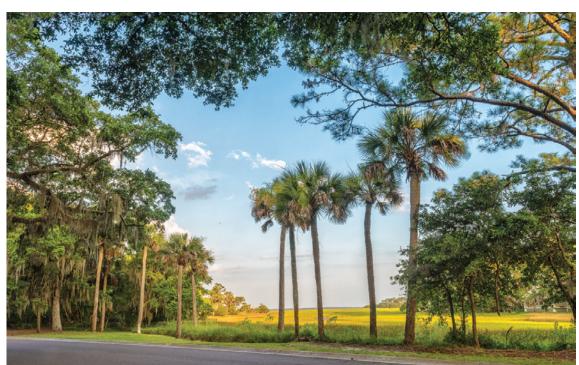
I-526 terminus in West Ashley. Fixing only Main Road will continue to dump thousands of island drivers from I-526 into West Ashley. These drivers must then compete with all other drivers on Glen Mc-Connell Parkway, Bees Ferry Road and Highway 17 as they head west to Main Road. By building the Johns Island Connector, we could give is landers a strait shot home and leave West Ashley roads to West Ashley

Building the Johns Island Connector would add a third route to manage the traffic flow not only for future floods but for more regular occurrences like traffic accidents and utility work. A growing island population approaching 30,000 people must have better connectivity than it does now with just two secondary roads.

In 2003 the 1.5-mile Maybank Highway Bridge over the Stono was built for an inflation adjusted \$51 million. At that per mile cost, we could build a Johns Island Connector for about half the price of the Main Road improvements. Why wouldn't we pay less money to get more benefits? Unlike Main Road, a Johns Island Connector would give us an extra route to deal with the next 1,000 year flood; it cuts driving distance, keeps cars out of West Ashley, and it's possibly the cheaper option. If the county is willing to put \$195 million toward the best fix for Island traffic, it's pretty clear that they should go with the Johns Island Connector, not Main Road. ▲

Bradley Taggart, Co-Founder Charlestonians for I-526 Jesse Elizabeth Road Johns Island

## Our Peaceful Corner of the World



Nowhere can you find a more peaceful place than Seabrook Island. When driving home after the absence of a month or just a day, calmness flows through me as I make the turn on to Seabrook Island Road. The first sight of the colorful profusion of flowers at the Seabrook Island sign creates a loosening in my shoulders. Arriving at the opening to the marsh with the view of Rockville shrimp boats causes an involunescape my lips. Home, I am home, and how lucky I am.

Whether as a visitor or a resident, respite from the hard realities of the world. What a wonderful environment to regroup and refresh and regenerate. Our wildlife neighbors know that as well, choosing our island to lay their nests and raise their

But lately, each drive or walk or bike ride holds surprises for me in terms of new construction. The word has gotten out that Seabrook is a wonderful place to live. As empty lots are altered forever, I think Seabrookers creating the Seabrook Island Green Space Conservancy. Now each subsequent volunteer this corner of the world provides a | board works diligently to preserve green space for our future before

the inevitable build out occurs.

Won't you join the Conservancy in our endeavor? This newspaper contains a contribution envelope and every dollar helps. Funds are used o purchase lots and then transfer them to SIPOA for permanent protection. To date, 19 properties have been saved thanks to the generosity of owners and visitors who appreciate the uniqueness of this island's low country environment.

Seabrook Island Road ask yourself "what can I do to help preserve this peaceful corner of our world?" The answer may be at www.sigsc.org. ▲





Dr. Arthur Booth died on June 18, 2016 at Hospice Atlanta. He was co-founder of Hospice Atlanta and the Barrier Islands Free Medical Clinic. He received the first Kiawah-Seabrook Exchange Club "Angel Oak Award". His funeral service was on June 22 at St. Anne's Episcopal Church in Atlanta. There will be a memorial service at Church of Our Saviour on August 6, **JULY 2016** THESEADYOOKE

## Audubon International Sustainable Communities Program The Economic Vitality Pillar



is to dredge a new channel across

the Kiawah Island spit periodically to

promote the accretion of sand on the

By now, all of you who have been following the Seabrooker know that there are three pillars to achieve sustainability. The first two pillars, a high Quality of Life and a Healthy Environment, were covered in the May and June issues of the Seabrooker. This month we will address the third pillar, Economic Vitality. In the previous articles, it was clear that a good quality of life and a healthy environment were inextricably connected. You will find the same is true with the economic vitality pillar.

#### **Economic Vitality**

The Audubon International Sustainable Communities Program requires its certified communities to be economically sustainable over an indefinite period of time. This means that our fiscal planning must address near-term costs, like the electric bill for our streetlights, as well as longterm obligations, such as paving down the debt on our newer facilities, for instance the Lake House and the Beach Club. In addition there are requirements for capital expenditures for new items or programs as we go along to further enhance Seabrook Island and what it has to offer, whether for new computer software systems or

for pickle ball courts. What are the requirements to ensure dynamic economic vitality on Seabrook Island? What attracts people to come to Seabrook, either as property owners, renters, visitors or investors? When considering these questions, it is wise to take a look from 30,000 feet and recognize that we are competing with other communities that run the coast lines in the southeastern United States. What are the things we need to focus on to ensure our sustainability?

Three miles of pristine beaches have always ranked at the top of our amenity list. Surely our economic vitality depends on maintaining our beaches to compete with those of other ocean front communities. A key requirement to maintain our beaches

beach. Completed for the third time in its history in 2015, the SIPOA Board has already begun building a fund to accomplish this approximate \$1 million project in the next 10 - 15 years. Living in a community with a healthy

environment, both the natural environment and the built environment, is an important factor to many people when selecting a place to live. It is important to recognize that as the island heads toward build-out, additional emphasis will be required to maintain an environment that is so dynamic that it will continue to attract new residents.

Housing In addition to a world-class beach and top notch environment, what else will be economically desirable for Seabrook Island? Answer: High quality, affordable housing that will attract potential property owners and residents to the island. There are now about 420 unimproved building sites on the island, with 20 to 30 new homes being built each year. There is no question that the houses being built are top notch, with imaginative home owners, their architects and builders, and the Architectural Review Committee, participating in the process. Our chal-

lenge in the housing arena is to encourage and motivate the owners of older properties to improve them, so that they become competitive with other previously owned properties, not only on Seabrook but also with our competitors in the larger community. The SI-POA has formed an ad hoc committee to address this challenge.

Getting the Word Out So how do we get the word out about

**Our Beaches and Environment** the Town of Seabrook Island, the SI-POA and the Club, have joined together in a campaign to sell Seabrook Island. On behalf of all three entities, the Town has contracted with an advertising company that has issued a number of ads in prominent magazines (South-

address the three pillars of sustainability – a good quality of life, a healthy the desirability of Seabrook Island? All environment and economic vitality. three of the island's governing bodies,

Carl Voelker and Jim Bannwart will continue to keep you updated on our steering committee's progress in working through the Stage 2 process of the Sustainable Communities Program. Please let us know if you have any comments or suggestions. **\( \rightarrow\$** 

Jim Bannwart

## Fleming Tournament continued from page 1

doubles. I think that is how Peter | on Marsh Gate. We hired the Club | foundation he and his wife had se ended up as the island's touring pro. Shortly thereafter some partners | were the hosts the following year - a from Brown Brothers Harriman (I think) took over as developers and ers, led by Bob Russell, purchased the club. Hurricane Hugo (9/21/89) caused us to cancel the 1989 event and, since the Club declared bankmight have had to do so anyway. In 1990 the club was still in bankruptcy so, in order to continue playing tennis (and golf) many of us joined Kiawah for the '90 season. The new (current) club emerged in '91, with the early bird members "On board in April". However, with the club so new and just getting started, with Matt Willson hired as our first Director of Tennis in late spring or earas the tennis chair at the time, we didn't start up the tournament again

Since I was anxious to get the tournament resurrected, I volunteered to be the Chair, and I retained that position for the first three years. Ann and I hosted the first cocktail party Thursday evening for all the contestants and guests at our home

great success, naturally. Katie and Fred Kelsey volunteered the third group of about 100 property own- rains that flooded much of the island, we had to change plans. We ended up horning in on a previously scheduled corporate affair at the island house. Under the circumstances, it ruptcy the day before (9/20), we also was a great success. For the Miller. However, while Chair I started the effort of getting outside sponsors (meaning non-club, real estate or developers) to help offset tournament expenses. One of our early sponsorships was for the "Distinguished Competitor Award". In the spring of 1993, I went to Bob Bambauer, then head of the Interstate/ Johnson Lane office at the Marina, ly summer and, I think, Pat Brooke and asked him to have the firm sponsor a special award for the male and female player at the Seabrook tournament who had (1) "shown proven playing ability", (2) "conveyed a fine sense of sportsmanship" and (3) "demonstrated good fellowship". He graciously accepted and after he retired from the firm and his son Michael died in a tragic accident, he | I won't extend these comments furchanged the award sponsorship to a ther....

to cater. Phyllis and Harris Cohen

up to honor their son.

example). Both the Town's contrac-

tor and the Seabrook Island Realty

have sent representatives to various

conferences and other gatherings to

represent Seabrook Island. All three

of the entities have completed major

improvements to their respective web

sites, to tie them together and make

**Fiscal Awareness** 

the first time the rate has been in-

creased in the last four years. Another

consideration is the fees and costs

for the management of the forty plus regimes on the island. Some regimes

are well positioned by collecting capi-

tal fees to address maintenance and

emergency repairs to regime units.

Other regimes are encouraged to put

such practices in place to avoid hefty

assessments when major maintenance

and repair bills come due. After incur-

ring significant debt to finance the

construction of the Horizon Plan facili-

ties. the Club and SIPOA are both on

track to pay off this debt on established

schedules. The financial reports pre-

sented at the annual meetings of the

Wrap-up

This article wraps up the series to

SIPOA and the Club are positive.

right scoop on the island.

paign to get us named Tournament of the Year. That award was always a few years later, about '86 or '87, a | year ('94), but because of torrential | presented in December at the SCTA annual meeting, but was based only on events played from Oct the prior vear thru Sept of the next year. I felt that our tournament was too early in the rating year to be remembered without hustling and urging people next 3 years I was co-chair with Stu | to write to the SCTA about what a great event we ran. I sent many letters to other clubs, especially those with events in October-December as well as phone calls and letters to many players. As a result of those efforts and efforts by Stu Miller and others later, we were awarded SC tournament of the year at least twice and the Southern Section at least

> However, it wasn't until 2001 that Bob Hider (perhaps with strong urging from Marcia) escalated the fund raising big time and combined it with raising money for Hospice of Charleston.

There are many still on Seabrook Island who can fill in details of tournaments held in the 21st Century so

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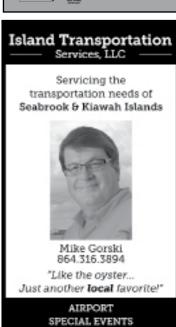


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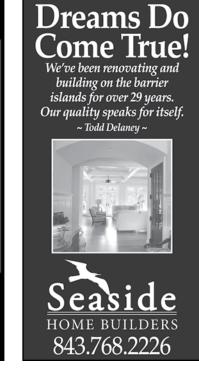


GENERAL TRANSPORTATION

MEDICAL APPOINTMENTS

DOWNTOWN DINING

ww.Island-Transportation.



## FROM TOWN HALL

by John Wells

Town Council update for July 2016

The focus of the Town Council remains committed to the implementation of the Seabrook Island Gateway improvement program. Our approach is to address all the maintenance, design, upgrades, landscaping, and curbside appeal issues in one document that provides planning and implementation for the next two to three years. We have submitted a request to the Charleston County Transportation Committee for \$250,000 for FY 2017 based on the Town providing matching funds. The hiring of an engineering firm is in progress and a vote to approve the contract with Bob George and Associates is scheduled for the Council meeting on June 21, 2016. The Program now shifts to the evaluation of the existing storm water system and control values based on the cleaning and video inspections conducted by the contractor during the first quarter of this year. Extensive repairs and replacement of components will be necessary as well as installation of fiberglass lining of the four concrete pipes under Seabrook Island Road. We do not want to start extensive repairs without first conducting a Hydraulic Survey of the surrounding properties to insure that the present system is designed to the build out capacity of all adjoining prop-

The State Accommodations Tax Advisory Committee (A-Tax), which the Town is required by statute to appoint to review the appropriateness of A-Tax expenditures, is reviewing our contracts with recipients of A-Tax funds to ensure appropriate safeguards are in place so that the funds are spent appropriately. Any suggestions as to how those documents may be modified in the future will be voted on by the committee in the third quarter of





### TOWN HALL MEETING **Town Council Meeting of** May 24, 2016

After the pledge of allegiance, Mayor Ciancio called the May 24, 2016, Town Council meeting to order at 2:30 p.m. Councilmen Crane, Gregg, Turner and Wells, Town Administrator Pierce, Town Clerk Allbritton and several guests attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

The minutes of the Town Council meeting of April 26, 2016, and the Ways and Means Committee meeting of May 17, 2016, were each unanimously approved as written.

Mayor Ciancio reported that revenue for the month of April exceeded budget by \$61,850 and year to date revenues exceed budget by \$173,077. Expenses were under budget for April by \$22,408 and expenses, for the year to date, are under budget by \$104,657. For the month of April, revenues exceeded expenses by \$72,726 and, for the year to date, revenues exceed ex-

#### Citizens/Guests Presentations, **Comments:** None

#### Reports of Standing Committees, **Commissions, Boards:**

Public Safety/Club Long Range Planning Committee - Councilman Gregg reported that the Club's Long Range Planning Committee met on May 19 to review characterizations of strengths, weaknesses, opportunities and threats prepared by Club operating units and committees. A joint meeting with the POA's Planning Committee will be held on June 9 and the Committee will hold their regular monthly meeting on June 23 to continue working on a revised strategic plan.

The Public Safety Committee met on May 16 and AirMedCare, an air ambulance service and network of services, gave a presentation. The Committee recommended that Council consider taking advantage of AirMedCare's services. Councilman Gregg proposed that a representative of the company be invited to give a presentation at the June Ways & Means Committee meeting. The 2016 version of the Town's hurricane/flooding booklet will be mailed to all property owners and residents by June 1.

The Disaster Recovery Council met on May 13 and decided on issues to be addressed at the training and exercise that will be held on June 6 and 7 at the Town Hall. Scott Cave, the Town's consultant, will create an agenda reflecting the Committee's recommendations.

Communications/Environmental Councilman Turner reported that he recently attended a CERT meeting and several members of the St. Johns Fire Department from Seabrook Island were at the meeting. Councilman Turner stated that the firemen were not aware that the Town had off-duty deputies serving as beach patrol and he feels that our beach patrol should be able to be contacted when there are emergency calls for the beach area in order to help eliminate false alarms.

Mayor Ciancio reminded Council that they had already looked into supplementing the beach patrol with a private organization and concluded that it was not economically feasible to do that but that he and Town Administrator Pierce have been talking about the possibility of hiring a part time employee whose function would be to patrol the beach with authority to enforce the Town's beach ordinance.

#### Advertising & Public Relations/ **Special Projects:**

Councilman Wells reported that so far this year the Town has contributed to sponsorships for the Alan Fleming Tennis Tournament (\$5,000), the Annual Billfish Tournament (\$3,500), Kick It At Bohicket (\$16,500) and a deposit on July fireworks (\$7,500). The Mayor has also signed contracts with Southern Living Magazine, Southwest Magazine and Adara totaling \$65,534 for print and online advertising to be run during the third and fourth quar-

The "Just Ask Me!" volunteers will have an orientation session on Wednesday, May 25. These volunteers are residents of Seabrook Island that will be available to share information and answer questions for visitors to the island.

Councilman Wells also reported that contract negotiations are ongoing with G. Robert George & Associates concerning the engineering contract for the Seabrook Island Gateway Project and a special Town Council meeting will probably be held in early June to consider approval of the contract in order to expedite starting the work.

## **Community Relations:**

Councilman Crane reported that the

POA survey results will be presented to the Board in the next few weeks. The Property Owners Association Planning Committee will have their regular meeting next month and also a joint meeting with the Club Long Range Planning Committee.

THESEADYOOKEN

## Ways & Means - No Report

## Planning Commission -

• Temporary Use Permit #209 – 2016 Governor's Annual Invitational Billfish Tournament - June 1 through June 4, 2016. Mayor Ciancio stated that the Planning Commission has recommended approval of this application subject to several potential safety risks involving sink holes and a slanting boardwalk. The sink holes have been filled in; and, if Bohicket Marina employees are incapable of maintaining the fill, the area will be cordoned off. The Marina has entered into a contract to replace at least two pilings, possibly three, to correct the slanting boardwalk and this area will also be cordoned off during construction. Councilman Wells moved to approve Temporary Use Permit #209. Councilman Gregg seconded the motion and the vote to approve was unanimous.

Board of Zoning Appeals - No Re-

**Reports of Ad Hoc Committees:** Accommodations Tax Advisory No Report

#### Reports of Town Officers:

Mayor – Mayor Ciancio reported that a town hall style meeting was held on May 12 at the Lake House at which Senator Campsen and Representatives McCoy and Pope spoke about legislation pending in Columbia regarding funding of road improvements. Mr. Robert Clark, engineer for the SC Department of Transportation, commented about work the DOT is doing, particularly around Main and Bohicket Roads, and the Department's response to the formal request made by Seabrook and Kiawah Islands for a safety audit on those roads. Questions

from the audience followed. Charleston County has released a list of potential projects that could be funded with the proposed half cent sales tax increase that will be on the ballot in November. The projects that would most affect Seabrook Island are the intersection at Highway 17 and Main Road and the improvement of Main Road from Bees Ferry to Betsy Kerrison Parkway. A draft copy of a letter, which will be sent jointly by Seabrook Island and Kiawah Island to the Chair of Charleston County Council, is included in Council packets. This letter urges that a new road, the Johns Island Parkway, be included on

this list.

Mayor Ciancio reported that he will meet with Mayor Tecklenburg on June 9 to discuss Mayor Tecklenburg's proposed solution for the funding of the projected I-526 \$50M shortfall and other issues. Mayor Tecklenburg is scheduled to meet with the State Infrastructure Bank on Thursday and he would like for the Towns of Kiawah and Seabrook Island to pass a resolution in support of the I-526 Extension so that the resolutions could be used in his meeting with the Infrastructure Bank. Councilman Gregg made a motion to adopt Resolution 2016-01 in support of I-526. Councilman Crane seconded the motion and the vote to

Town Administrator - Town Administrator Pierce reported that Disaster Awareness Day will be held on Thursday, June 16, from 10 a.m. to 2:30 p.m. at the Seabrook Island Club. A free lunch will be provided to attendees and door prizes will be awarded throughout the day.

<u>Town Council Members</u> – See Above

Utility Commission - Vice Chairman Jim Bannwart reported that water deliveries have increased due to more irrigation being used and visitors to the island. Financials for the Utility Commission are in order for the year

Petitions Received, Referred or **Disposed of:** None

Ordinances for First Reading: Ordinance 2016-07, An Ordinance Authorizing the Issuance and Sale of a Not to Exceed \$4,000,000 General Obligation Bond - In 2013, Council adopted a bond ordinance providing that the Town could use Town facilities and help with cleanup in the event of a major disaster. Michael Seezen, the Town's Bond Attorney, advised at that time that the ordinance should be refreshed every three or four years. Ordinance 2016-07 will replace the 2013 ordinance and will give the Town the ability to issue either long term bonds or short term anticipation notes. If the Town is ever called upon to issue these bonds, a tax will have to be levied but this would not be true of the short term anticipation notes. Councilman Gregg moved to accept Ordinance 2016-07 on first reading. Councilman Crane seconded the motion and the vote to approve

Ordinances for Second Reading: • Ordinance 2016-05, An Ordinance to Rezone 2531 High Hammock Road (TMS #147-10-00-006) from the Single-Family Residential District to the Agricultural-Conservation District

Councilman Crane moved to adopt

Ordinance 2016-05 on second reading. Councilman Gregg seconded the motion and the vote to approve was unani

Ordinance 2016-06, An Ordinance to Amend the 2016 Town Budget - Mayor Ciancio explained that due to drainage issues, involving Seabrook Island Road from the security gate to the roundabout (traffic circle) area, the Town anticipates spending \$300,000 during 2016 and close to \$800,000 over the next 3 years to remedy these problems. Because the expenditure for 2016 was not included in the budget adopted during the last quarter of 2015, the Town budget has to be amended. Also, \$20,000 will be added to pay for the Charleston Symphony performance that will be held on July 3 just prior to the fireworks display. Mayor Ciancio stated that the General Fund will still have a balance of approximately \$1,840,000 after the transfer. Councilman Gregg moved to adopt Ordinance 2016-06 on second reading. Councilman Wells seconded the motion and the vote to approve was unanimous.

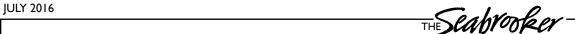
#### Miscellaneous Business: None

Citizens Comments: Rob Savin,

a resident of Seabrook Island, suggested that the SEADOGS and the Seabrook Island Birders should create a voluntary patrol to make sure everyone complies with the Town's ordinances about dogs on the beach. Mayor Ciancio agreed that these groups should inform residents and guests why Seabrook Island has rules and why we have an ordinance regulating dogs on the beach but does not want any resident to have to confront violators of the Town's ordinances. Mr. Savin also raised questions re garding the issuance of bonds by the Town in case of a disaster and the Mayor answered those questions. In regard to questions about roads, the Mayor stated that he has met with Joe Qualey, Anna Johnson (Charleston County Council), Jim Rozier (DOT), Robert Clark (DOT), Representative McCoy and Senator Campsen and has suggested to them that the Town believes that the current condition of Johns Island's roads, combined with increased traffic from growing development, creates dangerous situations and that a new cross island expressway is more feasible than trying to four lane Bohicket Road.

Chief Stanley, St. Johns Fire Department, reported on a head-on car accident that happened on Seabrook Island Parkway in which a helicopter was used to transport the injured.

The meeting was adjourned at 3:35



## MILESTONE REACHED



For the upcoming August issue of the Seabrooker, Dr. Reves will be submitting his 200th column on Healthy Aging. His articles date back to 1998 when he first heard that Red Ballantine and Fred Bernstein were putting plans together to publish our town's newspaper. Thank you Dr Reves.

I had lunch with Dr. Reves this past week and he humorously recalled that first meeting with the new editor Red Ballantine. Red ran a very tight ship!

"Red was a bit uncertain about what the reception would be like for a column on health issues and wanted to be sure my initial article would be relevant. I suggested that I wanted his readers to be cognizant of the value of preventative medicine and that a baby aspirin a day was a good part of that

"Baby aspirin", he said with a scowl, "I don't see much interest in that."

"Oh" I exclaimed, "maybe something on tropical diseases would be a better fit?'

"I wrote that first column on baby

Joseph Gerald (Jerry) Reves, MD is a Charleston native. He graduated from Vanderbilt University in 1965 and returned home to earn his medical degree in 1969 from what is now the Medical University of South Carolina. He completed his medical internship and anesthesiology residency at University of Alabama Hospital and Clinics in 1972 and earned a Master of Science degree at UAB in physiology research postdoctoral fellowship. Dr Reves served the University of

and biophysics one year later during

Alabama as an instructor with the De partment of Anesthesiology in 1973 before joining the training staff a the National Naval Medical Center in Bethesda, Maryland. Concurrently, h served as a clinical instructor of anesthesiology at the George Washington School of Medicine.

In 1975, he returned to the Un versity of Alabama as an associate professor and soon after, appointed director of anesthesiology research A pioneer clinical investigator who helped launch the cardiac anesthesiology subspecialty, Dr. Reves served a the second President of the Society to Cardiovascular Anesthesiology. He received that organization's outstanding service award in 2006.

In 1984, he joined Duke University Medical Center as Professor of Anes thesiology and Director of Cardiotho racic Anesthesia. He helped found the Duke Heart Center and served as its first director from 1987 to 1997. Dr Reves became Dean of the College of Medicine and Vice president of th Medical University of South Carolina where he served until 2010.

Dr. Reves has authored or edited 15 books and his work has been published in over 300 scientific publica-

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Dr. Reves and his wife Virginia have been property owners on Seabrook



## **HEALTHY AGING**

Jerry Reves, MD

## **Optimal Communication with Your Doctor**

healthy aging in part depends on good communication between you and your primary care physician (or any of your doctors, for that matter.) The purpose of this month's column is to describe how to achieve this important feature of healthy aging.

## Why is Good Communication

#### Important? It has been proven that good com-

munication means patients are more likely to follow treatment plans if they have a thorough understanding of their disease and the medical regimen designed to keep the patient as healthy as possible. Clear communication prevents medical errors, improves health outcomes, and strengthens the patient-doctor relationship. All of this begins and ends with superb rapport, trust and confidence in one's doctor, which in turn comes from clear, effective communication between you and your physician. Medical students and resident physicians in training as well as practicing physicians are now being taught and tested on communication skills, but it takes two to communicate and this is where you, the patient, What the Patient Should do to

## **Establish Good Communication**

your medical record. In other words,

be sure you discuss all this with your

The first thing the older patient must make clear is what he/she wants out of the remaining time in life. Death is generally an accepted fact in people as they age, and the paramount issue is quality of life. It is important to be clear with one's physician (and family) about advance directives, end-oflife decisions, assisted living desires, people who could function as care givers if needed, financial planning to accommodate desires, and, of course, an updated will. Copies of directives and end-of-life decisions should be part of

primary care doctor and be certain that he/she has them in your medical

To maximize communication on every visit, it is a good idea to have a written list of specific concerns or questions that you want to discuss When your physician answers the questions take notes to record the answers or repeat the answer so that he she knows you understood what he/ she said. Likewise when given instructions it is best to write them down or insist they be given in writing and/or with relevant printed literature.

It is important that your doctor know your family history, drug allergies, medications (prescribed and over the counter), your current lifestyle (with or without restrictions), and who you rely on for assistance. All these facts should be in your record and re viewed from time to time. Finally, and most importantly always be sure to tell your doctor what the primary issues are in your life, medical as well as other stresses. Never think something is too embarrassing or trivial to bring up this is about optimal communication. (Remember the entire conversation and record is confidential so nothing is What the Physician Should do to

## **Establish Good Communication**

The most important thing the doctor should do is listen to you and give you the time to get questions an swered and be clear about your health and how best to maintain it. This is a mutual need that both have responsi

There are certain questions that your doctor should ask on each visit but the most important is - has anything changed since the last visit. A review of whatever chronic disease you have and how it is being managed and your current status with it should be frankly reviewed including any problems with medications or quality of life. Changes may be very significant so speak about them.

Your physician will inquire about your exercise and diet and generally make recommendations. It is not unusual for written prescription for exercise and diet to be given to you. Exercise benefits or prevents hypertension, type 2 diabetes, osteoporosis, obesity, colon cancer, breast cancer and cardiovascular disease. Proper diet is also important and any recommended supplements should be disthere comes a time when a diagnosis is made that carries with it all sorts of emotion and fear. It is just as hard for a doctor to deliver the news as it is for the patient to receive it, especially in a relationship that has been long and good. Nevertheless the results of a biopsy, or another diagnostic test including cognitive function could bring dreaded news. When this conversation must occur it is very important for the physician to be compassionate, thorough, optimistic, but also realistic Notes should be taken and questions answered, but the rule is there will be many unanswered questions during that first conversation and a need to follow-up. Some patients want to know everything and others only a little: Your physician will be available for follow-up calls or visits. It is important that you and your doctor as well as family understand your desire on

amount of information concerning

your new diagnosis. It is important for

There is a time when you and your

physician need to communicate about

bad news." Inevitably in our lives

the doctor to assure the patient that even if a referral specialist is required that the primary care doctor will still be available and able to continue the ongoing communication and to reach out to the family as the patient desires. This is a critical time in the relationship and continuing open communication is required for the patient to have

> Other than those conversations about life-threatening disease, there are also subjects that your doctor may have with you that are also vitally important like when is it time to give up driving because of limitations in physical condition that goes with aging like decreased night vision. This medical advice is not easy to receive, but necessary and should be provided clearly and the reasons for it fully understood for best results.

the best outcome and support.

#### The Bottom Line

There are few relationships in life that can be as meaningful as those of spousal, close friends, clergy and physician-patient. In all of these the key to a most effective relationship is good honest, compassionate communication. It is a matter of proven science that a good patient-doctor relationship will enhance one's life and lead to a longer and healthier life. This relationship depends on good commu-



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## C.O.Y.A.R.GORMER ALLAN KEENER Council of Villa Associations and Regimes Information Open Letter to all Seabrook Island Property Owners, Guests and Visitors

It is with great pleasure that I present the fourth in a series of COVAR Publications covering topics of ongoing interest to villa and other owners. Publication 4, "Seabrook Island Beaches," which is a compendium of Town of Seabrook Island Ordinances and Seabrook Island Property Owners Association rules/ regulations, was prepared by the CO-VAR Board in an effort to help owners and their guests/renters to be advised

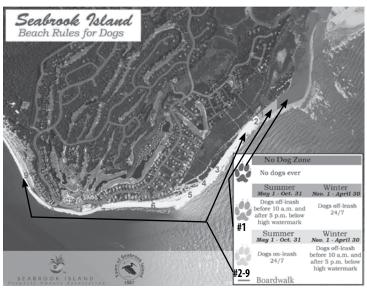
of key elements of these ordinances/

rules/regulations and avoid harmful repercussions. The COVAR Board hopes that the publication, which follows, will be of continuing value to you.

The September COVAR meeting will be Saturday, September 10, from 10 AM to 12 Noon at the Lake House. The COVAR Board is proposing an agenda focused on Emergency Preparedness on Seabrook Island. All Seabrookers are invited to attend.▲



**COUNCIL OF VILLA ASSOCIATIONS AND REGIMES Publication #4 Seabrook Island Beaches** 



Seabrook Island encompasses 3.6 miles of ocean and inlet sandy beach between Cap'n Sams Inlet and the North Edisto River Inlet. The US Fish and Wildlife Service has designated the beach as critical habitat for the loggerhead turtle and piping plover. The dunes abutting the beach protect Seabrook Island from tides and storms and serve as bird and sea turtle nests and a wildlife refuge. The Town of Seabrook Island has passed ordinances to preserve the beach, protect wildlife, and to maintain a safe, clean environment for all users of the beach. The ordinances briefly noted below are enforced by the Town's Beach Patrol and Code Enforcement officers.

Dunes: No walking on the dunes by people or dogs at any time. Use board-

Dogs: The Town of Seabrook Island has established a Designated Beach Area on North Beach marked with signs. It begins approximately 300 yards east of Boardwalk #1 and continues for approximately 550 yards towards Cap'n

- From May 1 through October 31, dogs may be off lead under voice control below the high-water mark before 10am and after 5pm. At all other times dogs must be kept on a lead.
- From November 1 through April 30, dogs may be off lead under voice control below the high-water mark at all times.

#### In the area north of the Designated Beach Area:

- At all times, no dog is allowed in the area between the end of the Designated Beach Area and Cap'n Sams Inlet. In all other Beach areas:
- From May 1 through October 31, dogs must be kept on a lead at all times. • From November 1 through April 30, dogs may be off lead under voice con-
- times, dogs must be kept on a lead. Note that all dog feces must be picked up from the beach by the person in

control of that animal and disposed of in a sanitary manner. Birds: Walk around flocks of birds on the beach to keep them from taking

flight. Birds are on the beach to rest and feed. Keep dogs away from birds. **Loggerhead turtles:** Do not approach or let your dog, on or off lead, approach

Dolphins: Do not swim with the dolphins. Stay at least fifty yards from dol-

**Beach fires:** Beach fires below the high-water mark are prohibited. Fires above the high-water mark require a permit from the Seabrook Island Property Owners Association and are subject to strict safety and environmental restrictions. To apply for a permit go to <a href="https://sipoa.org/contact/forms/beach-fire-">https://sipoa.org/contact/forms/beach-fire-</a>

Beach maintenance: Before you leave the beach, fill in any holes you dug and take with you your beach equipment or other personal items.



## **Appetites and Anecdotes**

by Saffron and Curry
Information for Seabrookers by Seabrookers

Fourth of July is here! As usual **Seabrook** is ready to celebrate with a parade, cookouts, an art show, kids' triathlon events, fireworks, and chances to eat out in our beautiful island set-

If you are coming here for the first time or coming back after an extended absence, you will find some new choices as well as old standbys to meet your gastronomic needs. Besides our own wonderful **Pelican's Nest**, try some of the following!







ato Shed Cafe

One excellent place for informal dining on locally grown and prepared food s The Tomato Shed/Stono Market. It is owned and operated by the Ambrose Family Farm. (842 Main Road, Johns Island, 843-559-9999). Menus are posted at www.stonofarmmarket. com. Lunch (M-S 11am-2:30pm) and dinner (Th-S 6pm-9pm). Menus are available on line and change often, according to foods that are in season. Daily lunch specials such as Beef Stroganoff, Blueberry Pork Tenderloin, and Chicken and Sausage Bog (\$9.95) all come with 2 sides. Dinners also change often and come with sides as well. Some of our favorites are tomato pie, cabbage braised with carrots and bacon, squash casserole, okra and tomatoes and a variety of green or fruit salads. You can also get a vegetable plate-4 for \$9.95. Check on line if you

hungry just thinking about it. Desserts look good, but we are usually too full from cornbread and cheese

are interested in the dinner menu. I get

cooking at its truest! A word to the wise-going early or a

night snacking. This is real southern

little past the noon hour yields quicker seating. Going early is probably the best advice for either meal. If you do have to wait, the gracious porch has hanging swings with comfy pillows or the shelves inside offer lots of items for browsing-themed dinnerware, books, dish towels, bakery items, and various definitions of local art.

If you are too busy with fireworks and the arrival of company, Stono Market also offers many items for "Take and Bake." Plus local shrimp are available for your Frogmore Stew. Saffron has been going here since 2004 when it was all just in one small part of the main room! And, still does for shrimp and more. We choose jumbo, no heads. Babs and Maxine are always glad to help you.



Be sure not to forget our good old standbys out here...Rosebanks **Farms** is now on the right as you drive toward Seabrook before you get to the roundabout. Still the freshest corn, veggies and Johns Island tomatoes around, plus the lobster man comes on the weekends with his lobster rolls. You can order whole lobsters a few days ahead. A great market! Don't forget the watermelon!

Then there is our traditionally good Crave which is now open Wed - Fri 11am-9p Sat 9a-9p and Sunday from 10a-2p. Crave's sister restaurant is **Lo**-**Kal** at the marina. One of the top venues for local seafood. Lunch and dinner

Our choice for the very best breakfast places and Sunday brunch go-tos is still **Hege's** at Freshfields. Fresh orange juice, delicious choices and all in a very nicely unhurried atmosphere. Casual elegance.

The Ice Cream Boat in the marina is also a good place for a quick breakfast or lunch at a price that is very affordable for the largest of families! Oh, and you can't forget a scoop of their chocolate, cherry, amaretto ice cream that Todd brings in all the way from Michigan...if our US Vice President stops in here for an evening cone, it can't be anything but good!!

And then there is Vincent's at Freshfields for a sandwich or sweet treat...such fun memories of sitting at the drugstore counter! Kids love the milkshakes, long hot dogs, and fries. Tables have been added for outside biscuits to partake. However, there are ∣ dining so that everyone can enjoy the ∣ the beach??▲ plenty of goodies to purchase for late- | blue skies and the July weather. A bike

ride to Freshfields can avoid the frustration of trying to find a parking place. Curry's grandchildren look at this biking adventure as a rite of passage.

And if you are here with little ones, be sure to check out all the fun things for them to do at Bohicket Marina this summer. Day or evening!

Miss Lulu's in that cute house is now open for lunch and dinner..great barbecue and hamburgers! And you can shop for some cute summer frocks

Now, the big question comes down San Luca's (just outside our gate) Nacha Mama's (in the marina)... the newest places for casual Mexican dining. The jury is STILL out on these two with one visit being better at one, then the next visit better at the other.



Saffron has never gone wrong with the beef fajitas at San Luca's for a hearty meal at a very reasonable price or the Lime mahi mahi tacos or big burrito with the mole sauce topping at Nacha Mama's.





To us it depends-if you want nice, peaceful and fast service with the best chips and margaritas around and plenty of locals, it's San Luca's. Or a fun eating experience at Nacha Mama's where you can sit inside or outside and watch all the activity there and around the marina. Recently there was even a hermit crab race, and we love watching the children playing the bean bag toss... including the little girl who ran her bag down to the other end and plopped it right in the hole and just knew she had won the grand prize!! (the Ship's Store will rent you a hermit crab for an evening if you don't have one in a little condo and feel that the TSA would not be happy about letting it fly with you on vour flight home!)

What fun summertimes on Seabrook Island...oh, and did we forget

## JOHNS ISLAND ROAD MEETING

An overflow crowd estimated at | Charleston Mayor Tecklenberg fol- | more than 350, met Monday evening, lowed the Q & A and offered his views June 20 at St. Johns High School. They were there to hear Charleston County's plans to place a 1/2 cent sales tax increase on a referendum ballot for road improvements. That referendum will be voted on this coming November 8. Several Seabrookers attended.

A representative of Charleston County kicked off the meeting with a presentation of the different road projects under consideration. A general question period open to all assembled followed.

Numerous questions and comments peppered the presenter. The general consensus was that Johns Island roads had been neglected for far too long.

which included a sympathetic response to the gathering's concerns. Although this was a county meeting, Mayor Tecklenberg said he felt strongly about the need for safer roads on Johns Island. He acknowledged the need to slow development on the Island until and unless the transportation problems

are satisfactory addressed. Among the proposed uses of the tax increase which could affect Seabrook

- improve intersection of Main Road and Savannah Highway
- improve Main and Bohicket Roads from Bees Ferry to Betsy Kerrison widen Maybank Highway.

tersection

 complete I-526 (even though apparently no longer being considered). The residents from Johns Island who spoke generally favored fixing existing roads as opposed to building new

I completed a lengthy survey with my thoughts. I agreed with the five suggested changes above and added two of my own:

- construct a cross-island greenway from near the Maybank-River intersection to Betsy Kerrison.
- assure safe and speedy evacuation plans for Seabrook, Kiawah, and Wadmalaw residents.▲

## Celebrating America's "Brexit"?











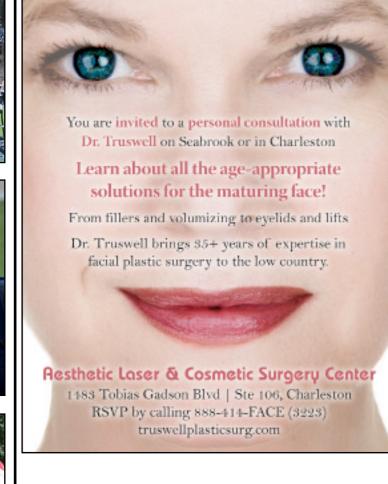


Hizzoner" - Mayor Ron Ciancio





(L-R) Jim "Fig" Newton, daughter Emily and her husband Peter, Jamie Newton and gir



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# The Painted Bunting Seabrook Wild Things by Members of the Enviornmental Committee America's most beautiful bird.

Without a doubt one of the most beautiful and colorful birds on Seabrook Island or anywhere else is the Painted bunting (Passerina ciris). Look for this small to medium sized multicol-ored finch (about five inches long with an eight inch wingspad) at your bird feeder and around the edges of dense brush (such as wax myrtles) and thick

Painted buntings nest and breed here from the middle of April though September. Some may stay though-out the winter but most of our birds go south to Florida and to the northwest Caribbean islands. These birds are part of the eastern population that occurs along the Atlantic coast from North Carolina to Florida. A second western population breeds in northern Mexico to northern Texas and winters in south-

You will have no problem in identifying a mature male Painted bunting with its vivid blues, greens, yellows and reds that make it look like a small parrot. The male's head is iridescent blue, its throat and underside are bright red, its back is a brilliant green fading to lighter green on the wings. Females and oneyear-old males are a uniform greenish color with a slightly lighter eye ring.

These magnificent birds spend most of their time in thick brush and are often seen along woodland edges. They forage on the ground and in shrubs and are primarily seed eaters. They are frequent visitors to Seabrook Island bird feeders and seem to prefer white millet. Although they are basically seed eaters while nesting, they catch, eat and feed insects to their young.

They are fast flyers, darting here and there and are difficult to follow. Males are extremely aggressive and territorial toward other males and often fight over a spot at bird feeders. Their song is a very distinctive continuous series of short high-pitched notes lasting about 2 seconds. Males may sing 9 to 10 songs a minute establishing their territory dur-

Male Painted buntings may have several mates and females may raise 2 to



4 broods throughout the summer. The nest is built in a bush or tree and is a deep cup of grass, weeds and leaves with a lining of finer grass or hair. Females lay 3 to 5 eggs, incubate them for 11 to 12 days and the young leave the nest in another 12 to 14 days. Males do little in raising the young and frequently are out looking for another mate. A Florida tagging study documented one Painted bunting living in the wild for more than 12 years.

Male birds, because of their bright plumage, are caught and sold as caged birds in Mexico, Central America and the Caribbean. In the late1800s, John Audubon reported that thousands of Painted buntings were being shipped to Europe from the Untied States. Breeding bird surveys by the United States Fish and Wildlife Service estimate that the Painted bunting population has declined by 55% over the past 30 years.

Seabrook Island residents and their guests are fortunate to have one of America's most beautiful birds. Keep in mind that males only develop their brilliant multicolored plumage in their second year. Most of the Painted bunting you will see will be the rather non-descript uniform greenish females and young-of-the-year males. The best way of spotting a painted bunting is to become familiar with their distinctive song, and once you have identified where they are, watch for a flash of red, blue, yellow and green and have your

Charley Moore Environmental Committee



C.E.R.T.

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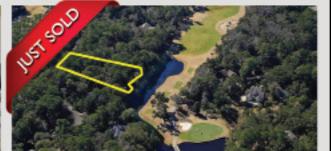






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## PASTEL SOCIETY OF AMERICA ELECTS SEABROOKER ARTIST BRENDA TILSON

Congratulations! You have been elected a juried member of the Pastel Society of America.

in America and is largely responsible

for the current renaissance of pastels

in American art. Members are chosen

based on the quality and creativity of

their work, which is juried by a panel

of prominent artists.



THE SCAPTOOKER

Those were the first lines of a letter Brenda Tilson found in her mailbox recently. A resident of Seabrook Island and a member of the Seabrook Island Artist's Guild, Brenda was elected a member one of America's premiere art.

organizations. Juried membership in the Pastel Society of America "is a huge honor," says Gary Kunkelman, education VP of the Seabrook Island Artist's Guild. "Their annual selection process traditionally draws a thousand or more applicants. That's winnowed down to the 15 best." "PSA membership is recognition that the best pastelists aspire to, but only a handful ever achieve," says Kunkelman. "Members are judged by their

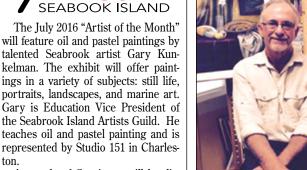
peers to be the most accomplished Brenda is an active SIAG member pastel artists in the United States and and often exhibits at the Lake House. Those who saw her recent 'Artist of the Month' exhibit of Amish scenes in the The Pastel Society of America, Lake House had a firsthand look at her based at the National Arts Club in New York City, is the oldest pastel society

She holds degrees from the University of Cincinnati College of Design. Architecture and Art and Fairmont State College in Art Education, and is a member of the Piedmont Pastel Society, Charlotte, North Carolina.



# ART GÜILD SEABOOK ISLAND

## ARTIST OF THE MONTH



A sample of Gary's art will be displayed during the entire month of July in the Lake House gallery. All are cor-











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## Seabrook Island Turtle Patrol – The Hatchlings Are Coming!



Far right in the white shirt is Gary Fansler. Judy Benko (left) and Terry Fansler are on the ground digging the nest. Also in the picture are Cailee and Amy Duguid and Ruth Henderer. In the background are Mike Fansler with his fiance, Jan Marshall.



The Seabrook Island Turtle Patrol is heading for another great year. The 12 nests in May is the third highest in the last 15 years and June has been running at better than a nest per day pace. Hopefully, we'll break last year's all-time record of 75 nests. As we head into July we're beginning the busiest time of the year for the Turtle Patrol. We're still finding and protecting new nests and some of the earlier nests will begin to hatch soon. This busy time of year brings two additional Turtle Patrol Teams into action, the Pre Hatch Team and the Inventory Team.

Once a nest is laid it takes between 50 and 60 days to hatch or "boil" as we turtlers call it. The Pre Hatch Team will begin monitoring nests 50 days after each nest was laid. For the first nest, that will be July 3rd. Under the leadership of Jen Gibson, their duties are to clear a path to the sea of any rack or debris, fill in any crab holes

or sandcastle activity from in front of | results of the inventory are recorded the nest, clear off any excess doming of sand from the nest, and educate beach goers regarding rules related to turtle nesting. The Pre Hatch Team checks only those nests ready to hatch and they perform these duties between 4pm-7pm each day. They also report any hatchlings or pre hatch nest condi-Three days after a nest has "boiled"

the Inventory Team, under the leadership of Terry Fansler, goes to work. The main purpose of the Inventory Γeam is to inventory nests after they have hatched and report the data collected to the Department of Natural Resources. First, they clear all equipment from the nest. This includes the protective wire mesh along with the nest sign and pegs. They then open the nest by digging with their hands and remove all egg shells, unhatched eggs and live or dead hatchlings. The | our web site at siturtlepatrol.com. ▲

and later transmitted to the DNR. Of course the most exciting aspect of inventories is when there are live hatchlings still inside the nest. When this occurs, the focus shifts to protecting the hatchlings as they march to the sea. Since the inventories are reported on the Turtle Patrol's web site, siturtlepatrol.com and on Tidelines at tidelinesblog.com, they often draw large crowds. The inventory team has strict security procedures in place that keep the hatchlings safe. They also have educators on hand to provide information about sea turtles and answer

THE SCAPTOOK CA

The Pre Hatch Team and the In ventory Team are a critical part of the Seabrook Island Turtle Patrol's efforts to protect and preserve these amazing animals. For more information about sea turtles and the Patrol, please visit

## SANFORD, CONNOLLY LEAD HOUSE LETTER TO PRESIDENT OPPOSING SEISMIC TESTING IN THE ATLANTIC

resentatives Mark Sanford (R-SC) and Gerry Connolly (D-VA) joined together in sending a letter signed by 53 other members of the House to President Obama. It requests a halt to the permitting process for potential seismic testing in the Atlantic Ocean.

"If one is not going to do something, it doesn't strike me as reasonable to prepare to do that something. Accordingly, it makes little sense to conduct seismic testing off the Atlantic coast, when the Atlantic Ocean has been excluded as a possible site for offshore drilling by the Department

else, because allowing seismic testing to proceed goes counter to the coastal communities I represent. They have spoken clearly that they do not want this blasting."

"I've repeatedly made the case that drilling off Virginia's coast poses significant and irreversible consequences to Virginia's economy, jeopardizes the Defense Department's presence in the region, and threatens our coastal communities and natural resources," said Rep. Gerry Connolly. "The Department of Interior's decision to remove the Atlantic from offshore oil of Interior," said Rep. Sanford. "It | and gas exploration was the respon-

WASHINGTON, DC - Today, Rep- | should not move forward, if nothing | sible thing to do. Moving forward with seismic testing is unnecessary and would threaten the progress we've made to protect our coastal communi-

> In a press release from earlier today, Oceana campaign director Claire Douglass said this: "The fight to protect the Atlantic is not over, and we applaud Reps. Sanford and Connolly for their continued leadership to stop seismic airgun blasting. Now that offshore drilling in the Atlantic is off the table, there is even less rationale to consider risking the damage that would be caused by seismic airgun blasting in the region." ▲

# 100 TONS OF TRASH



That's what Seabrookers dispose f on the average each month. Yet ess than a third (1/3) of that goes into recycling bins.

In the last several months, the Post & Courier and several local TV stations have run features focused on the challenges of recycling in the Lowcountry. Charleston County closed its recycling facility in anticipation of opening a new and more efficient center in 2017. This has some people asking why we should continue to recycle.

Despite the changing economics of recycling due to the lower prices or crude oil and other factors, every pound of waste that you recycle is a bound that does not go into our local andfills, which are starting to bulge at the seams. With almost 50 people day moving into the Lowcountry,

And no one wants a new dump in his/ her back yard. By recycling everything possible we can slow the growth of these expensive and unsightly places.

We have a robust program for recycling here on Seabrook and we should make every possible use of it. You just put the bin out on the curb every Monday without having the inconvenience of separating the different items. Some of the things you can put in your recycling bin include:

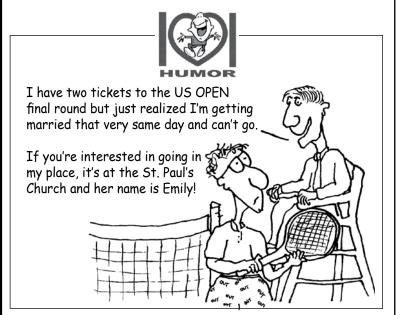
\*All types of glass bottles (no pane glass

\*Nearly all plastic containers \*Any kind of cardboard or paper including office paper and magazines \*Nearly all steel or aluminum cans

Additionally, on the first Friday of every month you can bring light bulbs, paint cans, batteries, household chemicals or electronics into the Maintenance area near the Community Gardens.

If you don't have a recycling bin please contact the SIPOA Office and they will make sure that you get one. Please, let's all keep Seabrook and the surrounding communities as beautiful as we know they can be. **A** 

Richard Seigel Waste and Recycling SIPOA Environmental Committee



# Real Estate & Rentals



4056 Pine Creek Road - Johns Island -2.31 acres on Tidal Creek with Dock in Place. Country atmosphere, but shopping, restaurants, and Downtown Charleston only a short drive away.

\$495,000



established Gift Plantation. Ready to build with septic and water in place. Enjoy a Community Pool, Dock and Tennis. Close to Charleston! \$185,000



Karen Wlodarski 843.696.2892 Tom Kulick 843.209.6062 Ask us about our rental program! 843.768.9844 | akersellisinfo@akersellis.com www.akersellis.com

# Administrative News from the Seabrook



## **EXECUTIVE** DIRECTOR'S CORNER **JULY 2016**

The following is a summary of our operational activities for the month of

#### Security:

Rental guest access is going smoothly so far this season. Each Saturday afternoon, Security officers set up cones and signs to direct rental guests to the Amenity office parking lot where they greet the renters and gather necessary vehicle and driver information. We also have a SIPOA employee stationed near the Amenity

and issue gate passes to rental guests. This provides a one-stop process and eliminates the need for most renters to go to the gate for vehicle passes. There have been some heavy traffic events, but most have been related to events at the Camp or volume from contractors coming on the island to service rental properties in the hours between check-out and check-in.

#### Lake House & Community Center:

The Lake House staff and Activities Committee spent une preparing for the July 4th weekend activities.

A new air conditioning compressor was installed in the Lake House last month. Some parking spaces were closed at that time for safety reasons as the crane lifted the compressor into place on the roof.

The Community Center pool has reopened following a brief closure. DHEC/State regulations require that all pools have an active emergency phone on site. The line to the phone at this location had stopped working, and Comcast installed a new line.

### ARC Activity:

- New Homes:
- Applications Pending = 15 • New Homes Approved, not yet started = 5
- New Homes Under Construction = 23
- New Homes Complete YTD =6
- Repair & Maintenance Projects:
- Maintenance Projects Approved in May 34

#### • Maintenance Projects Approved YTD = 290

#### **Operations & Maintenance:**

Layne Inliner will complete our stormwater pipe lining

One of our maintenance trucks, a 1998 Ford F150, was scheduled to be replaced in 2016. When preparing the budget for this year, we deferred the replacement until 2017 thinking that the vehicle would last another year. Unfortunately, it developed some mechanical issues and the repair estimate was in excess of \$3,000 – over twice Card office to process that information | the value of the vehicle. We researched replacement

trucks and with the unanimous consent of the Board, purchased a new vehicle for approximately \$31,000 last month. We sold the old truck for \$800.00.

Seasonal beach trash patrols are in place 7 days/week through the summer.

We remind owners and guests to abide by the rules for trash and recycling disposal at our maintenance facility. The area is under video surveillance and violation notices are being issued for violations of the rules. We appreciate everyone's cooperation with the rules, which reduces our staff time and expenses in cleaning up trash each morn-

#### Administration:

The American Shore and Beach Preservation Association (ASBPA) named Seabrook Island one of America's "best restored" beaches for 2016. This is a well-deserved validation of the care we take of our beach and its renourishment. The Post & Courier published an article about the award on Saturday June 18th, and the award will also be featured by Audubon International in an upcoming newsletter. We plan to have a beach celebration with educational programs and family fun activities in late August. Information will be posted on the e-blast and Tidelines once plans are finalized. **\( \Lambda \)** 



I hope everyone had a safe and happy 4th. hpaton@sipoa.org

### **Oyster Catcher Community Center** Information

The Oyster Catcher Community Center is open to ALL Property Owners and their ACCOMPINED guests. The SIPOA Activities Committee and Board requires all Property Owners to bring their amenity cards with them while using the Oyster Catcher Community Center Pool.

Guests are welcome to use The Lake House Outdoor Pool with an active amenity card at no additional cost. We appreciate your cooperation and

understanding. **\( \Lambda \)** 

### **VEHICLE RECORDS**

Recently the State of SC began issuing new license plates with new numbers to replace older license plates on existing vehicles. Our gate entry database records both barcodes and plate information, and we are experiencing an increased number of database notifications about mismatches between barcodes the associated vehicle tags. If you have received new plates, please remember to contact the SIPOA office to update your vehicle information in our database. Call Robin at 843-768-0061 or by email at receptionist@sipoa.org 🔺

#### JULY 2016 Fri Sat Sun Tue Wed 9:30am Dup Bridge 8:00am Red, White, & Boom Walk/ NOTE: THERE WILL BE NO 5:00pm Fourth of July Art Show 10:00am Fourth of July Art Show Happyain 11:00am Seabrook Smashers 8:00am Red, White, & 11:00am Seabrook Smashers 9:00am Social Bridge 12:30pm Art Open Paint 1:30pm Social Chicago Bridge 12:30pm Art Open Paint 9:30am Dup Bridge 1:00pm Mahjongg Boom Tri It Kids Triathlon 9:30am Fourth of July Parade 1:00pm Mah Jongg Ma-4:00pm Seabrook Smashers 4:00pm Seabrook Smashers 1:00pm Sunday Matinee 10:15am After Parade Family 5:00pm Kids Movie Night Dusk Fireworks at SI Fun Celebration 11:00am Sbrk Stitchers 1:30pm Dup Bridge 4:00pm Seabrook Smashers 12:30pm Art Open Paint 11:00am Seabrook Smashers 1:00pm Sunday Matinee 9:00am Social Bridge 1:30pm Social Chicago Bridge 12:30pm Art Open Paint 9:30am Dup Bridge 1:00pm Mah Jongg Ma-1:00pm Mahjongg 11:00am Sbrk Stitchers 1:30pm Digging Into Roots 1:30pm Dup Bridge 5:00pm Kids Movie Night 7:00pm MAC User Club 4:00pm Seabrook Smashers 4:00pm Seabrook Smashers 1:30pm Social Chicago Bridge 12:30pm Art Open Paint 9:30am Dup Bridge 11:00am Seabrook Smashers 1:00pm Sunday Matinee 9:00am Social Bridge 12:30pm Art Open Paint 11:00am Shrk Stitchers 1:00pm Mah Jongg Ma-4:00pm Seabrook Smashers 1:00pm Mahjongg 4:00pm Seabrook Smashers 1:00pm SIPOA Board Meeting 5:00pm Kids Movie Night 4:00pm Men's Book Club 1:30pm Dup Bridge 4:00pm Seabrook Smashers 7:00pm Coin Club 26 9:00am Social Bridge 1:00pm Sunday Matinee 12:30pm Art Open Paint 1:30pm Social Chicago Bridge 12:30pm Art Open Paint 11:00am Seabrook Smashers 9:30am Dup Bridge 1:00pm Mah Jongg Ma-1:30pm Digging Into Roots 1:00pm Mahjongg 4:00pm Seabrook Smashers 1:30pm Dup Bridge 4:00pm Seabrook Smashers 4:00pm Seabrook Smashers House Tech Forum) 5:00pm Kids Movie Night 8:30am Splashers 8:30am Water Aerobics 8:30am Rise and Shine Yoga 8:30am Water Aerobics 8:30am Water Aerobics 8:30am Pilates 8:30am Gentle Yoga 8:45am Cardio Interval 8:30am Splashers 9:00am Flow Yoga 8:15am Core and More 9:45am TaeBo 9:15am Cardio Mix 10:00am Core Fusion 9:30am Zumba 9:30am Zumba 9:15am Zumba 10:45am Total Body Toning 10:45am Throwback Thursday 11:00am Get Pumped 11:00am Get Pumped 10:45am Total Body Toning 4:00pm Deep Water 4:00pm Deep Water Aerobics 4:00pm Gentle & Aerobics Restorative Yoga 6:00pm Evening Yoga

# LAKE HOUSE SPOTLIGHT



Congratulations to ALL the Fourth of July 5K\* WALK/RUN

The Fourth of July Walk/Run

AMELIA KELLY with an awesome time of 22 minutes 39 seconds!!

Fourth of July Walk/Run: **BRIAN OCONNER** with a great time of



PARTICIPANTS!!

Top Male Finisher for the 23 minutes 17 seconds!!

A HUGE THANK YOU goes out to ALL those who participated and supported Seabrook Island's STAR RED, WHITE, AND BOOM 5K\* WALK/ RUN!



Island Property Owners Association



The Fourth of July Tri It Kids Triathlon Winner is... JAMES PERDIUE with a terrific time of 18 minutes and 53 seconds!!

Again, thank you so much to all the Runners, Walkers, Triathlon Participants, and Spectators for making this Fourth of July holiday so much fun!!

Happy Fourth of July!!

## DOGS OFF LEASH? **Reminder:** Other than the designated area at North Beach (and there only during designated times, per Town ordinance), dogs must be on-leash in all common areas on Seabrook Island. Dogs are prohibited from being on the golf course at any time, even on a leash.



## PRESIDENT SIPOA BOARD OF DIRECTORS **JULY 2016**

Each month, new and different vehicles are introduced on the market. Last year, hoverboards were all the rage. 2016 seems to be the "year of the motorized bicycle". But most of these new modes of transportation | these vehicles in a garage, carport or

are not allowed on Seabrook or are subject to substantial regulation. Let's review.

[NEVs] regularly appear on Seabrook. The number increases dramatically during the summer months. LSVs and NEVS are permitted on Seabrook roads and are approved for street use only. They are not permitted on our golf courses, walking/biking paths, boardwalks or beaches. LSVs and NEVs must be registered

under applicable state motor vehicle laws and the appropriate license plates must be displayed. Consequently, these vehicles must be 'street ready'! Among other requirements, they must have the requisite mirrors, lights, turn signals and seat belts; they may not have off-road tires. Each LSV or NEV should have a valid SIPOA bar code sticker. Operators of LSVs and NEVs must have a valid driver's license; for everyone's safety, please do not allow children to drive such a vehicle at all! Seabrook's parking regulations apply to all LSVs and NEVs. Please park

under a villa or condo while it is being Golf carts are not permitted on

Neighborhood Electric Vehicles the road while playing golf. Otherwise, golf carts are not permitted on our roads; golf carts are not LSVs or NEVs and are not approved for street use. Golf carts lack key components required for registration including mirrors, lights and seat belts. Please do not operate a golf cart on Seabrook other than during a round of golf on

Motorcycles are not permitted on Seabrook. Neither are motorized scooters, mopeds, go-carts fourwheeled cycles or motorized skateboards. Motorized bicycles are also not permitted on Seabrook.

Please do not ride bicycles or tricycles on the boardwalks. When riding after dark, please be sure to have a light and reflectors. These are just a few rules and tips

put in place to help keep our island, our property owners, residents and guests, safer and more secure. Janet Gorski gorskijw@gmail.com



## **Environmental Committee** *Volunteer Opportunity:* **ADOPT A HIGHWAY**

rewarding volunteer opportunity with preset dates four times a year, the Environmental Committee would like to

hear from you. A coordinator is needed for the Adopt a Highway Program. If you like to work with someone, co-coordinators are just fine with the EC. Four times a year volunteers pick up trash along Betsy Kerrison Parkway.

The Parkway is the gateway to Seabrook and Kiawah. Without volunteers from our island and the Kiawah group, can you imagine what an evesore visitors would behold on their way to our beautiful islands?

From time to time, I see some

scary things at the gym, like people

pressing way too much weight or

skipping the all-important dynamic

warm-up: Accidents waiting to hap-

pen. However, the riskiest mistake

that I notice people making is using

Most of us are aware of the many

poor posture while strength training.

advantages of good posture in our

everyday lives. The physical, mental

and emotional benefits make "stand-

ing tall" well worth it. However, what

is often overlooked is how essential

good posture is in exercise and spe-

Without good posture, you can't

really be physically fit. The reason

is that the body functions best during

exercise when all its parts are in a bal-

anced, neutral alignment (proper pos-

ture). The nerves are unobstructed,

the blood flows more efficiently, and

the muscles work to their full poten-

tial. This position also relieves stress

on joints and the skeletal structure. In

contrast, poor posture is biomechani-

cally inefficient and can contribute to

poor performance, increasing fatigue

and the potential for injury during ac-

The good news is that you can

readily avoid the problems caused

by bad posture. Here are some tips

for maintaining good posture during

cifically strength training.

who have faithfully signed up for each pick up. The EC would be grateful if one or two of you would volunteer to coordinate this valuable program. If you are a new resident and looking for a volunteer opportunity, please contact

The next pick up is scheduled for September. Please contact Jane Marvin, 336-413-0704, if you are willing to help carry Adopt a Highway forward. No expert skills or experience needed; just an interest in performing a civic duty that enhances our environment and offers a valuable contribution to our community.

## **GOOD POSTURE GOOD PERFORMANCE**

The Importance of Good Posture During Strength Training

strength training:Your feet should be hip-width apart

- and parallel to each other.
- You should tighten your tummy. • Your knees should have a slight
- You should allow your bottom to sit back slightly with a neutral arch in your low back.
- Your spine should be lengthened to comfortably make yourself as tall
- You should tuck your chin slightly and relax your shoulders and arms (let your shoulders roll back, not drop forward).
- Your ear, shoulder, hip joint, (knee, and ankle - in standing) should all align when viewed from the side and you should be comfortably balanced on your feet.
- Finally, your tongue should be resting on the roof of your mouth just behind your front teeth.

Essentially good posture provides a way of exercising with more energy, less stress and less fatigue. Use the posture tips above to help create the positive strength training experience you deserve.▲



April Goyer is an orthopedic training specialist, health coach and personal trainer at The Lake House on Seabrook Island, SC. She provides a complimentary consultation to help you gain a fresh perspective on everything you have at your health and fitness disposal. For more information or to schedule an apbointment, blease contact April Goyer at 614-893-8519 at april@aprilgoyer.com

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## Mark Gingerich Comes to Todd & Huff Art Center at Bohicket Marina

Mark Gingerich presented a Workshop at the Todd & Huff Art Center on May 11 and 12. Mark's beautiful brushwork and his use of color are used to show "the play of light" in his paintings. Mark did one day of Studio Work on Still Life focusing on shapes in your composition and one day doing Plein Air at Kiawah

Mark studied at the Atelier du Nord School of Classical Realism and has studied at the Columbus College of Art and Design, and the Scottsdale and Fredericksburg Artist Schools. Mark is the founding member of the Ohio Plein Air Society and is one of six artists to paint in Ohio's 88 counties as seen in the book "The Land we Call Ohio." Mark has won many awards as well as being in many public and private collections including the Ohio governor's mansion and collected by Arnold Swartzenegger.

The participants were guided in painting the changing conditions of light in the Plein Air section and helped the class see how to use light to set up a great Still Life. Inspiration in a painting is paramount to producing a piece of art rather than a copy of a photo. Mark helped the group to find the most compelling view through his assistance and demonstration in the Studio and at Rhett's Bluff. His Still Life set-up was most interesting with class participation in grouping and shaping striking compositions. Painting at the river at Kiawah helped demonstrate the need to eliminate as well as change parts of your view for a good composition.

Future Workshops include Nationally Recognized Artists Billyo O'Donnell in September, Don Sahli in October, Linda St. Clair in January, Curt Butler June 2017, Shelby Keefe fall 2017. Topics included in these workshops will include painting animals, people in your paintings, advanced class in color and light in the Russian tradition, painting suggestively with encaustic, bold plein air painting. To contact Laura Todd and Pat Huff or for information, email toddhuffcenter@ gmail.com. www.markgingerich.com

## Enjoy the Ride!

A First Class Transportation Service Serving the People of Seabrook & Kiawah Islands

We want you to enjoy your night out...and still get home safely. Let us do the driving for you. We offer discounted rates for local residents of Seabrook & Kiawah Islands.

SPECIAL EVENTS | AIRPORT DOWNTOWN 24/7



843.810.1365 CoastalConnectionLLC@Gmail.com



If you grew up in NY, were schooled in NY, lived in NY long enough to feel you are a New Yorker, or love a New Yorker, plan to join us for the

Second Annual New York-to-Seabrook Connection Party Tuesday, October 25, 2016 6:00 pm • Live Oak Hall, Lake House

All New Yorkers who call Seabrook home, whether seasonally or year round, are invited. An Evite will follow in September with details. If you have not already received this "save the date" in an email, then you are not in our data base. If you are interested in joining us, please email your name, email address and town or city in New York where you lived, so we can add you to our list for future mailings.

Email to:  $\underline{NewYorkSeabrookConnection@gmail.com}$ 

The NY-SI Committee: Carol Agusta • Joan Altemus •Betty Burns • Frank and Lisa Cermak Barbara and Steve Cutter • Kathy and Ed Maher • Ed Moran

## Making Better Use of Your Technology **How to Properly Dispose of Your Old Technology**



All of us have a stash of old, unused technology sitting in a box or drawer somewhere in our home. Let's face it, we all want the latest and greatest gadget, and technology manufacturers are all too happy to have us upgrade every two years or so. So what do you do with the stuff you no longer use? Before you do anything with it, you

need to make sure that you backup the content you want to keep and that your device is wiped clean of all personal information, apps and data. Many people believe that resetting a phone or tablet to factory defaults is an adequate option, but a reset doesn't always remove every last trace of your information. The last thing you want is someone else having access to this data. In researching this column, I got in touch with Chad Droze at Post & Computer and he reminded me that there are folks who make a career out of dumpster diving to retrieve old computers just to pull off the personal data. This gives them most, if not all, of the information they need to steal someone's identity. So it is important to make sure your device is scrubbed clean before you pass it on, recycle it, or toss it in the appropriate Ecofriendly trash bin.

If you are comfortable doing something like this yourself, and are feeling brave, there are a number of Internet sites you can find with a Google search that will give you step by step instructions. Consumer Reports has a great

article on recylcing your old technology with a link to another article on backing up your data ( http://bit. ly/1SCNZNb ). If you are not comfortable tackling this yourself, you can always contact the friendly and knowledgeable staff at Post & Computer at Freshfields Village and they will be happy to safely destroy all the personal data on your laptop or gizmo (usually \$25/device) and will even get rid of it for you in an environmentally friendly manner. This is an important consideration as many of these devices have circuit boards which contain harmful metals. You don't want to just toss your old technology in the with the Monday trash or leave it for the monthly brown & white pickup. Wadmalaw Recycle center has an "Ewaste" bin where individuals (not businesses) can recycle their computers, moni-

tors, printers, and televisions. After you have backedup and cleanedup your device, one of your options is to recycle it. Many of the devices you no longer have a use for can be refurbished and used again by someone else. Your options include recycling, selling/tradingin, or donating your device. If you are really artsycraftsy you could turn one of those old CRT monitors into an aquarium or planter! Older laptops can be repurposed into storage devices for your evergrowing stash of family photos and videos.

If you want to recycle, there are a number of options. Some recyclable technology might even get you a store gift card. Check out Best Buy <a href="http://">http://</a> bit.ly/1960FFQ; Staples http://bit. ly/1URIX14; Office Depot http:// bit.ly/1wzdZ33 and ECycle http://

ww.ecycle.com/ and find out if any of heir electronic recycling programs are appropriate for your retired computer tablet. Wireless providers such as Verizon or AT&T may let you trade in or donate your old cell phone. If you are getting rid of an Android or Windows cell phone that has an SD storage card. make sure you remove it and the SIM card first. Since iPhones are sealed and don't give you access to the storage, battery or SIM card, you will need to check with the Apple Store, your wireless provider or Post & Computer to see what your options are.

If you are interested in selling your ld technology, you can always try Ebay, Craig's List or post an item on the Seabrook Marketplace.

You can also consider donating your gently used and squeakyclean tech devices to a nonprofit organization, school or church. There are many worthwhile organizations in the Charleston area that could benefit from and appreciate the gift. Depending on the status of the organization, you could get a tax deduc-

Whatever approach you take to disposing of your nolongerused technology, make sure you protect your personal information and keep it "green".▲

Disclaimer: I am not affiliated with any software or hardware company and receive no compensa-tion for endorsing products. My recommendations come from my own research and use. Prices for apps are based on information available at the time this column was researched and written. Author takes no responsibility for changes in prices by the developers, iTunes Store, or Google Play Store.

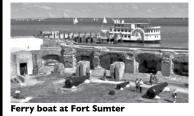


## SINGH UNVEILS THE NEW FALL LINE-UP

For the past several weeks SINHG planners have been working feverishly - that is to say, like gnomes in a salt mine – putting the finishing touches on the 2016 fall trips. We've listened quite carefully to your plaintive cries for 'More! More!' and have whole bunches of trips for your perusal – forty-three to be exact, one-third of which are brand new. Needless to say, we apologize for over-heating your printers and depleting your stacks of premium ink jet paper. The complete list should be conveyed to you electronically via the cloud on or about July 7th. We're not sure what happens if it's sunny, but at any rate, here's a sneak preview of some of our fall offerings. We'll begin with some of the larger trips:



The Pirate Lady catamaran ride to Deveaux Bank (the island you see as you sip your Prosecco at the Pelican's Nest) won the derby last spring with over 50 disappointed souls relegated to the waitlist. Here's a second chance to explore this tiny island with our naturalist guide, Kate Schaefer. Bring your binoculars! At this time of year, you're sure to see many nesting and migrating shore birds, not to mention a few, hardy Seabrookers sipping Prosecco at the Pelican's Nest across the water.



Fisheagle Tours has a boat trip on the historical Tailrace Canal to Lake Moultrie that we simply couldn't resist. Yes, you'll see lots of wildlife and flowers;

of the canal and the huge rice plantations close by. But the real kick is going through the mammoth lock at Pinopolis Dam that will boost the boat up 75' to the level of the lake. And just remember, what goes up must come back down. At the time of its construction this was the highest single-lift lock in the world. If you've got a cruise through the Panama Canal on your bucket list, you might as well sign up for this Fisheagle tour, cross off that Panama cruise, and save a lot of your hard-earned Yankee dollars!

guides will tell you about the history | in our own backyards. Doug Bostick is Executive Director and CEO of the South Carolina Battleground Trust, the author of 25 books, and a noted raconteur—which should make this morning bus tour of battlegrounds on the Sea Islands (Seabrook, Johns, and James) even more interesting and fun.

Enough of the 'big-box' trips! There are plenty of smaller outings that deserve your attention. Far too many to mention here, but be on the lookout for more birding trips, new black water paddles, the gibbons, the raptors, Rox-



For history buffs, we have yet another big boat trip on the docket—the ferry to Fort Sumter National Park. It's a beautiful 30-minute ride from Charleston Harbor to the fort. In 1861, after years of rising tensions, Confederates opened fire on this Union stronghold, triggering the Civil War which was to become our nation's bloodiest. If you've never visited Fort Sumter—or if it's been years since you did—this trip is a moving experience and well worth



Lastly, many of you may not realize that battles in both the Revolutionary and Civil wars were fought on Seabrook. Artifacts from these skirmishes have been found right here

tours include the recently renovated Gibbes and Gaillard; Carol Ezell-Gilson's new, signature SINHG tour of Hampton Park and the Citadel; a peek into Gullah culture and a Porgy and Bess minibus tour. We'll take another culinary waltz up King Street, slake our thirst on a minibus distillery tour, tickle our palates with a farmer's market-to-table feast and two great cooking classes-Southern Seasons and a fun, haute cuisine luncheon with Chef Bob Waggoner. The strong-armed, curdpounding Jeremiah Goat Farm Lady returns for a lively afternoon get-together, and, finally, as always, we'll cap off the fall season with our holiday favorites.

bury Park and Caw Caw. Downtown

We hope you enjoy culling through the trip descriptions and find some that strike your fancy. Please remember to renew your membership when you return your forms. Selections are due back by Friday, July 29th; requests processed after that date will have last priority. If you have any questions or concerns, please contact Julie Thogmartin at 843-501-8154 or juliathogmartin@ gmail.com.▲

**JULY 2016** 



FRESHFIELDS STARLIGHT CINEMA

Wednesdays • Freshfields Village • 8:30PM - 10:30PM 07/13/2016 - Goosebumps

07/20/2016 - Inside Out 07/27/16 - TBD



### **CHARLESTON COUNTY BOOKMOBILE**

The Charleston County Bookmobile will be at Freshfields Village the first and third Tuesday of every month from 10:00 am - 11:30 am. The Bookmobile will be parked behind Hege's and Java Java.

## **MONDAY MORNING BRIDGE**

Every Monday • 9AM • Lake House Please join us for Monday Morning Bridge. You do not need to bring a partner. For more information please contact Ilse Calcagno at 843-768-0317.





## D.I.R.T. (DIGGING INTO ROOTS TOGETHER) Meets Second and Fourth Wednesday of each month

1:30-3:30PM • Lake House Please visit the blog at <u>diggingtogether.blogspot.com</u> for more nformation, or email D.I.R.T. at diggingtogether@yahoo.com



#### **SEABROOK ISLAND EQUESTRIAN CENTER**

The Equestrian Center on Seabrook Island offers a rare opportunity for visitors and residents to ride horseback on three miles of beautiful trails along the beach. Riding packages from beginner to advanced skill levels are offered throughout the year. Pony rides for children up to 8 years old can be purchased by the half hour, leisurely guided trail rides are available for beginners, or more advanced riders can choose to head to the North Beach for a thrilling

For more information, call 843.768.7541 or visit www.seabrookisland.com/equestrian-center



# Tim Scott

#### **DESERT SHIELD AND DESERT STORM HONOR CEREMONIES**

The men and women who have served in our armed forces deserve to be recognized for their willingness to defend our country against those who would harm us. On August 27th, I will host Desert Shield and Desert Storm Honor Ceremonies in Greenville and Charleston. Each veteran will receive a special Senatorial Certificate of Appreciation, as well as a pin. All interested veterans should register with my office by visiting scott.senate.gov/veterans.

U.S. Senator Tim Scott

**Desert Shield and Desert Storm Honor Ceremony** 

Saturday, August 27th, 3:00PM

WHERE: Charleston Area Convention Center

5000 Coliseum Drive North Charleston, SC 29418

It is an honor to host veterans and their families in celebration of their service to our country. I look forward to seeing everyone there!



#### **SEABROOK ISLAND PHOTOGRAPHY CLUB 2016 PROGRAMS**

Here is the preliminary Photography Club schedule for the coming year. Members and nonmembers are invited to the first meeting next Thursday (without charge). Please join us to see if Club membership would be helpful to your photographic endeavors.

September 15th - To be Determined

October 20th - To be Determined

**November 17th** – Annual Club theme assignment with c

onstructive results, evaluation & critique <u>December 15th</u> – Annual Holiday Party with member

photo sharing

#### **INDOOR PICKLEBALL**

St. Christopher's Camp Fridays • 12:30-2:30 If interested, please contact Mary Torello at mary.torello@yahjoo.com





#### SEABROOK STITCHERS Lake House • Every Monday • 11:00AM-1:00PM

For more information, contact Denise Doyon at <a href="mailto:dendoyon@gmail.com">dendoyon@gmail.com</a>

### **SEABROOK LADIES BIBLE STUDY**

Every Monday • Lake House • 1:30PM-3:30PM For more information, please contact: Jody Garvey (garveyjody@gmail.com) or Patti Tully (pattitully@gmail.com)



### **CHURCH OF OUR SAVIOUR SUMMER SERVICE HOURS:**

Through August 28, 2016 8:30 am.....Traditional 10:00 am......Contemporary

### **JOHNS ISLAND FARMERS MARKET**

The Johns Island Farmers Market will now operate from 9AM - 1PM so patrons and vendors can enjoy the cooler part of Saturdays, rain or shine, in order to "Beet the Heat.". The market is located at 3546 Maybank Highway.

The market meets the needs of a weekly shopping list. With over 50 local farmers and vendors every week, the market is a one-stop shop for all things local. Summer at the market is in full swing with fresh fruits and vegetables, including

the infamous Johns Island tomatoes! The market features a bounce house for kids, a game zone complete with corn

hole, local live musicians, and a variety of food trucks every week. "We want this to be a place to enjoy every Saturday relaxing in the field, eating good food, listening to live music, and meeting new people, says founders Frasier Block & Blue Laughters.



## EABROOK ISLAND

Real Estate Make It Uniquely Yours



LAGOON & GOLF VIEWS
2405 THE BENT TWIG ~ \$1,399,000



BEAUTIFUL 4BR HOME, GOLF VIEW 2480 CAT TAIL POND ~ \$998,000



CUSTOM 4BR HOME, LAKE VIEW 2111 KINGS PINE DR ~ \$1,100,000



MARSHFRONT SANCTUARY 3060 MARSHGATE DR ~ \$1,290,000



5 BR, PRIVACY + LAGOON VIEW 2624 JENKINS POINT RD ~ \$899,000



GOLF & LAGOON VIEWS 2534 OTTER LN ~ \$1,299,000



5 BR, VIEW OF MARSH OVER POOL 3080 MARSHGATE DR ~ \$960,000



3 BR HOME, ONE FLOOR LIVING 2645 GNARLED PINE ~ \$795,000



4 BR HOME ON GOLF COURSE 2991 HIDDEN OAK DR ~ \$650,000



BEST 3BR/3BA BUY ON SEABROOK! 2782 Live Oak Villa ~ \$299,000



ONLY UNIT AVAIL., GOLF VIEW 3035 FAIRWAY ONE ~ \$585,000



COMP. RENOVATED, GOLF VIEW 173 HIGH HAMMOCK VILLA ~ \$199,000



PELICAN WATCH VILLAS
PRICED FROM \$250K TO \$788K+



MARSHFRONT HOMESITE 2445 BATEAU TRACE ~ \$180,000



SALT MARSH ~ 4 SOLD IN 6 WEEKS! New Townhomes from \$499,900