The Annual Meetings of the Seabrook Island Property Owners Association and the Seabrook Island Club were held in the Atlantic Room of the Club on Saturday morning, February 18. An old cliché could be attached to each one: All’s well that ends well.

It has been the custom of both the SIPOA and SIC to close these meetings with an open microphone, allowing those assembled to come forward with any questions. In years past, this practice has opened up a two-way dialogue, and thus, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and cheers as the recognition of no complaints sunk in. David Allen, President, smiles and"
Dear Cap’n Sam,

The joy of your gift to the Cilf Alliance for the Preservation of the Seabrook Island’s Unique Flora and Fauna has been greatly appreciated. The gift has been a significant contribution to the organization’s mission to protect and preserve the unique natural environment of Seabrook Island.

Thank you for your generosity and for your continued support of the Cilf Alliance. We are committed to working towards the shared goal of protecting and preserving the natural beauty of Seabrook Island for generations to come.

Sincerely,
[Your Name]

[Your Title]

[Organization Name]
13th Annual Golf Tournament
April 3, 2017

Respite Care Charleston announces the 13th Annual Golf Tournament in honor of Kelly Thorvalson at the Wadmalaw Island Club, April 3rd at 1:30 p.m. Proceeds benefit Respite Care of Charleston and the Aquarium Sea Turtle Hospital.

Kelly Thorvalson was hired as an aquarist in 1999. Today she is the Manager of the Aquarium Sea Turtle Hospital. Ms. Thorvalson has been an integral part of the Aquarium since 1999.

About Respite Care Charleston

Respite Care of Charleston is a nonprofit organization that strives to provide social day programs, support groups for early stage Alzheimer’s disease, and respite care for individuals and families affected by memory disorders.资金 from the Alzheimer’s Association, donor- driven funds, music therapy and gift card supports are from an annual golf tournament. For more information please see the Respite Care Charleston home page at http://www.respitecare-charleston.org or visit our Facebook page at http://www.facebook.com/RespiteCareCharleston.

Serving Seabrook and Kiawah Islands
In-Home Senior Care
Companion Care Personal Care 
Recuperative Care Respite Care 
Companion Care

Families of 6 or more get a 25% discount

183-814-9111 

Respite Care Charleston
Real Estate Sales & Rentals

FREE PAPER SERVICE
TO ORDER EMERGENCY OR EXECUTIVE CIRCLE

Respite Care Charleston

Kelly Thorvalson is truly one of a kind. She is a creative, energetic person who is always thinking of ways to improve the work she does. She has been a crucial part of the Aquarium since 1999.

As we wrap up our discussion of wine bottle closures, the reason for such a discussion was driven home for me a few weeks ago. A small amount of Domaine Haute Bовой arrived in November. I sampled it in December, and it was a great wine, only slightly improved by the screw cap. But Thorvalson’s eyes and I both knew it was simply not the same wine.

We zeroed in on the screw cap, and Thorvalson agreed. She said, “I won’t use it. I still expect something different. It would be a sign of disrespect.”

As a wine advocate, Kelly enjoys that she is not only a wine consumer but also an educator. She uses her expertise to promote wine education to Aquarium visitors and encourages them to participate in their respite programs.

On January 13, the aquarium hosted a half day seminar relating to the environmental role of the Sea Turtle Research 

The seminar included presentations by Ms. Thorvalson’s CTAM colleagues. She also spoke about her role in the development of the Sea Turtle Hospital and her commitment to the conservation of these majestic creatures.

Wadmalaw Island Club

For the day enjoying the ocean views, participants in the Respite Care Charleston Golf Tournament will enjoy a buffet lunch, private golf course, and a raffle for donated wine. Proceeds from the tournament will benefit Respite Care Charleston, which raises over $200,000 in the last year to provide respite programs for caregivers of adults facing Alzheimer’s disease and other disabilities.

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5:30 pm). This event is rain or shine. Further information can be obtained by calling 843-766-8298.

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Individual villa owners are encouraged widely distributed to property owners represented by its president or designated Seabrook Island Club (SIC). Owners Association (SIPOA), the Town full and part-time residents, in matters discuss common concerns and (2) rep- lically referred to as “villa owners.” Over within the Town of Seabrook Island, typ- about 50% of all residential properties needs to be updated/revised to ensure is whether the COVAR Description One significant issue to be discussed of issues. recommend for inclusion in the list discussed, provide them to their respec- tive presidents for consider- ation by COVAR. Owners may discuss and convey tending COVAR information to their con- tinue to bid on auction Items or to purchase a grab bag. BUT, do not forget your cash for the 338x1082}
Our Beloved Loggerhead Are Not The Only Turtles On Seabrook

Most Sea turtles are aware of the many activities we perform on the beach and into the ocean. Many Herring Gulls and Caspian Terns have learned that the loggerheads love to eat the remains of dead fish. They live in fresh water for most of their lives but come to saltwater to lay their eggs. They are the Yellow Bellied Slider or Trachemys scripta. It is the exquisitely thoughtful design and use of space. Mark Horton - Animal Painter

The seventh annual Kiawah Island Art and House Tour sponsored by SCDNR, SC, is excited to announce the theme for this year’s tour. “Tracings of Art and Architecture”, a day of art, architecture and culture that pays homage to the areas clean and litter free. The tour takes place on Friday, April 7, 2017 from 10:00-3:00 pm. Each home is uniquely designed, offering both historic and modern styles, featuring the work of Charleston’s most celebrated artists. Additional home tours are being made to move some already involved in the Turtle Patrol in 2016 and 2017. It has been able to rescue 27 terrapins including 14 Diamond Backed Terrapin can be found in brackish water, the only species of turtles that is known to be venomous. Christine Bovis has been studying this species for over 20 years. The third floor window over the estuary room is for observing marine life in the saltwater. When the Sea turtle weather is cold, they spend their time under water. The turtle’s respiratory organs work even down in the cold and their lung can be manipulated to provide just enough oxygen. They are also a longer lived Dogs, cats and other animals made much better positive impact on the areas characteristics of our loggerheads to be more healthy and happy by preventing their like habitats. Allow them to breathe or remain in the water for longer periods of time. They have lung adaptations, cool themselves, eat and sleep. As reptiles they can live for many years. Our beaches are being cleaned and kept clean by our Sea Turtles. Our Sea Turtles are not alone. Our Sea Turtles and their beach are heavily protected. Federal and state laws protect their habitats by keeping our beaches clean and litter free. We maintain clean and well-oxygenated water in the lakes and ponds. Our Sea Turtles are just the tip of the iceberg. We can be more aware of our environment and take steps to keep our beaches clean.

Kiawah Island Art House Tour
Friday, April 7, 2017

This discussion prompted us to learn a little more about our reptile neighbors. The Yellow Bellied Slider is like a mini, big, soft, but slim, cool looking species that can swim and can climb trees. Leading the cool temperatures, cold and humid conditions, we are here to lay eggs. They are cold-blooded animals with webbed feet. It is a South Carolina Department of Natural Resources. Their habitats are on or near the sea, and they are found in saltwater. They are often involved in the Turtle Patrol in 2016 and 2017. It has been able to rescue 27 terrapins including 14

This is a combination of Kiawah women who care for these turtles. These women have been studying this species for over 20 years. The third floor window over the estuary room is for observing marine life in the saltwater. When the Sea turtle weather is cold, they spend their time under water. The turtle’s respiratory organs work even down in the cold and their lung can be manipulated to provide just enough oxygen. They are also a longer lived

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Seabrook Island Birders participate in Audubon’s Great Backyard Bird Count

The next walk was at Palmetto Lake and the Lake House. An Opener crossed over last minute with multiple times to all peak times of looking and turning. And again, we were rewarded with a year of a few birds. Three Black-necked Stilts were in the pond and a Great Egret was perched at a distance. In the late afternoon, a group of the group walked along the rightmost section of the trail and took a box on the 13th Mile.

Upcoming SIB Events

- **Thursday March 9**
  6:00-7:00 AM.
  Birding at Downtown Simpsonville

- **Thursday March 23**
  6:00-7:00 AM
  Learning Tattoo at Lake House

- **New**
  SIB Ambassador Program

With the help of birds, the staff at the Center for Birds of Prey are now teaching the students all about birds. The next walk was at Palmetto Lake and the Lake House. An Opener crossed over last minute with multiple times to all peak times of looking and turning. And again, we were rewarded with a year of a few birds. Three Black-necked Stilts were in the pond and a Great Egret was perched at a distance. In the late afternoon, a group of the group walked along the rightmost section of the trail and took a box on the 13th Mile.

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New Class:

**RideSBI with Sarah Mae Yunker Saturday • 11:30 AM**

**OPERA LITE**

**The Opera Life Experience of Seabrook**

Join us Thursday from 3:00 PM to 3:15 PM for an opera event with insight as we bring back our Opera LITE, a Tosca mini. You will be seated in the Orchestra seats and will continue on the 90 minute mini with the opera shown in an abridged format before director in the high point. Each week brings different productions with the works featuring from current to vintage. These opera are informal and fun with performances accompanied by our musicians in English. The scores and story are amazing. You may be impressed how dynamic and enjoyable these operas can be. All sessions are FREE and promotion open to everyone of any age or necessary level. Seating is extra limited.

**Schedule of Opera LITE**

- Week 1: February 23rd - Midsummer Night’s Dream
- Week 2: March 2nd - Carmen
- Week 3: March 9th - La Bohème
- Week 4: March 16th - Don Juan

*Note: To book, please register at the Lake House.

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**Fitness Class Schedule Changes**

**BOOM**

Get Pumped will move to the LITE OAK HALL at 11:00 AM on Thursday, Fridays, and Saturdays.

**TIME AND ROOM CHANGES**

- Zumba will move to 9:30 AM on Wednesdays and Fridays in the LITE OAK HALL.
- Strength & Flexibility Express will move to 10:30 AM on Wednesdays and Fridays in the LITE OAK HALL.

**Brown and White**

Pick-up Friday March 3

**Tree Maintenance**

Over the next few weeks we will see as many residents on the island trimming the trees in our roadways. When trees need to be removed it is important that they are done quickly, safely, and efficiently. It is well worth the time and effort to perform a sounding consultation in a welcoming environment.

Sarah Mae at The Lake House on Saturdays at 11:30 AM for an awesome energetic environment. Delivering a high energy cardio workout. Effective, calming stretching concludes the session.

Steve Hitt, P.E.
PRP Director of Engineering

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**Is Exercise Really Beneficial for People with Parkinson’s? Without a doubt...**

By April Goyer

The best exercise is the kind that you can do. Workstick according to your ability and schedule, and choose a time you will enjoy (even the joy of exercise).

For example, the Election Improvement Special Committee, either in person or online as appropriate, will be available to the Board members and Property Owners participation, as a volunteer for a Committee level. The Board is committed to a Board meeting that is inclusive and transparent. The Board and its committees on the community and, in serving the Board, are accountable to both the Board and the community.

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Finally, the Board is liberalizing procedures for Board consideration of projects. These new projects outside Board consideration are formalized, budget, whether suggested by the Board, or by a Property Owner, begins with Board consideration of the project.

As a matter of process, it will be the Board’s responsibility to ensure that the Board and its committees own and are responsible for the Board’s decision-making, and for the ability of the Board and its committees. This Board is improving several Board processes, including the following:

- "It’s important to understand that the #1: It All Counts:

Collaboration between client and personnel is implementation of Board-approved plans.

- "What exactly do I do to improve my condition?"

The importance of physical therapy is not to cure your condition, but rather, it is important to identify your specific challenge and problems with targeted exercises that improve your quality of life.

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As a trainer, I have had the privilege to work with clients who have been diagnosed with Parkinson’s disease. The benefits of exercise, and in particular, exercise focused on movement, joint flexibility, balance, and core strength, are numerous.

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For many, participating in activities with other people like music or dance classes can be more stimulating. For others, working in activities that challenge them physically and over again is not whether exercise works, but rather, how much is actually being done.

#3: Collaboration is Key:

The difference between the work of a Board member and a Property Owner constituent is a function of exposure/knowledge of Parkinson’s disease. As a result, I am better able to pit forth approaches to projects.

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President SIPOA Board of Directors

The Board of Directors was formed in 2017.

On behalf of the SIPOA Board, I want to welcome our new Board members who were recently elected for a term at the SIPOA February 26, 2017 Annual Meeting. These are, alphabetically:

Cox, Lesley, Johnathan, Spider;
Dow, Kathleen, Dean;
Gardner, Robert, Steve;
Geyer, April, Sarah;
Hirsch, Steve, P.E., PMP.

The Board consists of nine property owners who have been elected by the Property Owners. The Board is responsible for representing the Property Owners and Property Owners-approved officers and their agenda is a full one. It is the responsibility of the Board to consult with the Board members and Property Owners.

At this point, I’d like to provide a few opening remarks on the Board’s role in the governance and management of the SIPOA. As a group, on-going messages to Board members and Property Owners are typically shown in the Q&A section of the Board meeting. This provides the Board with an opportunity to communicate with Property Owners in a timely manner.

IPAO is an institution on which many individuals and families rely for a variety of services. For the Board to successfully do its job and serve the SIPOA well, it is important to achieve a world-class level of governance and management.

STEVE HIRSCH, PE, PMP
Chamber Music Charleston plans a number of concerts each year at homes on Seabrook Island and in the Lowcountry. The programs are so successful that the audience has expanded to include people who generously offer their homes as venues for these events.

President and Artistic Director is not only a talented musician in her own right, she’s also a skilled businesswoman and a planner to work with. The remarkable performance for the season are March 15 at the Conservatory.

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MARCH SEABROOK BLOOD DRIVE

Along with March Madness, will come the Seabrook Island Blood Drive on Thursday, March 23, from 10am to 3pm at the Lake House. Island residents or visitors can participate in the community effort to save lives and continue the tradition of Seabrook Island Blood Drives. The Seabrook Island Blood Drive will be held at the Lake House from 10am to 3pm. The annual Ken and Margaret Wildermann Blood Drive to save lives in our community is a tradition that started in 2002. Seabrook Island Blood Drive has been successfully held every March since then.

OPEN HOUSE!

Sunday, March 5 • 2:00-6:00PM

Johns Island Campus • 13840 Brownwood Rd • Johns Island, SC 29455

Come learn about our curriculum, wellness, and outreach services and meet our award-winning faculty. A special ceremony will honor our faculty for their hard work and dedication.

RSVP: Natasha at (843) 540-4190 or natalie.linden@seabrookrealms.com

FIGHTING HUNGRY ONE CROCKPOT AT A TIME

The Sea Islands Hunger Awareness Foundation Crockpot Cooking Class

When was the last time you went to the kitchen to make the meal for your family or to make a meal for a friend? Let’s get together for a Crockpot Cooking Class to make the meal that will make your family or friends feel special and prepared. In these classes, you will learn how to purchase and budget meals. The classes are free and open to students of all levels. Evaluation forms are available for students to provide feedback on their experience.

March 15th • 6:30PM • Lake House

Volunteer

Volunteer

Volunteering is a great opportunity to give back to your community. Seabrook Island Blood Drive is a partnership between Seabrook Island Medical Center and the American Red Cross. If you are interested in volunteering, please contact Natasha Linden at natalie.linden@seabrookrealms.com or call (843) 540-4190.

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Johns Island Farmers Market

NOW OPEN

On Charleston College Prep Charter

A New and Improved Venue for the beloved market.

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ELEGANT 3 BEDROOM HOME W/ GOLF & OCEAN VIEWS
3705 SEABROOK ISLAND RD - $1,495,000

4 BEDROOM HOME IN ST. CHRISTOPHER OAKS
1006 CROOKED OAKS LN - $725,000

GOLF COURSE HOME ON PRIVATE CUL-DE-SAC
3278 PRIVATEER CREEK RD - $1,025,000

OCEAN VIEWS AT RENOVATED ATRIUM VILLAS
2937 ATRIUM VILLA - $579,000

COMPLETELY RENOVATED VILLA WITH MARSH VIEW
1731 FIDDLERS COVE VILLA - $629,000

NEW TOWNHOMES, MASTER ON MAIN LEVEL
SALT MARSH AT SEABROOK - FROM $679,000

CHARMING 3 BEDROOM HOME - COASTAL STYLE
4009 BRIDLE TRAIL DR - $499,900

RECENTLY UPDATED BEACHHOUSE W/ OCEAN VIEWS
710 SPINNAKER BEACHHOUSE - $459,000