

# THE Seabrooker

VOL 20 • ISSUE 3 • MARCH, 2017

## PROPERTY OWNERS & CLUB HOLD ANNUAL MEETINGS

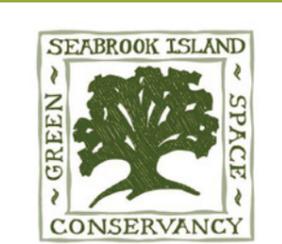
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The Annual Meetings of the Seabrook Island Property Owners Association and the Seabrook Island Club were held in the Atlantic Room of the Club on Saturday morning, February 18. An old cliché could be attached to each one: All's well that ends well.

It has been the custom of both the SIPOA and SIC to close these meetings with an open microphone; asking those assembled to come forward with any questions. In years past, this practice has opened up (how shall I put it) some interesting debate about the past and present direction of the two entities. This year's invitation from Club President David Allen was met with a protracted silence and then smiles and cheers as the recognition of no complaints sunk in. David slowly counted off, "One Mississippi, two Miss...is...sip...pi" before announcing the meeting's adjournment.

Property Owners Association President Janet Gorski closed his meeting with the same invitation. There were two questions and a short statement about current Board committee assignments. Question 1 concerned fishing restraints on North Beach (directed properly to the Seabrook's town council) and the second, at some beach erosion that is currently under observation by Director of Engineering Steve Hirsch. "One Mississippi, two Mississippi"....meeting adjourned.

#### NUTSHELL OF 2016 ACCOMPLISHMENTS AND POSITIVE CHANGES:

- 1/Seabrook Island was designated as one of five "Best Restored Beaches in the US" by the American Shore & Beach Preservation Assoc. A major factor in that award was the 2015 completion of the Cap'n Sams inlet relocation project.
- 2/Construction of the new Gate House located 100 feet south of the existing structure is underway. That construction will be completed by this Spring.
- 3/The Marsh Gate bulkhead was re-

paired and other beach access projects completed.

- 4/Work on the Atrium Villas is finished and the Club should benefit from the added revenue that vacationers using these villas will bring.
- 5/Reports from the Architectural Review Committee indicate continued positive development on Seabrook Island: 14 new home applications vs 12 in 2015; 25 homes are currently under construction vs 17 in 2015 and finally, the ARC staff processed 786 repair/remodel applications vs 646 last year.
- 6/The SIPOA Communications Committee, the town and the Club collaborated with the Lou Hammond Group to develop a common Seabrook Island website.
- 7/The Club made a number of improvements to its facilities:
  - a) Installation of new walls and doorways at both ends of Bohicket lounge.
  - b) Complete renovation and updating of the practice range as the first step in the implementation of the Golf Master Plan.
  - c) Installation of a new Lightning Detection and Warning System on Ocean Winds and Crooked Oaks.
  - d) Addition of a new poolside grill at the Beach Club.
  - e) Extension of the shade sail system to the outside dining areas at the Pelican's Nest.
- 8/Seabrook Island Real Estate had its 7th consecutive better year-over-year results. This despite a slow 4th Quarter as a result of Hurricane Matthew.
- 9/Mortgage debt of both the POA and Club continues to be paid down on an accelerated schedule and is on track to be paid off by the Club in 2023 and the POA sooner than that.

The full 2016 Annual Reports for both the SIPOA and the SIC can be found at their websites: [sipoa.org](http://sipoa.org) and [discoverseabrook.com](http://discoverseabrook.com)

SIPOA voting results on page 3

#### 2017 SIPOA Board of Directors

Ed Jones, *President\**  
 Julie McCulloch, *Vice President\*, Chair, Communications, Co-Chair, Emergency Preparedness*  
 John Feldman, *Treasurer\*, Chair, Finance*  
 Guy Gimson, *Secretary\*, Chair, General Operating and Maintenance*  
 Vice Chair, *Environmental*  
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 Phil Squire, *Vice Chair, Safety and Security, Co-Chair, Election Process Review*  
 Ed Williams, *Chair, Environmental, Co-Chair, Housing*

\* Members of Executive Committee

#### 2017 SIC Board of Governors

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 Richard Marion, *Secretary, Equestrian Committee Chair*  
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 Fred Finke, *Golf Committee Chair*  
 Jody Garvey, *Social/Recreation Committee Chair*  
 Jim Leib, *Membership Committee Chair*  
 Frank McCann, *Legal Counsel*  
 Warren McCulloch, *Vice Chair of Communications and Operations Committees*  
 Doris Reinhart, *Vice Chair of Finance and Membership Committees*  
 Don Romano, *Operations Committee Chair*  
 Anne Smith, *House Committee Chair*  
 Bill Greubel *will continue to chair the SIRE Board, but will do so as a non-board member.*



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Please send correspondence to: TheSeabrooker@yahoo.com

"Communication is the beginning of understanding." The Seabrooker will report regularly on island happenings, as well as newsworthy events that affect property owners and residents. As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner.

Red Ballentine, (1924-2006) Fred Bernstein (1924-2010) Co-Founders

Editor: Michael Morris; Publisher: Bernstein Lash Marketing; Advertising & Layout: Teri B. Lash

THIS MONTH'S SEABROOKER VOLUNTEERS

CREDITS:

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PHOTOGRAPHERS:

Mary Beth Joyce • Charles Moore • Ray Hoover

CONTACTING THE SEABROOKER

Please send correspondence and inquiries regarding editorials to TheSeabrooker@yahoo.com or call 843.408.3707

The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

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CAP'N SAM EDISTO

Dear Cap'n Sam, Thank you, the Environmental Committee and Charles Moore for his much appreciated article on South Carolina oysters.

As an adjunct to this great article, may I suggest 'The Essential Oyster' by Rowan Jacobsen.

The information Rowan presents covers the history and location of oysters along the coasts of the United States from Washington State to Maine. Included in the book are beautifully done photographs that make you almost taste the oysters you are reading about.

I read it twice and hope you will pass the information on to other Seabrook oyster lovers.

Paul D. Tillman, Author of Internal Guidance: live life on your terms 704-377-8087 • paultillman.com

Dear Cap'n Sam,

The joy of your giving to the holiday fund for the Mt. Zion Elementary School this year was reflected in the smiles of more than 87 children in 27 families. We can only imagine their expressions of surprise and squeals of joy as they each discovered presents wrapped especially for them. A simple "thank you" to you, our Seabrook Island friends, just does not seem adequate, but perhaps these words from some of the children themselves will help convey the special gratitude we feel and most especially what your generous donations meant for them. "Thank you for this PS3. I love it! It is my best present ever." "Thank you for my cow boys jacked." "Thank you for every single Christmas gift and I really appreciate everything." "Thank you for the toys and clothes. We appreciate it."

As you can see from this picture, not only were our hearts overflowing with gratitude, the room we use to carefully select each child's special gifts was also overflowing



with toys, books and clothes made possible only through you and your joy of giving to our fund. Thank you for helping to make so many dreams come true.

Sincerely, Mt. Zion Holiday Fund Committee

DEATH NOTICES

There have been a number of requests from our readers to keep them informed of the passing of Seabrookers. Not only those who were living on Seabrook at the time of their deaths, but also those property owners who had moved on to a different location. We need the cooperation of Seabrookers to keep this paper aware of these occurrences. Death notices include basic information about the deceased: the person's name, age, occupation, date of death and place of death information. Notifications can be sent to theseabrooker@yahoo.com.

Daphne Corcoran, February 11, Wife of Tom Corcoran, Seabrook Island and Waterville Valley, New Hampshire

Gary Coffman, February 5, Husband of Diane (Carlisle) Corcoran, Seabrook Island and Worthington, Ohio



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INSIDE THE TREE HOUSE WITH GINGER SUMMERS



On your way into Charleston, have you ever noticed the little White House across from the Stono Market/Tomato Shed on Main Road? If you have yet to stop, there is a great treat waiting for you to explore!

The Tree House, is a unique garden shop located on John's Island and strives to offer the best home and garden products on the market. The shop is stocked with a variety of items, many produced by local artisans and crafters including: clay jewelry, hand carts, garden stools, benches, joggling boards, local photography, hand painted art work, and beautiful silk florals. The Tree House is a family owned business and through its affil-

ated company, Joe Summers Landscape Construction Inc. you can also count on professional landscaping consultation and full service installation.

For the inside scoop on the vision and services offered at the Tree House, please join the Seabrook Island Garden Club as we welcome owner Ginger Summers. Ginger will bring a little part of the "Tree House" to all of us at Seabrook. Getting to know her and her colorful visions should brighten anyone's day.

We would be remiss if we did not extend a special thank you to SIGC member Sue Lord for her time and special presentation at last month's meeting. Demonstrating the Japanese



art of flower arrangement known as Ikebana, it was fascinating to see Sue's ease and grace at constructing not one but numerous intricate arrangements. It was easy to appreciate and feel her creative juices flowing as each creation came to life in a unique and delightful way. I for one would have loved to take one home!

The Seabrook Island Garden Club welcomes all Seabrook Island neighbors, friends and guests. We hope to see you there!

For information on membership please contact: Nancy Wair, Email: nawair70@gmail.com

Alberta Barron



TOWN HALL MEETING Summary of Jan 24, 2017

After the pledge of allegiance, Mayor or Ciancio called the January 24, 2017, Town Council meeting to order at 2:30 p.m. Councilmen Gregg, Turner and Wells, Town Clerk Albritton and Town Administrator Pierce attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

Minutes: The minutes of the Town Council meeting of December 20, 2016, the Public Hearing of December 20, 2016, and the Ways and Means Committee meeting of January 17, 2017, were unanimously approved as written.

Financials: Mayor Ciancio reported that, as of December 31, 2016, the balance in the Town's General Fund was \$2,363,323, which is \$355,704 more than at the end of 2015. Revenue collected during December exceeded budget by \$65,884 and revenue for the year exceeded budget by \$302,629. Expenditures were under budget for the month of December by \$1,395 and, for the year, by \$77,138. For the month of December, revenue exceeded expenditures by \$231,527; and, for the year, revenue exceeded expenditures by \$643,118.

Citizens/Guests Presentations, Comments: None Reports of Standing Committees, Commissions, Boards: Public Safety/Club Long Range Planning Committee - Councilman Gregg reported that the Club's Long Range Planning Committee met on January 12, 2017, to consider recommendations for strategic planning for

2017. The Committee concluded that the objective statement for the 2017 strategic plan should be retained with planning focus on progress of recommended initiatives. A survey task force is to review the Club's member survey and determine ways to improve the Club's gathering of member opinions, with particular consideration of non-resident members.

The Public Safety Committee met on January 9, 2017. The Committee continued its review and updating of the Town's Comprehensive Emergency Plan and its members also discussed a request for prioritization of roads for debris removal. The Committee's next meeting is scheduled for Monday, February 6, at 10 a.m.

The Disaster Recovery Council conducted training and exercise based on a hurricane scenario with two half day sessions on January 5 and 6, 2017. A session for review of the report from the sessions is scheduled for February 23.

Councilman Gregg also reported that Project Worksheets, created based on the Town's Request for Public Assistance (grant request for reimbursement of costs incurred as a result of Hurricane Matthew), are currently undergoing internal FEMA review. Representatives from FEMA visited the Town on December 21, 2016, and Tommy West, Manager of the Seabrook Island Utility, led the tour of sites relating to costs incurred by the Seabrook Island Utility Commission. The Town has provided documentation relating to damage done to the roof at the Town Hall but FEMA has informed the Town that, because the total of the cost of the inspection and estimated cost for repair of damage do not meet the FEMA threshold of \$3,200, neither of these costs are eligible for FEMA reimbursement.

Communications/Environmental - Councilman Turner reported that the Department of Natural Resources will be at Seabrook Island on Thursday, January 26, and he volunteered to ride along with them. Advertising & Public Relations/Special Projects: Councilman Wells reported that the Town has a budget for public relations and advertising

set aside for the Lou Hammond Group and he will meet with the agency within the next 2-3 weeks to hear a presentation as to how the money will be spent.

Councilman Wells stated that legal issues dealing with easements, right of ways, encroachments, etc. will have to be dealt with before any work is done to correct the flooding issue on Seabrook Island Road. Councilman Wells noted that Mayor Ciancio has asked the Planning Commission to look at the Town's encroachment ordinances to ensure that developers bear the cost burden of increased demand on the Town's storm water drainage system from their developments. Task Order #2, from G. Robert George & Assoc. for \$28,000 will evaluate roadway flooding mitigation alternatives and will evaluate the drainage infrastructure for its structural condition as well as capacity. Mayor Ciancio stated that his priorities for the work to be done on the roadway must include the pooling along the side, the flooding on the roadway itself and structural changes. Councilman Wells moved to approve G. Robert George & Assoc. to proceed with the work included in Task Order No. 2. Councilman Gregg seconded the motion and the vote to approve was unanimous.

Community Relations: No Report Ways & Means - No Report Planning Commission - No Report Board of Zoning Appeals - No Report Reports of Ad Hoc Committees: Accommodations Tax Advisory - No Report Reports of Town Officers: Mayor - Mayor Ciancio reported that five Citadel MBA students have completed an Economic Impact Study for the Town, at no charge, as part of their course curriculum. The Mayor commented that the results of the study are impressive even with limitations. The Mayor thanked Sue Holloman and George Reinhart, Seabrook Island residents, for their help with the study. Mayor Ciancio stated that, based on 2015 figures, Seabrook Island's annual economic impact on the Charleston area is in excess of \$338,000,000 and the number of jobs created on and off

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2017 SIPOA Annual Meeting Voting Results

- CONTINUED FROM PAGE 1 -

Table with columns: Board of Directors, For, Against, Abstain, % For. Rows include names like Guy Gimson, Ed Williams, Dennis Pescitelli, etc.

island is 4,800. The Economic Impact Study, along with a letter from the Mayor qualifying the results, will be posted on the Town's website within the next few days.

Mayor Ciancio reported that recently he, along with Councilmen Gregg and Wells, participated in a conference call with Keith Bustran, Charleston County Administrator, Jennifer Miller, the Assistant Administrator, and Joel Evans, the Planning and Zoning Director. One purpose of the call was to make sure the Town would get adequate notice of any development of property adjacent to Seabrook Island Road between the security gate and the traffic circle. The Town was assured that, if an application is made to rezone or if an application is made to develop the property as zoned, the County would not approve either unless both the property owner and the Town executed a "Letter of Coordination" indicating that the Town was in agreement with the proposal. If the owner of the property needs access from Seabrook Island Road, an "Encroachment Permit" would be needed from the Town. Mayor Ciancio stated that he has asked Bob Driscoll, Chairman of the Planning Commission, to review the Town's encroachment ordinances. The second purpose for the call was to review communication issues with the Sheriff's Department during Hurricane Matthew. Mayor Ciancio stated that he will be meeting with representatives of the Sheriff's Department to better understand what can be expected in the way of security from their department and who would be the point of contact for their organization following an evacuation.

Mayor Ciancio reported that he, along with Councilmen Gregg and Turner, had attended a meeting of the Johns Island Task Force on January 4. In an update on the 1/2 cent sales tax initiative, it was noted that County Council is not bound by the priorities identified as the basis for the referendum. Victor Rawle, County Council Chairman, has indicated that funds generated from the tax can be used to fund the shortfall of the I-526 funding. The Task Force agreed to present their Consensus Statement to County Council containing points its mem-

bers have agreed upon. One of the points asks for the completion of an engineering, financial, environmental and cultural examination of a means to address Johns Island traffic. There was also discussion regarding a meeting with Mayor Ciancio, the Mayor of Kiawah, other representatives from Johns Island, Mayor Tecklenberg, County Councilmembers Rawle, Qualey and Johnson to get their thoughts on the Johns Island road situation.

Town Administrator - Town Administrator Pierce reported that Shred 360 will be in the Town's annex parking lot on March 3 and October 6, 2017, from 10 a.m. to 1 p.m. to shred documents for the residents.

Town Council Members - See Above

Utility Commission - Commissioner Morawski reported that the Utility Commission had a special meeting on January 9 to discuss issues regarding their billing. Due to problems encountered with an upgrade in software, water/sewer bills have not been sent out for November or December but a bill covering the two month period should be sent out by the end of the week. Mayor Ciancio suggested that the Utility Commission address the issue by having the POA send out an e-blast or publish something on Tidelines so residents are aware of the situation if the bill is not sent out shortly.

Petitions Received, Referred or Disposed of: None Ordinances for First Reading:

Ordinance 2017-01, An Ordinance to Rezone 1196 Oyster Catcher Court and 3234 Middle Dam from the Single-Family Residential District to the Agricultural-Conservation District. Mayor Ciancio stated that both properties were donated to the Green Space Conservancy and, in turn, transferred to the Property Owners Association. Councilman Gregg moved to accept Ordinance 2017-01 on first reading. Councilman Wells seconded the motion and the vote to approve was unanimous.

Ordinances for Second Reading:

None Miscellaneous Business: None Citizens Comments: None The meeting adjourned at 3:10 p.m.

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Nature & History  
  
 SINHG  
 PRESENTS

**Kelly Thorvalson of the Charleston Aquarium Sea Turtle Hospital on March 9th**

The Seabrook Island Natural History Group's March 9th Evening Program features Kelly Thorvalson, Program Director of the South Carolina Aquarium Sea Turtle Hospital. Ms. Thorvalson will explain the amazing work done by the hospital and bring us up to date on all the exciting recent improvements.

Kelly started volunteering at the South Carolina Aquarium in 1997 and was hired as an aquarist in 1999. Today she serves as the Sea Turtle Rescue Program Director. She organizes the team for live sea turtle stranding admittances and works closely with staff and volunteers to ensure patients are receiving healthy diets and necessary medical treatments. She also provides educational tours to Aquarium visitors and school groups. As a conservationist, Kelly enjoys that she is not only a part of sea turtles' survival, but also a part of a changing culture that cares more about the health of the planet. She's proud to work for an organization that provides an inspiring visitor experience while keeping conservation and education at the forefront. She received her B.S. in Marine Biology from the College of Charleston. Refreshments - 7:00 PM Program - 7:30 PM Location - Lake House

All Seabrook Island residents and guests are welcome. There is a \$5 donation for non SINHG members. Information about future programs and SINHG membership can be found at the SINHG web site: [sinhg.org](http://sinhg.org).



  
**Respite Care**  
 CHARLESTON  
 DEMENTIA & ALZHEIMER'S SUPPORT

**13th Annual Golf Tournament**  
 April 3, 2017

Respite Care Charleston announces the 13th Annual Respite Care Charleston Golf Tournament at Seabrook Island on April 3rd. This annual fund raising tournament is sponsored by the Doscher Family in honor of Betty Cannon, a long time participant in the Respite Care program.

Golfer and sponsorship slots are still available for this enjoyable tournament at Seabrook Island Crooked Oak golf course. For the cost of a single green fee (\$150 per golfer) enjoy lunch, refreshments and dinner in the Atlantic Ballroom at the Seabrook Island Club. After golfing for the day enjoying the ocean views, sit back and relax with other tournament players and guests with a casual dinner. Golfers, teams and sponsors can register by contacting Program Coordinator, Jennifer Hartig at 843-408-5243 or email at [Jennifer@respitecarecharleston.org](mailto:Jennifer@respitecarecharleston.org).

**Tournament Schedule of events:** Registration begins at 11:00 am followed by a Putting Contest at 12:00 pm. Shotgun start begins at 1:00 pm with a reception and awards following completion of play (around 5:30 pm). This event is rain or shine.

**About Respite Care Charleston:** Respite Care Charleston is a non-profit organization that strives to improve the quality of life for individuals and families coping with Alzheimer's disease and other de-



(L-R) Ken Darby, Ed Maher (aka Ben Hogan), Dick McGuire and Chris Byczek at 2016 event

mentias. Respite Care Charleston provides social day programs, support groups for early stage Alzheimer's, disease, and caregiver support groups for individuals and families affected by memory disorders. Participants in their respite programs enjoy memory stimulating socialization, music therapy and gentle exercise. Family caregivers can benefit from a much-needed break by taking their loved ones for the activity filled day programs. Respite day programs are available each day of the week at locations throughout the Charleston area. Respite Care Charleston is located at 1605 Harbor View Road, Charleston, SC 29412. To learn more about Respite Care Charleston phone 843-647-7405 or visit them at [www.respitecarecharleston.org](http://www.respitecarecharleston.org).

**On Wine**  
 Michael Morris



As we wrap up our discussion of wine bottle closures, the reason for such a discussion was driven home for me a few weeks ago. A small amount of Domaine Huet Vouvray arrived in South Carolina. I jumped at the opportunity to buy a few bottles, but only a few. Huet Vouvray isn't cheap and I don't necessarily have the customer base to sell much \$100 Vouvray. When I received the three bottles, I immediately stuck one on ice. 15 minutes later I retrieved the bottle and opened it with anticipation. I was about to try a benchmark wine from a stellar vintage. Upon removing the cork, I raised it to my nose to give it the customary smell check. "Damn! Corked!". Luckily I still had two more and immediately stuck another bottle on ice but it reminded me of the frustration that TCA can bring. My frustration would have been much worse if I had laid these bottles in a cellar and received this news 15 years from now.

This experience really drove home the positives and negatives of natural cork. I will be the first to admit that there is an excitement in the ritual of pulling the cork from the bottle. As I slowly removed the long cork, beautifully inscribed with the Huet name, I felt a sense of anticipation, like the anticipation that comes with unwrapping a present. However, the disappointment that comes with realizing the wine is corked is far worse than realizing that Grandma got you another hideous sweater.

If we can get rid of these disappointments, shouldn't we? Is the preservation of a ritual, even one that I enjoy myself, worth it, if this is the outcome 5%-10% of the time? Cork is a great closure for wine bottles, but the risk of TCA and the inconsistencies of cork (if you have seen a photo of older wine, you will notice variability in the amount of wine in each bottle even though they are from the same case and stored under the same conditions) beg us to examine alternatives.

About a decade ago, wines closed with screw caps started to become more prevalent on the market. Understandably they were met with resistance from fine wine drinkers. Screw-

caps removed the pomp from the opening ritual and replaced it with the same action that one uses to remove the top from a 20oz. bottle of Coca-Cola. Even if wine drinkers are able to get past this, we have learned that there are a couple of major problems with the screw cap. When it is new, it doesn't allow enough oxygen to get to the wine which can cause its own set of problems. As it ages, we have found that the closure begins to degrade and fail. It has become accepted that the screw cap may be OK for wines that are meant to be drunk young, but it is not suited for wines that we intend to age.

The newest entry into the discussion comes from a company called VINO-Seal out of the Czech Republic. It is made from glass with the seal coming from a polymer made by Dupont that promises ideal oxidation with no degradation. It has only been around for about a decade but tests run by reputable wineries have produced outstanding results in both the wines maintaining freshness and consistency in the quality of the seal. The main problem with the glass closure is its cost. As of now, sealing a bottle with the glass closure must be done by hand. Also, the closure weighs more than a cork and adds to the shipping costs incurred by the winery. These expenses make it slightly more expensive than the most premium of corks. Thus any wide scale adoption of the glass closure will be predicated on bringing these costs down. It also will need to overcome the natural resistance to altering the revered practice of extracting a cork with a corkscrew. I will be the first to admit that in the tech heavy world we live in, opening a bottle with a corkscrew as people have done for hundreds of years, is highly satisfying. However, is that ritual worth holding onto knowing we are subjecting ourselves to what can be quite expensive failures?

There are wineries who are now bottling their flagship wines with glass closures. The wine world will be watching the results every step of the way. I hope that they prove to be very successful.▲

**DISASTER RECOVERY COUNCIL AT WORK FROM TOWN HALL**



On January 5, the Town's Disaster Recovery Council conducted the first of two half day sessions relating to hurricane emergency response. Representatives of SIPOA, the Club and St. Christopher Camp & Conference Center took part along with Town officials. Presentations were given by Charleston County Sheriff's Office with the South Carolina Highway Patrol; South Carolina Emergency Management Department; and, Charleston County Emergency Management Department. The following are considered matters of interest to our residents that came to light during that session.

**Traffic Control**  
 Traffic congestion is a factor considered by law enforcement for directing traffic to allow evacuation routes. Because congestion during evacuation for hurricane Matthew remained manageable without extraordinary control, officers manning traffic control points were able to exercise discretion to allow motorists to divert from evacuation routes. While traffic congestion was less in this event, residents are reminded of the recommendation to evacuate early to ensure flexibility en route to their desired evacuation destination.

The extent to which primary and secondary roads are "passable" is a key consideration in establishment of so-called "access check-points" following passage of a storm for which evacuation has been ordered. A resource for regularly updated road condition information is the South Carolina Department of Transportation's "511" ([www.511sc.org](http://www.511sc.org); mobile device "app" available at "App Store"). Residents can use this resource to determine road conditions on their expected return route from their evacuation location.

Debris was cleared from roads into our community relatively quickly following passage of hurricane Matthew and it was determined that access check points in our area were not re-

quired. Nevertheless, before SIPOA's security officers returned from evacuation, Charleston County Sheriff deputies conducted patrols of Seabrook Island. The Disaster Recovery Council was informed that during that period there were numerous alarms from residential security systems. Since, with power out and residents evacuated, alarm system vendors who monitor alarms were not able to advise law enforcement to ignore false alarms, Sheriff's deputies were required to respond. Users of residential security systems are urged to learn the best way to prevent generation of alarms by their systems under circumstances where extended power outages can be expected to exhaust battery back-up power.

**Governmental Financial Aid**  
 The Mayor reported to the Disaster Recovery Council that, following hurricane Matthew, the Town received inquiries from residents about Federal Emergency Management Agency (FEMA) assistance for individuals. FEMA provides such assistance under the umbrella of its "Individual Assistance Program" ("IAP"); a background fact sheet is available at: [https://www.fema.gov/media-library-data/1461689021638-cicfd7f6c263635802fa7a76a19e00ea/FS001-What\\_Is\\_Individual\\_Assistance\\_508.pdf](https://www.fema.gov/media-library-data/1461689021638-cicfd7f6c263635802fa7a76a19e00ea/FS001-What_Is_Individual_Assistance_508.pdf).

FEMA's IAP provides financial aid for: housing assistance (temporary housing and housing repair or replacement) and "other needs assistance" such as: medical and dental expenses; funeral and burial costs; vehicle repair or replacement; and, moving and storage expenses. Conditions of financial aid include:

- Disaster assistance is limited to those in a declared disaster area whose essential property has been damaged or destroyed and whose losses are not covered by insurance. Disaster survivors are encouraged to apply for aid so that a determination of eligibility for aid can be made by FEMA.
- Assistance is available to U.S. citizens, non-citizen U.S. nationals and qualified aliens (legal permanent residents; refugees; or grantees of asylum).
- Disaster housing assistance is not intended to substitute for private recovery efforts, but to complement those efforts when needed. FEMA expects minor housing damage or the need for short-term shelter to be addressed by homeowners or tenants.

Furthermore, the Disaster Housing Program is not a loss indemnification program and does not ensure that applicants are returned to their pre-disaster living conditions.

It is an applicant's responsibility to provide all documentation necessary for FEMA to evaluate eligibility. Applicants may need to provide proof of occupancy, ownership, income loss, and/or information concerning their housing situation prior to the disaster. Applicants should keep all receipts and records for any housing expenses incurred as a result of the disaster. This includes receipts for repair supplies, labor, and rent payments.

If an applicant has insurance, any assistance provided by FEMA should be considered an advance and must be repaid to FEMA when an insurance settlement payment is made to the aid recipient. If the settlement is less than FEMA's estimated cost to make a recipient's home habitable, FEMA funds may be allowed to supplement the insurance settlement, but only for repairs relating to the home's habitability. FEMA does not provide replacement value amounts or assistance with non-essential items.

An on-line facility to: i) obtain personalized information about FEMA individual assistance that may be available (using an anonymous questionnaire); ii) apply for FEMA individual assistance; and, iii) to check on the status of a FEMA individual assistance request can be found at: <https://www.disasterassistance.gov>

As has been reported, the Town has submitted a so-called "Request for Public Assistance", essentially an application to FEMA for reimbursement of costs incurred in consequence of hurricane Matthew. The Town's itemized costs include protective measures at Town Hall, debris clean-up from Town property and costs incurred by Seabrook Island Utility Commission to keep the sewer system lift stations operating and to repair damage to the water system. Since submitting the application, representatives of the Town have met with FEMA representatives and have participated in a "site visit" allowing FEMA representatives to improve their understanding of the nature of damages sustained. FEMA's review of the Town's application is ongoing.



KIWAH-SEABROOK EXCHANGE CLUB NEWS & UPDATES  
**ANGEL OAK AWARD**



**Shirley Salvo**  
 The Kiawah-Seabrook Exchange Club recently announced that Shirley Salvo has been selected as the 2016 recipient of the club's Angel Oak Award. The award was established in 2012 29412. To learn more about Respite Care Charleston phone 843-647-7405 or visit them at [www.respitecarecharleston.org](http://www.respitecarecharleston.org).

and/or Seabrook Island. The award is named after the historic tree on Johns Island which clearly represents the people, culture, and natural environment of the islands.

Ms. Salvo is the Founder/President of the Sea Islands Hunger Awareness Foundation (SIHAF) which is a 501c3 charitable organization whose mission is "fighting island hunger with healthy food and clean water one meal at a time." The foundation provides monetary support to local organizations including Backpack Buddies of Seabrook, Hebron Zion Emergency Food Pantry, Meals on Wheels of Charleston, Meals on Monday at Rockville Presbyterian Church, Sea Islands Blessing Basket, and Sweetgrass Garden. These organizations work daily, weekly, and monthly to ensure that consistent dependable sources of food reach Sea Islands residents. Approximately 3,700 residents of Johns and Wadmalaw Islands exist at or below the poverty level and need ongoing food assistance. The main source of funds for SIHAF is the very successful annual Gullah Celebration at Freshfields which raised over \$200,000 in the last two years. Ms. Salvo is the chief organizer of the event which among other things requires arranging the venue, raising funds, and recruiting volunteers. Ms. Salvo has widened SIHAF's mission by creating the Water Wellness Mission, Frierson Elementary School Gardening Project, and Crockpot Cooking Classes.

In addition to her work with SIHAF, Ms. Salvo is the local coordinator of Case for Smiles which is a national project that provides bright, colorful, and whimsical pillowcases for children at the Medical University of South Carolina. For five years she was the Chairperson of Noah's Ark Children's Ministry which provided Easter outfits for needy girls on Johns and Wadmalaw Island. She is also a very engaged participant in the daily activities of the Church of Our Saviour located on Johns Island.

Ms. Salvo is a life-long resident of South Carolina. She was born in Summerville and attended Summerville Public Schools. She was an All State basketball player and received numerous awards for her athletic skills. She was inducted into Summerville High School's Hall of Fame in 2002. Shirley has a BS and MAT from Winthrop University in Rock Hill, SC.

She was as a middle school science teacher in the Summerville Public Schools and was honored as Oakbrook Middle School's Teacher of the Year in 1990. She arranged annual visits for 150 students to the Barrier Island Environmental Center on Seabrook Island for 15 years. Shirley describes this as a life changing experience for many of her students. She also served as lead teacher for many years and retired after 35 years of service.

She was married after college and raised two children. Her daughter Leisa is married to Todd Gac and they have one son, Alex who is 12 years old. Her son Vince is a computer/electrical engineer and lives in Tampa, Florida with his wife Lara. Shirley has been a resident of the Town of Kiawah for the past 15 years and has loved every minute of her retirement.

Ms. Salvo will be recognized at a dinner dancer to be held on April 5, 2017. The recipient receives a \$5000 honorarium which Ms. Salvo has designated for assignment to the Sea Islands Hunger Awareness Foundation. Former Charleston Mayor Joe Riley will be the dinner speaker. Guests are welcome to attend the banquet for a \$50 fee. Anyone wishing to attend should contact Roger Steel at 843-768-7166 or [vivrog@bellsouth.net](mailto:vivrog@bellsouth.net).





**C.O.V.A.R. CORNER**

ALLAN KEENER

**Council of Villa Associations and Regimes Information**  
Open Letter to all Seabrook Island Property Owners, Guests and Visitors  
FEBRUARY 2017

COVAR's next meeting will be at 10 AM on Saturday, March 11, 2017, in Live Oak Hall at the Lake House. It will be a departure in format from our recent quarterly meetings. It will consist of a roundtable of the 41 association/regime presidents and the COVAR Board followed by comments from other interested owners attending the meeting. This format is designed to give the presidents and the board an uninterrupted opportunity to discuss matters of mutual interest and concern while providing the other attendees an opportunity for input from the floor for consideration by the principal attendees. A list of issues identified from online "conversations" over the past two months will be provided to each president well in advance of the meeting.

While there will be opportunity for input from other attendees at the end of the roundtable, it is suggested that villa owners who wish to have specific issues discussed, provide them to their respective presidents for consideration and recommendation for inclusion in the list of issues.

One significant issue to be discussed is whether the COVAR Description needs to be updated/ revised to ensure that it fully addresses the current needs of its membership, which includes the owners of over 1316 properties governed by associations or regimes, or about 50% of all residential properties within the Town of Seabrook Island, typically referred to as "villa owners." Over 85% of these villa owners are part-time residents of Seabrook Island. The pertinent portions of the description follow:

**COVAR History**  
COVAR was established in 2001 to (1) provide a forum for villa owners to discuss common concerns and (2) represent the interests of villa owners, both full and part-time residents, in matters involving the Seabrook Island Property Owners Association (SIPOA), the Town of Seabrook Island (TOSI) and the Seabrook Island Club (SIC).

**COVAR Organization**  
COVAR consists of forty-one member associations/regimes. Each is represented by its president or designated representative. Each president/representative is a voting member of COVAR. The names and contact information of all COVAR representatives are on the COVAR Membership Roster which is widely distributed to property owners and organizations on Seabrook Island. Individual villa owners are encouraged

to contact their association/regime representative about issues concerning their property or other situations of concern to villa owners.

The COVAR Board consists of its elected officers: President, Vice President, Secretary and Treasurer. There are appointed Chairs of Membership, Town Affairs, Planning Affairs, Special Projects and Safety Affairs. COVAR officers are elected for one-year terms.

**COVAR Meetings and Communications**  
COVAR's work is accomplished through (1) meetings and correspondence with SIPOA, TOSI officials and SIC, (2) communications among COVAR representatives and (3) published publications, research and surveys and the monthly "COVAR Corner" in the Seabrooker.

COVAR presidents/representatives meet quarterly at the Lake House on the second Saturday of March, June (if required), September and December from 10 AM-12 Noon. Meeting dates are publicized in the Seabrooker, in the SIPOA E-blast, and on the Tidelines Blog. Minutes of COVAR meetings are sent to COVAR presidents/representatives and are published in the Seabrooker. Many association/regime presidents/representatives forward COVAR information to their constituents by e-mail. The COVAR Board meets in the months in which there is not a COVAR quarterly meeting.

**Participation in COVAR Activities by Villa Owners**  
Villa owners are encouraged to attend COVAR meetings and participate fully in the consideration of villa issues. Villa owners may discuss and convey their concerns to their association/regime president/representative for consideration by COVAR.

If you have input concerning the need to update/revise the COVAR Description, please provide it to your respective association/regime president and to me at allanwkeener@bellsouth.net. This will ensure that an informed decision is made in determining the future course taken by the COVAR Board.

**CORRECTION:** The subheading for COVAR Publication #1, featured in this column last month, should have read "January 10, 2017 Update." My apologies for any confusion that this oversight may have occasioned. ▲



**"Trending Green"**

GALA REMINDERS

**Sunday March 12, 2017**

Doors open at 5 PM  
Silent Auction closes at 6:30  
Dinner begins at 7 PM  
Live auction and Games Follow

Bring your checkbook, credit card, or preferably your POA/Club Card to bid on auction items or to purchase a grab bag. BUT, do not forget your cash for the Heads and Tails Game. The beads remain \$20 for a chance to win a large jackpot. Come in a thirsty, hungry and generous mood ready for some friendly competition for the benefit of our Island's Green Space.



**An Evening In Julia Child's Kitchen**

A new item in this year's silent auction is a French dining experience, inspired by Julia Child, being offered by Beth and P.J. Nichols. Think Fruits de Mer, Beef Wellington, Foie Gras, Fromage de France, and Mousse au Chocolate, and the wine, oh, the wine!!!!

Patrick and Beth served in the U.S. Diplomatic Corps for 25 years, with postings in Krakow and Warsaw, Abidjan, Belgrade, Bonn, and lastly, Munich. Buying meat, fresh fruit, vegetables and locating good wine proved to be quite a challenge in several of these posts.

joys cooking many different types of cuisines but there will always be a soft spot in her heart for French cuisine.

P.J., for his part, was a frequent participant in weekend outings to peasant markets in Poland, Ivory Coast and Yugoslavia, where a knowledge of the local tongue was essential. One of our favorite providers was our "Goose Lady" from the Vojvodina who would sell us her most fresh and delectable foie gras along with plump and flavorful fresh geese and duck. P.J. also spent a lot of time searching out the best wines available with surprisingly

good results in Slovenia, Croatia, parts of Serbia, along with those two great wine cultures, France and Italy. He became a real fan of world wines after the stunning victory of California wines in the 1976 Wine contest against the best French Grande Crus (immortalized in the film "Bottle Shock").

We hope you will consider joining the Nichols in their offering of a French, multi-course wine dinner for eight guests, featuring recipes from Julie Child's kitchen. They will be sharing some fun food tips, wine facts, and food stories.▲



P.J. and Beth Nichols



**ATTENTION Scotch Whisky Lovers!!**

whose mission is to provide its members with an adventurous and fun journey of discovery into the world's widest collection of single cask whiskies. The Society's selections are made by an expert and independent tasting panel focused on quality and interest. The tastings are performed with no information on age, origin, or cask type. Then the selections deemed worthy of the Society's iconic green bottle are chosen because they are ready to be enjoyed, whether young or old, Highland or Lowland, sherry cask or ex-bourbon.

Society whiskies are bottled at cask strength and are not subject to chill filtration or any other interference. The result is a dram that tastes as if it were straight from the cask. Often the Society's selections are from "silent" distilleries that are no longer in operation, giving members the opportunity to taste whiskies that may otherwise be gone forever. The bottom line is that

the green bottle is always a mystery worth the quest and nothing you can find anywhere but from the Society.

Win the bidding in the silent auction and you can take home a green bottle from Cask No. 26.117, named "Silky Smooth Sundowner." This pale straw spirit is considered "more delicate" and a "whispering dram" with "elegant aromas" and a taste that is "grippy, teeth coating, like smoking vanilla and orange flavoured tobacco" that with a drop of water gives way to "Tartocro orange, eucalyptus and sage hand cream."

This 14-year-old Scotch malt whisky spends its first 13 in a refill hogshead and is then transferred into a Saunternes cask for the remainder of its maturation. Only 90 bottles were allocated to the US, priced at \$160.

Don't miss out on this auction item and your chance for a "wee dram at sundown to put away the day."▲



One thing is safe to say about Scotch Whisky, you either love it or you don't. If you are part of the crowd who does enjoy a dram now and then, you're probably passionate about your Scotch. This year you can channel that passion into bidding on a special bottle of Scotch being offered in the silent auction at the Green Space Gala. The Scotch Malt Whisky Society is an international club like no other,

**Turtle Patrol Prepares for 2017 Season**

Kick Off Meeting and New Member Orientation May 6th

The next Turtle Patrol season is just around the corner and the Patrol Leadership Team is already busy planning and organizing for 2017. Last years' 60 nests, 6,545 eggs and 4,990 hatchlings kept the 150 Patrol members busy. But they're all hoping for more in 2017.

The 2017 Turtle Patrol Season will begin with the New Member Orientation and Kick-Off Meeting on Thursday, April 6th. The New Member Orientation will be held in the Osprey I conference room at 6:15 PM and the Kick-Off Meeting will be held in the Live Oak Hall at 7 PM. The New Member Orientation provides an overview of the Seabrook Island Turtle Patrol activities and the Kick-Off Meeting allows members to sign up for the various volunteer opportunities offered by the Patrol.

**Volunteer Opportunities**

As always, there are many opportunities to volunteer. Here are some of them:

- Walkers - walk a section of the beach on an assigned day
- Inventory Team - assist in inventorying hatched nests
- Social Committee - assist with Patrol Social functions
- Education Committee - Help prepare and deliver educational materials
- Pre-Hatching Activity Team - maintain nests due to hatch

The purpose of the Seabrook Island Turtle Patrol is to protect and preserve the sea turtles that visit our beaches. In order to accomplish this, members



of the patrol walk the beaches every morning during the nesting and hatching season. The season typically runs from May until October. Generally, the beach patrols begin (appropriately) on Mothers Day. During these walks, members identify and locate nests. The nests are then protected with screening and are recorded and monitored. When evidence of hatchlings occurs and sufficient time has passed to allow all hatchlings to emerge on their own, the nest is inventoried to collect data for the South Carolina Department of Natural Resources. Since 1990, the Seabrook Island Turtle Patrol has identified over 850 nests on

our beaches and the number of nests has been growing. During the last 26 years sea turtles have deposited nearly 100,000 eggs on Seabrook Island and over 75,000 live hatchlings started their life journey on Seabrook Island sand.

To learn more about the Seabrook Island Turtle Patrol and how you can help, go to the Patrol web site, siturlepatrol.com or check out our Facebook page under Seabrook Island Turtle Patrol. You can also contact Patrol Leaders Terry Fansler at [terry@carettasway.com](mailto:terry@carettasway.com) or Beatusie Zahn at [beatusie2@gmail.com](mailto:beatusie2@gmail.com) with any questions.



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# Our Beloved Loggerheads Are Not The Only Turtles On Seabrook

Most Seabrookers are aware of the work done by our Turtle Patrol every summer to preserve and protect sea turtles, mostly Loggerheads. The season begins in May with the first mother's crawl to lay her eggs and usually ends in September with the last nest hatching. Over 150 people were involved in the Turtle Patrol in 2016 and we were acknowledged by the South Carolina Department of Natural Resources for giving the most volunteer hours of any group in the state. If you have not participated and would like to learn more, watch for announcements for training which will occur in April. However, Loggerheads and other sea turtles are not the only species of turtle or *Testudines* to call Seabrook home.

The most visible turtle on our island is the Yellow Bellied Slider or *Trachemys scripta scripta*. They live in fresh water lakes and on warm sunny days can be seen basking on downed trees, on lake side banks or on the Palmetto Lake Platforms built for this purpose. Recently, members of The Seabrook Yacht Club (waterfront property own-

ers in the Lakes area) brought to the attention of the Environmental Committee that some of the trees used by the Sliders to bask were removed during Hurricane Matthew clean up. Members of the club started to investigate structures which would allow the turtles to easily sun themselves in their lakes. Happily, arrangements are being made to move some already downed Palmetto trees to designated areas of Loblolly Lake and Mallard Lake for our *Testudines* neighbors to use.

This discussion prompted us to learn a little more about our reptile neighbors. The Yellow Bellied Slider leads a nice life; they swim, sun then cool themselves, eat and sleep. As reptiles, they have lungs and are cold blooded. Much of their time is spent regulating body temperature, cooling in the water then warming up in the sun. When the Seabrook weather is cold, they spend their time underwater. The Slider's respiration slows down in the cold and their lungs can extract dissolved oxygen in the water. They do surface briefly to breathe in

air, but can stay underwater for long periods of time. Sliders are omnivores, the young tend to eat more insects or consume the remains of dead fish. Mature Sliders prefer a more vegetarian diet.

Frequently, on Palmetto Lake, Sliders can be observed basking side by side with an alligator. Yes, alligators do eat turtles and anything else. However, being cold-blooded animals with slow metabolisms they only eat when hungry. During the cooler weather they rarely eat. The turtles are just taking advantage of the odds that the gator just finished a large meal and won't bother them on this nice sunny day.

Seabrook also hosts a close "relative" to our Yellow Bellied Sliders, the Red Eared Slider or *Trachemys scripta elegans*. Years ago, these were the little turtles that were sold for pets. Perhaps, you had one which lived in a small plastic pond, with a ramp up to an island, complete with a plastic palm tree. They never seemed too happy or live very long in their plastic and chlorinated homes. At some point, these reptiles were found to carry salmonel-



PHOTOS BY RAY HOOVER

la and are no longer sold. Dogs, cats or even hamsters made much better pets anyway.

Knowing these characteristics of our *Testudines* neighbors we can keep them healthy and happy by protecting their lake habitat. Allow downed trees or limbs to remain in the water for basking and leave vegetation on the banks for nutrition. It is also important to maintain clean and well-oxygenated lakes and ponds.

There are other, less conspicuous turtles that can be found on and around Seabrook. They include the Eastern Box Turtle (*Terrapene carolina carolina*), Musk Turtles (*Sternotherus odoratus*), Mud Turtles (*Kinosternon*), Florida Soft-shell (*Apalone ferox*) and the protected Diamond Backed Terrapin (*Malaclemys terrapin*), there are also other species. The Eastern Box Turtle can be found in wooded areas and may even enjoy a puddle or the shallow edges of waterways. Musk and Mud turtles, as their names indicate reside in watery, marshy areas. The Musk Turtle is nocturnal and surprisingly, can even climb up into a tree. These species are not protected by any state agency, however we can protect their habitats by keeping our wildlife corridors protected and water areas clean and litter free.

The Florida Soft-shell turtle is found in freshwater lakes and rivers water surrounding Seabrook. This

aquatic turtle does not have a hard shell like most other *Testudines*. Like our Sea Turtles, their head and limbs obviously cannot retract into a shell for protection.

The Diamond Backed Terrapin can be found in brackish water, the only species of turtle that is known to be found in this habitat. At this time the Diamond Backed Terrapin is being protected by SCDNR and other organizations such as The South Carolina Aquarium. The population diminishment has largely been caused by human behaviors. These turtles were caught and used in turtle soup in years past, now they are no longer used this way. It has also been determined that unattended crab traps have contributed to the lessening population. Studies are being done to determine the best design for traps used by commercial crabbers. Recreational crabbers should frequently check their traps for these terrapins. Additional research on Diamond Backed Terrapins and their habitats is being done on our next door island, Kiawah by the SCDNR.

Living on Seabrook gives us ample opportunity to observe and enjoy the wildlife that shares our island. It is our responsibility to thoughtfully preserve and protect and even enhance the habitats of our neighbors, after all they were here first.





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# Seventeenth Annual Kiawah Island Art and House Tour

Friday, April 7, 2017

The seventeenth annual Kiawah Island Art and House Tour, sponsored by Arts, etc., offers visitors a rare glimpse into the art and architecture of several private homes on Kiawah Island. This year five spectacular homes in the gated community will be open for public viewing, each with their own unique style. The tour takes place on **Friday, April 7th from 1 to 5 pm.**

Each home is uniquely designed, whether on the river, marsh or ocean. One home has an extensive art collection that includes renowned worldwide artists as well as local artists.

Another home is constructed in the newly opened Ocean Park and is home to an artist with her own studio on-site. The architectural styles are particularly unique this year.

**TICKETS**

Advance tickets are \$55. Each and be purchased at [Kiawahartsetc.org](http://Kiawahartsetc.org), the Kiawah Freshfields Real Estate Office and the real estate office located in the Sanctuary Hotel. Advance tickets purchased must be exchanged for a tour brochure at the Square in Freshfields Village the day of the tour. Freshfields Village is located at the corner of Betsy Kerrison and Kiawah Island Parkway. Come early and enjoy shopping and dining discounts at the Village and/or the Sanctuary on the island.

Proceeds from the event support the non-profit organization, Arts, etc. whose purpose is to support arts programs on Johns and Wadmalaw islands. The majority of fund raising for Arts, etc. is realized by the Kiawah House and Art Tour.

**ARTS, ETC.**

Arts, etc. is an organization of Kiawah women committed to supporting the arts. The organization was founded in 2001 as Gibbes, etc. and in the summer of 2014 we transitioned to Arts, etc. Through this transition they have become an independent charitable 501 (c) -3 organization. Their purpose is to raise funds to support the arts in the greater Charleston community. Monies raised are distributed at the organizations discretion. In recognition of our continuing support of the Gibbes Museum of Art, they continue to support the museum as well as other organizations.

**FEATURED TOUR HOMES**

**The Preserve**

The dominant characteristic inside this classic shingle style home is craftsmanship, which starts with the thoughtful design and use of space. This carries through the exquisitely rendered details of interior architect-

ture, and finishes with the display of beautiful works from many of the Lowcountry's finest artists. As you enter the glass-etched doors, you will see an entry table built from iron with whimsical features. Local artisan, John Boyd Smith, designed and built the table, as well as several fireplace screens and the magnificent stair railings. The first floor has a number of unique features including the hammered copper sinks in the bar, food prep areas and backsplash; the screened porch with outdoor kitchen; and the large home office with a medallion of a compass inlaid on the floor. Do not miss the "serenity room" closed off from the rest of the house. It features a waterfall and pesky cypress walls as well as folding glass windows that overlook the hot tub. There is access to lower deck space covering the width of the home and the infinity pool.

The second floor hallway has evolved into an art gallery with many interesting features. At one end there is a pedestal with a blue heron statuette. The pedestal is actually a screw from an 18th century apple press. The homeowners decided to name the guest rooms and in doing so designed each room thematically. The "Heron Room" has a pillow featuring a heron made from a piece of antique British tapestry. In the bathroom, note the tile design, again a heron. As you exit each of the named rooms, there is a painting that captures the theme. The "Oak Room" has oak floors unlike the walnut flooring throughout the rest of the house. There is a Benham photograph of an oak tree and a large oak paneled bed.

**Vanderhorst Plantation**

The owners of this home have lived and traveled extensively throughout Europe, but primarily in Prague and London. Their collection of contemporary paintings showcases their travels. The lighting fixtures are particularly notable with all of the glass fixtures from Prague and the ironworks from England. A lighting designer used LED directional lighting throughout which complements the artwork and can be manipulated to provide just the right setting! There are expansive views of the ocean from decking across the rear of the house, which overlooks the 14th hole of Turtle Point. When you enter the home, there is a ceramic-based table and mirror that appear to be mussel shells so that you immediately get the feeling that you are at the shore.

The kitchen features state of the art appliances from the German firm, Gaggenau. A local artisan from Folly

Beach designed and installed the cabinetry. Of note is that all of the cabinets and bathroom fixtures are raised off the floor, which is consistent with the European "minimalist" movement and provides easy access for cleaning.

**Ocean Front**

When visitors enter this magnificent home, they are welcomed into an open space living area with views of the Atlantic Ocean. The home features nine fireplaces including two that grace the outdoor living spaces. One of the unique features is that there are curved walls throughout. It is a rarity if you find any space that has linear walls. The home is an eclectic mix of American, English, Turkish, Italian, French African and Indonesian furniture, antiques and art reflecting many cultures and styles. Particular attention was given to the selection of tribal rugs and interesting and diverse lighting fixtures.

The mixture of architectural elements reflects the owners' interest in stone, tile, wood and plaster. Every detail was studied to create a warm and casual atmosphere. The tiles are particularly beautiful and unique. Don't miss the "Eagle's Nest" on the fourth floor that leads to rooftop decking. There are spectacular views.

**Ocean Park**

This is a one of a kind contemporary home located in Ocean Park, one of the newest neighborhood additions to Kiawah. At the entrance of the home there is a large ceramic pot by Mark Hewitt, an English studio potter well known for his wood-fired salt glazed pots. As you enter the home, the stairs to the right lead to a two-bedroom guest suite with all the amenities a guest would desire. On the main floor, there is a large open spaced living area with beautiful views of the marsh and river. The living area incorporates the kitchen with high gloss cabinetry designed by Morgan Creek Cabinet Company in Georgia. Note the metallic black splash, which makes quite a statement.

On the second floor, there is again an open-spaced den area which including a porch, which creates a wonderful outdoor living space. The den leads into the master bedroom suite with expansive closet and bathroom space. The floors throughout the home are made of reclaimed oak from France and are blended seamlessly. The stairs are made from antique French beams complete with wormholes. The homeowner's have an extensive collection of mid-century modern art. Do not miss the artist studio equipped with

everything the homeowner needs to paint. The barn doors add an interesting touch.

**Rhett's Bluff**

Situated on the Kiawah River this beautiful home is approached via a curved drive leading through a carriage house, detailed as a barn, to the parking court. Only wispy grasses and evergreens including live oaks, cedars and pines, compose the yard. This house draws from English country house antecedents with English yorkestone accents, buttresses, shingled facades and late Victorian light fixtures. Most rooms have views of the central garden's flowers and fruit trees. Collections of art, oriental carpets, and painted 18-19th century European furniture are found throughout.

Reclaimed oak beams add informality to this new riverfront home. Fea-

tured are works of Charleston artists Linda Fantuzzo and the late Manning Williams, including many lowcountry landscapes. Watercolors, etchings, and pencils by Alfred Hutty, a leading figure in the Charleston Renaissance, vie with large pastels by Elizabeth O'Neill Verner. Another "Renaissance" artist, she is known for capturing the personalities and dignity of African-American flower ladies during the Depression. Dozens of vivid pastels by the renowned Wolf Kahn are included in the collection. Kahn is considered America's greatest colorist, and at 89 is still actively painting in New York City.

For more information:  
 Contact Carroll Dunn at 301-404-6605, [sepcd13@gmail.com](mailto:sepcd13@gmail.com)



The Preserve



Rhett's Bluff



Ocean Front



**Mark Horton**

The Seabrook Island Artists Guild is delighted to host a two-day workshop on "Impressionist Painting" by Mark Horton, on March 23-24. Mark's workshops are quite popular and space is limited. The cost of the workshop is \$175 for members; \$200 for non-members. Payment is due at the time of registration with Pat Van de Graaf ([pvdegraaf@aol.com](mailto:pvdegraaf@aol.com)).

Mark Kelvin Horton was born and raised in rural North Carolina. After graduating from East Carolina University School of Art in 1983, Horton moved to New York City to begin a career in advertising and design. He carried with him the dream of someday becoming a painter. Eighteen years of living in New York were spent working as a creative director in various advertising agencies and eventually founding his own design company. Those years also provided an invaluable opportunity for Horton to view and

study first hand the seemingly endless number of masterworks of art in the city's museums and galleries. Horton became particularly fascinated with the works of George Inness, Herman Herzog, Frederick Church and the tonalist photographer, Edward Steichen, as well as the romantic landscapes of the Hudson River School painters. The experience had a profound effect on his artistic development.

During his years working as an artistic director and designer, Horton continued to nurture his "fine art side", drawing, sketching and painting whenever he had the opportunity. But in early 2001 Horton made the decision to devote himself full-time to painting. He left New York City and returned to his Southern roots, moving to Charleston, South Carolina.

Horton strives to paint beyond a literal interpretation of a landscape. His paintings portray nature in a way that reflects his own ideas and sensibilities while capturing the spirit, color and changing light of a place. Mark is particularly fascinated with the effects of light and weather upon the landscape.

Horton's paintings hang in numerous private and corporate collections and he is the recipient of multiple awards and recognitions. Mark's work can be viewed at [www.hortonhayes.com](http://www.hortonhayes.com)



**Sherri Bardsley, Animal Painter**

"I have always loved animals, having had numerous pets since a young girl. Most of my paintings feature wildlife or pets. Nothing gives me greater pleasure than to have the ability to paint someone's pet for them, giving them a lasting memory."

A Charleston native, Sherri Bardsley, has lived in the LowCountry all of her life. Sherri has worked in watercolor, oil, and charcoal. Oils have become her medium of choice. She took a few art classes in high school and college, but never thought it could become a career. After retiring from professional life, she quickly returned to art. She has been studying with several local and nationally known artists such as Gene Bekaert, Charles Parnelle, Connie Olson and Kathleen Wiley to refresh and expand her skills.

"A lifelong resident of the Charleston area, Sherri Bardsley works in watercolor, oil, and charcoal, specializing

in animals and LowCountry scenes. Sherri has found a way to express her love for animals and share it with others as she paints very detailed and realistic pet portraits.

Sherri is an exhibiting member of the Charleston, Goose Creek and Summerville Artist Guilds. Over the years, Sherri's talent has received



For more information on the Seabrook Island Artists Guild events, classes, workshops, and membership, please visit [www.seabrookislandartistsguild.com](http://www.seabrookislandartistsguild.com)

**Seabrook Island Artist Guild March 2017 Calendar**

**March 2, 2017** - Bob Lefevre's "Painting Water" Workshop 1:00-3:00pm, Eagle's Nest, the Lake House • Register with Gary Kunkelman ([garyk1@comcast.net](mailto:garyk1@comcast.net)) • Free

**March 7, 2017** - Tina Mayland's "Step Up your Painting Results" Workshop 1:00-3:00pm, Eagle's Nest, the Lake House • Register with Gary Kunkelman ([garyk1@comcast.net](mailto:garyk1@comcast.net)) • Free

**March 21, 2017** - Monthly meeting and guest artist demo: Sherri Bardsley, Animal Painter 2:00-4:00 pm, the Lake House • Paintings on display, Oak Hall, the Lake House, 11:00-1:30pm • Free and open to all

**March 23 -24, 2017** - Mark Horton's "Impressionist Painting" Workshop Oyster Catcher Community Center • Cost: \$175 for members; \$200 for non-members Space is very limited. Payment due at the time of registration - Pat Van de Graaf ([pvdegraaf@aol.com](mailto:pvdegraaf@aol.com))



# Seabrook Island Birders participate in Audubon's Great Backyard Bird Count



SIB Members enjoying a bird walk on North Beach during the GBBC - ED KONRAD

Seabrook Island Birders participated in the nationwide Audubon's Great Backyard Bird Count (GBBC) on February 17th through the 20th. In addition to members reporting their sightings in their own backyard, 36 individuals also joined at least one of the five bird walks scheduled on Sunday February 19 and Monday February 20 at various venues around Seabrook Island.

Venue	No. of Members	No. of Species
Jenkins Point	12	28
Palmetto Lake	13	28
North Beach	15	27
Equestrian Center	10	25
Crooked Oaks Golf Course	19	38
<b>TOTAL UNIQUE</b>	<b>36</b>	<b>74</b>

The next walk was at Palmetto Lake and the Lake House. An Osprey crossed overhead multiple times to allow good views of banking and turning. Nineteen (primarily juvenile) White Ibis also flew overhead. Two Black-crowned Night-Herons and a Green Heron were near the water to provide a better view as were the Pied-billed Grebes and Double-crested Cormorant. Not to be outdone by their feathered friends, two alligators posed intertwined on the platform with five yellow bellied sliders basking on the alligators' backs in the sun.



Green Heron on the bank of Palmetto Lake - CHARLES MOORE

After a brief break, the third walk was along North Beach. Not surprising, a different variety of birds was seen on this walk. It would be hard to pick a highlight of this walk but the Northern Gannet in the distance as well as closer views of Horned Grebe, Dunlin and 42 Lesser Scaup were all crowd pleasers. Of course seeing banded Piping Plover and American Oystercatchers were also winners.



Yellow-throated Warbler high in a pine tree on Jenkins Point - ED KONRAD

Sunday morning started at 8:30 am with the group car pooling along Jenkins Point to check out various lagoons and vistas. Among the 28 species seen, the group enjoyed watching a Yellow-throated Warbler have breakfast on a pine cone.

Sunday ended with a walk starting at the Equestrian Center and proceeding to the Garden and Maintenance Area. Eastern Bluebirds abound but bigger birds stole the show. Twenty-six (26) Wild Turkeys were gathered in one of the pastures. A Red-shouldered Hawk flew overhead then posed in a tree for pictures. As the group was leaving the Equestrian Center, a screech alerted of more activity and a picture of a pair of hawks mating was able to be captured. Continuing the big bird theme, a view into the holding pond past the maintenance area resulted in not only 25 Bufflehead but a rarer Common Goldeneye.

Monday ended the fabulous weekend with a "walk" in golf carts along the paths of Crooked Oaks Golf Course, closed to golfing for the day

for maintenance. The 19 participants split in to two groups for a friendly competition regarding who could find the most species. One group started at 18 and went backwards on the course while another started at one. Sightings were shared when the groups met at the Bald Eagle's nest on the hole #3. Unfortunately the Bald Eagle was not visible at that time but when one of the groups returned later, a mature eagle was watching over from above. A weekend high of 38 species was seen that morning with favorites that included the Wood Stork who appeared to be guarding over a 7 foot alligator along with the eagle mentioned above and an Eastern Towhee ground feeding near a feeder on the 17th hole.

Each walk saw American Crows (no surprise) and Yellow-rumped warblers

with most walks reporting Carolina Chickadees and Tufted Titmice. The total number of each species by walk is shown below. A great weekend of contributing to citizen science and the Great Backyard Bird Count.

Judy Mory



"Best friends - for now!" Wood Stork sitting next to an American Alligator - ED KONRAD

### Upcoming SIB Events

**Thursday March 9**

**9:00-11:00 AM**

Beginning Birding at Feeders with David Gardner

**Saturday March 18**

**8:15-1:00 PM**

Caw Caw Beginning Birding

**Thursday March 23**

**8:00-10:00 AM**

Learning Together at Lake House

New - SIB Ambassador Program

An experienced birder will visit your home to help you identify your backyard birds.

Visit our website to learn more!

**SAVE-THE-DATE**

**Wednesday April 26**

**7:00-9:00 PM**

SIB's Evening Program

Featuring Naturalist Rudy Mancke, co-host of South Carolina ETV's NatureScene

**Join/Renew**

**SIB Membership for \$10**

Visit our website or find information at the Lake House, Town Hall or Amenity Office to join!

[www.seabrookislandbirders.org](http://www.seabrookislandbirders.org)

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## HEALTHY AGING

Jerry Reves, MD

### SKIN AND AGE WHAT CAN WE DO?



Nothing shows our aging more clearly than skin. All one has to do is look at a young healthy 20 or 30 year old and compare the face, arm, leg or hand with a 70 year old and it obvious which one has the most mileage on it.

#### Normal Changes

The changes in our skin through the years are inevitable and progressive. I remember a brief conversation with mother on this topic when she asked me why I told her (most impolitely) that she was looking older, and I responded "because of the brown spots on your arms." I was right, of course, no matter how delicate the comment. Anyone with eyes and with fingers that are sensitive can detect the changes that occur in the skin with normal aging. There are wrinkles, brown spots, prominent veins, visible bones, visible tendons in extremities, bruises, and dry scaly spots. (See picture.) The dry areas feel rough and may itch. After injury the wounds and bruises do not heal as quickly.

The most common non-cancerous growth on skin is seborrheic keratosis. It increases with age. These growths are scaly, scab-like thickened raised plaques of skin that are easily scraped off, but return. They vary in thickness and size. They do not need treatment but are often removed by dermatologist with liquid nitrogen.

#### Cause of the Changes

The cause for the changes in the skin is that skin thins with age and there is a loss or shift in the location of the fat below the thinner skin. Sweat and oil gland loss is also part of normal aging. Elasticity in the skin is also lessened and the result is wrinkles and visibility of the structures below the skin. The gland loss contributes to the dryness. The propensity to bruising is a normal consequence of aging, but can be aggravated by medicines that are commonly used by older folks like aspirin and anticoagulants. One of the main causes of aged skin is ultraviolet (UV) light from the sun as well as other sources. Smoking is another major cause of more rapid aging of skin.

#### Preventive Measures

#### Measures to Prevent the Effects of Age on Normal Skin

- Stay out of midday sun (10:00 am to 4:00 pm)
- Wear sunscreen when outside (apply SPF > 30 thirty min before outside)
- Cover skin with clothing and wear wide-brim hat outside
- Use daily moisturizers (lotions, creams or ointments)
- Use mild soaps and avoid very hot water when washing
- Stay hydrated
- Consider humidifier in dry climates (not a problem here)
- Do not purposefully tan
- Do not smoke

#### Warning Signs

Some of the skin changes can be a warning of systemic diseases like diabetes, kidney, blood and liver disorders. If there is a sudden change

in one's skin, it is advisable to inform your primary care doctor or dermatologist.

There are skin diseases as well that tend to increase with age. Cancer is one. There are three types of skin cancer: squamous, basal cell, and melanoma. A dermatologist can make the diagnosis: the first two tend to be treated easily and do not spread widely. Melanoma, on the other hand, can be a killer and needs to be diagnosed early for the most effective treatment. The diagnostic signs of melanoma can be remembered as knowing one's "ABCDE's." If you have a mole, birthmark that is changing in appearance on monthly examinations, then use the "ABCDE's" to determine if the changes require medical attention. The letters stand for A or Asymmetry - uneven appearance, B or borders that are irregular, C or color changes or different colors in the skin, D or diameter greater than the size of a pencil eraser, E or evolving, that is the area of concern is changing in size, color, and symptoms like itching or bleeding. If routine use of the "ABCDE's" indicates changes, then it is time to promptly see a physician.

#### Bottom Line

There is an easy to read publication by the National Institute of Aging that succinctly explains "Skin Care and Aging" found at: <https://www.nia.nih.gov/health/publication/skin-care-and-aging>.

We can employ many strategies to keep our skin more youthful, but with time the inevitable changes actually show that we are still alive and usually well.▲

### Making Better Use of Your Technology Roadtrippin'



Continuing with last month's travel theme - I recently took a road trip. We love getting in the car and driving somewhere. We can throw in anything we please without fear of weight limits and baggage fees. We don't have to worry about security lines, crowded flights, cranky fellow passengers or the horror of having to deal with the row-mate who decided to bring fish tacos on board for breakfast. The only schedule we have to deal with is our own.

So we packed up the car and hit the road - destination, Orlando, Florida. I used a LOT of apps on this trip and thought I would share some of them with any of you who also enjoy packing up the car and setting off on a new adventure.

I should start by letting you know that none of these apps live on my phone permanently. I install them when I need them and uninstall them when I return home. They take up valuable storage space on your phone. When needed again, you can reinstall them, sign in with your username and password, and they will work just as if you never uninstalled them.

I can't imagine a road trip without GPS to guide us. If you are fortunate to have a system that also looks out for traffic problems and reroutes you

- you can avoid sitting in long lines of stopped cars for hours. If your GPS doesn't have that option, it may be available as an upgrade. If your car isn't equipped with GPS and you don't have a **Garmin**, you can always use the **Google Maps** app that is standard with just about every smartphone. There is also a cute little app called **Waze** that will alert you to traffic, stopped cars, speed traps and other things that will slow down your road travel. It is based on other drivers alerting the system to problems along the route.

And if you are into GPA, you should look into **Glympse**. Glympse is an app available for Android and iOS and is a fast, free and simple way to share your real-time location using GPS tracking, with any of your family! Send a Glympse to let them know you are on your way. Those you share with can view your Glympse from any web-enabled device, no sign-up required!

One of my favorite travel apps is **iExit**. This little gem will find you on the highway using the GPS locator in your phone and tell you where the next rest stop is and what services are available at every exit along your route. Great way to find a Starbucks (which also has an app) or Dunkin' Donuts.

There is also an app for iOS and Android called **Roadtripper** that can help you plan and navigate your entire trip and suggest fun things to do along the way.

For those of you who like to be

entertained while you drive, I highly recommend listening to a good audiobook to help pass the time. There are a number of ways to do this. If your car is equipped with a CD player, you can go to the library and borrow (or purchase at a store or online retailer) a book on CD. Or you can download audiobooks from the **Charleston County Library** system directly to your smartphone using their **Overdrive** system. I subscribe to **Audible.com** (which is now owned by Amazon.com) and buy digital audio books that I download to my **Kindle Fire** and play directly from my Fire through audio system in my car using my car's line-in function. If you are not sure if you can do this - check your car manual to see what entertainment options are available.

Oh - I almost forgot! We decided to spend one day of our trip at **Disney's Epcot park**. There is an app for that as well and it turned out to be very useful in finding our way around and even telling us how long the wait time was for certain rides or attractions in the park. While we were waiting in line for an attraction, I opened up my **Open Table** app and made reservations for dinner.▲

Denise Doyon

Disclaimer: I am not affiliated with any software or hardware company and receive no compensation for endorsing products. My recommendations come from my own research and use. Prices for apps are based on information available at the time this column was researched and written. Author takes no responsibility for changes in prices by the developers, iTunes Store, or Google Play Store.

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# THE SIP

Administrative News from the Seabrook

# OAPAGES

Island Property Owners Association

## NEW FLOORING IN THE LIVE OAK HALL AT THE LAKE HOUSE

Great news...the new flooring is finished in the Live Oak Hall! It looks amazing and allows the room to be used for variety of purposes, from meetings and private events to fitness classes and more.

With the new flooring complete, we will be moving some of our larger fitness classes to the Live Oak Hall.

Please see below for a complete list of room and time changes to the Lake House Fitness Schedule.

### Fitness Class Schedule Changes

#### ROOM CHANGES

**Get Pumped** will move to the LIVE OAK HALL at 11:00 AM on Tuesdays, Thursdays, and Fridays.

**Pilates** will move to the LIVE OAK HALL at 8:30 AM on Saturdays.

#### TIME AND ROOM CHANGES

**Zumba** will move to 9:30 AM on Wednesdays and Fridays in the LIVE OAK HALL.

**Strength & Flexibility Express** will move to 10:30 AM on Wednesdays and Fridays in the LIVE OAK HALL.

## Brown and White Pick-up Friday March 3



Bulk items curbside no earlier than 5:00pm Thursday, March 2, and no later than 7:00am the morning of Friday, March 3.

## New Class RideSBI with Sarah Mae Yunker Saturdays • 11:30AM



Following resounding interest, The Lake House will bring to its offerings a SPIN CLASS with RideSBI debuting SATURDAY, MARCH 11th.

Instructor Sarah Mae will lead you through climbs, descents, sprints, and rhythm riding. Accompanied by a high energy playlist, rides span 45 minutes delivering a high energy cardio workout. Effective, calming stretching concludes the class leaving you feeling stronger and invigorated.

Rides are open to all fitness levels with targeted instruction in a welcoming and energetic environment.

Join Sarah Mae at The Lake House on Saturdays at 11:30 AM for an awesome workout!

## LET'S RIDE!

## OPERA LITE

The Opera Lite Experience at Seabrook



Join us Thursdays from 3:30PM to 5:00PM for enjoyment mixed with enlightenment as we bring back our Opera Lite Series.

Each opera is self-contained in the 90 minute session with the opera shown in an abridged fashion featuring the high points. Each week brings a different production with the works ranging from current to vintage. These sessions are informal and fun with performances supplemented by text subtitles in English. The voices and acting are amazing. You may be surprised how dramatic and enjoyable this art form can be.

All sessions are FREE and previous exposure/knowledge of opera is not necessary. Indeed, newcomers are encouraged to give it a try.

### Schedule of Operas

3/2 - THE BARBER OF SEVILLE  
3/9 - LEGACY OF THE BALLET

The series will be located in Opera 2. For information, please contact: John Benzel at (843) 768-1174 or jdocbenz@gmail.com

# LAKE HOUSE SPOTLIGHT

## SEABROOK MAC OFF

Saturday, April 8th  
1:00PM - 3:00PM • The Lake House  
Calling all cooks...  
we want your best Mac-N-Cheese!



No other food combines love, comfort, and Southern roots like Mac-N-Cheese. The Seabrook Mac Off is an event that gives tribute to our love of this versatile cheesy dish and allows residents to show off their creative culinary skills. Participants will be asked to bring 3-4 pounds of their BEST Mac-N-Cheese. Sample bowls, utensils, napkins and refreshments will be provided by The Lake House

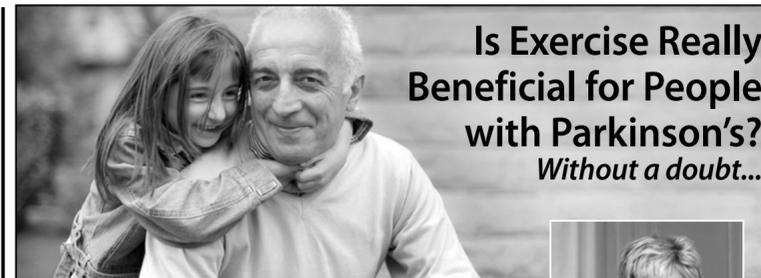
NOTE: As to not conflict with the 3rd Annual Bohicket Backpack Buddies Bash - Chili Cook Off, the Seabrook 'Mac Off' has been moved from March to Saturday, April 8th. For more information or to register, please email imogus@sipoa.org.

## Tree Maintenance



Over the next few weeks we will have tree service contractors on the island trimming the trees in our roadways. When trees need to be trimmed that hang over the road, it will be necessary to close the road for a period of approximately 5 minutes. There will be tree trimming done at the new gatehouse that will also require brief lane closures. If you come to one of these temporary lane closures, please be patient and allow our tree service contractors to work safely.

Steve Hirsch, PE, PMP  
SIPOA Director of Engineering



## Is Exercise Really Beneficial for People with Parkinson's? Without a doubt...



April Goyer

When it comes to living with Parkinson's Disease, exercise provides numerous benefits. According to the research, and there is plenty of it, targeted exercise can help maintain and improve mobility and initiation of movement, joint flexibility, balance, posture, muscular strength, aerobic fitness, mood, speech, and gait.

As a trainer, I have had the privilege of being able to work with clients who have been diagnosed with Parkinson's. The question that I hear over and over again is not whether exercise works, but rather, "How do I do it?"

- "How do I exercise in such a way that I experience the maximum benefit?"
- "How do I avoid hurting myself?"
- "What exactly do I do to improve my condition?"

The following are tips that will help people diagnosed with Parkinson's, get the most out of your exercise experience:

### #1: It All Counts:

Engaging in any level of physical activity is beneficial. For sedentary people, just getting up and moving are valuable in easing symptoms. The more active you become, the more you can build up to regular, vigorous activity. Anyone, regardless of your situation, can exercise in a way that creates meaningful change over time.

### #2: Exercise is Not a One Size Fits All Endeavor:

No one program is right for every person diagnosed with Parkinson's. Rather, it is important to identify your specific challenges and goals and target exercises that improve them. Essentially you want a training plan that covers all the fitness basics while focusing like a laser on your specific needs. As a result, you will manage your symptoms far more effectively.

### #3: Collaboration is Key:

Because Parkinson's Disease is chronic and progressive, it is necessary to keep up exercise habits over the long term. One of the best ways to accomplish this, at least initially, is to work with a skilled professional (i.e., physical therapist or personal trainer with PD experience) to help you determine what you can (and can't) do safely. The professional should work with you to create your training plan: a system of workouts designed to change the way your body adapts over time.

Collaboration between client and professional is a key ingredient in exercise success. What I have found to be very helpful are clients who are willing to educate me on their symptoms and how they affect them physically and mentally. As a result, I am better able to put forth approaches

that hit the mark for my clients. Lines of communication need to be open for the best results.

### #4: Follow the Golden Rule:

#### Make It Fun

The best exercise is the kind that you will do. Workout according to your ability or schedule, and choose a routine that you will enjoy (even the joy of getting it done). For many, participating in activities with other people like movement or dance classes can be more stimulating. For others, weaving in activities that challenge you in new and different ways, like boxing and Tai Chi can increase compliance. **Without a doubt there is a direct correlation between enjoyment and positive change.**

April Goyer is an orthopedic training specialist, health coach and personal trainer at The Lake House on Seabrook Island, SC. She provides a complimentary consultation to help you gain a fresh perspective on everything you have at your health and fitness disposal. For more information or to schedule an appointment, please contact April Goyer at 614-893-8519 at april@aprilgoyer.com

# MARCH 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers 7:00pm Digging Into Roots Together Workshop	2 12:30pm Art Open Paint 1:00pm Mahjongg 3:30pm Opera Lite	3 9:30am Dup Bridge 2:00pm Hand & Foot Canasta 4:00pm Seabrook Smashers  Brown & White Pickup	4 10:00am Seabrook Smashers
5	6 9:00am Social Bridge 11:00am Sbrk Stitches 1:00pm Ladies Bible Study 1:30pm Dup Bridge 4:00pm Seabrook Smashers	7 12:30pm Art Open Paint 3:00pm Mah Jongg Mavens	8 1:00pm Weight Watchers 1:30pm Digging Into Roots Together 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers	9 12:30pm Art Open Paint 1:00pm Mahjongg 3:30pm Opera Lite 7:00pm SINHG Evening Program	10 9:30am Dup Bridge 9:30 am Garden Club 4:00pm Seabrook Smashers	11 10:00am Seabrook Smashers
12	13 9:00am Social Bridge 11:00am Sbrk Stitches 1:00pm Ladies Bible Study 1:30pm Dup Bridge 4:00pm Seabrook Smashers	14 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 7:00pm Apple User Club	15 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers 7:00pm Digging Into Roots Together Workshop	16 11:00am Xfinity X1 Clinic 12:30pm Art Open Paint 1:00pm Mahjongg 6:00pm SI Photography Club	17 9:30am Dup Bridge 2:00pm -5:00pm Annual Arts & Crafts Exhibit 2:00pm Hand & Foot Canasta 4:00pm Seabrook Smashers	18 10:00am Seabrook Smashers
19	20 9:00am Social Bridge 11:00am Sbrk Stitches 1:00pm Ladies Bible Study 1:00pm SIPOA Board Mtg. 1:30pm Dup Bridge 4:00pm Seabrook Smashers	21 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 2:00pm Art Guild Meeting 4:00pm Men's Book Club 7:00pm Coin Club	22 1:00pm Weight Watchers 1:30pm Digging Into Roots Together 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers	23 12:30pm Art Open Paint 1:00pm Mahjongg	24 9:30am Dup Bridge 4:00pm Seabrook Smashers	25 10:00am Seabrook Smashers
26	27 9:00am Social Bridge 11:00am Sbrk Stitches 1:00pm Ladies Bible Study 1:30pm Dup Bridge 4:00pm Seabrook Smashers	28 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens	29 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 4:00pm Seabrook Smashers	30 10:30am Am. Red Cross Blood Drive 12:30pm Art Open Paint 1:00pm Mahjongg	31 9:30am Dup Bridge 4:00pm Seabrook Smashers	
NO CLASSES	8:30am Splashers 8:30am Gentle Yoga 9:15am Cardio Mix 10:45am Total Body Toning	8:30am Water Aerobics 8:45am Cardio Interval 10:00am Core Fusion 11:00am Get Pumped 4:00pm Deep Water Aerobics 6:00pm Candlelight Evening Yoga	8:15am Core & More 8:30am Rise and Shine Yoga 8:30am Splashers 9:30am Zumba 10:30am Strength & Flexibility Express 10:45am Total Body Toning 4:00pm Gentle & Restorative Yoga	8:30am Water Aerobics 9:00am Flow Yoga 11:00am Get Pumped 4:00pm Deep Water Aerobics	8:30am Water Aerobics 8:15am Core & More 9:30am Zumba 10:30am Strength & Flexibility Express 11:00am Get Pumped	8:30am Pilates 9:45am TaeBo



## PRESIDENT SIPOA BOARD OF DIRECTORS

Thanks to the Property Owners who participated in the 2017 vote.

On behalf of the SIPOA Board, I want to welcome the new Board members who were elected for a 3-year term at SIPOA's February 18, 2017, Annual Meeting. They are, alphabetically: Con Constandis, Guy Gimson (2nd term), Dennis Pescitelli, and Ed Williams. Veronica L'Allier and Stephen Montagu-Pollock were elected to the Nominating Committee for two-year terms. We have an exciting year ahead with:

- the inauguration of the new Gatehouse and improved electronic gate access;
- enhanced Website and new mobile communications,
- more user-friendly information access,

- online meeting plans,
- a 2:47 PM Total Solar Eclipse on Monday, August 21; and, of course,
- SIPOA's usual annual event calendar.

In this first monthly SIPOA President's communication, I would like to offer some thoughts about SIPOA Board procedures for the 2017-2018 period.

- The Board's primary role is governance with the mission stated in the Bylaws of acting for the common good of sustaining and enhancing property values and the quality of life in the Seabrook Island community.
- The Board conducts its business primarily through Standing and Special Committees and work of the Executive Committee of officers elected by Board members. These Committees generally meet monthly.
- Board members typically are responsible for chair and vice-chair Standing Committee responsibilities, and Property Owner volunteers serve as Committee members. The outputs of Committee actions are motions sent to the Board for discussion and consideration.
- The SIPOA Bylaws outline responsibilities of Standing Committees and the Board approves the mission of Special Committees as needed. For example, the Election Improvement Special Committee, co-chaired by two Board members, is expected to have recommendations for improving processes for the 2018 Annual Meeting Election for Board consideration in early summer.

one hand, and SIPOA personnel, on the other, is important:

The work of the Board and its Standing and Special Committees is primarily strategic in pursuing its mission through policies; the work of SIPOA personnel is implementation of Board-approved strategies, rules, and regulations through their management of day-to-day business activities and procedures. SIPOA personnel work within SIPOA's Board-approved Strategic Plan and Property Owner-approved operating and capital budgets to carry out their work in consultation with Committees and in reports to the Board on a monthly basis.

SIPOA's goal as an institution—an association of Property Owners in a business context—is to achieve a workable and effective balance between governance and management and to afford Property Owner constituents with appropriate information and communication access to participate in their important role of providing input to the SIPOA Board on significant motions under consideration outside of the Annual Meeting.

- Toward that end, in 2016, SIPOA established publiccomment@sipoa.org for receipt of comments on the security review in 2016 and will again use that email address to receive Property Owner comments on the Electron Improvement Special Committee in May, and for other issues and questions that Property Owners may have.
- As we go forward in 2017, the Board respectfully requests that Property Owners and other stakeholders email comments to publiccomment@sipoa.org. This address will be actively monitored by the SIPOA Executive Director, Heather Paton, for distribution to appropriate staff member(s), Board member(s), or Committee(s). You may expect to receive a prompt acknowledgement of referral and a more substantive response following an action.
- As a matter of process, it will be more efficient to send questions or comments to publiccomment@sipoa.org rather than to individual Board members or Board members as a group—sending messages to Board members typically slows the response process and the ability of the Board to coordinate actions for the common good.
- SIPOA is also improving several other Board processes in 2017:
  - First, in the Spring, SIPOA is installing new technology in the Live Oak Room at the Lake House to facilitate online logged-in access to Board meetings from anywhere, including wireless amplification capabilities during the meeting, and the capability for Property Owners to view appropriate documentation electronically during the meeting, in person or online.
  - Next, the Board will provide a microphone to Property Owners during the Q&A section of the Board meeting to improve communication between Property Owners and Board members. The Board respectfully requests that Property Owners with questions or comments concisely specify their questions or comments to the appropriate Board member(s) within a 2-minute window.

Ed Jones, President  
SIPOA Board of Directors

**THE ISLAND CHORALIERS**  
PRESENT  
**HOOTENANNY**  
CHURCH OF OUR SAVIOUR  
TUESDAY  
MARCH 28, 2017  
6PM

CHAMBER MUSIC CHARLESTON  
Celebrating 10 years of exceptional chamber music

## Chamber Music Charleston on Seabrook Island

Chamber Music Charleston plays a number of concerts each year at homes on Seabrook Island and Kiawah. These are wonderful "haute culture" evenings and Seabrook Island is fortunate to have residents who generously offer their homes as venues for these events. The last CMC performance was held at the home of Dick and Margaret Wildermann.

Dick wanted to pass along why he thinks Chamber Music Charleston's house concerts are so successful following the evening at his home. "First, the musicians are all highly accomplished. That was apparent last night. The Mozart and Prokofiev pieces were both difficult but performed beautifully. Second, everyone at CMC is very personable. That's important in such an intimate setting. It's obvious they love their music, and they also enjoy chatting with everyone at the reception following the concert. It all makes for a very special evening. Finally, Sandra Nikolajevs, CMC's



(L-R) Jenny Weiss, Dick Wildermann, Frances Hsieh, Margaret Wildermann, Timothy O'Malley, Ben Weiss, & Sandra Nikolajevs

President and Artistic Director, is not only a talented musician in her own right, she's also a skillful business woman and a pleasure to work with."

The remaining performances this season are March 15 at the Conyers

on Seabrook, March 14 at the Sanders on Kiawah and April 4 at the Teals also on Kiawah.

Information about tickets can be found at: <http://chambermusic-charleston.com/house-concerts/>



CMC at the home of the Wildermanns

**Wednesday**  
March 15, 2017 • 7pm  
Where: The Conyers Residence  
2415 Cat Tail Pond Road  
Program to be Announced

## FIGHTING HUNGAR ONE CROCKPOT AT A TIME

### The Sea Islands Hunger Awareness Foundation Crockpot Cooking Class

When was the last time you went without a meal? A short drive from several affluent communities, many Wadmalaw and Johns Island families live in poverty and experience daily problems with inadequate food, housing and transportation. As a part of the ongoing effort to address these concerns, this Fall the Sea Islands Hunger Foundation conducted well-received Crockpot Cooking classes for 23 children at Mt Zion Elementary, Angel Oak Elementary and Haut Gap Middle schools. In these classes, students learned kitchen safety, food handling hygiene, and basic cooking skills as well as how to buy and budget meals. Among other dishes, students prepared and enjoyed mac and cheese, chicken chili and homemade applesauce. Additionally, instruction was given in healthy eating concepts and how to prepare, season and cook nutritious meals for their family in a crockpot. Upon conclusion of the class, each student was given a certificate of completion, their own crockpot, measuring cups and spoons and a variety of spices. This Spring the program was expanded to include a second class at Haut Gap Middle School and two at Frierson Elementary. Volunteers from Sea Islands Hunger Foundation taught the six-week classes. To date 80 students have taken the 10 classes given in 2016-2017. Costs of the program



Crockpot Class at Mt. Zion Elementary



Crockpot Class at Angel Oak Elementary

are approximately \$500 per school and classes were funded with a grant obtained from the Foundation. The classes have been welcomed with high interest and enthusiasm. Evaluations of the classes have been very positive. The Foundation has non-profit status

and 8 community partners that addresses hunger issues on Johns Island and Wadmalaw. Anyone interested in becoming a volunteer or making a donation should visit the Foundation website [www.fightislandhunger.org](http://www.fightislandhunger.org)

Barbara Griffin



## JOHNS ISLAND FARMERS MARKET

**Johns Island Farmers Market NOW OPEN**  
on Charleston Collegiate Campus  
*A New and Improved Venue for the beloved market.*

Starting its 4th year of operation, the Johns Island Farmers Market is moving locations to Charleston Collegiate School's campus. The Market reopened on February 4 and will operate year round, every Saturday from 10 AM to 2 PM. The location is 2024 Academy Drive, Johns Island, SC 29455. This is an easy 1.5 miles from the market's previous location by taking Plow Ground from River Rd. or Bocket Rd in Johns Island.

Patrons can look forward to an abundance of new and returning farmers, vendors, variety of artisans, food trucks, local music, enjoyable activities and much more for all ages. Pets welcome.

The new location will offer ample amenities such as more space, better and more parking, power, water, a playground, and pleasant, shady tree-covered areas. Farmers Market Director Frasier Block said of the move, "We are thrilled to be moving the mar-

ket to CCS. The campus amenities will make the market experience much more enjoyable for our loyal vendors and patrons, and their established 47 year presence will help us better our community outreach efforts."

Head of Charleston Collegiate School Hacker Burr stated, "We are excited to partner with local businesses like the Johns Island Farmers Market, and we look forward to providing a place for the community to come together and buy local for years to come. This is just one of many ways that we are trying to share the resources we have with our neighbors to make our island a better place."

For more information regarding Johns Island Farmers Market, please visit [www.johnslandfarmersmarket.com](http://www.johnslandfarmersmarket.com), on Facebook <https://www.facebook.com/johnslandfarmersmarket/>, Twitter @HomegrowJIFM, or Instagram @johnslandfarmersmarket.

World Affairs Council of Charleston  
A Member of the World Affairs Councils of America

Wednesday, April 5, 2017  
Reception 5:00 pm  
Awards 5:45 pm  
Speaker 6:00 pm  
Buyer Auditorium in Mark Clark Hall  
on the Citadel campus



The death last November of Fidel Castro removed the founder and leader of Cuba's communist regime. Though succeeded as President in 2008 by brother Raul, regarded as more pragmatic, Fidel's influence remained immense. However, during the past two years, ties between the U.S. and Cuba - broken in 1961 - have been re-established, generating hope among many Cubans for a freer society but also determination among others to retain the regime and system created by Fidel. Cuba casts a large shadow on U.S. foreign policy and on American politics. President Trump has not yet stated his policy intentions regarding Cuba. Dr. Philip Brenner will discuss these issues, drawing on expertise reflected in numerous writings about Cuba, including the Cuban missile crisis of 1962. A recent book examines the role of Raul Castro. He is Professor of History at American University in Washington where he chaired the Department of International Politics and Foreign Policy. He is on the board of the National Security Archive and on the Executive Committee of the Latin American Studies Association. He is a regular media commentator on Cuba and U.S. foreign policy. A graduate of Columbia University, he received his Ph.D from Johns Hopkins University



# ISLAND NOTICES

### OPEN HOUSE!

Thursday, March 2 • 4:00-6:00PM  
Johns Island Campus • 1684 Brownswood Rd • Johns Island, SC 29455

Come learn about our education, wellness, and outreach services and meet our new Executive Director, Ericka Plater. Join us for guided tours, refreshments, and learn about opportunities to partner with us in this important work.

The Johns Island campus houses all of the wellness, education, and outreach programs for residents of Johns, James and Wadmalaw Islands. Come learn more about the incredible work going on in the Sea Islands community and how you can get involved!

RSVP: Natalie at (843) 559-4109 x109 or [natalie.kruse@olmoutreach.org](mailto:natalie.kruse@olmoutreach.org)



### MARCH SEABROOK BLOOD DRIVE

Thursday, March 30 • 10:30AM - 3:30PM • Lake House

Along with March Madness, will come the Seabrook Island's Blood Drive on Thursday, March 30 from 10:30 to 3:30 at the Lake House. Instead of being mad (no matter who wins) you can be Magnificent by contributing your blood that day. The Red Cross keeps sending us shortage alerts urging us to increase our numbers. Please help us do that - pre-schedule your appointment at 843-768-0334 or Walk-In at your convenience. Try RapidPass the day of your donation to expedite the process.

### SEABROOK ISLAND RUNNING GROUP

Calling all runners! There is a running group forming on Seabrook Island. The goal is to get runners of all levels together for running and socializing.

Group Run • Saturdays at 8:00AM

- We will meet in front of the Lake House. Any distance/level welcome.
- As the days get longer, we will schedule evening runs.
- For more information on all future events, runs, and socials, please join our SI Running Group Facebook page.

For questions, please call or text Isabel at 912-399-1793.



### SEABROOK MAC-OFF

Saturday April 8

### SEABROOK MAC-OFF

Saturday, April 8th • 1PM - 3PM  
Calling all cooks...we want your best Mac & Cheese!

No other food combines love, comfort, and Southern roots like Mac & Cheese. The Seabrook Mac-Off is an event that gives tribute to our love of this versatile cheesy dish and allows residents to show off their creative culinary skills.

Participants will be asked to bring 3-4 pounds of their BEST Mac & Cheese. Sample bowls, utensils, napkins and refreshments will be provided by the Lake House. To register for the Seabrook Mac-Off or for more information, please email [jmigus@sipoa.org](mailto:jmigus@sipoa.org)

DON'T JUST WATCH TENNIS, EXPERIENCE IT AS A

# VOLUNTEER

Applications are available online at [VolvoCarOpen.com](http://VolvoCarOpen.com). More than 300 people volunteer their time at the Volvo Car Open every year. Want to get involved? Sign up today!



SIGN UP NOW!

#### VOLUNTEER BENEFITS

- Free entry during all day sessions with your credential
- Two tickets, third tier for the PowerShares Series Saturday, April 1
- Experience the world's largest women's tennis tournament from behind the scenes

#### VOLUNTEER REQUIREMENTS

- Work a minimum of 6 shifts (each shift is approximately 4-5 hours)
- Attend an orientation session in the spring
- Purchase a \$80 Volvo Car uniform

for more information, visit [www.VolvoCarOpen.com](http://www.VolvoCarOpen.com) email [Jo.Cooper@MereditH.com](mailto:Jo.Cooper@MereditH.com) or call 843-849-5309



Volvo Car Open



Volvo Car Open // April 1-9, 2017 // Charleston, South Carolina



### PHOTOGRAPHY CLUB MEETING

March 16th • 6:30PM • Lake House

Featuring Kevin Foltz

Program: "The Environmental Travel Portrait"



This program will attempt to better your portrait making when traveling and or in uncomfortable cultural situations. Using images that he has made as a professional travel and destination photographer, Kevin will engage the group in a discussion of what makes a better portrait with people that you briefly encounter, but want to make a sincere image of. The program will discuss how to better prepare with your camera and the psychology involved with making photographs that will enhance your visual storytelling. The discussion will be followed with a question and answer session answering any questions that you may have concerning the need of model releases to the type of gifts that might be carried to exchange for the making of photographs.

Kevin is a wanderer. Raised in the Carolinas, Kevin has been working as a photographer for more than thirty years. Having had commercial photography studios in Nashville, Lima, Peru and Miami, he has made photographs for clients ranging from Kroger, Hydra Sports Boats and Gibson Guitars in Nashville to Toyota and Coca Cola in Peru.

Returning to Miami after living and working in Lima, Kevin won two consecutive three-year artist residencies at ArtCenter South Florida in Miami Beach. Kevin also was awarded the annual South Florida Consortium Artist Grant. Whilst living in Miami, he changed his career direction from being a commercial studio photographer to become a full-time destination photographer specializing in resort and culinary photos. Kevin also continues working as a visual artist in various mediums.

And after thirty years of wandering with camera in hand Kevin has returned to the lowcountry to live closer to his family and return to the oyster roast, grits and okra lifestyle that he has always loved. Kevin was recently accepted and will soon have a studio space in the new Redux Art Center on upper King Street to be inaugurated later this year.

## CHARLESTON COASTAL CHOIR

### COMMUNITY CHORUS

The Charleston Coastal Choir is a new community chorus offering an opportunity for experienced singers to share their talent. The group is a mixed chorus that performs a variety of traditional choral music October through March. Selections for both women's chorus and men's chorus are included in the repertoire as well as opportunities for solo and ensemble singing. Rehearsals are 2pm, Mondays at Holy Spirit Catholic Church. Membership in the group is open this fall. Beginning in January membership will be by audition only. For information about membership, contact the Director of Music: Mr. Van McCollum ([vanmccollum@bellsouth.net](mailto:vanmccollum@bellsouth.net) or 404 401-0678 cell)

### D.I.R.T. (DIGGING INTO ROOTS TOGETHER)

Meets Second and Fourth Wednesday of each month  
1:30-3:30PM • Lake House

If you are interested in genealogy and looking to network with others who share your interest, or would like some guidance in getting started on your own family history journey, please join us. For further information about meeting dates, times and agendas, as well as useful information for all the genealogists among us, please check out the blog at [diggingtogether.blogspot.com](http://diggingtogether.blogspot.com) or email us at [diggingtogether@yahoo.com](mailto:diggingtogether@yahoo.com)

### THE GREEN SPACE GALA

Sunday March 12, 2017 - RESERVATIONS BEGIN

Reservations begin January First for the ever popular Conservancy Gala. With only 300 seats available, planning ahead is a necessity. Registration forms will be available online at [www.sigsc.org](http://www.sigsc.org) or at the Lake House starting 1/1/17. You can reserve up to 10 people on each form. Please fill out the form with the necessary information and attach a check or checks made out to SIGSC. The price remains low at \$75 per person for a night full of dinner, auctions and entertainment.

In making your reservation, you can choose to sit with specific friends or give yourself the opportunity to meet your fellow Seabrookers through random seating.

Mail or drop off your completed reservation form and check to Paula Adamson at 2500 Cat Tail Pond. Look for the special SIGSC mailbox.

Conservancy board members will also be taking reservations in person at the Lake House on Saturdays January 7th and 14th from 9am-1pm. Please bring your completed forms and checks with you.

Come celebrate the natural beauty of our island at the Conservancy Gala where things are "Trending Green!"



### INDOOR PICKLEBALL

St. Christopher's Camp  
Fridays • 12:30-2:30  
If interested, please contact Mary Torello at [mary.torello@yahoo.com](mailto:mary.torello@yahoo.com)

### SEABROOK STITCHERS

Lake House  
Every Monday  
11AM-1PM  
For more information, contact Denise Doyon at [dendoyon@gmail.com](mailto:dendoyon@gmail.com)



### HAND AND FOOT CANASTA GROUP

Lake House • Osprey One Room • 2-5PM  
First and third Friday of each month

Please contact Carol Lynne Chretien at 843-212-5854 or email at [carollynne1941@gmail.com](mailto:carollynne1941@gmail.com), for information about a teaching lesson.

If you are an experienced player, call/email to RSVP by Wednesday prior to the Friday we play. New players are always welcome to the group.





SEABROOK ISLAND

Real Estate

Make It Uniquely Yours



ELEGANT 3 BEDROOM HOME W/ GOLF & OCEAN VIEWS  
3705 SEABROOK ISLAND RD ~ \$1,495,000



4 BEDROOM HOME IN ST. CHRISTOPHER OAKS  
1006 CROOKED OAKS LN ~ \$725,000



GOLF COURSE HOME ON PRIVATE CUL-DE-SAC  
3278 PRIVATER CREEK RD ~ \$1,025,000



OCEAN VIEWS AT RENOVATED ATRIUM VILLAS  
2937 ATRIUM VILLA ~ \$579,000



COMPLETELY RENOVATED VILLA WITH MARSH VIEW  
1731 FIDDLERS COVE VILLA ~ \$629,000



NEW TOWNHOMES, MASTER ON MAIN LEVEL  
SALT MARSH AT SEABROOK ~ FROM \$679,000



CHARMING 3 BEDROOM HOME ~ COASTAL STYLE  
4009 BRIDLE TRAIL DR ~ \$499,900



RECENTLY UPDATED BEACHHOUSE W/ OCEAN VIEWS  
710 SPINNAKER BEACHHOUSE ~ \$459,000