

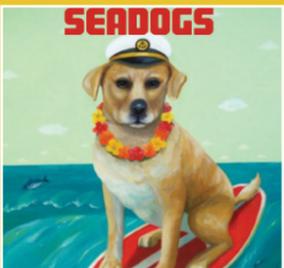
THE Seabrooker

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TOWN PRESENTS CHANGES TO SEABROOK ISLAND BEACHES

FROM TOWN HALL



RON CIANCIO

This summer, you will see a significant change on Seabrook Island's beaches. We will no longer have off duty county sheriff's officers patrolling our beaches. Starting on Memorial Day, the Town of Seabrook Island has contracted for the services of Island Beach Services, LLC (IBS) to both render assistance to those in need on our beaches and to enforce the Town's beach ordinances, specifically as the ordinance relates to where and when dogs on the beach are permitted off leash. This is the same company which has been retained by the Town of Kiawah Island.

While Council appreciates the work that the off duty officers have performed for the Town, there were a number of limitations that it found to be unworkable. Firstly, and most

importantly, the off duty officers were neither trained in nor capable of water rescue. We have been fortunate in that we have not had significant incidents on our beaches, but we cannot ignore that possibility, particularly during peak tourist season. Last summer for example, on more than one occasion, the IBS employees working at Kiawah were called to respond to emergencies at our beach. Secondly, we could not count on the off-duty officers always being there when we needed them. When emergency situations arose, they were routinely pulled from service on our beaches to attend to County business. Lastly, as a matter of Charleston County policy, the off-duty officers could not issue citations for violation of our beach ordinance. While most of our residents and visitors are knowledgeable of and willing comply with our rules on the beach, unfortunately there are always a few who choose to ignore them.

As a consequence of these limitations, last February the Town published a request for invitation for bid for beach patrol services. The bid of IBS was accepted.

For this first year IBS will have two persons patrolling Seabrook Island

beaches during the period of Memorial Day (May 26) through Labor Day (September 4). During that period, IBS will patrol the beaches on alternating eight (8) hour shifts between the hours of 10:00 AM and 8:00 PM. Next year, 2018, during the period from Easter (April 1) through the end of April we will have one person who will patrol the beach between the hours of 10:00 AM and 6:00 PM. We will reexamine the term of the contract after the first year.

You will be able to recognize IBS's employees as they will wear uniforms and drive vehicles displaying the Town logo. The services which IBS will provide include: rendering assistance to those in need; enforcing the Town's beach ordinance; responding to inquiries for information for beach goers; and providing weekly activity logs to the Town in an agreed upon format.

All of IBS's employees are required to possess the physical ability to adequately and professionally perform the services required under its contract with the Town. Each of IBS's employees will be adequately trained in water rescue. Each of IBS's employee are required by contract to possess and maintain: (i) United States Live Saving

Association open water lifeguard certification; (ii) CPR / AED certification, (iii) first aid training consistent with United States Life Saving Association Guidelines, and (iv) code enforcement training provided by the Town.

IBS will use its own equipment to perform the Services required under the contract including: a four-wheel drive truck or Jeep equipped with light bars and beach patrol decals; a rescue watercraft – including all necessary accessory boating and safety equipment (i.e., trailers, PFD's, drybags, and helmets); and a rescue sled; and board.

The IBS employees will be required to become familiar with the town's beach ordinances. One or more of IBS's employees will be designated by Town Council as Code Enforcement Officers. Such employees shall be responsible for informing beachgoers not observing the Town's ordinance of their responsibility to do so, and for the issuance of citations in appropriate circumstances. It is important to remember that IBS's principal functions will be those related to public safety and providing information to beach goers. I would hope that the need to issue citations will be minimal. ▲

BILLFISH TOURNAMENT AT BOHICKET MARINA



Home Run

The South Carolina Governor's Cup Billfishing Series came to Bohicket Marina on Thursday, May 11 with 29 boats that proceeded to catch 20 blue marlin, including three that were brought to the dock to be weighed.

"That's certainly the best single day for blue marlin," said Governor's Cup tournament director Amy Dukes. Boats are allowed to fish two days in Governor's Cup events, and while no single-day records were immediately available, Bohicket's 20-fish blue marlin catch has been exceeded only five times dating back to 2006 in the series. Leading the trio of fish that were weighed was a 500-pound catch by Game On (photo right) out of Mt. Pleasant. Owned by Bubba Roof and captained by Trey McMillan, Roof was also the angler on the blue marlin. The fish measured 109.5 inches, easily exceeding the Governor's Cup minimum size limit of 105 inches.

The second heaviest blue marlin was a 438-pound catch by Home Run, owned by Steve Mungo and captained by Grant Bentley. Charles Rooke was the angler on the fish that was only a half-inch shorter than Game On's blue marlin. Home Run fishes out of Ripley Light Marina.

The third blue marlin was caught by Whitney Arnold aboard Bubba Simmons' Rare Breed out of Sullivan's Island. Arnold's catch weighed 412.9 pounds

Scoring in the Governor's Cup is 600 points for releasing blue marlin, 300 for white marlin releases and 200 for sailfish releases. Blue marlin are the only fish that can be weighed and they score one point per pound. ▲

MORE PHOTOS PAGE 9



Game On

PHOTOS BY RALPH SECOY



Please send correspondence to: TheSeabrooker@yahoo.com

"Communication is the beginning of understanding." The Seabrooker will report regularly on island happenings, as well as noteworthy events that affect property owners and residents. As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner.

Red Ballentine(1924-2006) Fred Bernstein (1924-2010) Co-Founders

Editor: Michael Morris | Publisher: Bernstein Lash Marketing | Advertising & Layout: Teri B. Lash

THIS MONTH'S SEABROOKER VOLUNTEERS

CREDITS: Faye Albritton, Sue Coomer, Denise Doyon, Charley Moore, Mitch Pulver, Marcia Cassell, Jason Daly, Gary Fansler, Michael Morris, Jerry Revles, Ron Ciancio, Allan Keener, Shirley Salvo

PHOTOGRAPHERS: Gary Fansler • Charley Moore • Mitch Pulver • Ralph Secoy

CONTACTING THE SEABROOKER

Please send correspondence and inquiries regarding editorials to TheSeabrooker@yahoo.com or call 843.408.3707

The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

FOR ADVERTISING OPPORTUNITIES, PLEASE CONTACT

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SIPOA BOARD OF DIRECTORS ANNOUNCES ELECTION OF BOARD PRESIDENT



On Friday May 19, 2017, by the unanimous written consent of all active Directors, the SIPOA Board elected Ed Houff as the President of the Board to fill the vacancy created by the resignation that occurred on May 15.

The use of a unanimous written consent for board action is a recognized method under the SI-POA Bylaws and the South Carolina Non-Profit Act, when the action to be taken is within the Board's authority and when there is no disagreement among the Board members about the action to be taken. The unanimous written consent is treated in the same manner as if a vote occurred at a regular meeting and will become a part of the Board's records. In this instance, the SIPOA Board believed that the vacancy should be filled as promptly as possible to eliminate any confusion created by the resignation, and to maintain continuity within the Board.

Houff replaces Ed Jones who submitted his letter of resignation on Monday, May 15.

Houff's term as SIPOA Board President will end at the February 2018 meeting. ▲

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MOVING

...and still wish to continue receiving The Seabrooker?

Our mailing list is processed by the SIPOA office. If you are not receiving your paper and are still a Seabrook Island property owner, please contact Allison Townsley at the SIPOA office to update your address. She can be reached at atownsley@sipoa.org or 843-725-1559. ▲

Advertisement for Franke at Seaside, featuring a photo of chefs and text about retirement foodies. Includes phone number 843.856.4700 and address 1500 Franke Dr.

Advertisement for Habitat for Humanity ReStore, featuring a truck icon and text about free in-house pick-up and donations. Includes phone number 843-559-4009.

Large advertisement for Disaster Awareness Day on Thursday, June 15, 2017, from 10:00AM-2:30PM at Seabrook Island Club. Includes a NOAA weather radio prize and contact information 843-768-9166.

DEATH NOTICES

Betty Stringfellow belonged to the land, the land of John's Island. Her family has been here for generations. In 2010, Betty was the Grand Marshal of our Independence Day parade. Sue Coomer's write-up in the Seabrooker that year is a tribute to this daughter of the South. Marcia Hider, the editor of the paper at that time, sent it along."



Betty Stringfellow is this year's (2010) Grand Marshal for the Independence Day Parade on Saturday, July 3rd. When told of the committee's decision to honor her, she was completely surprised and delighted. We spoke with Betty one morning while sitting on her porch with the sun shining on the river and the birds chattering in the trees. As usual this 88 year old was vibrant, alert, full of life and full of the stories about her life. Betty wasn't even aware of the parade's existence but was curious to see what was happening on Seabrook and so she agreed to give it a try.

Betty, born in 1921, was one of three girls. Her sisters, Margaret (now deceased) and Dorothy, 85, inherited the Andell property from their grandparents. For the first 6 years of her life, Betty lived with her grandparents and many of her aunts and uncles in the house where she still resides today. Betty recalls being very much loved and spoiled by her grandparent's entire household.

When old enough to go to school, (she attended a school located at what is now St. Johns HS) she moved back to her parent's home in order to catch the school bus that did not come down as far as the Andell property. Betty's memories of Seabrook are moving down to a shack some distance from the beach each summer with her mother and two sisters. She said she was not a happy camper because the island was so isolated and lonely. Each morning she and her sisters would carry a heavy bucket down to the

water filled with shrimp bait so that her mother could fish for their dinner. If they wanted to eat they had to catch their meal. There were plenty of oysters, crab and fish to be had. She once swore off all seafood because she had had so much of it as a child. Her mother would only fish for Whiting and anything else caught, such as catfish, would be thrown up on the beach so that it would not be caught again.

Betty attended Winthrop College as a young woman. She then married Bill and moved to Washington DC where she helped in his office in the morning and spent her afternoons in the Library of Congress researching Johns Island. Once, while there she was given a box filled with pertinent info about the Island. It was covered with beige tape. She unwrapped it and found a red dot located where the tape came together. The librarian informed her that the tape originally was red since all files were wrapped in red tape before being put in the archives. Betty was the only one to have opened it since it had been filed away. So perhaps one can say that's where we get the expression "Government Red Tape". It took 10 years of research and another 10 years for her to write her book, A Place Called St. Johns. Betty said that writing the book was her way of coping with the loss of her husband. She has also written some short stories about her family's adventures, which are delightful to read.

And oh yes, there is a man in Betty's life that she just adores. He is the love of her life and has a quite a personality. This little rescued dog has a history as amazing as the woman with whom he lives. His name is Mikey. He is part Shih Tzu and part Jack Russell. Betty says the dog is so smart that he understands everything. When he agrees with her, he sneezes and if he doesn't he just nods his head no. Mikey has been with her for 4 years and is her constant companion.

Betty, in her modesty, minimizes her accomplishments. Her generosity is well known when it comes to helping the folks of Johns Island. There is a scholarship fund that each year helps provide for a Johns Island student to attend college. Six young adults at this point are benefiting from this scholarship. The Church of the Savior administers it.

Betty and Bill have one daughter, Laura, whom Betty adores. Laura now lives in Illinois. Betty has two grandchildren, Emily and Ben.

On the whole the time spent with Betty passed very quickly and her ability to relate a story never ceased to amaze us. What a delight! What a wonderful and well-deserved choice for this year's Grand Marshal. ▲



TOWN HALL MEETING Summary of April 25, 2017

After the pledge of allegiance, Mayor or Ciancio called the April 25, 2017, Town Council meeting to order at 2:30 p.m. Councilmen Crane, Gregg, Turner and Wells, Town Clerk Allbritton and Town Administrator Pierce attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

The minutes of the Town Council meeting of March 28, 2017, and the Ways and Means Committee meeting of April 18, 2017, were both unanimously approved as written.

Financials: Mayor Ciancio reported that revenue for the month of April was \$119,938. Revenue exceeded budget by \$15,676 and was mostly due to receiving more Local Option Sales Tax than expected. Year to date revenue, net of the \$400,000 transferred from the General Fund for roadwork, was \$295,109 and exceeded budget by \$37,197. Expenses for the month of March were \$95,693. Year to date expenses were \$198,114 and under budget by \$154,712, primarily due to lower than anticipated expenses on the roadway project, emergency preparedness and legal fees. Expenses were approximately \$31,000 higher than last year. For the month of March, revenue exceeded expenses by \$24,243 and year to date, net of the \$400,000 transfer, revenue exceeded expenses by \$94,996.

Citizens/Guests Presentations, Comments: None

Reports of Standing Committees, Commissions, Boards: Public Safety/Club Long Range Planning Committee - Councilman Gregg reported that the Club's Long Range Planning Committee met on April 13 but he was unable to attend the meeting. Their minutes reflect that the Committee approved a shortened survey for 2017 for which responders will be rewarded.

The Town's Public Safety Committee met on April 10, 2017. The Committee concluded their review of proposed changes to the Town's Comprehensive Emergency Plan so that the revisions could be forwarded to the Town's consultant for preparation and distribution. The Committee's next meeting is scheduled for Monday, May 15, at 10 a.m.

Councilman Gregg reported that the Town entered into a stand-by contract in September of 2013 with Phillips & Jordan for debris removal and disposal services following a disaster event. The original contract provided for an initial term of three years and for two renewals of one year each. In 2016, the Town entered into the first renewal that will expire in September of this year. Councilman Gregg moved for Council to approve the second one year renewal of the Phillips & Jordan contract and authorize the Mayor to execute the renewal. Councilman Wells seconded the motion and the vote to approve was unanimous.

The Town's Disaster Recovery Council met on April 13 to assess the progress on action items discussed at the February 23 DRC meeting. It was decided that the next training and exercise will be two half day sessions held on June 6 and 7. Charleston County is holding a hurricane exercise on June 7 and, following the half day DRC session on June 7, members attending will participate in the County's exercise that will focus on emergency response activities prior to landfall.

Councilman Gregg also reported that the Town received notice, on April 14, from the South Carolina Emergency Management Department that one of three of the Town's pending projects for Public Assistance,

in the amount of \$63,171.38, was approved for FEMA reimbursement. The other two projects are still pending. FEMA will make payment to the State and the State will pass the funds to the Town.

The annual Disaster Awareness Day, held jointly by the Towns of Seabrook Island and Kiawah Island, is scheduled for June 15 from 10 a.m. to 2:30 p.m. and will be held at the Seabrook Island Club. The event will include a program of speakers, vendor displays, door prizes and lunch. Flyers for the event are available at the Town Hall. The flyer announcing the event has been given to the POA for an e-blast and also to Tidelines for publication. Councilman Turner suggested that someone from a security company should be asked to speak at the annual event about communicating with your security company if you are evacuating.

Communications/Environmental - Councilman Turner reported that representatives of the Department of Natural Resources and US Fish & Wildlife had been out to the beach recently and delineated nesting areas for various birds with flags. Tim Kana, from Coastal Science & Engineering, has submitted a survey of the beach that shows there is substantial accretion on the east end of the beach near Kiawah Island but down the coast there has been erosion and sand has been lost. Based on this report, the Property Owners Association has begun the process of applying for permits to scrape sand from North Beach and move it down the beach.

Councilman Turner also reported that a radio check was conducted earlier today. Since the Town has an assortment of different types of radios, Councilman Turner stated that he will make an assessment and hopes to be able to have a recommendation at the next Ways & Means meeting as to a backup radio system that would allow the Town to communicate with expenses by \$94,996.

Advertising & Public Relations/Special Projects: Councilman Wells reported that the Accommodations Tax Advisory Committee will meet on May 22 to consider applications for accommodations tax funds for 2018. Councilman Wells also reported that G. Robert George & Assoc. has applied to OCRM to either repair or replace flapper gates along Seabrook Island Road outside the security gate. Once Council knows what is to be repaired and what is to be replaced, the design work can begin. Town Attorney Steve Brown is still looking into the easement situation.

Community Relations: Councilman Crane reported that the Seabrook Island Property Owners Association Board met on April 17. This was the first meeting at which the full capability of upgraded technology to provide video conferencing in addition to audio call in was tested.

Ways & Means - No Report Planning Commission - No Report Board of Zoning Appeals - No Report Reports of Ad Hoc Committees: Accommodations Tax Advisory - No Report Reports of Town Officers: Mayor - Mayor Ciancio reported that, in the past, the Town has employed off-duty Charleston County Sheriff's deputies to serve as the Town's beach patrol. There are several drawbacks to using the deputies:

- They are subject to call up by the County in the event of emergencies leaving no one to patrol the beach.
- They are not qualified in water rescue.
- They are also not allowed to write citations for violation of the Town's beach ordinance.

For those reasons, Council re-examined the beach patrol issue and published in February an invitation to bid for beach patrol services. Bids were received on March 9, 2017, and opened the following business day. Island Beach Services was the only bidder. For the last several weeks, the Town has been negotiating several

items in the contract. The initial term of the contract is from May 1, 2017, through April 30, 2018. The contract price is \$54,300, plus reimbursement for all reasonable expenses necessary to accomplish and complete the specified services. The contract price is more than the Town has paid in the past but the Town will be getting more man hours of coverage and more comprehensive services. Island Beach Services' employees will be sworn in and trained annually as Code Enforcement Officers and will be able to issue citations in appropriate circumstances. Council will adopt written policies stating the basis upon which these citations will be issued. Councilman Crane moved to authorize the Mayor to execute the contract substantially in the form that is included in Council packets with such changes, other than price, as he deems necessary or appropriate. Councilman Gregg seconded the motion and the vote to approve was unanimous. Mayor Ciancio stated that his next article in The Seabrooker will contain details about the contract for beach patrol and how the beach rules will be enforced. A resident, Jim Dobson, raised concern over the beach patrol issuing summonses in order to enforce beach ordinances and also the caliber of employees hired to perform the duties specified in the contract. Mayor Ciancio stated that this is a one year contract and it will be reviewed at the end of the year.

Mayor Ciancio stated that, following Hurricane Matthew, FEMA quickly agreed to reimburse the Town of Hilton Head Island for its cost of removing debris from private roads on the island but a number of other communities have not been so fortunate. FEMA has denied reimbursement for Kiawah Island and they are in the process of appealing that decision. Mayor Ciancio spoke last week with Scott Leggett, Chief Engineer and Director of Public Projects for the Town of Hilton Head Island. Mr. Leggett, members of his staff and members of the Hilton Head law department have agreed to meet with representatives of the Town and the Property Owners Association to review steps Hilton Head has taken pre and post event to obtain FEMA reimbursement. It is anticipated that the meeting will take place during the first two weeks of May.

Town Administrator - No report. Town Council Members - See Above Utility Commission - Chairman Jim Bannwart reported that the Utility Commission will be back on their regular billing scheduling in May. There has also been a lag in getting financial reports but the January and February financials show a net positive cash flow of \$24,000. Chairman Bannwart also reported that Hawthorne Services, which was bought by Louis Berger, will be closing their North Charleston office and the billing/accounting employee and possibly one other employee will be moving to the Utility Commission's Seabrook Island office.

Petitions Received, Referred or Disposed of: None Ordinances for First Reading: None Ordinances for Second Reading: None Miscellaneous Business: None Citizens Comments: Heather Paton, Executive Director of the Property Owners Association, commented that Legare Farms had contacted them about bringing a mobile farmer's market one day a week to the Lake House. The POA declined their offer but told them to contact the Town to see if they would be interested. Mayor Ciancio responded that the Town Administrator could talk to them.

Jim Dobson commented that he had noticed that the area marked by signs that denotes the designated area for dogs is much smaller than the intended 550 yards. Council agreed to look into it. Mr. Dobson also questioned why Seabrook Island's dog ordinance is so restrictive. Mayor Ciancio stated this issue was debated for a long period of time before a compromise was reached and that he would not be inclined to re-examine the issue unless the SEADOGS/Birders had an issue with the current ordinance.

The meeting was adjourned at 3:30 p.m. ▲



C.O.V.A.R. CORNER

ALLAN KEENER

Council of Villa Associations and Regimes Information
Open Letter to all Seabrook Island Property Owners, Guests and Visitors
JUNE 2017

As I sit at my computer, writing this article over the fourth consecutive Mother's Day weekend that I have written this column, no tropical storm has darkened our doorsteps. By the time you read this article in June, which marks the start point in the Atlantic Hurricane Season, such storms will likely have spawned in the Atlantic and come our way. Hopefully, they will have minimal impact. Keep in mind, however, that the height of the Season is still months away, so this article is timely and reminders about preparedness for other acts of nature (earthquakes, floods and tornadoes, to name the most likely) are always appropriate. Our experience last October with Hurricane Matthew only serves to reinforce this observation.

Town/Property Owners Association Responsibilities

First, I'd like to familiarize you with the actions that have been taken by official Seabrook Island (Town of Seabrook Island and Seabrook Island Property Owners Association [SIPOA]) to prepare for a broad range of natural disasters. From January through April of this year, the Town's Public Safety Committee under the leadership of Councilman John Gregg conducted an annual in-depth review and update of the Town's Comprehensive Emergency Plan (CEP), incorporating lessons learned from Hurricane Matthew and disaster exercises. In addition, Mayor and Council, have embarked on efforts to, among others, alleviate flooding on the Town portion of Seabrook Island Road, align community expectations with law enforcement policy (law enforcement patrols of the community can be expected, but SIPOA has responsibility for security at the SIPOA gate) and to clear appropriate Island roads for emergency access and restoration of utility services (SIPOA has primary responsibility for debris clean-up inside the SIPOA gate, but the Town has an ordinance that addresses the potential for Town action inside the gate on approval by Town Council). SIPOA previously published its own updated Emergency Plan on October 30, 2013. Excerpts from this document as well as other related information are posted on the SIPOA Public Website under "Emergency." Related instructions for registering for transportation to an emergency shelter during a mandatory evacuation of Seabrook Island are contained in the Town publication entitled *Are You Prepared for Flooding in your Neighborhood?* which is updated and distributed annually to all residents. To avoid the potentially dire consequences of being stranded on the Island after a mandatory evacuation is ordered, it is crucial that those individuals needing assistance and/or those aware of them provide the requisite information to the Town.

Individual Responsibilities

Have you considered what you could or would do in case of a disaster? Especially for your guests if you are not present and for your renters? The first thing that I would advise that you do is to communicate with your association/regime property manager (or, if you have none, the responsible board member) and find out what assistance they will provide in case of a disaster. Have they reviewed and completed the lists contained in the Building and Strengthening Disaster Readiness among Neighbors brochure that is available from our Community Emergency Response Team (CERT), which is discussed in more detail, below? Are the lists current and in the hands of full-time residents and are they prepared to respond? It should be noted that your association/regime property manager or responsible board member are the same people that the Town plans on using as a conduit for information passing to and from your association/regime in the event of a disaster, as well as during its aftermath. If you have a rental agent

reviewed and updated the Emergency Preparedness portion of the Town's Website (townofseabrookisland.org), which is posted under "Emergency Preparedness" with the goal of providing user friendly access and relevant information to aid individual preparations for an emergency. The Town has, since Hurricane Matthew, also "stepped-up" its use of social and other media to enhance the timeliness of delivery of emergency information, including establishing protocols for direct resident communication in the event of an emergency. In the immediate aftermath of Hurricane Matthew, SIPOA convened a Hurricane Matthew Emergency Review Committee to "capture" lessons learned from the event while still fresh in each participant's memory. The nature of the data gathered was of such import that the SIPOA Board felt it necessary to commission an Emergency Preparedness Task Force under the leadership of Board Members Julie McCulloch and Guy Gimson. From February to April, this Task Force and its subcommittees studied and provided recommendations for consideration by the SIPOA Board concerning the following: 1) Preparation and Planning, 2) Communication, 3) Security, 4) Post Storm Activities and 5) Financial Preparedness. These recommendations were presented to the Board on May 15 and then provided to all SIPOA Property Owners for comment. After considering Property Owner comments, the Board will take action on the recommendations.

At this point, it bears reinforcement that the Town CEP, which "...addresses the Town's personnel, elected and appointed officials, and services provided to its residents..." does not attempt to address the individual responsibilities and preparations required by the Town's residents..." The latter statement also holds true for the SIPOA Emergency Plan. Individual responsibilities and preparations are where you, as property owners and your guests and renters come into the picture.

Have you considered what you could or would do in case of a disaster? Especially for your guests if you are not present and for your renters? The first thing that I would advise that you do is to communicate with your association/regime property manager (or, if you have none, the responsible board member) and find out what assistance they will provide in case of a disaster. Have they reviewed and completed the lists contained in the Building and Strengthening Disaster Readiness among Neighbors brochure that is available from our Community Emergency Response Team (CERT), which is discussed in more detail, below? Are the lists current and in the hands of full-time residents and are they prepared to respond? It should be noted that your association/regime property manager or responsible board member are the same people that the Town plans on using as a conduit for information passing to and from your association/regime in the event of a disaster, as well as during its aftermath. If you have a rental agent

and/or caretaker, you should similarly communicate with them. Again, it should be noted that your rental agent is the same person that the Town plans on using as a conduit for information passing to your renters in the event of a disaster. I would also advise you to sign up the telephone number at your villa to receive "Code Red" weather warnings from the Town. This service automatically notifies those in the path of severe weather just moments after a warning has been issued by the National Weather Service and is available to you at no direct cost. You can sign up for it on the Town Website by clicking the "CODE RED" button under "Emergency Preparedness."

Types of Emergencies

Here on Seabrook, we usually think of hurricanes as the most prevalent type of disaster that we face. We generally feel prepared to deal with them with checklists and emergency evacuation plans, as recommended on the Town and SIPOA Websites, to include registration for transportation to an emergency shelter by or on behalf of those who require Town assistance in evacuating the Island. However, hurricanes are something we usually have warning of days or weeks in advance of them nearing and/or directly hitting our Island. Other disasters such as earthquakes, fires, flooding, tornadoes or some other unexpected happening may occur with little or no warning. In such cases, first responders, such as SIPOA Security and/or St. Johns Fire Department, may be overwhelmed and it will be up to us to have plans in place to respond and to be prepared to help ourselves and our guests and renters. Fortunately, we have at our disposal a small group of about thirty 30 residents trained by the Charleston County Emergency Management Department to assist us and our associations/regimes with both preparation and response. These residents form our CERT under the current leadership of John Reynolds (JohnR99773@aol.com or 843-768-0434). The group meets once every two months to discuss safety issues and update and review their skills. They are a sub-committee of the SIPOA Safety and Security Committee and work closely with the Town, even participating in its disaster exercises and emergency response activities. As previously mentioned, CERT can provide invaluable assistance to your association/regime in its preparedness efforts.

This review of emergency preparedness is the Cliff Notes version, intended to start you thinking and preparing for all potential emergencies on Seabrook Island, not just hurricanes. I hope that you will take this matter to heart and step up your preparedness efforts so that come what may, you and your association/regime are as fully prepared as possible for it.

In closing, I urge you to attend the June 15 Seabrook/Kiawah Disaster Awareness Day at the Seabrook Island Club.

COVAR's next meeting will be held on September 9, 2017, from 10 am to 12 Noon at the Lake House unless the need should arise for an earlier meeting. All Seabrookers are invited to attend.▲

On Wine

Michael Morris



TEXAS WINE?

When most people think about wine producing states they think of California, Oregon and to a lesser extent, Washington. However there are a handful of states that are striving to join those states in the production of world class wines. Those states include some with a longer history like New York and Virginia and those whose entry into the discussion like Texas, New Mexico and Arizona, is much more recent.

The most important step for these burgeoning wine regions is to find which grapes are best suited to their climate and terroir. In New York, for example, it is Riesling, Cabernet Franc and Pinot Noir in the Finger Lakes. On the North Fork on Long Island it has been Merlot and Chardonnay. In Virginia, it has been Vignier, Cabernet Franc as well as Cabernet Sauvignon and Merlot.

Most wine regions east of the west coast began their wine production with the use of hybrid grapes. These grapes are created by crossing vitis vinifera (Cabernet Sauvignon, Chardonnay etc.) and native grapes. This was done because the hybrids are more resistant to the challenges that face wine growers in the States: heat, humidity and excessive rain. Unfortunately, hybrid grapes do not produce anything close to world class wine. Accordingly, they do not command a price that makes them economically viable beyond the tourist laden tasting rooms at the winery.

When producers began to abandon these hybrids, the first inclination was to plant Cabernet Sauvignon, Merlot, Pinot Noir and Chardonnay. After all, these are the grapes of famed regions like Bordeaux and Burgundy. While these varieties have found some success on the east coast, in Texas and the southwest, they have proved less reliable. In order to keep wineries viable, US laws allow for up to 25% of a wine to be from somewhere other than what is listed on the label. So many Texas wineries will import juice from California

to supplement their production and still label it as Texas wine. Most consumers probably don't even realize that their Texas wine is 25% Californian.

With a group of younger vignerons committed to producing wine in Texas, they have begun to turn to more Mediterranean varieties and have found much more success. Grapes like Graciano, Mourvedre and Tempranillo. With this success, these winemakers are now looking to distinguish Texas wines and are trying to change the law in Texas so that any wine labeled as Texas wine would be required to contain 100% Texas grapes.

Earlier this year, HB 1514 in the Texas House and SB 1833 in the Senate, the "Truth in Labeling Act" were introduced to accomplish the 100% goal. One would think that these bills would sail through the legislature, especially in a state like Texas, where pride in the state is rarely tepid. Despite bipartisan support, there is a strong push against these bills by some of the larger producers in the state. They claim that Texas is too young of a wine producing region and that production is not consistent enough to demand Texas grapes entirely. On the other hand, smaller wineries argue that wine production is inherently inconsistent and that if Texas wants to distinguish itself, people must know that what they are drinking is actually from Texas.

The fight comes down to small producers who want to make an artisanal and distinct product versus the large producers who want their wines to line the aisles of the supermarket. Allowing 25% of California juice boosts the output and helps them sell more wine. As Mark Hyman, president and CEO of Lubbock's Llano Estacado, one of the largest and oldest wineries in Texas (producing 170,000 cases a year) told *The Austin Chronicle* in an April 29th article "We're trying to compete with the industry giants out there - with Kendall-Jackson, Clos du Bois, Chateau Ste. Michelle, Robert Mondavi, Barefoot". Those that are committed to make Texas wine distinct argue that they have no problem with that, they just want the consumer to know what they are drinking.

How can they create a niche market if people who are drinking a wine with 25% California juice don't realize they are not drinking something entirely from Texas. I, for one, have become curious about Texas wine, but if I am drinking something that is actually a Texas-California blend, I don't learn anything about what makes Texas wine unique.▲

Vinegar Is the Best Treatment for a Man O' War Sting

A new study suggests urine, sea water and lemon juice all do more harm than good on painful stings.



Stay back! A beached Portuguese man o' war (Elizabeth Condon/National Science Foundation)

Jellyfish stings hurt, and some of them can even be deadly. But the sting of the Portuguese man o'war—which is technically a siphonophore and not a jellyfish—is particularly painful.

The creatures float around using an air bladder and are often pushed en masse onto beaches by wind and water currents where they sting unsuspecting beachgoers. For years, first aid manuals have suggested treating man o' war stings differently than those of jellyfish. But as George Dvorsky reports for Gizmodo, a new study suggests that's not necessary. In fact, most of the common treatments recommended for jellyfish and man o' war stings actually do more harm than good. The researchers published their results last week in the journal *Toxins*.

According to a press release, Angel Yanagihara, senior author of the study and head of the Pacific Cnidaria Research Laboratory at the University of Hawaii, Manoa, began the project with box jellyfish, considered one of the deadliest creatures in the world. She designed a set of models that mimic human tissue to test the best ways to treat their stings.

Those tests revealed that some common recommendations, like applying urine to the sting or scraping off the tentacles, just made things worse. "Without solid science to back up medical practices, we have ended up with conflicting official recommendations around the world, leading to confusion and, in many cases, practices that actually worsen stings or even cost lives," Yanagihara says in the press release. So the researcher decided to run similar tests on the man o' war, collaborating with jellyfish specialist Tom Doyle at the National University of Ireland in

Galway. The duo performed the same experiments on man o' wars from around Ireland and Hawaii. As Dvorsky reports, the researchers found many potential treatments—including dousing the sting with urine, alcohol, soda, lemon juice and dish soap—all caused the cnidae, which are the microscopic capsules tipped with stingers that do the damage, to discharge more toxins. None of these treatments stopped them from stinging. One common treatment, rinsing the sting with seawater, was particularly bad and just spread the cnidae over a wider area.

So what does work? It turns out that rinsing the sting with vinegar then immersing the area in water 113 degrees Fahrenheit or hotter for 45 minutes will deactivate and rinse away the cnidae as well as deactivate the venom already injected. A product developed by the U.S. military for combat divers called **Sting No More** also works.

Current guidelines recommend vinegar for jellyfish stings but discourage the use for man o' war. "Given that most recommendations expressly forbid the use of vinegar and recommend seawater rinses, these findings completely upend current protocols," Yanagihara says in the press release. For Doyle, the result means eating some crow. A decade ago, he helped put together the protocols for treating stings in Ireland, which recommend rinsing the sting in seawater and using an ice pack, more or less the opposite of what the study's results.

The team will now set their sights on the Scyphozoa, or the true jellyfish, to figure out the best way to treat their stings. This means that there's still a chance this disturbing but classic scene from the TV show *Friends* might turn out to be best practice.▲

Jason Daley - May 4, 2017

SANFORD SENDS LETTER TO SC DEPARTMENT OF HEALTH AND ENVIRONMENTAL CONTROL

On May 4, 2017, Representative Mark Sanford (R-SC) sent a letter to the Director of South Carolina's Department of Health and Environmental Control (DHEC), Catherine Heigel, urging DHEC to delay Google's permit request to increase groundwater withdrawal activities:

Dear Director Heigel,

In light of your upcoming hearings on aquifer withdrawal permitting, I am writing to express my concerns, and those of the residents I serve, with what could be a serious threat to the groundwater resources of the Lowcountry and surrounding regions. As you know, Google has recently applied for a modification to their permit to pump up to 1.5 million gallons of water a day from the Middendorf Aquifer beneath the Charleston area - triple the amount they are currently permitted to withdraw. And while the Lowcountry is blessed with an abundance of fresh water, there is no way to fully under-

stand how our homes will be affected until proper geological surveys are conducted. Accordingly, I think there is particular wisdom in pressing the "pause" button before rushing to complete Google's permit application.

Aquifer depletion is dangerous for local residents and economies alike, as it leads to the drying up of drinkable water sources, increased pumping and utility costs, and eventual contamination from saltwater intrusion. Furthermore, Google has declined to comment on their request to triple the volume of groundwater that they currently withdraw, or on whether or not they have pursued alternative solutions to harmful aquifer depletion. I could go on, but the point is that we should not open our resources to the promises of anyone, regardless of how good a corporate citizen they are and have been, without first thoroughly examining the effects

of this kind of aquifer depletion on our fresh water reserves. To this end, both the U.S. Geological Survey (USGS) and the South Carolina Department of Natural Resources (DNR) will finalize a study in 2019 that updates models of groundwater flow and recharge in the Middendorf Aquifer. These studies will contain information vital to understanding the effects that increased aquifer withdrawal will have on our natural water reserves, and will allow your agency to form a more comprehensive groundwater management plan for the area.

It is for these reasons that I urge DHEC to delay Google's permit request to increase groundwater withdrawal activities until local regulators have adopted a responsible groundwater management plan that incorporates all of the findings from the new USGS and DNR study.▲

The South's Most Engaging Art Competition and Festival
Seabrook Island photographers participate



ArtFields started in 2013 with a simple goal: honor the artists of the Southeast with a week's worth of celebration and competition in the heart of a traditional Southern small town. With more than \$120,000 up for grabs — and awarded based upon the input of every visitor to ArtFields and

a panel of judges made up of acclaimed artists and educators, the competition offers life-changing cash prizes to artists across all media who live in 12 Southeastern states.

More than 400 masterpieces were displayed in locally-owned venues, from renovated circa 1920s ware-

houses and Smithsonian-qualified art galleries to upscale restaurants and start-up boutiques, in a celebration of art and community. What was once one of South Carolina's most prosperous agricultural communities becomes a living art gallery as we recognize, celebrate, and share the artistic talent of the Southeast.▲

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Making Better Use of Your Technology

Podcasts

about as many different varieties as there are folks with something to say. Almost every major newspaper has a daily podcast that will give you the highlights of the day's news. I get the New York Times daily podcast just because I have a subscription to Audible.com. Just about every area of interest is covered these days including golf, tennis, genealogy, shopping, politics, economics, book reviews - pick a subject and you will probably find a podcast or two or ten.

So where do you find podcasts? If you have a smartphone or tablet, the best way to find and listen to podcasts is through a podcasting app - called a podcatcher. It allows you to manage all your podcasts in one place. One of the best, and a good place to start, is with an app called Pocket Casts which is available for iOS, Android and Windows phones (\$3.99 for iOS and Android). If you search for "podcasts" in the iTunes store or Google Play Store you will find quite a few other apps that

work the same way. I don't make it a habit to pay for apps, but there are exceptions. There are some free options out there, but Pocket Casts is one of the best in my opinion. Once you install your app of choice, you can explore what podcasts are available, pick out a few that interest you, and they will automatically download to your phone or tablet when you have a WiFi connection. That means you won't be using your data plan to listen when you are away from home. Just for the record, these podcasts do take up storage space on your phone so I recommend you delete a podcast once you have listened to it. You can always retrieve it again through the app if you need to.

If you want to listen to podcasts in your car I don't recommend you do that with a headset. Most newer cars (last 10 years) have a connection (usually inside the storage compartment between the front seats) for you to connect a line that runs from the headset

port on your phone or tablet to your car's audio system. You will need to purchase an "audio to audio" cable and you can order one for as little as \$5.00 on Amazon.com. Then you just have to configure your sound system for "line in" (the method for doing this will vary from car to car - so check out your user manual for instructions) and voila! Your podcast will play through your car's stereo system. How cool is that!

And this isn't just for your car. If you want, you just plug in your headset and set out for a walk or a trip to the fitness center and listen to your podcasts just like you would your music.

So find yourself a podcatcher and have some fun learning something new!▲

Denise Doyon

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GULLAH GALA



May was a wonderful month indeed for the Sea Island Hunger Awareness Foundation due to the generosity of so many of you who supported and attended the Gullah Gala and the Gullah Celebration.

On May 5, Mary Whyte and Jonathan Greene spoke to a rapt audience at the Gullah Gala in the Island House on Seabrook. Those who attended the Gullah Celebration at Freshfields on the following day were entertained by Ann Caldwell and the Magnolia Singers as well as the Deninufay African

Dance and Drum Troupe. The weather was perfect, and over \$105,000 was raised to help feed the hungry on Wadmalaw and Johns Island and to bring clean safe water to the residents of Wadmalaw through the Water Wellness Project.

We are so grateful to all the volunteers who helped organize these two events and to all who participated to show your support for the work of the Foundation. How fine it is to do good while having a fun time! ▲

EXCHANGE CLUB NEWS

NEXT STEP JOHNS ISLAND WORKS WITH ST. JOHNS HS STUDENTS TO CREATE INFORMATION NOTEBOOK



Heather Chavis and Keyara Choice discuss their plans for the future with Shannel Williams.



Nichole Cooke discusses more ways to use SC Works services with Shannel Williams



Marcia Cassell and Barbara Griffin with SJHS students

A high school curriculum cannot include all the information that a graduating senior needs to have at hand, Next Steps Johns Island created a notebook containing needed information about services offered by Charleston County Social agencies. A grant from the Kiawah-Seabrook Exchange Club provided funds for printing and providing binders for the book. Barbara Griffin and Marcia Cassell, volunteers with NSJI, collected, typed, collated and illustrated this gift to the senior class.

Stephen Larson, principal of SJHS, is pleased with the body of material used in the notebook. He is asking NSJI to produce more copies of the book so that it can be distributed to rising seniors in the fall of 2017. Principal Larson views this project as an opportunity for the community and the school to work together more closely in preparing students for their "Next Steps" beyond high school.

One example of making use of state funded programs is the availability of SC Works. This organization helps students learn the protocol of a job interview and the selection of appropriate dress for success. In May NSJI arranged for SC Works to come to Johns Island during a senior breakfast to inform students of their services. Tutoring, coaching for college entrance exams, or completing a GED are just a few of the efforts to help get graduates into the work force. SC Works also provides transportation assistance to those who want to attend training programs at the North Charleston locations.

Key focus in SC Works training is gaining the skills to secure a brighter future. Shannel Williams, director of the services, led the session and strongly encouraged students to take advantage of the financial incentives offered by the program to make a commitment to their employment goals.

Ms. Williams emphasized the purpose of the service: to bring employers and job seekers together while providing career counseling, job referrals, and resume writing assistance.

Many of the seniors have already been accepted at four year colleges. Others plan to attend Trident Tech to qualify for a variety of job training certifications or to begin a nursing program. These students are looking to the future with clear cut goals. One student, Keyara Choice, is enrolled in Trident's graphic arts department aiming toward a career as an animator for games. Heather Chavis is already in the business of practicing her culinary skills, hoping to become a pastry chef. She has perfected her recipe for deep fried monkey bread bites-which all of her classmates agree are delicious. ▲

Charleston Stage's Education Department Goes International



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If your family is interested in hosting one or two of these students, please email Sam Henderson at shenderson@charlestonstage.com for more info! ▲



ABOUT THE STUDENTS:

Hui-Yi Zhang (Scarlett) is 16 years old and a native of Hualian, Taiwan. She is a member of the Toroko tribe. Singing is the biggest passion in her life, and she has performed with the Taiwanese guitar phenomenon, Masa Yu, on multiple occasions.

Chi Chen (Bruce) is a 15 year old originally from Taitung, Taiwan. He has been singing in church since he was a little boy and enjoys being active in the Aboriginal Dance and Culture Club as well as serving as the lead singer in the school a cappella group.

Kuvangason Tsangale (Charlie) is 15 years old and grew up in a musical family in the Paiwan tribe. With both of his parents working professionally in show business, Charlie hopes to become a professional performer in the future.

Jia-Xin Du (Cindy) is 13 and a member of the Bunun tribe from Hualian, Taiwan. She loves singing, dancing and playing the drums and is a certified street performer in Taiwan.



Mary Whyte, Photo by Jack Alterman



Sunset Serenade, 2016

Mary Won!

Watercolor Artist and Seabrook resident Mary Whyte was the official winner of the Charleston Symphony Orchestra League Contest, Pursuit of the Podium! Mary conducted a short piece during the curtain raising concert, Sunset Serenade, kicking off Piccolo Spoleto. Mary Whyte extended her heartfelt appreciation to all supporters! "I am so excited to have a brief part with our beloved Charleston Symphony Orchestra," said Whyte. "It was truly an exhilarating honor to celebrate the arts with the CSO!"

Mary Whyte is an American watercolor artist receiving award-winning recognition for her figurative watercolor paintings. In 2016 Whyte was chosen by the Portrait Society of America as the 2016 recipient of the Society's Gold Medal - the highest honor awarded by the Portrait Society. Whyte has been awarded the South Carolina Arts Commission's Elizabeth O'Neill Verner Award, the highest honor for an artist given by the state of South Carolina. ▲

TURTLE PATROL SEASON BEGINS WITH A FLURRY

The first South Carolina Turtle Nest of the 2017 Turtle Season was reported on Isle of Palms on Sunday, April 30th. As a result, the Seabrook Island Turtle Patrol moved up the beach patrol start date to Tuesday, May 2nd.

It looked like the season was off to a slow start when no crawls were reported on the first day but we did get a great sunrise picture from Bill Nelson. The idea of a slow start disappeared in a hurry on Wednesday, May 3rd. Although there wasn't a nest, it got busy when Lucy and Ray Hoover and Lauren Gilmer found a live loggerhead turtle stuck under a tree that had washed up on the beach. Bill Greubel, Terry Fansler and Sandy MacCoss responded to the report and they were able to get the turtle into the Turtle Patrol Truck. Keeping the turtle hydrated, they drove the truck to the Fansler's driveway to await the Department of Natural Resources. By mid-morning, Jenna Cormany from the DNR arrived and the crew moved the turtle to the DNR truck for transport to the Turtle Hospital at the South Carolina Aquarium.

That afternoon the Patrol received a report from the Turtle Hospital that the male loggerhead has been named "Bruce" as the naming theme this year is "Finding Dory". He was named Bruce because a shark had attacked him and Bruce is the Great White Shark in the movie!

The Hospital reported that they will have to amputate Bruce's right front flipper due to the shark wounds. He also has an extreme number of barnacles, and lab tests show other health deficiencies that need to be corrected. Despite all this, the Turtle Hospital says they are optimistic about his survival. As of May 15th "Bruce" is still hanging in there. Hopefully, we can all visit him at the South Carolina Aquarium Turtle Hospital this Spring!

As it turns out, the fun had just begun. Early Thursday, May 4th,



(L-R) Gloria Reynolds, Terry Fansler and Pat Luzadder



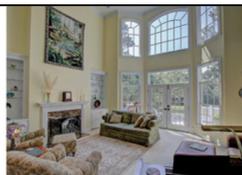
The nest had 123 eggs and was relocated to a new and safer spot above the high tide line.

By May 16th, the Turtle Patrol had identified 11 nests. This is an unusually high number of nests this early. Hopefully, it's a sign of a great season!

The purpose of the Seabrook Island Turtle Patrol is to protect and preserve the sea turtles that visit our beach. This is accomplished through identification and protection of nests, inventory of nests, data collection and education of island residents and visitors. You can access our web site, www.siturtlepatrol.org, or like us on Facebook to get additional information about the Turtle Patrol, sea turtles, nets and even upcoming inventories. ▲

Gary Fansler

Terry Fansler, Gloria Reynolds, Chris Czander and Pat Luzadder found a crawl a few hundred yards north of the Pelican's Nest. The wind had blown away a lot of the field signs but they were all sure there was a nest there. Judy Morr and Terry Fansler probed extensively with no success. Then Pat dug away 6 inches of sand in the most likely nest area and Judy and Terry started probing again. Finally Judy found the first nest of the 2017 season.



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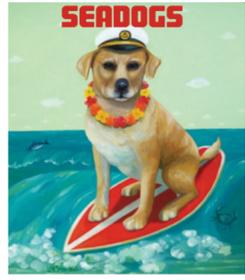
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Seabrook Island Dogs and Humans Have Fun at SEADOGS Beach Walk While Raising \$6785 for Hallie Hill Animal Sanctuary



SEADOGS, the Seabrook Island dog and beach advocacy group, held the annual Beach Walk on April 27, 2017 on North Beach. The Beach Walk is a tradition that has helped the Seabrook Island community combine fun for dogs (and their humans) with charitable giving to worthy Charleston animal causes. The Beach Walk attracted about 40 dogs. All had a tremendous amount of fun enjoying beautiful weather and the great beach. SEADOGS was also honored to host Jennifer Middleton, Hallie Hill Animal Sanctuary Director. As had been mentioned in advance, the event also had the purpose of raising money for this wonderful charity. In fact, an amazing total of \$3635 was donated by participants at the event. The SEADOGS Presidents' challenge contributed another \$3150 bringing the grand total raised for Hallie Hill to \$6785. To put this great result in perspective, the 2016 event raised \$3880. Congratulations to everyone who participated in the Beach Walk and the giving. Only on Seabrook Island could this happen!

SEADOGS will have one more event this fall. We'll be announcing details later this summer. You can be a part of this important community organization. Membership is \$25 per year. For more information about the SEADOGS, contact either Mitch Pulver at mjpulw@yahoo.com or Jerry Cummin at hutchiejerrycummin@gmail.com. ▲

PHOTOS BY MITCH PULVER



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SEABROOK ISLAND TENNIS TEAM VISITS CASSIQUE

The Seabrook Island Racquet Club has scheduled a number of "friendlies" with other local clubs. Good for the game and the comradere amongst the players. In early May, the SIC and Cassique held such a friendly. Below are photos from that meeting.



Head Professional Mike Kiser & Sydney Galley



Montgomery & Robert Cherry



Pat Marino



Mark Mogul



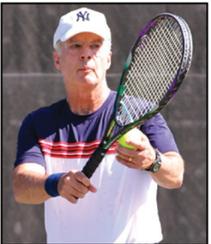
Mike Phillips



Dick Hughes



Kavid Krumwiede & Mark Mogul



Cliff Montgomery

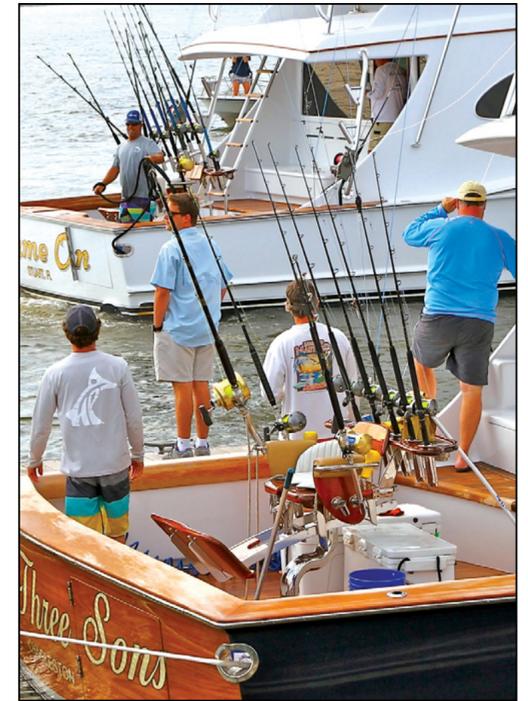


Sydney Galley



BILLFISH TOURNAMENT AT BOHICKET MARINA

PHOTOS BY RALP SECOY



Seabrook Wild Things
by Members of the Environmental Committee

The Future of Seabrook Island's Alligators Depend on YOU – DO NOT FEED THEM!!

Alligators, *Alligator mississippiensis*, have resided on Seabrook Island for thousands of years. These cold blooded reptiles are closely related to dinosaurs of the past and it seems strange that their closest modern relatives are birds. Once nearly wiped out and on the federal endangered species list, alligators are now abundant throughout the southeast United States.

Alligators occur in all of Seabrook Island's freshwater ponds and lakes and occasionally found in brackish and salt water. Nearly every year one or two alligators are washed out of their fresh water environment into the ocean and find their way to the beach to the surprise of beach goers. Being cold blooded, alligators spend much of their time basking in the sun and are frequently seen along the bank and water's edge. Frequently they are seen sunning with their mouths wide open

which is a cooling mechanism like a dog panting.

Being cold blooded (ectotherms) also permits alligators to operate at very economical metabolic rates and allows them to eat very little and go long periods between meals. An 800-pound alligator will eat less than 100-pound dog in a year. They are opportunistic feeders and will eat nearly anything they come into contact with (fish, turtles, frogs, birds, crabs, snakes, small mammals, and even other alligators). Alligators have very poor eye sight but very good hearing and are very sensitive to vibrations in the water.

Alligators may be seen on Seabrook Island throughout the year but are more active during the warm summer months. Adult alligators may live up to 60 years reaching 13 to 15 feet in length (about fifty percent of which

is the tail) and weigh more than 500 pounds. Breeding occurs in May and larger males frequently chase the smaller ones out of their area resulting in many small alligators moving across the island to avoid being eaten and to find a new home. In June and July females lay 20 to 60 eggs which are white and about the size of goose eggs in a mounded nest constructed of vegetation. The young alligators will hatch in about 2 months and the female will aggressively defend them for up to a year.

All alligators are dangerous and must be respected always. They can move much faster than most people think and their jaws are extremely powerful. Most of their jaw muscles are designed to close, crushing anything they bite. They have very little strength to open their jaws but can crush the bones of a deer or other prey with no trouble. Once they bite something too large to swallow they twist and roll over and over tearing their prey into pieces.

It is extremely important not to feed an alligator as they quickly learn to associate food with man. Once that happens they will approach others, be labeled a nuisance alligator and KILLED. Alligators have a very strong homing instinct and will travel miles to return to a pond or lake so relocating a problem alligator is not an option. Once they associate man with food they will be KILLED. ▲

Charley Moore
Environmental Committee



When you see small alligators on the bank their mother is generally close by.



An Alligator suns on the Bank of a Jenkins Point lagoon.



Don't be fooled by their appearance alligators can move extremely fast on land.

PHOTOS BY CHARLEY MOORE

A FED ALLIGATOR IS A DEAD ALLIGATOR USE SOME COMMON SENSE - IT'S ALSO STATE AND FEDERAL LAW

1. Keep your distance – Do not approach any sized Alligator. Alligators may move extremely fast on land. Keep away 20 feet or more.
2. Do not fish or crab when alligators are present. Do not throw fish, crabs or other food items in the water.
3. Be watchful when walking around Palmetto and other Seabrook Island Lakes.
4. Keep children and pets away from the edge of any water body – even pets on a leash.
5. Golfers should keep in mind that alligators occur in all of Seabrook Island's waters and frequently may be in surrounding vegetation (rough) on the golf courses.
6. The future of alligators on Seabrook Island depend on the residents and our guests respecting their right to be here, to remain wild, and left alone.

IT IS CRUCIAL - "DO NOT FEED ANYTHING TO AN ALLIGATOR"



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HEALTHY AGING



Jerry Reves, MD

DIZZINESS WHEN STANDING QUICKLY OR ORTHOSTATIC HYPOTENSION

One of the many medical problems that worsens with age is called orthostatic hypotension or postural hypotension. Most of us have from time to time experienced some "light headedness" or dizziness if we have gotten up rapidly from either a lying or sitting position. This phenomenon is medically referred to as orthostatic hypotension.

What Happens?

This physiologic response is to gravity that moves our blood around so that it no longer returns to the heart. When we stand up rapidly, blood in our venous system pools in areas below the heart and thus the blood return to the heart is diminished. With less return the heart cannot pump blood to the highest part of our body, namely the head and brain. When there is reduced blood flow to the brain we get dizzy. Usually the body quickly realizes the problem and squeezes blood back into the central circulation so that normal blood flow returns to the head in only a few seconds. The dizziness disappears and we go about our activities without any problems.

How does this happen?

There are two major factors that one has to understand that explain the physiology of this phenomenon. First, most of our blood is always in the venous system. For this reason it is called the "capacitance circulation" because up to 80% of our blood is in the venous system at any one time. (See the figure.) The other factor at play is the sympathetic and parasympathetic nervous systems. The amount of blood and even the speed and strength of the heart contractions are controlled by the interplay between the sympathetic and parasympathetic nervous system. If the sympathetic system predominates the veins will constrict and the heart will beat faster and more forcefully. This is what happens when the brain doesn't get enough blood flow. However, the brain did not get blood flow when rapidly standing because gravity, another factor, keeps blood in the veins below the heart and on standing cardiac output decreases since it is running on empty (see illustration).

Physiologic Causes of Orthostatic Hypotension

There are a number of conditions or causes that contribute to orthostatic hypotension. First is aging. The sympathetic nervous system is not quite as active as in younger people and the "tone" in the smooth muscles that keep the veins from expanding too much is relaxed, much as the tone in our other muscles is lost as we age. However, age is not the only factor that contributes. Another main factor

is lower than normal blood volume or hypovolemia. This can occur when we perspire and lose volume and become dehydrated. Dehydration also can occur from diarrhea, nausea and vomiting and bleeding. Bleeding can also lead to anemia which is less red blood cells in our blood which can contribute to orthostatic hypotension. Another more rare cause is eating a very large meal which directs blood to the abdomen and away from the heart. This is called post-prandial lightheadedness.

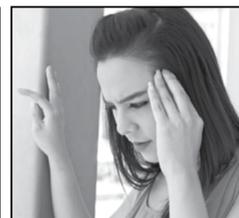
Medical Causes of Orthostatic Hypotension

A number of medical diseases can cause orthostatic hypotension. Some are Parkinson's disease, diabetes, atherosclerosis, Addison's disease, and amyloidosis to name only a few. Your physician has probably warned you if you have a disease that predisposes you to orthostatic hypotension. If not and if the symptoms recur or get worse speak to your doctor about this. It could be a symptom of a disease you did not know you have.

Medications used to treat a disease also commonly have as a side effect postural hypotension. Many medicines contribute to the phenomena including some of the common medicines used to treat depression. Drugs like beta-blockers and alpha blockers used in the treatment of hypertension and atherosclerotic heart disease can contribute to the problem. Nitroglycerin and long acting nitrates used for heart disease can worsen the symptoms. The relatively new class of drugs that we see advertised for men like Viagra and Cialis can cause orthostatic hypotension especially when combined with the long-acting nitrates used for treating angina.

Management or Treatment

If one experiences orthostatic hypotension, it is best to sit down and after recovering from the dizziness get up more gradually. This will work in most people most of the time. One should always try to ascertain the cause and treat that. For example if one has been vigorously exercising and profusely sweating, then it is time to rest and rehydrate with fluids. Wearing com-

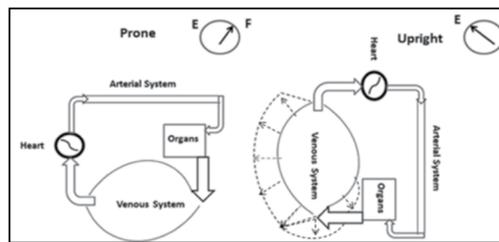


pression stockings is another strategy if the cause is a medicine that one is taking. Changing the dose of the medicine after consulting with your physician is also a way to manage some of the medicine induced orthostatic hypotension. Obviously if the cause is chronic bleeding that needs to be addressed by you and your doctor – look for black stool or other signs of bleeding. Finally there are some medicines like fludrocortisone that can be prescribed to treat this, but this a decision that you and your physician must make.

The Bottom Line

Postural hypotension is common. It increases in incidence as we age. It can lead to serious falls so must not be ignored. If this occurs regularly to you, best to go see your doctor and explain the circumstances under which it occurs and go over all medicines that you are taking with your doctor. Also, remember to sit down immediately if you have lightheadedness and then gradually get up after a minute or two when you experience orthostatic hypotension to avoid a fall.

Legend to Figure (below): This is a schematic of the circulation system when prone (left) and upright (right). Normally most of the blood is always in the venous system as opposed to the arterial, but there is adequate return to the heart as reflected by the "full" reading on the heart gauge when prone. However, upon rapidly standing, the venous system swells because of gravity and lack of sympathetic control. With the increased capacity in the venous system, blood shifts to the venous circulation and the gauge reads empty. With an empty tank the heart cannot pump sufficient blood to the head and this cause dizziness or light headedness. ▲



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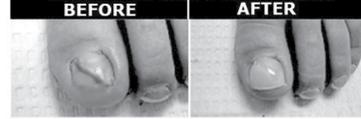
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THE SIP

Administrative News from the Seabrook



EXECUTIVE DIRECTOR'S CORNER

May 2017

Operations & Maintenance:

Staff and Board members reviewed alligator signage with our risk management consultant and have determined locations and specifications for new or replacement signs. The benches around Palmetto Lake have been moved to the other side of the path.

The installation of reflective striping at traffic islands is complete. New roadway traffic signs are being constructed and we anticipate installation in June.

We expect to receive the Certificate of Occupancy for the new Gatehouse this week. Spring seasonal plantings have been installed at the Community Center, Admin building and Lake House and pinestraw has

been installed in all of the beds. The beds under the tree canopy have been mulched.

The summer intern program has begun. Our two interns will focus on updating our Lake Management Plan.

Amenity Card readers have been installed at the Oyster Catcher Pool and will be operational beginning on 5/26/17. Owners can access the pool using the same card they use to access the Lake House. The cards are specially programmed and the readers will only allow access to cards with property owner permissions.

Administration:

Several months ago SIPOA applied to the Community Associations Institute (CAI) for designation as a "Blue Ribbon Community." The Blue Ribbon Community designation recognizes communities that develop standards, encourage community participation, maintain fiscal stability and positively impact the quality of life for their residents. We received notification last week that we have received this designation and anticipate receiving the award in the fall.

ARC Activity:

| | |
|--|--|
| New Homes: | |
| Applications Pending = 11 | |
| New Homes Approved, not yet started = 1 | |
| New Homes Under Construction = 22 | |
| Repair & Maintenance Projects: | |
| Maintenance Projects Approved by staff in April = 58 | |
| Total YTD = 316 | |

Communications:

publiccomment@sipoa.org Activity - March 2017

| Topic | # of comments/questions |
|--------------------------------|-------------------------|
| Address change question | 1 |
| Barcode question | 1 |
| BW1 sand | 1 |
| BW 3 materials | 1 |
| Dog Rules | 1 |
| Gate Software | 1 |
| Go to meeting | 4 |
| Kiawah Spit | 1 |
| LH Sign | 1 |
| Login issue | 1 |
| New house question | 1 |
| <i>(continued next column)</i> | |

| Topic | # of comments/questions |
|----------------------|-------------------------|
| Osprey 1 temperature | 2 |
| Property maintenance | 1 |
| Security comments | 1 |
| SIC seating area | 1 |
| SIC membership | 1 |
| Total | 20 |

Heather Paton
hpaton@sipoa.org

RULES FOR VISITORS QUICK REFERENCE

- CALL 911, NOT THE SECURITY GATE, FOR MEDICAL OR OTHER EMERGENCIES.
- The speed limit on Seabrook Island is 25 mph and is strictly enforced.
- Please ride bicycles single file in the roadways in the same direction as traffic, and use bike paths where available. Walk/run facing traffic.
- The Property Owner's pool and adjacent parking area on Oyster Catcher Court are for Property Owners only.
- Neighborhood Electric Vehicles are permitted on Seabrook Island roads if properly registered and operated by a driver with a valid driver's license. Golf carts, motorcycles, motorized scooters, motorized skateboards, and mopeds are prohibited on Seabrook Island roads.
- Please do not feed or harass the alligators, deer, or any other wildlife at any time.
- Please maintain your distance from the dolphins in our estuaries.
- When not on an owner's property, pets must be leashed at all times.
- Please stay off the dunes on the beach.
- To help protect our loggerhead turtles, turn off porch and outside lights at dusk along the beach areas from May through October.
- Please leave the beach as you found it. Fill holes and dispose of trash.
- The boat ramp may be used only by Property Owners and accompanied guests.
- Music/TV volume should be low and may not disturb neighbors.
- Fireworks are prohibited on Seabrook Island.

MAY 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|---|---|--|
| 1 9:00am Social Bridge 11:00am Sbrk Stitches 1:00pm Ladies Bible Study 1:30pm Dup Bridge 3:30pm Seabrook Smashers | 2 12:30pm Art Open Paint 3:00pm Mah Jongg Mavens | 3 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers 7:00pm Digging Into Roots Together Workshop | 4 12:30pm Art Open Paint 1:00pm Mahjongg | 5 9:30am Dup Bridge 2:00pm Hand & Foot Canasta 3:30pm Seabrook Smashers | 6 10:00am Seabrook Smashers | |
| 7 | 8 9:00am Social Bridge 11:00am Sbrk Stitches 1:00pm Ladies Bible Study 1:30pm Dup Bridge 3:30pm Seabrook Smashers | 9 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 7:00pm Apple User Club | 10 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 3:30pm Seabrook Smashers | 11 12:30pm Art Open Paint 1:00pm Mahjongg 7:00pm SINHG Evening Program | 12 9:30am Dup Bridge 3:30pm Seabrook Smashers | 13 10:00am Seabrook Smashers |
| 14 | 15 9:00am Social Bridge 11:00am Sbrk Stitches 1:00pm Ladies Bible Study 1:00pm SIPOA Board Mtg. 1:30pm Dup Bridge 3:30pm Seabrook Smashers | 16 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 2:00pm Art Guild Meeting 4:00pm Men's Book Club 7:00pm Coin Club | 17 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers 7:00pm Digging Into Roots Together Workshop | 18 12:30pm Art Open Paint 1:00pm Mahjongg 6:00pm SI Photography Club | 19 9:30am Dup Bridge 2:00pm Hand & Foot Canasta 3:30pm Seabrook Smashers | 20 10:00am Seabrook Smashers |
| 21 | 22 9:00am Social Bridge 11:00am Sbrk Stitches 1:00pm Ladies Bible Study 1:30pm Dup Bridge 3:30pm Seabrook Smashers | 23 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens | 24 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 3:30pm Seabrook Smashers | 25 12:30pm Art Open Paint 1:00pm Mahjongg | 26 9:30am Dup Bridge 3:30pm Seabrook Smashers | 27 10:00am Seabrook Smashers |
| 28 | 29 9:00am Social Bridge 11:00am Sbrk Stitches 1:30pm Dup Bridge 3:30pm Seabrook Smashers | 30 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens | 31 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers | | | |
| NO CLASSES | 8:30am Splashers 8:30am Gentle Yoga 9:15am Cardio Mix 10:45am Total Body Toning | 8:30am Water Aerobics 8:45am Cardio Interval 10:00am Core Fusion 11:00am Get Pumped 4:00pm Deep Water Aerobics 6:00pm Candlelight Evening Yoga | 8:15am Core & More 8:30am Rise and Shine Yoga 8:30am Splashers 9:30am Zumba 10:30am Strength & Flexibility Express 10:45am Total Body Toning 4:00pm Gentle & Restorative Yoga | 8:30am Water Aerobics 9:00am Flow Yoga 9:30am Zumba 4:00pm Deep Water Aerobics | 8:30am Water Aerobics 8:15am Core & More 9:30am Zumba 10:30am Strength & Flexibility Express 11:00am Get Pumped | 8:30am Pilates 8:30am RideSBI 9:45am TaeBo |

OAPAGES

Island Property Owners Association

LAKE HOUSE SPOTLIGHT

LAKE HOUSE INFORMATION

An active AMENITY CARD is REQUIRED for use of The Lake House Fitness Center, including the Indoor (Fitness) Pool. The amenity card allows The Lake House employees to easily identify who should be charged for daily use of the facility. Replacement amenity cards, as well as guest amenity cards can be obtained through the Amenity Office.

Property Owners/Club Members have the ability to access The Lake House from 5:00 AM to 11:00PM with their Property Owner/Club Member amenity card. To obtain before and after hours access to The Lake House, please visit the Amenity Office.

Guest of Owners/Members and Rental Guests do NOT have before and after hours access. Please note, there is no Property Owner/Club Member code to enter The Lake House.

Please bring your amenity card when accessing The Lake House.

Thank you for your help in maintaining the cleanliness and quality of The Lake House Fitness Center by following the rules below:

- Wipe down equipment after each use.
- Return weights to the racks provided. Do not drop or throw weights.
- Children 15 and under MUST be under the direct supervision (arm's reach) of an adult.
- Closed-toe athletic shoes are REQUIRED.
- Shirts must be worn at all times. Swimsuits are not acceptable attire in the fitness center.

OYSTER CATCHER COMMUNITY CENTER INFORMATION

The Oyster Catcher Community Center is open to ALL Property Owners and their ACCOMPANIED guests.

At the end of May, we upgraded the access to the Outdoor Pool at the Oyster Catcher Community Center with amenity card readers like the ones at The Lake House and Beach Club. With the new card reader system operational, the old access code no longer grants access to the Outdoor Pool.

An active Property Owner/Club Member amenity card is required to access to the Outdoor Pool at the Oyster Catcher Community Center. Please note, there is no Property Owner/Club Member code to enter the Property Owners Outdoor Pool and the only way to access the pool is with your Property Owner/Club Member amenity card.

We appreciate your cooperation and understanding. Thank you!



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FITNESS CLASS INFORMATION

Due to the Fourth of July events, ALL Fitness Classes will be CANCELED Monday, July 3rd thru Wednesday, July 5th.
Thank you for understanding!

A SPARKLING GOOD TIME

5K* WALK/RUN • MONDAY, JULY 3RD • 8:00 AM

Start your celebration of the Fourth of July holiday with some fitness fun and join us for Seabrook's (*just over a) 5K Walk/Run on Monday, July 3rd. Whether you are running, walking, or a combination of the two, it is fun for all! This family friendly event will begin at 8:00 AM at The Lake House and take participants through the front half of beautiful Seabrook Island.

The cost for the 5K* Walk/Run is \$20.00.

Registration forms are available at The Lake House. Please note, Fourth of July event shirts are limited, availability and size are not guaranteed after Wednesday, June 7th.

Before the cookouts begin and fireworks start... why not have some Fourth of July fitness fun!



FOURTH OF JULY PARADE • TUESDAY, JULY 4TH • 9:30 AM

Registration forms for the parade are located at The Lake House. Return the completed bottom portion of the Fourth of July Schedule of Events flyer to The Lake House front desk by 12:00 PM on Saturday, July 1st. Please see below for more information about vehicles and bicycles in the parade.

- Any type of vehicle allowed on Seabrook roads and able to maintain 10 mph may take part in the parade.
- For safety reasons, ALL bicycle riders must line up at the FRONT of the parade and should be able to complete the 6.7 mile parade loop at a speed of 6 MPH.
- Please do not throw candy/items from vehicles in the parade.
- ALL PARADE PARTICIPANTS MUST BE IN LINE ON SEABROOK ISLAND ROAD IN THE SEABROOK VILLAGE AREA BY 9:00 AM.

Sunday, July 2nd

11am-6pm Fourth of July Art Show (The Lake House)
4pm-6pm Meet the Artist Reception (The Lake House)

Monday, July 3rd

8am Fourth of July (just over 5K) Walk/Run (Start/Finish - The Lake House)

Dusk Fireworks sponsored by the Town of Seabrook
Rain Date: Wed., July 5th (Seabrook Island Club Driving Range)

Tuesday, July 4th

9:30am Fourth of July Parade (Seabrook Island Road Loop)

Following the Parade After Parade Family Fun Celebration
Jump Castle with slide, music, and hot dogs! (The Lake House)

Wednesday, July 5th
8am Tri It Kids Triathlon (The Lake House)

Tri It Kids Triathlon



Swim. Bike. Run.

The Tri It Kids Triathlon will be held on Wednesday, July 5th at 8:00 AM. This is a great introduction for kids age 9 to 12 years old to a multisport event in a fun, positive environment. Participants will complete a 75 yard swim before moving on to the 1.6 mile bike and finishing up with a 1 mile run.



The cost for the Tri It Kids Triathlon is \$20.00.

Please note, this event will be capped and event shirt availability is limited, so sign up early to ensure you are part of our 3rd Fourth of July Tri It Kids Triathlon!

Spectators are not only welcome for all events, but very much appreciated!! Come out and support your family, friends and fellow Seabrookers!!

Registration forms are available at The Lake House. Please note, Fourth of July event shirts are limited, availability and size is not guaranteed after Wednesday, June 7th.

For more information on our Fourth of July Events, please contact Jamie Mogus Mixson at 843.725.1581 or email jmogus@sipoa.org.

PUMP IRON WIN THE BATTLE OF AGE RELATED MUSCLE LOSS

One of the most frequently asked questions that I hear from people in their 60's, 70's, and 80's is: Can I still build muscle at my age? My answer is always a resounding yes.

Age related muscle loss is a reality of life

According to the Mayo Clinic, it is very common to lose muscle mass as we age. We begin losing muscle around the age of 25, but it is much more noticeable after age 65. As we lose muscle mass, our metabolism decreases, our bodies get weaker and it is more difficult to maintain balance. Left unchecked, this can lead to frailty, falls, weight gain, and a host of other issues.

There is a cure for age related muscle loss

Without question exercise, specifically strength training (a.k.a. weight lifting or resistance training) is the most powerful intervention to prevent muscle loss. And the really good news is that exercise can help at any age. Several studies compared people between 70 and 80 years old with people 20 to 30 years old, engaging in the same regimen: a strengthening exercise program with weight lifting for 12 weeks. The amount of strength gain in both groups was similar, despite their

age difference.

Keys to keeping your muscle mass up as you age

Although all of us will have some degree of muscle loss over time, how much muscle is lost and how fast it happens depends on how well we take care of our bodies. Here are keys to reversing age related muscle loss and building new muscle:

- Engage in strength training exercises 2-3 times per week. The exercises should include 2-3 sets of 8-12 repetitions for each major muscle group.
- Choose a weight that is heavy enough to fatigue your muscles in 8-12 repetitions. As exercise becomes easier, you can progressively increase the amount of resistance. Research has found that the greater the intensity of weight lifting programs, the more dramatic the outcomes.
- Wait 24-48 hours between sessions to allow your muscles to recover.
- Aim to change your program every four to six weeks to prevent the plateau that comes when your body adapts to stress.
- Combine strength training with flexibility, balance and aerobic exercise.

cise to increase the benefit to your muscles even more.

- Eat your protein. It is the most valuable food for repairing and building muscle fibers. Good bets are chicken, fish, soy, cottage cheese, beans and nuts like pistachios, walnuts and almonds.

Loss of muscle is a process that comes with aging, but you have the power to control it. Regularly making time to exercise is well worth it. You will see long-term gains not only in strength and muscle mass, but also in your flexibility, balance, and overall fitness and — particularly important — your quality of life.



April Goyer

April Goyer is an orthopedic training specialist, health coach and personal trainer at the Lake House on Seabrook Island, SC. She provides a complimentary consultation to help you gain a fresh perspective on everything you have at your health and fitness disposal. For more information or to schedule an appointment, please contact April Goyer at 614-893-8519 or april@aprilgoyer.com.



SAVE THE DATES!

The Seabrook Island Green Space Conservancy invites you to:
GREEN DAY
Saturday September 23, 2017
2-6 PM

Oyster Catcher Community Center and various conservancy properties throughout the island.
Games! Prizes! Live Music!
Food and Beverages!
Celebrate the conservancy's 18th year of protecting our Green Space.
Sponsored by the Board of Directors, so please be our guests and leave your wallets at home.
Stay tuned for more details.

GREEN SPACE GALA
Sunday March 18, 2018
Reservations and wallets required!

The Charleston Museum

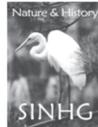


JUST BELOW THE SURFACE: DIGGING DEEP INTO ROCKS AND MINERALS

May 12 - July 30 • Charleston Museum Lobby Gallery

Just below the surface of the Earth, rocks and minerals make up the foundation on which we have built our society. Just Below the Surface: Digging Deep into Rocks and Minerals explores the many different groups of rocks and minerals that make up the world around us. We ourselves are composed of minerals such as those found in teeth and bones. The technology we use every day in our homes such as computers, cell phones, and televisions have components made from rocks and minerals. Minerals such as quartz and feldspar are found in glass and concrete, metallic minerals contain iron which we use to build our cars and homes, and various other minerals are used to build the circuit boards for all manner of devices. Even the world money system has dependent on the worth gold and silver ore and other minerals, such as platinum, are often attributed high monetary worth due to their scarcity.

Rocks and minerals can also tell humans about our prehistoric past. Meteorites have chemistry similar to the Earth's core, which allows us to study what the Earth may have been like early in its formation. Rocks like sandstone can preserve fossilized remains of animals and plants of the past. Just Below the Surface will explore how these various rocks and minerals form, what rocks and minerals certain everyday objects are composed of, and how these resources are obtained and reused. ▲



SINHG Annual Meeting

On Friday, May 5th, the Seabrook Island Natural History Group celebrated another successful year with its Annual Meeting at the Lake House. While members enjoyed Cinco de Mayo related refreshments, SINHG President Frank Cermak reviewed the highlights of the 2016/17 year in his usual witty fashion. He noted that the 87 trips planned for the year attracted more than 1,500 attendees, the Annual Soup Supper had 176 participants and that the five Evening Programs were attended by more than 400 members and guests.

Cermak explained that all of these activities would not be possible without the significant contributions of all the volunteers that devote their time to making SINHG a success. He thanked all volunteers in the room and asked them to stand to be thanked. He encouraged more members to volunteer and encouraged them to get their friends involved.

The meeting then moved to election of new Board members. He thanked outgoing Board members Gary Fansler and Carl Voelker for their hard work during their time on the Board. He then announced that Lynn Baker, Norm Powers and Rich Siegel have been proposed to join the Board and



that current Board members Marsha Bird, Julia Thogmartin, and David Osborn have agreed to serve another term. All were subsequently elected by acclamation.

Board members continuing their terms are Jean Conyers, Carol Bane, Cindy Mulligan, Kathy Pompe, Ilse Calcagno, Doris Reinhart and Frank Cermak.

Cermak noted that he would no longer be serving as President and that Jean Conyers would take on those responsibilities. He introduced her to the attendees and in a symbolic ceremony, presented her with two engraved soup spoons that will be awarded at the SINHG Soup Suppers in 2018 and 2019.

The Seabrook Island Natural History Group is devoted to disseminating natural and cultural history information about Seabrook Island, Charleston and the South Carolina Low Country to its' members through field trips and lectures. More information about SINHG programs and activities may be found by visiting SINHG's website at sinhg.org. ▲

The Seabrook Island Artists Guild presents



MEMORIAL DAY A MEMORIAL DAY WEEKEND ART EXHIBIT AND SALE

May 28, 2017 10:00 am -4:00 pm
The Village Green, at Freshfields Village

The event will showcase a wide selection of fine art in oil, acrylic, pastel, watercolor, and photographs capturing the beauty of the Low Country. A few of the artists will be painting live at the event. This is a unique opportunity to view great art, meet with the artists, experience the creative process, and purchase that special painting you will enjoy for years to come.

Come and stroll through the displays on the Village Green at Freshfields Village on Saturday May 28, from 10:00 till 4:00 pm. You will discover the incredible talents of your

artist neighbors. Many exhibit in Charleston galleries and elsewhere, and a few have been nationally recognized for their talents.

The Seabrook Island Artists Guild includes artists from Seabrook Island, Kiawah Island and Johns Island. It is a very active guild which offers monthly art events, classes, workshops and demonstrations by local and visiting artists. For more information on those events and membership, visit the Guild's website: www.seabrookislandartistsguild.com. ▲

Art Guild June 2017 Calendar of Events

Throughout the month of June, the Lake House Gallery at Seabrook Island will display the paintings created by artists and students during the March workshop led by celebrated Charleston artist, Mark Horton.



On a Maternity Room door:
"Push. Push. Push."

At a Car Dealership:
"The best way to get back on your feet - miss a car payment."

Outside a Muffler Shop:
"No appointment necessary. We hear you coming."

In a Veterinarian's waiting room:
"Be back in 5 minutes. Sit! Stay!"

At the Electric Company:
"We would be delighted if you send in your payment on time. However, if you don't, YOU will be delighted."

In a Restaurant window:
"Don't stand there and be hungry; come on in and get fed up."

In the front yard of a Funeral Home:
"Drive carefully. We'll wait."

At a Propane Filling Station:
"Thank Heaven for little grills."

In a Chicago Radiator Shop:
"Best place in town to take a leak."

And the best one for last...:
Sign on the back of another Septic Tank Truck:
"Caution - This Truck is full of Political Promises"

A SIGN IN A SHOE REPAIR STORE IN VANCOUVER READS:
We will heel you
We will save your sole
We will even dye for you.

A SIGN ON A BLINDS AND CURTAIN TRUCK:
"Blind man driving."

Sign over a Gynecologist's Office:
"Dr. Jones, at your cervix."

In a Podiatrist's office:
"Time wounds all heels."

At an Optometrist's Office:
"If you don't see what you're looking for, you've come to the right place."

On a Plumber's truck:
"We repair what your husband fixed."

On another Plumber's truck:
"Don't sleep with a drip. Call your plumber."

At a Tire Shop in Milwaukee:
"Invite us to your next blowout."

In a Non-smoking Area:
"If we see smoke, we will assume you are on fire and will take appropriate action."



Johns Island Farmers Market on Charleston Collegiate Campus

A New and Improved Venue for the beloved market.

Starting its 4th year of operation, the Johns Island Farmers Market is moving locations to Charleston Collegiate School's campus. The Market reopened on February 4 and will operate year round, every Saturday from 10 AM to 2 PM. The location is 2024 Academy Drive, Johns Island, SC 29455. This is an easy 1.5 miles from the market's previous location by taking Plow Ground from River Rd. or Bo-hicket Rd in Johns Island.

Patrons can look forward to an abundance of new and returning farmers, vendors, variety of artisans, food trucks, local music, enjoyable activities and much more for all ages. Pets welcome.

The new location will offer ample amenities such as more space, better and more parking, power, water, a playground, and pleasant, shady tree-covered areas. Farmers Market Director Frasier Block said of the move, "We are thrilled to be moving the mar-

ket to CCS. The campus amenities will make the market experience much more enjoyable for our loyal vendors and patrons, and their established 47 year presence will help us better our community outreach efforts."

Head of Charleston Collegiate School Hacker Burr stated, "We are excited to partner with local businesses like the Johns Island Farmers Market, and we look forward to providing a place for the community to come together and buy local for years to come. This is just one of many ways that we are trying to share the resources we have with our neighbors to make our island a better place."

For more information regarding Johns Island Farmers Market, please visit www.johnsislandfarmersmarket.com, on Facebook <https://www.facebook.com/johnsislandfarmersmarket/>, Twitter @HomegrownJIFM, or Instagram @johnsislandfarmersmarket. ▲

Charleston resident **Bill Murray** enjoying a round of golf on Seabrook's Crooked Oaks course during the MUSC Donor's Tournament



ISLAND NOTICES

SPONSORED BY THE TOWN OF KIAWAH ARTS AND CULTURAL EVENTS COUNCIL
PICCOLO SPOLETO COMES TO KIAWAH
TUESDAY, JUNE 6, 2017 | MINGO POINT



OYSTER ROAST: 5:30-6:30 PM
DINNER BUFFET: 6:30-7:00 PM
PERFORMANCE: 6:30 PM
ADULTS: \$50; CHILDREN: \$25
CHILDREN UNDER 4: FREE
CASUAL SEATING/CASH BAR



FOURTH OF JULY RETREAT

June 30-July 5 • St. Christopher Camp & Conference Center

St. Christopher Camp and Conference Center is excited to announce the Fourth of July Retreat. From June 30th through July 5th, families from all over the state of South Carolina will be joining us for a time of rest, restoration, and renewal. A time for families to enjoy quality time at the beach while making memories you'll talk about for years! And what better place to celebrate the Fourth of July than St. Christopher! Bring the whole family and let us do all the cooking while you enjoy an affordable and fun beach vacation.

We are thrilled to have hiking and nature walks, swimming and relaxing on the beach, movie night with fresh popcorn, great food and cold watermelon, and time to go to the Seabrook Island Fireworks Show and Parade as events planned for the week. We would love to extend the invitation to our neighbors on Seabrook Island. Since our retreat is fully customizable, we would love to have you join us for the whole week or just for a few days (three-night minimum). The rates are all inclusive...lodging and meals.

Please contact Rhonda Myers, Rmyers@stchristopher.org, for more information. We look forward to seeing everybody this summer. Don't forget to wave if you see us during the parade.

SEABROOK ISLAND RUNNING GROUP

Calling all runners! There is a running group forming on Seabrook Island. The goal is to get runners of all levels together for running and socializing.
Group Run • Saturdays at 8:00AM
• We will meet in front of the Lake House. Any distance/level welcome.
• As the days get longer, we will schedule evening runs.
• For more information on all future events, runs, and socials, please join our SI Running Group Facebook page. For questions, please call or text Isabel at 912-399-1793.



CHAMBER MUSIC CHARLESTON

Presenting exceptional chamber music in Charleston, SC since 2006

2017-2018 SEASON SEABROOK ISLAND HOUSE CONCERTS
Individual House Concert tickets = \$47.50
Subscription (1 ticket to each of the 4 concerts) = \$180
Advance Purchase Required



Wednesday, September 20, 2017 at 7pm
THE KING RESIDENCE, 3087 Marshgate Drive
Bruch Kol Nidrei, Op. 47 for Cello and Piano
Tchaikovsky Souvenir d'un lieu cher, Op. 42
Beethoven Piano Trio Op. 70, No. 1

Tuesday, October 17, 2017 at 7pm
THE POTTER RESIDENCE, 2733 Seabrook Island Road
Selection of classical rock tunes arranged for quartet
Mozart String Quartet No. 19 in C Major, K. 465

Wednesday, January 31, 2018 at 7pm
THE WILDERMANN RESIDENCE, 3138 Privateer Creek Road
C.P.E. Bach Duet for Flute and Violin, H.598
Beethoven Serenade in D major, Op. 25
Dvorak Terzetto in C, Op. 74

Wednesday, April 11, 2018 at 7pm
THE DOLINSKY RESIDENCE, 3270 Privateer Creek Road
Ravel Valses Nobles et Sentimentales
Rota Trio for Flute, Violin and Piano
Mozart/Hummel Piano Concerto in C major, K. 503 arr. for Flute, Violin, Cello and Piano



BLOOD DRIVE

Thursday, June 8th • Lake House • 10:30 to 3:30
Let June bust out all over by starting summer off with a blood donation. Summer is known for blood shortages because of a falloff in attendance at the drives due to vacations and other seasonal activities. Help us avoid these shortages by donating that day.
Don't forget to use or try RAPIDPASS (redcrossblood.org/Rapid-Pass) before you come to help speed up the process - donors seem to like it. Enjoy chatting with your neighbors as you give your most precious gift - your blood! Thanks!

11TH ANNUAL CHARLESTON DUCK RACE

June 19, 2017

It's that time of the year again!
I am sending you this note to ask for your help. Each year, the Rotary Club of John's Island (of which I am a member) conducts its major fund-raising event - the Rotary Club Duck Race. Proceeds from the event go to designated charities, providing education, health and well-being for needy families. To date, more than \$ 1,000,000 has gone toward making a difference.

The 11th Annual Duck Race will be held on June 10th 2017 at which time 30,000 rubber ducks will be launched off a local bridge (it is a sight to behold!), and swim furiously (some say they float) to the finish line several hundred yards down-river. The First duck to cross the finish line at Children's Park will win \$10,000. The second duck to cross the finish line will win \$5,000 and ducks 3 through 7 will win \$1,000 each! More information can be found on the Duck Race website, www.charlestonduckrace.com. But even if your duck lets you down, know that you are helping very worthy causes! (You do not have to be present to win.)

Should you wish to help, you can send the registration form and a check made out to "Rotary Club of John's Island" to:
Rotary Club of Johns Island, PO Box 224, Johns Island, SC 29455
Or if you find it easier, you can go on-line to:
<https://public.serviceu.com/RegistrationForm/3219558-135850149/?OrgKey=4dfe2341-6f22-4dd4-9dc1-7dcd6406cd08>
and adopt a duck using your credit card.

Make sure you go to the drop down box and choose "Rotary Club of Johns Island" and please put my name where the blank is for Rotarian.
Please be sure to include your phone number or e-mail address, so that we have a means of contacting you, should you win a prize.
Thank you for your support!

Karen C. Thompson, Executive Director
Sea Islands Chamber of Commerce
2817 Maybank Highway • Unit #1 • Johns Island, SC 29455
office (843) 793-1234 • fax (843) 793-1007



INDOOR PICKLEBALL
St. Christopher's Camp
Fridays • 12:30-2:30
If interested, please contact Mary Torello at marytorello@yahoo.com

SEABROOK STITCHERS
Lake House
Every Monday
11AM-1PM
For more information, contact Denise Doyon at dendoyon@gmail.com



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WE SELL SEABROOK ISLAND!

The Proof is in our 1st Quarter 2017 Results

CLOSED

2330 Marsh Hen
2986 Seabrook Island Rd
3190 Pine Needle Ln
2030 Sterling Marsh Ln
2674 High Hammock Rd
736 Spinnaker Beachhouse
3120 Privateer Creek Rd
2445 The Haulover
2731 Jenkins Point Rd
2585 Seabrook Island Rd
L1 B43 Royal Pine Dr
2724 Seabrook Island Rd
3237 Middle Dam
709 Spinnaker Beachhouse
923 Sealoft Villa
Lot C Seabrook Village Dr
Lot 1 Seabrook Village Dr
2111 Kings Pine Dr
3702 Bonita Ct
2110 Kings Pine Dr
1137 Summerwind Ln
3023 Ocean Winds Villa
1026 Embassy Row Way
1246 Creek Watch Trace
770 Spinnaker Beachhouse
2460 The Haulover
1025 Crooked Oaks Ln
2091 Sterling Marsh Ln
2285 Marsh Hen Dr

1243 Creekwatch Villa
4068 Bridle Trail Dr
2044 Sterling Marsh Ln
2795 Little Creek Rd
2774 Hidden Oak Dr
Block 16 Seabrook Village Dr
2566 Seabrook Island Rd
3133 Seabrook Island Rd
4009 Bridle Trail Dr
1026 Crooked Oak Ln
2112 Royal Pine Dr
1 Dunecrest Tr
2876 Cap'n Sams Rd
2730 Gnarled Pine
2111 Landfall Way
3350 Seabrook Island Rd
2202 Oyster Catcher Ct
1333 Pelican Watch Villa
3627 Loggerhead Ct
2943 Cap'n Sams Rd
3060 Marshgate Dr
2931 Cap'n Sams Rd
2720 Gnarled Pine
1154 Summerwind Villa

UNDER CONTRACT

2084 Sterling Marsh Ln
2089 Sterling Marsh Ln
O-1, Salt Marsh
K-1, Salt Marsh

2849 Old Drake Dr
3705 Seabrook Island Rd
2034 Sterling Marsh Ln
2534 Otter Ln
2375 Seabrook Island Rd
1954 Marsh Oak Ln
632 Double Eagle Tr
2914 Old Drake Dr
3108 Marsh Gate Dr
10B Seabrook Village Dr
2753 Old Forest Dr
3485 Deer Run Dr
T-1, Salt Marsh
J-1, Salt Marsh
2074 Sterling Marsh Ln
2063 Long Bend Dr
2424 Racquet Club Villa
2781 Live Oak Villa
131 High Hammock Villa
2913 Deer Point Dr
3073 Gregg's Ct
3132 Privateer Creek Rd
1641 Courtyard Villa
3019 Hidden Oak Dr
2081 Sterling Marsh Ln
326 Beach Club Villa
2471 Racquet Club Villa
1639 Live Oak Villa
3035 Fairway One Villa
626 Wedgewood Villa

Information comes from Charleston-Trident MLS • January 1st, 2017 - May 18th, 2017