

# THE Seabrooker

VOL 21 • ISSUE 1 • JANUARY, 2018

## INSIDE



SINHG - page 6



Happy Horses - page 7



Mt. Kilimanjaro - page 9



Island Notices page 15



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## CHRISTMAS ON SEABROOK ISLAND



PHOTOS: WAYNE BILLIAN



### FROM TOWN HALL

RON CIANCIO

For those of you who read the reports of the town council meetings in the Seabrooker, you will have noticed that I routinely report that the town is in sound financial condition. Given that the town has chosen not to levy a real estate tax, I am often asked about the sources of the town's revenue.

Technically the town has a zero millage rate on file with Charleston County. If we were to levy a tax, there are limits to the extent South Carolina municipalities may increase their property tax millage rate for "operating purposes." In any one year, the increase above the previous year's rate is limited to the average of the twelve (12) month consumer price indices for the most recent twelve (12) month period of the preceding calendar year. It should be noted that the town's bond ordinance allows it to issue up to four and half million dollars (\$4,500,000) of tax anticipation notes or bonds, the proceeds of which are to be exclusively used for the payment of expenses related to debris removal following a hurricane or other natural disaster. If we were to issue bonds following a natural disaster, it would not be unreasonable to antici-

pate that we would have to levy a real estate tax to service the debt. By state statute, council has the authority, by two-thirds vote, to suspend the millage rate limitation in order to recover from a catastrophic event such as a natural disaster.

The town has both unrestricted and restricted sources of revenue. There are three principal sources of unrestricted revenue.

Municipalities are authorized to levy a business license tax based on the gross receipts of businesses operating within their boundaries. A little more than one half (1/2) of the town's 2018 unrestricted revenue is anticipated to come from the imposition of business license taxes. In turn, a little more than one half (1/2) of this amount will be collected by the town from companies doing business within the town limits. The balance will come from business license taxes levied on fire and casualty, and life, health and accident insurance premiums, collected by the Municipal Association and remitted to municipalities based on population.

Almost twenty-one percent (21%) of our unrestricted revenue is attributable to franchise fees collected from Berkeley Electric, Comcast and Bell-south and to telecommunication taxes collected by the Municipal Association and remitted to the town. In 2006, the state changed the traditional manner in which franchise agreements to cable service providers were handled. After 2006, cable providers such as Comcast, could opt into a statewide Certificate of

Franchise Authority issued by the Office of the Secretary of State. While municipalities are permitted to charge cable providers a franchise fee, the state administers the franchise agreement.

Our third source of unrestricted revenue (about twenty percent (20%)) is the local option sales tax, a one-cent (1¢) tax levied on sales within counties in where voters approved the tax by referendum. Charleston County adopted the local option sales tax in 1999.

The remainder of our unrestricted revenue comes from a number of sources including (i) monies collected by the state and shared with municipalities (using various formulas, including population) under what is called Aid to Subdivisions, (ii) monies collected by the town from the issuance of building permits, (iii) a portion of the accommodation tax which goes into our general fund under a formula prescribed by state statute and (iv) alcohol tax.

It is obvious that the town places substantial reliance on the collection of business license taxes. While this has been a steady source of income for the town, we are cognizant of several vulnerabilities. Firstly, over the past several legislative sessions, amendments to the business licensing law have been introduced that would both exempt certain business from the obligation to pay the tax and change the manner in which the tax is collected. Had these amendments passed, the amount of business license revenue received by the town from the state would have

been reduced by approximately one third (1/3). Secondly, about forty percent (40%) of the business licensing taxes collected directly by the town is attributable to new construction. As fewer lots are available to build on, the town's revenue will be correspondingly reduced. Obviously, we need to plan for that eventuality.

The town also receives restricted revenues - meaning there are restrictions on how the money may be spent. Both the state and Charleston County impose a two percent (2%) local accommodations tax on short term rentals, and credits the municipality in which the tax is collected. As noted above, by statute, the town allocates the first twenty-five thousand dollars (\$25,000) and five percent (5%) of the balance of accommodation tax monies it receives from the state to its general fund. Thirty percent (30%) of the balance is allocated to a promotion fund which must be used for advertising and the promotion of tourism and must be administered by a non-profit organization that has an ongoing tourism promotion program. In our case that organization is the Charleston Area Convention and Visitors Bureau. Any remaining state funds and all accommodation tax received from the county, are allocated to a "Tourism-related Fund" and must spend on "tourism-related" matters. This year, a portion of those funds will be used to pay for expanded coverage of the beach patrol.▲

# THE Seabrooker

Please send correspondence to: [TheSeabrooker@yahoo.com](mailto:TheSeabrooker@yahoo.com)

"Communication is the beginning of understanding." The Seabrooker will report regularly on island happenings, as well as newsworthy events that affect property owners and residents. As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner.

Red Ballentine, (1924-2006) Fred Bernstein (1924-2010) Co-Founders

**Editor** Michael Morris | **Publisher** Bernstein Lash Marketing | **Advertising & Layout** Teri B. Lash

THIS MONTH'S SEABROOKER VOLUNTEERS

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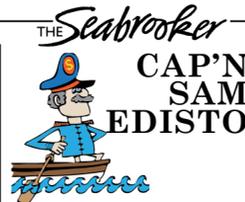
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Please send correspondence and inquiries regarding editorials to [TheSeabrooker@yahoo.com](mailto:TheSeabrooker@yahoo.com) or call 843.408.3707

The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5" x 7" at 200 dpi or more).

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## CAP'N SAM EDISTO

Dear Cap'n Sam:

For the benefit of the great majority of my fellow SI residents that read "Nextdoor", I want to respond to this outcry concerning the SIPOA's funding for a "bunny fence" surrounding the Community Gardens.

First, this is not a bunny fence; it is a deer fence. It was erected about 30 years ago. I don't believe anyone (maybe with a few exceptions) believes that a Seabrook Island Community Gardens would be possible without a deer fence.

It is also understandable that individuals examining the fence by simply looking at it from some distance would not be able to ascertain its true condition. However it should be obvious to anyone who physically examines this fence that it is in very poor condition and in several places is nearly ready to fall down. In fact, the gardeners requested again this year, as they have several times over the past many years, that the fence be repaired. It was and

is the opinion of SIPOA's chief engineer that it will be more economical to replace it than continually repair it.

Concerning the fact that 54 residents currently have a garden, it should be noted that there is a turnover of approximately 10 plots annually and in the past, more than 200 residents have been able to enjoy raising a vegetable garden. This is impossible to do at their homes as fences are not allowed. There are 10 families currently waiting for a garden plot. Should that be deemed unacceptable, perhaps additional space should be made available for additional gardens.

There is an agreement (contract) by residents when they are assigned a plot that among other things, that they will maintain that plot and not let it become overgrown. Weed seeds quickly spread to other gardens. It is not possible to maintain a garden space if you are not living here - thus the requirement for residents to live here 9 or more months of the year? Considering the limited number of garden plots and a list of other residents waiting for a garden, it seems only reasonable to require that these spaces be both maintained and utilized throughout the year. Concerning the cost of the veg-



etables grown in these gardens, there is no doubt that these are some of the most expensive vegetables imaginable. Gardeners build raised beds (some now 3 feet high), mulch and amend the soil with compost, lime, fertilizers, buy all kinds of garden implements including micro rototillers, spending ridiculous sums of money. On top of this, they attend to these gardens often on a daily basis. I would be afraid to guess the cost of a typical tomato but I can assure you that the enjoyment of raising that tomato far exceeded the cost.

The bottom line is that the Community Gardens is a very important part of living on Seabrook Island to many of us. It is an important amenity to the entire community and it will be impossible to maintain without a functioning deer fence.

Charley Moore



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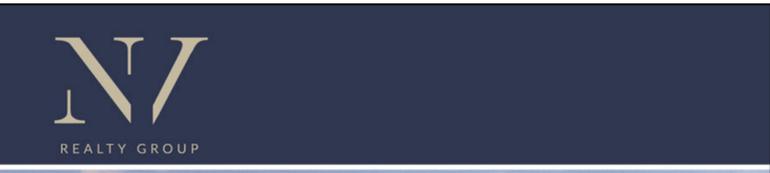
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Back by popular demand, the Green Space Conservancy Gala Committee is delighted to offer:

## THE ULTIMATE BMW DRIVING EXPERIENCE



Heads up Greenspace Gala Reservation Holders! The BMW Ultimate Driving Experience could be one of the coolest things you've ever done in your life! Rick Hendrick BMW has once again generously donated a unique and exciting day for two people, scheduled for Thursday, September 20, 2018 (no rain checks), for THE LUCKY-BIDDER at the Greenspace Gala on Sunday, March 18, 2018.

Your incredible day includes transportation to Spartanburg, South Carolina in a luxury coach from Rick Hendrick BMW of Charleston. Check in time is 6 a.m. with a continental breakfast served en route. At the BMW Performance Center, you will engage in several segments including driving on the course under the guidance of a professional driving instructor in several BMW models. Driving experiences range from grand prix driving, to skid control on a wet track, to a challenging drive on

their all-terrain facility, testing the limits of the driver's competence in some "super cars." For those who are brave, you may want to take part in a rapid trip around the race track with one of the professional drivers at speeds in excess of 120 mph and gravity pulls at 3 G's.

You will enjoy a delicious lunch at BMW's headquarters, and a snack on the return coach trip, which will no doubt be filled with lively discussion of the day's adventures.

There you have it! Check your calendar to make sure you are available on the date the event is scheduled (Thursday, September 20, 2018) and get ready to bid!! Remember, you cannot arrange this experience on your own as it is not for sale at any price. Thank you, Rick Hendrick, for this awesome opportunity for some lucky person (and guest) on Seabrook Island where "GREEN is the new BLACK!!" ▲

Beth Nichols

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# THE Seabrooker

## JOE'S "NEVER BEEN BETTER"



Joe and Mary



(L-R) Kristina Skalek, Joe and Kelly Butorac

Joe Salvo, broker-in-charge at Seabrook Island Real Estate, has retired after 13 years. In those years, Joe witnessed an unprecedented boom, bust, recovery real estate market. His leadership kept a strong real estate team in place and he leaves SIRE in a strong market position. "Never Been Better"

is right on the mark. Joe and Mary plan on spending much of the time in the next couple of years in Bradenton, Florida watching Joe Jr. a talented catcher for the IMG H.S. baseball team.

I can envision Joe up at the Pelicans Nest a few years down the road, drink

in hand, sharing a conversation with Seabrooker Charlie Morton, father of game 7 Astros winning pitcher Charlie Jr., about what it's like to have a son in baseball's major leagues.

What's that Joe? Never Been Better!

**SEABROOK ISLAND REAL ESTATE EXCHANGE CLUB**  
**KIAWAH SEABROOK EXCHANGE CLUB**

New members were introduced at the December 6 Christmas dinner. These new members are John Carpenter, David Cruse, Greg Iaconis, Jeff Ward and Jack Wilson.

President Bob Leggett made an important announcement. The Angel Oak Committee has selected the Angel Oak Honoree for 2017. Alan Armstrong, chair of the selection committee, reported that the committee received nominations for 12 very strong candidates. A long and spirited discussion culminated in the selection of Vic Agusta as the 2017 recipient. The Angel Oak Banquet will be held on Wednesday March 21 at the Seabrook Island Club. All members are urged to attend. Congratulations to Vic and to all of the nominees and thank you to all who took the time to submit a nomination.

The next meeting is January 15 at the Seabrook Island Club. The speaker will be Catherine Templeton, a candidate for Governor of South Carolina.



Dr. Vic Agusta

## ANGEL OAK AWARD

The prestigious award was established by the KS Exchange Club in 2012 to "recognize a volunteer who has made an outstanding contribution to the people or quality of life of Johns Island, Wadmalaw Island, Kiawah Island, and/or Seabrook Island." One of the original volunteer physicians to practice at the free clinic, which opened its doors on Johns Island in 2009 under the leadership of doctors Charlie Davis and Arthur Booth, Dr. Agusta is now in his eighth year of treating low income, uninsured workers and residents who make up the Barrier Islands community.▲

Carrie Moore

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ALLAN KEENER

Council of Villa Associations and Regimes Information  
Open Letter to all Seabrook Island Property Owners, Guests and Visitors

Minutes of our December 10, 2016, meeting with guests/speakers: SIPOA President Ed Houff, SIPOA Nominating Committee Chair Dennis Pescitelli and Member Kathleen Buchman, Seabrook Island Real Estate (SIRE) Broker in Charge Joe Salvo and his successor Gerri Franchini and all five 2018 SIPOA Board of Directors Candidates. The minutes of the March 11, 2017 meeting were approved.

detailed check list of proposed improvements would be provided typically in five categories: Grounds and yard maintenance; interior and garage clean up; interior painting and minor repair; major interior renovation and exterior renovation. Property owners should contact Gerri Franchini if they are interested in the Property Improvement Program.

**Meet and Hear from Candidates for the SIPOA Board of Directors**

All five candidates running to fill a SIPOA Director position in 2018 were present. Each candidate was given up to 10 minutes to introduce themselves including their qualifications and their focus as a SIPOA Director. Each candidate provided a Biographical/Position Statement prior to the meeting. These were electronically sent to all Association/Regime Presidents and Representatives prior to the meeting and provided, on paper, at the meeting.

**Warren Weber** – Warren is an economist who taught as a professor in several major universities and retired from the Federal Reserve Bank of Minneapolis. He has served on the SIPOA Finance committee for the last three years. He knows there is “no free lunch” – incentives matter and need to be aligned in the right way. He also has served on the SIPOA Planning Committee and knows what owners want from reading many surveys. Given rising seas and a sinking island, he feels we need to plan and reserve for roads of the future and the Spit renewal in 15 years. In addition, younger resident demographics demand improved amenities requiring the up keep and improvement of the Lake House. The greater Island is building out bringing more traffic and congestion, so safety is important.

**Richard Siegel** – Rich retired from education with additional experience in retail management. His focus is on being a good financial steward. He feels we need to improve amenities, but need to do it well such as with electronic infrastructure improvements. He also says Berkeley transformer issues in storms need to be addressed. He supports the homestead improvement evaluation help for property owners.

**Penny Lee** – Penny moved permanently from New York City in August with her husband and 14-year-old daughter. She retired from being a city planner after 29 years and has been a member of the SIPOA Planning Committee since 2012. Penny also supports the property improvement initiative and conducted a study regarding property improvements. She feels we need to work with Berkeley concerning transformer placement. Penny is active in Seabrook Kids initiatives.

**Dan Kortvelesy** – Dan is a current SIPOA director and has served as the Planning Committee chairperson for the last 3 years. He is also very familiar with the SIPOA Survey and from it learned a lot about the people on the island. He knows Seabrookers love the island's sense of community, its environment and do care about what is happening on the island. As co-chair of the ARC, he supports the ARC's constructive review of regimes to help with improvement ideas and believes both the ARC and SIRE programs will benefit all property owners.

**Warren Kimball** – In addition to a Navy and academic career, Warren served on the Board of Directors of US Tennis Association for 4 years. Warren also is the former Chair of the SIPOA Planning Committee and feels the rising water is the scariest issue the island faces, but knows it is mostly outside of our control. His focus is on governance, using a policy based Board with staff and committees responsible for implementing operational tasks. Warren has demonstrated the ability to effectively manage others on committees utilizing a team effort. When it comes to the



**Cru Wine**

Michael Morris

**Gamay... all day**

If I had to choose one wine as being the current “it” wine among wine professionals, it would have to be Cru Beaujolais. It is almost impossible to skim through a Sommelier's social media feed without coming across pictures of Morgon, Fleurie and Régnie. Is this phenomenon another attempt by them to embrace the esoteric while distancing themselves from the hot polloi? In this case I would say the answer is a resounding no.

Beaujolais, home to Gamay's finest expressions, will always suffer from consumer's experiences with the glut of Georges Dubouef Beaujolais Nouveau, whose case stacks dominate wine retailers' floors at Thanksgiving like skyscrapers in Dubai. Anyone who has thrown a party around the holidays has certainly received a bottle as a gift from the guest who took two minutes to run into the store on their drive over. Cru Beaujolais on the other hand, is a completely different animal.

Cru Beaujolais comes from one of the 10 recognized top sites in the appellation which is located at the southern tip of Burgundy, just north of the Rhône Valley. Names of the top Crus include Morgon,



Fleurie, Brouilly, and Moulin-à-Vent. The wines borrow some characteristics from both Burgundy and the Rhône. That is, bright cherry fruit and earth from the former; spice and more forward fruit from the latter. A series of warmer vintages has given wine drinkers a swath of immensely and immediately enjoyable wines. They are fruit driven, low in tannins with spice and an earthiness that give them tons of personality. They are great choices at this time of year because they pair with a wide variety of food. That are also enjoyable standing alone.

Perhaps the best news is that you can buy the best of the best for under \$50, with a dizzying selection of great wines in the \$30 range. On a recent visit to the Edmund's Oast Exchange, there were no less than 20 examples that would qualify. I can't think of any other wine region, in fact, there isn't another region where you can get top examples in that price range.

On your next visit to the wine shop, check out their selection of Cru Beaujolais. Look for producers Boudland, Sunier, Dutraive, Cotton, and

Thénevet. If they don't have any of these names, do yourself a favor and find a new place to buy wine.

On a side note, when I was in my teens and developing an interest in the world of wine (even though I wasn't drinking it yet!), I went to the local wine shop to find a Christmas present for my father. I ended up settling on a bottle of 1977 Taylor Fladgate Vintage Port. My father still has the bottle some 30 years later and on the 40th anniversary of the vintage I can't think of a better reason to uncork it. Life is so short and it would be a tragedy to leave good stuff in the cellar. I'll be sure to let you know how it goes.

Merry Christmas and Happy Holidays to all and thank you for reading the column. I honestly wasn't sure anyone would. Apparently (and uncharacteristically) I was wrong. The feedback has been appreciated and quite honestly, touching.

Thank you again and cheers! ▲



Property Improvement Program, he feels if everyone keeps their property up, it helps all our property values. He is not sure what the answer is, but once determined it needs to be implemented.

**Quarterly Treasurer's Report**

Treasurer DeAndrade reminded all associations/regimes that the COVAR

\$10 annual dues are being collected for 2018. Per COVAR By-laws, dues are "...to cover expenses such as communications, publications and meeting space." Today, they paid for our refreshments. While dues are voluntary and not required to participate in COVAR, they are required to vote on any COVAR issue or election. All donations should be made payable to

COVAR and sent to Treasurer Floyd DeAndrade at 1924 Marsh Oak Lane. In 2017, 34 of the 41 members contributed the annual dues.

**Meeting Adjournment**

The meeting was adjourned at 12:10 PM. The next quarterly meeting will be on March 11th from 10 AM to 12 Noon at the Lake House. ▲



**TOWN HALL MEETING**  
Town Council Meeting  
November 28, 2017

After the pledge of allegiance, Mayor Ciancio called the November 28, 2017, Town Council meeting to order at 2:30 p.m. Councilmen Crane, Gregg and Wells, Councilwoman Fink, Town Clerk Albritton and Town Administrator Cronin attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

Mayor Ciancio welcomed Jeri Fink, who was elected to Council at the November 7 election, and Joe Cronin, the new Town Administrator who began work on November 16. **Minutes:** The minutes of the Public Hearing of October 24, 2017, the Town Council meeting of October 24, 2017, and the Ways & Means Committee meeting of November 14, 2017, were unanimously approved as written.

**Financials:** Mayor Ciancio reported that, for the month of October, unrestricted revenue exceeded budget by \$23,996. Year to date, through the month of October, excluding the \$400,000 transferred from the General Fund to pay for the Road Improvement Project, unrestricted revenues were \$977,521 and exceeded budget by \$118,519. Expenses for the month of October were \$93,410 and were more than budgeted by \$12,412. Year to date through the month of October, expenses were under budget by \$512,596, mostly due to slower than anticipated spending on the roadway expenses. Year to date, excluding the \$400,000 transferred from the general fund for roadway expenses, unrestricted revenue has exceeded expenses by \$280,491. For Accommodations Tax (restricted revenue), the Town has received \$224,602, for the year to date through October, and has spent \$185,251.

**Citizens/Guests Presentations, Comments:** None

**Reports of Standing Committees, Commissions, Boards:**

**Public Safety/Club Long Range Planning Committee** – Councilman Gregg reported that the Club's Long Range Planning Committee met on November 9. Chairman Robert Nerhood reviewed discussions by the Club Board concerning capital improvements and recommended that a strategy be added to the 2018 Strategic Plan to address large-scale facilities improvements. The Committee approved the recommendation. The Committee also discussed the initiatives and measures of the 2018 Strategic Plan and approved the measures. The Committee indicated its support for engaging an outside consultant to address continued lower member satisfaction with Food and Beverage operations. Alex Tung, a Committee member, offered his services to review the current parking lot layout for improved utilization of space.

The Town's Public Safety Committee met on November 13. The Committee continued its review of proposed changes to the Town's Comprehensive Emergency Plan. The next meeting of the Committee was scheduled for Monday, December 13, at 10:00 a.m.

The Disaster Recovery Council will meet on December 4 for a planning session for the training and exercise sessions, based on a hurricane scenario, to be held in January of 2018.

On November 27, the Town received notice that FEMA has approved grant funding for debris removal costs from Hurricane Matthew in the amount of \$1,573.36. The total eligible expense reflects a reduction of \$800.15 for "anticipated insurance proceeds" but that is being disputed by the Town. As of November 28,

the Town's Request for Public Assistance pertaining to costs incurred as a result of Hurricane Irma has been deemed eligible for FEMA grant funding and has been assigned to Program Delivery Manager Gary Strother. An "Exploratory Call" is the next step of review on the Town's request.

Councilman Gregg reported that, as of November 25, FEMA has approved mitigation grant funding for Seabrook Island Road drainage improvements in the amount of \$158,352.75 of a total eligible cost of \$211,137. The request for approval of the work by OCRM is currently pending.

Council has previously approved the renewal of the Town's Municipal Site Plan with AirMedCare Network to provide potential cost savings to residents for air ambulance transport from the Town to local hospitals. AirMedCare offers similar potential cost savings for employees of organizations that have Site Plan agreements. Councilman Gregg moved to have Council approve the Town's entry into the AirMedCare Network Census Plan that would cover the Town's five employees, treated as full members, at a total cost of \$175 and give the Mayor authorization to execute the Census Plan on behalf of the Town. This would cover employees no matter where they were as long as they were from the AirMedCare Network.

Councilman Gregg stated that the Town participates in the National Flood Insurance Program Community Rating System. A component of the Town's rating stems from its adoption of a Hazard Mitigation Plan, which is a component of the Town's Comprehensive Emergency Plan. The Town's Hazard Mitigation Plan is contained in Charleston County's Mitigation Plan, which is updated annually. This year, Charleston County has undertaken a five year update to their Hazard Mitigation Plan. To continue to receive the benefits under the Community Rating System and to remain eligible for certain mitigation grant funding, it is necessary for the Town to adopt the Charleston County Hazard Mitigation Plan. Members of Council have been provided a resolution for adoption of the Hazard Mitigation Plan. Councilman Gregg moved for approval of Resolution 2017-06 to adopt the Hazard Mitigation Plan as presented. Councilman Crane seconded the motion and the vote to approve was unanimous.

**Public Relations/Communications** – Councilman Crane reported that the Communications Committee met on November 15 to review committee objectives and resources required to accomplish those objectives. The Committee will reach out to the community for volunteers with skills and experience as needed. The objectives of the Committee are:

- Ensure proper communication of the affairs of the Town
- Ensure promotion of Town events, maintenance and update of the Town's webpage
- Develop content and sources of content for the Town's social media sites
- Coordinate Council's monthly contribution to the Seabrooker
- Prepare all information notices and press releases for the Mayor's review

**Town Council Members** – See Above

**Utility Commission** – Commissioner Vancini reported that the Utility Commission elected officers recently and that Jim Bannwart will continue as chairman. He also reported that the Commission has hired an outside engineer to assist them in applying for FEMA flood mitigation funding. The next water/sewer bill will contain an insert that explains how water/sewer customers can pay with a credit card through a third party secure website.

**Petitions Received, Referred or Disposed of:** None

**Ordinances for First Reading:**

- **Ordinance 2017-05.** An Ordinance to Rezone 2718 Old Oak Walk from Single Family Residential to Agricultural-Conservation – This lot has either been donated or bought by Green Space Conservancy and deeded to the Property Owners Association with a deed restriction requiring that the lot remains zoned Agricultural-Conservation.

**Special Projects/Beach Administration:** No Report  
**Community and Government Relations:** No Report  
**Ways & Means** – No Report  
**Planning Commission** – No Report  
**Board of Zoning Appeals** – No Report

**Reports of Ad Hoc Committees:**  
**Accommodations Tax Advisory** – No Report

**Reports of Town Officers:**

**Mayor** –  
• **Appointment of Mayor Pro Tem** – Mayor Ciancio make a motion to appoint John Gregg as Mayor Pro Tem for a term of one year. Councilman Crane seconded the motion and the vote to approve was unanimous.  
• **Appointment of Town Administrator** – After an extensive search, the Town has hired Joseph Cronin to replace Randy Pierce, the Town's long-serving Town Administrator/Zoning Administrator, who will be retiring at the end of the year. Mayor Ciancio stated that he has appointed Joe to the position of Zoning Administrator. Since the Town Code is silent on the authority to appoint the Town Administrator, Mayor Ciancio asked Council to take action in that regard. The Town Code designates both positions, Zoning Administrator and Town Administrator, as Code Enforcement Officers; and, by his appointment to those positions, he will have that authority. Based on the foregoing, Mayor Ciancio asked a motion to:

- Confirm Joe Cronin's appointment as Zoning Administrator;
- Appoint him as Town Administrator; and
- Confirm his authority as Code Enforcement Officer in both positions.

Councilman Gregg made a motion to confirm the appointment as previously stated by the Mayor. Councilman Crane seconded the motion and the vote to approve was unanimous.

**Town Administrator** – Town Administrator Cronin reported that the Town had put out an RFP for beach patrol services and the due date for bids was November 20, 2017 at 2:00 p.m. One bid was received from Island Beach Services and a draft contract, expanding the time period and the hours of the beach patrol from the contract for 2017, has been sent to them for review. The Mayor and Town Administrator will meet with Island Beach Services regarding the contract on Thursday, December 14.

Town Administrator Cronin thanked everyone for the opportunity to serve Seabrook Island in the Town Administrator/Zoning Administrator capacity. He also thanked Randy Pierce, the former Town Administrator, Council and Town employees for their guidance and information.

Town Administrator Cronin reported that Sunburst Landscaping had taken down a tree limb that had fallen over the pathway between the Town Hall and Freshfields. He also stated that one of the first projects on his agenda is to move his office to the current conference room and to upgrade his current office for a larger conference room.

**Town Council Members** – See Above

**Utility Commission** – Commissioner Vancini reported that the Utility Commission elected officers recently and that Jim Bannwart will continue as chairman. He also reported that the Commission has hired an outside engineer to assist them in applying for FEMA flood mitigation funding. The next water/sewer bill will contain an insert that explains how water/sewer customers can pay with a credit card through a third party secure website.

**Petitions Received, Referred or Disposed of:** None

**Ordinances for First Reading:**

- **Ordinance 2017-05.** An Ordinance to Rezone 2718 Old Oak Walk from Single Family Residential to Agricultural-Conservation – This lot has either been donated or bought by Green Space Conservancy and deeded to the Property Owners Association with a deed restriction requiring that the lot remains zoned Agricultural-Conservation.

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al Conservation. Councilman Gregg moved to accept Ordinance 2017-05 on first reading. Councilman Crane seconded the motion and the vote to approve was unanimous.

It confirms that, if a Town retiree meets eligibility requirements to participate in the State's retiree group insurance, they may do so but the Town will not be responsible for payment of any portion of the premiums or subsidize any portion of the employee's premium payment. A retiree, electing to participate in the retiree group insurance program, must pay his monthly premium to the Town Clerk no later than the 5th day of each month.

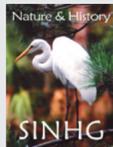
Councilman Gregg made a motion to accept Ordinance 2017-06 on first reading. Councilman Crane seconded the motion and the vote to approve was unanimous.

**Ordinances for Second Reading:** None

**Miscellaneous Business:** None

**Citizens Comments:** None

The meeting adjourned at 3:26 p.m.▲



### Evening Programs 2018

#### SINHG TRIUMPHS OVER MATTHEW, IRMA

Two hurricanes may have canceled a SINHG Evening Program, but January's long-delayed "What's New At McLeod Plantation" will finally come to the Lake House on Thursday evening, January 11th, presented by Lead Interpreter Leah Worthington. The program was canceled by Matthew in September of 2016, and again by Irma in October of this year, now becoming SINHG's first Evening Program of 2018.

Ms. Worthington's program will discuss new discoveries and developments at the 37-acre McLeod Plantation on the banks of Wappoo Creek, which is managed by the Charleston County Parks and Recreation Department after being in the McLeod family's possession for more than a

century. The plantation dates from well before the Civil War and preserves the McLeod family's main house, quarters for enslaved laborers, a cotton gin and a recently redeveloped wharf on Wappoo Creek.

All Seabrookers and guests are welcome to attend. There is a \$5 charge for non-SINHG members. The evening begins at 7pm with refreshments and fellowship, followed by the program at 7:30.

Next evening program:  
**Thursday, February 8th**  
**"Secrets of Charleston"**  
by Tommy Dew,  
Charleston Tour Guide

### SINHG RETURNS TO THE ROAD IN FEBRUARY WITH BEAUTIFUL YAWKEY TRIP

February 1, 2018, 8:00 AM - 5:00 PM



Ted Williams with Tom Yawkey



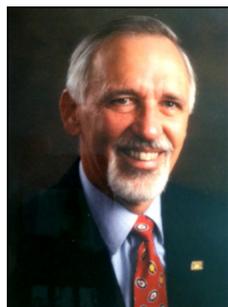
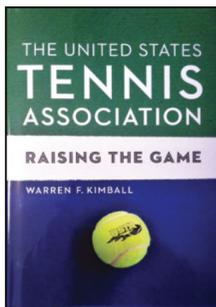
Yawkey Plantation

Tom Yawkey, long-time owner of the Boston Red Sox and avid conservationist, willed his magnificent South Island Plantation to the SC Department of Natural Resources in what is considered one of the most outstanding gifts to conservation in North America. This property, located on three coastal islands at the mouth of Winyah Bay, consists of pristine marshes, wetlands, ocean beaches, long leaf pine and maritime forests. Over the years it has become a refuge for wildlife preservation, providing research, education, field study,

and protection for endangered species. Entrance to the refuge is difficult to come by and strictly limited to groups of 14. We'll carpool to the Georgetown area, walk across a pontoon bridge, then tour by van, stopping once to see the Yawkeys' matching house trailers and retreat. We've run this trip again and again with good reason. Besides being a wonderfully informative tour, the shore and wetland scenery is magnificent. Bird and waterfowl migration is at its peak during the winter months, which will make this trip particularly

interesting. Minimal walking; participants must be able to step up into the van. Bring water and binoculars. Bugs should not be that much of a problem at this time of year but long sleeves, pants and repellent are recommended. Your fee is a donation to the Tom Yawkey Wildlife Center. *SINHG membership is required to participate in each season's trip offerings. Membership forms and a complete list of winter/spring trips for 2018 can be found at [sinhg.org](http://sinhg.org).* **Norman Powers**

### History of the U.S.T.A.



Seabrooker Warren Kimball

The United States Tennis Association is an in-depth look at the history of the United States Tennis Association (USTA) and how this sports organization has helped cultivate and organize tennis in the United States over the past 135 years. Starting as a group of elite men from country clubs in the Northeast, the organization has become the largest tennis association in the world, with women in top leadership positions and an annual revenue of well over \$300 million.

The USTA was key in establishing the Open Era in tennis in 1968, when professionals began competing with amateurs in Grand Slam events; for expanding the game in the United States during the 1970's tennis boom; and for establishing the U.S. Open as one of the most prestigious and largest-attended sports events in the world.

Unique among sports-governing bodies, the USTA is a mostly volunteer-run organization that, along with a paid professional staff, managers and governors tennis at the local level across the

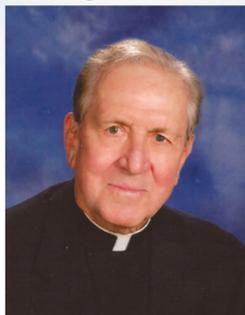
United States and owns and operates the U.S. Open.

The association participates directly in the International Tennis Federation, manages U.S. participation in international tennis competitions (Fed Cup and Davis Cup), and interacts with professional tennis within the United States.

The story of how tennis is managed by the nation's largest cadre of volunteers in any sports is one of sports' best untold stories. With access to the private records of the USTA, Warren F. Kimball tells an engaging and rich history of how tennis has been managed and governed in the United States.

Warren F. Kimball is Robert Treat Professor Emeritus of History at Rutgers University. He is the author of a number of books, including *Forged in War: Roosevelt, Churchill, and the Second World War*. He was a member of the U.S. Tennis Association's board of director for four years. ▲

### Fr. Wagner Retires



Fr. Leon Wagner said good-bye to Seabrook Island and Holy Spirit parish and is now living in a retirement home for priests located in his hometown of Chicago. Fr. Wagner served the parish for over 15 years. He moved this past December 4.

Send cards and letters to him at:  
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## Making Wishes Come True



Top Row (L-R) Michael Morris, Abbi Beckford (Mt Zion school), Bob Adamson, Mr. Moultrie, Michael Steele  
Bottom Row (L-R) Jane Morris, Ann Smith, Paula Adamson, Susan Colatsky and Pam Steele, (not pictured - Marilyn Armstrong and Charlotte Moran)



The Mt. Zion Christmas Fund just completed its 11th year of providing clothes, toys, books and holiday food certificates to families on Johns Island who most need that support.

The ladies pictured above (with Marilyn Armstrong and Charlotte Moran) put in many hours organizing the collection of these gifts which came from the generosity of Seabrookers. They continued on to separate all of the gifts by the individual families selected by the school and finally deliver them to the Mt. Zion Elementary school.

That's where the men came in: bringing the entire kit and caboodle from the volunteer's cars into the school. ▲



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## The Island of Happy Horses



Horses watching people watching dolphins

I'll bet you don't know who: Fred, Nick, Leo, Danny, Dewy, Lacey, Fancy, Jazzy, Jolly, Lady, and Domino are. Think hard, what's the first good thing you see when you enter Seabrook? That's right, on your left, it's a herd of horses at the Seabrook Island Equestrian Center. Oh, and before I forget, the ones you see first are not those other, well groomed, elegant horses that occupy a paddock by themselves. The ones you see first are the everyday, you can ride 'em, approachable horses, (especially if you have an apple or a carrot), used for trail rides that occupy the first paddock and stand around in what appears to be affable groups of happy, though unsophisticated, horses.

The elegant, horses are kept by themselves in their own paddock not because they are aloof and want to be alone, but simply because their owners want them cared for that way. But to assume the elegant horses, because they are well groomed, and live apart from the working-class horses, live a better life would be a serious, but understandable, misjudgement. It could only be based on the casual observation of what you see as you drive by and not an examination of the situation. So, we should examine the situation.

First, the horses in the trail riding herd are not just average, every day, McDonald's level horses. They are carefully examined for their human friendly temperament, previous living conditions, health and how they might fit in with the other horses and the needs of the equestrian center. Equestrian Center personnel spend weeks, even months, choosing a replacement horse for the herd. Not only do the guides have to like the horse but the other horses must like it too. It turns out that horses are very picky, have a strict sense of order, and derive comfort from routine. For example, when the horses go out on trail rides to the beach, they have a definite order of procession; who leads, who goes second, and who goes last is established by the horses. The new horse must be able to accept its place in the order established by the herd.

Second, the average joe, trail riding horses, even though they might not always look like it all the time, (rain happens), are tended with great care. They are fed a carefully planned diet: Timothy Orchard Blend hay, a carb-care grain, electrolyte powder that tastes like apples, glucosamine for healthy joints, and other supplements. They are fed individually, not in a group, in their own barn, precisely at 6:30 am. They line up at the paddock gate in their predetermined order and enter their barn without pushing and shoving and trying to be first. They dine separately, in their own stalls, (they always go into the same one), just like the elegant horses.

One observable difference is that the elegant horses go to their barn at night and the ordinary joe horses sleep out in the open. But the ordinary horses are horses and horses thrive in a herd and expect/prefer to sleep as a herd under the stars. Making them go into a barn would be unnatural to them and upset their sense of routine. If you asked them, they probably say they feel sorry for the other horses who have to sleep inside at night.

As for grooming, looks can be deceiving here, too. Horses live by their feet and have little regard for the shine on their hides. Because we like shiny, waxed, cars, we assume that horses prefer shiny, well-groomed hides too. And, if they don't have one, they wished they did. Not true. What horses like/need are functional, healthy hooves. To that end, the working-class horses are shod with the best aluminum horse shoes money can buy. They are tended by a skilled farrier who trims their hooves and make sure their shoes fit well. They are shod on the front feet only because, even though they care for each other, they have disagreements from time to time, (think of a van full of brothers and sisters on twelve-hour drive to Disney Land), and the unshod back hooves minimize the damage they could do when they give a swift kick in the butt, to another horse who annoys them. Plus, they have a veterinarian who knows them individually and loves them all. Of course, the elegant horses get the same treatment.

So, when all things are considered, the ordinary, working class, horses have it pretty good. It's not to say that the elegant horses don't have it good too, because they do. In fact, all the horses are lucky to be cared for and monitored so carefully by the staff at the Equestrian Center.

But I gotta say that if I had to choose between the isolated glamor of the elegant horses and the palsy-walsy, rough and tumble, of the working horses, I'd take the working horses every time. After all, what good is it to be beautiful and elegant if you can't share it with someone?▲

Paul Tillman

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# Seabrook Island Mammals - How Many Are There?

PHOTOS BY:VOLE, SHREW, DEER MOUSE AND BAT ARE PUBLIC DOMAIN PHOTOS. BOB CAT, FLYING SQUIRREL, DEER, RACCOON, RIVER OTTER, SKUNK, AND DOLPHIN BY CHARLES MOORE

## Seabrook Wild Things

by Members of the Environmental Committee



Bank Vole



Bat



Bobcat



Deer Mouse

How many mammals (other than we humans) share Seabrook Island with us? I bet you are going to be surprised. I was. Mammals have many shared characteristics but all are warm-blooded vertebrates that nourish their young with milk secreted by mammary glands and have skin that is covered at least in part by hair.

Most of us when asked to name the mammals that frequent Seabrook Island would quickly rattle off - white tail deer, raccoons, rabbits, squirrels, opossums, foxes, bob cats and some would think to include bottlenose dolphin and whales that frequent our coast.

There are many other mammals, some of them in abundance, that we seldom see (many of us are glad that this is the case). Many species of small rodents, such as mice (9 species) and rats (5 species) reside in the woodlands, marshes and sometimes our homes and cars. We are all familiar with moles (3 species) that tunnel through our yards and gardens but few know and seldom see a vole (3 species) or a shrew (9 species).

Voles resemble small mice and live primarily in dense vegetation and in underground tunnels eating succulent roots, bulbs, nuts, fruits, worms and dead animals such as mice and rats. They are extremely prolific, having up to 10 litters of 5 to 10 young each year.

Shrews look like a cross between a small mouse and a mole with a very long snout. They also live in low growing vegetation, primarily in burrows and are nocturnal. They have a very high metabolism that requires them to consume up to 3 times their body weight daily. They feed on insects, grubs, nuts, seeds, and small mammals including other shrews. They are the only terrestrial mammal with the ability to echolocate to find their way.

Bats are the only mammal with true flight. They are nocturnal and also have

the ability to echolocate. Thirteen of the over than 1,000 bat species worldwide frequent Seabrook Island. Bats utilize echolocation both to fly at night and to locate food. A bat can eat over 1,000 mosquitoes an hour consuming its body weight of insects in a single night. Most (70%) bats feed on insects but others feed on nectar, fruit and some like the vampire bat feast on blood and are carnivorous. Bats are extremely important pollinators.

Residing in many of Seabrook Island tree tops is a nocturnal mammal that seems to fly but only glides from tree to tree and occasionally to the ground - the flying squirrel. This small seldom seen squirrel, with its big round bulging eyes is a frequent uninvited guest in our attics, often causing residents to think they are being invaded by rats. Unlike grey, pine, fox and most other squirrels that are vegetarians, the flying squirrel is omnivorous, eating nearly anything they can find including not only nuts, fruit and various plants but also insects, birds, small reptiles, mice, rats and other small mammals.

Not only do bottlenose dolphins reside in our coastal water but occasionally each year other dolphins (4 species), and whales (12 species) are sighted off our coast. In Seabrook Island's creeks and rivers there are North American river otters and mink and even an occasional manatee is spotted.

Two of the newest mammals to Seabrook Island are coyotes and armadillos. Native mammals that no longer live here include the bison, red and gray wolf, elk, wild boar, black bear, and mountain lion.

There are over 100 mammal species that are or were once native to South Carolina and most can still be found on Seabrook Island today. ▲ Charles Moore



Elephant Shrew



Raccoon



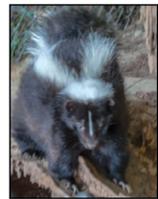
River Otter



Dolphin



Deer



Skunk



Flying Squirrel

# The Transformative Journey to the Summit of Mount Kilimanjaro



I am comfortably situated in the shade at the hotel with a nice breeze carrying in various sounds from the surrounding area in Moshi, Tanzania. There are children's voices from the nearby school; a rooster crowing; the metal to wood sound as a tree in the courtyard is severely trimmed with a machete; bull horn announcements from passing vehicles; shifting gears from motorcycles and buses spewing exhaust; and, birds singing. Beyond the pool and hotel wall topped with an electric fence is the highest freestanding mountain in the world and the highest point in Africa at an elevation of 19,341 feet (5,895 meters) above sea level - Mount Kilimanjaro. The mountain is also one of the world's largest volcanoes, now dormant, but the former eruptions have left Tanzania with abundant mineral resources. I will be joining a group to attempt to reach Uhuru Peak, the summit of Kilimanjaro. We will follow the rules of the mountain and keys to success of reaching the summit - only think about the current day and pole, pole, which

in Swahili means slowly, slowly. All the books and videos said this would be the hardest thing most trekkers would do in their entire lives, and they were right! My high school buddy Chris started the planning four years prior. He did the research and determined that Tusker Trail was the best group to use due to their priorities on safety, time for altitude acclimation and use of long-term employee guides and crew with years of experience successfully getting groups to the summit.

Training for the climb while living on Seabrook proved to be a challenge. I focused on cardio with bike rides to the Ocean Course and rowing and spinning at the Lake House. I hiked around Seabrook to break in my hiking boots with a backpack full of rocks. Apple Watch showed an elevation change of seven feet - only 19,344 feet to go!

I joined a group of ten for the eight-day ascent. Chris got bronchitis and did not make the trip (it is dangerous to attempt the climb with any kind

of breathing problem). The ten of us were transported to the starting gate inside the National Park where all the gear was weighed, as the porters are limited to carrying about 35 pounds. Yes, most of our gear was carried up the mountain for us by a crew of 38, including the four guides and cooking crew.

The trek to the summit passes through five vegetation zones: the lower cultivated land (primarily tree farms), lush rain forest, heather, moorland and alpine desert from 4,000 meters (14,125 feet) to the summit. The lower zones were warm and temperate with increasing cold temperatures with an increase in altitude. A typical day included waking at 6:30, breakfast, medical check and packing out for the morning hike followed by a lunch stop. The afternoon hike would bring us into the night's camp where the tents were already set up upon arrival. There was afternoon tea followed by dinner all together in the mess tent. One night I think we even made it to 8:30 before going to sleep.

On our second day the rain started at lunch and this was followed by a miserable hike in pouring rain for five hours. It did not rain again and the temperatures were not overly cold and we were fortunate to not encounter biting winds during our trek.

The food was very good and always included hot soup at lunch and dinner and porridge at breakfast. The cooks have been trained by the Culinary Institute of America to prepare meals that keep the climbers going, increasing carbs with elevation and hot liquids as appetite decreases as the summit approaches.

The guides conduct formal medical checks twice daily and less formally throughout the day. The checks include questions regarding appetite, headaches, breathing problems, etc. There is no room for error as a medical condition can become more dangerous with increasing altitude.

The final ascent day began at midnight with breakfast followed by the start of the climb at 1:30 AM. It was very cold (hand and toe warmers

worked great) and dark. All one can do is turn on the headlamp and focus on the heels of the hiker in front. Pole, pole, in the dark with an occasional glance up to see other hiker headlamps way up high. The summit ascent involved hiking up a narrow rocky trail approximately 2.5 miles with an elevation gain of 5,000 feet. The sun rose and the air warmed before we reached Stella Point, which is the first flat area at the edge of the crater. We can see the summit sign up ahead, not realizing it is another hour of uphill climbing with constant heavy breathing. We all made it, congratulated ourselves, took photos and watched two of our fellow hikers ask and accept a marriage proposal.

The descent was very difficult through rock scree and steps build into the trail at the lower portions. After 18 hours we were fed and slept awaiting to the entire support crew singing songs to us. An excellent morning ending to a life-changing experience. ▲

Don Smith-Jones

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# Hoosiers Celebrate 201st Anniversary of Indiana's Admission to the Union



Trivia Winners: Dean Goodwin, Kathy Bauhs, Cindy Willis, Chick Vladuchick



The cake celebrating the 200th anniversary of Indiana's admittance to the union



Basketball Winners: Dave Krumwiede, Jim Bannwart, Ron Ciancio, Susan Coomer, Sherri Goodwin, Valerie Luzadder, Mark Doane

The 7th Annual Seabrook Island Indiana Day celebrated the 201st anniversary of Indiana's admission to the union. On December 11, 1816 Indiana was admitted to the union and 43 Hoosiers gathered on December 4th to commemorate the event. The Hoosier festivities were celebrated at the Oyster Catcher Community Center with heavy hors d'oeuvres, drinks, Indiana Trivia, Indoor Basketball Hoops, auction, singing and much Hoosier camaraderie. All were treated to the music of famous Hoosier composers, Cole Porter and Hoagy Carmichael. The winning Indiana Trivia Team

was comprised of Dean Goodwin, Kathy Bauhs, Cindy Willis, and Chick Vladuchick. The winning Indoor Basketball Hoops Team was comprised of Dave Krumwiede, Jim Bannwart, Ron Ciancio, Susan Coomer, Sherri Goodwin, Valerie Luzadder and Mark Doane.

Various Indiana college fight songs were sung and the evening concluded with the usual singing of "Back Home Again in Indiana."

The Organizing Committee is composed of Sam Reed, Jim Bannwart, Pat Greubel, Cindy Willis, Max Willis, Alan Armstrong and Valerie Doane. **Valerie Doane**

# RESPITE CARE CHARLESTON NAMED TO FORBES' 12 DAYS OF CHARITABLE GIVING



Mary Beth and the late Paul Dacey

With several locations around the Lowcountry, the mission of Respite Care Charleston (RCC) is to provide support and services for families affected by Alzheimer's disease and other types of dementia. RCC accomplishes this mission through a combination of social day respite programs (designed to give caregivers a break), caregiver support groups, and community education.

Seabrook Mary Beth Dacey, Chair Emeritus of RCC's Board, pictured above with her late husband, Paul, shared her story:

My name is Mary Beth Dacey and it is a pleasure for me to be able to tell you a little about how RCC helps our community. Everyone who takes this journey through Alzheimer's with their loved ones know it is a final journey. There is no cure. It progresses at different rates for different people. There are common characteristics but everyone's journey is unique to them. I know first hand since my husband Paul was a client. I am going to tell you my story but it is only one of millions. Every family that deals with this has a story. Though this is not easy to do I know Paul is encouraging me.

Paul was diagnosed with mild cognitive impairment - a precursor to Alzheimer's and other dementias - at the age of 60 while still working full

time and traveling around the world on business. His progression was very slow moving which in some ways was a blessing because it gave us time to adjust and plan for the future. Very dear friends decided that they were going to volunteer at the Johns Island Respite program and that Paul would volunteer with them. Their goal was that Paul would transition from volunteer to client as the Alzheimer's progressed without even knowing it was happening. It worked! He still did the dishes and took out the garbage. For several years every Tuesday and Thursday at least one of our friends would be there with Paul and all the other clients. Our friends are still volunteering - talk about a gift!

Paul was so comfortable there and always felt important and liked. I used to call it the Paul Dacey fan club because when he arrived he was greeted by the staff and volunteers with smiles, hugs and an occasional kiss on the cheek. In reality it is every client's fan club. You are made to feel wanted and needed. If you were to visit one of the day programs you might have a hard time telling the clients from the volunteers and that is the goal. Everyone is treated with respect and a lot of attention to their needs and interests. Because of Paul's international business background, he was interested in cur-

rent events. The Wall Street Journal was his security blanket - he never left home without it. So while he was still a volunteer, he and one of our friends started a current events group for the people there who were interested.

During this time I was able to attend one of Respite's support groups. I learned so much about what was normal or not - what might be happening next - and other resources in the community. I also was constantly told that when people find out you or your spouse has Alzheimer's you will lose all your friends. That used to make me so sad. That did not happen to us. I still have the same amazing friends who took this journey with us. If you know or suspect a friend is having issues put on your big boy pants and be the friend they need. You will also grow from the experience. In support group we laughed a lot and cried a little. Sometimes both in the same story like when I told the group that Paul said he thought he would like to get married. So I asked him who he wanted to marry. His response was "I would like to marry you." That was after 46 years of marriage. Laughter and tears together.

Paul's time in RCC allowed me to be able to keep him at home with some additional help which was my plan. That does not work for everyone. I was lucky in that he remained mobile and usually content. When someone has Alzheimer's or other dementias you lose them a little bit at a time over a very long period so there are constant adjustments. Respite was always there for us. They have your back and your heart. Before Paul passed away 16 months ago, 11 years after diagnosis, he went from a world traveler to someone who could not remember where our bedroom was - but he always remembered the people from Respite - maybe not their names but their faces - he knew he knew them - that is how profound their impression on him was. He knew he was loved and cared for. That is everything and more than any family could hope for.

Mary Beth Dacey

## TOWN OF KIAWAH

# Arts & Cultural Events

## JANUARY

**QUENTIN BAXTER PRESENTS... RODNEY JORDAN QUINTET**  
 Thursday, January 11, 2018 | 7:30 p.m.  
 Turtle Point Clubhouse  
**\$25 or \$60 for series** via [baxtermusic.com](http://baxtermusic.com)  
 Ticket Release: 11/27\*

**ART FILM #1: MOULIN ROUGE**  
 Friday, January 12, 2018 | 3:00 p.m.  
 Municipal Center Council Chambers  
 No Tickets Required

**ART FILM #2: THE FIRST MONDAY IN MAY**  
 Friday, January 26, 2018 | 3:00 p.m.  
 Municipal Center Council Chambers  
 No Tickets Required

**LOWCOUNTRY VOICES**  
 Sunday, January 28, 2018 | 4:00 p.m.  
 Holy Spirit Catholic Church  
 Ticket Release: Kiawah 1/9 Public 1/12

**COLUMBIA CITY BALLET presents A MIDSUMMER NIGHT'S DREAM**  
 Tuesday, January 30, 2018 | 7:30 p.m.  
 East Beach Conference Center  
 Ticket Release: 1/16\*

**CAROLINA FOOT CENTERS**  
 1012 Physicians Drive, West Ashley  
[www.CarolinaFootCenters.com](http://www.CarolinaFootCenters.com)  
**(843) 571-0602**

**Cosmetic Nail Restoration**  
 BEFORE AFTER

**Laser Nail Therapy**  
 BEFORE AFTER

Medical Services Provided by **Podiatrist**  
 Saima Ismaili, DPM  
 Ashley Williams, DPM



# HEALTHY AGING

Jerry Reves, MD

## New Year and Time for a Healthy Diet - Right?

It is the start of a new year and what better way to begin the year than with a pledge to eat what medical experts report as a great diet for your health and in particular your heart. There are two main factors that we control that are both related to healthy aging. One is the amount of exercise we get and the other is what we eat. At the season of New Year's resolutions, it is time to revisit the role of diet and our health.

Not long ago U.S. News and World Report reported ( <https://health.usnews.com/best-diet/dash-diet> ) a wide array of diets and using experts in the field analyzed most of the diets out there and ranked them (like they do Colleges and Universities.) Among the many diets examined the DASH (Dietary Approaches to Stop Hypertension) Diet was rated the best overall diet for one's health and best diet for healthy eating as well as heart health. Since cardiovascular disease and overall health are the two things of most concern to us as we age, it seems appropriate to look closely at the DASH diet and it's close relative, the TLC (Therapeutic Lifestyle Changes) Diet.

### Background

DASH as its name indicates was designed by nutritionists and physician scientists funded by the National Institutes of Health (NIH) to reduce high blood pressure. Hypertension is a known risk factor for many medical problems not the least of which are heart disease, stroke and kidney failure. The diet was first used to see if diet could reduce high blood pressure, which it did. Subsequent to the initial research on the diet done in the 1990's many investigations have subsequently proven that DASH is a very healthy diet that confers more than simply a reduction in blood pressure. The slight modifications to the diet in the TLC were made to specifically target cholesterol, especially to lower LDL - the "bad" cholesterol.

### What are the key elements in the DASH/TLC Diets?

Fundamental to these diets is a simple and easy to remember concept. Reduce fats, red meat and sugar in

your diet. If one does nothing more than this, then you are on your way to a healthy diet. Specifically, cut to a minimum fried food, fat filled dairy products, sugar added desserts and drinks. More than restricting certain foods the diet includes adding vegetables, fruits, nuts, and grains. A diet replete with fresh vegetables, low-fat products, whole grains, beans, lean meats, fish and poultry should be on the menu. Salt is the other major factor that must be considered. Reduce or eliminate added salt to cooking and served meals. Gradually, we can get accustomed to low salt, but to help this adaptation use other spices to make up for the loss of salt.

### The Dietary Guidelines

Table 1 contains the recommended daily amounts of various components of our diet and the Figure 1 shows a typical food label that helps you figure out what you are buying and eating. You do not need to be a dietician or genius to follow these aids to healthy eating. Most foods have calories and the older we are the less we need to stay normally healthy and to keep from gaining weight. The more calories we eat, unless we burn them off with exercise, the more weight we will gain.

Fats are very important in determining heart and some other organ health. Only about 20% of our diet should contain fats and we should keep saturated and trans fats to less than 10%. Knowing the fat content and its breakdown in food is available on the food labels. In choosing food for preparation rely on lean meats, fish and poultry and limit red meat to one or two meals a week. Remember in cooking that animal oils are rich in saturated fats whereas vegetable oils are low. As we age we need to be adding fiber to our diet. Fruits, vegetables and grains all add fiber to our diet and this is why they are recommended as we age. Salt is sodium chloride and the daily amount of sodium recommended in the DASH and TLC diets is around 2000 mg. (Remember that 1 teaspoon of table salt contains 6000 mg or 3 times the recommended daily

amount!)

### Where Can I get Diet & Recipes?

There are a host of places to find DASH and TLC recipes. Amazon sells several paperback and hardcover recipe books. For those who like free, there are a number of free recipes that are DASH and TLC compliant found on the internet. Probably the best and most comprehensive free source is Keep the Beat Recipes by the National Institutes of Health and found at: <https://catalog.nhlbi.nih.gov/sites/default/files/publications/files/10-7531.pdf>. This is a 144 page comprehensive book that comes as a pdf for downloading. For a much shorter, but excellent National Heart and Lung (NIH) free source try: [https://www.nhlbi.nih.gov/files/docs/public/heart/hbp\\_low.pdf](https://www.nhlbi.nih.gov/files/docs/public/heart/hbp_low.pdf) or for an even shorter but good source of diet information go to: [https://www.nhlbi.nih.gov/files/docs/public/heart/dash\\_brief.pdf](https://www.nhlbi.nih.gov/files/docs/public/heart/dash_brief.pdf).

### The Bottom Line

Now is the time to commit to a healthy diet. It and exercise are the 2 factors that we can control to keep us healthy as we age. Just do it! ▲

## Nutrition Facts

Serving Size 2/3 cup (55g)  
 Servings Per Container About 8

| Amount Per Serving            | % Daily Value*       |  |
|-------------------------------|----------------------|--|
| <b>Calories</b> 230           | Calories from Fat 40 |  |
| <b>Total Fat</b> 8g           | 12%                  |  |
| Saturated Fat 1g              | 5%                   |  |
| Trans Fat 0g                  |                      |  |
| <b>Cholesterol</b> 0mg        | 0%                   |  |
| <b>Sodium</b> 160mg           | 7%                   |  |
| <b>Total Carbohydrate</b> 37g | 12%                  |  |
| Dietary Fiber 4g              | 16%                  |  |
| Sugars 1g                     |                      |  |
| <b>Protein</b> 3g             |                      |  |
| Vitamin A                     | 10%                  |  |
| Vitamin C                     | 8%                   |  |
| Calcium                       | 20%                  |  |
| Iron                          | 45%                  |  |

\*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.

|                    |                   |         |
|--------------------|-------------------|---------|
| Calories           | 2,000             | 2,500   |
| Total Fat          | Less than 65g     | 80g     |
| Sat Fat            | Less than 20g     | 25g     |
| Cholesterol        | Less than 300mg   | 300mg   |
| Sodium             | Less than 2,400mg | 2,400mg |
| Total Carbohydrate | 300g              | 375g    |
| Dietary Fiber      | 25g               | 30g     |

†Whole grains are recommended for most grain servings as a good source of fiber and nutrients.  
 ‡Serving sizes vary between 1/2 cup and 1/4 cup, depending on cereal type. Check the product's Nutrition Facts label.  
 § Because eggs are high in cholesterol, limit egg yolk intake to no more than four per week; two egg whites have the same protein content as 1 or 2 of most. Fat content changes serving amount for fats and oils. For example, 1 Tbsp of regular salad dressing equals one serving; 1 Tbsp of a low fat dressing equals one-half serving; 1 Tbsp of a fat free dressing equals zero servings.  
 ¶ 1 Tbsp of a fat free dressing equals zero servings.  
 Abbreviations: oz. = ounce; Tbsp = tablespoon; tsp = teaspoon.

**Table 1: The Therapeutic Lifestyle Changes (TLC) Diet**

| TLC Diet                               | National (Government) Recommended          |  |
|--|--|--|
|  | Women                                      | Men  |
| Calories / 2,300                       | 19-25: 2,200<br>26-50: 2,000<br>51+: 1,800 | 19-25: 2,800<br>26-45: 2,600<br>46-65: 2,400<br>65+: 2,200 |
| Total Fat                              | 22%  | 20%-35%  |
| Saturated                              | 6%   | Less than 10%  |
| Trans                                  | 0%   | N/A  |
| Total Carbohydrates                    | 65%  | 45%-65%  |
| Sugars (total except as noted)         | 25%  | N/A  |
| Fiber / 43.5 g.                        | 19-30: 28 g.<br>31-50: 25 g.<br>51+: 22 g. | 19-30: 34 g.<br>31-50: 31 g.<br>51+: 28 g.                 |
| Protein                                | 16%  | 10%-35%  |
| Sodium                                 | 1,589 mg.                                  | Under 2,300 mg.  |
| Potassium                              | 3,207 mg.                                  | At least 4,700 mg.   |
| Calcium / 1,510 mg. / 19-50: 1,000 mg. | 51+: 1,200 mg                              | 51+: 1,000 mg  |
| Vitamin B-12                           | 1.49 mcg.                                  | 2.4 mcg.   |
| Vitamin D                              | 6 mcg.                                     | 15 mcg.  |

Recommendations apply to adults 19 and older except as noted. Recommended calories are based on a moderate activity level. g. = grams. mg. = milligrams. mcg. = micrograms. Because of rounding, protein, fat, and carbohydrate content may not add up to 100 percent. From: <https://health.usnews.com/best-diet/tlc-diet>

## Following the DASH Eating Plan

Use this chart to help you plan your menus—or take it with you when you go to the store.

| Food Group                                 | Servings Per Day | Serving Sizes  | Examples and Notes  | Significance of Each Food Group to the DASH Eating Plan                              |
|--|------------------|--|---|--|
| Grains*                                    | 6                | 1-2 slices bread<br>1 oz dry cereal†<br>1/2 cup cooked rice, pasta, or cereal                          | Whole wheat bread and rolls, whole wheat pasta, English muffin, pita bread, bagel, cereal, grits, oatmeal, brown rice, unrefined pretzels and popcorn | Major sources of energy and fiber  |
| Vegetables                                 | 3-4              | 1 cup raw leafy vegetables<br>1/2 cup cut-up raw or cooked vegetable<br>1/2 cup vegetable juice        | Broccoli, carrots, collards, green beans, green peas, lima beans, potatoes, spinach, squash, sweet potatoes, tomatoes                                 | Fish sources of potassium, magnesium, and fiber                                      |
| Fruits                                     | 4                | 1 medium fruit<br>1/2 cup dried fruit<br>1/2 cup fresh, frozen, or canned fruit<br>1/2 cup fruit juice | Apples, apricots, bananas, dates, grapes, grapes, grapefruit, guava, kiwi, mangoes, melons, peaches, pineapples, plums, strawberries, tangerines      | Important sources of potassium, magnesium, and fiber                                 |
| Fat-free or low-fat milk and milk products | 2-3              | 1 cup milk or yogurt<br>1/2 oz cheese  | Fat-free (skim) or low-fat (1% milk or buttermilk; fat-free, low-fat, or reduced-fat cheese; fat-free or low-fat regular or frozen yogurt             | Major sources of calcium and protein   |
| Lean meats, poultry, and fish              | 3-6              | 6 or less<br>1 egg‡  | 1 oz cooked meats, poultry, or fish   | Fish sources of protein and magnesium  |
| Nuts, seeds, and legumes                   | 3 per week       | 4-5 per week   | 1/2 cup or 1/4 oz nuts<br>2 Tbsp peanut butter<br>2 Tbsp or 1/2 oz seeds<br>1/2 cup cooked legumes (dry beans and peas)                               | Fish sources of energy, magnesium, protein, and fiber                                |
| Fats and oils                              | 2                | 2-3  | 1 Tbsp soft margarine<br>1 Tbsp vegetable oil<br>1 Tbsp mayonnaise<br>2 Tbsp salad dressing   | The DASH study had 27 percent of calories as fat, including fat in or added to foods |
| Sweets and added sugars                    | 0                | 5 or less per week   | 1 Tbsp sugar<br>1 Tbsp jelly or jam<br>1/2 cup soft-ice, gelatin<br>1 cup lemonade  | Sweets should be low in fat  |

# 2018...Good News...Happy New Year...Take a Breather



PHOTOS: WAYNE BILLIAN



# THE SIP

Administrative News from the Seabrook



**EXECUTIVE DIRECTOR'S CORNER**  
Heather Paton  
hpaton@sipoa.org

The following is a summary of our operational activities as of the 12/11/17 Board Meeting.

**Operations & Maintenance:**

Bids for stormwater pipe lining have been received. GOMC has reviewed them and recommended a contractor. Dredging of two stormwater outfalls will begin in the next several weeks.

**Safety & Security:**

The Norred Officers have been on the island for eight weeks. Officers on all 3 shifts are working the gate and doing patrols. Owner response so far has been positive and we appreciate everyone's patience as the new officers continue to train. We anticipate that the new ABDI gate software system will go live in January. We will be sending messages with information regarding use of the system shortly.

**Administration:**

Staff is working with the Finance Committee on budget preparation, as well as preliminary preparation for the 2018 Annual Meeting.

**Lake House:**

Thanksgiving activities were well attended. The Turkey Trot had over 300 participants and the Sprint Triathlon Relay sold out at 10 teams. More than 400 people attended the Holiday Tree Lighting which is the most well attended Lake House event we've had to date. We have exceeded our canned-food drive goal! All donations will go to Sea Island Hunger Awareness Foundation.

**ARC Activity:**

|  |
|--|
| <b>New Homes:</b>  |
| Applications Pending = 12                                |
| New Homes Approved, not yet started = 2                  |
| New Homes Under Construction = 19                        |
| <b>Repair &amp; Maintenance Projects:</b>                |
| Maintenance Projects Approved by staff in September = 55 |
| Total YTD = 773  |

**Communications:  
publiccomment@sipoa.org Activity**

|  |           |
|--|-----------|
| November Topic # of comments/questions |           |
| Address Change                         | 1         |
| Alligators                             | 1         |
| Barcode                                | 1         |
| Beach access                           | 1         |
| Building Debris                        | 1         |
| BW1                                    | 1         |
| DHEC                                   | 2         |
| Eblast                                 | 1         |
| Fence                                  | 2         |
| Gate Pass                              | 1         |
| Nominating Committee                   | 1         |
| Security                               | 1         |
| <b>Total</b>                           | <b>15</b> |

**MEET THE CANDIDATES NIGHT**  
Meet the SIPOA Board Candidates  
Monday, January 8 • 5 pm

## JANUARY 2018

| Sun        | Mon  | Tue  | Wed  | Thu  | Fri   | Sat                              |
|------------|--|--|--|--|---|----------------------------------|
|            | 1<br>9:00am Social Bridge<br>11:00am Sbrk Stitchers<br>1:30pm Dup Bridge<br>3:30pm Seabrook Smashers   | 2<br>12:30pm Art Open Paint<br>1:00pm Mah Jongg Masters  | 3<br>1:00pm Weight Watchers<br>1:30pm Social Chicago Bridge<br>3:30pm Seabrook Smashers<br>7:00pm Digging Into Roots Together Workshop                           | 4<br>12:30pm Art Open Paint<br>1:00pm Mahjongg   | 5<br>9:30am Dup Bridge<br>1:00pm Scrapbooking Club<br>3:30pm Seabrook Smashers  | 6<br>11:00am Seabrook Smashers   |
| 7          | 8<br>9:00am Social Bridge<br>11:00am Sbrk Stitchers<br>1:00pm SIPOA Board Mtg.<br>1:30pm Dup Bridge<br>1:30pm Ladies Bible Study<br>3:30pm Seabrook Smashers<br>5:00pm Meet the Candidates | 9<br>12:30pm Art Open Paint<br>1:00pm Mah Jongg Masters<br>7:00pm Apple User Club  | 10<br>1:00pm Weight Watchers<br>1:30pm Social Chicago Bridge<br>1:00pm D.I.R.T. Genealogy Fair<br>3:30pm Seabrook Smashers                                       | 11<br>12:30pm Art Open Paint<br>1:00pm Mahjongg<br>3:30pm Opera Lite<br>7:00pm SINHG Evening Program | 12<br>9:00am Garden Club<br>9:30am Dup Bridge<br>1:00pm Scrapbooking Club<br>3:30pm Seabrook Smashers                       | 13<br>11:00am Seabrook Smashers  |
| 14         | 15<br>9:00am Social Bridge<br>11:00am Sbrk Stitchers<br>1:00pm Ladies Bible Study<br>1:30pm Dup Bridge<br>3:30pm Seabrook Smashers   | 16<br>12:30pm Art Open Paint<br>1:00pm Mah Jongg Masters<br>2:00pm Art Guild Meeting<br>4:00pm Men's Book Club<br>7:00pm Coin Club                   | 17<br>1:00pm Weight Watchers<br>1:30pm Social Chicago Bridge<br>3:30pm Seabrook Smashers<br>7:00pm Digging Into Roots Together Workshop                          | 18<br>12:30pm Art Open Paint<br>1:00pm Mahjongg<br>3:30pm Opera Lite<br>6:00pm SI Photography Club   | 19<br>9:30am Dup Bridge<br>1:00pm Scrapbooking Club<br>3:30pm Seabrook Smashers   | 20<br>11:00am Seabrook Smashers  |
| 21         | 22<br>9:00am Social Bridge<br>11:00am Sbrk Stitchers<br>1:00pm Ladies Bible Study<br>1:30pm Dup Bridge<br>3:30pm Seabrook Smashers   | 23<br>12:30pm Art Open Paint<br>1:00pm Mah Jongg Masters   | 24<br>1:00pm Weight Watchers<br>1:30pm Digging Into Roots Together<br>1:30pm Social Chicago Bridge<br>3:30pm Seabrook Smashers                                   | 25<br>12:30pm Art Open Paint<br>1:00pm Mahjongg<br>3:30pm Opera Lite                                 | 26<br>9:30am Dup Bridge<br>1:00pm Scrapbooking Club<br>3:00pm Mom's Circle<br>3:30pm Seabrook Smashers                      | 27<br>11:00am Seabrook Smashers  |
| 28         | 29<br>9:00am Social Bridge<br>11:00am Sbrk Stitchers<br>1:30pm Dup Bridge<br>3:30pm Seabrook Smashers  | 30<br>12:30pm Art Open Paint<br>1:00pm Mah Jongg Masters   | 31<br>1:00pm Weight Watchers<br>1:30pm Social Chicago Bridge<br>3:30pm Seabrook Smashers<br>6:00pm SI Birders  |  |   |                                  |
| NO CLASSES | 8:30am Splashes<br>8:30am Gentle Yoga<br>9:15am Cardio Mix<br>10:15am Pure Stretch<br>10:45am Total Body Toning  | 8:30am Water Aerobics<br>8:45am Cardio Interval<br>10:00am Core Fusion<br>11:00am Get Pumped<br>4:00pm Deep Water Aerobics<br>7:00pm Evening RideSBI | 8:15am Core & More<br>8:30am Splashes<br>9:30am Zumba<br>10:30am Strength & Flexibility Express<br>10:45am Total Body Toning<br>4:00pm Gentle & Restorative Yoga | 8:30am Water Aerobics<br>9:00am Flow Yoga<br>11:00am Get Pumped<br>4:00pm Deep Water Aerobics        | 8:30am Water Aerobics<br>8:15am Core & More<br>9:30am Zumba<br>10:30am Strength & Flexibility Express<br>11:00am Get Pumped | 8:30am Pilates<br>8:30am RideSBI |

# OAPAGES

Island Property Owners Association

## LAKE HOUSE SPOTLIGHT

**BALANCE WORKSHOPS**

Wednesday, January 17th • 3:00 PM  
Wednesday, January 17th • 5:00 PM  
Saturday, January 20th • 10:00AM

**Balance**  
An essential component in the Ageless, Fit and Confident



Our Balance System includes all of the senses in our body that tell us how we are moving, the brain that puts this information together and the muscles that control our movement.

People of all ages and abilities need to keep their balance system healthy. One is never too old or too young to benefit from attention to working on balance skills. A healthy balance system helps us to look and feel good as well as helping us to move and work with greater ease, more confidence. Another benefit is more energy and strength. It is recognized by experts, top athletes, trainers and medical professionals that balance training helps in better performance in sports and fitness experts know that good balance and a strong core go hand in hand.

This all ages and all abilities workshop will focus on improving and maintaining balance while working on stabilization, muscular endurance, strength and flexibility. The goal is to promote healthy aging and assist in facilitating the activities of daily living, which are an essential component to a strong and independent quality of life.

Diligence in daily balance training can help seniors to build strength in the abdominal or core muscle group and in the legs. These activities can also improve and preserve mobility levels, enhance safety and allow aging adults to continue enjoying their favorite recreational activities such as dancing, tennis, jogging or bike riding.

Workshop spots are limited and preregistration is required. Please note, these workshops are not included in the Monthly Class Pass. The cost per workshop is \$10 per participant.

For more information or to register for one of these essential workshops, please email Alison Standard at [alsfitness@gmail.com](mailto:alsfitness@gmail.com).



**COOPER RIVER BRIDGE RUN SEABROOK ISLAND BUS**

**Saturday, April 7th, 2018**  
The Lake House will once again be chartering a bus to take Seabrookers and their guests to and from the Cooper River Bridge Run.

**ENJOY THE RUN AND AVOID THE HASSLE... RIDE WITH US!**  
Cost: \$25.00

- Race Day Itinerary:
- The bus will leave promptly at 5:50 AM from the Seabrook Island Real Estate Parking Lot on Saturday, April 7th.
  - The Cooper River Bridge Run begins at 8:00 AM.
  - The bus will leave from behind the Aquarium Parking Garage once all participants have finished.

Please Note: REGISTRATION FOR THE COOPER RIVER BRIDGE RUN IS THE RESPONSIBILITY OF THE PARTICIPANT. Registration for the bus ride DOES NOT REGISTER PARTICIPANTS FOR THE COOPER RIVER BRIDGE RUN.

To register for the Cooper River Bridge Run, please visit [bridgerun.com](http://bridgerun.com). There are NO REFUNDS for race or bus registration.

**LIMITED SPACE AVAILABLE.**

For more information or to register, please contact The Lake House at 843.725.1581 or [jmogus@sipoa.org](mailto:jmogus@sipoa.org)



**OPERA LITE**

Thursdays • Jan.11 – Mar.15  
3:30-5:30PM

Beginning in 2002, the intriguing world of opera - its history, development over 400 years, cultural context, and performance - has been presented on Seabrook Island during the fall and winter months. Many residents and guests have enjoyed these sessions. But it is hoped that many more, perhaps unaware of their existence, will choose to include them in their island activities.

The "Opera Lite" series runs for 9-10 weeks from January thru March and again from September to November. All sessions are FREE and previous exposure/knowledge of opera is not necessary. Indeed, newcomers are encouraged to give it a try.

Each opera is self-contained in the 90 minute session with the opera shown in an abridged fashion featuring the high points. Each week brings a different production with the works ranging from current to vintage. These sessions are informal and fun with performances supplemented by text subtitles in English. The voices and acting are amazing. You may be surprised how dramatic and enjoyable this art form can be.

Schedule of Operas

|                            |                                 |
|----------------------------|---------------------------------|
| 1/11 - POLIUTO             | 2/15 - LOHENGRIN                |
| 1/18 - RUSLAN AND LYUDMILA | 2/22 - LA BOHEME                |
| 1/25 - MANON LESCAUT       | 3/1 - BEATRICE AND BENEDICT     |
| 2/12 - EUROPA RECONOSCIUTA | 3/8 - RIGOLETTO                 |
| 2/8 - DER ROSENKAVALIER    | 3/15 - THE USUAL SONG AND DANCE |

Opera will be shown in Osprey 2

**SAVE THE DATE**  
**31st Annual Arts & Crafts Exhibit**

The Annual SIPOA Arts & Crafts Exhibit will be held during Annual Meeting Weekend on February 16th thru February 18th, 2018.

It is always one of the highlights of Annual Meeting Weekend to see the incredible talent of Seabrook Island Property Owners at the Arts & Crafts Exhibit.

Registration forms and details will be included in your Annual Meeting packet. Registration forms are also available at The Lake House.

Happy New Year

SEADOGS Annual Meeting - January 23rd



SEADOGS, the Seabrook Island dog and beach advocacy group, announced today that the Annual Meeting will occur on January 23, 2018 starting at 6PM in the Live Oak Hall at the Lake House.

Harvey, Irma and Maria. You will be astounded to hear about the many needy animals that were rescued in the aftermath of the storms.

Golden Bear Realty Hosts 3rd Local Art Initiative Reception On January 10th Featuring Seabrook Island Artists



GARY KUNKELMAN'S "VERDANT CITY"

Golden Bear Realty will host an art reception and exhibit of the works of Seabrook Island residents: Gary Kunkelman, Robert Lefvre, and Patricia Schaefer, on Wednesday, January 10th from 4:30pm to 7pm.

Local Art Initiative Reception Wednesday, January 10, 2018 4:30pm to 7pm Golden Bear Realty 1900 Seabrook Island Road Seabrook Island, SC 29455 843-737-5500

Painter Gary Kunkelman's art journey has traveled from impressionistic and realistic works in oils and pastels to mixed media abstracts.

and sculpture lessons throughout his elementary and high school days. At the age of eighteen, Bob took private lessons from a retired sea captain in Cape Cod, Mass. where he painted his first clipper ship.

her photographs of dolphin strand feeding which garnered her credits in the National Geographic documentary, "Secret Life of Predators."

SEABROOK ISLAND ARTISTS GUILD January 2018 calendar Artists-of-the-Month Sherry Smith and Diane Bean "Landscapes and Seabirds"

January Meeting and Painting Demonstration by Guest Artist Mark Horton Free Demonstration Tuesday, January 16 • 2:00-4:00pm The Lake House • Seabrook Island

Mark Horton's Two-Day Oil Painting Workshop January 22 and 23 • 9:00-4:00pm both days Oyster Catcher Community Center • Seabrook Island

The Seabrook Island Artist Guild is very excited to offer another two day oil painting workshop with Mark Horton, well-known Charleston artist and co-owner of Horton Hayes Fine Art gallery.



niques as well as the fundamentals of design and composition. Emphasis will be on helping students discover their own personal style and process in creating their work.

This course is designed for oil painters of all levels who want to take their work to the next level. Horton will focus on ways to improve as a painter by emphasizing composition, design, value and color temperature and learning how to utilize these basic elements to best express and complete a successful painting regardless of its subject matter.

Senator Scott Receives 2017 Jack Kemp Foundation Leadership Award



Senator Scott receives award from Jimmy Kemp, son of Jack Kemp, and Joanne Kemp, wife of Jack Kemp.

U.S. Senator Tim Scott (R-SC) received the 2017 Jack Kemp Leadership Award for his commitment to tax reform, fighting poverty, and strengthening the American family.



ISLAND NOTICES



St. Christopher's Camp Fridays 12:30-2:30 If interested, please contact Mary Torello at mary.torello@yahoo.com

SEABROOK STITCHERS Lake House Mondays 11AM-1PM For more information, contact Denise Doyon - dendoyn@gmail.com



SEABROOK ISLAND RUNNING GROUP

Calling all runners! There is a running group forming on Seabrook Island. The goal is to get runners of all levels together for running and socializing.



On Seabrook Island "GREEN IS THE NEW BLACK"



CELEBRATE IT AT THE GALA!

When: Sunday, March 18 Where: Seabrook Club Island House What: Silent and Live Auctions, Doors Open at 5pm Something New: What's in YOUR Bottle? Sumptuous Buffet Dinner and Adult Beverages How: Reservations Remain a Bargain at \$75 Per Person RESERVATIONS AVAILABLE BEGINNING JANUARY 1, 2018 Visit SIGSC.ORG for instructions on making your reservation and watch for notices in Tidelines.

CHAMBER MUSIC CHARLESTON Presenting exceptional chamber music in Charleston, SC since 2006

GREAT MUSIC ON SEABROOK ISLAND

Wednesday, January 31 • 7PM Chamber Music Charleston returns to the Wildermann residence on Seabrook Island for a House Concert on Wednesday, January 31, at 7pm featuring music for flute and strings.



# SEABROOK ISLAND REAL ESTATE

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## WE SELL SEABROOK ISLAND! The Proof is in our 2017 Results

### CLOSED

|                           |                            |                            |                           |
|---------------------------|----------------------------|----------------------------|---------------------------|
| 2330 Marsh Hen            | 2730 Gnarled Pine          | 1709 Shelter Cove Townhome | 2771 Live Oak Villa       |
| 2986 Seabrook Island Rd   | 2111 Landfall Way          | 326 Beach Club Cottage     | 550 Tarpon Pond Cottage   |
| 3190 Pine Needle Ln       | 3350 Seabrook Island Rd    | 2445 Seabrook Island Rd    | 3011 Ocean Winds Villa    |
| 2030 Salt Marsh Townhome  | 2202 Oyster Catcher Ct     | 1806 Landfall Way          | 2505 Seabrook Island Rd   |
| 2674 High Hammock Rd      | 1333 Pelican Watch Villa   | 947 Sealoft Cottage        | 2704 Jenkins Point Rd     |
| 736 Spinnaker Beachhouse  | 3627 Loggerhead Ct         | 1948 Bohicket Marina Villa | 3575 Seabrook Island Rd   |
| 3120 Privateer Creek Rd   | 2943 Cap'n Sams Rd         | 1929 Bohicket Marina Villa | 2533 Pelican Perch        |
| 2445 The Haulover         | 3060 Marshgate Dr          | 2070 Salt Marsh Townhome   | 3017 Seabrook Village Dr  |
| 2731 Jenkins Point Rd     | 2931 Cap'n Sams Rd         | 2089 Salt Marsh Townhome   | 2963 Seabrook Island Rd   |
| 2585 Seabrook Island Rd   | 2720 Gnarled Pine          | 3108 Marsh Gate Dr         | 104 High Hammock Villa    |
| L1 B43 Royal Pine Dr      | 1154 Summerwind Cottage    | 2072 Sterling Marsh Ln     | 3559 Seaview Dr           |
| 2724 Seabrook Island Rd   | 3705 Seabrook Island Rd    | 2959 Seabrook Island Rd    | 153 High Hammock Villa    |
| 3237 Middle Dam           | 2034 Salt Marsh Townhome   | 2914 Old Drake Dr          | 3143 Seabrook Island Rd   |
| 709 Spinnaker Beachhouse  | 2534 Otter Ln              | 1214 Creekwatch Townhome   | 1365 Pelican Watch Villa  |
| 923 Sealoft Cottage       | 632 Wedgewood Villa        | 1948 Marsh Oak Ln          | 101 High Hammock Villa    |
| LC Seabrook Village Dr    | 10B Seabrook Village Dr    | 1801 Landfall Way          |                           |
| L1 Seabrook Village Dr    | 3485 Deer Run Dr           | 2132 Loblolly Ln           | <u>UNDER CONTRACT</u>     |
| 2111 Kings Pine Dr        | 2781 Live Oak Villa        | 3620 Loggerhead Ct         | T-1 Salt Marsh Townhome   |
| 3702 Bonita Ct            | 131 High Hammock Villa     | 3231 Privateer Creek Rd    | J-1 Salt Marsh Townhome   |
| 2110 Kings Pine Dr        | 3073 Gregg's Ct            | 1159 Summerwind Cottage    | 3278 Privateer Creek Rd   |
| 1137 Summerwind Cottage   | 3132 Privateer Creek Rd    | 2929 Baywood Dr            | 2957 Seabrook Island Rd   |
| 3023 Ocean Winds Villa    | 1639 Courtside Villa       | 2759 Old Oak Walk          | 622 Wedgewood Villa       |
| 1026 Marsh Pointe Cottage | 2084 Salt Marsh Townhome   | 1001 Crooked Oak Ln        | 151 High Hammock Villa    |
| 770 Spinnaker Beachhouse  | O-1 Salt Marsh Townhome    | 2901 Cap'n Sams Rd         | 3131 Marshgate Dr         |
| 2460 The Haulover         | 2849 Old Drake Dr          | 1235 Creekwatch Townhome   | 188 High Hammock Villa    |
| 1025 Crooked Oaks Ln      | 2375 Seabrook Island Rd    | 2022 Long Bend Dr          | 2390 Seabrook Island Rd   |
| 2091 Salt Marsh Townhome  | 1954 Bohicket Marina Villa | 167 High Hammock Villa     | 3121 Marshgate Dr         |
| 2285 Marsh Hen Dr         | 2063 Marsh Walk Villa      | 915 Sealoft Cottage        | 163 High Hammock Villa    |
| 1243 Creekwatch Townhome  | 3240 Privateer Creek Rd    | 4012 Bridle Trail Dr       | 6 Dunecrest Cottage       |
| 4068 Bridle Trail Dr      | 2471 Racquet Club Villa    | 3040 Fairway One Townhome  | L19 B52 Jenkins Point Rd  |
| 2044 Salt Marsh Townhome  | 2913 Deer Point Dr         | 2805 Mallard Lake Dr       | 2605 Jenkins Point Rd     |
| 2795 Little Creek Rd      | 3019 Hidden Oak Dr         | 907 Sealoft Cottage        | L35 B19 Rolling Dune Rd   |
| 2774 Hidden Oak Dr        | 3035 Fairway One Townhome  | 2947 Deer Point Dr         | 2424 Racquet Club Villa   |
| B16 Seabrook Village Dr   | 626 Wedgewood Villa        | 3300 Coon Hollow Dr        | 3038 Fairway One Townhome |
| 2566 Seabrook Island Rd   | 469 Golf Shore Cottage     | 2500 Clear Marsh Rd        | 3622 Loggerhead Dr        |
| 3133 Seabrook Island Rd   | 1880 Andell Bluff          | 2774 Old Oak Walk          | 3710 Bonita Ct            |
| 4009 Bridle Trail Dr      | 2081 Salt Marsh Townhome   | 1404 Nancy Island Dr       | 2586 Seabrook Island Rd   |
| 1026 Crooked Oak Ln       | 2755 Old Oak Walk          | 2417 Golf Oak Park         | 3653 Cobia Ct             |
| 2112 Royal Pine Dr        | 2326 Cat Tail Pond         | 3045 Fairway One Townhome  | 2418 Racquet Club Villa   |
| 1 Dunecrest Cottage       | 2753 Old Forest Dr         | 1325 Pelican Watch Villa   | 725 Spinnaker Beachhouse  |
| 2876 Cap'n Sams Rd        | 1641 Courtside Villa       | 1151 Summerwind Cottage    | L2 B53 Oyster Catcher Ct  |
|                           | 2740 Gnarled Pine          | 103 High Hammock Villa     | 2460 Seabrook Island Rd   |
|                           | 3505 Seabrook Island Rd    | 2130 Bay Pointe Villa      | 1633 Courtside Villa      |
|                           | 2959 Seabrook Island Rd    | 3068 Baywood Dr            |                           |

Information comes from Charleston-Trident MLS • January 1<sup>st</sup>, 2017 - December 14<sup>th</sup>, 2017