POA & CLUB PRESIDENTS BID "ADIEU"

This will be my last President’s letter, as my term in the SIPOA office will end with the annual meeting on February 17. I want to say thanks to the Board for their unanimous consent in appointing me and for their support throughout the year. And I cannot say enough good things about our hard-working staff, led by our terrific Executive Director, Heather Paton; they are always on the job, always professional in manner and actions, and always have the best interests of the Property Owners at heart.

One thing we always say about Seabrook Island is how our volunteers are the engine that makes things happen. But did you know that across the committees, special committees and task forces, and apart from the Board members and staff, there are more than 65 volunteers who give willingly of their time and talents to making Seabrook Island the wonderful place that it is? They deserve our thanks for all that they do.

Additionally, the volunteers who serve on COVR, Villa and Regime Boards and SI Boards and Committees play a vital role in how our island community runs and is managed. And of course, our ever helpful and dedicated Tidelines staff, interest groups and other volunteers, from Adopt-A-Highway to SISHU to the Turtle Patrol, make our Island more beautiful and friendly. Give yourselves a great pat on the back for all the great things you do.

2017 also brought challenges...from Hurricane Irma to dealing with DHEC’s newly proposed beach lines. And amazing natural events like the DHEC’s newly proposed beach lines.

And amazing natural events like the Solar Eclipse. And a unique and coveted award to Seabrook Island: Audubon International’s first Certified Sustainable Community in South Carolina. This award is another great testament to the hard work and perseverance of our Executive Director and the volunteers who dedicated countless hours.

How does Seabrook Island keep this going from year to year? Because property owners like you, regardless of where you are, continue to participate in the most important event of the year: VOTING!

With the Annual Meeting just a month away (Saturday, February 17), the mailed hard copy voting packages and the electronic voting emails have been sent, and the rest is now in your hands.

• Voting ensures that we continue to have good talent for our Board and our Nominating Committee.
• Voting ensures that we have a budget to keep our operations going and our services and facilities intact.
• Voting is your opportunity, whether you are here for 3 or 36 or 365 days a year, to help ensure that we can continue to have the great facilities, beaches, roads, security, wildlife and natural beauty from year to year.
• Regardless of how you vote, just be sure that you vote!

Two more things:
1. Along with your voting package is a link to the “Time and Talent” form. It gives YOU the opportunity to participate as a volunteer in the governance and policies of Seabrook Island. Even if you currently serve on a committee, please return the form to volunteer for 2018. Committee work is rewarding, educational and satisfying. Give it a try!
2. I hope that you can and will come in person to the Annual Meeting, because the more active participation we have, and the more you participate, the greater your personal commitment to Seabrook Island will be.

VOTE! Then come, enjoy and meet your neighbors! And thanks again for a great year! ▲

Ed Howard, SIPOA President

Annual Meetings Set for February 17

2017 was an outstanding year for the Seabrook Island Club. Our membership continued to grow, totaling 1,842 at year-end. And our members and visitors actively used our outstanding amenities, whether it was our dining facilities where revenue grew 12%, our golf courses that showed a 23% increase in rounds played, our pickle ball courts that nearly doubled in usage from its inaugural year or our equestrian center’s first Certified Sustainable Community in South Carolina. This award is another great testament to the hard work and perseverance of our Executive Director and the volunteers who dedicated countless hours.

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Jerry Farber
President, Seabrook Island Club
**CAP’N SAM EDISTO**

**THANK YOU!**

“Of the deep secrets of life is this: that really is the daily fight we do for others.” Lewis Carroll

As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting them to you in a forthright, honest and unbiased manner.

**What: Silent and Live Auctions, Doors Open at 5pm**

What to Bring:
- Items for Silent Auction
- Photos of items for Silent Auction and Bid Cards
- Silent Auction Bidding Sheet

Where: Seabrook Club Island House

*To view pictures of last year’s Green Space Conservancy Gala, visit the Green Space Conservancy website.*

**GATEPASSES FOR VRBO GUESTS**

Our Security staff is finding that many of these properties do not have gate passes on file when the rental guests arrive at the gate. To help us serve your guests promptly and accurately, please remember to arrange gate passes for your rental prior to their arrival and verify guest name(s) and arrival/departure dates.

**CALL FOR ARTICLES**

All Seabrooker readers are cordially invited to send submissions to this paper including articles, photographs, poems, etc. so we would like to contribute, please e-mail us. Join the discussion.

Michael Morris, Editor

**ANNUAL MEETING**

SIPOA 2018 Annual Meeting voting has begun. Paper voters, your package was sent by mail; please let us know if you have not received it by Monday, January 22. Online voters, you received a voting invitation email from Association Management Services, please click on “Gala Election” to cast your vote.

**SIPOA ANNUAL MEETING**

Special Events/ Airport Downton 247

**YACHTING & GOURMET LUNCH CRUISE**

Lunch Cruises are being offered at 11:30 AM & 1:00 PM May 13th. The Sea Nest will provide lunch with the menu to be announced. Tickets are $75 per person and can be purchased at the SIPOA Office or by calling 843.834.4534.

**ANGEL OAK AWARD DINNER SET FOR MARCH 21**

The Kiawah-Seabrook Exchange Club has established the Angel Oak Award in 2012 to recognize a volunteer who has made a significant contribution to the people in one of the islands of the Kiawah-Siebrosk area. This year’s Angel Oak Award Banquet will be held on Wednesday March 21st, 2018 at the Kiawah Island Club. Contact: Lauren Crowell, Lauren@Crowellchairman.com or 843.814.4200 for reservations. The Angel Oak Award Banquet is an opportunity for Kiawah and Seabrook residents to come together to celebrate the beauty of the islands, friendship, and our community. Photo opportunities will be provided by Mike and the Kiawah Island Club. Please join us for this unique and unique evening. The Angel Oak Award Banquet is a benefit to the SIPOA Foundation. It is an opportunity to enjoy the beauty of the islands of the Kiawah-Siebrosk area.

**GALVESTON ISLAND**

Gala reservations holders – imagine taking a ride on a “Galveston and Galvestonians’ Lunch Cruise” will be offered at the 2018 Green Space Conservancy Gala. Garnet Seaside has graciously offered our Seabrook Oceanis 55 sailing experience to a special group of MD Anderson patients and caregivers. The boat will be filled with 30 people from the cancer center and its friends and families. The Seabrook Oceanis 55 offers a unique opportunity to experience a day on the water with your loved ones and create memories that will last a lifetime. The experience can be booked by calling 843.792.3800 or online at SeabrookIsland.com/gala.
TOWN HALL MEETING
Town Council Meeting

After the pledge of allegiance, Mayor Ciancio called the December 12, 2017 Town Hall Meeting to order. Town Hall Clerk Arnold Albritton welcomed the audience. Town Councilor Allen Craven was absent; Councilor David Osborn seated at the Town Hall meeting.

The meeting was properly noticed and conducted. The minutes of the December 5, 2017 meeting were reviewed and approved. The minutes of the December 12, 2017 meeting were waived.

Mayer Ciancio reported that the most recent management changes were under board. Seven villa owners were appointed to the Town Hall Advisory Board. They are to serve one year and 2) over the past two years, they have been serving on the Board in healthy numbers. The relative contributions of villas to SIPOA governance and the village’s 70 units (villas) vs. 1,094 single family homes. Villas constituted approximately 12% of the Town were villas—1,184

A motion was made to appoint Faye Allbritton as Town Clerk. Mayor Ciancio stated that he would like to offer those actions and resolutions. Councilor Craven seconded the motion and the vote to approve was unanimous.

Mayor Ciancio stated that the Council would like to continue to make a motion to approve a new Town Clerk. Councilor Craven stated that the new Town Clerk would have to be appointed as an action item. After the motion was made, the vote to approve was unanimous.

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his or her role and the responsibilities each member of the DRC understood. The planning was scheduled. Our original plan included some sort of checklist so you are confident you have followed the exercise we conducted in January. It’s the New Year, a time for retooling your personal planning. Lately, many have been thinking about new year resolutions. Let us all make a resolution to be personally prepared for emergencies.

Sanford Opposes Proposal to Expand Offshore Drilling

The Sanford Symphony Showhouse is in the heart of historic Tradd Street and is scheduled to open February 14, 2018. The showhouse will be open daily from 10 am to 5 pm until February 28, 2018.

The showhouse is open to the public and admission is free. Donations are welcome to support the activities of the Sanford Symphony Orchestra.

For more information, please contact:

M.J. Collins, REALTOR®
mj.collins@akersellis.com
484.844.7350
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MORE THAN DEEP SLEEP –
TORPOR A KEY TO WILDLIFE SURVIVAL

TORPOR A KEY TO WILDLIFE SURVIVAL

When animals go into torpor, they are able to lower their body temperature and many other bodily processes to conserve energy. This allows them to survive in cold or food scarce conditions.

The heart rate of a hibernating chipmunk may drop as low as 1 beat per minute, and its internal temperature may drop to as low as 4.5°C (40°F). The brain may go into a state of dormancy, and some animals may even lose their ability to respond to stimuli.

In contrast to hibernation, brumation is a term used for animals in torpor that are not truly asleep. They may rouse to early from their torpor.

Many animals have an amazing ability to avoid adverse conditions. Some find out food for months, while others go into a state of reduced activity called hibernation.

A Catbird rests out of the sun in a bush. Photographed by Charles Moore.
your journey begins with us.

recent snow certainly counts as an unusual weather occurrence. As I re-read the first paragraph I had to laugh. The notes, successes and failures, unusual weather occurrences? It was by far my favorite TV program on gardening; PBS programs run by individual states that are only aired in that state. Smart bulbs at $80 each, or you can do it yourself using plugs with the Alexa or Google app on your phone. The instructions are clear and you plug into the wall outlet and then plug into your phone. The smart plug two-pack. They work with Alexa and Google and Alexa and Google work a wonderful job.

Medical Services Provided by Podiatrist

Amy Wilson, DPM

Chairman to succeed the current Dean, Laura Lee Rose

TIPID: The North American Free Trade Agreement, a Major Turning Point in World History

Choosing the right tree or shrub for your landscape may seem daunting. How do you know which one will thrive? The key to successful plantings is choosing the right tree or shrub for your site. Some factors to consider include:

- Sunlight: Most trees and shrubs require full sun (at least 6 hours per day) for healthy growth.
- Soil: Some trees and shrubs prefer well-drained soil, while others do best in clay soil.
- Space: Consider how large the mature size of the tree or shrub will be.
- Maintenance: Some trees and shrubs require minimal care, while others may need frequent watering and pruning.

ABOUT CHARLESTON COLLEGIATE SCHOOL: Charleston Collegiate School is a private, co-educational day school for grades 6-12 located in the heart of Charleston, South Carolina. The school's mission is to inspire students to achieve their full potential. The school offers a challenging academic program, strong arts and athletic programs, and a commitment to community service.

To schedule a tour or for more information, please contact: Laura Lee Rose, Director of Admission, at 843.768.3921 or lrose@clemson.edu.

TIPS FOR A BETTER SLEEPING

Sleep deprivation, especially in the elderly, can be dangerous and lead to serious health problems. When planning your day, it is essential to ensure you get enough sleep. Some tips for a better sleeping experience:

- Establish a regular sleep schedule, going to bed and waking up at the same time every day.
- Create a comfortable sleeping environment, including a cool, dark, and quiet room.
- Avoid caffeine, alcohol, and large meals before bedtime.
- Practice relaxation techniques, such as deep breathing or meditation, before going to bed.

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WHERE: Useful Plants Center • 101 Phillips Community Drive • Charleston, SC

WATER: Water is life. It is the foundation of all life on Earth. It is essential for all living organisms, including humans. Water is necessary for the function of all living cells, and serves a variety of roles in the body.

Trees are amazing in their ability to attract and hold water, building soil and reducing erosion. They also provide shade, improving the microclimate of the area and reducing the need for cooling and heating.

To schedule a tour or for more information, please contact: Laura Lee Rose, Director of Admission, at 843.768.3921 or lrose@clemson.edu.

WHEN: Monday: February 26, 2018 • 6:30pm • Workshop, FCC speaker, 843.768.3921
Executive Director’s Corner
Shelley Parke
SPOA@spoa.org

Operations & Maintenance
Due to heavy rain and snow last month, we reinstalled 400 electrical control boxes after the field was plowed, and more recently two separate storms. The road work will continue throughout the year.

Safety & Security:
The 911 system was in place throughout the snow event. Due to dangerous road conditions several drivers stalled out. Below the where the snow was deepest. These were recorded and the roads were cleared. Blankets were delivered to the officers, and Harris Towing drilled eight snow chains. Fortunately there were no reports of traffic accidents on the island during the storm. (continued next column)

Communications:
publiccomment@spoa.org

31st Annual Arts & Crafts Exhibit
The Annual SPOA Arts & Crafts Exhibit will be held during Annual Meeting Weekend on February 16-18, 2018. It is one of the highlights of the Annual Meeting Weekend to see the incredible talent of Seabrook Island Property Owners at the Arts & Crafts Exhibit.

Details were included in your Annual Meeting packet. Registration forms are also available at The Lake House.

BROWN & WHITE PICKUP
Due to the Annual Meeting weekend when the island is overbooked, we have scheduled a Brown & White pickup on February 14th, 15th, and 16th.

No Way
No Gain
Tom White, Seabrook

The old adage “no pain, no gain” is bad advice. The purpose of training is to improve your physical health and performance. Your body is capable of adapting to a wide range of stimuli. If you are not feeling better, then you are not training correctly. A non-negotiable for avoiding injuries is to avoid overtraining. A non-negotiable for avoiding injuries is to avoid overtraining. The single most important thing you can do is to avoid overtraining. The single most important thing you can do is to avoid overtraining.

Normal muscle aches and pains (aka “good pain” or delayed onset muscle soreness) occur after a hard workout or if you are not eating a balanced diet. The voices and acting are amazing. You may be surprised how dramatic and interesting the voice is to be.

By John Bradd, introducing an early Pacini composition. “Munich Requiem” to a full house at the Lake House. Bradd brings an extensive knowledge of music to his classes every week and shares his knowledge with the audience. He is always welcoming and engaging, and their acting is amazing. You may be surprised how dramatic and interesting the voice is to be.

Schedule of Operas
2/12 - EUROPE RECONSCITUA
2/15 - LOHENGRIN
2/22 - LA BOHEME
3/1 - BEATRICE AND BENEDICT
3/8 - ROSETTO
3/15 - THE USBALD SONG AND DANCE

The Lake House will once again be offering a free tour to Seabrook residents and their guests to visit the Cooper River Bridge Run. Enjoy the run and avoid the hassle... Ride with us!

REMINDER
The speed limit on Seabrook Island is 25 MPH or below. Please observe all signage, and drive safely, especially during the Spring months build increased visitor and bicycle/pedestrian traffic.
Katriel Srebnik's artwork has received numerous accolades and has been exhibited in numerous galleries throughout the United States and Europe. An artist of high acclaim, he is known for his unique approach to painting, particularly the Amish culture and rural scenes of America.

William P. Duffy, a Fellow of the American Impressionist Society, the Oil Painters of America, and the Portrait Society of America, and a Juried Member of the Pastel Society of America, has won numerous Best of Show awards. In 2012, his painting “Dusk at King and Queen” was chosen “Best of Show” at the 23rd Annual Exhibition at the Lyme Academy College of Fine Art. He has been a finalist for the ASMA Quarterly Magazine’s “Master Works Museum Tour.”

The Lake House, Seabrook Island
2390 Cat Tail Pond Road, Seabrook Island, SC 29455

For more information on the Seabrook Island Artists Guild, its membership, classes, events and shows, please visit our website: www.seabrookislandartistguild.com.
Open House Event
Saturday, February 17th
1:00 - 3:00 PM

Seabrook Island Real Estate presents an Annual Meeting Weekend Open House, featuring current homes for sale!

Visit the Seabrook Island Real Estate office, located just before entering the Seabrook Island gate, for brochures, a map and to arrange gate access.