VOL 21 • ISSUE 3 • MARCH, 2018

ANNUAL MEETINGS AFFIRM SOLID PERFORMANCES IN 2017

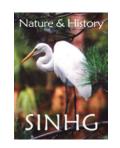


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SEABROOK ISLAND



Our Different Deer page 7



SINHG - page 8



Island Notices page 15



SEABROOKER ONLINE at:

The Annual Meetings for both the Property Owners Association and the Seabrook Island Club held this past February 17 were witness to very solid 2017 performances as well as a positive outlook for future years.

- The SIPOA's loan balance from the Horizon Plan payable to Bank of America is \$290,000 and should be basically paid off by next year's annual meeting. Likewise, the SIC's balance is approximately \$8.5 million and on course to be paid off in September 2023.
- The new Gatehouse was completed. * • The SIPOA received the Blue Ribbon Community Award from the Community Association Institute. The award recognizes communities that
- maintain standards for overall management, budgeting, records management, architectural guidelines, strong community fiscal responsibility and that have a positive impact on the lives of their residents. Also, in November 2017 SI-POA was awarded the designation as an Audubon International Certified Sustainable Community. Seabrook Island is the first community in South Carolina and the sixth in the world to receive this designation.
- 11 new homes were completed in 2017; repair and remodel requests

- numbered just under 800.
- Both voter registration and resident Club memberships continue to rise and appear to show a continuing move towards more permanent residents.
- Wildlife reporting in 2017 was highlighted with Piebald deer reports ** a reduction in the number of wild turkeys reported and the return of foxes and bobcats.
- The Turtle Patrol reported more volunteer hours than any other DNR group in the state. 70 nests were identified and 5,508 hatchlings emerged.
- Seabrook Island Club membership has increased to 1,842, up from 1,694 over the past 5 years. Rounds of golf up 12%; tennis play slightly down but pickleball play nearly doubled from the prior year. Members spent 13% more on food and beverage year over
- Club income of \$566,000 was the best performance ever.
- SIRE had its best year since 2006 with sales up 40% from 2016.▲
- Questions from the audience at the conclusion of the POA meeting included more than one on the cost of the new structure. Contracts for all the work done are available at the SIPOA.
- **See story on page 7

2018 SIPOA Committ Committee	<u>.ee Assignments</u> Chair	Vice-Chair
Executive Committee	Cilali	VICE-CIIAII
President	Julie McCulloch	
Vice President	Guy Gimson	
Treasurer	Warren Weber	
Secretary	Dennis Pescitelli	
Legal Chair	Ed Houff	
Standing Committees		
Architectural Review	Bill Bane	Dan Kortvelesy
Environmental	Guy Gimson	Con Constandis
Finance	Warren Weber	Bill Bane
GOMC	Warren Kimball	Penny Lee
Legal	Ed Houff	<u> </u>
Long Range Planning	Dan Kortvelesy	Dennis Pescitelli
Nominating	Ed Houff	
Safety & Security	Penny Lee	Guy Gimson
Special Committees	<u> </u>	
Activities	Guy Gimson	
Communications	Dennis Pescitelli	
Housing	Julie McCulloch	
	d Club Board of Gove	
<u>President</u>		Bob Nerhood
Vice President		George Conbeer
Secretary, Racquet Sports Committee Chair		Donna Brown
Treasurer, Finance Committee Chair		Doris Reinhart
Vice Chair of Operations and Vice Chair of House		Larry Buchman
Membership Committee Chair		Tom Colatsky
Past President, Nominating Committee Chair		Jerry Farber
Golf Committee Chair		Fred Finke
Long Range Planning Comr	Scott Humphries	



FROM TOWN HALL

JOHN WELLS

We are making progress, albeit more slowly than anticipated, on the Seabrook Island Gateway Improve-

SI GATEWAY IMPROVEMENT PROGRAM ment Program which is intended to Our major delay has been the

address maintenance, drainage system design, upgrades, landscaping, signage, and curbside appeal along both sides of Seabrook Island Road from the gate to the circle. It has now been nearly two years since the program was approved by Town Council with an anticipated completion within two to three years. We have yet to break ground with construction.

Town's lack of easements for drainage outfalls across adjacent properties and along the property lines on both sides of Seabrook Island Road. Progress is being made, however, we are subject to the timetable of the property owners who do not have the same sense of urgency that we do. We have also received a \$125,000 grant from the Charleston County Transportation

Equestrian Committee Chair

Operations Committee Chair

House Committee Chair

Communications & Marketing Committee Chair

Legal Counsel

Committee (CTC), which will offset a portion of the construction costs.

Richard Marion

Frank McCann

Don Romano

Jeff Ward

Warren McCulloch

The first construction RFP (Request for Proposal) advertisement will address the lining of storm water pipes under the road and repair and upgrade the storm water system adjacent to the Marina. With the recent progress in reaching final approval of contract documentation and the prior approval

continued page 2



"Communication is the beginning of understanding." The Seabrooker will report regularly on Island happenings, as well as newsworthy events that affect property owners and residents As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting to you in a forthright, honest and unbiased manner.

Red Ballentine.(1924-2006) Fred Bernstein (1924-2010) Co-Founders

Publisher Advertising & Layout Michael Morris | Bernstein Lash Marketing

THIS MONTH'S SEABROOKER VOLUNTEERS

Fave Allbritton Alberta Barron Denise Dovon Marcia Fulk

Ray Hoover Allan Keener

Paul Tillman Beth Nichols Christine Vinciquerra John Wells

Dr. Reves

PHOTOGRAPHERS: Ed Konrad • Ed Leary • Charley Moore • Paul Tillman

Michael Morris

CONTACTING THE SEABROOKER Please send correspondence and inquiries regarding editorials to <u>TheSeabrooker@yahoo.com</u> or call 843.408.3707 The entry deadline for all items is the 15th of the month. Please limit Cap'n Sams letters to 400 words. Photos should be in high resolution (5"x7" at 200 dpi or more).

FOR ADVERTISING OPPORTUNITIES, PLEASE CONTACT Teri B. Lash • 843.747.7767 • TLash@BernsteinLash.com

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REFERENCES UPON REQUEST





Dear Cap'n Sam:

We thought you would like to know that the Winter 2018 "Our Coastal Future Forum" newsletter (see below) had a link to the article written by Bob Kahle for your December 2017 issue. Our newsletter is distributed throughout all coastal South Carolina communities. Thanks to you and Bob for the contribution to our

The Sea Grant Consortium Team



Our Coastal Future Forum Newsletter



OCFF Participants Take Action

Bob Kahle wrote an article that appeared in the December 2017 issue of The Seabrooker detailing his experiences at the forum and what his group discussed. Read the article on page 6 in *The Seabrooker*.

FROM TOWN HALL continued from page 1

of repair work on two gate valves by OCRM in hand, we plan to issue this the first RFP within the next few days.

We are not able to go out for bid on the second stage of work until we have received approval from SCDHEC-OCRM on two additional applications that were submitted to the state in December of 2017. Approval is anticipated by April of this year.

The Town's landscaping contractor, Sunburst Landscaping, who is most familiar with water ponding issues, was contracted to identify the areas along Seabrook Island Road that are most susceptible to ponding during heavy rains. Sunburst was also tasked with providing recommendations for carrying water to and away from landscaped buffer zones. The plan submitted by Sunburst recommended several corrective actions including additional contouring to the slope of adjacent land and installing additional landscaping drainage piping to known outfalls and ditches. The scope of the plan is under consideration and additional work will depend upon cost estimates and time constraints to do the work under the present contract.

We realize that the work is taking much longer to complete than what we had originally anticipated, but are hopeful that these needed improvements will be completed by the end of this year. ▲

Let Us Hear From You!



All Seabrooker readers are cordially invited to send submissions to this paper to include letters to the editor. articles, photographs, poems, etc. If you would like to contribute,

our e-mail address is theseabrooker@yahoo.com

You may also contact me with any questions about such at that same address.

Michael Morris, Editor

2728 Seabrook Island Road 4 beds, 3.5 baths, 2,875 ft² | \$649,000

The ease of one floor living coupled with an open floor plan makes this house most enticing. Situated under grand oaks and magnolias on the 17th fairway of Crooked Oaks, this location is also very close to the beach. Perfect for full time living or vacation rental!

> Karen Hilty c. 843.696.1325

khilty@dunesproperties.com







Nobody knows the Charleston Coast better®



Karen Hilty 843.696.1325



Joy Millar 843.425.2816



Jane Lowe 843.709.1027

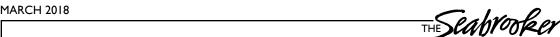


Caroline Seufert 843.817.4109



Jack Wilson 704.661.9843

dunes properties dunes





The excitement is mounting in anticipation of the Seabrook Island Green Space Conservancy's 2018 Gala which will be held on Sunday, March 18th at the Island House. There's a "change in the air" at this year's Gala, featuring a new game of chance: "What's in YOUR Bottle?" The ever popular "Heads and Tails Game" will be returning (bring your Jacksons to play) with a new prize offering – a bin of awesome electronics that includes Sony noise canceling

zon Echo, and other cool items. The live auction will feature some new offerings including new travel, party, and cruising choices. Popular auction items added last year - the Charleston Symphony Orchestra subscription and the BMW Ultimate

headphones (perfect for travelers);

wireless, waterproof speakers; Ama-

Driving Experience - will be back! There will even be a new offering for island cigar lovers - a special evening of "Smokes and Spirits" at Bohicket

And as always, the silent auction will

offer great options, including stunning jewelry, dining experiences and restaurant gift cards, fun items for grandparents, unique works of art, home and garden goods, and much more! During the silent auction, you'll also have

GREEN SPACE GALA PLANNED FOR MARCH 18

WHERE "GREEN IS THE NEW BLACK"

a chance to buy a ticket for "Tastes of | Heads and Tails Game, Dinner and Seabrook - A Progressive Cocktail

The doors open at 5 p.m. for the Silent Auction, What's in YOUR Bottle Game and Cocktails, followed by the

the Live Auction, led by New Channel 4's star meteorologist, Dave Williams. Join us at the Gala to celebrate the love of our Island where "Green is the New Black." ▲

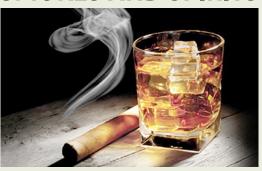
THE GALA OFFERS **A SUMPTUOUS SATURDAY IN SEPTEMBER**

A Progressive Cocktail Party!

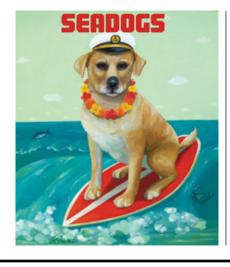
Are you a Foodie? Do you want to meet other Foodies on the Island? If so, you'll want to buy a ticket at the Gala for September 8, 2008.

Great wine, spirits, and craft beers, paired with homemade, mouth-watering hors d'oeuvres and delectable desserts await 36 very fortunate party goers at the Sumptuous September Saturday's Progressive Cocktail Party. On Saturday, September 8, revelers will set out at 5pm to visit four gracious homes for theme-based parties, ending up together for desserts at 8pm. The price is a great value at \$100 per person for literally four unique experiences and food from some of the most enthusiastic and experienced cooks on the island. The Gala Committee thanks the Bossharts, Carters, Flnkes, Foxes, and Siverts for donating their time and efforts to serve up this very special event. **\(\Delta\)**

SMOKES AND SPIRITS



river. A distinct aroma fills the air and a tray of 25 varied Cuban cigars (by way of St. Barts) appear at your riverside table for your choosing. A platter of charcuterie and other delicious hors d'ouevres are presented for your enjoyment, along with aged bourbon and scotch. This unique experience for 10 people will be offered by Emery Macpherson at this year's Gala. Gather your friends together now to bid on this impressive live auction items. Ahhhhh. The good life. ▲



SEADOGS, the Seabrook Island dog and beach advocacy group, announced today that the Annual Meeting will occur on January 23, 2018 starting at 6PM in the Live Oak Hall at the Lake House. On this year's agenda, the officers will provide an annual review of 2017 for the SEADOGS organization. Then, SEADOGS will be honored to have a special presentation from our Seabrook Island resident, Hank Greer, President of the Charleston Animal Society and the people at the Society directly responsible for the animal life-saving activities during the terrible storms of

We will hear details of the incredible Evacuation Pipeline run by members of the Society resulting in hundreds of animals already saved by land, sea and air from the ravages of Hurricanes Harvey, Irma and Maria. You will be astounded to hear about the many needy animals that were rescued in the aftermath of the storms. More than that, the sacrifice of the people who drove into the storm areas is an amazing story that is heartwarming at its core. All Seabrook Island residents are

invited to attend the meeting. You don't have to be a member to attend this event, but we hope you will come to hear not only about the Evacuation

Pipeline, but also about the SEADOGS activities on the Island. We are always looking for new members. As usual, SEADOGS will be collecting charitable donations for local animal rescue organizations, including the Charleston Ani-

The meeting is held during dinnertime, so we will have a potluck meal. If you can, please bring either an appetizer, main dish or dessert. SEADOGS will provide the drinks.

For more information on the event or about the SEADOGS, contact either Mitch Pulwer at mjpulw@yahoo.com or Jerry Cummin at hutchiejerrycummin@gmail.com . ▲

"The Gorski and Friends Challenge" for the Backpack Buddies



HE'S BACK and this year he has brought some of his clients, friends, and fellow business owners to smash last year's record of raising \$8,800. This year's goal is \$22,000!!!

Last year, Mike Gorski, Owner of Island Transportation, launched this project to raise additional funds for the Bohicket Backpack Buddies Chili March 17, 2018, between 1:00 and 4:00 at the Bohicket Marina The Chili Cook-off benefits Back-

pack Buddies Seabrook Island and the Backpack Buddies Group of Kiawah Women's Foundation. Our 2 organizations are both 501(c)(3) nonprofits whose mission is to feed local, hungry, school children on the weekend and Cook-off. He is back with friends for | during school holidays. These children this year's Chili Cook-off on Saturday, | are supplied breakfast and lunch by the



schools, but, often were being left to fend for themselves on the weekends. We are currently feeding close to 400 local children each week.

Mike has commitments from 11 local businesses to donate \$1,000 each to collectively secure \$11,000 of matching funds that will be used to match the donations dollar-for-dollar made by the residents of Kiawah and Seabrook Is-

This year, the following companies have generously committed to provide the \$11,000 matching fund. They are:



Island Transportation Services, Coastal Getaway of SC, Dolphin Architects and Builders, Fipps and Sons Auto Center, Kiawah Cares, Kiawah Partners, NV Realty Group, Pam Harrington Exclusives, Pelican Development, Timber Resorts Kiawah and Wells Fargo. We thank Mike and these companies for their generous contribution to the

That's right! They are matching | port. ▲

dollar-for-dollar your donation! It's a win-win for the Backpack Buddies' programs on both islands. All donations are tax deductible, as permitted by law.

Making a donation is very easy. Just call Mike Gorski at 864-316-3894 and tell him your donation amount. He will provide the details for the different ways that you can donate.

Thank you in advance for your sup-





C.O.V.A.R.GORNER **ALLAN KEENER**

Council of Villa Associations and Regimes Information

This is my final "COVAR Corner" in my current capacity as President. As I announced at the December 2017 CO-VAR General Meeting, both Vice President Gary Quigley and I are stepping down as COVAR Officers at the end of this month's General Meeting. Garv has served as an Officer for many years, first as Secretary and then for the last four years as Vice President. I have served as a COVAR Officer for six years, first as Gary's successor as Secretary for two years and then four as President. We both felt that we should step aside to allow for the new leadership and ideas that are so critical to maintaining the impetus that the COVAR Board has generated over the years. While we will no longer be Officers, both Gary and I will continue to be involved in and support COVAR

First, I must recognize the significant contributions made over the past four years by our dedicated and hard-working Board-Gary, of course, as well as Kathleen Buchman and Cindy Brown as Secretary, Floyd DeAndrade, as Treasurer and our Committee Chairs, past, Larry Buchman, Debra Lehman, Bob Slang and Phil Squire, and present, Randy Buck, Lynne Copple, Lori Leary and Harry Vincent. Without them, COVAR could not have continued to have a major influence over and a good working relationship with the major entities on Seabrook Island - The Town of Seabrook Island (Town), Seabrook Island Property Owners Association (SIPOA) and Seabrook Island Club (SIC) during my four-year tenure. My heartfelt thanks to all of you, as well as the Town, SIPOA and SIC officers and staff with whom we worked during that time.

The COVAR Board's major accomplishments during the past four years have been significant, but, in the interest of brevity, I will enumerate only the most significant:

1) Published periodic status reports concerning Town and SIPOA emergency preparedness and safety and security plans and procedures in an abbreviated format intended to start thought and, where appropriate, preparation for response and reinforced them with formal sessions during COVAR General Meetings.

2) Provided thoroughly researched and documented input to Town Council, SIPOA and SIC Board deliberations and decisions with respect to, among others: a) SIPOA

policies on acceptance of ownership and maintenance responsibilities for "general access roads," safety and security and "Named Storm Debris Removal," as well as SIPOA's ARC Process Review; b) Town "Waterways and Beaches" ordinance and c) SIC special event parking plan and Seabrook Island Real Estate's "Property Improvement Program.'

3) Facilitated an extensive and comprehensive discussion of the 2014 Marsh Walk Villas Fire lessons learned.

4) Published periodic articles on the "Assessment Collection and Foreclosure Litigation Process." Published five COVAR Publications ("Exterior Alterations and Improvements," "License and Tax Obligations," "Rules Guests Need to Know," "Beaches" and "Seabrook Island Villa Survey (2014"). The Board conducted a "Developing Funding Reserves for Associations and Regimes" panel discussion.

While much has been accomplished, there are more than sufficient issues for the new COVAR Officers and Board to address during the next few years. Among these, the most

1) Participation in the SIC, SIPOA and Town ad hoc committee to investigate the challenges Seabrook Island faces with respect to drainage and tidal flooding issues.

2) Refine and execute plans for a CO-VAR web presence.

3) Maintain COVAR's reputation as a respected honest broker on Islandwide policy and other issues.

1) Improve the appeal of General Meetings to draw a greater attendance than has often been the case. Continue the "COVAR Publication Program" by continually reviewing, updating and, as the need arises, adding and withdrawing publications to maintain the Program's relevance and viability.

In closing, thanks to those people both mentioned and unmentioned for their support of the COVAR Board during my six-year tenure as an Officer. Finally, it should be noted that at

the March 10 General Meeting the COVAR Board plans on: Conducting another Association/ Regime Presidents Roundtable, like

the one conducted in March 2017. 2) Announcing 2018 COVAR Board Election Results.▲



Join Our Wine Club

MAIL ORDER WINE CLUBS ...and why I DON'T recommend signing up

If you search the internet for wine. ou've come across tons of ads for mail order wine clubs. They may pique your interest by promising to tailor selections to your tastes or by telling you they offer exclusive wines you von't find anywhere else. In general, I would advise you to avoid signing up. The reasons for this will depend on the type of club but they range from bad value wines to good wines but at an excessive cost

The first type of club to avoid is the club offering wines in the \$15 range, usually from California. These clubs present poor value. The wines they offer end up being private label bulk wine. What do I mean by bulk wine? Each year, after winemakers finish fermenting their grapes, they decide how much of it is up to the standards of their label. The wine that doesn't make the cut is then made available for either a different label from the same winery or sold off for use in lesser cuvées or as bulk wine. For example, f Winery X in Napa gets grapes from two single vinevards, they will usually ferment different sections of the vineyard according to the qualities of those sections. They will separate the grapes from older vines and with beter exposure from younger vines with less optimal exposure. At some point the winery decides what will go into their expensive single vineyard wine.



you. The wine has no history, no story,

no reference point. It's not to say that

it's bad, it's probably fine. It's the type

of stuff that they sell in Europe by the

jug at the grocery store. It is not, how-

ever, worth the price you are paying for

the bottle; let alone the shipping. You

can find better wines at better prices at

The second type of club is more

expensive and does offer good wines.

However, most don't offer anything

that is not available from a similar wine

club offered by local wine merchants.

In this case, I would much rather deal

with someone with whom I have a

personal relationship. Someone I can

speak to, who will better respond to my

likes and dislikes and someone who

can expose me to other wines based on

almost any wine shop.

The unused wine will either be used by Winery X in a more generic "Napa Valley" wine or sold to other wineries

and on down the line. And as with any secondary market, the better the pedigree, the higher the price. Therefore, good winemakers with access to quality grapes, have plenty of customers willing to purchase their cast-off wine. Lesser wineries with poorer quality grapes, not so much. Every year, there is a plethora of wine that doesn't get used by established wineries. It may not be that the quality is unsatisfactory but that the wineries already have enough wine to sell and don't want to damage the brand by either overexposure or by clogging the supply chain. All of that brings us to the wines offered by these lower priced clubs. They purchase this bulk wine, pay for a fancy label and then send it to







MARCH 2018

TOWN HALL MEETING **Town Council Meeting** of January 23, 2018

MINUTES

After the pledge of allegiance, Mayor Ciancio called the January 23, 2018, Town Council meeting to order at 2:30 p.m. Councilmen Crane, Gregg and Wells, Councilwoman Finke, Town Clerk Allbritton and Town Administrator Cronin attended the meeting. The meeting was properly posted and the requirements of the SC Freedom of Information Act were met.

Minutes: The minutes of the Town Council meeting of December 19, 2017, the Public Hearing of December 19. 2017, and the Ways & Means Committee meeting of January 16, 2018, were unanimously approved as written.

Financials: Mayor Ciancio reported that, for the month of December, unrestricted revenues were \$296.495 or \$48,202 over budget. Year to date, total unrestricted revenues were \$1,268,585 or \$161,670 over budget and a 3.75% increase (\$42,870) over the total revenue for 2016. Expenses for the month of December were over budget by \$34,254 primarily due to salaries, retirement expenses and roadway maintenance. Year to date through the month of December, actual expenses were \$928,497 or \$113,242 under budget and \$163,234 more than in 2016. The increase in spending from the previous year was primarily due to an increase in expenditures for advertising and promotion, the Seabrook Island Roadway Project and beach patrol. Year to date, excluding the \$400,000 transferred from the General Fund for roadway expenses, unrestricted revenue has exceeded expenses by \$340.128.

For 2017, restricted revenues (Accommodations Tax and Alcohol) totaled \$256,328, which was \$84,828 over budget and an increase of approximately \$59,000 over 2016. For the same period, restricted expenditures were \$208,050 and were over budget by \$71,350.

Citizens/Guests Presentations, **Comments:** None Reports of Standing Committees,

Commissions, Boards: Public Safety/Club Long Range Planning Committee - Councilman Gregg reported that the Club's Long Range Planning Committee did not meet in January.

The Town's Public Safety Committee met on January 15, 2018. The Committee reviewed a draft Request for Proposal for debris management services in order to get bids for those services to replace the existing contract with Phillips and Jordan that will expire in September 2018. The Committee was also provided a summary of action items from the Disaster Recovery Council hurricane training and exercise sessions conducted on January 10 and 11. The next meeting of the Committee is scheduled for Monday, February 12, 2018, at 10:00 a.m.

The Disaster Recovery Council held training and exercise sessions on January 10 and 11, 2018. A report from the Town's consultant for those sessions was distributed to members of the Disaster Recovery Council on January 20,

Councilman Gregg reported that the FEMA Public Assistance Delivery Manager had requested additional information from the Town regarding the Town's pending Request for Public Assistance and the Town has furnished that information. The meeting scheduled for January 22 with FEMA has been cancelled and the Town's "projects" are being submitted for further

Public Relations/Communications - Councilman Crane reported that the Communications Committee met on January 9, 2018. The main points covered in the meeting were:

Continue to develop our strategy to increase social media followers of Town website.

Ensure that VC3, which hosts the Town's website, stays current with versions and new releases of the software being used for the website

Do an audit of website content to ensure there are no broken links and links to pages with no content. The Town Administrator has been asked to help the Committee do this.

Communicate postings to the website via the Town's Twitter feed and Facebook page as well as other social media and notes to the Tidelines

The next Committee meetings are cheduled for February 6 and March 6, at 1:30 p.m. at the Town Hall.

Councilman Crane reported that the 90 day appeal period relating to the adoption of the FEMA Flood Maps, during which any property owner who thinks that their property will be adversely affected by the new maps can appeal, will end on April 18, 2018. A communications campaign will ensure residents and property owners are aware of the new FEMA Flood Maps and how the appeal process works. The Town will also invite Carl Simmons, Charleston County Building Services, to come to Seabrook Island to answer residents and property owner's ques-

Council's Strategic Planning Session will be held on February 22 at the Town Hall. Bill Taylor, Municipal Association of South Carolina, will conduct the meeting. Mr. Taylor has sent Council a questionnaire and Councilman Crane is asking that everyone fill them out and return them to him by February 1.

Special Projects/Beach Adminis tration - Councilman Wells reported that the Accommodations Tax Advisory Committee plans to meet on Monday, January 29, at 3 p.m. The Committee will be meeting to consider spending Accommodations Tax funds for beach patrol, fireworks and for a program administered by Low Country Marine Mammal Network that is intended to reduce disturbance to strand feeding dolphins and minimize violations of the Marine Mammal Protection Act. Councilman Wells stated that he would bring the Seabrook Island Dolphin Education Program Proposal back to Council in Februarv.

Councilman Wells reported that he s writing the February article for the Seabrooker that will address the issue with the dolphins as well as the roadway project. The Town does have a permit from OCRM to repair/replace two valves along the roadway and are awaiting the Town Attorney's approval of the RFP before going out for bids.

Community and Government Relations: Councilwoman Finke expressed her appreciation to the Mayor for the effort he put forth recently to get information from Berkeley Propane regarding propane deliveries to Seabrook Island and for getting that information out to residents

Ways & Means - No Report Planning Commission - No Report **Board of Zoning Appeals** – No Report

Reports of Ad Hoc Cor **Accommodations Tax Advisory**

Reports of Town Officers:

• Off Shore Drilling – Mayor Ciancio reported that, when the National Outer Continental Shelf Oil and Gas Leasing Program for 2017-2022 was finalized, Seabrook Island, as well as most other coastal communities, went on record against the inclusion of the Atlantic Planning Regions and sent formal comments to BOEM at various stages of the process. When the 2017-2022 Program was finalized, it specifically excluded each of the three Atlantic Ocean Planning Re-

tration issued a request for information and comment on a new five-year National Outer Continental Shelf Oil and Gas Leasing Program for 2019-2024. This Program will replace the 2017-2022 Program. The Notice of Availability of the Draft Proposed Program was published in the Feder-

In July of 2017, the Trump adminis-

al Register on January 8. In a Property Owners Association survey done several years ago, the vast majority of those responding to the survey were opposed to off shore drilling. Councilman Gregg made a motion to authorize Mayor Ciancio to file comments in response to the Draft Proposed Program in opposition to the inclusion of the North Atlantic, Mid Atlantic and South Atlantic Planning Regions in the 2019-2024 off shore drilling program. Councilman Crane seconded the motion and the vote to

approve was unanimous.

-Seabrooker

A second aspect to this issue is that, at the time the Obama administration approved the 2017-2022 Program in January of 2017, it denied a number of pending geophysical and geological permit applications to conduct air gun seismic surveys in the Mid and South Atlantic Planning Areas. The permit applications had been made to National Marine Fisheries Service (NMFS), which under the Marine Mammal Protection Act (MMPA) is authorized to allow the incidental taking of small numbers of marine mammals by firms engaged in a specified activity, such as seismic testing, if NMFS finds that the taking will have a negligible impact on the affected species and the effect of that incidental taking can be miti-

On the assumption that the Trump administration would react more favorably to their applications, in June of 2017, five of the companies appealed the denial of those permits to the National Marine Fisheries Service (NMFS). Pursuant to that appeal, the NMFS published notice in the Federal Register to issue "Incidental Harassment Authorizations" (IHAs) to allow these companies to "incidentally take". On the assumption that the IHAs will be granted the South Carolina Environmental Law Project (SCELP), a public interest 501(c)(3) organization has proposed litigation against NMFS challenging the granting of IHAs in the waters off South Carolina for seismic air gun testing on the grounds of environmental harm, economic damage and community opposition.

Mayor Ciancio stated that he and

Councilwoman Finke participated in a conference call with representaives of coastal communities, initiat ed by the City of Beaufort, in which the South Carolina Law Project asked for the communities to join in SCELP's proposed litigation against the NMFS as "named plaintiffs". The rationale is to demonstrate to the court that the coastal communities are united in opposition to the ssuance of IHAs. The effort would gal fees and expenses would be paid by the SCELP. Mayor Ciancio stated that the Town could withdraw from the litigation at any point. Councilman Gregg made a motion to authorize the Town's participation in SCELP's proposed litigation against NMFS under the conditions described by the Mayor. Councilman vote to approve was unanimous.

Glaser & Co. Audit Proposal Mayor Ciancio stated that the Town has received a three year proposal Co. Mayor Ciancio proposed that the Town renew the auditor's engagement for the 2017 audit. He stated that he thought that during the period it had been the Town's a professional and competent job; but, as a matter of good governance, the Mayor suggested that a periodic change of outside auditors might be appropriate. The Mayor indicated he would like to initiate a search for alternative auditing firms. Councilman Gregg made a motion to retain Glaser & Co. for the audit for the 2017 fiscal year at a cost to the Town of \$12.300. Councilman Crane seconded the motion and the vote to ap-

prove was unanimous Proposed FEMA Flood Maps -Mayor Ciancio reported that, in September of 2016, the Town received time, Council agreed that the Town | Net income for December for the Utildid not have the technical capability to respond adequately to the prelimi nary flood map and that we would ask Charleston County to take the lead on the Town's behalf. In October of 2017, FEMA published notice in the Federal Register requesting written comments on its proposed flood hazard determinations. The Town has received a letter from FEMA indicating that the first notice concerning the appeal process regarding flood hazard determinations ran in the Post & Courier on January 11, 2018, and another notice would appear on January 18, 2018. The letter from FEMA sets a 90 day period, ending on April 18, during which a property owner, who believes their property rights will be affected by the proposed determinations, may appeal to either the Town or an agency designated by the Town. FEMA has specified that the sole basis for rescinded appeal is scientific information that the "flood hazard determinations" are scientifically or technically incorrect due to a mathematical or mea-

Petitions Received, Referred or **Disposed of:** None Ordinances for First Reading:

condition. All appeals will ultimately be resolved by a Scientific Resolution Panel. A meeting with Charleston County representatives has been set for February 1 to brief Council on what the Town needs to do in response to the FEMA letter. Councilman Gregg moved to designate Charleston County Building Services as the agency with whom Seabrook Island property owners may file an appeal of the proposed flood hazard information presented on the preliminary FIRM or FIS report. Councilman Crane seconded the motion and the vote to approve was unanimous Mayor Ciancio also asked Town Administrator Cronin to put the link to the flood map on the Town's website. The Mayor also asked Councilman

surement error or changed physical

tion out to property owners: • the availability of the maps on the Town's website and the County's

Crane to get the following informa-

• the availability of the Flood Map Hotline (843-202-6957) that the County has made available; and

 information on property owner's appeal rights and the April 18 ap-

peal deadline. Revision of Employee Information **Handbook** – Mayor Ciancio stated that the Town has an "Employee Information Packet" that contains practices and policies regarding employee behavior and benefits. This Packet was written in June of 1999 and has been amended in 2001, 2004 and in 2017. The Mayor announced that he had appointed an involve no cost to the Town as all le- | ad hoc committee consisting of Councilmen Gregg and Crane and Town Administrator Cronin to undertake a detailed review of the current employment policies and make sure the Town's policies and benefits were consistent and competitive with those being offered by comparable South Carolina communities. The Mayor asked for a first draft of the revised handbook Crane seconded the motion and the | to be available for distribution no later

than the end of May 2018. Town Administrator - Town trator Cronin recognized Lynda Whitworth, who has been a Town employee for audit services from Glaser & since March of 1999. The Town Administrator remarked that Lynda has been a tremendous resource to him since he was hired in November of 2017. Lynda has previously been classified as "Administrative Assistant"; but, with auditor that Glaser & Co. had done | the change of responsibilities over the years, effective January 1, 2018, she has now been promoted and classified as "License/Permit Specialist".

Town Administrator Cronin reported that he is working on setting up dates for the Town's shred events in March and October. As soon as the dates are available, they will be posted on the website, social media and Tidelines.

<u>Town Council Members</u> – See Above <u>Utility Commission</u> - Chairman Jim Bannwart reported that wastewater flow for the year averaged 422,000 gallons per day in 2017 compared to 396,000 gallons in 2016. Water delivered to customers in 2017 was copies of FEMA's preliminary flood | 273,000,000 gallons compared to maps for Seabrook Island. At that 268,000,000 gallons in the prior year.

ity was negative in the amount of approximately \$16,000 but income for the year is a positive \$89,000. The Utility Commission approved the purchase and installation of a third back-up generator at their last meeting. Chairman Bannwart commented that operations have been busy the past few weeks with response to issues related to the freeze the community experienced. There were more than 30 housing units that experienced water line breaks. In addition, a contractor, working for Comcast, hit a 6-inch water main while excavating for cable installation. The leak was isolated, cutting off water for about 38 housing units. Repairs were made the next morning and water service was restored, although a boil-water notice was issued for the housing units affected by the outage. The next day, lab results indicated the water was safe for consumption and the boil-water notice was

PAGE 5

 Ordinance 2018-01, A Ordinance Amending the Development Standards Ordinance of the Town of Seabrook Island, South Carolina; Article 4.0, Establishing of Zoning Districts and Map; Section 4.10. Official District Map: so as to Clarify the Effective Date of Amendments to the Official District Map. Town Administrator Cronin explained that this ordinance was written to clarify two sections of the Development Standards Ordinance (DSO), Section 20.90 and Section 4.10. Section 20.90 states that "Any ordinance adopted affecting a change in the text of the DSO or Official Zoning Map shall become effective the day following the Council meeting at which action has been taken." Section 4.10 of the DSO states that the Official District Map "shall be the final authority as to the current zoning status of the land, buildings and other structures in the Town." Since the Town has a limited number of rezoning requests, the Map is only updated once per year, usually in December or January. Ordinance 2018-01 will clarify the effective date of approved rezonings. Section 4.10 of the DSO will be amended to state that the printed version of the Official District Map, "together with any amendments approved pursuant to Article 20 of this Ordinance but not yet incorporated into the printed version of the map," shall be the final authority as to the current zoning status of all land within the Town. Town Administrator Cronin stated that the Planning Commission reviewed the draft ordinance at their January meeting and voted unanimously in favor of approval of the text amendment. Councilman Gregg made a motion to accept Ordinance 2018-01 on first reading. Councilman Wells sec-

Ordinances for Second Reading: Miscellaneous Business: None

prove was unanimous.

onded the motion and the vote to ap-

Citizens Comments: Jerry Farber, President of the Seabrook

Island Club and Chairman of Seabrook Island Real Estate, introduced Gerri Franchini, who has taken Joe Salvo's position as broker in charge at Seabrook sland Real Estate Bill Nelson, a Seabrook Island resi-

dent, stated that he was very interested in the Town adopting the proposed flood maps for Seabrook Island. The new maps will be a change for the better for him and will save him a considerable amount of money on flood insurance. Mayor Ciancio stated that the County had issues with the maps that were presented in September of 2016 and has been working with FEMA to get those issues resolved. He noted that the Town does not have any control over the date by which it must adopt the final map; but that, in the interim period, the Town does need to make sure the residents have the ability to review the maps and know what the process is for an appeal if they feel they have been adversely affected. It appears that most residents are not adversely affected by the new flood maps. After all appeals are settled, the Town would have up to six months to adopt the flood maps.

The meeting adjourned at 4:40pm. ▲

JOHNS ISLAND **FARMERS MARKET**

Johns Island Farmers Market Open Every Saturday Year-Round 10am-2pm

2024 Academy Road • Johns Island (on the campus of Charleston Collegiate School)



For more information regarding Johns Island Farmers Market, please visit www.johnsislandfarmersmarket.com, on Facebook https://www.facebook. com/johnsislandfarmersmarket/, Twitter @HomegrownJIFM, or Instagram @johns islandfarmersmarket. ▲

SANFORD SAYS NO TO

OFFSHORE DRILLING

Seabrook Island Town Council Backs Effort





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1001 Landfall Way (just outside Seabrook Island Gate) Monday-Saturday 10-5 | PLEASE CALL FOR APPOINTMENT | 843.637.4947

KIAWAH SEABROOK EXCHANGE CLUB

All Are Welcomed to Attend

Learn How You Can Make a Difference in Our Community and Help End **Child Sexual Abuse**

Presented by the Kiawah-Seabrook Exchange Club and Darkness to Light Stewards of Children

Free and open to all, you are invited to attend an engaging and thought provoking, group led session in The Kiawah Town Hall at 4475 Betsy Kerrison Parkway, Johns Island on March 29, 2018 from 2:00 - 4:00 PM

- One in 10 children will be the victim of sexual abuse before their 18th birthday.
- Of children who are sexually abused 20% are abused before the age of eight.
- Only 4-8% of child sexual abuse reports are fabricated. • About 90% of the children who are victims of sexual abuse know their abuser.
- Abusers can be neighbors, friends and family members.

Please join us. RSVP to: Ray Hoover rayhooverfaia@gmail.com or text (404) 788-6700 to reserve your seat.

This program is free, though a small \$10 donation for an interactive workbook

will be always appreciated. ▲

Kiawah-Seabrook Exchange Club Meets with the CEO of Roper St. Francis



(left to right) are Exchange Club membe David Cruse, Ms. Lorraine Lutton, CEO of Roper St. Francis, and Exchange Club dent, Bob Leggett

"Healing all people with compassion, faith and excellence" is the mission of Roper St. Francis, and Lorraine Lutton, the Roper St. Francis CEO discussed the execution of that mission with members of the Kiawah-Seabrook Exchange Club Wednesday

Ms. Lutton emphasized that the mission of Roper St. Francis is embedded in the company DNA, and all their physicians and employees understand and reflect the mission in their work each day. Roper St. Francis is growing to better serve the low country, building a hospital in Berkeley county, the first new hospital in the county in 54 years. Roper St. Francis is also embarking on innovative approaches to delivering affordable health care. developing a preferred partner relationship with Boeing, the first of its kind in the area. Quality is paramount at Roper St. Francis, according to Ms. Lutton, and three Roper St. Francis hospitals were among 337 hospitals nationwide to receive the highest possible overall rating from the Centers for Medicare & Medicaid Services.

Ms. Lutton is a fellow of the American College of Healthcare Executives (FACHE), and she attained her MBA from the University of California, Los Angeles with a bachelor's degree from Chapel Hill. She was appointed President and CEO of Roper St. Francis in 2016 and is the first woman to lead the organization.



OUR DIFFERENT DEER



MARCH 2018

I've got to admit "piebald" is one of the strangest words I have ever heard. I shouldn't be surprised because it's an old word, or I should say the combination of two old words that date back to the 16th Century. "Pie," as it turns out is a shortening of the word magpie. The word "bald," refers to the color white, like a bald eagle. How pie got connected to bald is a mystery, but now piebald means an animal with black and white coloring.

Though piebald was once obscure, now the word leaps to the forefront because, as it turns out, Seabrook has a piebald buck. Everybody has seen it -I know I have — How could you miss it? White stands out in nature like a cockroach in a sugar bowl. A little reference check on "piebaldism" reveals that being piebald is not an ideal situation.

Piebald is a genetic coloration variation that causes the colors to manifest differently. Piebald deer are predominantly white in places where the other deer are predominately brown. The piebald genetic variation is rare. It affects about 2% of the population. Unfortunately, the gene variation also causes other abnormalities that make it harder for them to survive: wrinkled noses that make them look like they bumped into a tree once too often, shorter legs, spinal deformities that produce a hump back and, most importantly, organ deformities. All these things, contribute to their chancy life.

On Seabrook, I have only seen the piebald buck; that is until lately. But last week, I saw a piebald button-buck on the road side by Ocean Winds. A

form antler nubs between the ears where antlers will grow later. Because the piebald gene is recessive, a piebald buck must connect with a piebald doe for the piebald characteristics to become evident in their offspring. What this means is, not only is there a piebald buck on Seabrook, but there is a piebald doe here too. I have never seen her, but she must be here or the little button-buck could not be here either. By the way, piebald deer have unprotected, consensual, personal relationships with regular deer not just piebald deer. And, when they do, because of their genetic mismatch, they do not pass their reversed coloration on to the fawns. So, there is no chance that all the Seabrook deer will eventually all become piebald.

I should mention, that we have mistakenly called our piebald buck a piebald. It turns out, according to Wikipedia, that being piebald refers only to the colors black and white, (remember the black and white magpies?) and all other color mixes are called "skewbald." I pass this along just so you'll know and not in the hopes of changing the usage of the word from piebald to skewbald. The word skewbald sounds too much like screwball and this opens us up to all sorts of confusion with government officials. So, wrong though it may be, piebald is what it is. Also, there are many other animals who are piebald: moose, dogs, cats, boa constrictors and so on.

Although encounters with the piebald buck are rare, my wife and I did

button-buck is when yearling deer | have a close encounter one evening as we rode our bikes back to the condo from the club. It was hard dark and my wife was leading me home. I was over served, and trusted my wife to get me home as she has done countless occasions before. We didn't have lights on the bikes and we had to pick our way back along the darkened streets with care. We were in the darkest of the dark stretches of Capt. Sam's road when she stopped and whispered, "Paul, there's something in the bushes right there beside the road."

I replied, "I hope they have an opener, because I brought along a beer just for moments like this."

"No," she said, "I'm serious. It right there." I assume she pointed, but it was too dark to see. Anyway, looked to my right and made out the ghostly shape of a white beast not more than five feet away. Oh my God, I thought. What is it?" Then I remembered the piebald buck. I stared at it, not daring to move. Then he dipped its head and pointed his antlers right at me. Leaping Lizards! I thought. He's going to charge and gore me to death. My whole life passed in front of my eyes. What a way to go, I thought. After all those missions in the Navy, I go out Gored by a deer! I was unsure of what to do next so I waited, unmoving. Then he lifted his head, completely unafraid, and chewed something. It was then I realized that he wasn't going to charge. He dropped his nose to the ground to eat something and he was just having his dinner. ▲

you to all the local leaders, businesses, and organizations who have dedicated tion" →scroll down and tap "Google

their voices, time, and resources to this as well. If local input truly matters here, then it seems obvious that South Carolina's exemption should be forth-

WASHINGTON, DC - Mark Sanford

spoke at a rally opposing offshore drill-

ing at the South Carolina State House.

He released the following state-

"Those local voices that joined me

oday understand the unique look and

feel of South Carolina's coastline. They

know the importance of tourism as

they join every single coastal munici-

pality in South Carolina in coming out

"It was these issues that Secretary

Zinke said informed the administra

tion's decision to exempt Florida from

any offshore drilling plans through

sistent at best - and politics as usual at

"Accordingly, a simple thank you to

all of today's participants who are unit-

against drilling off our coast.

an economic driver for our state. And five-year program (2019-2024) for oil and gas development on the Outer Continental Shelf (OCS). The draft plan includes 47 potential lease sales - the largest number ever proposed. Mayor Ciancio added:

This afternoon, the Bureau of Ocean

and Land Management (BOEM) is

holding a public meeting in Columbia

on the administration's proposal to

open nearly 90% of U.S. federal waters

to offshore drilling activities, including

off South Carolina's coast. This meet-

ing is part of a 60-day public comment

period on the recently released draft

The Town Council of Seabrook 2024. To not give South Carolina the Island has consistently taken a position against off shore drilling in the same consideration would be incon-Atlantic Planning Regions. It provided written comments advocating for its position at each stage of the adoption of the five year oil and gas drilling proing on this issue to send a compelling gram now in effect which ultimately message to Washington. And a thank excluded each of the Atlantic Planning Areas. The Town will shortly file comments on the current draft proposed program which seeks to replace the five year plan currently in effecct. A copy of the Town's written comments will be posted on the Town's website once they have been filed. ▲

Making Better Use of Your Technology

Frequently Asked Questions

Lately, a lot of friends have been asking me questions about the technology they received for Christmas. There have been many articles and reports about how their devices track them and what to do about it. This month I thought I would address some of those questions and outline how to deal with nosey devices.

1. How do I delete all the voice recordings from my Alexa device? If you want to delete specific voice commands, go to the Alexa app on the screen) → Click on "Settings"

your phone →Click on the menu (three lines in the top left corner of →Scroll down to "History" →click on any of the voice commands listed and click on the "Delete Voice Recordings" box on the screen. If you want to delete all your voice recordings at one time: Go to Amazon.com and sign in to your account →click on "Account and Lists" in the top menu bar →scroll down to "Your Content and Devices" and click on that →click on the "Your Devices" tab →scroll down until you find your Echo device in the list and click on the box to the left with the three dots in it →click on the "Manage Voice Recordings" option →and click on the "Delete" button. 2. How do I delete all the voice recordings from my Google Home

device? In your web browser, go to myactivity.google.com. You will find a number of menu options on the left. "Delete Activity By" allows you to control which specific activity

you wish to delete. "Other Google

Activity" gives you access to the activity on other Google devices (such as Google Maps on your phone) and allows you to delete the activity you wish to get rid of. "Activity Controls" allows you to set up what (and what not) to have Google keep track of. Clicking on any one of those menu options will give access to what you need and Google makes it easy to understand what you have to do. you don't delete your history - and they would like you to believe deleting stuff will mess up your experience with these devices. It is true that they "learn" from experience - but I regularly delete my history from both Google and Alexa and have not had any problems.

Does my phone really track and keep track of everywhere I go? Yep - it sure does. Whether you have an Android phone or an iPhone, it knows EVERYWHERE you have been since you got the device. Pret-

If you have an iPhone and want to delete your history and turn it off permanently: Go to the "Settings" menu and select "Privacy" →select "Location Services" → scroll down, really far, all the way to the bottom and select "System Services" →scroll and select "Frequent Locations" →select "Clear History" and swipe the Frequent Locations tab to the left.

To disable location reporting or history on an Android phone: Open the app drawer and go to "Settings" →scroll down and tap "Loca-

Locations Settings" → Tap Location Reporting and Location History, and switch the slider to off for each one. To delete your phone's location cache, tap "Delete Location History" at the bottom of the screen under Location History (Note: if you have more than one Google account, you need to repeat this process for each Google Account you have on your Android device.) This can also be done at myactivity.google.com on your web

Convenience comes with a price. The more we employ technology in our lives, the more privacy we give Both Google and Alexa would prefer | up. It takes a bit of time and effort to maintain your personal privacy level, but it can be done - at least in the short term. If privacy is an issue for you, cleaning up the tracking and recordings on your various devices is another housekeeping chore you should add to your ToDo list.

Just a reminder: if you have questions about your home device, phone, laptop, tablet, etc. - you can always go to your web browser and "Google' your question. Most of the time Google will provide you with a long list of places to find an answer. Look for a suggestion with the most current date - as this will give you up-to-date information. Many times you will find a YouTube video that will show you how to fix, solve, or work around your problem. Google is a powerful tool when you need help and is my "go-to" source for tech questions.▲

Disclaimer: I am not affiliated with any software or hardware company and receive no compensation for endorsing products. My recommendation come from my own research and use. Prices for apps are based on information available at the time this column was researched and written. Author developers, iTunes Store, or Google Play Store.



Franke at Seaside's Executive Chefs Nick Hunter and Frankie Scavullo serve a bounty of southern inspired seafood specialties.

Shrimp and Grits get taken up a notch with Charleston shrimp; aged cheddar Geechie Boy stone ground grits; bell peppers, onions and summer squash in chorizo gravy; roasted Husky Cherry tomatoes; micro arugula and charred lemon. Our residents love it, and you can too.

At Franke we elevate expectations.





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LUXURY

CHEETAHS TAKE CENTER STAGE AT SPECIAL SINHG EVENING PROGRAM

cheetah, the world's fastest land mammal and Africa's most endangered big cat, will be explored by Dr. Laurie Marker, founder and Executive Director of the Cheetah Conservation Fund, in a special SINHG Evening Program on Tuesday evening, March 27th. Dr. Marker, who has worked with cheetahs since 1974 and earned her doctorate in the subject from Oxford University, established CCF's research and education center in 1990 in Namibia, home to the world's largest population of free-ranging cheetahs. Since then, CCF has expanded its reach with offices in the United States, Europe and

of thousands throughout Africa and Asia, there are fewer than eightthousand cheetahs surviving today, almost all of them confined to rapidly shrinking habitat in Africa. "We're a conservation organization working to combat the problems that afflict the human communities that live alongside cheetahs and threaten the cheetah as a species with extinction," Dr. Marker describes CCF. Dr. Marker's illustrated talk will explore the variety of methods and practices CCF has developed to minimize human-cheetah conflict and ensure a future for this highly endangered animal.

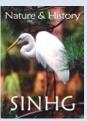
Cheetahs are uniquely adapted for

sixty miles per hour during the hunt, a speed it can attain in little more than three seconds. With its long legs, slender body and specialized physiology, the cheetah is sometimes referred to

as the greyhound of cats and is so dif-

ferent from other felines that it is the

only member of its genus. All Seabrook Island residents and guests are welcome at SINHG Evening Programs, which begin at 7pm with refreshments and fellowship followed by the program at 7:30. There is a \$5 donation for non-SINHG members. Membership information can be



MARSH SPARROWS AND BANDING AT SINHG **EVENING PROGRAM**



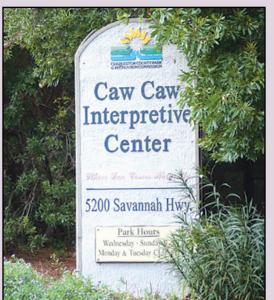
row will take center stage at the March Evening Program offered by the Seabrook Island Natural History Group on Thursday evening, March 8th. when wildlife biologist Aaron Givens discusses the importance of the ongoing banding program for wintering marsh sparrows conducted by the Town of Kiawah's bird banding station. Aaron manages one of the southeast's most important banding stations and has served as Kiawah's Assistant Wildlife Biologist since 2008.

With degrees in zoology and wildlife biology, Aaron studied the winter-

first exposed to the importance of banding for tracking migration patecology and management, passerine migration ecology and marsh bird

guests are welcome at SINHG Evening Programs, which begin at 7pm with refreshments and fellowship followed by the program at 7:30. There is a \$5 donation for non-SINHG members. Membership information can be

CAW CAW More than the harsh, grating cry of a crow.



The entrance to the Caw Caw Interpretative Center is a





Seabrook Wild Things

by Members of the Enviornmental Committee

County Park & Recreation Commission Park is just a short 35 minute drive (26 miles) from Seabrook Island and is a wildlife paradise of over 700 acres. A network of more than six miles of wellmarked dirt trails, dikes, bridges, and elevated boardwalks takes you through maritime forest, old rice fields, canals, saltwater marshes, and cypress swamps encompassing nine distinct coastal plain

A butterfly garden, picnic tables, and bird feeders surround the F. Lamar Wiley Learning Center. Classrooms, a wet lab, a gift shop, exhibits depicting the fauna and flora of the park, and the rich cultural and historical heritage of the Caw Caw area and a very friendly staff are con-

During the 18th and 19th century Caw Caw incorporated several rice plantations built by enslaved Africans. On September 9, 1739, the infamous Stono Rebellion took place here resulting in many deaths of both white and black people. The rebellion resulted in the Negro Act of 1740 that placed a 10-year moratorium for importing African slaves in South Carolina and established penalties against the harsh treatment of slaves.

Caw Caw's wildlife includes alligators,

The Caw Caw Interpretive Center is located in Ravenel, SC. This Charleston deer, turkey, and bobcats. The park is particularly known for its rich bird life with over 250 species being sighted within its diverse habitats. Prothonotary warblers, painted and indigo buntings, egrets, herons, ibises, ospreys, eagles, most Wednesdays and Saturdays at 8:30 a.m. and 11:30 a.m. The cost is \$10.00. Pre-registration is not required.

In addition to the morning bird walks "Owl Prowl" and various other environmental and educational programs such as "Amazing Amphibians" are offered each year. For times, cost, and registration call 843-889-8898 or go to: https:// www.ccprc.com/53/Caw-Caw-Interpretive-Center

Caw Caw is open Wednesday through Saturday (9:00 a.m. to 5:00 p.m.). There is a \$2.00 entry fee. Being a low-impact wildlife preserve, dogs (and other pets) and bicycles are not allowed in the park During the warmer months don't forget the bug spray!

Directions: From Seabrook Island take Betsy Kerrison Parkway and Bohicket Road to Highway 17, turn left on Highway 17 South and go 6 miles. The



An osprey builds its nest on a rathe many trails at Caw Caw.







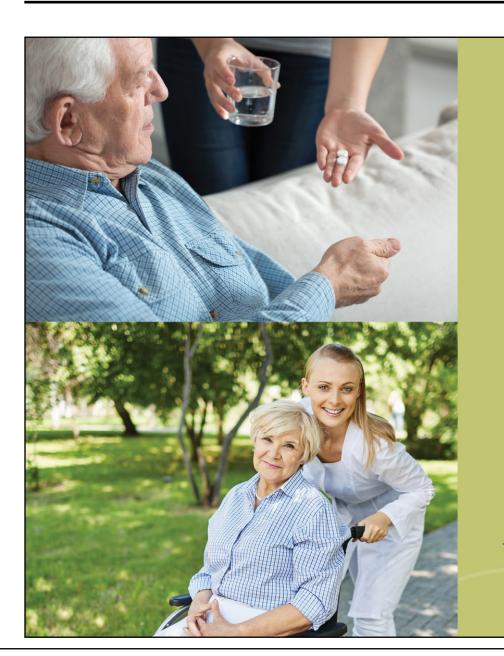
We wanted to take this opportunity to say thank you to all the Seabrook owners who entrusted our professional services in 2017. While it is no mystery that Seabrook Island Real Estate has more sales on the island than other companies, we are very proud to be the second leading producer on the island for 2017. In addition, we had the highest median sales price of all companies who sold more than \$10,000,000 on Seabrook Island. Compared to 2016, our 2017 number of transactions on Seabrook were up 54.5% and our sales volume was up 184.2%.

AKERS ELLIS

Real Estate & Rentals

Akers Ellis has a team of over 30 real estate professionals and one of the largest local vacation rental operations. We have proven marketing strategies which bring success for our clients and provide an unparalleled level of personalized service. If you are looking for real results and top-notch service, please contact any of our real estate professionals, many of whom are your Seabrook neighbors.





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Eighteenth Annual Kiawah Island Art and House Tour ~ Friday, April 6 ~

land Art and House Tour sponsored by Arts, etc., offers visitors a rare glimpse into the art and architecture of 5 spectacular private homes in the gated community of Kiawah Island. The tour takes place Friday April 2nd

The homes feature unique architectural designs, exceptional views and showcase the neighborhoods of the Settlement, Cassique and Ocean Park.

Proceeds from the house tour benefit the youth of Johns and Wadmalaw Islands through visual and performing arts. Arts.etc also supports the Gibbes museum of art and other organiza-

Tickets

Advance tickets are \$55 each and can be purchased online at www. brownpapertickets.com (use the keyword "Kiawah"). Tickets are also available at Kiawah Island Real Estate offices at Fresh Fields Village, the main gate and the Sanctuary hotel. Homes are not handicap accessible and children under 12 are not admitted.

Advance tickets purchased must be exchanged for a tour brochure at the Square in Freshfields Village on the day of the tour.

FEATURED TOUR HOMES:

Four Oaks - This Louisiana inspired home sits quietly on the Kiawah River taking advantage of expansive river and marsh views. A gallery running the length of the main house connects the two wings with glassenclosed vestibules. One side of the home is anchored by the kitchen overlooking a gated fire pit surrounded by lemon trees, the other side by a large great room with a stone fireplace that opens onto a summer kitchen and an infinity pool.

The interiors are crafted with reclaimed limestone floors from France, large bronze doors and plaster walls. The exterior of the home is surrounded by flagstone hardscape rescued from a small historical Pennsylvania

Throughout the home, monotone latte colors enhance the many antique and architectural pieces with a smattering of collected artwork. Local Charleston artisans complete the detailing: Sean Williams' mural in the breezeway; gothic metal stair railings by Sean Ahrens; and painted floors by Stephanie Poe. Among the interior woodwork, accents were done in recovered hemlock from upstate New York, and a library paneled in pecky cypress from Louisiana.

The French inspired kitchen complete with a screened dining porch, features an antique fireback from New Orleans, a working pantry and beautiful hand painted floors. Sprawling river views are enjoyed from the breakfast banquet.

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oak engineered floors capture your attention as you enter the home with ceiling beams made of reclaimed wood. Muted earthtone and soft grays comprise the color scheme throughout. The first floor offers spectacular views of the Kiawah River. To the left of the entrance. Harmon doors open to a large Master bedroom suite, which has a "morning Kitchen" for convenience. Kevin Johnson Ironworks in Knoxville did the hanging mirrors in the front windows of the suite. The painting in the master bedroom was done by Kirk Butler from Charlotte,

N.C. As you transition from one side of the home to the other you will see a cast concrete mantel in the living room with a fireplace screen done by Johnson. There is an open kitchen with an abstract painting by Phillip Julian. Also of note is the leather hardware in the bar area which was done by Rocky Mountain Hardware and Waterworks. Leather granite tops in the kitchen are noteworthy. The kitchen transitions to a wonderful screened porch with a wood burning fireplace and outdoor kitchen complete with heat lamps for cool autumn nights.

The eighteenth annual Kiawah Is- | The Settlement - European white | hallway, bath and laundry room that | Cassique View - Step inside an au- | As you meander through the stone inspire. On the second floor there are a number of bedrooms for guests and family. Note the butterfly table in their daughters "princess" bedroom and the wonderful iron bed made by Kevin Johnson. Each room features porches

Ocean Park - The Ocean Park home "Moon Shadow", is shaped by the site, nestled in nature and graced with light. From a partially enclosed auto court, arriving guests enter through a custom designed gate into an unexpected lush courtyard formed by three buildings connected by glass breezeways. The glass living room offers expansive views of Bass Creek and the courtyard. Strolling the house and gardens, guests view an eclectic collection of sculpture, photography and paintings by acclaimed artists. Biedermier furniture is featured throughout the house, as are custom and antique rugs, and new and antique mirrors. The kitchen includes custom cabinetry with heirloom glass panels. Panoramic marsh views abound from the gardens, pool deck, and screened porch as well as four second floor decks and a sleeping porch.

thentic Italian Manse; everything in this new home is built with artisan craftsmanship of the highest order. From the true Venetian plaster and Jerusalem limestone walls to the reclaimed wood seen throughout the house, the focus is to provide a Renaissance feel combined with modern

A rare and stunning feature of the majestic living room is the groin vault ceiling. The baroque furnishings evoke the style of the 14th century with updated design for maximum ease and beauty. All of the cabinetry and the kitchen island were made in Italy as well as the hand-painted mu-The home is situated on the 15th

meander to the outside living area, the ocean creates a back loggia view that is truly unequaled. Cassique Gardens - Located within the Garden Cottages community of prestigious Cassique, this remarkable

home exudes casual elegance and

a substantially larger footprint than

other homes in the neighborhood.

hole of the Cassique Golf course de-

manding awed attention. As visitors

walkways, relaxation is showcased with a sunken lawn and fire pit, outdoor kitchen, separate porticos and an infinity-edge pool. The lagoon view promises stunning sunrises and sunsets. Through the expansive French doors, the spacious great room can be seen shimmering in natural light.

Upon entering the distinctive foyer, oils by Erickson, Rothwell and Perry adorn the walls. The luxurious great room conveys an understated color palette that suggests serenity and comfort. Eclectic arrays of French and English antiques are instrumental in creating a striking mixture of textures and wood. Completing the space is a well-appointed kitchen and dining An enormous en suite is introduced

by a private library/lounge as you stroll to the back of the home. The Master suite is complete with 10" beamed ceilings and a Mary Erickson painting on display. The rest of the home has several additional guest rooms each beautifully decorated and designed for ultimate comfort and privacy.



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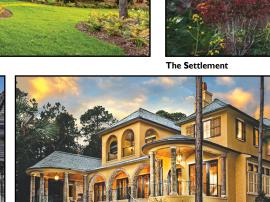
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"New listing" • 2148 Royal Pine Drive • \$123,500 Gorgeous lot with mature landscaping with easy access to the Lake House, equestrian center, and front security gate. High ground. Take advantage of the serene setting and

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MARCH 2018 THE Seabrooker



HEALTHY AGING

Jerry Reves, MD

Caffeine:

The World's Most Widely Used Psychoactive Drug

It shouldn't come as a surprise that | coffee, tea or chocolate (see table). It | dinavian countries, Europe and Eng caffeine is the most widely used ingredient to alter mood and affect our brain. After all, the first thing most of us do each morning is drink a cup of coffee. This is our first dose of caffeine of the day and usually not the last. In the U.S. 85% of the population ingest 180 mg (about 2 cups of coffee)

What is Caffeine and How Does it Work?

Caffeine is a biologically active substance which once absorbed from our small intestine goes around the body and rapidly crosses from the blood into the brain. There is interacts with brain receptors one of which tends to slow down our brain signaling. So with the receptor occupied things will speed up. Hence, the caffeine is a mild stimulant or acts as an alert.

People know that a cup of coffee or tea, will perk them up and it does. The peak affect comes about 20-40 minutes after ingestion of the caffeine no matter what the source. Interestingly in adults the drug lasts in the body 3-7 hours, but that does not mean the stimulation lasts that long – it is shorter.

What Does Caffeine do for us?

Caffeine will increase alertness and wakefulness. It has been show in studies to improve our cognitive functions over brief periods, particularly if we have not had any for a while. It improves reaction time and psychomotor reflexes – hence truck drivers drink a lot of coffee. There is some evidence that it may improve memory and reverse or diminish some of the cognitive effects of some of the neurological diseases including Alzheimer's. It also has a very modest analgesic effect and is often found in over-the-counter pain reliever medicines.

What are the Sources of Caffeine in our daily life?

Caffeine comes from natural sources like the coffee plant bean or from certain leaves like cocoa. It is found in the leaves of the camellia species plant which is used for making tea. It is an abundant chemical in the plant world. Most of us get our caffeine from

is also in many soft drinks and is increasingly found in "energy drinks" and many over the counter medicines. Some of the various sources of caffeine are shown in the table. In the U.S. coffee and soft drinks are the primary sources of caffeine, and the amount varies according to the specific product. Thus, it is useful to look at the label on the soft drinks and other

Coffee and tea do not come with labels. The average cup of coffee contains around 80 mg of caffeine, but if you go to Starbucks 235 mg in "tall," there is more caffeine in their coffee than the regular cup and 475 mg in

What are the recommended doses?

There is no evidence that most people are abusing caffeine and most Americans are usually under the recommended mg per day. This would be about 4 or 5 cups of regular cups of coffee a day or even more soft drinks. Also, there is no evidence, even with the "sport drinks" and other highly caffeinated drinks out on the market that caffeine consumption is dangerously increasing. Consumption has been steady in the U.S. for decades. And the U.S. is well below the ScanWhat are the effects of Caffeine on our health? The mild stimulant effects of cat

feine are generally considered healthy and actually serve a purpose. Caffein consumption has been widely studied and found not to be related to most diseases including the many varieties of

Caffeine can have some adverse effects on the heart. It can stimulate heart arrhythmias and people with them and high blood pressure are generally cautioned about drinking coffee and other caffeine containing drinks.

Caffeine should be avoided in people with sleep disturbances and when trying to acclimate to time zone changes. Also people with bladder dysfunction are generally advised to stay away from caffeine.

The Bottom Line

Retail

\$42.00

Caffeine is a psychoactive drug. It is one of the most studied drugs and its health effects have been well established. This ubiquitous substance is not only found in coffee, tea and chocolate, but in most cola drinks and many over the counter medicines. The good news is caffeine is a common and healthy drug when consumed in moderation. Enjoy!▲

Source	Size	Caffeine (mg)
Starbucks Coffee, Blonde Roast	venti, 20 oz.	475
Starbucks Coffee, Pike Place Roast	grande, 16 oz.	310
Starbucks Coffee, Pike Place Roast	tall, 12 oz.	235
Folgers Ground Coffee, House Blend	2 Tbs., 12 oz.	60-80
Maxwell House Lite Ground Coffee	2 Tbs., 12 oz.	50-70
Maxwell House Decaf Ground Coffee	2 Tbs., 12 oz.	2-10
Lipton Lemon Iced Tea	20 oz.	25
Lipton Decaffeinated Tea, black, brewed	8 oz.	5
Coca-Cola, Coke Zero, or Diet Pepsi	20 oz.	56-57
Bang Energy	16 oz.	357
5-hour Energy	2 oz.	200
Hershey's Milk Chocolate Bar	1.6 oz.	9
Hershey's Milk Chocolate Kisses	9 pieces, 1.4 oz.	9
Zantrex-3 weight-loss supplement	2 capsules	300
NoDoz or Vivarin	1 caplet or tablet	200
Excedrin Migraine	2 tablets	130
Midol Complete	2 caplets	120
Anacin	2 tablets	64

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of early skin aging that appear over time. Vitamin E and Green Tea scavenge free radicals and prevent further skin damage from occurring, while Licorice and Mulberry extracts help to brighten dull-looking skin.

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Seabrook Artists Volunteer at Respite Care



with the participants of Respite Care Charleston at St. John's Parish Church. This partnership was originally initiated by Art Guild member, Colleen Wiessmann, several years ago. This week, participants worked on Valentine's paintings to give o their caregivers. Art Guild members, Roberta Boatti, Sara Jane Foltz, Colleen Wiessmann, and Iean Wyman, spent one on one time with each participant to nelp him or her create a unique piece of artwork. Through art therapy, RCC aims to celebrate the creative spirit that is still alive in those suffering from dementia. Painting promotes calmness and joy in our participants as it gives them an outlet for self expression.

Respite Care Charleston is a non-profit organization committed to serving famiies affected by Alzheimer's disease and other types of dementia. We have a social day program for individuals with dementia each Tuesday and Thursday in Walton Hall at St. John's Parish Church.

If you would like more information, please contact Christine Vinciguerra at christine@respitecarecharleston.org. **\(\Delta\)**

Christine Vinciguerra

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ANNUAL MEETING WRAP-UP

THANK YOU TO ALL WHO ATTENDED THE ANNUAL MEETING!

FINAL VOTING NUMBERS

Total Votes Received: 1242

Votes Per Candidate:

BOARD Warren Kimball: 793 Dan Kortvelesy: 771 Penny Lee: 843 Richard Siegel: 662 Warren Weber: 874

NOMINATING COMMITTEE

Sue Coomer: 659 Sam Dolinsky: 633 Tina Mayland: 801

For the BUDGET: 1096

BOARD OF DIRECTORS UPDATE

SIPOA Board member Ed Williams, who has served on the Board since February 2017, has submitted his resignation for personal reasons. We thank Ed for his service to our Board and community. We are sorry to lose him and wish him well.

Per the SIPOA Bylaws, the Board has unanimously agreed to appoint Rich Siegel to fill Ed's term until the February 2019 Annual Meeting. We appreciate Rich agreeing to fill the position and look forward to a productive year ahead.

> **SIPOA Board of Directors** (See front page)

Our new yard debris contractor (Priority One) has been doing a great job picking up yard debris. We would like to remind residents to have their debris out on the curb prior to 7:30 AM on Monday morning to insure pick up. Priority One uses a different collection method and their collection time at your address is probably earlier than it was with our former yard debris contractor. Thanks for your cooperation

Yard Debris Pick Up

helping yard debris collections proceed efficiently! Steve Hirsch, PE, PMP Director of Engineering

ENGINEERING AND MAINTENANCE UPDATES

Outfall Excavation Projects Update

the ongoing construction work for two outfall excavation projects. One project and Little Creek. These projects are in-

Many residents may have noticed | tended to excavate material out of the | work will be completed in two weeks. age. The contractor uses the wooden s located adjacent to 3072 Seabrook Is- mats (known as mud mats) to allow the dump truck. The attached pictures land Rd and the other is located near | the large backhoe excavator to walk | on these two pages help illustrate this the intersection of Seabrook Island Rd | out into the marsh. We anticipate the

marsh to promote more effective drain- The mud mats are stacked beside the road to allow for easier dumping into



MARCH 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 12:30pm Art Open Paint 1:00pm Mahjongg 3:30pm Opera Lite	2 9:30am Dup Bridge 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers	3 11:00am Seabrook Smashers 2:00pm Kids on Seabrook Book Club
4	5 9:00am Social Bridge 11:00am Sbrk Stitchers 1:30pm Dup Bridge 1:30pm Ladies Bible Study 3:30pm Seabrook Smashers	6 12:30pm Art Open Paint 1:00pm Mah Jongg Ma- vens	7 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers 7:00pm Digging Into Roots Together Workshop	8 12:30pm Art Open Paint 1:00pm Mahjongg 3:30pm Opera Lite 7:00pm SINHG Evening Program	9 9:00am Garden Club 9:30am Dup Bridge 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers	10 11:00am Seabrook Smashers
11	12 9:00am Social Bridge 11:00am Sbrk Stitchers 1:00pm Ladies Bible Study 1:30pm Dup Bridge 3:30pm Seabrook Smashers	13 12:30pm Art Open Paint 1:00pm Mah Jongg Ma- vens 7:00pm Apple User Club	14 11:00am Xfinity X1 Clinic 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 3:30pm Seabrook Smashers	15 10:30am Blood Drive 12:30pm Art Open Paint 1:00pm Mahjongg 3:30pm Opera Lite 6:00pm SI Photography Club	16 9:30am Dup Bridge 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers	17 11:00am Seabrook Smashers
18	19 9:00am Social Bridge 11:00am Sbrk Stitchers 1:00pm Ladies Bible Study 1:00pm SIPOA Board Meeting 1:30pm Dup Bridge 3:30pm Seabrook Smashers	20 12:30pm Art Open Paint 1:00pm Mah Jongg Mavens 2:00pm Art Guild Meeting 4:00pm Men's Book Club 7:00pm Coin Club	21 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 3:30pm Seabrook Smashers 7:00pm Digging Into Roots Together Workshop	22 12:30pm Art Open Paint 1:00pm Mahjongg	9:30am Dup Bridge 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers	24 11:00am Seabrook Smashers
25	26 9:00am Social Bridge 11:00am Sbrk Stitchers 1:30pm Dup Bridge 3:30pm Seabrook Smashers	27 12:30pm Art Open Paint 1:00pm Mah Jongg Ma- vens	28 1:00pm Weight Watchers 1:30pm Social Chicago Bridge 1:30pm Digging Into Roots Together 3:30pm Seabrook Smashers 7:00pm SI Birders Event	29 12:30pm Art Open Paint 1:00pm Mahjongg	30 9:30am Dup Bridge 1:00pm Scrapbooking Club 3:30pm Seabrook Smashers	31 11:00am Seabrook Smashers
NO CLASSES	8:30am Splashers 8:30am Gentle Yoga 9:15am Cardio Mix 10:15am Pure Stretch 10:45am Total Body Toning	8:30am Water Aerobics 8:45am Cardio Interval 10:00am Core Fusion 11:00am Get Pumped 4:00pm Deep Water Aerobics 6:00pm Evening RideSBI	8:15am Core & More 8:30am Splashers 9:15am Zumba 10:15am Strength & Flexibility Express 10:45am Total Body Toning 4:00pm Gentle & Restorative Yoga	8:30am Water Aerobics 9:00am Flow Yoga 11:00am Get Pumped 4:00pm Deep Water Aerobics	8:30am Water Aerobics 8:15am Core & More 9:15am Zumba 10:15am Strength & Flexibility Express 11:00am Get Pumped	8:30am Pilates 8:30am RideSBI

OA PAGES

Island Property Owners Association





LAKE HOUSE SPOTLIGH

The Lean Mean Rowing Machine

A Fresh Take on an Old School Workout



One of the best-kept secrets in fitness has been indoor rowing - unare adding rowing to their workout regimens. Why? Because rowing truly | and your hands gripping the handles. uses every part of the body. So you can go like crazy on a treadmill, elliptical, stair stepper, etc., but they won't even come close to the results you will get from rowing.

Regular rowing workouts are an ideal way to move toward maximum physical fitness. According to the American Council on Exercise (ACE), rowing recruits many muscle groups and provides a total-body, cardiovascular, muscle-building workout. In addition, rowing is impact-free and nonweight-bearing, which makes it even more appealing because you can work intensely without putting added stress on your joints.

But like any other type of exercise, to receive the greatest benefits from rowing, proper form is essential. The motion of indoor rowing takes place in three segments.

position. Sit tall with your knees bent, | ward during the drive which places until now. More and more exercisers arms and shoulders relaxed, arms due stress on your back and shoulders. stretched out in front of your knees, | Instead, practice correct rowing pos-

> **2. Drive.** The drive is a powerful movement that propels you backward. Push with your legs first, while maintaining engagement in your trunk. When your legs are fully extended, hinge open at the hips and lean your trunk back at approximately 45 degrees. Lastly, pull with your arms, bringing the handles into your trunk. between your belly button and breast

> **3. Recovery.** Recovery is the steady and controlled movement that returns the rower to the starting position, using little to no resistance. Allow your arms to extend first; hinge forward at the hips, bringing the trunk over the legs: then return to the catch position by bending your knees last.

Rowing is an excellent type of exercise, but it's not without risks. Poor form can result in injury. The most

1. Catch. The catch is your starting | common error I see is slumping forture by letting your legs do the work,

taking the pressure off your back. If you have never used a rowing machine before, ask for tips from a trainer to ensure that you are using it properly. And as with any form of exercise, start slowly and work your way up. **\(\rightarrow**

April Goyer is an orthopedic training special ist, health coach and bersonal trainer at the Lake House on Seabrook Island, SC. She provides a complimentary consultation to help you gain a fresh perspective on everything you have at your health and fitness disposal. For more information or to schedule an appoint ment, please contact April Gover at 614-893 8519 or april@aprilgoyer.com.

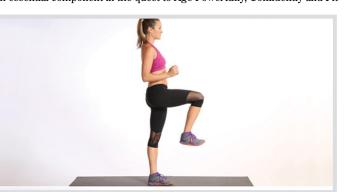
BALANCE SEMI PRIVATE SERIES CONTINUES IN MARCH

Option 1: 3:00PM - 4:00PM on Wednesdays (3/7, 3/14, 3/21, 3/28) Option 2: 9:45AM - 10:45AM on Saturdays (3/3, 3/17, 3/24, 3/31)

Option 3: 4:15PM - 5:15PM on Wednesdays (3/7, 3/14, 3/21, 3/28) Option 4: 11:00AM - 12:00PM on Saturdays (3/3, 3/17, 3/24, 3/31)

BALANCE

An essential component in the quest to Age Powerfully, Confidently and Fit



The fact is that all functional movements require a working balance system. Activities as basic as getting up out of a chair, to walking, climbing stairs, dancing, jogging, playing games such as golf, tennis and pickle ball and this list can go on. Good balance prevents injury, improves athletic performance, provides confidence and assists in performing the activities of daily life.

Although declining balance due to the aging process is partially based in unavoidable biological changes; behavioral factors and environmental factors are ust as important, and this is where balance training exercises and mindfulness of balance issues come in to make a big difference.

It is a fact that strength, power, and endurance decline as part of the aging process. It is also a fact that some of the decline can be counteracted through physical activity. Key activities include strength training, cardiovascular training, flexibility exercises, and balance exercises. It is for all of the reasons above that Alison is excited to continue offering Balance classes incorporating flexibility, posture and strength exercises.

Previous participants will continue to work on their skills, improving posture and coordination, increasing core strength and flexibility all with the goal of maintaining, challenging and improving their overall balance abilities. New participants will join in working on these skills at their own pace alongside of returning participants. All class members at all skill levels will continue to benefit from the limited class size and the individual instruction and attention they will receive from Alison.

ALL OF OUR NEIGHBORS, REGARDLESS OF PERCEIVED ABILITY, ARE INVITED AND ENCOURAGED TO PARTICIPATE IN THE ONGOING BALANCE BY ALISON SERIES.

Please note, spots in semi privates series are limited and preregistration is required. There is minimum of 6 and a maximum of 10 participants.

The cost per semi private series is \$40 per participant. Please note, registration for a series includes all four classes at the same time on the same day throughout March. These workshops are not included in the Monthly Class Pass. There are no refunds. Fee will be charged to your Property Owner/Club Account.

For more information or to register for one of the semi private series, please email Alison Standard at alsfitnessinc@gmail.com. Please make sure to include the series option you would like to register for, as well as your Property Owner/ Club Account. ▲



/15 - THE USUAL SONG AND DANCE The Opera Lite Series has been cancelled for



BackPack Buddies 4th Annual Chili Cook Off

March 17, 2018 • 1:00 pm - 4:00 pm

\$10 Per Wristband!

On Sale at The Ice Cream Boat and The Beached Dog In Bohicket Marina!

Come on out to Bohicket Marina & Market and get your Chili On! This year's Backpack Buddies Chili Cook Off is another sure fire hit with a great cause! All proceeds benefit the Backpack Buddies program that helps to ensure daily meals for food stressed children on Johns Island and Wadmalaw Island. This is a great time for an amazing cause! Come on out and try chili from over 30 teams competing for Best Chili!

Family Fun - Amazing Chili - Live Music



SEABROOK ISLAND ARTISTS GUILD March 2018 Calendar



March Artist-of-the-Month

Students of Mark Horton

"Landscapes, Skies and Clouds"

Thoughout the Month of March • The Lake House Gallery

William P. Duffy

Three-Day in Studio Workshop "Landscape Painting in Oil"

March 21-23 • 9:00am - 4:00pm each day **Oyster Catcher Community Center** COST: \$295 for Guild members and \$325 for non-Guild members

Register and mail payment to Pat Van de Graaf <u>pvdegraaf@aol.com</u> 2390 Cat Tail Pond, Seabrook Island. Class size is limited.

William P. Duffy

March Meeting and Free Painting Demonstration Tuesday, March 20 • 2:00-4:00pm • The Lake House



Online Registration Is Open!

25th Annual

Charity Golf Tournament

Wednesday, April 25

Golf Club at Briar's Creek 4000 Briars Creek Ln

Visit our website (www.olmoutreach.org/2018 golf) to see the day's schedule and learn about sponsorship opportunities. We hope to see you there!





2018 Summer Camp Dates and Session Information To register, please visit www.stchristopher.org

Session	Dates	# of Nights	Grades Completed	Cost	Session Status
1	Thur-Fri (May 31-June 1)	1	Buddy Camp (K-2)^	\$235	Spaces Available
2	Mon-Thur (June 4-7)	3	2-4	\$395	Girls: Full; Boys: Spaces Limited
3	Fri-Sat (June 8-9)	1	Buddy Camp (K-2)^	\$235	Full; Wait List Closed
4	Mon-Sat (June 11-16)	5	6-8	\$535	Spaces Available
4 OAC*	Mon-Sat (June 11-16)	5	8-12	\$555	Full; Wait List Only
5	Mon-Fri (June 18-22)	4	3-5	\$445	Full; Wait List Closed
5 OAC*	Mon-Fri (June 18-22)	4	6-8	\$455	Full; Wait List Only
6	Mon-Sat (June 25-30)	5	9-12	\$535	Girls: Full; Boys: Spaces Limited
7	Mon-Fri (July 2-6)	4	3-5	\$445	Spaces Available
8	Mon-Fri (July 9-13)	4	5-7	\$445	Full; Wait List Only
8 OAC*	Mon-Fri (July 9-13)	4	6-8	\$455	Full; Wait List Only
9	Mon-Tue (July 16-17)	1	Buddy Camp (K-2)^	\$235	Girls: Full; Boys: Spaces Available
10	Wed-Sat (July 18-21)	3	2-4	\$395	Full; Wait List Only
11	Mon-Sat (July 23-28)	5	6-8	\$535	Girls: Full; Boys: Spaces Available
12	Mon-Fri (July 30 – Aug 3)	4	4-6	\$445	Full; Wait List Only

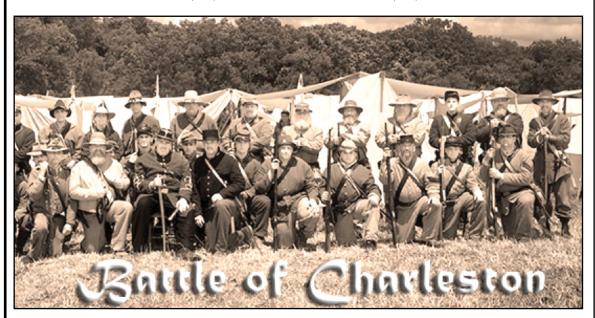
^Buddy Camps are for a child and a same gender adult to attend together.

*Outdoor Adventure Camp



The Charleston Museum also offers a wide selection of summer camp activities for children ages 5-11. Call 843-722-2996 ext. 265 or go to www.charlestonmuseum.org and register through the calendar of events.

BATTLE OF CHARLESTON



Welcome to the 14th annual Battle of Charleston. This year we take a different look at history. We will bring together the military history of Charleston through the centuries. Welcome to our Military timeline!

Come and experience history from the vantage point of Reenactors and living historians throughout a timeline of military encounters. Begin with the rowdy and often illegal doings of local Pirates, then venture into the Revolutionary War period and see how Charleston and its residents were crucial in forming a country. Move on to the Civil War and the fight to control Charleston through the Battle of Bloody Bridge. As a new century dawns we see the devastating effects of the war to end all wars, WWI. Then only a few short years later see the bravery of our fighting forces during WWII. Follow on to the Korean Conflict and the devastating circumstances

of the Vietnam War. The Battle of Charleston 2018 is

April 14-15. Explore the living histories, enjoy the Skirmishes. Our living historians have some amazing stories to tell. Let them show you their equipment, how they lived, their transpor tation and how they fought the enemy. What a terrific place to bring your children and let them see history unfold. You may have a family member that lived through one of the eras and he can show you his memories through the setup of our historians.

Make sure you plan to spend the day with us! Wander through the camps and engage with our living historians, take in their expertise of their time period and how it affected our local area. We have both period and modern vendors to explore, a place where you can have your tintype pictures made and farm fresh food for

You are most warmly welcomed at one of Charleston's premier events, The Battle of Charleston. ▲

Buddy Jarrells Military Coordinator

General Information The Legare Family and the

7th South Carolina welcome you to the 14th Annual Battle of Charleston April 14-15, 2018

The 2017 event will be a timeline of American history including the Pirate era, American Revolutionary War, the Civil War, World War I, World War II, the Korean War and the Vietnam War.

Legare Farms, Johns Island, SC 29455

Date: April 14-15 2018 **Education Day April 13, 2018** Contact Legare Farms for ticket information - 843-559-0788

SLAND NOTICES



DON'T MISS OUT!

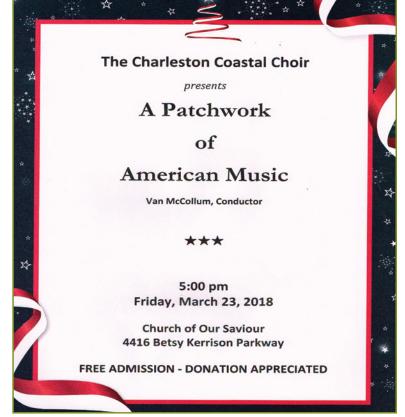
MARCH 2018

Tickets selling quickly for Chamber Music Charleston's final concert of the season at the Dock Street Theatre • Tuesday, March 20, 2018

CMC concludes the 2017-2018 Ovation Concert Series at the Dock Street Theatre on Tuesday, March 20, 2018 with a special concert celebrating the collaboration between Chamber Music Charleston and the Música en Segura Festival in Spain. Música en Segura Festival Director, clarinetist Daniel Broncano, and internationally acclaimed violinist Miguel Colom will join musicians of CMC in Charleston to perform an extraordinary program of music by Beethoven, Brahms and Stravinsky. The program will then be repeated in Spain on May 17, 2018.

March 20 will also mark renewal night for the CMC 2018-2019 concert season. Tickets will be on sale at this time for the entire season of concerts, from the Ovation Concert Series at the Dock Street Theatre to House Con-

CHARLESTON COASTAL CHOIR IN CONCERT A PATCHWORK OF AMERICAN MUSIC





"A Patchwork of American Music" featuring the Charleston Coastal Choir will be presented on Friday, March 23, 2018 at Church of Our Saviour, 4416 Betsy Kerrison Pkwy, Johns Island. The concert will begin at 5:00 p.m. in the church sanctuary. Admission is free. The program features the best of American music both familiar and new. Comprised of singers from Kiawah, Seabrook and Johns Island, the Charleston Coastal Choir will take you on a musical review of the best of American music. Join us and experience some of the most "spine tingling", exciting, and beautiful arrangements of folk, patriotic, spiritual and stage music of the last century.



GREEN IS THE NEW BLACK

Gala Reminders

Sunday, March 18, 2018

Doors open at 5 PM Silent Auction closes at 6:30 PM Dinner begins at 7 PM **Live Auction and Games**

Bring your club card, POA amenity card, cash, check or credit card to bid on live and silent auction items or to spin the prize wheel for the "What's in Your Bottle?" game. Don't forget your Jacksons for the Heads and Tails Game. The beads remain \$20 for a chance to win a bin of fabulous electronics. Come in a thirsty, hungry, and generous mood, ready for some friendly competition for the benefit of our Island's Green Space.



Calling all blood donors – you may have heard or seen the urgent appeals for blood from the Red Cross due to the effects of the Flu epidemic. The number of donors is down and the need is up - help meet that need by coming to the Thursday, March 15th, Seabrook Blood Drive at the Lake House from 10:30-3:30PM.

Schedule an appointment at 843-768-0334, mlogan@bellsouth.net, or walk in at your convenience. See you there, and thanks!!

SEABROOK ISLAND RUNNING GROUP

Calling all runners! There is a running group forming on Seabrook Island. The goal is to get runners of all levels together f or running and socializing.

> **Group Run** Saturdays at 8:00AM

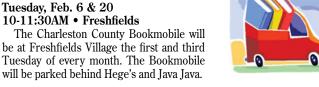


- We will meet in front of the Lake House. Any distance/level welcome.
- As the days get longer, we will schedule evening runs. • For more information on all future events, runs, and socials, please join our
- SI Running Group Facebook page. For questions, please call or text Isabel at 912-399-1793.

CHARLESTON COUNTY BOOKMOBILE

Tuesday, Feb. 6 & 20 10-11:30AM • Freshfields

The Charleston County Bookmobile will be at Freshfields Village the first and third



SEABROOK STITCHERS Lake House

Mondays 11AM-1PM For more information,

 $contact\ Denise\ Doyon\ -\ \underline{dendoyon@gmail.com}$

INDOOR PICKLEBALL



St. Christopher's Camp Fridays 12:30-2:30 If interested, please contact Mary Torello at mary.torello@yahjoo.com



