It’s easy to take for granted the many benefits of being part of the Seabrook Island Club community, from its first-class sports amenities to the elegance and efficiency of the Club’s infrastructure. But there are, of course, other private clubs throughout the Southeast whose members could make similar claims. From a purely objective, dollars-and-cents standpoint, how does our club compare? To answer that question, the Club’s leadership recently gathered data from two independent sources.

The first of these was a nationally-based economic study undertaken late in 2017 by RSM, a provider of audit, tax and consulting services to private clubs. The study was broken out by region and included benchmarking for private clubs comparable to SIIC throughout the Southeast. To ensure an “apples to apples” comparison between clubs which vary in membership numbers and dues, services provided and other variables, a key metric was each club’s Full Member Equivalent, or FME. (Clubs in the study, the Club’s leadership recently reported recently by the Club Management Association of America. (For further comparison of SIC’s financial strength, lenders consider 300 FMEs or lower as high risk, FMEs greater than 500 as acceptable risk.)

Calculating FME levels the field so to speak, providing a uniform economic yardstick for club industry studies and offering lenders a uniform measure of credit risk. The higher the number of FMEs for any club, the better it’s utilizing its financial resources and the better it’s providing services and value to its members. According to the RSM report, that average number of club FMEs stood at 500. The Seabrook Island Club compares very favorably; with year-end FMEs for 2017 of 851, far above the regional average. (See the table below.) The Club’s health is even more impressive nationally, with a national median of 461 FMEs as reported recently by the Club Management Association of America. (For a more complete in-depth comparison of major benchmarks, see the chart on the following page.)

Other benchmarking metrics used by RSM in the study show that the Seabrook Island Club has a larger than national average membership—this year approaching the 1,900 mark for the first time in club history—compared to other Southeast clubs while maintaining dues for full members at a level below the Southeast average. The Club’s net income, according to the study, is well above the Southeast average, providing available capital for improvements that’s more than a million dollars above the regional median figure. This value for services provided led to the second independent source to which the Club leadership turned.

The St. Louis-based McMahon Group is a consultant for private clubs around the country. The Club was pleased to welcome the McMahon Group’s Frank Vain to the island recently for a one-day visit to provide a “field comparison” look at the Club. While his report was a uniformly positive one, he was especially impressed by the Club’s income from its for-profit real estate business, bolstering the organization’s bottom line each year and helping to keep the Club’s debt obligations within healthy boundaries. It’s an income stream many clubs don’t enjoy (Seabrook Island Real Estate last year produced nearly $500,000 in Club revenue.)

He also noted the Club’s unique Ergebnis Center amenity and the opportunity for members and guests to enjoy beach rides not provided by any other private club on the Southeast coast, as well as boating and training for serious equestrians and their horses.

As reported at nearly every SIC Annual Meeting for the last several years, the Club’s financial health is vigorous, its growth sustainable, and its goals attainable.

The table below provides a more in-depth comparison of major benchmarks.
As Seabrooker volunteers with a common objective, we are committed to securing the facts and reporting

The entry deadline for all items is the 15th of the month. Please limit Cap’n Sams letters

…and still wish to continue receiving The Seabrooker?

WE NEED A TOWN AUTHORITY FOR DRAINAGE

Dear Cap’n Sam,

Many homes in Seabrook have suffered the same problem with spill overs from lagoons and golf courses onto private properties as described by COVAR President Debra Lehman (The Seabrooker, Sept 2018). Unfortunately, only catastrophic losses can be deducted for owner occupied properties due to recent IRS tax law changes; whereas, rental properties are allowed any losses to be deducted in the year of the event.

During the last three years, it has been our experience that just a few inches of rain during an incoming high tide causes the lagoons on our No.6 hole of the Ocean Winds golf course to overflow their banks, inundate the golf course and spill over to nearby properties such as where we live along High Hammock Road. Previously, at least 9 inches of rain fall on an incoming high tide would produce a similar flooding situation.

These golf course and lagoon waters contain treated effluent, storm water, tidal water, and rainwater. The SIPOA intern engineering report showed a reduction in water retention capacities of our ponds and lagoons because of heavy sediment.

Here is a recap of events during the last four years which may have contributed to the sediment in our drainage systems: the Historic Flooding Oct 1-5, 2015, delivered up to 25 inches of rain during a 10-day period. Surge and tide levels reached 12 feet above normal low tide producing flooding throughout Seabrook Island. Surge and tide levels reached 12 feet above normal low tide producing flooding nearly one foot more than the Oct 2015 flooding event (Hurricane Matthew). The 11SEP 2017 Hurricane Irma caused "incredible flooding" which was 8 inches higher than the previous hurricane Matthew (Charleston Post and Courier, 11 Sep 2017).

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Barbara Burgess and I recently attended a conference. One of the presenters was from AARP. How boring, I thought. What can he tell me of interest? Well, I was wrong. He started by showing a graph that contrasted the life expectancy of someone in the US in 1860, which was 45, with someone today, which is 79. He went on to say that life expectancy continues to increase. Do you know how many people in the US today are 100 years old? 75,000 are 100 or over! If you have a ten-year-old grandchild, this child has a 50% chance to live to 100. The US will have a life expectancy of 100 in 2070. What does that have to do with the point of the conference we attended? Village to Village Network Conference gathered people interested in helping neighbors to age in-place. As people live longer and longer, it is important to see that they live well. Village to Village Network is the parent group that helps individual communities who want to establish and manage their own Village. Barbara and I were there to find out more about the Village concept and see if it would benefit Seabrook. The Village Movement began in Beacon Hill Village in Boston 15 years ago and now there are 300 Villages spread across the country and a few beyond. Probably the closest one to us is 10° at Home in Mt. Pleasant. They have been most generous in sharing their experiences with us. Villages help people as they grow older to remain in their home and stay independent. To do so, volunteers provide services, programs and referrals. Every Village is different but 99% provide transportation, shopping, light housework, handyman, friendly visits, tech support and daily check-ins. Many Villages provide social programs to keep people connected with others. Some Villages provide a References List of recommended service providers. While some Villages vet these providers before recommending them, others more casually list places that residents have used and found reliable. Members pay a fee for these services. Some ten years ago Seabrook had a program under the auspices of SIPOA that provided services. It was discontinued because of a concern for liability. Village programs differ by protecting volunteers and Board members through insurance, a not-for-profit (501C3) status, and vetted and trained volunteers. It is reassuring to be connected with the national Village Movement, happy to share their knowledge and experience dealing with liability concerns. So where are we with this project? Harriet Ripinsky, who used to live on Seabrook, invited us to have lunch with her and the founders of the Village on I’On. They were so enthusiastic about what they were doing that Barbara and I decided to bring it back to Seabrook. Since then we have recruited six others who share our vision, forming a core group, to get this started. Barbara and I are just back from the fore-mentioned convention, excited and confident that a Village will benefit Seabrook. Be on the lookout for a community meeting that will explain more about the Village Movement. Following that we will have smaller, more intimate meetings so together with you we can fashion a Village that will work for Seabrook. In the meantime be thinking about what would help you continue to live comfortably at Seabrook and/or what you could do as a volunteer to help others.
WINE VALUES FROM FRANCE

A great many of our customers have the belief that sommeliers and others in the wine industry spend their nights drinking the creme de la creme of wines from around the world. Sipping burgundy, bordeaux at top-notch Napa venues as we sit and unwind after a long day “at the office.” The reality is that most of the really good stuff we drink is due to the generosity of others. So when we go to a wine shop, we are usually looking for something that gives us many of the same qualities but at a fraction of the price. When we are in the mood for Burgundy we are increasingly looking out wines from the somewhat obscure region of the Jura.

Located in Eastern France, between Burgundy and the rise of the Jura mountains that border Switzerland, it is one of France’s smallest wine regions in terms of production. Lush and green, this region may be most famous for its delicious Comte cheese. While there is plenty of Chardonnay and Pinot Noir planted here as well as the region’s famous sherry-like Vin Jaune, it is not here that we will be looking for value. For reds, we will look to Poulsard and Trousseau. Poulsard has very thin skins and makes reds very light in color that almost resemble rosé. Many times it is blended with Pinot Noir to enhance its character. It most resemble rosé. Many times it is blended with Pinot Noir to enhance its character. It

Trousseau has some similar characteristics to Poulard but with more weight, darker color and more tannic grip. Labeled Arbois for the sub-region where it is grown, the all important limestone rich soils add Burgundian like mineral and spice. They are wonderfully perfumed and work with slightly heartier fare. If you are spending Thanksgiving with someone who is a professed wine geek, picking up a bottle will surely get you a surprised yet very welcomed reaction. I had a bottle of 2016 Tissot “Singulier” the other night that was stunningly delicious. At $40 it may not be every day wine but it drinks like wine at twice the price. Look for producers like Tissot, Puffeney, Domaine de la Tournoelle and Overnoy. Interestingly there are also a few California producers who have begun making delicious versions of the varietal. In fact, during my visit to Arnold Roberts while in Sonoma, he Trousseau was my favorite of all the wines we tasted, an opinion that was widely shared among our group. While the wines may not be found in every neighborhood store, it shouldn’t be too difficult to find an example of these wonderful, good value wines.

Arbois is a commune in the heart of the Jura wine region of eastern France. The House of Louis Pasteur museum is the preserved former home and personal laboratory of the renowned scientist. Reculée des Planches is a valley flanked by rugged limestone cliffs, which are rich in birdlife. (pictured to the right)

CAROLINA ‘MAROONS’ SUBJECT OF SINHG EVENING PROGRAM

The little known history of hundreds of enslaved African Americans who escaped their bonds to live in inaccessible swamps and forests of the Carolinas will be the subject of November’s Evening Program offered by the Seabrook Island Natural History Group on Thursday evening, November 8th, at the Lake House.

While most histories of escaped slaves discuss the Underground Railroad’s path to northern cities and freedom, access to the railroad did not exist in much of the Lowcountry. Dr. Ed West, historian and board member of the Summerville Dorchester Museum, will discuss “Carolina Maroons - Exiles Of Slavery” and his research with fellow Museum board member Ken Battle undertaken over the past several years. The two men have identified at least one possible community of escaped slaves in Cypress Swamp near Summerville. Other hidden communities have been identified in similarly inhospitable locations in the Carolinas and as far north as Virginia’s Great Dismal Swamp. “Maroons were distinguished from runaways,” Dr. West has pointed out. “They tended to get away and stay away.”

Dr. West, a retired pediatrician, is an amateur historian and a longtime member of the Summerville Dorchester Museum’s board of directors, for whom he frequently lectures on local antebellum and Civil War history. All Seabrook Island residents and their guests are invited to attend Dr. West’s presentation. Refreshments are available starting at 7pm, followed by the program at 7:30. There is a $5 donation for non-SINHG members. To learn more about SINHG, visit sinhg.org.

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Some of the suggestions submitted to the SIPOA Safety & Security Committee for discussion during their October meeting and afterwards on improvement of the new Gate Access software. A list of suggestions was made available upon request to local Real Estate Agents and Seabrook Island Owners. Candy will be reaching out to all Presidents in the near future to determine if updates are needed for their Community. If you would like a copy of this information, please email Cindy at chbrsonc@gmail.com.

Suggestions to improve Gate Access & Parking

To Judy Johnson Miller, SIPOA Director of Security provided a demonstration of the new Gate Access software. Suggestions were made during the meeting and afterwards on improvement of the new Gate Access software could be used to resolve some of the parking issues which have increased in frequency in recent years. A list of suggestions was submitted to the Security & Committee for discussion during their October meeting. Some of the suggestions submitted for discussion were:

- Renters are permitted to request additional gate passes per the SIPOA Protective Covenants. There is a preference for rental properties to be limited on the number of gate passes per unit during the same time period. Most Villa Owners are suggesting a limit of 3 vehicles per property. This would assist with some parking issues and would minimize abuses of occupancy in most cases.
- Owners could temporarily exceed the number of gate passes if they are having a one day event. Overnight parking would not be included.
- Overnight parking on SIPOA owned roads should not be permitted. Security should have the authority to issue a ticket to offenders.
- Security will issue a citation to the owner of any vehicle that they observe parking within 50’ of a fire hydrant. Security asks that anyone noticing such a violation, call them and report it if there is no evidence of a citation already having been issued.
- A penalty should be considered for Rental Companies or Owners that use VRBO if they continue to not request gate passes prior to the arrival of their rental guests.

Details of the outcome of the October Safety & Security Committee meeting relating to these suggestions will be included in the COVAR article in the Seabrooker December edition.

Beach Front Association/Regime Committee status

The committee met on June 19th. Many of the issues discussed have been addressed by the COVAR Board and/or SIPOA or others. The following is the committee status report presented in the COVAR meeting.

The Island-wide parking issue (to include beach parking) is being addressed by the SIPOA Board and its Safety & Security Committee on an ongoing basis. Currently, these are some of SIPOA’s procedures for enforcing parking restrictions in association/regime parking areas:

- Spinnaker owners and guests/renters have been advised in writing that they must use Boardwalk 9 to access Pelican Watch Beach, not Beach Club Villa boardwalks.
- SIPOA sign at Boardwalk 9 directing people to Boardwalk 9 as the only access to Pelican Watch Beach has not been acted upon by the SIPOA Safety & Security Committee.
- Installation of such a sign is still warranted, let us know and I will redouble my efforts with the Committee.
- Opening of designated areas in the Community Center Parking Lot to Non-owners has been reviewed by the SIPOA Safety & Security Committee and their recommendation to maintain the status quo with the exception of the Boardwalk 1 Handicapped Parking, which is open to all qualified parties with a SIPOA Handicapped Handicapped Parking Permit was referred to the Board, which approved it.
- Non-golfing hours use of SIC golf cart paths was explored with SIPOA Management, which said it was infeasible due to damage, enforcement and liability issues that the proposal presented.

Drainage & Flooding status

L libc Eledge from the Seabrook Island Club provided an update on the drainage and flooding resolutions being pursued. The Engineers are working on their report and should have the concepts completed before year end. A focus is on the 16th and 17th holes on Ocean Winds course. The next steps are surveying of the crucial areas identified in their report. The Club does not expect to have approved permits before the summer of 2019. COVAR representatives will continue to work with the Club to monitor status and confirm that problematic areas are being addressed within the Club Strategic and/or Maintenance Plans.

Fire Department Services

As part of the Fire Marshall’s Safety Program, his team will evaluate your smoke detectors and determine if you need replacements or additional ones in new locations. They will install new smoke detectors if you need them. If you have difficulties changing your batteries in your smoke detectors, the Fire Marshall or Firefighter can assist you. They will also check your fire extinguishers to confirm that they are current and you understand how to use. Safety and Prevention is a high priority with the St Johns Fire District. Their main phone number is 843-559-9194.

Future COVAR meetings

COVAR meetings will continue to be open to all Seabrook Island Owners. Reminders of future meetings will be sent via email to all Presidents of Associations and Regimes along with the various Property Management companies. Tidelines will provide the meeting information to all Owners that participate in their services. Suggestions for future meeting topics are appreciated. Please forward your suggestions to Debra Lehman, COVAR President at debraklehman@yahoo.com.

COVAR’s next meeting is on Wednesday, November 14th, from 4:00 to 6:00pm. It will be held at the Lake House in the Eagles Nest Studio. This will include a short business meeting and then a Social for all Owners that attend. This will provide a chance to meet the COVAR Board members, COVAR Committee Leads, Presidents of various Associations/Regimes and Seabrook Island Owners. The business meeting agenda is to encourage suggestions from the participants relating to:

- Discuss the creation of a Capital Improvement Calendar/data base for the villa Regimes/Associations to coordinate future projects (Alison Standard)
- Discuss the property values relating to grading of remodeling or upgrades to maintain or increase the values (Debra Lehman & Alison Standard)
- Comparison of ARB & Town Regulations relating to Villas (Lori Leary)
- Saturday, December 6th from 10:00 am to 12 noon in the Live Oak Hall will be a Meet the SIPOA Candidates opportunity for Owners. The forum is open to SIPOA Board positions in 2019. COVAR meetings will be scheduled for the 2nd Wednesday of each month from 4:00 pm to 6:00pm. ▲
Holidays originally were days re- served for commemorations of special occasions like the Pilgrims’ religious harvest feast of thanks, the birth of Jesus Christ, and Jewish Festival of Lights. These are occasions that have deep meaning to those who observe them, but today’s commercialism has transformed the holidays into more than originally intended. As a result, the month between the end of No vember and the new year is a time of events, parties, family gatherings, and other rituals like gift exchange, travel, and leisure time (meaning less formal work). All this activity, the expectations, and the obligations mean that this annual time of year is one of intense feelings that range from extraordinary happiness to profound grief and sadness. In any one of us this full range of emotions can fluctuate between the two extremes. The goal of this column is to recommend some strategies to manage the month-long time so that the holidays are as healthy and happy as possible.

Ten Triumphant Tips (see table)

Stay Connected: It may seem absurd in this time of constant socialization that the first tip is for us to stay connected. Loneliness can be a depressing in a crowd or family gathering as if physically alone, maybe even more so. Real socialization requires sincere interest in others and communication. Thus, when with family and friends make maximal effort to stay connected. This brings a sense of meaning and comfort that is often lost in loneliness.

Concentrate on the moment: Psychological studies have shown that our minds like to wander. More often than not the mind will take us to unpleasant memories or fears. To combat this, as trite as it may seem, live in the moment. Concentrate on the here and now do not ruminate about the good old days or the times when those now gone were present both of which are easy to do during the holidays.

Focus on the good things: Related to the above is the mental discipline to focus on the positive things in one’s presence and overall life. Just allow the mind to wander to those sad places when there are good things that are always before you. If one is in a holiday setting with friends or family focus on all the good aspects of the occasion and the people who will keep spirits up and not down.

Set reasonable expectations for the season: We are all veterans of many holidays. If we have learned anything during the years we have learned that this season cannot possibly be thoroughly “merry” and “happy” despite repeated salutations. It is most important to know what to expect from this time of year and not to hope for unrealistic occurrences. Disappointment because of unrealistic expectations can be avoided by acknowledging, for example, that you are never going to be complimented by so and so. The only surprise you might get is the compliment or encouraging comment from that relative or friend.

Holiday Plans: Control the holidays, don’t let them control you. Accept invitations you really want to attend, host events you really want to host, plan time in the calendar (ideally every day) for exercise. Do not over schedule or cram too much into the time.

Sleep and Rest: There is nothing more healthful than adequate sleep and rest. Likewise coping with the rapid-fire holiday period requires adequate sleep and rest, particularly as we age. Keep this in mind when planning and when attending the multitude of events.

Eat healthy food: We have used this column often to remind us of what is a healthy diet. Don’t be surprised when attending parties to find more items on the unhealthy list than healthy. Nevertheless, stick to the vegetables, nuts, and lean meats and avoid the sweets. And, of course, don’t overeat since this will interfere with sleep. One of the ways to accomplish this is to fill your plate once.

Make up your mind that, after eating this amount, you are done. Set as a goal not to gain a single pound over the month.

Alcohol in moderation: Any time of the year this is important, but particularly during the holidays when others on the road may not be observing this recommendation. (This is a dangerous time to be out on the highways.) But there are more important reasons to keep alcohol limited. The social interactions can be ruined by loss of inhibitions directly related to high alcohol blood levels. Alcohol can also allow the mind to return to sad places and certainly interferes with normal sleep.

Share entertainment chores: With all the dinners and parties some of which you will be responsible for accept help and or ask for it from others. Trying to do everything causes stress and anxiety and denies others of the opportunity to share the burden which they appreciate.

Travel wisely: With family scattered around the country and family gatherings away from home travel is inevitable. Make it reasonable in your decisions about convenience, distance, time, schedule, and cost. Travel is another thing that you can control: it should not control you. Avoid decisions that tire or otherwise overextend your abilities.

The Bottom Line
Make an early New Year’s Resolution to have the healthiest and happiest holiday time in a long time by knowing yourself, being yourself, and enjoying all the wonderful things about your loved ones and friends. Considering the things above and all the ones you know that for you to be sure that you do indeed have a wonderful holiday season.

### Table: Ten Tips for a Healthy and Happy Holiday Season

<table>
<thead>
<tr>
<th>Steps</th>
<th>Mechanism</th>
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<tbody>
<tr>
<td>Stay connected (sincerely)</td>
<td>Social support and communication</td>
</tr>
<tr>
<td>Concentrate on the moment</td>
<td>Avoid mind wandering, avoid rushing</td>
</tr>
<tr>
<td>Focus on good things</td>
<td>Positive feelings lead to more positive feelings</td>
</tr>
<tr>
<td>Set reasonable expectations</td>
<td>Avoid disappointment and resulting sadness</td>
</tr>
<tr>
<td>Plan the holidays (stick to it)</td>
<td>Avoid stress and being hurried, busy in exercise</td>
</tr>
<tr>
<td>Sleep and Rest</td>
<td>Minimum ability to cope</td>
</tr>
<tr>
<td>Eat healthy food</td>
<td>Avoid sugar and rigid eating habits</td>
</tr>
<tr>
<td>Alcohol in moderation</td>
<td>Improves sleep, avoids dangerous behavior</td>
</tr>
<tr>
<td>Share entertainment chores</td>
<td>Avoid food and stress of over-committment</td>
</tr>
<tr>
<td>Travel wisely</td>
<td>Limits financial schedules and long exhausting trips</td>
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</tbody>
</table>

### MT. ZION HOLIDAY FUND

'Tis once again that time of year
When we seek your patronage to spread Christmas cheer.
For the past eleven years, it has been such a joy
To provide Mt. Zion students with gifts of clothing, books and toys.
For many of the children, these gifts they receive
Are the only ones under the tree Christmas Eve.
Each family is also given certificates for food
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**Alcohol in moderation:** Any time of the year this is important, but particularly during the holidays when others on the road may not be observing this recommendation. (This is a dangerous time to be out on the highways.) But there are more important reasons to keep alcohol limited. The social interactions can be ruined by loss of inhibitions directly related to high alcohol blood levels. Alcohol can also allow the mind to return to sad places and certainly interferes with normal sleep.

**Share entertainment chores:** With all the dinners and parties some of which you will be responsible for accept help and or ask for it from others. Trying to do everything causes stress and anxiety and denies others of the opportunity to share the burden which they appreciate.

**Travel wisely:** With family scattered around the country and family gatherings away from home travel is inevitable. Make it reasonable in your decisions about convenience, distance, time, schedule, and cost. Travel is another thing that you can control: it should not control you. Avoid decisions that tire or otherwise overextend your abilities.

**The Bottom Line**
Make an early New Year’s Resolution to have the healthiest and happiest holiday time in a long time by knowing yourself, being yourself, and enjoying all the wonderful things about your loved ones and friends. Considering the things above and all the ones you know that for you to be sure that you do indeed have a wonderful holiday season.

### Table: Ten Tips for a Healthy and Happy Holiday Season

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<th>Steps</th>
<th>Mechanism</th>
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<td>Stay connected (sincerely)</td>
<td>Social support and communication</td>
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<td>Concentrate on the moment</td>
<td>Avoid mind wandering, avoid rushing</td>
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<td>Focus on good things</td>
<td>Positive feelings lead to more positive feelings</td>
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<td>Set reasonable expectations</td>
<td>Avoid disappointment and resulting sadness</td>
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<td>Plan the holidays (stick to it)</td>
<td>Avoid stress and being hurried, busy in exercise</td>
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<td>Sleep and Rest</td>
<td>Minimum ability to cope</td>
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<td>Eat healthy food</td>
<td>Avoid sugar and rigid eating habits</td>
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<td>Alcohol in moderation</td>
<td>Improves sleep, avoids dangerous behavior</td>
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<td>Share entertainment chores</td>
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<td>Travel wisely</td>
<td>Limits financial schedules and long exhausting trips</td>
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Seabrook Island Garden Club
Friday, November 9, 9:30AM • Seabrook Island Lake House
Guest Speaker Christina Fifer presents
Foods for Backyard Birds

On Friday, November 9, at 930 AM, please join the Seabrook Island Garden Club welcome guest speaker Christina Fifer. The club meets at the Seabrook Island Lake House.

Among the many delights of Seabrook Island residents and guests is the profusion of wildlife. Birds in particular are fascinating and in short abundance on the island. There are more than 80 species, including federally threatened and endangered birds such as the bald eagle and piping plover. Many are routinely spotted in our own back yards. Residents are so intrigued that in 2016, a birthing club was started and continues to thrive.

For the love of birds, the club has invited Christina Fifer of Wild Birds Unlimited to talk about best feeding practices and best food to attract and nourish our feathered friends. Christina started her career with Wild Birds Unlimited in Hickory NC and in 2013 she moved to Charleston SC to purchase the Wild Birds Unlimited in West Ashley. Since buying the store she has instated bluebird trails on the West Ashley Greenway. Christina is very focused on community outreach and education. She will be opening a second store in Summerville in the spring of 2019.

Christina's passion is bringing people and nature together. Be sure to mark your calendars and join us as we learn from Christina this month as well as share our own stories and expertise on this interesting and amusing subject.

For information on membership please contact Holli Bolte, email: hmbolte@yahoo.com.

3rd Annual Holiday Food Drive
The 3rd Annual SIPOA sponsored Holiday Canned Food Drive begins on Thursday, November 1st. We have a very ambitious goal this year of 7,500 pounds.

One way to make our own holiday celebrations even more meaningful is to help make the season more enjoyable for those neighbors in need on Johns Island, Wadmalaw Island and James Island. When grocery shopping, we ask that you grab a couple extra cans of food or better yet a couple extra cases for our neighbors in need.

As an extra incentive to be extra generous we’ll be handing out colorful wrist bands that will designate the number of pounds you donated. Donate 15lbs (about 3 cases) and get a gray wrist band, 30lbs (about 6 cases) gets you a blue one and 50lbs (8-10 cases) gets you a red wrist band. To get a wrist band, please bring your cases in together and during regular Lake House hours. Don’t forget, canned foods only and please check the expiration dates on all your cans before donating.

Happy Thanksgiving! We are truly grateful for our families, friends, first responders, and the communities we call home.

Karen Hily
843.696.1325

Joy Millar
843.425.2816

Jane Lowe
843.709.1027

Jack Wilson
704.681.9843

Sharon Welch
404.444.6907

Brendan Magee
843.224.0806

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Please bring your contributions to The Lake House and place them behind the pillar under the “NEW DATIONS” sign. We will weigh them before they are added to the cans on display and give you your well-earned wrist band. Let’s get excited about watching the cans grow into a mountain overflowing with canned goods. Together we CAN fight hunger. ▲

Get Rid of Crepey Skin!
Instant Hydration. All-Day Body Smooth.

Discover the feeling of softer, smoother, more nourished skin with Active Hydration Body Replenish. Tired of seeing those “crepey” lines? This ultra-hydrating body conditional contains a proprietary 3D3P Molecular Matrix technology to deliver immediate, long-lasting moisture to your skin.

GREAT STOCKING STUFFER for the woman that has everything

Happy Thanksgiving! We are truly grateful for our families, friends, first responders, and the communities we call home.

Karen Hily
843.696.1325

Joy Millar
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843.709.1027

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843.224.0506

911 Seaboy Villa Drive
2 beds, 3 baths, 1231 ft² | $425,000

When you step inside this Seaboy, you definitely will not want to leave. What a find, a rare 2 bedroom, 3 full bath villa, with a loft that is being sold fully furnished with a few personal exclusions. This villa offers breathtaking panoramic marsh views, but the best part is that this villa’s location has the shortest walk to the beach boardwalk of the entire Seaboy community.

Karen Hily
c. 843.696.1325
khilley@dunesproperties.com

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LANDSCAPING FOR WILDLIFE

By Rich Siegel

When talking to Seabrookers about what they like most about their island, one of the most frequently mentioned topics is the wildlife. The marshes, the ocean, the river, the oaks and the pines provide a veritable smorgasbord for our varied wildlife. But as we beautify our personal landscape, we don't necessarily want to add to the diversity of their diet. Here are some tips to attract and preserve other members of the wild kingdom while enhancing the look of our properties.

If you live near fresh water, the wax myrtle (not the showy crepe myrtle) is the ideal wildlife habitat. Its berries provide sustenance for numerous birds and their overhanging branches provide shade and shelter for large populations of fish. And, as anyone who has them in their yard is aware, they grow like weeds because they are native to this area. But there are some shrubs you can plant such as the Fringe Tree, Beauty Berry, Bottle Brush, and the native Honeysuckle will be lovely additions and provide food and shelter for some of our smaller visitors.

The Fringe Tree and Beautyberry shrubs are great additions to the yard while providing tasty berries for birds and great habitat in its foliage. Both grow well in this area and attract a wide variety of birds.

To attract hummingbirds, one might try the Bottle Brush shrub or vines like the native Honeysuckle or Carolina Jasmine. These plants provide food and shelter for butterflies and insects which are also food for birds.

These are just a few examples of what you can do in your yard. In landscaping any property, the question of deer tends to be ever present. According to most landscaping experts, when deer get hungry enough, they will eat anything. When planting any of these young species it is prudent to protect them until they are mature enough to fend for themselves. But with some care, we can continue to attract a wide variety of wildlife and still beautify our homes. Happy gardening!
Senator Graham Visits Bohicket Marina

On Sunday, October 21st, South Carolina’s Senior US Senator visited Seabrook’s Bohicket Marina to meet and greet a large gathering of his constituents - an estimated 700 were in the audience.

“YOU ARE NOT ALONE.”

Respite Care Charleston is a nonprofit organization dedicated to providing support to caregivers and those living with Alzheimer’s or other forms of dementia. Our priority is to bring MORE. GOOD. DAYS.™ to families dealing with one of life’s greatest challenges.

With several locations around the Lowcountry, RCC’s social day programs provide caregivers a break while bringing smiles to the faces of those they love. While we provide activities like singing, painting, memory fitness and light exercise – all designed specifically for individuals with Alzheimer’s disease and other types of dementia – the greatest benefit of our day program participants is simple pleasures of being with others.

For families and caregivers, RCC’s support groups are a safe place to learn tips and tricks on dealing with the unique challenges that arise along the journey with Alzheimer’s and dementia and to share laughter, tears and friendship in a confidential setting.

International Watercolor Artist and Teacher

Helen K. Beacham

Addresses Seabrook Island Artist Guild at November Meeting

The Seabrook Island Artist Guild is thrilled to welcome Helen K. Beacham, an internationally known watercolor artist and teacher who now lives in Summerville, to our meeting on Tuesday, Nov. 20 at 1:00 (NEW MEETING TIME) at the Seabrook Island Lake House. All are invited to attend and enjoy her presentation and demonstration of watercolor painting. Beacham describes herself as a “Painter of Elegant Tranquility.”

Helen K. Beacham was born in Montreal, Canada, and became a U.S. citizen in 2016. Besides watercolor, she works primarily in acrylics and gouache (an opaque watercolor) and has studied with Dick Phillips, Brent Funderburk, Milford Zornes, Mira Lehr and other greats. Her work is in numerous world-wide collections. In 2019 Beacham will be teaching workshops in Venice, Cinque Terra and the South of France. Visit the art guild’s website at www.seabrookislandartistguild.com to learn more about the organization and upcoming events.

Respite Care Charleston


You Are Not Alone.
Around your household, there is one place an overabundance of bacteria and germs reside, care to venture a guess? I am sure the majority would reason it may be the bathroom, musky basement, or steamy hot attic, not true. The truth is your outdoor trash bin develops more germs per square inch than a hospital room. If food goes bad in your refrigerator, can you imagine what is growing in the outdoor trash bin for a week?

Outdoor trash cans hold all the waste from your uneaten, rotting food, dog waste, cat litter, and paper excess (plates, napkins, cups, foil, utensils). Even after the large bin is emptied the lingering effects are visible and smelled by passersby. However, it is what you can not see which is concerning. The pungent smell is a warning of bacteria growing, calling out to all nearby rodents and insects letting them know your can is the still host of a germ party. The bags placed in the can may tear allowing its contents to ooze out, enticing local wildlife to invade your trash can and leave behind their own urine and feces.

Annually, two million Americans are diagnosed with antibiotic resistant bacteria and 23,000 Americans die from those infections. Listeria, salmonella, and e.coli are listed among these bacteria and are spread across your trash bin through every visiting roach, rat, raccoon, and other unwanted guests. These insects and rodents carry harmful germs and diseases which are transferred to humans through your outdoor trash bins. Your bins are harboring dangerous bacteria and you touch them almost daily.

Cleaning the large trash can yourself is a monumental task at the least, you also take personal and environmental risks. Consider the millions of bacteria particles which may cause infection and illness while spraying down the can, sending them airborne. As you are scrubbing the trash bin with a broom or mop, reflect on the exhaustion of a job which will ultimately only be partially effective and wastes a large amount of water. Ponder the effects of the cleaning chemicals on your lawn, pets, your neighbors, and in our beautiful lowcountry waterways. Cleaning chemicals harm and kill local wildlife as well as pollute the rivers, streams and ponds which surround us.

The U.K. has been incorporating trash bin cleaning with trash collection services for over 20 years to curb illnesses and deter the invasion of pests and rodents. There are reports of reduced illness in those households employing the service monthly as well as a drop in the number of bacteria on the trash can. As of 2018 the Charleston area is privy to this up and coming service. There are less than 300 trash bin cleaning services across the nation which are environmentally friendly and self-contained.

As for cleaning your outdoor trash bin yourself, I recommend leaving it to the professionals and removing all the personal and environmental risks. Cold and flu season are upon us, cleaning your trash bin is an important part of quelling the germs. Even in cold weather, bacteria can grow and thrive, it is important to maintain your trash can at least once a month, year-round, to keep the amount of bacterial growth at a minimum. ▲ Katherine Roper Clean Can of Charleston www.cleancans.net

How does the REDEFINE Regimen work?
Based on Multi-Med® Therapy, REDEFINE is a comprehensive skincare solution that combines cosmetic and active OTC ingredients to help defend against and reduce the visible signs of aging. By combining the right ingredients, in the right formulations, and using them in the right order, the Regimen:
• Refines skin’s texture for softer, smoother-looking skin
• Effectively minimizes the appearance of pores by removing pore-clogging dead skin cells
• Reduces the appearance of lines and wrinkles
• Hydrates and improves skin elasticity
• Helps to visibly firm the skin
• Contains antioxidants and provides effective photostable broad spectrum UVA/UVB sunscreen protection
• Replenishes skin’s natural moisturizing factors (NMFs) through vitamins A, C, and E and other vital skin nutrients

KATHERINE ROPER
CLEAN CAN OF CHARLESTON
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MODEL OPEN WED-SAT-SUN | 11AM-4PM
• Lives like a one-story home; master, study/4th BR, living areas, and screened porch on main level
• Upper Level - 2 BR / 2 BA & Den
• Community dock, salt water pool & cabana, putting green
• 3.5 miles of beachfront, 36 holes of golf, racquet ball, & various dining

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THE ADIST
3/4 Beds, 4 Baths
2,522 Sq Ft

FIRST FLOOR PLAN

SECOND FLOOR PLAN

GROUND FLOOR PLAN

NOVEMBER 2018

THE SEABROOKER
The Bohicket Half Marathon at Seabrook Island is an exciting new event for the Low Country. Hosted by the Charleston Running Club, with support from Bohicket Market and Seabrook Exchange Club, this race offers a unique format change for 2018, dropping the 10k distance and adding a half marathon.

Age group and award breakdown:
- Top three overall male and female
- First Master (40 years and older) male and female
- First Grandmaster (50 years and older) male and female
- First Great Grandmaster (60 years and older) male and female
- Top 3 in the following age groups: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over

Packet Pick Up:
- Friday November 16 TBD
- Saturday November 17: Race Site (1880 Andell Bluff Blvd., Johns Island, SC 29455) 6:30 - 7:45AM

Proceeds from the race benefit the Kiawah-Seabrook Exchange Club and the Charleston Running Club.

October 3rd Meeting:
The meeting was called to order by President Jerry Stephens. Jim Bannister led the invocation followed by a Fallen Hero Remembrance for U.S. Army Sergeant Michael Dunkin, age 25, of Columbia, South Carolina. He was assigned to the Army’s 1st Squadron, 99th Cavalry Regiment, 2nd Brigade Combat Team, 10th Mountain Division, Ft. Drum, NY. He was killed in action on February 19, 2007 in Baghdad, Iraq when his Humvee was struck by an IED. Sgt. Dunkin was highly awarded, receiving the Purple Heart, Army Commendation, Army Achievement Medal, and Combat Action Badge. Jim then led the meeting in the Pledge of Allegiance.

Two new members were introduced: Robert Cherry, a Colorado State University graduate who has been a career high school teacher; and Craig Ludwig, an Appalachian State University graduate who has worked as an attorney.

Roger Steele spoke on the EC/CSO outings. Alan Armstrong requested input from members for Angel Oak Award candidates. Ken Kavanagh congratulated the 34 golfers who participated in the club’s golf outing. Jerry Stephens reminded everybody that we will need 40 volunteers to assist in the Bohicket Marina 5K/Half Marathon on November 17.

The evening’s dinner speaker was introduced by Laurel and Hank Greer and reflected their passion for animals. She was Jennifer Winchester, Director of Philanthropy at the Charleston Animal Society. For over 144 years, Charleston Animal Society has been preventing cruelty to animals. Its vision is one in which all healthy and treatable animals are saved.

October 17 Meeting:
The meeting was called to order by President Jerry Stephens. Jim Bannister led the invocation followed by the Fallen Hero Tribute. Tonight U.S. Army Chief Warrant Officer Jason C. DeFrenn of Barnwell, South Carolina was honored. CWO DeFrenn was assigned to the 1st Battalion, 257th Aviation Cavalry Regiment of the 1st Cavalry based in Ft. Hood, Texas. He died of wounds suffered when his helicopter was hit by hostile fire in Taji, Iraq on February 2, 2007. October 17 is also the 2nd anniversary of the death of Army Sergeant First Class Zachary A. Bannister who was killed in action in Kenya, Africa. Jim Bannister’s Dad, led the Pledge of Allegiance.

New member Rick Helms was introduced. He is a seasoned in the insurance business and is from Charlotte, NC.

Bob Leggett passed out sign-up sheets for erecting and removing flags for the Veterans Day holiday. Flags will be erected on November 9 and removed on the 14th. Pat Welch called for volunteers for the Bohicket Marina 5K/Half Marathon on November 1. Ken Kavanagh announced that the Wounded Warrior golf tournament will be played on November 12. Jesse Dove held up $1000 dollar bills to emphasize the importance of the Trident Tech scholarship program and urged members to make scholarship contributions.

Following dinner, Bill Nelson introduced Congressman Mark Sanford. Congressman Sanford spoke of fiscal responsibility in Washington. He focused on budget deficits both in the past and in the future. He is an advocate for the tri-county waterfront park planned for Daniel Island.

The Exchange’s next meeting will be on November 7 at Turtle Point. This meeting is the culmination of the Club’s year-long effort to fund worthwhile organizations and schools on Johns and Wadmalaw Islands. Awards totaling $141,000 will be made to 40 organizations. All members are urged to attend.

New Home Collection at Seabrook Island

The Britton Group
We Sell Seabrook
Bill Britton, Caroline Seufert, Diane McCoy

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The Tidewater Lodge

- 3/4 Beds, 4 Baths
- 2,998 Sq Ft
- 4 BR / 4 BA Plan, with master and study/4th BR on the main level
- 2 large outdoor living spaces, open living areas plus 3 car garage
- NHC plans are preapproved and range from 2,650 sq ft to 3,400 sq ft
- Seabrook Island Club amenities and 3/12 miles of beach
Honoring our Veterans: On Veterans Day & Everyday

For more than 200 years, countless brave men and women have defended, fought, and sacrificed for this nation helping to create and protect American democracy and the country and freedoms we all love so dearly. Our service members are real-life heroes, who personify bravery, courage, and commitment to our endless gratitude and respect. With two brothers who served in the military, I know firsthand the sacrifices our veterans and their families have made in order to protect and serve our amazing country. Their bravery, allegiance, and heroism make me proud to be an American. We are extremely blessed to be home to more than 400,000 veterans here in South Carolina.

As the fall approaches so does this upcoming Veterans Day — a time to remember and honor the service of our country’s brave veterans. This year, I want to stop and reflect on a very special group of veterans: women veterans. Women have played a vital role in our nation’s armed forces, and our state is home to more than 43,000 female veterans. While often disguised or listed under aliases in early years, women have been a part of war efforts all the way back to the American Revolution. During the World Wars, more than 360,000 women served, often fulfilling crucial roles in medical and administrative jobs. Since then, women in our military have taken on our nation’s toughest battles, and filled positions in our highest ranks. Today, women make up more than 13% of our armed forces, and women veterans make up almost 2 million of our country’s 22 million veterans.

Our state bank that funds large highway projects recently voted to complete Interstate 526 over Johns Islands, four months after abandoning the venture.

The State Transportation Infrastructure Bank Board voted 5-2 Tuesday to continue the controversial $725 million project. Our understanding is that the major point of contention was money. This was a very big day.

The state bank that funds large highway projects revived plans to complete Interstate 526 over Johns Islands and James Islands, four months after abandoning the venture. The 7-mile extension of I-526 would create a new path from West Ashley through Johns Island all the way to Charleston.

With McMaster watching, his two appointees — Chairman John White of Spartanburg and Ernest Duncan of Aiken — backed it this time. Both of his appointees to the State Infrastructure Bank Board sided with him, making the vote 5-2. A new contract would be voted in on no more than 45 days (Nov 16) that will provide Charleston with the $420 million for I-526. Our understanding is that the major point of contention was money.

This is a very big day.

The state bank that funds large highway projects recently voted to complete Interstate 526 over Johns Islands and James Islands, four months after abandoning the venture.

The State Transportation Infrastructure Bank Board voted 5-2 Tuesday to negotiate a new contract with Charleston County and the S.C. Department of Transportation. That reversed the board’s decision in June, when a majority gave up on the extension, complaining the county had repeatedly failed to come up with a reliable, practical plan for funding its portion of the $725 million project.

While the county’s plan is still under review, the bank board showed a willingness to participate in the project under new terms, specifying the state won’t pay beyond the $420 million it committed under the old contract. The rest, $305 million under the latest estimate, will be up to the county. That would make it the largest local investment in any single capital project in the county’s history.

The shift occurred after Gov. Henry McMaster intervened. He became a supporter of the project at a partial closure of what’s known as the Mark Clark Expressway — the section connecting Mount Pleasant to North Charleston — created a traffic nightmare for commuters.

We use a huge thanks to Gov. Henry McMaster for his efforts to bring this money back to Charleston. Both of his appointees to the State Infrastructure Bank Board sided with him, making the vote 5-2. A new contract would be voted in on no more than 45 days (Nov 16) that will provide Charleston with the $420 million for I-526.

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TOWN HALL MEETING
Town Council Meeting
September 25, 2018

After the pledge of allegiance, Mayor Ciancio announced on September 25, 2018, Town Council meeting to order was called to order at approximately 7:30 p.m.

Financial:
Mayor Ciancio reported that revenue for the month of August was $188,320, which was $110,034 over budget, primarily due to higher than anticipated business license receipts.

In other business:
1. Mayor Ciancio announced that the Finance Committee discussed the 2018 – 2019 Strategic Plan.
2. Mayor Ciancio announced that the next Council meetings will be held on October 9th, which will be a work session meeting, October 16th, which will be a regular meeting, and on October 23rd, which will be a work session meeting.

Motion: Mayor Ciancio moved and Councilman Crane seconded the motion to approve the agenda, which was approved unanimously.

Public Comment:
Mayor Ciancio announced that there were no public comments.

Reports of Standing Committees:
Public Safety/Club Long Range Planning Committee: Mayor Ciancio announced that the Public Safety/Club Long Range Planning Committee met on September 24, 2018. The committee continues to work on planning guidelines that will address mass care and evacuation of the town during a larger disaster event. Following a disaster event and staff mobilization, the committee is ready to review emergency response protocols and work through the development of a rest period schedule.

Reports of Ad Hoc Committees:
Committee of the Whole: The Committee of the Whole met on September 24, 2018. The Committee of the Whole discussed and proposed changes that have been forwarded to outside counsel for further review.

Long Range Planning Committee: The Town’s Long Range Planning Committee met on September 21, 2018 and presented the draft of the new Comprehensive Plan. The Planning Commission has reviewed a revised draft of the Environmental Impact Statement, which is on file. The Planning Commission has also reviewed a revised draft of the Encroachment Plan, which is on file.

Mayor Ciancio expressed his appreciation to all members of Council for their support in developing a plan for the future of the Town. The Mayor thanked all members of Council for their input and support.

Planning Commission:
Mayor Ciancio announced that the Planning Commission will hold a meeting on October 11th at 1:30 p.m. at the Public Safety Building.

Reports of Town Officers:
Mayor – Mayor Ciancio asked for information on the reported reimbursement request from FEMA for Island Park. Mayor Ciancio stated that the Town will respond to the FEMA reimbursement request and will work with the State to ensure that the reimbursement is received.

Ways & Means Committee:
Mayor Ciancio announced that the Ways & Means Committee will meet on October 11th at 1:30 p.m. at the Public Safety Building.

Board of Zoning Appeals:
Mayor Ciancio announced that the Board of Zoning Appeals will meet on October 11th at 1:30 p.m. at the Public Safety Building.

Public Safety Committee:
Mayor Ciancio announced that the Public Safety Committee will meet on October 11th at 1:30 p.m. at the Public Safety Building.

Communications Committee:
Mayor Ciancio announced that the Communications Committee will meet on October 11th at 1:30 p.m. at the Public Safety Building.

Public Relations:
Mayor Ciancio announced that the Town has received national attention for its efforts to control dog issues, which have been featured on ABC News, CNN, and Fox News.

Utilities:
Mayor Ciancio announced that the Utilities Committee will meet on October 11th at 1:30 p.m. at the Public Safety Building.

Citizens’ Petitions:
Mayor Ciancio announced that there were no citizens’ petitions.

Items for Information:
Mayor Ciancio announced that there were no items for information.

Adjournment:
Councilman Gregg announced that the meeting adjourned at 8:30 p.m.
Rainbows may be rare in real life, but they’re everywhere in the virtual world of climate and weather data visualization. When the hurricane season arrives, even more of them pop up, offering guidance on the progress and severity of a storm. Their bright bands of color indicate expected wind speed or rainfall, with reds generally indicating higher values and blues and greens lower ones. When President Donald Trump appeared in the Oval Office to warn the public about the dangers of Hurricane Florence, he did so with a rainbow-colored image of the storm prominently on display.

But scientists say that the rainbow is often the enemy of real understanding. “Our vision is really good at drawing conclusions from a rainbow sequence of the colors (remember the mnemonic device Roy G. Biv, for red, orange, yellow, etc.). Depending on the image, this may be hard to do quickly, and we can end up confused about which parts of a map signal higher or lower values.” Even more of them pop up, offering guidance on the progress and severity of a storm. Their bright bands of color indicate expected wind speed or rainfall, with reds generally indicating higher values and blues and greens lower ones. When President Donald Trump appeared in the Oval Office to warn the public about the dangers of Hurricane Florence, he did so with a rainbow-colored image of the storm prominently on display.

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Finally, rainbow color scales are especially ill-suited for the many people who cannot visually distinguish between certain colors, most commonly red and green. Up to 8% of the male population has some form of colorblindness, and sharp boundary colors, such as red and green bands that appeared to represent a hurricane, can be confusing or even confusing. In this case, the map consulted by Mr. Trump and his advisers during Hurricane Florence included a sharp boundary between red and green bands that appeared to represent a hurricane, but the ace of spades in the middle of California was actually a big drop in the probability of tropical-force storm winds. This border stretched through Delaware, West Virginia, Virginia, North Carolina, and South Carolina, affecting millions of people trying to determine the level of danger on the storm posed. In fact, the difference was just 1%. Such visual confusion can also mislead policy makers tasked with issuing evacuation warnings.

"Our vision is really good at drawing conclusions from a rainbow sequence of the colors (remember the mnemonic device Roy G. Biv, for red, orange, yellow, etc.). Depending on the image, this may be hard to do quickly, and we can end up confused about which parts of a map signal higher or lower values.”

\[ ... \]
CHARLESTON SYMPHONY ORCHESTRA
Saturday, November 3 | 5:00PM
East Beach Conference Center
No Tickets Required

Filling the stage with 60 exceptional musicians playing gorgeous symphonic music from Mozart, Schumann, Beethoven and more, the Charleston Symphony Orchestra conducted by maestro Ken Lam, will perform a full masterworks style concert. The program will include beautiful compositions from a variety of classical artists. This concert follows the 21st Annual Symphony Tour of Homes.

*Thank you for not bringing food and beverages into this performance. Beverages will available for purchase.

PIANO BAR
Wednesday, November 7 • 5:00PM
The Sandcastle
No Tickets Required
Bring your own libations

PIANO BAR
BLUE HERON
POND BOYS

State Representative Peter McCoy
Leadership We Can Count On

✓ Protecting our Environment
The lead sponsor of the Shoreline Protection Act to help preserve and protect places like Capt. Sam’s Spit, Peter has received the Coastal Stewardship Award from the Coastal Conservation League and both the Green Tie Award and the House Conservation Leadership Award from the Conservation Voters of South Carolina for leading on solar energy, conservation issues, and strong opposition to offshore drilling.

✓ Growing Jobs and the Economy
Rated the strongest pro-business State Representative, Peter received the Business Advocate Award from the South Carolina Chamber of Commerce for his commitment to grow our local economy and create jobs.

✓ Fighting for Taxpayers and Ratepayers
Named a Taxpayer Hero by the South Carolina Club for Growth, Peter has been a consistent leader in protecting our tax dollars. Peter’s leadership as the Chairman of the House Utility Ratepayer Protection Committee helped drastically reduce rates SCANA customers pay, following the nuclear plant debacle.

✓ Improving Education
The son and husband of former Charleston public school teachers, Peter has led in improving educational opportunities in our state, including co-sponsoring bills to enhance STEM programs, establish scholarships for exceptional needs children, promote our local charter schools, and advance the principle of more money going into the classrooms and away from bureaucrats.
As is usual with Seabrook Island so -within the past year, people who have purchased property event serves as a “formal welcome” to at the Lake House. This twice-a-year SIPOA at a Newcomer's Party, held I was recently honored to represent Board of Directors President, SIPOA Julie McCulloch

LETTER

might imagine, in my current role, I so nice to see happy people!” As you newcomers, I commented to a friend, “it’s here.

As I was watching this group of new -ers our dazzling sense of won -dried reasons, so seeing this brilliant joy uplifted me and fortified my faith in our island. But their comments also got me to thinking: “what am I personally doing to take care of the island’s natural beauty” and “what am I doing to con -tinue building a sense of community”?

How are you taking care of our natural beauty? Do you diligently re -cycle? Are you pesticide-free in your yards? Do you let “wildlife be wildlife” by not harassing the alligators or feed -ing the deer? Do you pick up plastics and cans often found in common areas and on the beaches? Do you take care in where your dog runs free from the dolphins as they are strand feeding? Do you “leave no footprint” after a day at the beach? How are you building community? Webster's Dictionary defines it as: “a feeling of fellowship with others as a result of sharing common attitudes, interests and goals.” Maybe like some of you, I often get caught up in my own life and group of friends and don’t re ally reach out to people I don’t know. For example, when I work out the Lake House, I’m so focused on sweating, I barely recognize there are others in the area with me. I’ve gotten out of the habit of going to Friday night happy hour at the Club, pretending a quiet glass of wine at home. And sometimes when I’m driving around the island, I forget about doing the Seabrook “friendly wave” that I found so utterly charming when I first moved here. Shame on me!

So to all of my fellow property own -ers, for my friends and my yet-to-be friends, I challenge you to do your part to keep our island vibrant and full of that special community spirit. Be a positive voice and a friendly hand -shake. Because whether we realize it or not, we are all ambassadors for our beautiful home.

Happy Thanksgiving.
Thanksgiving Fitness Events

Join us at The Lake House on Thanksgiving morning for Seabrook Island’s Annual Turkey Trot! This fun 5K race will start promptly at 8:00am from the Lake House and will take you through the front half of the Island. Event shirts are limited; availability and size are not guaranteed after Monday, November 5th.

Thursday, November 22nd • Time: 8:00 AM
Cost: $20.00
Registration forms are available at the front desk of The Lake House.

Remember, there is no better way for Seabrookers and their guests to start Thanksgiving Day!!

8th Annual Sprint Triathlon Relay


Join us at The Lake House on Saturday, November 24th for Seabrook Island’s 8th Annual Sprint Triathlon Relay:

Saturday, November 24th • 8AM
Cost: $50.00 per team

It’s a triathlon with a team twist! Trams are comprised of one swimmer, one biker, and one runner that will work together to complete all 3 legs of the event.

Registration forms are available at the front desk of The Lake House.

Please note, this event will be capped, so sign up early to ensure your team is a part of our 8th Annual Sprint Triathlon Relay!

For more information about the Turkey Trot or the Sprint Triathlon Relay, please contact Jamie Mogus Mixson at jmogus@sipoa.org.

Look and Feel Ten Years Younger

Improve Your Posture

Have you ever noticed someone with bad posture? It significantly ages them. Good posture on the other hand, will do more to keep you looking youthful than most anything else you have at your disposal. Although stooped posture may seem to go hand in hand with aging, it significantly ages you.

Many of us spend our days hunched over a computer or writing in our notebooks. Most of us are due in part to the bone-thinning disease osteoporosis. In many cases, women and men can halt or reverse the back that’s a hallmark of old age—and can lead to compression fractures that subtract from one’s height—and can lead to painful physical strain on your joints.

Great posture is a life changer. It makes you look and feel younger, stronger and more confident, improves your breathing, increases your sports performance, decreases your risk of injury, improves the efficiency of your movements, and prevents painful physical strain on your joints.

By following the above 5 tips, your upper back will become stronger, your chest will be more flexible, and as a result, your shoulders will naturally pull back—a sign of improved posture.

The speed limit on Seabrook Island is 25 MPH OR BELOW, as posted. Speed limit at the gate and by the Island House is 15 mph. Please observe all signage, and drive safely, especially as the Summer months bring increased visitor and bicycle/pedestrian traffic.

The Lake House Series

Family Soul Healing
Through the Constellation Approach

Presented by: Kathy Maher, Family Constellation Therapist
Date: Monday, November 5th
Time: 3:00PM to 4:30PM
Place: Live Oak Hall of The Lake House

Come experience the possibilities of healing through your family lineage. Family Constellation is a therapeutic modality developed by Bert Hellinger. Presenter; Kathy Maher studied this work in a three year program through the Constellation Immersion Program and it has had a powerful impact.

This form of healing allows us to identify old destructive patterns in our families and make new positive changes by resolving entanglements. It helps us gain insight into our own blocks and loyalties to our families so we can have resolution, healing and more compassion for our families and ourselves.

Join Kathy Maher for a presentation of this work with the option of staying at the end to experience the work yourself. A short meditation will be part of the presentation, as well.

For more information, please contact Kathy Maher at kmaher@aprilgoyer.com.
First Regular Meeting
Nov. 11, 1918: World War I Ended.
A Century Has Passed, but the Great War’s Aftermath Still Shapes our World
Citadel Alumni Center • Monday, November 12th • 5:15pm
Guest Speaker - Dr. Bryan Ganaway
of the History and International Studies Dept., College of Charleston
This year, around the world, major commemorative events will occur on Nov. 11, Armistice Day, today known as Veterans Day in America, exactly one hundred years after the guns fell silent on the Western Front. These remembrances will underscore the war’s devastating, calamitous cost. For example, the collapse of the German, Austro-Hungarian, Russian and Ottoman Turkish empires had enormous consequences, unleashing developments that directly impact us today as in Syria currently.
Dr. Bryan Ganaway is a scholar specializing in the events and impact of WWI and WWII on civil societies and military strategies. He will discuss the many ways in which the Great War’s impact is felt today. Dr. Ganaway is a Faculty Fellow at the Honors College, College of Charleston, and affiliated with the International Studies and History Departments. He is a scholar of modern German and European history, teaching classes on World Wars I and II. Author of a book on late 19th century German history, his current project is a study of the impact of World War I on 20th century history, with special focus on American military leaders and strategy in the decades after 1918, entitled 1918 – The Dread Year: WWI and the Making of the 20th Century. A unique teaching resource for his students is an oral history archive, drawing on his interviews of veterans of WWII and completed in conjunction with Rita Livingston. These have been deposited at the Addlestone Library with the Library of Congress.
Dr. Ganaway is a graduate of the University of Miami and received his Ph.D from the University of Illinois.
To attend as a guest, the fee is $20!

Grief Support Group
The Grief Support Group holds its monthly meetings on the fourth Wednesday of each month at 7:00 pm in the Eagle’s Nest Studio at The Lake House. The next meetings will take place on November 28 and December 19.
Grief never ends, but it changes. It is a passage, not a place to stay. Grief is not a sign of weakness, nor a lack of faith. It is the price of love. In a peer support group, there is permission to grieve and share with people who understand while gaining strength from each other. New members are always welcome to join. Participants in the group include but are not limited to those who have lost a spouse as well as those who have lost a parent.
For more information, please contact Mary Fleck at marybfleck@gmail.com.

Calling All Hoosiers
Seabrook Island residents are preparing for the 8th Annual Indiana Day
Tuesday, December 11, 2018
to celebrate the 202nd Anniversary of the state’s admission into the Union on December 11, 1816.
The gathering has become an annual event which includes food, drinks, games, prizes, and singing all with a lot of Hoosier gusto. Participants (including spouses and significant others) are asked to bring a hearty appetizer to share. The organizing committee will provide plates, utensils, and soft drinks (BYOB). Participants are also asked to donate $5 to cover costs associated with the event. The event takes place at the Oyster Catcher Community Center on Seabrook Island beginning at 6:00 PM and will last until 8:30.
If you have a connection (born, raised, lived, educated, traveled through; anything works) and would like to attend, please contact Max Wills at 768-8301 or mwillissc@yahoo.com.

PS: the chair throwing competition will not be a part of this year’s event.
St. Christopher’s Camp Fridays
12:30-2:30
If interested, please contact
Mary Torello at
marytorello@yahoo.com

SEABROOK STITCHERS
Lake House
Mondays 11AM-1PM
For more information, contact Denise Doyon
dendoyon@gmail.com

SEABROOK ISLAND
RUNNING GROUP
Calling all runners!
There is a running group forming on Seabrook Island. The goal is to get runners of all levels together for running and socializing.
Group Run • Saturdays at 8:00AM
• We will meet in front of the Lake House.
• Any distance/level welcome.
• As the days get longer, we will schedule evening runs.
• For more information on all future events, runs, and socials, please join our SI Running Group Facebook page. For questions, please call or text Isabel at 912-399-1793.

MONDAY MORNING BRIDGE
Welcomes New Members!
Please join us for Monday Morning Bridge.
You do not need to bring a partner.
For more information or to register, please contact Ilse Calcagno at 843-768-0317.

2018 SIB BIRD BINGO & GAME NIGHT
Seabrook Island Birders (SIB) invites members and guests to join us to celebrate our 3rd Anniversary at our “Bird Bingo & Game Night.” We will socialize as we eat, drink and be merry playing Bingo and trivia games during a fun all-night evening! We even have a silent auction item that one of our lucky participants will take home!
Date: Friday, November 9, 2018
Registration & Social: 5:30 pm
Program Starts: 6:00 pm
Location: Live Oak Hall at the Lake House on Seabrook Island
Maximum Attendees: 80
SIB will provide the beverages including wine, water and coffee. Otherwise you can BYOB and we’ll provide ice and cups. Just sign up to bring a heavy hors d’oeuvre or dessert. We ask everyone to RSVP no later than November 6 so we know how much wine to purchase and tables to set.
You may renew your 2019 SIB membership for $10 at the door. Not a member of SIB yet? Join that evening and your $10 membership will not expire until the end of 2019. Guests are welcome for a $5 donation.
Don’t miss this chance to have a fun filled evening and win some prizes with our flock of Seabrook Island Birders!
Space is limited so sign up by going to: seabrookislandbirders.org/eleven-programs-2018/
Featured Listings

3603 Beachcomber
$995,000
Location! Location! Enjoy panoramic ocean views and easy beach access from this well maintained four bedroom home on Beachcomber Run. The four story floor plan offers multiple living and outdoor spaces for family and friends to relax and enjoy their time at the beach.

2792 Little Creek Road
$949,000
This gorgeous custom coastal home is designed by Ray Phillips with the Design Group and captures the essence of southern coastal living at its best. As you walk up the stately Charleston brick entrance, you can pause and see the marsh from the front porch. As you enter through the doorway, you will be engulfed with natural light and beautiful views.

3029 Hidden Oak Drive
$779,000
Wonderful, large, private, beautifully maintained home just a stone’s throw to the beach. 5 bedrooms, 4 baths, with a totally remodeled gourmet kitchen. This home offers incredible storage throughout and underneath. This property features an open floor plan and is a fabulous family home with tremendous rental potential.

1207 N. Jenkins Lagoon Dr.
$349,000
Located in prestigious Jenkins Point Plantation, this .72 acre home site affords amazing sunsets and serene tidal marsh views. This wonderful location is only a short bike ride away from the Lake House wellness/community center, the Racquet Club, the Equestrian Center, Bobicket Marina and Freshfields Village.

September Sold Listings

2511 High Hammock  Sold
2857 Baywood Dr.  Sold
2455 The Haul Over  Sold
931 Sealoft Villa  Sold
1021 Marsh Point  Sold
1731 Fiddlers Cove  Sold
3035 Marsh Haven  Sold
2975 Seabrook Island RD.  Sold
3209 Wood Duck  Sold
2941 Baywood Dr.  Sold
2565 The Haul Over  Sold
1220 Creekwatch Villa  Sold
2405 The Bent Twig  Sold
1506 Southwick Dr.  Sold

No One Knows Our Island Better Than “Us”

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