KIDS ON SEABROOK

We are not Unicorns (#weexist)

by Reagan Passantino and Emily Horn

The Seabrooker is excited to have a "Kids on Seabrook" monthly article beginning with this issue. As noted in the inaugural article, there are at least 55 children living on Seabrook Island full time. There is most likely a larger number who come here to spend vacations and weekends at their family homes.

I want to thank Reagan Passantino, Emily Horn and Piper Lee for getting the ball rolling. It was from the inspiration of these three young ladies who came to me with the hope that their local newspaper would be interested in "Kids on Seabrook" news that I enthusiastically agreed.

So "children of all ages" please get the word out that Kids on Seabrook want to hear from their peers.

The Editor

Whale hello there! We know this may be unexpected, but there are kids living on Seabrook Island. While it is difficult to get an accurate count, the Seabrook Island Club reported in 2017 that we had at least 55 children living permanently on the island. In addition to Club members, we have also noted significant numbers of children of non-Club members. We range in age from toddlers to teens and live all over the island. You may see us jogging or biking down the roads. And you will often see us at the beach or at the beach bonfires. And you may even catch us fishing at the crabbing dock or reading in the Lake House library.

Some are likely to assume we are part of the tourist crowd that sweeps through Seabrook for Spring Break or during the summer, but in fact, we are proud Seabrookers. From a current survey we recently sent out, a number of kids live in the Racquet Club Villas, near North Beach, and along Seabrook Island Road. Children on Seabrook are representative of the wide variety of educational options from home schooling to neighborhood schools to area magnet schools. At least seven kids on Seabrook attend Charleston Collegiate School but other schools are also represented like Porter Gaud, Nativity School, Hant Gap, and the Academic Magnet. Some of the most popular activities on Seabrook for the current children residents are the Turtle Patrol, hiking the trails, viewing wildlife, birding, and playing at the beach.

The kids on Seabrook decided to begin writing articles in The Seabrooker to increase awareness about kids living on Seabrook and to update you occasionally. We will include our thoughts on Seabrook events, update you on activities for kids, and share a little bit about ourselves. Next time you see a kid playing tennis at the tennis center or building sandcastles on the beach, please stop and say hello to your young neighbors.

Feel free to contact us at lakemonseabrook@gmail.com. If you have children on Seabrook, please email us updates including sporting events, awards, and recent adventures that you would like to share. We would love to have your children fill out our survey and come out of their "shell." That fun was totally on purpose. Please share any ideas on what you look forward to reading about in this column of the Seabrooker. #servingtownofseabrook #keepitlocal #seabrookisland

FROM TOWN HALL

John Gregg

The start of hurricane season is within a month. The Disaster Recovery Council of the Town of Seabrook Island will be conducting emergency response training and exercises 4 and 5 June based on a hurricane scenario. The Town of Seabrook Island and the Town of Kiawah Island will sponsor the annual Disaster Awareness Day on Friday, 14 June (two-hour program followed by lunch and exhibitor visitation). Since the beginning of the year, the Town's Public Safety Committee has been updating and revising the Town's Comprehensive Emergency Plan using as a guide "action items" identified by Disaster Recovery Council sessions held during the last eighteen months. The following highlight selected preparedness topics that are or will be reflected in updates to that plan.

Evacuation Accommodations: As tropical storms develop, weather service forecasts of possible landfall reflect uncertainty of the path a storm may follow. Consequently, the location of landfall and the direction of approach may remain in doubt until a few days before projected landfall is expected. Residents whose evacuation planning contemplates going to a location out of harm's way and promptly returning to Seabrook Island once returns is allowed should consider making reservations early in their hurricane preparations for accommodations at more than one location so as to have alternatives to accommodate uncertainties of storm path forecasts. Once sufficient certainty of expected landfall is established, reservations that will not be used would be cancelled—with that in mind, it is essential to know the cancellation policies in effect at the time the reservations are made.

Power Outages: Our community experienced power outages from a few to several days with hurricanes Matthew (October 2016) and Irma (September 2017). With hurricanes Matthew. Berkeley Electric proactively cut power to help reduce the time required for power restoration after the storm. With hurricane Irma, flooding of Haulover Creek caused a primary switch in the distribution system to cut power. In an effort to keep residents apopled of status of utilities, the Town includes the most current information available to it in Public Information Statements it issues. A shortcoming of that approach is that before storm impacts occur, the Town will not have update information from the utilities and some residents may not contemplate power outages as they make their preparations. Residents and property owners should include the potential for power outages in their planning for storm impacts. Consideration should be given to reducing the volume of perishable food in refrigerators and...
Lake House. Upcoming meetings are scheduled for May 15 and June 19 at The Seabrook Island Grief Support Group holds its monthly meeting. The meeting is open to all who wish to join. Participants in the support group include but are not limited to members of the community who have experienced the death of a loved one. There is an entry fee, and all church-given donations are tax deductible. The entry fee is $5 per person. Please send your correspondence and inquiries regarding editorials to the Seabrooker, Michelle Duplessis at 843.762.8333 or via email to theseabrooker@yahoo.com.

This month's Seabrooker volunteers are as follows: Kathy Rigtrup, Denise Kotva, and Mary Fleck. The Seabrooker is a non-profit organization that relies on the support of its members and community. All Seabrooker readers are encouraged to contribute their ideas and experiences to the paper including articles, photographs, poems, etc. If you would like to contribute, please send your correspondence to theseabrooker@yahoo.com.

REMINDER: Grief Support Group on Seabrook Island

May 15 & June 19

The Seabrook Island Grief Support Group holds its monthly meetings at the Eagle’s Nest Studio at The Port Group. Meetings are scheduled for May 15 and June 19. Each meeting is open to all who wish to join. The entry fee is $5 per person. Please send your correspondence and inquiries regarding editorials to the Seabrooker, Michelle Duplessis at 843.762.8333 or via email to theseabrooker@yahoo.com.

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Cherie Gallagher
704.589.8870

Eliott McCay
843.517.3802

Kris Tracy
703.980.0408

Lee Lindler
843.637.0803

Mike McManus
843.842.3420

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Soula Diggs
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CAP’N SAM EDISTO

Dear Cap’N Sam,

Do I have good news for you! Last March 21st was a Banner Day for the entire Seabrook Island Community. The Seabrook Island Grief Support Group had its first meeting held at The Lake House. The meeting was held in the presence of many of our closest friends and neighbors. We are grateful for the support we received.

Please send correspondence and inquiries regarding editorials to the Seabrooker, Michelle Duplessis at 843.762.8333 or via email to theseabrooker@yahoo.com.

CALL FOR ARTICLES

All Seabrooker readers are cordially invited to send submissions to this paper including articles, photographs, poems, etc. If you would like to contribute, please send your correspondence to theseabrooker@yahoo.com.

Advertise with us!

For advertising opportunities, please contact Teri B. Lash
tlash@bernsteinlash.com

The Seabrooker

The Seabrooker Invitational Billfish Tournament will be held on May 8th and continue through May 11th. It will be held at The Salty Dog Cafe at the Marina. The Salty Dog Anticipates opening to the public on the Monday following the Tournament. Fischer’s: “We should be open in another two weeks”, owner Josh Kennedy told me with a wry smile on April 24. That should pretty much coincide with the Tournament. “We’re a brand new place”, he added.

FROM TOWN HALL - Continued from pg. 2

Reminders to organizations for upcoming food donations may be made to local charities. Neighbors are again asked to be careful when donating food items. They should be donated to prevent damage to the item or items in the storage. Power outages, no power to refrigeration areas for ice verification, cannot be given. The “full” detection test for the power to be used to electrical fires in the area of structural damage from storm. Emergency Response Conditions

The Town Emergency Management Department, under the direction of the Charleston County Emergency Management Department, is undertaking a change to convert to OPCON terminology. The OPCON terminology is a series of states of readiness for the Town of Seabrook Island. The Town’s Comprehensive Emergency Management Plan establishes five states of readiness, beginning with 1 - 4. The OPCON terminology includes particular emergency response teams with changing conditions of a developing disaster event. For each designation, the Town’s Comprehensive Emergency Management Plan describes responsibilities of Town officials for ensuring emergency response teams. Currently, the Town has established two states of readiness for hurricane response: OPCON 1 and OPCON 2. OPCON 1 is characterized by local response to local needs. OPCON 2 is characterized by local response to local needs, with the Town’s Emergency Management Team (EMT) directing the response. OPCON 1 is characterized by local response to local needs, with the Town’s Emergency Management Team (EMT) directing the response. OPCON 1 is characterized by local response to local needs, with the Town’s Emergency Management Team (EMT) directing the response. OPCON 2 is characterized by local response to local needs, with the Town’s Emergency Management Team (EMT) directing the response.

Disaster Recovery Council has resolved to thoroughly explore the challenges of essential staff members through a “task force”. To the extent that DIS member organizations have staff members who are essential to the community, coordinating emergency response tasks is critical. Critical issues include:

Emergency Management Coordination

This task force will be held early stages of the readiness condition. It is possible that the Town will need to use individuals or teams of individuals to address the community’s needs. This task force will be held early stages of the readiness condition. It is possible that the Town will need to use individuals or teams of individuals to address the community’s needs.

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Spring is in the Air - Shop Local

• Have a secure pet carrier and gates.
• Consider putting your pet microchipped.
• Believe your fire insurance policy and carriers you have appropriate coverage.
• Keep your promo task filled.
• Bring toys and keep in hand in case your recovery becomes urgent.
• Check your gas tank in your car before you leave.

Nutrazone and evacuation route:

• Pets:
  - First Aid Kit
  - Supply of water left at home for two days.
  - At least 2 weeks of food and water suffices. Fill your tub with water to use to fill the bucket of the sewage system.
  - Prepare to lose electricity, water, and sewer services.
  - Take your main breaker out and turn on the water.
  - If you own a generator, make sure you have plenty of fuel.
  - Turn off your gas tank in your car before you leave.
  - Buy tarps and keep on hand in case of damage. In a hurricane, you should keep your pruning shears around to cut any fallen branches that may block a door.

Contact: Refrigerator Magnet

- Sign up for Smart Home Alert.
- Install or assist with the installation of hurricane shutters from a contractor with preparing assistance.
- Make sure your flood vents in your place stay open and do not create a blockage.
- Take your main breaker out and then turn on the water. When you return, you will return to a padlock on your house/property. Most kennels in the vicinity will be heading directly towards the coast. The kennels in the vicinity will be heading directly towards the coast.
- If you own a generator, confirm it is still functional.
- Make sure you have the proper documents and insurance policies.
- Go check your evacuation routes and make sure you are informed of any what damage may be introduced to your property. In a hurricane, you should turn the main breaker and then turn on the water. When you return, you will return to a padlock on your property. Make sure your flood vents in your place stay open and do not create a blockage.

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- Fill your tub with water to use to fill the bucket of the sewage system.
- Prepare to lose electricity, water, and sewer services.
- Check the Charleston County websites for a more detailed list.

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Lifestyle, Disease Prevention and Longevity

Steve Parkhus, MD

The Stock Market is Closing in on New All-Time Highs

By the time you read this column, the S&P 500 (SPX) will have closed for the final time in 2018. The index has already registered more than 20 new highs for the year, and the last week of December is likely to add more.

In this column, I will review the technical factors, which are the most important determinant of the stock market's behavior. The S&P 500 is currently trading at 2,700, which is above its all-time high of 2,700.50, set on May 23, 2018. It is also above the 200-day moving average, which is currently at 2,650.

The next steps in technical analysis are to look at the broader market, which includes smaller and mid-cap stocks. The Russell 2000 index (RUT) is currently trading at 1,575, which is above its all-time high of 1,570.50, set on July 17, 2018.

The stock market is likely to continue its upward trend in the first quarter of 2019. The S&P 500 is expected to reach 2,800 in the first quarter of 2019, and 3,000 in the second quarter of 2019.

The current market conditions are favorable for stocks, as the economy continues to expand and corporate profits are rising. The Federal Reserve is expected to raise interest rates one more time, which could lead to a modest correction in the stock market. However, the overall trend is still upward, and the stock market is likely to continue its upward trend in the first quarter of 2019.

The stock market is closing in on new all-time highs, which could be a sign of a strong economy and positive market sentiment. However, it is important to remember that the stock market is a leading indicator of the economy, and it can be affected by unexpected events, such as trade wars, political uncertainty, and economic data releases.

In summary, the stock market is likely to continue its upward trend in the first quarter of 2019. The S&P 500 is expected to reach 2,800 in the first quarter of 2019, and 3,000 in the second quarter of 2019. However, it is important to remember that the stock market is a leading indicator of the economy, and it can be affected by unexpected events, such as trade wars, political uncertainty, and economic data releases.

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The Painted Bunting
America’s most Beautiful Bird
Look up in the sky – it’s a tweet, a small parish, no, it’s SEABIRD!

Photos by Charlie Street

A Brilliant Green Fading to Lighter Green

SEABIRD ISLAND BIRDERS ACTIVITIES FOR MAY

Saturday, May 4, 2019
WHAT: Global Big Day, Painted Buntings
WHERE: Seabrook Island
WHEN: worldwide for hours

Saturday, May 11, 2019
WHAT: Birding the Marshes of Seabrook Island
WHERE: Abner and Pate Real Estate Parking lot at 7:00 to begin a search for Painted Buntings on Seabrook Island.
WHERE: 121 Abner Road, Seabrook Island
WHEN: 7:00 to 10:00

Saturday, May 25, 2019
WHAT: Backyard Birding at Fosters Glenn Dr - Johns Island
WHERE: 3051 Fosters Glenn Dr, Johns Island
WHEN: 7:30 am

FIND OUT MORE INFORMATION

seabrookislandbirders@gmail.com if you would like to attend or have questions.

For the Seabrook Birders!

With daughter and I am in New Zealand and saw two Takahe IN THE WILD to - forage on the ground and in shrubs and trees spend most of their time in flight and are often seen along wooded edges. They singly or in small groups of up to 10 song and first year males. The best way of spotting a Painted Bunting is to be familiar with their distinctive plumage, are caught and sold as caged birds, as am I. We also get a lot of pleasure out of the little humming birds and the aggressive buntings, as am I. We also get a lot of pleasure out of the little humming birds and the aggressive

2957 Seabrook Island Road, Seabrook Island
3 beds, 3.5 baths, 3226 ft2 | $797,500

This beautiful Lowcountry style home sits back from the road on a lovely wooded lot and offers ample space for outdoor enjoyment overlooking a private pool. Crafted in 2001 by Tom Berl of Surfside Construction with open floor plan, cathedral ceiling, and handsome exposed beams.

Joy Millar
704.661.9843
jmillar@dunesproperties.com

Lucy Bonner
704.406.6779
bgconnections@bishopgadsden.org

BISHOP GADSDEN IN YOUR HOME

Bishop Gadsden is now providing companionship and personal home care services throughout the greater Charleston community. Let us care for you and your loved ones. Free in-home care consultation services are available. Contact us today! 843.406.6779 - bgconnections@bishopgadsden.org

We are in the business of making your life a little easier. BISHOP GADSDEN

A thriving life plan community located on James Island

What to do with a “body hiker” is Nancy Island. This beachou is in the marsh located in the distance of Turtle Town. When the “body hiker” is in full swing, you can see them on the strand and even a few in the water. They can be to follow and photograph these beautiful birds raising their young. Seabrook Island residents and their guests are fortunate to have one of America’s most beautiful birds. Keep an eye out for one of these birds and be ready to photograph them as they might be seen in your yard or in the marsh area.

The closest ocean view you will get is to watch the sunrise and the early morning feeding and the beautiful birds raising their young. Be sure to get your cameras ready and be ready to photograph these beautiful birds raising their young.

Wife, daughter and I are in New Zealand and saw two Takahe IN THE WILD to - forage on the ground and in shrubs and trees spend most of their time in flight and are often seen along wooded edges. They singly or in small groups of up to 10 song and first year males. The best way of spotting a Painted Bunting is to be familiar with their distinctive plumage, are caught and sold as caged birds, as am I. We also get a lot of pleasure out of the little humming birds and the aggressive buntings, as am I. We also get a lot of pleasure out of the little humming birds and the aggressive

Cradles appear on the beach at sunset. Be sure to bring something to eat and drink and watch this beautiful scene into the Atlantic. Some families schedule their vacation dates just around this time to witness this amazing event.

MINDFUL MEANDERINGS WITH SEABROOK ISLAND WILDLIFE

WHAT: Backyard Birding at Fosters Glenn Dr - Johns Island
WHERE: 3051 Fosters Glenn Dr, Johns Island
WHAT: Global Big Day, Painted Buntings

Although they are beautiful wood coos in their normal setting, their feeding habits are not as beautiful. They feed on the ground and in shrubs and trees spend most of their time in flight and are often seen along wooded edges. They singly or in small groups of up to 10 song and first year males. The best way of spotting a Painted Bunting is to be familiar with their distinctive plumage, are caught and sold as caged birds, as am I. We also get a lot of pleasure out of the little humming birds and the aggressive buntings, as am I. We also get a lot of pleasure out of the little humming birds and the aggressive

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Although they are beautiful wood coos in their normal setting, their feeding habits are not as beautiful. They feed on the ground and in shrubs and trees spend most of their time in flight and are often seen along wooded edges. They singly or in small groups of up to 10 song and first year males. The best way of spotting a Painted Bunting is to be familiar with their distinctive plumage, are caught and sold as caged birds, as am I. We also get a lot of pleasure out of the little humming birds and the aggressive buntings, as am I. We also get a lot of pleasure out of the little humming birds and the aggressive

WHAT: Global Big Day, Painted Buntings
WHERE: Seabrook Island
WHEN: worldwide for hours

WHAT: Backyard Birding at Fosters Glenn Dr - Johns Island
WHERE: 3051 Fosters Glenn Dr, Johns Island
WHAT: Global Big Day, Painted Buntings

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Organic Food: Is It Worth the Extra Cost?

Jerry Reves, MD

What does USDA Certified Organic mean?

Foods that tend to be higher in nutrients: there is more phosphorus, potassium, calcium, iron, and zinc in the organic fruits and vegetables than in their non-organic counterparts. Some of this is attributable to the fact that the organic farmers have a much lower input of synthetic fertilizers and pesticides, which means that there is more of the nutrients present in the final product. There is also a significant increase in the number of Beneficial insects that feed on them. Some of the organic farmers have reported that their crop yields have actually increased when they have switched to organic farming practices. This is because the organic farmers are able to use much less synthetic fertilizers and pesticides, which results in healthier crops and higher yields. There is also a significant decrease in the amount of pollution that is produced by the organic farmers. This is because they are able to use much less synthetic fertilizers and pesticides, which means that there is much less pollution produced by the organic farmers.

Nutrients in organic foods are naturally absorbed by the soil, which means that there is much more of these nutrients present in the organic foods than in the non-organic foods.

Healthy aging requires eating a diet that includes a variety of fruits, vegetables, and whole grains. Eating a diet that includes these foods helps to reduce the risk of chronic diseases and to improve overall health. Eating a diet that includes these foods also helps to reduce the risk of heart disease, stroke, and cancer. Eating a diet that includes these foods also helps to reduce the risk of type 2 diabetes.

Websites:

https://www.ledfordspestcontrol.com

https://www.IslandTransportation.com

https://www.IslandTransportation.com
**Summer is almost here, and Seabrook is WILD!**

**Lake House Fitness Center by following the rules below:**

1. Do not feed the animals.
2. Do not cut hair. It is important to note that pets can sense fear, and feeding the animals is a way to make them feel safe. Animals will not be able to eat if they cannot be caught. Pets must be leashed at all times.
3. Do not let the animals eat your food. The animals must be fed by the Lake House staff.
4. Do not let the animals eat your food. The animals must be fed by the Lake House staff.
5. Do not let the animals into your own home. The animals must be fed by the Lake House staff.
6. Do not let the animals into your own home. The animals must be fed by the Lake House staff.
7. Do not let the animals into your own home. The animals must be fed by the Lake House staff.

**Lake House Fitness Center Guidelines**

1. Children's play areas are under the direct supervision of an adult.
2. Use of fitness equipment is limited to people ages 3 and older. All adults must be present while children are using the equipment.
3. Fitness equipment is available for personal use. However, it is important to note that pets can sense fear, and feeding the animals is a way to make them feel safe. Animals will not be able to eat if they cannot be caught. Pets must be leashed at all times.
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**SEABROOK SUMMER SAFETY:**

1. **Childproof the lake habitation.** Before you leave, make sure all electricity, water, and drain valves are turned off to prevent flooding.
2. **Be aware of wildlife:** Be aware of the wildlife in your area. Keep pets on a leash to prevent them from getting too close to the wildlife. Animals must be fed by the Lake House staff.
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**COMPLETION OF 526 TALK CONTINUE**

**Charleston County Leaders were in the State House on April 5 to discuss the completion of 526. They made a presentation to the South Carolina House of Representatives Committee to explain how they plan to pay for the project, which is expected to cost $550 million. The State House leader of the South Carolina House of Representatives, Rep. Ray Furman, explained how the project will be funded. He stated that the project is expected to be completed by the end of the year.**

**How are you staying sun safe this summer?**

**EBSOLAR ESSENTIALS Broad SPF 30 Body Sunscreen.**

Water-resistant for up to 40 minutes, this broad-spectrum, non-sticky sunscreen defends against harmful UVA and UVB rays and helps maintain its natural moisture barrier.
In the Company of Animals: Pets of Charleston
April 8 - December 31, 2019

The Gibbes Museum of Art invites you to see an intimate collection of American art that commemorates the story of Charleston, with works by local artists. Come on June 10th to celebrate this exhibition with an opening reception at The Gibbes Museum of Art.

Lying in Wait: Sporting Art by Glynn K. Pleissner
Now through May 12, 2019

Glynn Pleissner was a master of the watercolor medium. His paintings are luminous and expressive, and his work joins the tradition of artists such as John Singer Sargent, which speaks to his gift for capturing fleeting moments of time on a subject as vivid and fast-paced as sporting art.

INDOOR PICKLEBALL

Join us on the world's fastest-growing sport! Beginners are welcome and a partner is not required. For questions or more information, visit our Facebook page at www.inhouseleisure.com/pickleball. If interested, please contact Ilse Calcagno at 843-768-0317.

SLAND NOTICES

Gullah CELEBRATION

Ann Caldwell and the Magnolia Singers and Deninuty
African Dance & Drum Production

Saturday, May 4th
3:00-5:30 PM, Freshfields Village, Kiawah Island

Admission: $20 in advance / $25 at the door
Silent Auction, Gullah Cuisine, Sweetgrass Baskets, Wine/Beer, Jewelry, Art and more.

Seabrook Island Running Group

Curling all runners!

There is a running group forming on Seabrook Island for all levels and distances. Runners of all levels are welcome. Please join us at Seabrook Island Running Group Facebook page. For questions, please call or text Irwin at 843-298-8150.

Beavers Bridge

Vermont Hills


Speaker: Dr. Robert K. Kohn, Senior Scholar, Center for the Study of Democacy and International Affairs

The Gibbes Museum of Art presents a musical tribute to America’s Heroes

SUNDAY, MAY 19, 2019
SEABROOK ISLAND HOUSE • 7:30 PM
TICKETS COMPLIMENTARY • AVAILABLE 5/3

A musical tribute to America’s heroes, performed by the Gibbes Museum of Art’s orchestra, directed by Dr. Robert K. Kohn, will be served as an exceptional musical event.

BEHIND THE LINES: A MUSICAL TRIBUTE TO AMERICA’S HEROES

Sunday, May 19, 2019
Seabrook Island House

Dr. Robert Kohn and his orchestra will perform a selection of patriotic songs. The program will feature works of classical symphonic music with emotional words from the fighting men and women from the Revolution, Civil War, WW I, WW II, Korea, Vietnam, Desert Storm, Iraq, and Afghanistan.

Beat the music. Feel the music.
FEATURED LISTINGS

2450 Cat Tail Pond
$1,599,000

1211 N. Jenkins Lagoon Drive
$1,250,000

3001 Hidden Oak Drive
$759,000

1942 Marsh Oak Lane
$699,000

2127 Loblolly Lane
$649,000

3272 Seabrook Island Road
$639,000

509 Cobby Creek Lane
$399,000

714 Spinnaker Beachhouse
$384,900

1203 Creek Watch
$379,000

DISCOVERSEABROOK.COM 843.768.2560