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Summer Art Show - page 15

ISLAND NOTICES

Island Notices page 14-15

CAN WE MINIMIZE OUR PLASTICS FOOTPRINT?

The members of the Seabrook Island Town Council take turns writing articles for the Seabrookfor about issues, events and projects taking place within the Town’s municipal limits under the Town’s jurisdiction. My turn last came up this past February, and for that issue I discussed the Council’s decision to consider a ban on certain plastics.

Now five months later, I can report on where that consideration has led to date. It’s also an opportunity for Seabrook Island’s residents to contemplate where they might want to take the issue in the future, both individually and as a community. In other words, are we interested in reducing our “plastics footprint”?

The new Seabrook Island ordinance as drafted and, as this goes to print, scheduled for first reading at the June 26, 2019, Town Council meeting, would ban businesses and special events from selling or distributing single-use plastic bags for take-away purchases or distributing samples, gifts, or prizes within the municipal limits of the Town.

The ordinance would also ban the retail sale and distribution of plastic straws, and polyethylene coolers, suten, cups, and food containers. The full text of the draft ordinance is available for review on the Town’s website (townofseabrookisland.org).

The next steps in the process include a public hearing and a second reading, tentatively scheduled for July 23, during which residents will have an opportunity to voice their views on the specific terms of the ordinance. (Of course, you don’t have to wait until then to let Council know your thoughts on the issue — there is a comment section on the Town’s new website.) If the ordinance is approved, the plastics ban is currently proposed to take effect on January 1, 2020.

By taking this action, the Town is joining more than a dozen of our neighboring coastal communities, including the Town of Kiawah Island, which have already enacted some version of a plastics ban. Plus the trend toward addressing plastics pollution goes beyond coastal communities, including the State of South Carolina. According to a 2016 study by Forbes, more than 250 cities in the US have at least banned single-use plastic grocery bags. New York State will soon join California and Hawaii in statewide bans. And globally, there are bans being implemented along with stronger laws to curb plastics litter, stricter recycling requirements, and moves toward plastics incineration to generate energy.

To keep things in balance, there are thousands of plastic products that have dramatically improved our quality of life. Durable, high impact plastics, for example, in our cars have lightened the load and helped improve fuel efficiencies. And certainly, there are scientists who argue that generating many plastic products leaves a smaller carbon footprint than producing many of the recommended alternatives that are more readily recyclable and/or compostable.

And with no escaping the long-term and worldwide impact certain plastics, particularly those intended for single or very limited use, have on the environment. They are a major source of litter, contributing enormous mass to our landfills, polluting our waterways and oceans, killing wildlife, and impacting human health.

So that comes back to the question of how much do we want to do to purge harmful and nuisance plastics and contribute to a cleaner environment?
CAP’N SAM EDISTO

Dr. Russell’s life and work are celebrated in this issue of The Seabrooker. In the 20th Century, the nation’s capital was Washington, D.C., but the medical community was a smaller, more collegial place. Dr. Russell was one of the last of the Johns Hopkins graduates to practice medicine.

Dr. Russell was born on November 4, 1940, in Galesburg, Illinois, to Henry Russell, a Presbyterian pastor, and Almeda (née Logan) P. Smith, USAF, of Creech Air Force Base, North Carolina. Dr. Russell graduated from high school in Galesburg before completing a bachelor’s degree in the early ‘60s.

Dr. Russell completed medical school at the University of Washington, where he served as chief of the Cardiology Service at Harborview Medical Center. He then completed a fellowship in cardiology at the University of California, San Francisco, and subsequently served as chief of cardiology at Kaiser Permanente. He was later named chief of surgery and chief of staff at the Kaiser Permanente Medical Center in Charlotte, North Carolina.

Dr. Russell was a dedicated and caring physician who was deeply admired by his patients and colleagues. He was known for his compassion and his ability to connect with patients on a personal level.

Dr. Russell is survived by his wife, Linda; his daughter, Julie Smith; his son, John; his daughter-in-law, Leigh Russell; and his granddaughter, Morgan Russell. He is predeceased by his mother, Helen, his father, John, and his sister, Louise.

Dr. Russell’s life and legacy will be remembered with fondness and respect. He will be deeply missed by all who knew him.

Sister, JoAnn

MOURNING ANNOUNCEMENTS

DEATH NOTICES

Henry Edwin Russell, M.D.

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Sister, JoAnn
JULY 2019 PAGE 5

Is the Bull Market REALLY 10 Years Old – and Should You Care?
You have probably heard that the one
most recent Bull Market is for August
one, 2009, and that advisors are in favor of
buying in a new Bull Market, if there is
one. But is it really a bull market or will
the market, stock prices, and earnings
improve?

There is a commonly held belief that
for determining Bull and Bear Markets,
which is important for determining
whether your portfolio would have
quickly returned to new high levels, so
decline was -20.1%. Not much past the
quarter of 2018, when the closing price
The second instance was in the fourth
intraday high/low was -21.6% which is
price high to low was -19.4%, but the
intraday S&P 500 prices. Between April
In fact, there have been two instances
issue.

pricing is very precise, so that is not the
other direction and suggest intraday
S&P 500 closes 20.0% or more below the
Bear Market closing low. In like fashion,
20.0% or more above the most recent
years. My primary question is: Why
I will concede it has been presented as
tried googling that with no success, but
Who set 20% as the magic mark? I
40% move, the 20% mark is meaningless
in the same direction toward a 30% to
S&P 500 is edging down for both 2019
earnings, earnings growth and valua-
fundamentals of the market, namely
based on confidence in the underlying
line question, the absence of meaningful
+22% to attain new highs. I am a believer
other three require rallies of +15% to
high on June 20, none of the other in-
markets are hanging in there. What seems
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markets are hanging in there. What seems
2018. Even as the S&P 500 hit a new
close for the year on June 20, some of the other
low points for recent new lows, MDMs are
within striking range, but the other three require rallies of +20% to +25% to attain new lows. I am a believer
in the longer term benefits of investment
and 4.25% in the shorter term.

Getting back to answering my health-
line question, the absence of meaningful
Bear Market declines diminishes the
Bear Market is in full swing, but I will say
it does not inspire confidence that earn-
rect, then GDP growth will likely abate
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and 4.25% in the shorter term.
Welcome Back Ralph Secoy!

It's a pleasure to welcome back Ralph Secoy and his photos of Seabrook Island to The Seabrooker. Still dealing with health issues, but anxious to give it the old “college try”. These are from the Seabrook Gardens plots.

When it comes to sparkling wine, most people are familiar with Champagne, Prosecco and Cava. In recent years there has been a surge in the style called “petillant naturel” or “pét-nat” for short. While you may think of this as a technique only practiced in France’s Champagne region, it’s actually a much older method of producing sparkling wine.

The process to create it is called “natural fermentation.” After the grapes have been pressed and the juice is fermented in the bottle, there is no way to make any corrections. The wine is bottled with some of the yeast and some sugar still present to start a secondary fermentation. This leaves the wine in a state of “live” fermentation and develops a layer of carbonation over time.

This method allows the wine to have a more rustic and raw expression, with a more dynamic and complex flavor profile. It’s a great option for those who enjoy wine with a bit more character and complexity.

— Michael Morris, Vintage Wine
**Seabrook Island**

**BIRDING HOTSPOTS ON SEABROOK ISLAND**

Serendipity, Seabrook Island is a birding hotspot. Whether you are visiting for a week or a full time resident, you are going to enjoy seeing an incredible number of bird species. Seabrook is located in a small inlet that is part of the Intracoastal Waterway (ICW). It is home to an incredible number of bird species. Seabrook Island Birds, is a local birding group that will help you find these incredible birds.

**Palmetto Lake Walking Trail**

This is a 1/4 mile paved path on the walking trail that is close to the beach. It is a great place to watch for shorebirds, herons, egrets and ibises along with the other species of birds that can be found on the island. This is a great place to see a variety of birds including herons, egrets, and ibises.

**Emery MacPherson**

**New MacPherson Team**

**New MacPherson Team**

**NEW**

**3250 Privateer Creek Road**

**SOLD**

**4369 Seabrook Island Road**

**SOLD**

**AKERS ELLIS Real Estate & Rentals**

**New AKERS ELLIS Team**

**NEW**

**1431 Pelican Watch**

**SOLD**

**711 Spinaker Beachhouse**

**SOLD**

**2837 Baywood**

**SOLD**

**3183 3rd Street, 2B**

**SOLD**

**888-069110**

**KARMELLA.COM**

**New KARMELLA Team**

**NEW**

**The MacPherson Team**

**NEW**

**Emery MacPherson**

**Nick MacPherson**

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**NEW**
THE Marine Corps Birthday Ball returns to the Islands November 11 Event at Kiawah’s Sandcastle to Celebrate the Corps 244th Anniversary

THE marine corps birthday ball returns to the islands November 11 event at kiawah’s Sandcastle to celebrate the corps 244th anniversary

MARINE CORPS BIRTHDAY BALL RETURNS TO THE ISLANDS

November 11 event at kiawah’s Sandcastle to celebrate the corps 244th anniversary

HEALTHY AGING

Jerry Reeves, MD

The very notion of the word Alzheimer's Disease fills us all with dread and fear. It is easy to see why. This disease is one of the leading causes of death, with over 6 million Americans currently living with Alzheimer's. As we age, the risk of developing Alzheimer's increases, making it an ever-present concern for many. The need for research and funding to find a cure or effective treatments is critical.

There is no silver bullet or proven strategy for preventing or delaying Alzheimer's Disease. However, there are steps that individuals can take to reduce their risk. One of the most important steps is maintaining a healthy lifestyle. This includes eating a balanced diet, engaging in regular physical activity, maintaining a healthy weight, and managing stress.

There are also medications that can help manage symptoms for those who are already diagnosed with Alzheimer's. These medications may not prevent the disease, but they can help improve quality of life and delay the onset of symptoms.

It is important to note that everyone is different, and what works for one person may not work for another. It is crucial to speak with a healthcare provider to develop a personalized plan that suits your specific needs.

Remember, every small step we take towards a healthy lifestyle can help prevent or delay Alzheimer's Disease. Let's work together to raise awareness, support research, and provide hope for those affected by this devastating disease.

TOWN HALL MEETING

May 28, 2019

Mike Finke, Jr., Mayor of the Town of Seabrook, presided over a town hall meeting on May 28, 2019.

NEW LEGISLATION

The proposed legislation was introduced by town councilman Crane and approved by the council.

This legislation aims to address several issues, including:

1. Enforcing stricter penalties for violations of shorebird and marine mammal laws.
2. Establishing a new department to manage fishing and boating activities.
3. Implementing a new permit system for commercial fishing.

The new legislation will go into effect on June 1, 2019, and will be enforced by the new department.

To read the full text of the proposed legislation, visit the Town of Seabrook’s website.

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www.IslandTransportation.com
Stormwater Drainage Study Contract

SIPOA and the Seabrook Island Club agreed to announce that they have executed the contract for the storm water drainage study agreed as part of the Stormwater Master Plan. The contract has been awarded to Bozarth & Associates, Inc. The contract has been awarded to Bozarth & Associates, Inc.

The budget is $300,000. The study will include a complete stream water system design for the island, regardless of ownership, to evaluate the feasibility of developing stormwater systems to properly control flooding. The conditions under which the study is to be performed may be subject to change due to existing stormwater systems on the island.

Executive Director's Corner

Executive Director's Corner

SIPOA News

July 2019

The SIPOA Lake House is a popular gathering place in late April and late May as a few families return from winter quarters and the few who are still in the area begin to prepare for the busy season. The Lake House sits on the edge of the South Channel and is surrounded by the harbor, marsh and trails that lead to the beach. It is a place where people can come together to enjoy the beauty of the island and its natural resources.

SIPOA News

July 2019

The Tri K Lake Triathlon will be held on Friday, July 26th at 7:00 AM. This is a great opportunity for anyone who is interested in participating in a fun and challenging event. The race is open to everyone and is designed to provide participants with an enjoyable and memorable experience.

The Lake House

July 2019

The Lake House will be open on Fridays through Sundays until Labor Day weekend. The lake house is open to all guests free of charge.

July 4th Holiday Weekend Traffic

July 4th Holiday Weekend Traffic

Sunday, July 1st: 2nd Annual KIDS SEABROOK MEETING

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On Saturday evening, the Board will be in the Lake House directly following dinner for one last round of 2019 meetings.

July 4th Holiday Weekend Traffic

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July 5th: SWIM, BIKE, RUN.

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July 2019

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How are you staying sun safe this summer?

Water-resistant for up to 40 minutes, this non-greasy, non-sticky sunscreen defends against harmful UVA and UVB rays as it conditions skin and helps prevent premature aging of your skin.

Each Wednesday now thru August 21, guests are invited to enjoy our Music on the Green series, held Friday • 6:00 pm – 9:00 pm.

CARS & COFFEE
July 19, 2019 • 6:00 am – 8:00 am
Join us at the Village Green on Kiawah Island for the Kiawah Island Car Show. This event is held on Kiawah Island the second Saturday of every month.

CARTER’S CAFE & CONVIENIENCE STORE
Carnivores and herbivores alike will be happy with our new food trucks on the island. Bubba Gump Shrimp Co. and Seabiscuit Cafe will be serving up some amazing seafood and classic Southern dishes.

SEABROOK ISLAND GARDEN CLUB
Plan your trip to the beautiful gardens at the Beach House on Kiawah Island for a relaxing and relaxing evening on the island.

SEABROOK ISLAND PLAYS THE BEATLES
This show is one of the biggest shows of the year for the artists featured and perfect event for the island!

JULY 4TH CELEBRATION.
Forte Jazz Lounge, a strictly jazz music venue, is set to open this month at 477 King Street. The lounge will host live jazz shows every Thursday, Friday and Saturday night, which can be enjoyed with dinner, a romantic personalized candlelight setting, premium cocktails or VIP area.

How to enter the contest:
Print your name and phone number on a piece of paper and mail it to The Most Patriotic Mailbox Contest, 477 King Street, Seabrook Island, SC 29455. Entries will be accepted through August 3, 2019. The winner will be announced on August 9, 2019.

SEABROOK ISLAND PARKS
For more information on all future events, please visit www.seabrookislandparks.com.

As the days get longer, we will schedule more group runs, and socials, please join our SI Running Group Facebook page. For questions, contact Denise Doyon at denise.doyon@ymail.com.

For more information or questions, please contact Mary Torello at mary.torello@yahjoo.com.

The deadline is June 29th.

We will meet in front of the Lake House.

If you are interested in joining the Lake House Bridge Meet, please contact Ilse Calcagno at 843-768-0317.

FOR THE MOST PATRIOTIC MAILBOX CONTEST
The deadline is June 29th.

The Most Patriotic mailbox will be judged on July 1st and will receive a Blue Ribbon Award.

To enter the contest, you must decorate your mailbox with patriotic decorations and show your pride in being a Seabrook Islander.

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SEABROOK ISLAND PARKS
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FEATURED LISTINGS

2806 Old Drake Drive
Lake View - 4BR/3.5BA
$979,000

2430 Seabrook Island Road
Marsh/River View, Dock - 3BR/3BA
$959,000

2817 Cap’n Sam’s Road
Golf View - 3BR/2F & 2H BA
$850,000

2940 Atrium Villa
Ocean & Golf View - 2BR/2BA
$615,000

2750 Gnarled Pine
Wooded View - 3BR/3BA
$495,000

4056 Bridle Trail Drive
Near Lake House - 3BR/2.5BA
$468,000

941 Sealoft Villa
Golf & Lagoon View - 2BR/2BA
$415,000

546 Tarpon Pond Cottage
Golf View - 4BR/3BA
$410,000

714 Spinnaker Beachhouse
Golf & Lagoon View - 2BR/2BA
$384,900

DISCOVERSEABROOK.COM 843.768.2560