

THE Seabrooker

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Thanks to Our Dedicated Team!



FROM TOWN HALL

Patricia Fox

After Town Hall was closed to the public March 18 due to the COVID-19 pandemic, our four full-time employees started working from home. Since that time, they have been performing their normal functions but the way they are providing those services is certainly different. This article is a tribute to their ability to adjust to this unconventional working situation and their willingness to go above and beyond to ensure that the Town is able to continue providing the same level and quality of services to our residents. So let me introduce them to you, starting with our most recent employee and ending with the person who has worked for the Town for nearly 25 years.



Nichole Nettles started work on March 16, 2020. Having spent only a week in the office with everyone, Nichole is

not really sure what her typical day will be like but she anticipates that it will include answering the phone, greeting visitors to Town Hall, helping Lynda with business licenses and permits with a focus on rental licenses.

Working from home has been a bit of a challenge for Nichole. Although she likes wearing "around the house" clothes, she misses seeing people and it is difficult to learn a new job working by herself. She really appreciates everyone's patience when they call, as it can take her quite some time to find the answers to their question in this very unique situation.

Born and raised in Walterboro, Nichole is a graduate of Wofford College in Spartanburg, SC. After graduation, she lived in Charlotte, NC, for three years before deciding to move back home to the Lowcountry and live on Johns Island. She was first introduced to Seabrook Island way back in 1998 when she started as Administrative Assistant to the General Manager of Great Beach Vacations.

In normal times, Nichole loves to cook using cookbooks from many different cuisines and cultures. During the last few weeks, she has occupied her time with learning to give herself a proper manicure, reading, talking to friends, and working on her "Doctor Who" quilt.

Nichole would like everyone on Seabrook to know that she is very excited to be working for the Town. "I am looking forward to when things return more to normal and I can be back in the office with everyone."



Joe Cronin has been our Town Administrator since 2017. According to Joe, there is no such thing as a typical work

day. He likes to say, "When you have a job like this, you never know what's going to land on your desk next." The types of things he does on a daily basis may include: reviewing building plans and issuing zoning permits; meeting with residents, property owners, prospective buyers, agents and developers; managing contracts (landscaping, beach patrol, IT services, etc.); procuring goods and services; managing capital projects; supervising the Town's full and part-time staff; serving as the operations official under the Town's Comprehensive Emergency Plan; managing the Town's website and social media pages; assisting council with development and implementation of ordinances and other policies; and providing staff support to the mayor, council,

and various boards and commissions of the Town.

A lot of what Joe does on a daily basis typically involves face-to-face interactions. With Town Hall closed, he is now having to adjust to doing everything by phone and email. He spends a lot of time (including nights and weekends) participating in countywide conference calls, reviewing the Governor's executive orders and ensuring the public stays informed with the Town's public information statements. Recent decisions by council to limit short-term rentals have required new approaches to code enforcement and better coordination with SIPOA and the community. In reality, he has been at Town Hall for at least a couple of hours each day, so his workday is really more of a mixture of home and office.

For Joe, the plus side of working from home is that he can wear gym shorts and a t-shirt. On the negative side, his dog now wants 100% of his attention 100% of the time and he feels like he has gained 15 pounds since March. His last name may be Irish, but he has Italian heritage on both sides of his family. Like any good Italian, he loves to cook. With all of his favorite restaurants closed, he's been doing a lot cooking.

Continued pg. 3

Exchange Club of Kiawah-Seabrook launches the Johns and Wadmalaw Islands Hunger Project



Many residents of Johns and Wadmalaw Island have a hard time getting enough good food to stay active and healthy in the best of times, and with the advent of the Coronavirus, that challenge has become insurmountable to some. Before the pandemic, nearly 10 percent of the residents of Johns Island and 28 percent of residents of Wadmalaw Island were below the poverty line. With the shutdown of the community, these citizens have been hit hardest, their jobs are either gone so there is no income outside of federal aid and unemployment, or they are on the front lines of the pandemic, serving and supporting the community by working in jobs that have a fairly high risk of exposure. Many of these families live with the stress of "food insecurity", they are not sure that they will be able to feed their family next week, tomorrow, or even today. In many cases the only opportunity for regular meals for kids on the islands is through the school system, which is closed, and while the school district is making

an effort to continue to provide those meals, hunger is a very real concern in our community.

Beyond these structural hardships, stay-at-home directives to volunteers and even the availability of donated food from grocery stores and other sources has made a bad situation even worse. Some of the organizations that have provided a hunger 'safety net' for the community have had their fundraising events canceled so they are also running short on funding. The bottom line is that extra funding is crucial to helping fight this battle, right now.

The Exchange Club of Kiawah-Seabrook provides support to the organizations on the front line of the ongoing war against hunger, having made contributions to twelve different organizations that provide food to the island residents over the past two years, but more needs to be done.

In response to the crisis and the need, the Club has taken several immediate steps. The Exchange Club of Kiawah-Seabrook Foundation is dedicat-

ing their funds to the Hunger Project. The club is also reaching out beyond its membership to solicit both funds and volunteers to help make sure that the residents of Johns and Wadmalaw island don't go hungry in this critical time of need. The fundraising goal for the Hunger Project is to raise \$50,000 in the next 30 days to help feed island residents. Bob Leggett, Chairman of the Club Foundation is determined to support as many organizations as possible. "This is a true crisis in our community and it's our responsibility as good neighbors to do whatever we can to help."

Contributions can be made to the Exchange Club Foundation by check or through PayPal at the Exchange Club website (<https://www.ks-exchangeclub.com/club-grants/>). Checks can be mailed to 130 Gardeners Circle PMB - J, Johns Island, SC 29455. Please include the phrase "Hunger Project" on the face of your check.

Beyond cash contributions, the ef-

fort needs volunteers. Anyone that wishes to contribute time to the effort to help feed our community can register by contacting the Club's Hunger and Mentoring Committee Chairman, John Carpenter at jcarpenter1313@gmail.com.

"The Exchange Club of Kiawah-Seabrook has been helping to meet the food needs of Johns and Wadmalaw Island for the past decade, but we've never seen a need greater than there is right now," said Ron Schildge, president of the Exchange Club. "We are turning our focus to aiding hunger-related organizations with urgent needs as we work to help our neighbors during these trying times. We will do everything we can to help island residents get through this, healthy and safe."

Please consider a generous donation to The Exchange Club of Kiawah-Seabrook Foundation to help us in this battle. Thank you! ▲

Bob Leggett, Thad Peterson and John Carpenter

THE Seabrooker

Please send correspondence to: TheSeabrooker@yahoo.com
"Communication is the beginning of understanding." The Seabrooker will report regularly on Island happenings, as well as newsworthy events that affect property owners and residents.

Editor: Michael Morris
Publisher: Bernstein Lash Marketing
Advertising & Layout: Teri B. Lash
THIS MONTH'S SEABROOKER VOLUNTEERS
ARTICLE & PHOTO CREDITS
John Carpenter, Emily Horn, Ronnie Musselwhite, Thad Peterson, Skip Crane, Bob Leggett, Reagan Passantino, Jerry Reves, MD, Gary Fansler, Kathleen McCormack, Steve Penkhus, MD, Vera Jean Ruff, Patricia Fox



CAP'N SAM EDISTO

TO: Dr. Bob Veto, Head of School
Charleston Collegial School
COPY: The Seabrooker
This is a response to the "Kids on Seabrook" article on climate change in the April 2020 edition of The Seabrooker. Whereas there are wide ranges of projections and forecasts as to how climate change might develop in the future, our observations about the past and the present are best anchored in data.

As a climatologist I am very familiar with NOAA data and other weather data that are specific to Seabrook, the City of Charleston (CC) and Charleston Harbor (CHB). In direct response to assertions about climate change made in the article, just know that we have the data, the analyses and the charts to support the following statements. In brief, and in no particular order:

- 1. CC's average temperature has risen at 0.9 F per hundred years for the last 150 years. That rate has not accelerated. The temperature rise is mainly related to the change in minimum temperature. CC's average minimum temperature is rising some four times faster than its average maximum temperature.
2. The intensity and frequency of North Atlantic hurricanes making US landfall have not increased in the last 125 years. The intensity and frequency of hurricanes impacting this stretch of the South Carolina coast have not increased in the last 125 years. The frequency of Irma-sized storm tides (or worse) impacting this stretch of the South Carolina coast has not increased in the last 150 years.
3. CC rainfall has not increased over the last 280 years.
4. The size and frequency of CC extreme precipitation events have not increased over the last 127 years.
5. Relative Sea Level Rise (SLR) in CHB has been steadily rising at 12" per century for at least the last 99 years. That rise has not accelerated. Only half of relative SLR in CHB is actual SLR. The other half is local land subsidence, most of it man-made.
6. Nuisance tidal flooding will continue to increase with SLR. However, Seabrook's threshold for nuisance tidal flooding is some 6-9 inches above CC's. Therefore Seabrook is currently experiencing the degree of nuisance flooding that CC was already experiencing some 50 plus years ago.

Climate change is not a simple subject. Developing an understanding of climate change involves learning about data, analysis tools and the Scientific Method. I would be happy to share this data, analyses and charts with Charleston Collegiate School as a learning experience. If nothing else, that sharing might assuage to some degree the "nerve racking" nature of climate change referred to in the student's article.

Ian Millar
1508 Lady Anna Lane
Seabrook Island

Dear Cap'n Sam,

Thanks to neighbors like you, the incredible sponsors and donors of the Sea Islands Hunger Awareness Foundation's (SIHAF) 2019 Gullah Celebration, we raised \$135,000 to support the 10 partners and 3 programs of the (SIHAF). It is with a sad heart that I have to let you know that the 2020 Gullah Celebration, the only fundraiser of SIHAF, has been postponed until fall because of the of the corona virus.

But that doesn't stop the HUNGER on Johns and Wadmalaw islands. So I/we must be vigilant and continue to raise funds to support all of the charities that feed the hungry on our Islands. Eight of the 11 members of SIHAF that help feed the estimated 4,000 low income families on Wadmalaw and Johns Islands are operating with modified distributions. All volunteers wear masks, gloves and practice social distancing.

There has been a significant increase in all the food pantries. For example, Hebron Zion Emergency Food Pantry had 74 new applicants in March and St. James Bethel Food Pantry increased from 120 to 180 in the month of March. A new food pantry has been established at Bethlehem St. James that is serving 200 families in need because of unemployment.

The beauty and strength of SIHAF is that it brings together organizations who feed the hungry on our sea islands for the common good. They have a tremendous responsibility and need the help of the entire community. Please consider a donation at this crucial time.

Checks can be made to SIHAF and mailed to P.O. Box 268, Johns Island, SC 29455 or visit our website at www.FightIslandHunger.org to make an online donation.

Please be safe and stay well!
Carmine DeGennaro

Dangers of Ebikes on Seabrook Pedestrian Pathways

You may have read in last month's Seabrooker about SIPOA approving Class 1 EBIKES for use on Seabrook Island roads and pedestrian pathways. Although this decision was likely made with the best intentions, it appears that this was passed with very little input from property owners and little attention to the safety issues concerning Seabrook Island pathways inside the Gate. The SIPOA minutes would indicate that very few people were involved in this decision and very few even knew about the passage of the SIPOA rule permitting this.

Now that it is out in the open, over 400 property owners have contacted me to express their safety concerns and would like to have the SIPOA Board totally restrict EBIKES from the SID island's pedestrian pathways (inside the Gate). Of the 400, about half do not want EBIKES at all on Seabrook. There are many circumstances about these pathways that need to be considered:

- they are very narrow, tortuous and have very limited visibility, multiple blind spots, right angle turns, T-intersections and steel pole dividers.
• they are unusually crowded especially in the in-seasons.
• they have a large number of seniors with limited mobility, wheel chairs and baby carriages, an unusual number of dogs (often 2-3 large



dogs on long leashes) because there are no dog parks and no fenced in yards.

There is a strong likelihood that a considerable number of our residents/guests will use EBIKES creating a very serious issue that was not adequately addressed. There is much literature showing that seniors have an unusually high accident rate and higher mortality rate with EBIKES, the result of the bikes excessive weight (about twice as heavy as regular bike) and higher speed (up to 20 mph). If a senior is involved in an EBIKE accident, it is usually the senior's fault and the senior is often the victim as well.

It does not take much imagination to think of the potential problems with seniors riding these EBIKES on the pathways inside the Gate when the reason they are most often using them is that they struggle riding a regular bike and the EBIKE is easier. Seniors' diminished strength, balance, coordination, response time and reflexes on these heavier, faster bikes make for an especially dangerous situation on Seabrook Island's already congested pedestrian paths. Many of the injuries seniors experience come from just mounting and dismounting EBIKES.

The EBIKE industry would like everyone to believe that EBIKES are as safe as a regular bike, but there is ample research that does not agree, especially in the senior population which is the majority of the Seabrook Island population. For all of these reasons there is absolutely no good argument for allowing EBIKES on our pedestrian paths. This is somewhat similar to why SIPOA does not allow motorcycles. Safety is the top priority in regards to EBIKES; not a convenience.

There needs to be serious concern about significant injuries to pedestrians, EBIKE riders, and pets if EBIKES continue to be allowed on these paths. Seabrook Island has over 20 miles of safe flat roads for EBIKES, so there is no need to add EBIKES to the less than 2 miles of pedestrian pathways.

Summer is almost here and we will have many more adults, children, pets, bikes and EBIKES on our paths and safety issues will increase. We need to make our pedestrian pathways safe and we need these safety measures NOW. Unless the SIPOA Board hears from concerned POA residents/members, this ruling will stand and you will see EBIKES on all of our paths.

I cannot emphasize that it is important that the SIPOA hear from each of you. It is your opportunity to make your opinion known to the SIPOA, as we did not have that opportunity last December when they passed this measure with minimal input from residents.

Please email your concerns to the SIPOA Board and to me: carmine.degennaro@comcast.net

CALL FOR ARTICLES



All Seabrooker readers are cordially invited to send submissions to this paper including articles, photographs, poems etc. If you would like to contribute, our e-mail address is theseabrooker@yahoo.com. You may also contact me with any questions about such at that same address.

Michael Morris, Editor

TOWN HALL - Cont'd from pg. 1

A native of Rochester, NY, Joe came to South Carolina for graduate school and received a Master of Public Administration from USC in 2005. Prior to moving to Johns Island and taking on the responsibilities of Town Administrator, Joe was the Assistant Town Manager and Planning Director in Fort Mill, SC.

Traveling, playing hockey, watching hockey and taking photographs are some of Joe's favorite pastimes. Since the first three are currently unavailable, he's been taking lots of photos. The Coronavirus put an end to his spring vacation plans to visit Switzerland and Germany. One of the places he was most looking forward to visiting was Neuschwanstein Castle in Bavaria. As a substitute, he bought a jigsaw puzzle of the castle and worked on it the week that he was supposed to be in Europe. According to Joe, "It wasn't quite as exciting as being there in person, but I'll take what I can get!"

What Joe likes most about Seabrook is that he can ride out to the beach and take a walk after a busy or stressful day. When asked what else he would like Seabrookers to know, he said "Faye, Lynda and Nichole have done an excellent job over the last few weeks, as have our code enforcement officers, Tom Strehle and Ed Rooney. We simply couldn't do the job without their knowledge, dedication and adaptability."

Lynda Stearns is our Business License and Permit Specialist. She works with contractors that are trying to obtain a permit for some type of construction project on Seabrook Island. Lynda says that her current working from home routine is pretty much the same as working from the office. She receives calls and emails from contractors and is as busy as if she were at the office. The only difference is that she seems to be eating a little more!

Prior to working for the Town, Lynda worked for the Seabrook Island Utility Commission. She took over the business license clerk position when Faye was promoted as Town Clerk and Treasurer. According to Lynda, "Faye has patiently taught me a lot over 21 years. She is the glue that holds everything together."

As a Charleston native, born and raised on James Island, Lynda and her family spent a lot of time at Folly Beach, Folly Pier and the Folly Beach amusement park where there were rides and games. She has fond memories of fishing, crabbing or shrimping with her dad on his boat in the creeks around the various islands around Charleston. Lynda and her husband Sheldon (aka Boe) live on Johns Island. She likes to spend free time cooking and gardening. She still enjoys crabbing and fishing but she admits she doesn't go nearly enough.

One of Lynda's proudest moments was being recognized for 20 years of service with the Town. Joe Cronin unexpectedly asked if she would come to the Council meeting in March 2019. She expected to discuss the business licenses and permits for the first quarter and had no idea that Joe planned to recognize her years of service. To quote

Lynda, "I was blown away!"

Faye Allbritton is our Town Clerk and Treasurer. She has a degree in Business Education from Georgia Southern University in Statesboro, GA. She began working part-time for

the Town in 1995 and by 1996, she was a full-time employee. As Treasurer, her duties include: writing checks for invoices approved by the Town Administrator; entering deposits into QuickBooks; making up deposits and delivering them to the bank; keeping paper copies of checks, bills, deposits, etc., for the accountant to do monthly financials; calling in payroll to ADP twice monthly; writing minutes for the Ways & Means, Town Council and Accommodation's Tax Advisory Committee meetings; drafting agendas for Town Council and Ways & Means; advertising the meetings according to the FOIA requirements. As Clerk of Court, her duties include: compiling the docket and supplying copies of each summons for the Judge; sending a monthly report to the State; sending money due the State by the 15th of the month following the court date and the Victim's Advocate fees to Charleston County; providing information to the auditor for the yearly audit as well various reports due to the State on a yearly basis.

Faye finds working from home has been rather tiresome. In the office she uses a big, ergonomic keyboard and adjusting to the small, flat keyboard on her laptop has been frustrating. On the other hand, she does like to walk around in her yard, feel the warm sunshine, see the leaves and flowers beginning to bloom. She still comes into the office a couple of times a week to print checks and have them signed by the Mayor. She said that coming to Town Hall is the highlight of her week because she can get so much more work done and it's great to see a few people.

Faye was born in Eastman, GA - a very small town near the middle of the state and the home of Stuckey's Candy Company. She lived in Savannah, GA, with her husband before coming to Charleston 1982 to open a transmission repair shop in North Charleston. They rented a house for several years before buying the house where she now lives in West Ashley.

One of the things Faye likes most about Seabrook Island is the people. Through the years, she has worked with various mayors, council and committee members. She remembers them as "just really nice people who want to help out even though there is no pay involved."

When asked about her proudest moments on the job, she said she has two. One was when Town moved into the current building and the other was last month when Nichole Nettles was hired. The workload at Town Hall has increased tremendously in recent years and according to Faye, "I can already tell that Nichole is going to be a tremendous help to us all."

In closing, I think you'll agree that Faye, Lynda, Joe and Nichole are a wonderful team and we are lucky to have them as part of our Town Hall family!



SMALL BUSINESSES

One of the significant themes that has been a focus of the reporting on Covid19 is the vital importance small businesses play in our economy. 48% of all US employees work for these businesses and over a third of these businesses have fewer than 20 employees. They also account for over half of new job creations. Small businesses are also an integral part of the community and of course, that includes Seabrook Island. If "it takes a village" and I believe it does, these men and women with their entrepreneurial spirit are a part of it.

With that in mind, the Seabrooker is introducing a new monthly column that will highlight these small businesses and their owners who serve us.

First out of the gate is Seawah Furniture / Design. Seawah opened this past March. Their store is located in the Island Center on Betsy Kerison to the left of Ace Hardware. The owners are Mark and Linda Henderson and TJ and Nikki Ford.

Here is their story.

Mark and Linda Henderson -

Mark and Linda Henderson have homes on both Seabrook Island and Lake Wylie and divide their time between the two. They have 2 children, 4 grandchildren and Gabby, Wheaton Terrier & faithful companion.

Mark has 45 years experience in the retail industry while Linda is retired from American Airlines. Together they own and operate Kasby's (a family name) by the Lake - a casual living indoor and outdoor furniture store in Charlotte. "And we give our thanks for a wonderful staff and our community for making that possible."

"Our dream was to bring to John's Island, Seabrook, and the Kiawah area the same quality furniture shopping experience that we've grown to know and love.

This took years in the making. Our dream did not come true until we found the right team. TJ and Nikki Ford, managing partners along with Jennifer Massey, our store manager who has over 15 years in the furniture and interior design industry, who collectively have made this happen.

Seawah Furniture and Design is



Mark and Linda Henderson



TJ and Nikki Ford

committed to giving back to the community! When first opened, they partnered with Backpack Buddies and donated 15% of all sales to this non-profit organization during the first 2 weeks of business. Mark and TJ are always looking for ways to give back to the community that has been so supportive of their new venture.

The Seawah showroom offers a wide variety of indoor and outdoor furniture as well as custom upholstery at realistic prices. With over 3000 Sunbrella fabric combinations, Seawah offers the largest collection of Sunbrella in the area. They offer complimentary in-home design consultations and can design any space - indoor or outdoor!

TJ and Nikki Ford -

TJ started Delivery Connector LLC in 2008 and he continues to operate this "white-glove" furniture warehouse and delivery company. The business aids retail stores and interior designers by partnering as their third-party receiving warehouse and in-home delivery source. It is a true white-glove operation from start to finish. "This is how I met my great friend and business partner, Mark Henderson, as my company continues to execute all of the receiving/delivery services for his Charlotte furniture store."

Mark and TJ both have a "shout out" for our readers - "Stop by, say hello. Meet our staff, design team, and our lovely dog Gabby. We look forward to meeting you!"

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DEATH NOTICES

Death notices include basic information about the deceased: the person's name, age, occupation, date of death and place of death information. Notifications can be sent to theseabrooker@yahoo.com

Seabrook Island Village Neighbors Helping Neighbors

“Three Little Words” – Seabrook Island Village “Expands its Services” During Pandemic

“Three Little Words”, sung by the late, great Ella Fitzgerald define those critical times of “staying at home” and “washing your hands” as well as the purpose of Seabrook Island Village or Neighbors Helping Neighbors during the Covid 19 pandemic.

Seabrook Island Village (SIV) employs many little three little word phrases including “increasing its services” to Seabrook residents by offering a temporary membership at no cost to non-members during the current crisis. These services are provided by SIV volunteers comprised of an army of Seabrook neighbors who are part of the regular task force as well as others who have volunteered to help during this emergency providing services to its participating members. The services are limited to picking up groceries and medications, but they can be very useful for those unable to do so. To access these services call SIV at 843 580 2088, or use the website www.SeabrookIslandVillage.org, or email at SVillageMail@gmail.com.

What is Seabrook Island Village? The program initiated by Seabrookers Barbara Burges and Sally Kimball became active on January 1, 2020 following two years of research and planning. SIV is modeled after Beacon Hill Village, developed in the Boston area in the early 2000's. It is a 501(c)(3) non-profit organization designed to help people “age in place” by providing them with the services they need to age in place. Members can live at home as long as it is safe while utilizing services such as transportation for medical visits and other accommodations, grocery pick-ups, companionship visits, reassuring telephone calls basic home chores and lending a helping hand as needed. Seabrook is now part of over 375 villages across the country.

Seabrook Island Village is available to participating members. Members access services by simply using the SIV website or making a phone call. A volunteer is matched with the request according to skills, interest and availability and arranges for a time to complete the service. The checklist for services is extensive.

During the current pandemic primarily personal one on one services have been eliminated but will be “up and running” once the crisis has passed. Then it will be “back to normal” helping change air filters, dishwasher filters, refrigerator/water filters, clean dryer vents, take care of trash/recycling cans, move/carry heavy objects, water plants clean ceiling fans, help with closet organization, organize pantries, manage holiday decorations, do simple auto maintenance (fluids, tire pressure) and offer technology support for phones, computers, TV's, gas log remotes, to name a few.

An extra benefit of participation in SIV, is the relationships developed by “neighbors helping neighbors” as volunteers and members expand their acquaintances within Seabrook Island by “making new friends”.

During the Covid crisis, many members we as non-members are appreciating the volunteer grocery and prescription pick-up services. BC (before Covid) the range of services praised by our members reflected the diversity of needs met as well as the quality of the volunteer services they received and will continue when life “returns to normal”.

Lee Hurd, an early SIV member, utilized a unique transportation opportunity when one volunteer drove her to have her car repaired and took her home. A second volunteer picked her up and returned her to the car

facility to pick up her car. The second volunteer was a friend whom she hadn't seen in quite a while, and it gave them an opportunity to “catch up”.

“I don't know what I would do without them. Their service is impressive”, exclaimed Barbara Kinard, another early member, who particularly appreciates having her heavy trash and recycling cans taken care of.

A charming and patient volunteer assembled two rocking chairs for Agnes Murphy. She had attempted to do it herself, but he patiently corrected her mistakes.

Some assembly required brought a volunteer to the rescue as Janet Pasquale discovered when her volunteer impressed her with his careful attention to written instructions as he assembled a stationary bicycle for her. Her volunteers have also changed a refrigerator filter, and carried Christmas decorations to the attic. She also receives reassuring phone calls and is especially happy to have groceries picked up during this stressful period. Janet is so impressed with her SIV services she has already enlisted another couple to join.

I have found a wonderful resource in SIV that enables me to live in my house after the recent passing of my husband. I've had light bulbs changed, smoke detector batteries replaced, draperies hung, and furniture assembled, to say nothing of a “screaming toilet” silenced.

The considerable support offered by SIV provides members the promise of being able to age in place with the assurance there is hope for their futures on Seabrook Island in good times as well as challenging ones.

We will survive.▲
Vera Jean Ruff

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HEALTHY AGING

Jerry Reves, MD

The Trauma of COVID-19 and Coping with it

As your writer composes this column and as the figure shows, the United States is continuing to experience exponential increases in confirmed cases of COVID-19, also known as the novel coronavirus. That this virus is spreading throughout the country is causing great concern, and, despite the large number of people infected with the virus, there are many, many more Americans who are not sick with the disease, but who are being traumatized by it. Numbering among them might be you, the reader of this column, your writer composes this column and as the figure shows, the United States is continuing to experience exponential increases in confirmed cases of COVID-19, also known as the novel coronavirus. That this virus is spreading throughout the country is causing great concern, and, despite the large number of people infected with the virus, there are many, many more Americans who are not sick with the disease, but who are being traumatized by it. Numbering among them might be you, the reader of this column.

fact that our government has the authority/responsibility to enact social distancing policies is unsettling. Isolation may be considered cruel and unusual punishment – akin to putting prisoners into solitary confinement. This totally foreign approach to normal life is more than strange. We have never endured it before.

4. **Financial insecurity** comes with loss of jobs and with the drastic drop in the stock market upon which most retirees depend. The recession that we now find ourselves in only a couple of months after record unemployment and stock market highs is destabilizing.

5. **Vulnerable susceptibility** to the infection for us and our friends and many relatives poses an enormous threat even though the case mortality for the infected is only around 1%. It is the older and chronically ill people who are more susceptible to this disease.

6. **Dependence on technology** has been an ever increasing factor in our lives. Now the dependence on

some reason in our lives. In fact, the federal government established the Substance Abuse and Mental Health Services Administration (SAMHSA) which has become quite active in this stressful time. Go to <https://store.samhsa.gov/product/Taking-Care-of-Your-Behavioral-Health-During-an-Infectious-Disease-Outbreak/sma14-4894> for information on how to preserve emotional health. There are 10 personal strategies you might try in this stressful time (see Table 1.)

1. Plan self-protection
2. Establish social networks
3. Devise new enjoyable, healthy diversions
4. Support others in need
5. Stay informed with trusted facts
6. Ignore rumors
7. Relax outdoors
8. Avoid excessive TV and social media
9. Stay on all medicines and do not drink excessively or take unnecessary medications
10. Consult a Physician (if you have questions)

Above from: *Strategies for Coping with Stress*

1. **Self-protection** planning gives you some sense of control over this situation. Learn and obey all the rules we have been given regarding self-protection. These include sheltering at home, frequent hand washing, disinfecting materials touched by others, wearing a mask and gloves when in an unavoidable

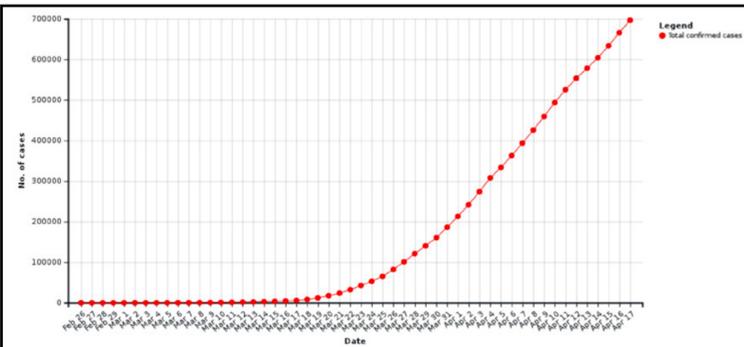


Figure 1 Total Number of Confirmed New Cases in U.S. as of April 9. Note the current infection tested positive is 0.14% of the total U.S. Population. Thus, it is still fairly uncommon, but increasing. Chances still low for most Americans of getting the disease. / Source: https://en.wikipedia.org/wiki/2020_coronavirus_pandemic_in_the_United_States#Number_of_non-reported_cases_by_date

Why is a disease affecting others traumatizing those of us without it? The simple answer to this question is because COVID-19 is stressing us out. Why are those of us still healthy so stressed? The answers to this are not quite so simple. However, any event that we cannot control and that we fear is likely to cause emotional distress. Couple this well-known fact with the additional fact that it is has been over 100 years since the last major pandemic and we have the perfect setting for fear of the many unknowns posed by this disease. This in turn creates uncertainty and anxiety. Humans do not deal well with the unfamiliar, especially if it is threatening our health and welfare. COVID-19 is doing both.

What are the key stress factors in the pandemic?

There are a very large number of factors in this pandemic that serve as stressors. As a semi-retired 76 year old with some history of chronic diseases, your writer is in the more vulnerable group. This certainly influences my list of 10 stress factors that will be elaborated.

1. **Fear and uncertainty** are related factors that produce the stress. It is known that if one becomes infected the hospitalization and mortality go up considerably with age and accompanying chronic diseases like lung, heart, kidney, and impaired immunity.
2. **Lack of control and loss of routines** are factors that have become evident with the pandemic. Certainly what we can do now is vastly different than three months ago and we have no control over many of the factors like being able to go to most stores or church in person. We cannot even be sure there is enough toilet paper.
3. **Social distancing and quarantine** are life-altering ways of living. The

social setting, and staying six feet away from others.

2. **Social networking** is very important. Stay in touch with family and friends frequently by all means safe and possible. Usually this is by phone or some electronic medium. Talk about things that are important to you and them.
3. **New diversions** or even old ones that have been in disuse like reading books or doing all those long put-off home improvements like landscape or simple fix-it jobs are possibilities. Doing this gives you new purpose and new accomplishments that put the pandemic in its place.
4. **Support others** is always an effective strategy to remove the preoccupation with one's own worries. It has been healthy and refreshing to see so many people expressing support for the frontline medical people dealing up close and personally with the virus.
5. **Get the facts** and do not be obsessed with them. Rely only on trusted sources. It is useful to know if there is community spread in your community. Make the knowledge your power not your fear.
6. **Ignore rumors** that are in abundance. Rumors and unsubstantiated information cannot help allay fear and anxiety: they only intensify them.
7. **Relax outdoors** is proven to reduce stress. Nature is a calming balm. Other techniques can be added such as prayer, deep breathing, yoga, etc.
8. **Avoid TV and social media** which tend to be alarmist. It only spends too much time watching even credible news sources the perception might be gained that the COVID-19 pandemic is going to annihilate the world when in fact very few of the

Common Responses to Stress

Everyone will have a unique response to stress. However, there are many common psychological and physiological responses to stress that are worth listing. These are worry, concern for others, worsening chronic health issues, changes in sleep and dietary patterns, difficulty concentrating, new aches, short-temper, anger, denial, resentment, guilt, loneliness, boredom, post-traumatic stress disorder (PTSD) symptoms including intrusive distressing memories, flashbacks, nightmares, changes in thoughts and mood, and being easily startled.

Coping with the Stress
Dealing or coping with stress is not new. All of us have had to do it for

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world's population will get it and even less than that will die from it. It is important to keep a reasonable perspective: this disease is bad, but it will end and most of us will not contract it.

9. **Take medications as prescribed** and do not self-medicate with excess alcohol or other drugs to ease the pain and stress.
10. **Consult with a physician** if you believe you may have the disease, a new one, a recurrent one, or find

the stress is overwhelming you.

The Bottom Line
We are living in an unprecedented time. Because everything is not as it used to be, life as we have known it has been totally disrupted. This fact is scary. However, after acknowledging the reasons for the stress and our response to it, we can devise effective ways of managing it and when the pandemic is over we will not only have survived, but prevailed and been strengthened.▲

CLUB OF THE YEAR

'Good Friend of Golf' Is Club of the Year

BY RONNIE MUSSELWHITE

IN LIFE, PEOPLE typically view forks in the road as moments in time when they must make choices that, to some degree, shape their futures. Golfers, vacationers and thousands of others who've traveled southwest from the bustle of downtown Charleston to the shores of the Atlantic have encountered one of these forks — albeit of the literal variety — when they reach the end of Bohicket Road. The winding, Spanish moss-draped thoroughfare leads travelers on a languid drive through rural enclaves of the Lowcountry before emerging from a canopy of oaks and arriving at the threshold of two barrier islands. To the left, Kiawah; to the right, Seabrook.

Thanks in no small part to the notoriety of The Ocean Course at Kiawah Island Golf Resort, most travelers have historically chosen the left turn. Increasingly, however, more and more sojourners are veering right and discovering the hidden treasures that lie behind the gates of Seabrook Island at the private Seabrook Island Club. The South Carolina Golf Association recently chose that route, naming Seabrook the 2019 Club of the Year for its willingness to host championships, non-tournament events and various initiatives to help grow the game of golf.

"Seabrook Island Club has been a good friend of the SCGA for many years," SCGA executive director Biff Lathrop says. "They've hosted countless championships, including the junior all-stars (14 years), four-balls and mid-am's, and they're very open to hosting rules seminars and other events. It's just an all-around great experience when we go to Seabrook."

Centuries before Seabrook was developed as a private club and residential community, the island was inhabited by coastal Indians, most notably the

Stono tribe. By 1684, the natives were persuaded to cede their lands to the Lords Proprietors, who eventually sold the property to English settlers. The island's first two owners, Thomas Jones and Ebenezer Simmons, used the property to grow indigo, rice and cotton.

In 1816, following British occupation during the Revolutionary War, William Seabrook, a Sea Island cotton planter, purchased the land and gave the island his Seabrook family name. Seabrook began using salt marsh mud as fertilizer and became one of the first to cultivate Sea Island cotton, which eventually replaced rice and indigo as the region's main cash crop. Following his death in 1836, island ownership was divided between Seabrook's two sons, who held the land until 1863, when they sold the island to the family of textile magnate William Gregg. Ownership changed hands several more times through the years until, in 1970, Seabrook Island Development Corporation purchased all but 230 acres.

Development of Seabrook progressed slowly over the next decade as Seabrook Development Corporation acquired additional land on the island with the intent of creating a residential and resort community in a gated setting. Ocean Winds, a Willard Byrd design that meanders out to the Atlantic Ocean before heading back inland, opened for play in July 1973, followed a year later by Seabrook Island's Beach Club in the fall of 1974. The Island House clubhouse came online in July 1980, and Crooked Oaks, a Robert Trent Jones, Sr., course that twists and turns through acres of marsh and maritime forests accented by hundreds of ancient live oaks, debuted in October 1981.

Perhaps the biggest fork in Seabrook's historical journey came in April 1991, >>



Golf courses and housing are nestled serenely among marshlands and waterways at Seabrook Island Club.

when about 900 property owners decided to purchase the amenities from the principal mortgage holder and formed The Club at Seabrook Island. This move facilitated the establishment of a town government and allowed owners of property at Seabrook Island to control the roads, rights-of-way, beach trust and other amenities. It also fostered a greater sense of community, the element that defines Seabrook to this day and distinguishes the island and club from its more famous neighbor.

"The thing that differentiates Seabrook is its sense of community," general manager and chief operating officer of Seabrook Island Club, Caleb Elledge, says. "Obviously, the location on the beach, the equestrian center, being gated — those are all big draws, but the reason people choose Seabrook Island over Kiawah or other places is that it's more of a tight-knit community." Today, Seabrook Island is home to the state's first Audubon International Certified Sustainable Community, which recognizes demonstrated leadership in creating a sustainable future. Ocean Winds and Crooked Oaks continue to anchor the club, offering members and guests two distinctly different experiences that incorporate elements of the island's diverse natural setting.

To bolster its golf offerings, the club recently renovated several holes on Crooked Oaks and overhauled its practice facility in 2016, an expansive complex that includes a 40,000-sq.-ft. practice tee, an adjacent fairway bunker, five target greens, two putting greens totaling more 18,000 square feet, and a separate short game area. Later this year, Ocean Winds will close for Rees Jones to spearhead an extensive renovation that will include repositioning many bunkers to allow for more access to greens via the ground.

Seabrook Island Club is also investing heavily in non-golf amenities. In 2009, the club unveiled a new clubhouse, beach club and racquet club, and last year completed the first phase of renovations to the equestrian center. An overhaul of the swimming complex and phase two of enhancements to the equestrian center are scheduled this year, both part of a \$10 million injection into upgrades internally and around the clubhouse to accommodate the changing needs of its members.

Amenities notwithstanding, Elledge contends that what truly separates Seabrook and Seabrook Island Club are people. "We don't have a homogenous membership," he says. "Unlike a traditional country club, more than 50 percent of our members have never belonged to a private club, so this experience is very different to them. This isn't an 'old money' club, and that creates a warmer, inviting community feel."

As for that fork at the end of Bohicket Road that could easily be viewed as a negative, Elledge sees it as a positive. "Kiawah being our neighbor benefits us," he says. "They have a tremendous name in the industry, so their marketing helps us. Folks often come here because they know about Kiawah and 'stumble on us,' then the community aspect draws people in." ■



(Above, from top to bottom) Seabrook Island Club sits at the mouth of the North Edisto River. Seabrook's director of golf, Brian Thelan, with the club's golf committee chair, Fred Finke, and the SCGA's Club of the Year award. The green at the par three fifth hole on the Ocean Winds course at Seabrook Island Club is protected by water and three hungry bunkers.



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Nick Macpherson 954.591.5741 nick@akersellis.com

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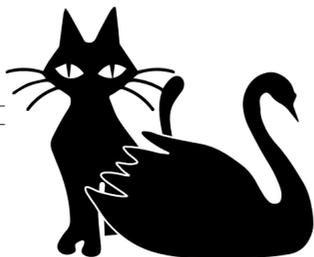
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Black Swans and Dead Cats

Those of you who have followed the markets for years are probably aware of the species included in this month's title. They are applicable to the current situation.

It was once believed that all swans were white, until black swans were discovered in Australia in the late 17th century. "Black Swans" came to mean a person or thing with a vanishingly small chance of being encountered. The theory of black swan events was returned to public consciousness by Nassim Taleb in a book he wrote in 2001 and then explored more thoroughly in 2007 in "The Black Swan: The Impact of the Highly Improbable."

The stock market collapses that occurred in 2001-03 and 2007-09 were unforeseen by most prognosticators and investors. The Black Swans were the bursting of the internet stock bubble in 2001 and the 2008 Great Recession that resulted from the bursting of the housing bubble. It is no wonder that the current COVID-19 coronavirus pandemic is seen as another Black Swan event.

What all of these Black Swans share is that they were not totally unforeseen, because all bubbles eventually burst and pandemics occur with some regularity. However, it seems we need a label to apply to extremely sharp and deep stock market plunges and the current vogue is to call them Black Swans. I think it's safe to apply that tag to the current situation!

So, what is the outcome of this Black Swan? For the longer term, the American growth story should continue, and we will bounce back from this terrible situation. (See my April 2020 column "This Too Shall Pass.")

In the shorter term, the economy is shut down and the depth and length of the contraction is uncertain. Every forecast I've seen shows Q2 GDP registering the worst decline ever recorded (including those of the Great Recession of the 1930s), so the economic pain will continue to be severe. We've already seen record new unemployment applications and the flow of negative economic data is just beginning.

Although I have seen a number of forecasts of a sharp "V-shaped" recovery, it is hard for me to assign them any credibility. Since the length and breadth of the pandemic-caused infections, hospitalization and deaths is unknown, it is impossible to confidently forecast the timing or shape of the subsequent recovery to normal health. We are all hopeful that the heroic efforts of medical personnel and vaccine developers, along with self-quarantines and social distancing will pay off in a quick end to the pandemic and subsequently less damage to our lives and the economy. However, it has often been stated that "Hope is not a strategy."

That leads me to the second part of my title. Wall Street traders are well known for gallows humor and the "Dead Cat Bounce" (DCB) is an example. It describes a certain type of sharp stock price recovery after a nasty plunge. (Beware: Cat lovers may be triggered by the following sentence.) If a deceased cat with rigor mortis is tossed off a roof, it will bounce when it hits the ground - but it is still dead. Likewise, after a dead Bull Market plunges lower, it is likely to bounce, but that doesn't mean it has come back to life.

In my judgement, we are going through the following cycle: (1) investor optimism grew as prices rose, (2) a Black Swan suddenly arrived, (3) optimism reversed and the Bull Market ended, and (4) an extremely oversold market had a DCB. I still believe the actions of individuals, businesses and governments will keep even a very bad Recession from lengthening into a Depression, but there is no way to know if the stock market has bottomed at this time.

What I do know is the extreme sell-off led to an extreme DCB. The S&P 500 index plunged 35% in a matter of weeks, then bounced 31% in an even shorter timeframe. Unfortunately, losing 35% of a higher price and gaining 31% of a lower price still left the S&P needing to rally another 18% to regain the all-time highs set in February. In the face of extreme uncertainty about the pandemic, economy and earnings, I do not want to bet on the rally continuing. What will it do?

To be successful, I must implement the Glass Half Full philosophy in bad times as well as good times. Strategically (looking out years), I believe our economy will grow, employment will grow, earnings will grow and stock prices will rise. I am not changing my strategic asset allocation. Tactically (the next several months), I see the Glass as Half Full rather than overflowing with good news, so I doubt this Bear Market has ended. ▲

IMPORTANT DISCLOSURES
The opinions voiced in this commentary on current economics and markets are my own and not the opinions or positions of any entities or organizations with which I may be affiliated or associated. This column is for general enjoyment and not intended to provide specific advice or recommendations for any individual or institution.

KIDS on Seabrook COVID-19's Impact on Seniors

All of us have been deeply impacted by the COVID-19 pandemic. Whether it is our work schedule being disrupted or that we have to be mindful of the amount of toilet paper we use each time we go to the restroom, all of us are somehow impacted. But, how are the kids on Seabrook specifically being affected? In addition to being unable to see our classmates everyday, our soccer games, track meets, National Honors Society fundraisers, spring concerts, proms, and more have all been cancelled. For some of these, we have even spent months preparing.

While this is painful for all of the kids and people of Seabrook, it uniquely impacts those preparing to graduate high school and college this year. They will miss out on the traditions that come with being a senior.

Originally from Cornelius, NC, Brooks and his family have been visiting Seabrook for as long as he can remember. During his time at Middlebury, Brooks played baseball and ma-



jored in economics. With his spring and final semester at Middlebury ending early, Brooks is here on Seabrook exploring the beaches and working on his golf game. Middlebury, like most schools, is virtually honoring the tradition of a graduation ceremony, but has promised an in person ceremony next year. Brooks advises that kids go to college and enjoy every minute of it because time flies by fast!

If you are a graduating senior from high school or college, we would love to hear your point of view. Contact us at kidsonseabrook@gmail.com!▲
Reagan Passantino & Emily Horn



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Thank You

to the medical professionals, first responders, essential workers and countless others working to keep our communities safe during the coronavirus pandemic. Our team is taking all the responsible necessary precautions. We are working and here for all your real estate needs.



SIPOA

Administrative News from the Seabrook Island Property Owners Association

PRESIDENT'S LETTER



Dan Kortvelesy
2020 President
SIPOA Board of Directors

As I approached the new SIPOA year, one of my goals was to keep the Property Owners informed about the board committees and the amazing work they do on behalf of all of us on Seabrook Island. The volunteers on all our committees give a great amount of time to ensure that the business of Seabrook Island is carried out in the most efficient way. The first committee I would like to feature is the Architectural Review Committee (ARC). The ARC has the responsibility for the review of all plans for construction, landscaping and external improvements to property and any changes to the same. I hope this will give you a better insight to our committee structure and their importance to the management of SIPOA.

Stay safe. Dan Kortvelesy. ▲

THE ARC, BUSIER THAN EVER - VIRTUALLY



Ray Hoover
ARC Chair and
SIPOA Vice President

On March 16, 2020 the normal way of conducting the ARC's business changed; thanks to the Coronavirus. A new term, "social distancing", was quickly becoming the new thing and a new reality. Since its early beginnings the ARC has traditionally gathered around a large conference table with owners, architects, designers and contractors to hear presentations, review submittals and collaborate on ideas to improve Seabrook Island's built and natural environment.

Because of the necessity to socially distance, a new "virtual" system had to be quickly developed; without compromising the core principles and spirit in which the ARC functions. The answer is a virtual meeting platform, using Zoom video conferencing, as well as a few adaptations in the way designs are submitted, presented and reviewed.

Our first ARC virtual "beta test" occurred on March 24. It included all seven appointed ARC committee members, two ARC staff members, "visitor" architects, two sets of owners and a contractor. In one individual review we had 15 people on the screen at one time using twelve video links. Our visitors were as far away as New York, New Hampshire and Utah. The virtual meeting format was a success, exceeded our expectations and was again repeated during the recent April 7 ARC meeting when owners from Ohio and Mississippi also participated. Our new virtual ARC process still

allows the close collaboration among ARC members, to hear and see architect and designer presentations, as well as, ask questions and then finally to deliberate on the appropriateness of the designs. One great byproduct of our new virtual process allows remote owners to easily participate in our reviews. Eventually, after Coronavirus is behind us and the ARC can again gather around one conference table, we plan to continue including remote owners in our reviews via Zoom.

As before, Katrina Burrell, SIPOA's Director of Administration and Architectural Review, coordinates all ARC activities. But most importantly Katrina remains the first and last contact for our property owners on "all things ARC". Katrina should be your first call, or email, for the design of a new home, maintenance of an existing one, landscape upgrades or any tree removal/pruning work. Katrina and her colleagues are also great resources on any construction, landscape and maintenance item. Remember, always start with Katrina.

Katrina, assisted by Adrea Hughes, Engineering and Architectural Review Assistant are the ones who truly do "the heavy lifting". In fact, last year they processed over 750 individual repair and maintenance projects alone; and that pace has significantly increased over the last month as we "stay at home".

Our ARC staff now work from home themselves; which in itself presents an additional burden as they practice social distancing. But they still manage to regularly drive-around the island to check on the progress of construction, landscape and maintenance projects. They have very demanding jobs; and Coronavirus has made it a bit more difficult. However, they continue to serve us admirably under a very challenging situation.

If you have any suggestions, questions or concerns regarding SIPOA issues you are encouraged to address them to publiccomment@siipoa.org. They will be answered as soon as possible. ▲



SIPOA LAKE HOUSE CONTINUES "AT HOME FITNESS OPTION" IN MAY



Looking to stay active?? Explore the Lake House Fitness Classes you know and love online with the May Monthly class pass! The May Class Pass is \$49 and will allow access to fitness classes from May 1st through May 31st via the Seabrook Island Lake House YouTube channel. Once the May Monthly Class Pass is purchased, an email containing YouTube links for weekly class videos will be sent to you. New videos will be posted each week.

Classes offerings include Zumba, PiYoChi, Pure Stretch, Get Pumped, Pilates, various types of Yoga and so much more. We even offer Water Aerobics and Splashes Alternatives for low impact workouts that keep you moving outside the pool. Please note, we are offering most of our regularly scheduled fitness classes; however, the weekly offerings may vary slightly depending on the instructors. In April we offered between 18 and 25 new fitness class videos per week.

Still not sure...Check out this 5 minute demo of Core Fit by Mark - <https://youtu.be/7GWxKSOZWAe>. We know this is a challenging time and hope that working out with some familiar faces provides some normalcy and keeps you active. For more information or to purchase the May Monthly Class Pass, please email Jamie Mixson at jmix@siipoa.org. Please be sure to include your Property Owner/Club Member account number. ▲

What's happening? Why are all the humans wearing muzzles?



BOHICKET MARINA & MARKET

BOHICKET MARINA NEWS



BOHICKET STORE CLOSINGS
Todd Gerhart has pulled his freezers and equipment from his ice cream and breakfast retail space at Bohicket Marina and it also appears La Fogata is closed and equipment removed. Doin' the Charleston, a 19 year tenant of the Marina has also left. This is very unfortunate for the community as all were active in promoting Seabrook's Marina.

PS: Yeah, they didn't bother to look at that big item on the income statement showing we were footing the bill for the annual shortage every year--Totalled over a million dollars!

SOUTH CAROLINA GOVERNOR'S CUP BILLFISHING SERIES

As a result of the evolving situation with COVID-19, the Bohicket Marina Invitational Billfish Tournament has been rescheduled for **July 29 - August 1, 2020**.

Nothing is more important to us than the health and well-being of our participants, staff and attending public. We will continue to provide updates as other scheduling or related changes occur as the Advisory Board of Directors of the South Carolina Governor's Cup Billfishing Series continues to monitor the situation. Please be sure to visit our website and social media accounts for the most up-to-date information about the Series.▲

Pat Welch, ownership partner of the Marina responds to the above: Hi Michael,

We did pass along the cost of repainting and resurfacing the parking lot which was expensive and on top of the normal operating cost, but we did not pass any capital improvement expenditures on to the tenants. We have covered over \$100k a year in operating cost out of our pocket for the regimes since the beginning of our ownership and it had to stop at some point. The current CAM rate now covers the normal operating cost. I'm sure it was painful for the tenants, but they should have paid a lot more over the last 10+ years.

As a service to the residents of Seabrook Island, Bernstein Lash Marketing (publisher of The Seabrooker) will be ordering a large number of

ANTI-VIRUS MASKS!

FDA CE Certified 3-Ply Disposable Face Masks



BE PREPARED! ORDER NOW!

When the "stay-at-home" order lifts, many of you will be practicing social distancing and still be wearing masks to safeguard against a recurrence of COVID-19. We are thrilled to share that we have found a very reliable source for 3-Ply FDA CE Certified anti-viral masks with ear loops from a US government approved vendor that we can get with a 10-15 day delivery.

DEADLINE TO PLACE ORDER Friday, May 8th CALL 843-747-7767

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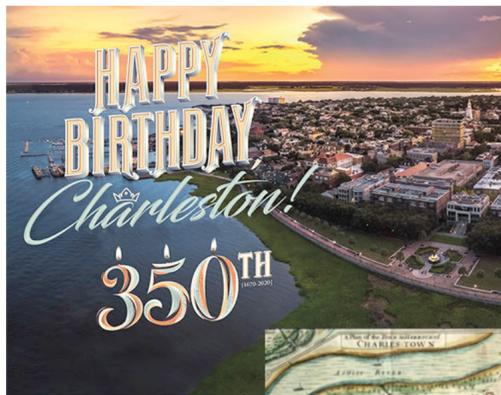
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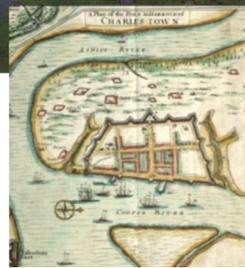
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Saturday, April 18 marked Founder's Day at Charleston Town Landing where 350 years ago, about 130 adventurous souls made their way from England via Barbados to the Carolina coast, ultimately settling at Charleston Town Landing.

Church bells across the city rang out in celebration on the 18th. We will come together when safe to do so to celebrate as a community.



By 1680, the Charles Town settlement had moved to the peninsula. Shown above is a reproduction of the Edward Crisp map, surveyed in 1704, of the burgeoning community, which was originally protected by a fortified perimeter wall.

Seabrook Island Turtle Patrol News Update!



The Seabrook Island Turtle Patrol has been advised by the South Carolina Department of Natural Resources (SCDNR) that all Turtle Patrol activities will be placed on hold indefinitely due to the current health crisis. This includes strandings of dead or injured sea turtles as well as all activities re-

lated to nest identification and protection. The Turtle Patrol is licensed by and operates under the direction of the SCDNR.

Obviously, we are very disappointed by this news. Hopefully, they'll be able to lift the restriction sometime in the next few months and we'll be

able to resume our activities. In the meantime, the turtles will continue their natural process oblivious to our challenges.

We ask that everyone refrain from interacting with the sea turtles or their nests in any manner. ▲
Gary Fansler



Simple Recipes for Unusual Times

Kathleen McCormack
Please follow on Instagram @seabrookeats

Thanks to social-distancing, we're eating at home more than ever. Visits to the grocery store are few and far between, and even when we get there, not everything we typically buy is in stock at this time. Take out and restaurant curbside pickup have given a new meaning to "going out for dinner," but sooner or later we'll need to figure out what (open the refrigerator or pantry and wonder what) we can cook with the pantry staples and refrigerator ingredients we have on hand.

There are a couple things to keep in mind when cooking under the current conditions. First, stay flexible. A recipe may call for oregano, but maybe all you have is basil. You're not going to run to the store for it. Use the basil and be optimistic about the outcome. Second, remember to make the most of any leftovers. Food waste is an enormous problem in this country, and being cavalier about excess food is inappropriate now and forever. Third, keep it simple. We're in a difficult period at the moment. There's no need to add pressure to your daily life by trying to reinvent the wheel. Food should comfort, not create stress.

These three recipes are guides. Take a look at all of the ingredients you have available, be adaptable, be creative, and enjoy the process.

- 1 tsp of vinegar and cold water to cover.
- 2) After 5 minutes, drain and rinse with cold water. Set aside.
- 3) In medium bowl, combine tuna, beans, onions, sage, parsley.
- 4) In small bowl, combine remaining vinegar, salt and pepper to taste, garlic, mustard.
- 5) Whisk in the olive oil and yogurt.
- 6) Add this dressing to bowl with tuna and beans and toss to combine.
- 7) Serve as is or add whatever other ingredients are available (ex. diced celery, capers, olives)

- 9) Bake until mixture at center of skillet is set, approx. 15 minutes.
- 10) Serve hot or room temperature.

Pantry Party Treats

Yield: 12 to 36 treats
Remember the nostalgic simplicity of Rice Krispie treats? Here they're playing costume party with all the almost empty bags of snacks taking up space in your pantry. A chewy, gooey, sweet, salty, crunchy answer to the question, "Anything new to snack on?" You'll be surprised at how much fun they are to make and eat.

Ingredients
6 tablespoons salted butter
1 (10 oz) bag marshmallows (minis melt the easiest)
3 cups Rice Krispies
3 cups total of various snacks... whatever's in your pantry: pretzels, popcorn, almonds, walnuts, raisins, dried cranberries, pumpkin seeds, banana chips, peanuts, shredded coconut, etc.
3 ounces semisweet chocolate chopped or chips (can use milk chocolate, white chocolate, M&M's, chopped peanut butter cups, etc)
Sea salt, for sprinkling

Method
1) Line 9-inch square baking pan with foil, leaving 1-inch overhang on all sides to make it easy to lift treat out of pan.
2) Coat with nonstick cooking spray of grease pan with butter or vegetable oil.
3) Over medium heat, melt butter in large saucepan.
4) Add marshmallows to saucepan and use silicone spatula to stir until melted and smooth, approx. 3 minutes.
5) Remove from heat, add cereal and snack bits, stirring until evenly coated.
6) Immediately scrape mixture into pan. Press mixture evenly to cover the bottom of the pan using spatula.
7) While mixture still warm, sprinkle the chocolate across the top. Press chocolate into the mixture, making it flat and even in pan.
8) Sprinkle lightly with sea salt.
9) Cool to room temperature in pan.
10) Lift out of pan using foil sides and cut into squares. Serve or keep in airtight container. ▲

Pasta Frittata

Yield: 4 to 6 servings
The perfect second act for leftover pasta and just about any vegetables, cheeses, or meats (cooked and diced) taking up space in your refrigerator. Depending on what you have on hand at the time of cooking, every pasta frittata you make with have a unique flavor profile.
Ingredients
2 tbs butter or olive oil
¼ cup diced bacon or pancetta (optional)
½ pound cooked pasta (with or without pasta sauce on it)
1 cup fresh grated Parmesan cheese, shredded cheddar, crumbled feta, etc
1 cup diced fresh or cooked vegetables
1 cup diced cooked beef, chicken, sausage, etc
Pinch of salt and pinch of ground pepper
6 eggs

Method
1) Heat oven to 350 degrees.
2) In a nonstick ovenproof skillet, melt butter/oil over medium high heat.
3) Cook bacon until crispy, approx. 4 minutes.
4) In a large mixing bowl, combine pasta and remaining ingredients except eggs.
5) In separate smaller bowl, whisk eggs together.
6) Add eggs to the larger bowl of ingredients and mix until well combined.
7) Pour mixture into skillet and reduce heat to medium low.
8) Cook until mixture starts to set, approx. 10 minutes, then transfer to oven.

Versatile Tuna and Bean Salad

Yield: Serves 2 as main dish, 4 as side or in a wrap
Ingredients:
1 small onion, peeled, thinly sliced
1 tbs + 1 tsp red wine vinegar, sherry vinegar, or rice wine vinegar
1 6.5-ounce can water-packed tuna, drained
1 15-ounce can white beans, borlotti beans, chickpeas, black beans, etc, drained and rinsed
1 tsp dried sage (optional)
2 tsp dried parsley (optional)
Salt and ground pepper to taste
1 garlic clove, finely minced
½ tsp mustard (any kind available)
3 tbs olive oil
1 tbs plain yogurt, sour cream, cottage cheese (or omit and use 4 tbs olive oil)
Ideas for add-ins or garnishes:
Shredded carrot, Shelled edamame, Olives, Cucumber, Capers, Grape tomatoes, Celery, Peas
Method
1) In small bowl, place onion and add

TOP NOTCH

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Joggin Home, c. 1920 by John Sanderson Wells (British, 1872-1943)

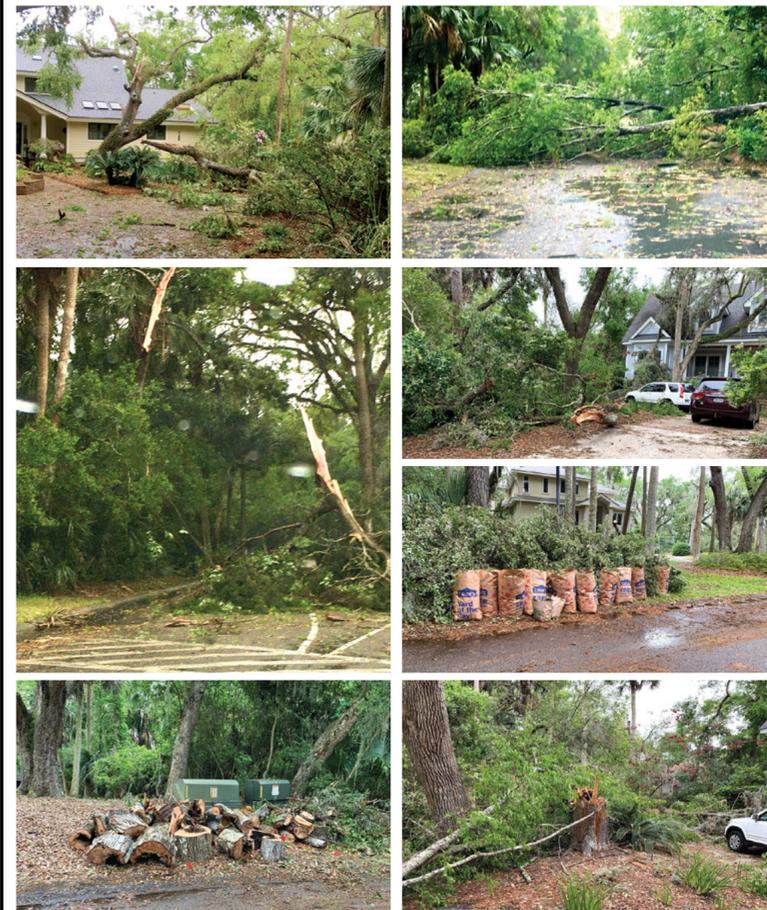


A Day in June, c. 1860 by Marie Rosalie Bonheur (French, 1822-1899)

The Charleston Collects series at the Gibbes aims to highlight significant fine art collections formed by Lowcountry residents. This exhibition features exceptional British sporting art paintings from the private collection of Seabrook Island residents Dr. Stephen and Mrs. Martha Penkhus. The Penkhus's collecting journey began in 1986 when they purchased a portrait of the famed nineteenth-century English racing horse Cothertstone, by John Frederick Herring, Sr. (British, 1795-1865). Their passion for British sporting art and culture blossomed taking them on many unexpected adventures that have led them to build a first-rate collection of animal and sporting paintings. The works provide glimpses into the English countryside, its occupants and their activities from 1800 to the present. The collection includes paintings by notable English sporting painters including Frederick Herring, Sr. (1795-1865), James Ward (British, 1769-1859), Sir Alfred Munnings (British, 1878-1959) and many more. ▲

Tornado Storms through Seabrook Island April 13th

PHOTOS BY SKIP CRANE
Photos below show the damage done and some of the following clean up.



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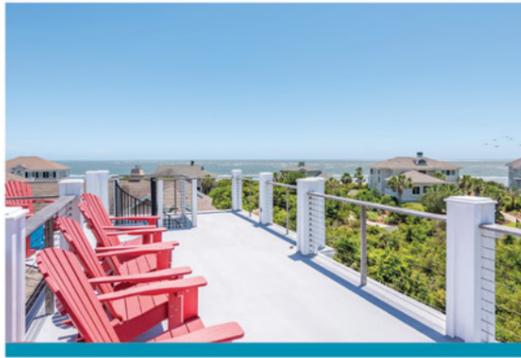
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1172 Oyster Catcher Ct - \$2,300,000
Ocean/Marsh view | Dock Permit | 3+ acres



2835 Old Drake Dr - \$2,200,000
Marshfront | Dock | 4 BR | 5.5 BA



2806 Old Drake Dr - \$979,000
Lake view | Corner lot | 4 BR | 3.5 BA



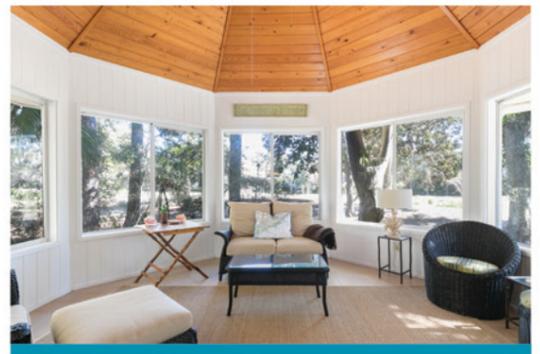
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Ocean view | Beach access | 3 BR | 3 BA



3639 Pompano Ct - \$749,000
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1133 Turtle Watch Ln - \$749,000
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3132 Baywood Dr - \$609,000
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2937 Artium Villa - \$569,000
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951 Sealoft Villa - \$354,400
Golf view | 2 BR + Loft | 3 BA



803 Treeloft Villa - \$312,000
Golf view | 2 BR + Loft | 2 BA