The Town of Seabrook Island is looking for residents to help save our local bobcats.

Local residents may inadvertently be poisoning our wildlife by using anticoagulant rodenticides (rat poison). Rats and other rodents who eat the poison do not die immediately but become lethargic and are easy prey for larger predators.

Smaller Predators like hawks, foxes, and raccoons consume rodents infected with rat poison. This can result in their death. Bobcats are at the top of the food chain on our island. They feed on rodents and smaller predators that are infected with rat poison. This can result in their death.

The Town of Kiawah Island has determined that second-generation anticoagulant (SGA) rodenticides, used to control rats around homes, are having a secondary affect, they are poisoning and killing Kiawah's bobcat population. The recently stable bobcat population on Kiawah Island has drastically decreased.

The Town of Seabrook Island has discussed this issue with Kiawah Island’s Wildlife biologist Mr. Jim Jordan, and we can assume that our Seabrook Island bobcat population is also being detrimentally affected by rodenticide poisoning. There is also a detrimental effect on other island non-target animals such as raptors, owls, coyotes and any predator animal feeding on dead or dying rodents.

The decline in bobcats is why there has been an increase in the lethal rat poisoning, since there is nothing natural to regulate the rats. The only sustainable way to control the rat population is to bring back the bobcats.

The use of rat poisoning has killed the bobcats and created a situation that can only be solved by us, and our time is running out.

There have been at least six deaths of Kiawah Island bobcats in the last year as a result of rodenticide poisoning and one additional death still pending toxicology testing.

Kiawah’s once healthy bobcat population has declined dramatically in the last few years. Biologists now estimate that fewer than ten bobcats remain on the island, down from a historic population of 30-35. The Town’s initial presumption that SGAs were having an impact on Kiawah’s bobcat population communicated earlier this year has proven true.

The Town of Kiawah attempted local regulations, however, determined this is not an option. In an attempt to solve this problem, the Town of Kiawah Island and the Kiawah Conservancy are working on a multilayered strategy to address the issue.

Therefore, the Town of Seabrook Island is looking to the Residents to help save the bobcats. SIPOA Board of Directors has also voted to strongly discourage any use of SGAs. Here is how you can help immediately:

**Eliminate the Toxic Foursome**

Tell your pest control provider not to use second-generation anticoagulant rodenticides (SGAs) on your property. These include:

- Bromadiolone
- Diphacinone
- Difenacoum
- Cholecalciferol

**Be Informed**

Pest control companies are required to disclose the active ingredient in all pesticides they are using. Ask your pest control provider to provide in writing what they are using on your property. Check the Town of Kiawah Island Website to see if your pest control company is on the Bobcat Guardians Providers list (https://www.kiawahisland.org/bobcat-preservation-efforts).

**Rethink Your Control Strategy**

Use Integrated Pest Management to address rodent problems:

- Identity specific rodent problems and locations by doing a thorough survey of the property. Only take action if a problem exists. Seeing a rodent in your yard is not a rodent problem.
- Use non-chemical methods of rodent control (exclude food/water sources, exclude rodents from structures by sealing exterior holes and cracks, use traps).
- Pesticides should only be used as a last resort for large infestations inside structures. The pesticide should only be applied for a short time (typically 10 days) and then stopped once the problem is resolved.

**Know Pesticides – It’s All About Ingredients**

If pesticides are necessary, first generation anticoagulants (warfarin, chlorophacinone, and diphacinone) are better than second generation anticoagulants but still have secondary effects on wildlife. A better option would be a product that uses bromethalin or cholecalciferol. While these products have significantly lower secondary effects on bobcats and other predators, they are potentially toxic if consumed directly by pets and can only be used inside of a tamper-resistant bait station.

**Brand names of products containing these rodenticides are listed below**:

- **Cholecalciferol –** Terad3 Blox, d Con Pro Bait Station Blocks
- **Bromethalin –** Tomcat Bait Station Blocks, Victor Fast Kill Refillable Rat Bait Station

**Federal law requires that all rodenticide packaging clearly display the active ingredient and instructions for use. Failure to follow the instructions on the label is a violation of state and federal law. Always check the label before using any rodenticide product.**

The following four active ingredients are second-generation anticoagulants and should never be used:

- Bromadiolone, Brodifacoum, Difenacoum, and Diphacinone. Check your rodenticide labels; if you have SGAs dispose of them in a safe manner.

Information in this article was provided by Ms. Jim Jordan, Wildlife Biologist for the Town of Kiawah (jjor@kiawahisland.org).
Dorothy “Dot” Jean Allison Bostock, age 85, passed away on August 3, 2020 in Naples, Florida after a long battle with Alzheimer’s Disease complicated by COVID-19. Dot was born in New Brunswick, New Jersey on March 23, 1935. She grew up with her sister Marge and her parents, Dr. James B. Allison and Dorothy Lewis Allison and sister, (Sadie), Samuel (Elisabeth) and Donato and Jennie Yannascoli. He was preceded in death by her husband, Jeff Bostock; children, Donald, Nancy and Ken. Dot will be remembered for her wonderful smile and friendly, compassionate personality. She enjoyed being a mother and was very active in Girl Scouts, swimming, and church activities. Friends and family also know that she was a wonderful cook. She taught knitting at Willow Brook Elementary School where her students loved her happy, caring personality and her innate ability to play most any song on the piano without scores! Dot loved the outdoors. She and Jeff left to Siesta Key Yacht Club. She even earned a Captain’s Sailing certificate so that she could charter boats around the world! She loved sailing in the Bahamas, Virgin Islands, Capitola in Florida and on her favorite lakes, Watts Bar, in Tennessee. She hiked to the top of Mt LeConte in the Smoky Mountains National Park at least 10 times. Swimming was her favorite sport she was never fast but she could swim for hours! She enjoyed sharing her love of swimming to children and taught for many years in Tennessee and South Carolina. Although she lived for nearly forty years in Oak Ridge, she also called Puducac, Kentucky and Seabrook Island, South Carolina home before moving to The Arlington in Naples, Florida with Jeff. She is survived by her loving husband, Jeff Bostock; children, Debby Bostock Herts and husband, Michael Herts, Nancy Bostock Porter and husband Jim Porter, Ken Bostock and wife Annette Bostock; grandchildren, Allison and Matt Porter, Austen (Elizabeth) and Sydney Bostock and Joshua (Sally), Samuel (Elisabeth) and Rebekah Herts; sister-in-law, Carol Bostock Kittles; brother-in-law, law; cousins, nieces and nephews. She was preceded in death by her parents, Dr. James B. Allison and Dorothy Lewis Allison and sister, (Sadie), Samuel (Elisabeth). In lieu of flowers, donations may be made to the Alzheimer’s Association in memory of Dot.

Donald Yannascoli, 78, of Seabrook Island, SC died Sunday, July 12th peacefully at his home surrounded by his family. Donald was born December 9th, 1942 in Philadelphia, PA to the late Donato and Jennie Yannascoli. He grew up in Downingtown, PA with his two sisters Janet and Ann. The first in his family to go to college, he was a graduate of Penn State University with a bachelor’s degree in engineering mechanics and a master’s in mechanical engineering from Syracuse University. He began his engineering career in Detroit, MI at Chrysler. After a short time, Donald would take a job in Syracuse, NY at Carrier Air Conditioning Company, where he developed several patents in his field of air conditioning compressors. Known as “Dad”, “Don” and “Grandpa”, Donald engineered everything he touched from changing a light bulb, helping with home work, to building two homes from the ground up. A dedicated family man and a genuinely great guy to all who were fortunate to know him. Donald retired after 36 years of service in 2001. He and his wife, Deborah J. Yannascoli, moved to Seabrook Island, SC in 2014. Donald is survived by his wife of 42 years, Deborah J. Yannascoli, his four children, Sabrina Y. Sigler, David A. Yannascoli, Matthew A. Yannascoli, spouse Irene and Sarah M. Yannascoli, spouse John Karamar, his sisters Janet Coates and Ann Marie Beggan, three grandchildren Audrey Y. Sigler, Diana M. Sigler and Lucy R. Yannascoli. A memorial tribute can be found at https://www.facebook.com/profile.php?id=100000835233182. Donations as lieu of flowers may be made to The Michael J Fox Foundation for Parkinson’s research at the following link www.michaeljfox.org/donate.
Mary Whyte, Artist - continued from page 1

Mary first discovered St. Christopher more than 30 years ago while on a bike ride through Seabrook Island. “I’ve traveled to many places around the world,” says Mary, “but there’s something very unique and special about St. Christopher. There’s a real spirit about the place that permeates everything here. That’s why I feel it’s so important that the community and the region recognize this. This is a place we need to make sure is here forever!”

About St. Christopher

St. Christopher, a Christian ministry of The Anglican Diocese of South Carolina, consists of 314 acres of pristine beachfront, maritime forest and salt marsh. It serves as a place for outdoor environmental education for nearly 14,000 children during the school year. It hosts nearly 1,550 children during its summer camp program and operates as a retreat and conference center for hundreds of individuals and groups throughout the year.

Pandemic Takes Toll

Nearly devastated by the COVID-19 pandemic, St. Christopher, has seen its income plummet with a loss of more than $2M (more than half its budgeted income) in anticipated revenue. Its staff has been slashed to a minimum with those remaining experiencing a reduction in benefits, as well.

Whyte’s Contribution

“All 50 states have areas of extraordinary beauty,” says Whyte, “but I don’t think there’s any place better than this. It’s imperative that all of us do everything we can to save it. As a board member I’ve often asked, ‘What can I do to contribute?’ and it occurred to me that perhaps I could do one or two pieces that could be turned into prints and given as gifts to those who donate to the camp.”

Whyte, has painted two watercolors, Veil and Path to the Beach whose prints will be released on September 1, 2020 to be given as thank you gifts to those donating to St. Christopher.

Donors supporting St. Christopher with a gift of $5,000 or more will receive, as a thank you gift, one of the signed and framed, limited edition (25) giclee prints of Veil. The 32x27 framed print will be available to the first 25 donors.

The Inspiration for Veil: “The model for Veil, Georgeanna, is one of my favorite models,” says Whyte. “I’ve painted her many, many times over the last 20 years. She was a longtime resident of Johns Island and one of the women from the Hebron Saint Francis Senior Center who welcomed me and took me under their wing. She passed away two years ago. The church behind her is the old Hebron Church on Bohicket Road.”

Donors supporting St. Christopher with a gift of $1,000 or more will receive, as a thank you gift, one of the signed, 8x10 giclee prints of Path to the Beach.

The Inspiration for Path to the Beach: “The first time I came to the beach at St. Christopher I remember saying to my friend, ‘I didn’t know a place of such beauty like this existed.’ What I especially love are the walkways that go between the maritime forest and the beach. I think there’s a certain magical transition when you see that keyhole of light through the trees in the distance and can just barely hear the water as you move towards it.”

Donors supporting St. Christopher with a gift of $10,000 or more will in addition to the prints above, receive as a thank you gift, an invitation for two to Tea with Mary Whyte and Margaret, a frequent model for many of Mary’s works.

Note: If circumstances beyond St. Christopher’s control prohibit such a gathering a meet and greet with Margaret and the artist will be held online.

Bob Lawrence

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Food and drink packaging now have labels that inform us of what we would consume in each product. One almost universal statistic is the number of calories in a serving. Pay attention to this knowing that in a given day a woman needs 1,600 to 2,200 calories a day depending on the level of activity (not active to very active) and men need 2,000 to 2,800 calories a day. Minimize saturated fats in the diet and look for essential vitamins like C, D, B6, and B12 as well as the mineral calcium. If your food and drink do not have the recommended daily vitamins, take a multi-vitamin pill that does get you to your quota.

Exercise
Abandon all excuses, and just get it. Exercise has proven to be an effective way to improve health in seniors. It reduces many of the health problems of aging including diabetes, certain cancers (colon and breast,) osteoporosis, heart disease, obesity, type 2 diabetes, and fall-related injuries. The recommendation is to exercise for at least 30 minutes every day. The exercise regimen can be as simple as a brisk 30-minute daily walk or anything beyond that. Try to increase and sustain the increase in baseline heart rate for the entire 30 minutes or more. It is important to remember that, in addition to walking or some other aerobic exercise, it is crucial to be certain that the exercise accomplishes building endurance, muscle strengthening, balance, and flexibility.

Exercise includes walking, stretching, and strengthening exercises. Take a look at it: https://www.facebook.com/watch/?v=675691983009902&ref=watch.

The Bottom Line
The COVID-19 pandemic is a fact of life. In addition to social distancing, mask wearing, avoiding crowds, and hand washing we must remember that this, like any other time, is one when we must pay serious attention to diet and exercise, the two factors we know lead us to a healthier aging experience.

Jonathan Reves, MD
Seabrook Island Birder’s September Virtual Movie Matinee Series

Journey of the Broad-Winged Hawk
Tuesday, September 22 | 4:00-5:30PM
Every year, thousands of broad-winged hawks embark on a treacherous flight from New Hampshire to South America. JOURNEY OF THE BROAD-WINGED HAWK follows the ropers’ two-month, 4,500-mile migration from New Hampshire, over the Appalachian flyway in Pennsylvania, over Corpus Christi, Texas, and ending in the rainforests of Ecuador and the Machacuay Reserve. Along the way, people and communities follow and celebrate the hawks’ journey. Host Willem Lange traces the migratory route of these magnificent birds from the White Mountains to the Andes of Ecuador, and shares the stories of those who witness this wonder of nature.

To register, visit www.seabrooklandbirders.org

What happens when an avid birdwatcher and her photographer, who’s also a history buff, go on a 28-day road trip from Atlanta to the Oregon coast…tracing, watching, photographing the route of the Lewis and Clark expedition? Come and join us for a journey through the pages of history and exploration. 

To register, visit www.seabrooklandbirders.org

Piping Plovers are back!

On July 31 Mark Andrews spotted our first Piping Plover for this nesting season. They’re returning after breeding late April June along Great Lakes shores and US/Canada Atlantic coasts. In July plovers head south to winter on SE Pacific coasts and the Bahamas, where they’ll remain until next spring. Some plovers are staying too far south, some will stay and be our guests for the next 9 months!

Aija and I have been spotting, photographing, and reporting Seabrook’s Piping Plovers since the Captain Sam’s Inlet relocation. This year we have more “eyes” on this stretch of coast. Island Birders Mark Andrews and Bob Mercer have been observing our Red Knot flocks, monitoring Shorebird nesting, and are now active with Piping Plovers.

We report banded Piping Plovers we see to our research friends in the Great Lakes and Atlantic US/Canada regions. They like to know how their plovers are doing down south after breeding. And we learn interesting insights about these Piping Plovers’ migratory routes, and the challenges they face.

Two of Mark’s recent sightings are from Great Lakes with orange bands/tags. Alice Van Zoeren, Researcher with Great Lakes Piping Plover Conservation Team, tells us “These are young first year birds hatched this summer. Good they’ve survived their first journey south. May they survive many more!” Mark also spotted black flag 4U from Atlantic Canada. Dr. Cherri Gratto-Trevor, Research Scientist with Prairie and Northern Wildlife Research Centre, tells us “He’s from Nova Scotia, and wintered in the Bahamas.” A smart little guy!

I keep a data base of banded Piping Plovers we’ve seen and reported since 2010. It’s a thrill to see a bird that returns to Seabrook year after year — like a snowbird! One is our friend black flag 2K, spotted Jan 2020, Sep 2019, and again in 2020 — “Now known as Vinnie to Green Bay WI to enjoy our gathering!

I asked Alice how Little V did in its first journey south. They were driven south and released at Illinois Beach State Park. Vinnie was last seen flying over the lake after the release. He must have felt it was time he got out of there before he was caught and shipped around again!”

This story highlights the amazing struggle to breed and survive, the incredible dedication of the researchers, and our responsibility to protect our Piping Plovers while they’re going through wintering season. On any given day there may be only a few Piping Plovers on North Beach, often foraging along the large tidal pool or ocean shores. At times we see more, with a high of 24 early spring migration. Please don’t chase birds of shorebirds, and follow Seabrook’s Beach Rules (for Dogs/Pets. When you see Aija, Mark, Bob, or me on the beach, stop and say hi and let’s chat about Piping Plovers. We’ll be the ones with binoculars, spotting scopes and cameras.)

Due to increasing concern about botulism, a crew captured him again with four chicks from another pair. They were driven south and released at Illinois Beach State Park. Vinnie was last seen flying over the lake after the release. He must have felt it was time he got out of there before he was caught and shipped around again!”

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2020 has certainly been the strangest year I’ve ever experienced and we are all living with unprecedented challenges. I’m sure I speak for the whole Board in wishing all of our members and your families safety and good health during this chaotic time. We are looking forward to the time when we can get back to our dinner meetings and the conversations and camaraderie that they afford. As much as we would like to restart; we will have to wait till we see a significant drop in new Covid infections so as not to endanger the health of our members. We will be governed by concern for our members and by the recommendations of state and local authorities.

I would like to thank our past President, Ron Schildge, for all his efforts over the past year. Great job Ron. Our Cub had a very productive year in spite of all the challenges brought about by the pandemic. Also, a big thank you to Walk Kennedy for a stellar job as Treasurer. He will be succeeded by Todd Lynch who has already taken the reins with confidence. Rick Regensburg will take over the Secretary position from me as I step into Ron’s shoes. Thanks to Ken Kuenau for all his work heading up the Activities Committee. David Pickens will step into this role. To all of the other Committee Chairs that have agreed to another year; we appreciate your willingness to serve. Although we have had to forego our meetings, your Club has been still active behind the scenes and we can take pride in the success of our Johns and Wadmalaw Islands Hunger Project, our continued support in the success of this year’s Angel Oak Award, we will have made contributions of about $50,000 to help churches and food banks in our communities. These organizations have helped may fortunate families and elderly residents with a lack of food during the pandemic. Thanks also to the efforts of Greg Iaconis and his sales teams, our directory had achieved about $130,000 in new revenues which is available for grants this fall. This was a tremendous success given the times we live in.

The proposed August funds have now been disbursed. The help given to these organizations during this time of unprecendented need would not have been possible without our members continuing to pay their dues. Again, welcome all Exchangites to the new year of our Club and we all hope to get back to normal as soon as possible. Stay safe and stay healthy. Thanks for your continued support of our Mission and may God Bless.

Jack Wilson
President
I have written here previously on the history of Hungary’s most famous wine, Tokaj Aszú. Liquid gold that dances across the palate like a Baryshnikov ballet! Both powerfully rich and with pride. Benz of pneumatic presses. He patted it glowingly described as the Mercedes of the 1880’s. After entering the station the excitement of my trip and the weightless feeling in my body due to Mr. Pelle’s driving, but rather the was wearing my seatbelt. Not because on our way to the hotel. I was glad I winding roads of Mád, Laszlo pointing to one that evoked memories of Hungarian style, one passes through the waiting room and enters the train yard that took me from a fine, modern train of the EU, many younger Hungarians also discussed my plans for importing Hungarian wines and the challenges it contained. I described my vision and detailed my marketing strategies. With a nod and a smile, he expressed his pleasure that someone was willing to take on such an endeavor. I was thoroughly impressed with my first experience with his wines, as well as the assortment of his homemade pate which were presented with as much pride as his wines. We rode from the village and returned to the car. It was time to walk through the vineyards and see firsthand what makes Tokaj so special. Most of the work in the vineyards is done by older women who have been in the vineyards and all of Tokaj a terroir that rivals any of the top wine growing regions in the world. He showed me the volcanic soil that gives the region of this grape. Tokaj Aszú is the assortment of his homemade pâtes and returned to the car. It was time to catch a train to Mád, a village within the Tokaj region, which is not only the most beautiful village in the region, but also is home to almost all of its most important vineyards. Although I arrived in plenty of time to make my train, the sheer sensory overload of the beautiful building, the clicking of the ever changing timetables and a deep language barrier, I managed to franticly make my train with minutes to spare and a lingering doubt as to whether I was actually on the correct train. As I sat surely not in the seat to which I had been assigned. I followed the path of the train on my Google Maps app. After a few minutes of that, I was confident, I boarded in the right direction and I was able to relax and allow myself to get excited for my trip to one of the oldest, most esteemed wine regions in the world. There was a change in trains. One that took me from a fine, modern train to one that evoked memorials of Hungary’s Communist past. I arrived in Mad where Laszlo Pelle, owner of the Pelle Fince winey, greeted me with a smile and a firm handshake. We hopped in the car and drove through the narrow, winding roads of Mad. Laszlo pointed out and describing every landmark on the way to the hotel, I was glad I was wearing my seatbelt. Not because of Mr. Pelle’s driving, but rather the weightlessness I felt in my body due to both the excitement of my trip and the tireless pace of the beautiful countryside. We arrived at my hotel so I could drop off my bags and then I walked the 30 steps to his winery where he welcomed me again. He guided me through his recently completed winery, no bigger than a Trudy Street Charles Single, making a few pauses to describe the process of making his wine from the moment the grapes enter the building. And with perhaps a slightly longer pause, he proudly showed his new pneumatic press, which he described as the Merovin. Bento of pneumatic presses. He patted it with pride. We then sat down and tasted through a dozen or more of his wines, ranging from a sparkling, to his “bitter” curve, to the single vineyard dry wines and finishing up with a few of his sweet wines. In between sips he imparted knowledge of both the region and the trials and tribulations of owning a winery in Tokaj.

Most of the work in the vineyard is done by older women who have been doing it for decades. With the Hungarian economy lagging behind most of the EU, many younger Hungarians leave to find higher wage jobs. We also discussed my plans for importing Hungarian wines and the challenges it contained. I described my vision and detailed my marketing strategies. With a nod and a smile, he expressed his pleasure that someone was willing to take on such an endeavor. I was thoroughly impressed with my first experience with his wines, as well as the assortment of his homemade pâté which were presented with as much pride as his wines. We rode from the village and returned to the car. It was time to walk through the vineyards and see firsthand what makes Tokaj so special. On his wife’s insistence that he not kill me on my first day in town, Laszlo eschewed the 4 wheeler and took me via the easy route to the top of a hill surrounded by some of the best vineyards in the village and all of Tokaj. It also provided a vantage point for a panoramic view of the picturesque village. He showed me the volcanic soil that gives Tokaj a terror that rivals any of the top wine growing regions in the world. He pointed out the other top vineyards (the first vineyards classified for their quality in Europe as well as the historical Roman Catholic Church built in the mid-17th century and the oldest Jewish cemetery in Hungary. The expansive view is one I will never forget.

As we said goodbye I thanked him for his hospitality and he wished me luck on my venture and urged me to stay in contact. As if there was any other option after such a fantastic tour and delicious wines. I spent the rest of the afternoon wandering the streets of Mad, marveling every step of the way at the beauty of this little village, interrupted only occasionally by the heart stopping shock of a barking dog or two rustling at me from behind a gate. Later, I sat in the courtyard of the hotel, sipping some wine and chatting with some other guests. I sat there ensconced with the scenery and delighted in the escape from talk about a virus, capacity limits for bars and the political landscape. I don’t think a smile left my face for the rest of the night. ▲
2020 Challenges the Seabrook Island Turtle Patrol

Kashamin Airport: Missing Whales

Like many things in 2020, the Seabrook Island Turtle Patrol has had an unusual season. The coronavirus pandemic and hurricane Isaias has each created challenging circumstances. The coronavirus has had the most significant impact on the workings of the Turtle Patrol. Regulations from the FWS and NOAA made available to the public via YouTube or Zoom have been in all key with practicing protocols to address the ongoing coronavirus pandemic. The new reality of working from home has altered the Turtle Patrol and its Town Clerk. Affordable Turtles participated in the meeting. The Town Clerk confirmed that notice of the meeting was properly posted, and he notified the public of the FWC for Information Act were met.

Minutes:

Despite all these challenges the turtle patrol has had a total of 62 nests on Seabrook Island beaches this year. This is slightly higher than the average of 61 nests over the past 10 years. The average number of eggs per nest for 2020 so far is an average of 114 over the last 10 years and the average age to hatch has been 52 days versus an average of 54.3 days. Thanks to the hard work, adaptability and diligence of the Members of the Turtle Patrol we're having an overall successful season!

The July 28, 2020 Town Council meeting was conducted as a video conference using Zoom. The meeting was made available to the public via YouTube or Zoom. The meeting was started with all key protocols to address the ongoing coronavirus pandemic. The new reality of working from home has altered the Turtle Patrol and its Town Clerk. Affordable Turtles participated in the meeting. The Town Clerk confirmed that notice of the meeting was properly posted, and he notified the public of the FWC for Information Act were met.

Financials:

The report showed that the total land sale for the period ending June 30, 2020, was $5,327,691, about $4,052,535 over the period in 2019. Unrestricted reserves of revenues exceeded expenditures for the year, as of June 30, totaled $32,702,262, representing about 2020 annual budget and about $80,185 less than in the same period in 2019. Expenditures increased for operational purposes for the year, as of June 30, from $2,754,000 to $2,780,000, representing the 2020 annual budget. Expenditures exceeded revenues by $25,072.20 for the same period in 2019.

Reports of Standing Committees, Commissions, Boards

Public Safety Committee – Skip Deeds

The Committee reported that the new security gate is fully operational and that there is consensus among the members of the Committee that the public safety of the residents is well served by the gate system. The Committee was pleased with the results of the gate system and the increased security it provided. The Committee recommended that the Town Council continue to support the efforts of the security staff in maintaining a safe and secure environment for the residents of Seabrook Island.

Public Works Committee – Skip Deeds

The Committee reported that the ongoing construction projects are on schedule and that the projects are moving forward as planned. The Committee was pleased with the progress made on the projects and the efforts of the staff in managing the projects.

Real Estate Committee

The Committee reported that the Real Estate Committee has been working on the development of a new real estate directory for the Town. The directory will be available online and will provide information on the properties for sale in the Town.

Planning Commission

The Planning Commission continued to review the land use regulations for the Town. The Commission has been meeting monthly to review and discuss the regulations and to make recommendations for changes. The Commission has been working on updating the land use regulations to ensure they are consistent with the Town’s goals and objectives.

Encouragement of Safe Practices

Chairman Crane reported that the Seabrook Island Community has made great strides in maintaining safe practices. The Community has been working on maintaining a safe environment and has been successful in doing so. The Chairman reported that the Community is doing well in maintaining safe practices and that the Community is doing a great job in maintaining safe practices.

Unsolicited Correspondence Support

Defending of Charleston County

The Chairman reported that the Town has been working on maintaining safe practices. The Town has been working on maintaining a safe environment and has been successful in doing so. The Chairman reported that the Town is doing well in maintaining safe practices and that the Town is doing a great job in maintaining safe practices.

Advisory Group

The Advisory Group continues to work on the development of the Advisory Group’s recommendations. The Advisory Group has been working on the development of the Advisory Group’s recommendations and the Advisory Group is making progress in doing so. The Advisory Group has been working on the development of the Advisory Group’s recommendations and the Advisory Group is making progress in doing so.

Temporary Use Permit Application

The Chairman reported that the Temporary Use Permit Application was approved by the Town Council. The Chairman reported that the Temporary Use Permit Application was approved by the Town Council and that the Town Council has approved the Temporary Use Permit Application.

Strategic Planning Session

The Chairman reported that the Strategic Planning Session was held on July 20, 2020, and that the Strategic Planning Session was successful. The Chairman reported that the Strategic Planning Session was successful and that the Strategic Planning Session was successful.

Short-Term Rental Regulations

The Chairman reported that the Chairman of the Committee on Short-Term Rentals has been working on developing regulations for short-term rentals. The Chairman reported that the Chairman of the Committee on Short-Term Rentals has been working on developing regulations for short-term rentals and that the Regulations have been developed.

Adjournment

The Chairman adjourned the meeting at 8:00 p.m. and the meeting was adjourned.

The Seabrook Island Turtle Patrol would like to thank all the volunteers who have worked so hard this season to protect the turtle nests. The volunteers have done a great job in protecting the turtle nests and have been very successful in doing so. The volunteers have done a great job in protecting the turtle nests and have been very successful in doing so.

Barbara Burgess

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We are always excited to welcome new families to Seabrook Island. Let’s introduce you to our newest family on the Island, the Plueger family, who moved here this summer from Lake Wylie, North Carolina. As a result of their experiences on the beach this summer, Drew and Katrina love the beach and are looking forward to the classes offered on campus.

Like most of us, the Plueger family loves the beach and is looking forward to continuing their adventures in the greater Charleston area. Drew loves biking on the beach, and Katrina loves to board a boat. One of their most exciting experiences on the beach this summer was seeing a sea turtle at a tidal pool. They also enjoy swimming with dolphins, such as the sandpipers and black-necked stilts that can be found at the Shark River Estuary.

Drew and Katrina are attending Charleston College, where they have both planned to major in English and minor in English. Drew is a member of a cross country team and will play on the basketball team. His sister, Nell, also attends Charleston College and is a member of the volleyball team. They are excited about their new school, particularly the Outdoor Education and Citizenship course they are taking.

The Plueger family is grateful to all of the people, organizations, and businesses that have made the Plueger family feel welcome on the Island. Special thanks to Joe Cronin, the Town's Business Development Officer, who helped the Plueger family with the move.

TINA: FOMO - ME!?
I generally regard acronyms as banal and often just a lazy shortcut used by the media. In this case, however, I am attempting to up my game from the use of hackneyed clichés, such as “Don’t Fight The Power” (although that’s probably all you need to know to profit from the current stock market environment.

Since the Seabrook Islander publisher rolled out the new TINA acronym to the Island community, I decided to argue a few ac- Know the acronym TINA: “There Is No Alternative” was coined when interest rates were changed to historic low levels by the US Federal Reserve. "There is no alternative" to getting a return on their investments, so many investors bought longer term bonds to take advantage of these low rates. (For a positive, upward-sloping curve, the risk of the long bond is lower than the risk of the short bond. To get a higher yield than the current bond market, you have to invest in longer-term bonds that may be called away.) For example, consider the following scenario: You invest $5,000 in a bond with a coupon rate of 2.5% every year for 10 years or longer provide a higher yield than short-term income instruments in the market.

The Fed’s ongoing bond-purchas- ing program called Quantitative Ease- ing (or the acronym “QE” to appear in print) has suppressed the US bond market and has depressed the spread between US Treasury bonds and lesser quality bonds. As a result, yields on long-term government bonds have fallen far below 2%, investors were forced to step up to dividend paying stocks (a real asset class) to earn 3% or 4% yields. That was the birth of TINA. Since “There Is No Alternative to stocks if you want to earn more than a minimal return on your investment portfolio.

The Town of Kiawah has recently begun the process of developing a comprehensive Emergency Plan; and, to get a return on their investments, so many investors bought longer term bonds to take advantage of these low rates. (For a positive, upward-sloping curve, the risk of the long bond is lower than the risk of the short bond. To get a higher yield than the current bond market, you have to invest in longer-term bonds that may be called away.) For example, consider the following scenario: You invest $5,000 in a bond with a coupon rate of 2.5% every year for 10 years or longer provide a higher yield than short-term income instruments in the market.

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MINIATURE GOLF COURSE PLANNED FOR BETSY KERRISON

A PD (Planned Development) has been submitted to Charleston County for its approval of a 30 hole miniature golf course on Betsy Kerrison Parkway on the site of the original Rosebank Farms Market. The construction work will be done by Harris Miniature Golf Courses, Inc. a firm with a long history of building these courses (over 800 to date).

On Tuesday evening, Aug 25, Todd Gerhart along with others involved in the project led a presentation on the site for local homeowners. Gerhart was the former owner of the ice cream/liquor store at the Bolling Hall Marina for over 9 years. He plans on listening to more community input in the near future.

Some points that came out of the presentation:
1. The landscaping and course will consider the local environment. “No gophers”, as Todd humorously pointed out.
2. The clubhouse and entrance to the facility will be a renovated Walnut Hill Schoolhouse.
3. The charities listed here will receive 50% of golf revenues for the months of November through February. Todd estimates that this could be well into the thousands of dollars.

The American Heart Association suggests that a few simple numbers can be a big help in keeping tabs on your heart health. It seems to be important to look seriously at these numbers long before your health provider feels there is an urgent issue. Paying attention now will help us to problems that might appear down the road. It is better to take action now and follow the trends rather than waiting until the numbers reach a threshold indicating a problem.

Blood pressure: Blood pressure is a measure of the force of your blood as it pushes against blood vessel walls. The American College of Cardiology and the American Heart Association now define normal blood pressure as a reading of less than 120/80 mmHg. Top number, or systolic, readings of 130-139 or below, diastolic, readings of 80-89 mmHg are considered Stage 1 hypertension. Consistent readings of 140/90 mmHg or higher are considered Stage 2 hypertension. If you check your blood pressure at home make sure it is a validated monitor. A list is available at validated.org. Once a year it should be checked for accuracy at a provider’s office. It is important to make sure you understand how to take it correctly.

Blood sugar: Blood sugar, also known as blood glucose, comes from the food we eat. A normal fasting blood sugar test is considered to be less than 100 mg/dL. Readings of 100 to 125 mg/dL are considered pre-diabetes, which means a risk for developing Type 2 diabetes, which can lead to heart disease and stroke. Readings of 126mg/dL or higher on one more occasion are considered diabetes. A glycosylated hemoglobin (or hemoglobin A1c test can also screen for diabetes. Normal is less than 5.7%, 5.7% to 6.4% is pre-diabetes. Two tests above 6.4 meet the diagnostic criteria for diabetes.

Lipid panel: A lipid panel is a blood test that shows levels of waxy fat-like substances in our blood. Your health provider can use these results to give a detailed assessment of heart disease risk which vary with age and other risk factors.

Being overweight or obese is a major risk factor for heart disease because of the extra stress it places on your heart. Eating a healthy diet and exercising can bring your weight down and reduce your risk of heart disease. Your health provider can work with you to help you achieve your desired weight.

Body mass index (BMI): BMI is a simple index of weight that takes height into account. Whether you live in southern Maine year round, spend part of the year here in your seasonal home, vacation in the region regularly or are about to make your first visit, Tourist & Town is your indispensable guide to places to visit and things to do.

The coastal communities of Kennebunk, York, Ogunquit, Wells, Kennebunkport, Cape Porpoise, Goose Rocks, Biddeford Pool, Biddeford, Sears and Old Orchard Beach are covered in this lively arts and entertainment newspaper, as are the inland towns of the Berwicks, Eliot, Lyman, Alfred and Sanford and other small towns that comprise rural York County.

FIVE EASY WAYS TO KEEP TABS ON HEART HEALTH

Steve Penkhus, MD

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Established almost twenty years ago, COVAR consists of forty-one homeowner associations in the Town of Seabrook Island. The mission of COVAR is to provide information and recommendations, on behalf of its membership, to the Seabrook Island Property Owners Association (SIPOA) and the Town of Seabrook Island (TOSI).

The COVAR board (President, Vice-President, Secretary, and Treasurer) are elected annually by the vote of the forty-one member associations. In addition, COVAR establishes special committees to address specific issues as they pertain to their membership. In recent years, COVAR has appointed a liaison for the drainage study to SIPOA and the Club at Seabrook Island, as well as a Beachfront Communities committee to focus on the interests and concerns of villa owners in the beachfront homeowner associations.

The current COVAR board was elected at the February 27, 2020 COVAR board meeting held at the Oyster Catcher Community Center, attended by 27 members and representatives of the homeowner associations. After the meeting, the recently elected COVAR President was required to resign due to the sale of his villa. The President’s duties are currently being performed by Vice President John Reynolds. Joanne Fagan is serving as COVAR Secretary and Dr. Sue Cameron is COVAR Treasurer.

Information dispersed by COVAR to its member association and villa owners is a core mission of COVAR. The COVAR Board regularly communicates with the leadership of its member homeowner associations via e-mail, Seabrookier articles as well as COVAR Board meetings, which are also open to all SIPOA property owners.

COVAR needs the input and informed advice of its membership and member homeowners. Both the SIPOA and TOSI meetings can be attended virtually. In addition, the SIPOA meeting minutes may be viewed on the Gate Access system under the tab “Community Documents”. TOSI meeting minutes can be found on the town website under the tab “Meetings-Agendas and Minutes”.

Other COVAR initiatives under consideration are the development of a database to aid our members in choosing reliable licensed contractors and pooling of resources for COVAR member communities planning capital improvement projects or major maintenance work. COVAR will continue to be a voice for the 41 regimes and villa association on Seabrook Island and appreciate your support.

JOANNE FAGAN
Secretary for COVAR
No one could have imagined that 2020 would look like this. Our economy was booming, unemployment numbers were down, and we were looking forward to the warmer months here in South Carolina. Then came one calamity after another, and the world seemingly came to a halt.

In a year already filled with so much loss, the passing of my good friend John Lewis is yet another devastating blow to our nation.

I first remember meeting him in 2011. The Civil Rights icon himself brought me, just a newly-elected congressman at the time, into his office to view pictures of his journey through the challenges of our nation’s past. And then the man who suffered through the Jim Crow laws of the South, through a brutal beating during the march from Selma to Montgomery, and through many more trials in the past 60 years: he said, “Never let the challenges of life make you bitter.”

That is how I aspire to live, with optimism and unswerving hope for a better tomorrow. Those words serve as a reminder that, even in the midst of hardship—which it be the pandemic, social injustices, or the fight for police reform—our situations do not have to dictate our outlook on the world.

As we approach the fall of 2020, the face of our nation looks different. And as we all know, it is easy to let the daily news and COVID-19 statistics overwhelm and demoralize us.

But even though our battle with the virus is not yet over, we can each do our part in remaining optimistic as we fight to stop the spread. It would be all too easy to lose hope and become resentful of our situation, social distancing from close friends, or wearing masks in the South Carolina summer heat. The sooner we accept and embrace these steps, the sooner we will get back to school openings, cookouts with friends, and college football games.

Likewise, although my JUSTICE Act has not yet passed the Senate, I am optimistic that substantive change is just around the corner. Five years ago, after the shooting of Walter Scott in my hometown of North Charleston, I called for police reform legislation in the Senate. At the time, my pleas seemed to fall on deaf ears. But then, eight minutes and 46 seconds changed everything. Now, people of all colors and political leanings are calling for reform. That’s why I am hopeful, because I know that Americans who stand united can accomplish anything.

The struggles we face today—from police reform to COVID-19—are not Republican, Democratic, Black, or white issues, but American issues, and we will overcome them by fighting together. We are different, but we will succeed when we use our differences to pull one another up.

As a child growing up in a single-parent household mired in poverty, I remember feeling disenchanted, as if success was out of reach. By my freshman year of high school, I was failing world geography, Spanish, English, and (ironically) civics. I wasn’t very kid-friend high school, much less accomplish something like owning a business and becoming a United States Senator. But a man named John Moniz, the owner of a local Chick-fil-A franchise, noticed me struggling and quickly became both my mentor and my friend. He saw something in me and spent time teaching me conservative business principles. “Having a job is good,” he said, “but creating jobs is even better.” Through his words of advice and his own actions, he taught me the importance of providing opportunity for everyone in the community and helping each other reach success. The principles he instilled in me would change my life forever.

You see, I know that Americans have what it takes to stand together and to help one another succeed because that is my story—because I wasn’t a man who saw past the economic status to help me find the path to success.

Like John Moniz, I have a long list of American family and accomplishments, from the courageous life of John Lewis to the actions of unions heroes like my own mentor. I know that we will make it through. This year has knocked us down, but we are strong and resilient. Let’s hold on to hope as we help one another back up.
Earlier this evening, the Planning Commission unanimously approved a proposal to develop Laurel Island, once a dredge spoil site and landfill, as a Planned Unit Development, which will include residential and commercial mixed-use space, green space and public access to the wetlands and open water. This high-density planned development would be one of the largest projects ever undertaken on the Charleston peninsula.

Historic Charleston Foundation has been actively engaging with the development team since mid-February with a goal to ensure that this project becomes a model for infill development on the peninsula, enhances the surrounding neighborhoods, and contributes to Charleston’s overall sense of place.

HCF has concerns and where additional improvements should be made as this project moves through the approval process:

- While there are pocket parks internal to the island in the PUD document, we believe that the development would benefit from a central square or urban plaza (like Marion Square) in the densest, most urbanized part of the island to provide some relief and open space.
- Ten percent of the workforce and affordable housing in the development is currently designated as such in perpetuity. An additional 10% is designated as such for a 10-year period, however, the Foundation is advocating for an extension of this designation to 25 years, particularly given the affordable and workforce housing crisis in Charleston.
- More detail on the management plan of the Robert Mills and Standard Oil ruins cultural resources on the property is needed to include documentation, interpretation and stabilization plans for these significant resources.
- In reviewing the sight lines for the island’s allowable height districts, we would like to see some sort of height buffer or step down so that the skyline doesn’t drop so dramatically at that western portion of the island facing the Robert Mills ruins.
- The Laurel Island Board of Architectural Review (LIBAR) should adhere to the overarching Guiding Principles of the entire development in establishing the design principles for the development.
- The Foundation would like to see a strong commitment to sustainable and resilient design and building practices emphasized in the Guiding Principles as part of the future design principles developed by the LIBAR.

Advocacy Advisory: Laurel Island PUD Approved by Planning Commission
Thanks to the cooperation of the SIPOA staff and involvement of the Red Cross, the September 24th Blood Drive will be held at the Lake House from 10:30 to 4:30 (note extended hour).

We will be operating under the COVID 19 protocol which resulted in such a favorable response in June and hope to repeat the same at this drive. Donors are required to schedule their appointments directly with the Red Cross at RedCrossBlood.org or Blood Donor APP code: Seabrook. Sorry but to keep numbers within the approved limits, Walk Ins CANNOT be accommodated at this time.

Any questions? Contact Kathy Rigup at ktrup2@aol.com or 737-715-3005. As always, the need is critical!
The Seabrook Island Property Owners Association (SIPOA) is the formal entity that is in fact an effective, well managed, self-governed entity. Self-governance for each property owner is an opportunity to participate in guiding the Association forward. SIPOA allows property owners, as members of their elected Board of Directors, to represent the property owner community and create policies and strategic plans for the current and future needs of the Association. SIPOA’s continued success is dependent on committed property owners who are willing to dedicate their time. Without these dedicated, individual representatives, property owners would have far less impact on the strategic operation of the island.

The SIPOA Nominating Committee is on the lookout for individuals who want to be part of the solution by serving on the Board of Directors or the Nominating Committee. In February 2021, we need to fill four board positions each for three-year terms, one board position for a two-year term and two Nominating Committee positions for two-year terms.

We are seeking individuals for the Board of Directors who:

• have the willingness and ability to work with others
• understand that all board members are elected to serve in the best interest of all property owners
• have the willingness and ability to commit the required time for Board and Committee duties
• have the ability to evaluate issues and work collaboratively to recommend solutions
• have skill sets, volunteer, board, or professional experience that benefit the community.

For the Nominating Committee we need candidates who:

• have a broad social network and a willingness to put in the time needed for the positions
• have an understanding of the roles the Board of Directors and SIPOA committees play in Association governance

If interested, visit our website at https://siapo.org/2021-candidates to find the application form and other information regarding the selection process and procedures.

SIPOA Nominating Committee

Cindy Brown
Julie Taggart
Grey Joas
Terren Romball (Chair)
Melodie Murphy

Adminstrative News from the Seabrook Island Property Owners Association

Call for Candidates

FOR DETAILED INFORMATION, VISIT SIPOA.ORG

Top 12 tips to relieve COVID-19 stress

1. First, rest assured you are not alone. It may seem silly, but when we face anxiety, our body activates our sympathetic nervous system which prepares us to fight, flee or freeze. This can control our body functions for a short term but when there is a clear and present danger like faking a novel pandemic. However, an evolving concept is overwhelming can lead to negative physiologic stress responses of tension and increased pain and mental consequences such as anxiety and depression. The best way to deal with depression is to practice deep breathing—slow breaths in through the nose, count to four, and out through the nose for 4-6 seconds. A count of four can be the easiest way to reduce what we call a “sympathetic burst” and physically activate a self-soothing response by inducing the parasympathetic nervous system.

2. Think of it as a way to recharge your batteries so you can have more “emotional bandwidth” to manage the stressful event ahead.

3. Know it is OK to ask for help. Asking for help is difficult for many people. We are not alone. It is OK to ask others for help but be aware that the lines between fear of being a burden and fear of rejection. The reality is most people only want to help, they bring them joy, meaning and purpose during these uncertain times, knowing that they can help others.

4. Focus on the good and provide acts of kindness. Now this may seem difficult in a time of physical distancing or isolation. Is possible if you get creative. Anyone you know who may be alone and scared just let them know you are thinking of them. Write a letter, a card, a note or use the phone. Be intentional about paying attention to the good. It is easy to get wrapped up in news stories about toilet paper running out at stores and people hoarding antibacterial soap. But there is a lot going on in our community. People checking on one another, restaurants and schools that are opening, children and strangers offering to grocery shop for vulnerable people. It can feel that we are not isolated. When you face with the stress of dealing with this pandemic, take a moment to check on each other. COVID-19 each day you look at the news, search for a “tell me something good” story to start your day.

5. Find a mantra. This is a short and powerful phrase that you relate to that you can easily think or say when anxiety spikes. Some examples:

• This is a marathon, not a sprint.
• Be where your feet are.
• I can weather this storm.

6. Rest your eyes. Good sleep is critical. However, sleep may seem silly, but when we face anxiety, our body activates our sympathetic nervous system which prepares us to fight, flee or freeze. This can control our body functions for a short term but when there is a clear and present danger like faking a novel pandemic. However, an evolving concept is overwhelming can lead to negative physiologic stress responses of tension and increased pain and mental consequences such as anxiety and depression. The best way to deal with depression is to practice deep breathing—slow breaths in through the nose, count to four, and out through the nose for 4-6 seconds. A count of four can be the easiest way to reduce what we call a “sympathetic burst” and physically activate a self-soothing response by inducing the parasympathetic nervous system.

7. Stay informed by using reliable sources. This includes such sources as the Centers for Disease Control and Prevention (CDC), the World Health Organization and other reliable well-established news outlets. This is done by keeping up with the latest research and is providing all their COVID-19 information for free. Take recommendations seriously. Avoid blogs and unvetted comments on social media.

8. Focus on what you can do and accept the things you can’t control. The world seems like the universe is against you when this is not the case and you are trying to do too much. It is important to accept the things you cannot control and not focus on making everyone happy and successful all the time. We are trying to manage and handle a new situation that is not a normal situation. It is clear that many people do not. On September 1, 2020, most of us as South Carolinians are comparing COVID-19 to evacuation routes, evacuation rates, and some are closed. Most are open, and some are closed. Most important to stay informed about this pandemic. However, feeling constantly danger like facing a novel pandemic is exhausting and can lead to negative physiologic stress responses of tension and increased pain and mental consequences such as anxiety and depression. The best way to deal with depression is to practice deep breathing—slow breaths in through the nose, count to four, and out through the nose for 4-6 seconds. A count of four can be the easiest way to reduce what we call a “sympathetic burst” and physically activate a self-soothing response by inducing the parasympathetic nervous system.

9. Find ways to stay socially connected and engaged. Physical distancing doesn’t mean a lack of a connection. For those of you who are not comfortable with the stress that COVID-19 is generating, this is critical to remember. Social isolation and depression, especially for more vulnerable populations, are an issue. The key is to stay virtually connected. Use text messages, video chat and social media. Many social support networks are sharing their resources on social media. Talk about your concerns and let others know you care. This helps to bring them joy, meaning and purpose during these uncertain times, knowing that they can help others.

10. Set daily routines that include being active. It is important to try to create and maintain a daily routine regardless of the disruption that is happening. This helps us to maintain a sense of control in our lives. If you are able to exercise—do it. It is OK to walk outside—do that. It is necessary. We need to maintain exercise and physical activity. It is a mood booster and can help to maintain your mental and physical state. Try new recipes and share old ones with friends. Start a journal. Other activities to consider:

• Start a virtual book club with friends. You can read a chapter a day and then discuss it over video chat with your book club members. This keeps you both stimulated and connected.
• Write “Words with Friends.” “Visit,” “Connect” 4 or any other app that you can find. People around the world can play and have the opportunity to connect.

11. Explore apps that benefit mental health. There are several meditation apps that recently announced that they will continue to offer free memberships for those who do not have an active subscription after they stop offering a free trial period. I. Cabin. 2. Insight Timer. 3. Headspace. 12. Write it out. Multiple studies demonstrate that people who journal can handle their stress better. That journaling can have on one’s health, happiness and well-being. It allows you to manage stress. It is one way to work through anxious or sad thoughts. During stressful times, anxiety is left unchecked, it often manifests itself in physical ways. You can’t fix something that you “stick” becomes bigger than it is in reality. Writing helps to get your concerns and fears out of your head and into the open. It is also helpful in looking back to having perspective on the many hardships you may have faced and how you have weathered them.

As I started this message, I spoke about how we need to look back at them and be proud of ourselves for choosing to follow. In 2020, as we look back, we see a year that took many by challenging and improving your core, posture and balance through functional exercises.

ROPES Core

Semi-Private Class with Richardson

Date: 9/2, 9/9, 9/16, 9/23, 9/30 (Wednesdays)
Time: 12:05 p.m.
Location: The Lake House
Cost: $98 (includes all classes listed above)

Are you ready to move with more confidence and stability? It’s time that you get started! This class is a great step by challenging and improving your core, posture and balance through functional exercises.

FOR DETAILED INFORMATION, VISIT SIPOA.ORG

• Please note, space in this semi-private series is limited to 9 participants and pre-registration is required. Registration for the series includes 1 weekly workout and an 8-week training plan. This series is not included in the monthly class pass. The series has been designed to include individuals of all fitness levels.

This series is available to Seabrook Island Property Owners, Seabrook Island Club members, and guests staying on Seabrook Island.

So let’s get started!

Understand that the Seabrook Island Property Owners Association is the formal entity that is in fact an effective, well managed, self-governed entity. Self-governance for each property owner is an opportunity to participate in guiding the Association forward. SIPOA allows property owners, as members of their elected Board of Directors, to represent the property owner community and create policies and strategic plans for the current and future needs of the Association.
Natural Oceanfront Living Near Historic Charleston

If you are looking to purchase a new home, cottage, villa or homesite, or list your property on Seabrook Island, contact the local experts at Seabrook Island Real Estate. We list and sell more real estate on Seabrook Island than all other companies combined. Contact one of our expert Realtors today.

SeabrookIslandRealEstate.com | 843.768.2560

3037 Marshgate Drive - $3,200,000
Ocean/Marsh/River view | Private Dock | 4 BR

3033 Marshgate Drive - $3,100,000
Ocean/Marsh/River view | Private Dock | 4 BR

3711 Bonita Court - $2,499,000
Ocean view | Beach access | 6 BR | 6.5 BA

2420 Bateau Trace - $1,125,000
Golf view | Cul-de-sac | 3 BR | 2F/2H BA

1133 Turtle Watch Lane - $749,000
Salt Marsh | Marsh view | 3 BR | 3 BA

2775 Little Creek Road - $729,000
Wooded view | Cul-de-sac | 4 BR | 3.5 BA

2087 Sterling Marsh Lane - $669,000
Salt Marsh | Marsh view | 3 BR | 3 BA

3132 Baywood Drive - $599,000
Golf view | 3 BR | 3 BA

2937 Atrium Villa - $540,000
Atrium Villas | Ocean view | 2 BR | 2 BA

1929 Marsh Oak Lane - $285,500
Bohicket Marina | Marsh/River view | 1 BR | 2 BA

2470 The Haul Over - $179,000
Marshfront | 0.44 acre homesite

3032 Seabrook Island Road - $127,500
Marshfront | 0.52 acre homesite